

Division 3W Match 3 - Litherland

				Perf	Recort	Wind	AW	12 July 2015				Perf	Wind	AW
<u>Men's 100m A</u>				Wind=				<u>Men's 100m B</u>				Wind=		
1	4	Adam Harvey	Wigan & District Har	11.0			☑	1	55	Craig O'brien	Wirral AC	11.4		☑
2	2	Charles Burke	Manchester Harriers	11.0			☑	2	22	Faisal Othman	Manchester Harriers	11.5		☑
3	6	Shane Hughes	Wrexham AAC	11.2			☑	3	33	Chris Burgess	Southport Waterloo /	11.9		
4	3	Harry Flanagan	Southport Waterloo /	11.7				4	44	Louis Cater	Wigan & District Har	12.2		
5	5	Gareth Jones	Wirral AC	12.1				5	66	Oliver Edwards	Wrexham AAC	12.3		
6	1	Peter Nevison	Border Harriers & AC	12.4				6	11	Daniel Forrester	Border Harriers & AC	12.4		
7								7						
8								8						
<u>Men's 200m A</u>				Wind=				<u>Men's 200m B</u>				Wind=		
1	5	Sam Landsborough	Wirral AC	21.8			☑	1	55	Craig O'brien	Wirral AC	23.9		
2	4	Adam Harvey	Wigan & District Har	22.3			☑	2	33	Chris Burgess	Southport Waterloo /	24.6		
3	6	Shane Hughes	Wrexham AAC	23.0			☑	3	44	Louis Cater	Wigan & District Har	25.0		
4	1	Mark Collier	Border Harriers & AC	23.2			☑	4	22	-	Manchester Harriers	25.1		
5	2	Faisal Othman	Manchester Harriers	23.4			☑	5	11	Peter Nevison	Border Harriers & AC	25.4		
6	3	Harry Flanagan	Southport Waterloo /	23.6				6						
7								7						
8								8						
<u>Men's 400m A</u>								<u>Men's 400m B</u>						
1	4	Adam Harvey	Wigan & District Har	50.3			☑	1	44	Oliver Stringer	Wigan & District Har	51.9		☑
2	2	Bernard Ward	Manchester Harriers	52.4			☑	2	55	Craig O'Brien	Wirral AC	54.0		
3	1	Mark Collier	Border Harriers & AC	52.7			☑	3	22	Andy Parsonage	Manchester Harriers	54.7		
4	5	Samuel Heathcote	Wirral AC	53.5				4	66	Oliver Edwards	Wrexham AAC	56.9		
5	3	Matthew Campbell	Southport Waterloo /	54.9				5	33	Graham Boreham	Southport Waterloo /	58.0		
6	6	Matthew Plevan	Wrexham AAC	55.7				6	11	Ewan Waite	Border Harriers & AC	65.7		
7								7						
8								8						
<u>Men's 800m A</u>								<u>Men's 800m B</u>						
1	1	Kevin Bell	Border Harriers & AC	01:56.9			☑	1	33	Ciaran Walsh	Southport Waterloo /	02:02.1		☑
2	3	Andrew Kershaw	Southport Waterloo /	01:57.3			☑	2	11	Ross London	Border Harriers & AC	02:03.9		☑
3	4	Oliver Stringer	Wigan & District Har	02:00.3			☑	3	44	Jacob Maguire	Wigan & District Har	02:09.6		
4	2	Andy Parsonage	Manchester Harriers	02:03.9			☑	4	55	Matthew Green	Wirral AC	02:13.5		
5	5	Alex McBain	Wirral AC	02:06.4				5	22	Ed Fazakerley	Manchester Harriers	02:15.9		
6	6	Matthew Plevan	Wrexham AAC	02:09.5				6	66	Neil Edwards	Wrexham AAC	03:43.0		
7								7						
8								8						
<u>Men's 1500m A</u>								<u>Men's 1500m B</u>						
1	1	James Douglas	Border Harriers & AC	04:10.8			☑	1	11	Kieran Reynolds	Border Harriers & AC	04:33.4		☑
2	4	Andy Kaufman	Wigan & District Har	04:20.9			☑	2	22	Ben Skertchly	Manchester Harriers	04:40.2		☑
3	3	Patrick Vis	Southport Waterloo /	04:25.9			☑	3	33	Lewis Rooney	Southport Waterloo /	04:41.4		☑
4	5	Dave Brockway	Wirral AC	04:26.8			☑	4	55	Will Ferguson	Wirral AC	05:04.9		☑
5	2	Ed Fazakerley	Manchester Harriers	04:31.6			☑	5	44	Danny Hinds	Wigan & District Har	05:48.4		☑
6								6						
7								7						
8								8						
<u>Men's 3000m S/Chase A</u>								<u>Men's 3000m S/Chase B</u>						
1	1	James Douglas	Border Harriers & AC	09:33.3			☑	1	33	Alex Waddelove	Southport Waterloo /	11:05.7		☑
2	3	Patrick Vis	Southport Waterloo /	10:39.9			☑	2	11	Liam Medley	Border Harriers & AC	11:33.0		☑
3	2	Chris Sykes	Manchester Harriers	12:02.4			☑	3	5	Will Ferguson	Wirral AC	12:51.2		☑
4	55	Ronan Kearney	Wirral AC	12:21.0			☑	4						
5	4	Steven Nicholes	Wigan & District Har	13:34.0			☑	5						
6								6						
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8								8						

Division 3W Match 3 - Litherland

Men's 5000m A

1	1	Jordan Hull	Border Harriers & AC	15:55.4	☒
2	5	Callum Seemore	Wirral AC	16:17.3	☒
3	3	Matthew Thompson	Southport Waterloo	16:20.7	☒
4	22	Donnacha Maguire	Manchester Harriers	17:15.1	
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Men's 400m Hurdles A

1	1	Kevin Bell	Border Harriers & AC 61.2	☒
2	5	Ben Tagg	Wirral AC 63.7	
3	4	Danny Hinds	Wigan & District Har 69.4	
4	6	Neil Davies	Wrexham AAC 73.5	
5	2	Chris Sykes	Manchester Harriers 74.9	
6	3	Alex Waddelove	Southport Waterloo / 76.6	
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Men's 110m Hurdles A

1	4	Danny Hinds	Wigan & District Har 20.0	Wind=
2	6	Neil Davies	Wrexham AAC 20.7	
3	3	Ciaran Walsh	Southport Waterloo / 22.2	
4	2	Chris Sykes	Manchester Harriers 23.1	
5	5	Dan Dorrach	Wirral AC 23.2	
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Men's Hammer A

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Men's Discus A

1	44	Tom Dodds	Wigan & District Har 40.94	☒
2	1	Owen McCorry	Border Harriers & AC 30.86	☒
3	6	Neil Edwards	Wrexham AAC 30.14	☒
4	2	Charles Tudor	Manchester Harriers 26.86	
5	3	Chris Burgess	Southport Waterloo / 17.70	
6	5	Gareth Jones	Wirral AC 17.49	
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8				

Men's Javelin A

1	1	Sam Buszko	Border Harriers & AC 39.91	☒
2	6	Thomas Walley	Wrexham AAC 37.75	☒
3	4	Simon Jones	Wigan & District Har 37.32	☒
4	55	Daniel Nuttall	Wirral AC 36.44	
5	2	Charles Tudor	Manchester Harriers 33.81	
6	3	Alex Waddelove	Southport Waterloo / 27.84	
7				
8				

12 July 2015

Men's 5000m B

1	11	Bob Hodgson	Border Harriers & AC	16:25.9	☒
2	55	Phil Robinson	Wirral AC	17:29.7	
3	2	Ed Fazakerley	Manchester Harriers	17:33.4	
4	33	Keith Swift	Southport Waterloo /	20:41.1	
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Men's 400m Hurdles B

1	11	Daniel Forrester	Border Harriers & AC 66.6	
2	44	Ian Gouldthorpe	Wigan & District Har 72.2	
3	55	Will Ferguson	Wirral AC 75.6	
4	66	Neil Edwards	Wrexham AAC 84.2	
5				
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Men's 110m Hurdles B

1	44	Ian Gouldthorpe	Wigan & District Har 21.6	Wind=
2	33	-	Southport Waterloo / 27.8	
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Men's Hammer B

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Men's Discus B

1	4	Scott Jones	Wigan & District Har 35.81	☒
2	11	Sam Buszko	Border Harriers & AC 18.65	
3	22	Kesric Salmon	Manchester Harriers 16.47	
4	33	Graham Boreham	Southport Waterloo / 14.54	
5	55	Michael Wilkinson	Wirral AC 14.50	
6				
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Men's Javelin B

1	44	James Edmondson	Wigan & District Har 36.68	
2	66	Neil Davies	Wrexham AAC 29.69	
3	11	Owen McCorry	Border Harriers & AC 28.83	
4	33	Chris Burgess	Southport Waterloo / 27.84	
5	22	Steven Armstrong	Manchester Harriers 18.21	
6	5	James Pennington	Wirral AC 17.29	
7				
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Division 3W Match 3 - Litherland

			Perf	Recor	Wind	AW		12 July 2015		Perf	Wind	AW
<u>Men's Shot Putt A</u>								<u>Men's Shot Putt B</u>				
1	44	Tom Dodds	Wigan & District Har	11.82		☑	1	4	Scott Jones	Wigan & District Har	11.24	☑
2	6	Neil Edwards	Wrexham AAC	10.29		☑	2	66	Neil Davies	Wrexham AAC	8.88	
3	22	Charles Tudor	Manchester Harriers	9.23			3	2	Michael Fennell	Manchester Harriers	7.87	
4	5	Gareth Jones	Wirral AC	7.86			4	55	Craig O'Brien	Wirral AC	6.63	
5	1	Sam Buszko	Border Harriers & AC	7.33			5	11	Ewan Waite	Border Harriers & AC	4.81	
6	3	Chris Burgess	Southport Waterloo /	5.10			6	33	-	Southport Waterloo /	4.17	
7							7					
8							8					
<u>Men's Long Jump A</u>								<u>Men's Long Jump B</u>				
1	2	Michael Fennell	Manchester Harriers	6.33		☑	1	22	Steven Armstrong	Manchester Harriers	5.42	
2	55	Ben Tagg	Wirral AC	5.88		☑	2	1	Nathan McStay	Border Harriers & AC	5.14	
3	11	Brandon McFarlane	Border Harriers & AC	5.80		☑	3	33	Graham Boreham	Southport Waterloo /	4.57	
4	3	Jimmy Alderson	Southport Waterloo /	5.25			4	5	Will Ferguson	Wirral AC	4.30	
5	44	Lewis Taylor	Wigan & District Har	5.24			5	4	James Edmondson	Wigan & District Har	4.03	
6	66	Shane Hughes	Wrexham AAC	5.12			6					
7							7					
8							8					
<u>Men's Triple Jump A</u>								<u>Men's Triple Jump B</u>				
1	55	Ben Tagg	Wirral AC	12.83		☑	1	5	Sam Landsborough	Wirral AC	11.85	☑
2	2	Michael Fennell	Manchester Harriers	12.66		☑	2	44	Adam Stanbe	Wigan & District Har	11.31	
3	4	Ian Gouldthorpe	Wigan & District Har	11.43			3	33	Jimmy Alderson	Southport Waterloo /	10.58	
4	3	Ciaran Walsh	Southport Waterloo /	10.68			4	11	Owen McCorry	Border Harriers & AC	9.87	
5	1	Nathan McStay	Border Harriers & AC	10.47			5					
6							6					
7							7					
8							8					
<u>Men's High Jump A</u>								<u>Men's High Jump B</u>				
1	6	Thomas Walley	Wrexham AAC	1.70			1	11	Daniel Forrester	Border Harriers & AC	1.55	
2	1	Brandon McFarlane	Border Harriers & AC	1.65			2	33	Jimmy Alderson	Southport Waterloo /	1.45	
3	3	Ciaran Walsh	Southport Waterloo /	1.60			3	44	Adam Stanbe	Wigan & District Har	1.45	
4	2	Charles Tudor	Manchester Harriers	1.60			4	55	Gareth Jones	Wirral AC	1.40	
5	5	Ben Tagg	Wirral AC	1.50			5	66	Neil Davies	Wrexham AAC	1.40	
6	4	Lewis Taylor	Wigan & District Har	1.50								
<u>Men's Pole Vault A</u>								<u>Men's Pole Vault B</u>				
1	6	Thomas Walley	Wrexham AAC	4.00		☑	1	66	Neil Edwards	Wrexham AAC	2.80	
2	4	Lewis Taylor	Wigan & District Har	3.40		☑	2	44	James Edmondson	Wigan & District Har	2.80	
3	5	Dan Dorrach	Wirral AC	3.20		☑						
<u>Men's 4x100m Relay</u>												
1	2	Manchester Harriers & A	Charles Bruke	Michael Fennell	Alex Teasdale	Faisal Othman	46.0					
2	5	Wirral AC	-	-	-	-	46.8					
3	4	Wigan & District Harriers	Adam Harvey	Ian Gouldthorpe	Oliver Stringer	Lewis Taylor	47.5					
4	3	Southport Waterloo AC	Harry Flanagan	Chris Burgess	Lewis Rooney	Matthew Campbell	49.3					
5	1	Border Harriers & AC	Mark Collier	Peter Nevison	Daniel Forrester	Liam Medley	50.1					
6	6	Wrexham AAC	Matthew Plevan	Shane Hughes	Oliver Edwards	Neil Davies	54.5					
7												
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Northern T&F League

Division 3W Match 3 - Litherland

12 July 2015

Men's 4x400m Relay

			Perf	Record	Wind	AW		Perf	Wind	AW
1	4	Wigan & District Harriers	Adam Harvey	Oliver Stringer			Jacob Maguire	Louis Cater	03:42.5	
2	1	Border Harriers & AC	Kevin Bell	Kieran Reynolds			Ross London	Bob Hodgson	03:44.1	
3	3	Southport Waterloo AC	Graham Boreham	Matthew Campbell			Jimmy Alderson	Andrew Kershaw	03:45.8	
4	5	Wirral AC	-	-			-	-	03:48.5	
5	2	Manchester Harriers & A	Bernard Ward	Andy Parsonage			Alex Teasdale	Donnacha Maguire	03:49.5	
6	6	Wrexham AAC	Matthew Plevan	Shane Hughes			Oliver Edwards	Neil Davies	04:00.5	
7										
8										

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	Wigan		6	411.0	1	Wigan		16	1201.0
2	Border		5	335.0	2	Wirral		14	1113.5
3	Man H		4	328.0	3	Man H		13	998.5
4	Wirral		3	300.0	4	Border		9	788.0
5	S'port		2	290.0	5	S'port		7	772.0
6	Wrexham		1	166.0	6	Wrexham		4	634.0

Division 3W Match 3 - Litherland

				Perf	Recor	Wind	AW	12 July 2015				Perf	Wind	AW
<u>Women's 100m A</u>				Wind=				<u>Women's 100m B</u>				Wind=		
1	2	Marie Fourmena	Manchester Harriers	12.4			☑	1	22	Vanessa Giblin	Manchester Harriers	12.8		☑
2	5	Sophie Money	Wirral AC	12.8			☑	2	11	Alex Foxworthy	Border Harriers & AC	13.5		
3	3	Ellie Grosz	Southport Waterloo /	12.9			☑	3	33	Ellie Alderson	Southport Waterloo /	13.9		
4	4	Zoe Hughes	Wigan & District Har	13.2			☑	4	44	Ellie Hughes	Wigan & District Har	14.2		
5	1	Edidione Akpan	Border Harriers & AC	13.2			☑	5						
6								6						
7								7						
8								8						
<u>Women's 200m A</u>				Wind=				<u>Women's 200m B</u>				Wind=		
1	2	Vanessa Giblin	Manchester Harriers	26.4			☑	1	22	Marie Fourmena	Manchester Harriers	26.6		☑
2	5	Sophie Money	Wirral AC	26.8			☑	2	55	Aileen Kearney	Wirral AC	27.4		
3	3	Ellie Grosz	Southport Waterloo /	27.3				3	11	Lauren Medley	Border Harriers & AC	28.8		
4	4	Sarah Hamilton	Wigan & District Har	28.3				4	33	Ellie Alderson	Southport Waterloo /	28.8		
5	1	Edidione Akpan	Border Harriers & AC	28.4				5	44	Alice Rowie	Wigan & District Har	29.4		
6								6						
7								7						
8								8						
<u>Women's 400m A</u>								<u>Women's 400m B</u>						
1	5	Aileen Kearney	Wirral AC	60.2			☑	1	11	Alex Foxworthy	Border Harriers & AC	61.8		☑
2	4	Emily Borthwick	Wigan & District Har	62.4			☑	2	44	Zoe Hughes	Wigan & District Har	70.4		
3	1	Alison	Border Harriers & AC	65.1				3	22	Jackie Ellison	Manchester Harriers	78.3		
4	2	Katie Cooper	Manchester Harriers	67.6				4						
5								5						
6								6						
7								7						
8								8						
<u>Women's 800m A</u>								<u>Women's 800m B</u>						
1	4	Sarah Hamilton	Wigan & District Har	02:27.1				1	44	Sarah McDonald	Wigan & District Har	02:28.1		
2	2	Katie Cooper	Manchester Harriers	02:33.9				2	11	Kyra Walton	Border Harriers & AC	02:47.0		
3	5	Sarah Kearney	Wirral AC	02:36.1				3	22	Debbie Beresford	Manchester Harriers	03:26.5		
4	3	Stephanie May	Southport Waterloo /	02:54.7				4	33	Katy Coupland	Southport Waterloo /	03:39.3		
5	1	Teress Medley	Border Harriers & AC	03:03.5				5						
6								6						
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8								8						
<u>Women's 1500m A</u>								<u>Women's 1500m B</u>						
1	4	Sarah McDonald	Wigan & District Har	05:21.5				1	44	Sophie Elsdon	Wigan & District Har	05:29.5		
2	5	Sarah Kearney	Wirral AC	05:25.2				2	33	Stephanie May	Southport Waterloo /	06:06.3		
3	2	Emma Tolond	Manchester Harriers	05:28.5				3	22	Sophie Flanagan	Manchester Harriers	DNF		
4	3	Georgina Gillen	Southport Waterloo /	05:52.4				4						
5	1	Teressa Medley	Border Harriers & AC	06:17.4				5						
6								6						
7								7						
8								8						
<u>Women's 3000m A</u>								<u>Women's 3000m B</u>						
1	5	Sarah Kearney	Wirral AC	10:54.4			☑	1	22	Melanie Barber	Manchester Harriers	12:03.4		
2	2	Emma Tolond	Manchester Harriers	11:23.9			☑	2	44	Alice Rowie	Wigan & District Har	12:18.4		
3	3	Georgina Gillen	Southport Waterloo /	11:47.3				3	11	Teressa Medley	Border Harriers & AC	12:40.0		
4	1	Sarah ?brookes	Border Harriers & AC	11:54.6				4	33	Stephanie May	Southport Waterloo /	13:39.0		
5	4	Sarah Hamilton	Wigan & District Har	12:14.4				5						
6								6						
7								7						
8								8						

Division 3W Match 3 - Litherland

Women's 400m Hurdles A

1	4	Micaela Brindle	Wigan & District Har	72.5	☑
2	1	Ella Telford	Border Harriers & AC	75.4	
3	3	Stephanie May	Southport Waterloo /	90.9	
4					
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Women's 100m Hurdles A

1	4	Micaela Brindle	Wigan & District Har	15.0	☒
2	1	Ella Telford	Border Harriers & AC	16.0	☒
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7					
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Women's Hammer A

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Women's Discus A

1	6	Katie Whitley	Wrexham AAC	35.26	☒
2	5	Zita Aspell	Wirral AC	32.18	☒
3	3	Katy Coupland	Southport Waterloo /	28.42	☒
4	44	Gemma Kinsley	Wigan & District Har	18.96	
5	11	Alison McCorry	Border Harriers & AC	17.51	
6	22	Gussie Beech	Manchester Harriers	17.32	
7					
8					

Women's Javelin A

1	1	Devota Nyakyona	Border Harriers & AC	36.39	☒
2	6	Katie Whitley	Wrexham AAC	25.09	☒
3	4	Micaela Brindle	Wigan & District Har	24.97	
4	55	Zita Aspell	Wirral AC	19.81	
5	3	Katy Coupland	Southport Waterloo /	16.64	
6	22	Gussie Beech	Manchester Harriers	10.77	
7					
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Women's Shot Putt A

1	6	Katie Whitley	Wrexham AAC	10.68	☒
2	4	Micaela Brindle	Wigan & District Har	9.32	☒
3	2	Gussie Beech	Manchester Harriers	8.31	☒
4	5	Zita Aspell	Wirral AC	7.90	
5	3	Katy Coupland	Southport Waterloo /	7.32	
6	1	Devota Nyakyona	Border Harriers & AC	6.87	
7					
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12 July 2015

Women's 400m Hurdles B

1	11	Alex Foxworthy	Border Harriers & AC	91.9
2				
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4				
5				
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Women's 100m Hurdles B

1	44	Zoe Hughes	Wigan & District Har	15.8	☒
2	33	Stephanie May	Southport Waterloo /	25.5	
3					
4					
5					
6					
7					
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Women's Hammer B

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Women's Discus B

1	2	Karen Spilsbury	Manchester Harriers	16.23
2	55	Heather Nuttall	Wirral AC	13.83
3	33	Ellie Alderson	Southport Waterloo /	10.25
4				
5				
6				
7				
8				

Women's Javelin B

1	44	Gemma Kinsley	Wigan & District Har	23.87
2	66	Ellie Collins	Wrexham AAC	23.52
3	33	Stephanie May	Southport Waterloo /	16.01
4	5	Heather Nuttall	Wirral AC	14.07
5	11	Kyra Walton	Border Harriers & AC	10.62
6	2	Karen Spilsbury	Manchester Harriers	7.20
7				
8				

Women's Shot Putt B

1	66	Ellie Collins	Wrexham AAC	9.00	☒
2	55	Julie Money	Wirral AC	7.31	
3	44	Gemma Kinsley	Wigan & District Har	7.14	
4	22	Katie Cooper	Manchester Harriers	6.57	
5	33	Ellie Alderson	Southport Waterloo /	4.52	
6					
7					
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Division 3W Match 3 - Litherland

			Perf	Recor	Wind	AW	12 July 2015			Perf	Wind	AW
<u>Women's Long Jump A</u>							<u>Women's Long Jump B</u>					
1	2	Gemma Hopley	Manchester Harriers	4.84		☑	1	22	Marie Fourmena	Manchester Harriers	4.76	☑
2	4	Ellie Hughes	Wigan & District Har	4.60			2	11	Lauren Medley	Border Harriers & AC	4.46	
3	1	Edidione Akpan	Border Harriers & AC	4.54			3	44	Eva Coppell	Wigan & District Har	3.74	
4	3	Abigail Clynych	Southport Waterloo /	3.93			4	33	Katy Coupland	Southport Waterloo /	3.52	
5							5					
6							6					
7							7					
8							8					
<u>Women's Triple Jump A</u>							<u>Women's Triple Jump B</u>					
1	4	Zoe Hughes	Wigan & District Har	10.41		☑	1	44	Sarah McDonald	Wigan & District Har	8.62	
2	5	Aileen Kearney	Wirral AC	10.09		☑	2	22	Isabel Kennedy	Manchester Harriers	7.70	
3	2	Marie Fourmena	Manchester Harriers	8.97			3					
4	33	Stephanie May	Southport Waterloo /	7.75			4					
5							5					
6							6					
7							7					
8							8					
<u>Women's High Jump A</u>							<u>Women's High Jump B</u>					
1	4	Emily Borthwick	Wigan & District Har	1.70		☑	1	44	Eva Coppell	Wigan & District Har	1.40	
2	1	Ella Telford	Border Harriers & AC	1.60		☑	2	22	Jackie Ellison	Manchester Harriers	1.10	
3	2	Isobel Kennedy	Manchester Harriers	1.15								
4	33	Katy Coupland	Southport Waterloo /	1.10								
<u>Women's Pole Vault A</u>							<u>Women's Pole Vault B</u>					
1	6	Ellie Collins	Wrexham AAC	2.40		☑						
<u>Women's 4x100m Relay</u>												
1	2	Manchester Harriers & / Marie Fourmena	Vanessa Giblin				Gussie Beech		Gemma Hopley	51.9		☑
2	4	Wigan & District Harriers: Micaela Brindle	Sophie Elsdon				Sarah Hamilton		Sarah McDonald	54.7		
3	1	Border Harriers & AC Edidione Akpan	Lauren Medley				Alex Foxworthy		Kyra Walton	56.4		
4	3	Southport Waterloo AC Ellie Grosz	Emma Alderson				Ellie Alderson		Eleanor Newton	56.4		
5	5	Wirral AC Julie Money	Aileen Kearney				Lisa Nuttall		Sophie Money	59.4		
6												
7												
8												
<u>Women's 4x400m Relay</u>												
1	4	Wigan & District Harriers: Sarah McDonald	Alice Rowie				Sarah Hamilton		Emily Borthwick	04:14.3		☑
2	1	Border Harriers & AC Lauren Medley	Alison McCorry				Ella Telford		Alex Foxworthy	04:23.0		
3	5	Wirral AC Aileen Kearney	Sarah Kearney				Sophie Money		Zita Aspell	04:42.1		
4	2	Manchester Harriers & / Melanie Barber	Isobel Kennedy				Jackie Ellison		Emma Tolond	05:07.9		
5												



NorthernT&F League

Division 3W Match 3 - Litherland

12 July 2015

Events	Border		Man H		S'port		Wigan		Wirral		Wrexham						UNUSED		TOTAL	
Men's 100m	3	1	7	5	5	4	9	3	4	7	6	2							34	22
Men's 200m	5	2	4	3	3	5	7	4	9	7	6						1		34	22
Men's 400m	6	1	7	4	4	2	9	7	5	5	3	3							34	22
Men's 800m	9	5	5	2	7	7	6	4	4	3	3	1							34	22
Men's 1500m	9	7	4	5	6	4	7	2	5	3							3	1	34	22
Men's 3000m S/Chase	9	5	6		7	7	4		5	4							3	6	34	22
Men's 5000m	9	7	5	4	6	3			7	5							7	3	34	22
Men's 400m Hurdles	9	7	4		3		6	5	7	4	5	3						3	34	22
Men's 110m Hurdles			5		6	5	9	7	4		7						3	10	34	22
Men's Hammer																				
Men's Discus	7	5	5	4	4	3	9	7	3	2	6							1	34	22
Men's Javelin	9	4	4	2	3	3	6	7	5	1	7	5							34	22
Men's Shot Putt	4	2	6	4	3	1	9	7	5	3	7	5							34	22
Men's Long Jump	6	5	9	7	5	4	4	2	7	3	3							1	34	22
Men's Triple Jump	4	3	7		5	4	6	5	9	7							3	3	34	22
Men's High Jump	7	7	5		6	5	3	4	4	3	9	2						1	34	22
Men's Pole Vault							7	5	6		9	7					12	10	34	22
Men's 4x100m Relay	4		9		5		6		7		3							22	34	22
Men's 4x400m Relay	7		4		6		9		5		3							22	34	22
	107	61	96	40	84	57	116	69	101	57	77	28					31	84	612	396

Women's 100m	4	5	9	7	6	4	5	3	7								3	3	34	22
Women's 200m	4	4	9	7	6	3	5	2	7	5							3	1	34	22
Women's 400m	6	7	5	4			7	5	9								7	6	34	22
Women's 800m	4	5	7	4	5	3	9	7	6								3	3	34	22
Women's 1500m	4		6		5	5	9	7	7								3	10	34	22
Women's 1500m S/Ch																				
Women's 3000m	5	4	7	7	6	3	4	5	9								3	3	34	22
Women's 400m Hurdle	7	7			6		9										12	15	34	22
Women's 100m Hurdle	7					5	9	7									18	10	34	22
Women's Hammer																				
Women's Discus	4		3	7	6	4	5		7	5	9							6	34	22
Women's Javelin	9	2	3	1	4	4	6	7	5	3	7	5							34	22
Women's Shot Putt	3		6	3	4	2	7	4	5	5	9	7						1	34	22
Women's Long Jump	6	5	9	7	5	3	7	4									7	3	34	22
Women's Triple Jump			6	5	5		9	7	7								7	10	34	22
Women's High Jump	7		6	5	5		9	7									7	10	34	22
Women's Pole Vault											9						25	22	34	22
Women's 4x100m Rel	6		9		5		7		4								3	22	34	22
Women's 4x400m Rel	7		5				9		6								7	22	34	22

	83	39	90	57	68	36	116	65	79	18	34	12					108	147	578	374
Match Summary	Border		Man H		S'port		Wigan		Wirral		Wrexham						UNUSED		TOTAL	
Teams	290.0		283.0		245.0		366.0		255.0		151.0						370.0		1960.0	
Officials Points	45.0		45.0		45.0		45.0		45.0		15.0						240.0		480.0	
Total	335.0		328.0		290.0		411.0		300.0		166.0						610.0		2440.0	
Match Position	2		3		5		1		4		6		7		7					
League Points	5		4		2		6		3		1									

Standings	Border	Man H	S'port	Wigan	Wirral	Wrexham		
League Points	9.0	13.0	7.0	16.0	14.0	4.0		
Match Points	788.0	998.5	772.0	1201.0	1113.5	634.0		
League Positions	4	3	5	1	2	6	7	7