Division 3W Match 4 - Sports City, Manchester — **8 August 2015**

Men's 100m A

Wind=

				Perf	Record	Wind	AW
1	5	Sam Landsborough	Wirral AC	10.7			☑
2	2	Ian Fennell	Manchester Harriers	10.9			☑
3	4	Adam Harvey	Wigan & District Har	11.0			☑
4	6	Shane Hughes	Wrexhan AAC	11.2			☑
5	1	Callum Aldridge	Border Harriers & AC	11.3			☑
6	3	Harry Flanagan	Southport Waterloo A	11.4			☑
7							
8							

Men's 100m B

Wind=

				Perf	Wind	AW
1	55	Victor Oyesola	Wirral AC	11.2		☑
2	22	Faisal Othman	Manchester Harriers	11.4		☑
3	44	Lewis Taylor	Wigan & District Harı	11.8		
4	11	Brandon McFarlane	Border Harriers & AC	11.9		
5	33	Christopher Burgess	Southport Waterloo A	12.0		
6	66	David James	Wrexhan AAC	13.4		
7						
8						

Men's 200m A

Wind=

				Perf	AW
1	5	Sam Landsborough	Wirral AC	21.4	☑
2	4	Adam Harvey	Wigan & District Har	22.2	☑
3	2	Faisal Othman	Manchester Harriers	23.2	☑
4	1	Mark Collier	Border Harriers & AC	23.2	☑
5	3	Harry Flanagan	Southport Waterloo A	23.4	☑
6	6	David James	Wrexhan AAC	27.6	
7					
8					

Men's 200m B

Wind=

				Perf	AW
1	44	Oliver Stringer	Wigan & District Harı	22.9	☑
2	11	Callum Aldridge	Border Harriers & AC	23.0	☑
3	55	Ian Roberts	Wirral AC	23.4	☑
4	22	Alex Walton	Manchester Harriers	23.8	
5	33	Christopher Burgess	Southport Waterloo A	24.4	
6	66	Brian Collins	Wrexhan AAC	34.4	
7					
8					

Men's 400m A

				Perf	AW
1	4	Adam Harvey	Wigan & District Har	50.0	☑
2	1	Mark Collier	Border Harriers & AC	51.2	☑
3	5	Sam Heathcote	Wirral AC	52.8	☑
4	2	Liam Bartlett	Manchester Harriers	54.0	
5	3	Matthew Campbell	Southport Waterloo A	54.4	
6	6	David James	Wrexhan AAC	63.3	
7					
8					

Men's 400m B

				Perf	AW
1	44	Oliver Stringer	Wigan & District Harı	50.1	☑
2	33	Graham Boreham	Southport Waterloo A	56.1	
3	22	Alex Teasdale	Manchester Harriers	56.5	
4	55	David Brockway	Wirral AC	58.2	
5	11	Rob Bickley	Border Harriers & AC	62.4	
6					
7					
8					

Men's 800m A

				Perf	AW
1	1	Kevin Bell	Border Harriers & AC	01:52.7	☑
2	2	Andrew Parsonage	Manchester Harriers	01:59.4	☑
3	5	Alex McBain	Wirral AC	02:01.2	☑
4	4	Jacob Moguire	Wigan & District Har	02:07.1	
5	3	Lewis Rooney	Southport Waterloo A	02:11.6	
6	6	Ashley Williams	Wrexhan AAC	02:24.1	
7					
8					

Men's 800m B

				Perf	AW
1	11	Ross Lonedon	Border Harriers & AC	02:02.9	☑
2	22	Liam Bartlett	Manchester Harriers	02:11.0	
3	33	Graham Boreham	Southport Waterloo A	02:16.4	
4	55	Daniel Nuttall	Wirral AC	02:18.6	
5	44	Danny Hinds	Wigan & District Harı	02:40.9	
6					
7					
8					

Men's 1500m A

				Perf	AW
1	1	James Douglas	Border Harriers & AC	04:03.7	☑
2	5	Phil Robertson	Wirral AC	04:20.0	☑
3	2	Ed Fazakerley	Manchester Harriers	04:24.5	☑
4	3	Lewis Rooney	Southport Waterloo A	04:40.7	☑
5	4	Jacob Moguire	Wigan & District Har	04:51.5	☑
6					
7					
8					

Men's 1500m B

				Perf	AW
1	11	Kieran Reynolds	Border Harriers & AC	04:36.2	☑
2	55	David Brockway	Wirral AC	04:54.0	☑
3	22	Jason Brogan	Manchester Harriers	04:56.5	☑
4	44	Danny Hinds	Wigan & District Harı	06:03.6	☑
5					
6					
7					
8					

Men's 3000m S/Chase A

				Perf	AW
1	1	Kieran Campbell	Border Harriers & AC	10:37.9	☑
2	5	David Brockway	Wirral AC	11:25.1	☑
3	2	chris sykes	Manchester Harriers	11:38.6	☑
4	6	Ashley Williams	Wrexhan AAC	12:18.7	☑
5	4	Danny Hinds	Wigan & District Har	13:45.7	☑
6	3	Lee Coupland	Southport Waterloo A	21:00.2	☑
7					
8					

Men's 3000m S/Chase B

				Perf	AW
1	11	Neil Orr	Border Harriers & AC	11:08.8	☑
2	55	Ronan Kearney	Wirral AC	12:04.1	☑
3	22	Chris Cooper	Manchester Harriers	16:24.5	☑
4	33	Liam Harris	Southport Waterloo A	21:00.5	☑
5					
6					
7					
8					

Division 3W Match 4 - Sports City, Manchester — **8 August 2015**

Men's 5000m A

				Perf	Record	Wind	AW
1	5	Phil Robertson	Wirral AC	16:25.9			☑
2	2	Ed Fazakerley	Manchester Harriers	16:32.3			☑
3	1	Callum Plunkett	Border Harriers & AC	16:35.2			☑
4	3	Lee Coupland	Southport Waterloo A	29:18.2			
5							
6							
7							
8							

Men's 5000m B

				Perf	Wind	AW
1	22	Donnacha McGuire	Manchester Harriers	17:20.2		
2	55	David Brockway	Wirral AC	18:52.4		
3	11	Peter Campbell	Border Harriers & AC	23:18.2		
4						
5						
6						
7						
8						

Men's 400m Hurdles A

1	1	Kevin Bell	Border Harriers & AC	66.4
2	4	Danny Hinds	Wigan & District Har	68.7
3	3	Jimmy Alderson	Southport Waterloo A	69.7
4	2	David Henshaw	Manchester Harriers	71.6
5	6	David James	Wrexhan AAC	74.5
6	5	Gareth Jones	Wirral AC	DNF
7				
8				

Men's 400m Hurdles B

1	11	Daniel Forrester	Border Harriers & AC	66.4
2	44	Connor Borthwick	Wigan & District Harı	68.6
3	22	Chis Sykes	Manchester Harriers	71.6
4	55	Don Darroch	Wirral AC	78.4
5	33	Lee Coupland	Southport Waterloo A	94.3
6				
7				
8				

Men's 110m Hurdles A

Wind=

1	2	David Henshaw	Manchester Harriers	17.9	☑
2	4	Danny Hinds	Wigan & District Har	19.9	
3	5	Don Darroch	Wirral AC	23.6	
4	6	Neil Edwards	Wrexhan AAC	33.1	
5					
6					
7					
8					

Men's 110m Hurdles B

Wind=

1	22	Matt Coxon	Manchester Harriers	17.8	☑
2					
3					
4					
5					
6					
7					
8					

Men's Hammer A

1	3	Liam Harris	Southport Waterloo A	39.56
2	6	Neil Edwards	Wrexhan AAC	25.17
3	1	Callum Aldridge	Border Harriers & AC	23.73
4	55	Michael Wilkinson	Wirral AC	18.15
5	4	Ian Gouldthorpe	Wigan & District Har	17.71
6	22	Michael Fennell	Manchester Harriers	15.80
7				
8				

Men's Hammer B

1	44	Darren Borthwick	Wigan & District Harı	17.30
2	5	Gareth Jones	Wirral AC	14.72
3	33	Graham Boreham	Southport Waterloo A	13.57
4	2	Kesric Salmon	Manchester Harriers	11.39
5	11	Peter Campbell	Border Harriers & AC	2.65
6				
7				
8				

Men's Discus A

1	4	Tom Dobbs	Wigan & District Har	36.78
2	6	Neil Edwards	Wrexhan AAC	32.40
3	3	Liam Harris	Southport Waterloo A	29.23
4	5	Gareth Jones	Wirral AC	21.06
5	2	Matt Coxon	Manchester Harriers	18.03
6	1	James Douglas	Border Harriers & AC	14.29
7				
8				

Men's Discus B

1	44	Scott Jones	Wigan & District Harı	35.46
2	66	Brian Collins	Wrexhan AAC	16.90
3	22	Kesric Salmon	Manchester Harriers	16.79
4	33	Graham Boreham	Southport Waterloo A	13.97
5	55	Michael Wilkinson	Wirral AC	12.16
6	11	Neil Orr	Border Harriers & AC	11.27
7				
8				

Men's Javelin A

1	4	Tom Dobbs	Wigan & District Har	41.36
2	6	Neil Edwards	Wrexhan AAC	39.59
3	55	James Pennington	Wirral AC	36.09
4	2	Liam Bartlett	Manchester Harriers	31.91
5	33	Christopher Burgess	Southport Waterloo A	30.06
6	1	Kieran Campbell	Border Harriers & AC	23.62
7				
8				

Men's Javelin B

1	5	Gareth Jones	Wirral AC	30.72
2	66	Thomas Walley	Wrexhan AAC	30.10
3	3	Liam Harris	Southport Waterloo A	26.02
4	22	Matt Coxon	Manchester Harriers	22.49
5	11	Neil Orr	Border Harriers & AC	19.80
6	44	Scott Jones	Wigan & District Harı	19.14
7				
8				

Division 3W Match 4 - Sports City, Manchester — **8 August 2015**

Men's Shot Putt A

				Perf	Record	Wind	AW
1	4	Tom Dobbs	Wigan & District Har	11.81			☑
2	3	Liam Harris	Southport Waterloo A	11.19			☑
3	6	Neil Edwards	Wrexhan AAC	10.01			☑
4	22	Matt Coxon	Manchester Harriers	7.88			
5	1	Ross Lonedon	Border Harriers & AC	7.25			
6	5	Gareth Jones	Wirral AC	6.38			
7							
8							

Men's Shot Putt B

				Perf	Wind	AW
1	44	Scott Jones	Wigan & District Harı	10.49		☑
2	2	Michael Fennell	Manchester Harriers	7.75		
3	33	Christopher Burgess	Southport Waterloo A	7.63		
4	66	Brian Collins	Wrexhan AAC	6.14		
5	55	Ian Roberts	Wirral AC	5.68		
6	11	Rob Bickley	Border Harriers & AC	4.80		
7						
8						

Men's Long Jump A

				Perf	Wind	AW
1	2	Michael Fennell	Manchester Harriers	6.51		☑
2	6	Thomas Walley	Wrexhan AAC	6.31		☑
3	3	Harry Flanagan	Southport Waterloo A	5.86		☑
4	4	Harry Coppell	Wigan & District Har	5.81		☑
5	5	Sam Landsborough	Wirral AC	5.55		
6	1	Alex Nixon	Border Harriers & AC	5.50		
7						
8						

Men's Long Jump B

				Perf	Wind	AW
1	22	Matt Coxon	Manchester Harriers	5.96		☑
2	33	Ethan Hughes	Southport Waterloo A	5.35		
3	11	Lewis Dean	Border Harriers & AC	5.21		
4	44	Lewis Taylor	Wigan & District Harı	5.13		
5	55	Victor Oyesola	Wirral AC	4.97		
6	66	Brian Collins	Wrexhan AAC	3.79		
7						
8						

Men's Triple Jump A

				Perf	Wind	AW
1	6	Thomas Walley	Wrexhan AAC	13.37		☑
2	2	Michael Fennell	Manchester Harriers	12.46		☑
3	5	Sam Landsborough	Wirral AC	12.32		☑
4	44	Jacob Moguire	Wigan & District Har	10.67		
5	1	Alex Nixon	Border Harriers & AC	10.43		
6	3	Jimmy Alderson	Southport Waterloo A	10.41		
7						
8						

Men's Triple Jump B

				Perf	Wind	AW
1	22	Matt Coxon	Manchester Harriers	11.89		☑
2	55	Victor Oyesola	Wirral AC	11.13		
3	33	Ethan Hughes	Southport Waterloo A	9.69		
4	4	Danny Hinds	Wigan & District Harı	9.59		
5						
6						
7						
8						

Men's High Jump A

				Perf	Wind	AW
1	4	Connor Borthwick	Wigan & District Har	1.90		☑
2	6	Thomas Walley	Wrexhan AAC	1.80		☑
3	1	Brandon McFarlane	Border Harriers & AC	1.65		
4	2	David Henshaw	Manchester Harriers	1.60		
5	33	Ethan Hughes	Southport Waterloo A	1.55		
6	5	Gareth Jones	Wirral AC	1.40		

Men's High Jump B

				Perf	Wind	AW
1	44	Harry Coppell	Wigan & District Harı	1.80		☑
2	11	Robbie Bell	Border Harriers & AC	1.65		
3	22	Matt Coxon	Manchester Harriers	1.55		
4	3	Jimmy Alderson	Southport Waterloo A	1.50		

Men's Pole Vault A

				Perf	Wind	AW
1	6	Thomas Walley	Wrexhan AAC	3.90		☑
2	5	Don Darroch	Wirral AC	3.20		☑
3	4	Lewis Taylor	Wigan & District Har	3.20		☑
4	1	Daniel Forrester	Border Harriers & AC	2.70		

Men's Pole Vault B

				Perf	Wind	AW
1	66	Neil Edwards	Wrexhan AAC	2.90		

Men's 4x100m Relay

1	5	Wirral AC	Victor Oyesola	Sam Landsborough	Ian Roberts	Sam Heathcote	44.9
2	4	Wigan & District Harriers	Adam Harvey	Lewis Taylor	Oliver Stringer	Harry Coppell	45.2
3	1	Border Harriers & AC	Lewis Dean	Kieran Campbell	Mark Collier	Brandon McFarlane	45.7
4	2	Manchester Harriers & A	Dan Gunatunga	Ian Fennell	Alex Walton	Faisal Othman	45.9
5	6	Wrexhan AAC	Shane Hughes	David James	Ashley Williams	Brian Collins	57.2
6	3	Southport Waterloo AC	Harry Flanagan	Christopher Burgess	Ethan Hughes	Graham Boreham	DNF
7							
8							

Division 3W Match 4 - Sports City, Manchester **8 August 2015**

Men's 4x400m Relay

							Perf	Record	Wind	AW
1	4	Wigan & District Harriers	Adam Harvey	Oliver Stringer	Jacob McGuire	Danny Hinds	03:32.2			
2	5	Wirral AC	Victor Oyesola	Sam Landsborough	Sam Heathcote	David Brockway	03:34.0			
3	1	Border Harriers & AC	Callum Aldridge	Kieran Reynolds	Alex Nixon	Kevin Bell	03:41.1			
4	2	Manchester Harriers & A	Andy Parsonage	Bernard Ward	Alex Teasdale	Liam Bartlett	03:42.1			
5	3	Southport Waterloo AC	Graham Boreham	Matthew Campbell	Jimmy Alderson	Christopher Burgess	03:42.3			
6										
7										
8										

	MATCH RESULT	League Points	Match
1	Man H	6	411.0
2	Wigan	5	362.0
3	Wirral	4	342.0
4	Border	3	312.0
5	S'port	2	265.0
6	Wrexham	1	236.0
7			
8			

	STANDINGS	League Points	Match
1	Man H	6	411.0
2	Wigan	5	362.0
3	Wirral	4	342.0
4	Border	3	312.0
5	S'port	2	265.0
6	Wrexham	1	236.0
7			
8	#N/A	#N/A	#N/A

Men's 100m Non Scoring *Wind=*

1	Ian Roberts	Wirral	11.8
2	Alex Walton	Manchester	11.8
3	Stephen Armstrong	Manchester	11.8
4	Alex Teasdale	Manchester	12.2
5	Daniel Nuttall	Wirral	13.4

Men's 100m Non Scoring *Wind=*

1			
2			
3			
4			
5			

Division 3W Match 4 - Sports City, Manchester — **8 August 2015**

Women's 100m A

Wind=

				Perf	Record	Wind	AW
1	1	Alison McCorry	Border Harriers & AC	12.2			☑
2	2	Marie Fourmena	Manchester Harriers	12.4			☑
3	5	Sophie Money	Wirral AC	12.5			☑
4	6	Amy Odunaiya	Wrexhan AAC	12.6			☑
5	4	Emily Borthwick	Wigan & District Har	12.6			☑
6	3	Ellie Alderson	Southport Waterloo A	14.3			
7							
8							

Women's 100m B

Wind=

				Perf	Wind	AW
1	22	Vanessa Giblin	Manchester Harriers	12.6		☑
2	66	Alice Odunaiya	Wrexhan AAC	13.1		☑
3	33	Emma Alderson	Southport Waterloo A	13.1		☑
4	55	Emily Darroch	Wirral AC	13.2		☑
5	44	Sophie Elsden	Wigan & District Harı	13.9		
6						
7						
8						

Women's 200m A

Wind=

				Perf	Record	Wind	AW
1	1	Alison McCorry	Border Harriers & AC	25.4			☑
2	2	Vanessa Giblin	Manchester Harriers	25.6			☑
3	6	Amy Odunaiya	Wrexhan AAC	25.6			☑
4	5	Sophie Money	Wirral AC	26.1			☑
5	4	Sophie Elsden	Wigan & District Har	28.1			
6	3	Ellie Alderson	Southport Waterloo A	29.5			
7							
8							

Women's 200m B

Wind=

				Perf	Wind	AW
1	66	Alice Odunaiya	Wrexhan AAC	26.5		☑
2	33	Emma Alderson	Southport Waterloo A	28.1		
3	44	Sarah McDonald	Wigan & District Harı	28.6		
4	22	Gussie Beech	Manchester Harriers	28.9		
5	55	Julie Money	Wirral AC	32.3		
6						
7						
8						

Women's 400m A

				Perf	Record	Wind	AW
1	3	Emma Alderson	Southport Waterloo A	58.9			☑
2	4	Sarah Hamilton	Wigan & District Har	60.6			☑
3	6	Neve Evans	Wrexhan AAC	65.2			
4	2	Katie Cooper	Manchester Harriers	66.3			
5	5	Fiona Nuttall	Wirral AC	71.2			
6							
7							
8							

Women's 400m B

				Perf	Wind	AW
1	44	Micaela Brindle	Wigan & District Harı	72.9		
2	22	Sophie Thompson	Manchester Harriers	75.5		
3						
4						
5						
6						
7						
8						

Women's 800m A

				Perf	Record	Wind	AW
1	5	Sophie Tarver	Wirral AC	02:15.6			☑
2	2	Beth Barlow	Manchester Harriers	02:20.1			☑
3	4	Sarah McDonald	Wigan & District Har	02:20.5			☑
4	1	Fiona Smith	Border Harriers & AC	02:31.8			
5	3	Stephanie May	Southport Waterloo A	03:04.3			
6							
7							
8							

Women's 800m B

				Perf	Wind	AW
1	44	Sophie Elsden	Wigan & District Harı	02:31.8		
2	11	Rhiannon Silson	Border Harriers & AC	02:45.9		
3	22	Debbie Beresford	Manchester Harriers	03:19.0		
4	33	Katy Coupland	Southport Waterloo A	03:48.9		
5						
6						
7						
8						

Women's 1500m A

				Perf	Record	Wind	AW
1	5	Emily Kearney	Wirral AC	04:45.6			☑
2	1	Rhiannon Silson	Border Harriers & AC	05:12.7			
3	2	Emma Tolond	Manchester Harriers	05:22.0			
4	4	Sarah Hamilton	Wigan & District Har	05:40.1			
5	3	Stephanie May	Southport Waterloo A	06:22.4			
6							
7							
8							

Women's 1500m B

				Perf	Wind	AW
1	55	Sarah Kearney	Wirral AC	05:17.9		
2	11	Fiona Smith	Border Harriers & AC	05:35.4		
3	44	Rachel Sidebottom	Wigan & District Harı	05:43.8		
4	22	Debbie Beresford	Manchester Harriers	07:02.1		
5						
6						
7						
8						

Women's 3000m A

				Perf	Record	Wind	AW
1	1	Rhiannon Silson	Border Harriers & AC	10:38.7			☑
2	5	Sarah Kearney	Wirral AC	10:47.0			☑
3	2	Emma Toland	Manchester Harriers	11:14.5			☑
4	3	Stephanie May	Southport Waterloo A	13:53.4			
5							
6							
7							
8							

Women's 3000m B

				Perf	Wind	AW
1	11	Fiona Smith	Border Harriers & AC	11:51.0		
2	22	Melanie Barber	Manchester Harriers	12:17.7		
3						
4						
5						
6						
7						
8						

Division 3W Match 4 - Sports City, Manchester — **8 August 2015**

Women's 400m Hurdles A

				Perf	Record	Wind	AW
1	3	Stephanie May	Southport Waterloo A	78.4			
2	2	Caroline Baba	Manchester Harriers	98.8			
3							
4							
5							
6							
7							
8							

Women's 400m Hurdles B

				Perf	Wind	AW
1	22	Katie Cooper	Manchester Harriers	80.0		
2	33	Katy Coupland	Southport Waterloo A	116.0		
3						
4						
5						
6						
7						
8						

Women's 100m Hurdles A

Wind=

1	4	Micaela Brindle	Wigan & District Har	14.9		☑
2	2	Sophie Thompson	Manchester Harriers	18.9		
3	3	Stephanie May	Southport Waterloo A	20.5		
4	5	Fiona Nuttall	Wirral AC	22.7		
5						
6						
7						
8						

Women's 100m Hurdles B

Wind=

1	22	Gussie Beech	Manchester Harriers	19.9		
2	33	Katy Coupland	Southport Waterloo A	31.4		
3						
4						
5						
6						
7						
8						

Women's Hammer A

1	6	Manon Edwards	Wrexhan AAC	40.86		☑
2	2	Karen Spilsbury	Manchester Harriers	16.57		
3	5	Lisa Nuttall	Wirral AC	15.93		
4	1	Alison McCorry	Border Harriers & AC	9.81		
5	4	Sarah Hamilton	Wigan & District Har	5.50		
6						
7						
8						

Women's Hammer B

1	66	Katie Whitley	Wrexhan AAC	39.80	☑
2	55	Fiona Nuttall	Wirral AC	14.97	
3	22	Jean Skitt	Manchester Harriers	13.39	
4	11	Lauren Sellars	Border Harriers & AC	7.83	
5					
6					
7					
8					

Women's Discus A

1	66	Katie Whitley	Wrexhan AAC	39.23		☑
2	5	Zita Aspell	Wirral AC	35.14		☑
3	3	Katy Coupland	Southport Waterloo A	29.14		☑
4	11	Lauren Sellars	Border Harriers & AC	20.86		
5	22	Gussie Beech	Manchester Harriers	18.27		
6	4	Millie Forrest	Wigan & District Har	17.21		
7						
8						

Women's Discus B

1	6	Manon Edwards	Wrexhan AAC	26.20	☑
2	1	Alison McCorry	Border Harriers & AC	17.20	
3	2	Karen Spilsbury	Manchester Harriers	13.21	
4	55	Aileen Kearney	Wirral AC	12.73	
5	33	Ellie Alderson	Southport Waterloo A	10.86	
6					
7					
8					

Women's Javelin A

1	11	Ella Telford	Border Harriers & AC	33.06		☑
2	5	Fiona Nuttall	Wirral AC	26.18		☑
3	66	Ellie Collins	Wrexhan AAC	24.57		
4	4	Micaela Brindle	Wigan & District Har	24.34		
5	3	Katy Coupland	Southport Waterloo A	19.98		
6	2	Caroline Baba	Manchester Harriers	14.42		
7						
8						

Women's Javelin B

1	1	Lauren Sellars	Border Harriers & AC	28.10	☑
2	55	Zita Aspell	Wirral AC	20.50	
3	6	Manon Edwards	Wrexhan AAC	20.43	
4	44	Emily Borthwick	Wigan & District Har	17.00	
5	22	Gussie Beech	Manchester Harriers	9.31	
6	33	Ellie Alderson	Southport Waterloo A	3.85	
7					
8					

Women's Shot Putt A

1	6	Manan Edwards	Wrexhan AAC	10.02		☑
2	1	Ella Telford	Border Harriers & AC	9.62		☑
3	4	Micaela Brindle	Wigan & District Har	9.45		☑
4	2	Gussie Beech	Manchester Harriers	8.41		☑
5	5	Zita Aspell	Wirral AC	7.79		
6	3	Katy Coupland	Southport Waterloo A	7.22		
7						
8						

Women's Shot Putt B

1	66	Ellie Collins	Wrexhan AAC	7.96	
2	55	Julie Money	Wirral AC	7.35	
3	11	Lauren Sellars	Border Harriers & AC	6.70	
4	22	Katie Cooper	Manchester Harriers	6.40	
5	44	Millie Forrest	Wigan & District Har	5.70	
6	33	Ellie Alderson	Southport Waterloo A	4.08	
7					
8					

Division 3W Match 4 - Sports City, Manchester — **8 August 2015**

Women's Long Jump A

				Perf	Record	Wind	AW
1	2	Gemma Hopley	Manchester Harriers	4.95			☑
2	4	Ellie Hughes	Wigan & District Har	4.65			
3	3	Stephanie May	Southport Waterloo A	3.63			
4	5	Emily Darroch	Wirral AC	2.69			
5							
6							
7							
8							

Women's Long Jump B

				Perf	Wind	AW
1	22	Sophie Thompson	Manchester Harriers	4.51		
2	44	Eva Coppell	Wigan & District Harı	3.78		
3	33	Katy Coupland	Southport Waterloo A	3.29		
4	55	Fiona Nuttall	Wirral AC	2.43		
5						
6						
7						
8						

Women's Triple Jump A

				Perf	Record	Wind	AW
1	2	Marie Fourmena	Manchester Harriers	9.57			☑
2	4	Sarah McDonald	Wigan & District Har	9.05			
3	3	Stephanie May	Southport Waterloo A	8.28			
4							
5							
6							
7							
8							

Women's Triple Jump B

				Perf	Wind	AW
1	22	Caroline Baba	Manchester Harriers	8.44		
2						
3						
4						
5						
6						
7						
8						

Women's High Jump A

				Perf	Record	Wind	AW
1	4	Emily Borthwick	Wigan & District Har	1.75			☑
2	5	Amy Tarver	Wirral AC	1.65			☑
3	2	Beth Barlow	Manchester Harriers	1.35			

Women's High Jump B

				Perf	Wind	AW
1	44	Micaela Brindle	Wigan & District Harı	1.50		☑
2	22	Alicia Brogan	Manchester Harriers	1.25		

Women's Pole Vault A

				Perf	Record	Wind	AW
1	6	Ellie Collins	Wrexhan AAC	2.50			☑

Women's Pole Vault B

Women's 4x100m Relay

								Perf	AW
1	2	Manchester Harriers & A	Gussie Beech	Marie Fourmena		Sophie Thompson	Vanessa Giblin	51.1	☑
2	4	Wigan & District Harriers	Rachel Sidebottom	Emily Borthwick		Sophie Elsden	Sarah Hamilton	54.2	
3	5	Wirral AC	Sophie Money	Julie Money		Emily Darroch	Aileen Kearney	56.0	
4	1	Border Harriers & AC	Ella Telford	Alison McCorry		Rhiannon Silson	Fiona Smith	58.7	
5									
6									
7									
8									

Women's 4x400m Relay

								Perf
1	4	Wigan & District Harriers	Sarah McDonald	Sarah Hamilton		Rachel Sidebottom	Emily Borthwick	04:19.5
2	2	Manchester Harriers & A	Melanie Barber	Katie Cooper		Alicia Brogan	Beth Barlow	04:34.8
3	6	Wrexhan AAC	Amy Odunaiya	Alice Odunaiya		Neve Evans	Katie Whitley	04:39.6
4	5	Wirral AC	Sophie Money	Sarah Kearney		Emily Kearney	Aileen Kearney	04:45.2

Division 3W Match 4 - Sports City, Manchester

08 August 2015

Events	Border		Man H		S'port		Wigan		Wirral		Wrexham						UNUSED		TOTAL	
Men's 100m	4	3	7	5	3	2	6	4	9	7	5	1							34	22
Men's 200m	5	5	6	3	4	2	7	7	9	4	3	1							34	22
Men's 400m	7	2	5	4	4	5	9	7	6	3	3							1	34	22
Men's 800m	9	7	7	5	4	4	5	2	6	3	3							1	34	22
Men's 1500m	9	7	6	4	5		4	3	7	5							3	3	34	22
Men's 3000m S/Chase	9	7	6	4	3	3	4		7	5	5							3	34	22
Men's 5000m	6	4	7	7	5				9	5							7	6	34	22
Men's 400m Hurdles	9	7	5	4	6	2	7	5		3	4						3	1	34	22
Men's 110m Hurdles			9	7			7		6		5						7	15	34	22
Men's Hammer	6	2	3	3	9	4	4	7	5	5	7							1	34	22
Men's Discus	3	1	4	4	6	3	9	7	5	2	7	5							34	22
Men's Javelin	3	2	5	3	4	4	9	1	6	7	7	5							34	22
Men's Shot Putt	4	1	5	5	7	4	9	7	3	2	6	3							34	22
Men's Long Jump	3	4	9	7	6	5	5	3	4	2	7	1							34	22
Men's Triple Jump	4		7	7	3	4	5	3	6	5	9							3	34	22
Men's High Jump	6	5	5	4	4	3	9	7	3		7							3	34	22
Men's Pole Vault	5						6		7		9	7					7	15	34	22
Men's 4x100m Relay	6		5				7		9		4						3	22	34	22
Men's 4x400m Relay	6		5		4		9		7								3	22	34	22
	104	57	106	76	77	45	121	63	114	58	91	23					33	96	646	418

Women's 100m	9		7	7	3	4	4	2	6	3	5	5						1	34	22
Women's 200m	9		7	3	3	5	4	4	5	2	6	7						1	34	22
Women's 400m			5	5	9		7	7	4		6						3	10	34	22
Women's 800m	5	5	7	4	4	3	6	7	9								3	3	34	22
Women's 1500m	7	5	6	3	4		5	4	9	7							3	3	34	22
Women's 1500m S/Cha																				
Women's 3000m	9	7	6	5	5				7								7	10	34	22
Women's 400m Hurdles			7	7	9	5											18	10	34	22
Women's 100m Hurdles			7	7	6	5	9		5								7	10	34	22
Women's Hammer	5	3	7	4			4		6	5	9	7					3	3	34	22
Women's Discus	5	5	4	4	6	2	3		7	3	9	7						1	34	22
Women's Javelin	9	7	3	2	4	1	5	3	7	5	6	4							34	22
Women's Shot Putt	7	4	5	3	3	1	6	2	4	5	9	7							34	22
Women's Long Jump			9	7	6	4	7	5	5	3							7	3	34	22
Women's Triple Jump			9	7	6		7										12	15	34	22
Women's High Jump			6	5			9	7	7								12	10	34	22
Women's Pole Vault											9						25	22	34	22
Women's 4x100m Rela	5		9				7		6								7	22	34	22
Women's 4x400m Rela			7				9		5		6						7	22	34	22
	70	36	111	73	68	30	92	41	92	33	65	37					114	146	612	396

Match Summary	Border	Man H	S'port	Wigan	Wirral	Wrexham			UNUSED	TOTAL
Teams	267.0	366.0	220.0	317.0	297.0	216.0			389.0	2072.0
Officials Points	45.0	45.0	45.0	45.0	45.0	20.0			245.0	490.0
Total	312.0	411.0	265.0	362.0	342.0	236.0			634.0	2562.0
Match Position	4	1	5	2	3	6	7	7		
League Points	3	6	2	5	4	1				

Standings	Border	Man H	S'port	Wigan	Wirral	Wrexham		
League Points	3.0	6.0	2.0	5.0	4.0	1.0		
Match Points	312.0	411.0	265.0	362.0	342.0	236.0		
League Positions	4	1	5	2	3	6	7	7