

Division 3W Match 1 - Connahs Quay, Deeside AAC

Division 3W Match 1 - Connahs Quay, Deeside AAC

				Perf	Record	Wind	AW					Perf	Wind	AW
<u>Men's 100m A</u>				Wind=				<u>Men's 100m B</u>				Wind=		
1	6	Sam Landsbrough	Wirral AC	10.7			☑	1	66	Gareth Jones	Wirral AC	11.5		☑
2	5	George Asson	St. Helens Sutton AC	11.1			☑	2	55	Darren Scott	St. Helens Sutton AC	11.7		
3	2	Daniel Matthews	East Cheshire Harriers & AC	11.5			☑	3	22	Alex Green	East Cheshire Harriers & AC	11.9		
4	1	Reece Middleton	Deeside AAC	11.8				4	11	Dillion Savage	Deeside AAC	12.5		
5	4	Maurice Bolton	Macclesfield Harriers & AC	12.0				5	33	James Watts	Leigh Harriers	12.8		
6	3	Peter Hickey	Leigh Harriers	12.7				6	44	Joshua Carey	Macclesfield Harriers & AC	13.2		
7								7						
8								8						

<u>Men's 200m A</u>				Wind=				<u>Men's 200m B</u>				Wind=		
1	6	Sam Landsbrough	Wirral AC	21.4			☑	1	55	George Asson	St. Helens Sutton AC	22.3		☑
2	2	Samuel Emery-Shawcross	East Cheshire Harriers & AC	22.3			☑	2	66	Sam Heathcote	Wirral AC	22.6		☑
3	5	Darren Scott	St. Helens Sutton AC	22.7			☑	3	22	Alex Green	East Cheshire Harriers & AC	23.9		
4	1	Reece Middleton	Deeside AAC	23.4			☑	4	11	Dillion Savage	Deeside AAC	24.5		
5	4	Callum Prendergast	Macclesfield Harriers & AC	25.0				5	33	Joseph Senior	Leigh Harriers	24.8		
6	3	Peter Hickey	Leigh Harriers	25.4				6	44	-	Macclesfield Harriers & AC	27.2		
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<u>Men's 400m A</u>								<u>Men's 400m B</u>						
1	1	Reece Middleton	Deeside AAC	50.6			☑	1	22	Marcus Crawford	East Cheshire Harriers & AC	53.7		
2	6	Sam Heathcote	Wirral AC	51.2			☑	2	66	Joel Philip	Wirral AC	53.9		
3	2	Daniel Matthews	East Cheshire Harriers & AC	51.9			☑	3	55	Lochlain Fisher	St. Helens Sutton AC	54.5		
4	3	Ethan Jones	Leigh Harriers	53.0			☑	4	33	Joseph Senior	Leigh Harriers	56.2		
5	5	Jonathan Causer	St. Helens Sutton AC	53.9				5						
6	4	Robert Finns	Macclesfield Harriers & AC	54.7				6						
7								7						
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<u>Men's 800m A</u>								<u>Men's 800m B</u>						
1	5	Thomas Griffiths	St. Helens Sutton AC	2:02.7				1	66	Will Woodcock	Wirral AC	2:00.9		
2	6	Alex McBain	Wirral AC	2:02.9				2	55	Samuel Thomson	St. Helens Sutton AC	2:05.7		
3	2	John Trotman	East Cheshire Harriers & AC	2:04.4				3	22	Nathan Barlow	East Cheshire Harriers & AC	2:06.3		
4	3	Jacob Briscoe	Leigh Harriers	2:07.9				4	33	Kristian Wade	Leigh Harriers	2:10.6		
5	4	Matthew Browne	Macclesfield Harriers & AC	2:15.0				5						
6								6						
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<u>Men's 1500m A</u>								<u>Men's 1500m B</u>						
1	3	Callum McCormick	Leigh Harriers	3:58.4				1	33	Ben Livingstone	Leigh Harriers	4:33.7		
2	2	Joe Hudak	East Cheshire Harriers & AC	4:14.1				2	66	Harley Henshaw	Wirral AC	4:45.5		
3	5	Thomas Griffiths	St. Helens Sutton AC	4:19.1				3	22	Callum Rhodes	East Cheshire Harriers & AC	4:48.5		
4	4	Harry Simpson	Macclesfield Harriers & AC	4:24.4				4	55	Ian Costello	St. Helens Sutton AC	4:51.0		
5	6	David Brockway	Wirral AC	4:28.3				5						
6	1	Ethan Ackroyd	Deeside AAC	4:32.1				6						
7								7						
8								8						

<u>Men's 3000m S/Chase A</u>								<u>Men's 3000m S/Chase B</u>						
1	2	George Lewis	East Cheshire Harriers & AC	10:27.7				1	3	Phillip Williams	Leigh Harriers	10:59.9		
2	5	Jamie White	St. Helens Sutton AC	10:57.0				2	22	Gavin Browne	East Cheshire Harriers & AC	11:21.4		
3	33	Thomas Henders	Leigh Harriers	10:59.7				3	55	Greg Williams	St. Helens Sutton AC	11:36.9		
4	66	Will Ferguson	Wirral AC	11:55.7				4	6	Will Woodcock	Wirral AC	12:18.0		
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Division 3W Match 1 - Connahs Quay, Deeside AAC

Perf Record Wind AW

7 May 2016

Perf Wind AW

Men's 5000m A

1	3	Neil Pendlebury	Leigh Harriers	16.05.8	
2	66	David Allcock	Wirral AC	16.18.1	
3	2	Joe Hudak	East Cheshire Harriers & AC	16.32.1	
4	55	Luke Towers	St. Helens Sutton AC	17.09.2	
5					
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Men's 5000m B

1	33	Dave Smith	Leigh Harriers	16.44.7	
2	6	Phil Robertson	Wirral AC	16.48.8	
3	5	Steve Anders	St. Helens Sutton AC	17.31.1	
4	22	Gary Matthews	East Cheshire Harriers & AC	18.17.5	
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Men's 400m Hurdles A

1	5	Darren Scott	St. Helens Sutton AC	61.8	☒
2	3	Alex Urmston	Leigh Harriers	62.5	☒
3	4	Robert Finns	Macclesfield Harriers & AC	63.1	
4	2	George Lewis	East Cheshire Harriers & AC	63.8	
5	1	Lee Wright	Deeside AAC	87.8	
6					
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Men's 400m Hurdles B

1	33	Thomas Henders	Leigh Harriers	69.1	
2	55	Greg Williams	St. Helens Sutton AC	71.0	
3	22	Gavin Browne	East Cheshire Harriers & AC	73.8	
4					
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7					
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Men's 110m Hurdles A

1	4	Simon Sloan	Macclesfield Harriers & AC	16.6	☒
2	3	Alex Urmston	Leigh Harriers	23.2	
3	5	Greg Williams	St. Helens Sutton AC	24.1	
4					
5					
6					
7					
8					

Men's 110m Hurdles B

1	44	Ashley Pritchard	Macclesfield Harriers & AC	21.3	
2	33	Phillip Williams	Leigh Harriers	24.9	
3					
4					
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6					
7					
8					

Men's Hammer A

1	3	Mark Pendlebury	Leigh Harriers	30.87	☒
2	5	Michael Hughes	St. Helens Sutton AC	30.69	☒
3	22	Peter Ditchfield	East Cheshire Harriers & AC	26.72	☒
4	1	Dave Stokes	Deeside AAC	24.30	
5	44	Rod Grant-Smith	Macclesfield Harriers & AC	22.79	
6	66	Gareth Jones	Wirral AC	12.64	
7					
8					

Men's Hammer B

1	33	Simon Forster	Leigh Harriers	25.15	
2	4	Ashley Pritchard	Macclesfield Harriers & AC	21.42	
3	2	Sam Dean	East Cheshire Harriers & AC	20.91	
4	11	Mark Phillips	Deeside AAC	14.65	
5	55	-	St. Helens Sutton AC	13.50	
6	6	Will Ferguson	Wirral AC	5.81	
7					
8					

Men's Discus A

1	3	Mark Pendlebury	Leigh Harriers	35.95	☒
2	5	Jacob Beesley	St. Helens Sutton AC	33.46	☒
3	4	Ashley Pritchard	Macclesfield Harriers & AC	31.69	☒
4	22	Peter Ditchfield	East Cheshire Harriers & AC	27.60	
5	1	Dave Stokes	Deeside AAC	27.00	
6	6	Craig O'Brien	Wirral AC	12.28	
7					
8					

Men's Discus B

1	55	Nathan Orr	St. Helens Sutton AC	27.58	
2	44	Simon Sloan	Macclesfield Harriers & AC	27.44	
3	2	Sam Dean	East Cheshire Harriers & AC	23.40	
4	33	Peter Todd	Leigh Harriers	22.66	
5	11	Reece Middleton	Deeside AAC	20.01	
6	66	Mike Wilkinson	Wirral AC	12.02	
7					
8					

Men's Javelin A

1	2	Sam Dean	East Cheshire Harriers & AC	59.49	☒
2	5	Tom McKeever	St. Helens Sutton AC	49.32	☒
3	3	Wayne Todd	Leigh Harriers	46.18	☒
4	4	Simon Sloan	Macclesfield Harriers & AC	45.45	☒
5	1	Mark Phillips	Deeside AAC	26.54	
6	6	Craig O'Brien	Wirral AC	20.53	
7					
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Men's Javelin B

1	44	Ashley Pritchard	Macclesfield Harriers & AC	36.74	
2	22	Peter Ditchfield	East Cheshire Harriers & AC	34.63	
3	33	Peter Todd	Leigh Harriers	31.15	
4	11	-	Deeside AAC	15.12	
5	66	Will Ferguson	Wirral AC	14.83	
6	55	Nathan Orr	St. Helens Sutton AC	14.52	
7					
8					

Division 3W Match 1 - Connahs Quay, Deeside AAC

Perf
Record
Wind
AW

7 May 2016

Perf
Wind
AW

Men's Shot Putt A

1	2	Sam Dean	East Cheshire Harriers & AC	11.12		☑
2	3	Wayne Todd	Leigh Harriers	10.28		☑
3	4	Ashley Pritchard	Macclesfield Harriers & AC	9.47		
4	55	Jacob Beesley	St. Helens Sutton AC	8.53		
5	11	Reece Middleton	Deeside AAC	8.39		
6	6	Craig O'Brien	Wirral AC	6.92		
7						
8						

Men's Shot Putt B

1	22	Peter Ditchfield	East Cheshire Harriers & AC	10.14		☑
2	44	Simon Sloan	Macclesfield Harriers & AC	9.07		
3	5	Michael Hughes	St. Helens Sutton AC	7.95		
4	1	Dave Stokes	Deeside AAC	7.34		
5	33	Simon Forster	Leigh Harriers	7.16		
6	66	Mike Wilkinson	Wirral AC	5.18		
7						
8						

Men's Long Jump A

1	6	Sam Landsbrough	Wirral AC	6.19		☑
2	4	Maurice Bolton	Macclesfield Harriers & AC	6.17		☑
3	2	Sam Emery-Shawcross	East Cheshire Harriers & AC	5.39		
4	1	Lee Wright	Deeside AAC	5.36		
5	55	Lochlain Fisher	St. Helens Sutton AC	5.16		
6	33	James Watts	Leigh Harriers	5.06		
7						
8						

Men's Long Jump B

1	5	Jonathan Causer	St. Helens Sutton AC	4.91		
2	11	Mark Phillips	Deeside AAC	4.88		
3	3	Thomas Henders	Leigh Harriers	4.65		
4	22	Callum Rhodes	East Cheshire Harriers & AC	4.52		
5	66	Joel Philip	Wirral AC	4.51		
6	44	Matthew Browne	Macclesfield Harriers & AC	4.50		
7						
8						

Men's Triple Jump A

1	44	Harry Simpson	Macclesfield Harriers & AC	11.53		
2	11	Lee Wright	Deeside AAC	10.97		
3	33	Alex Urmston	Leigh Harriers	10.84		
4	6	Sam Landsbrough	Wirral AC	10.06		
5	5	-	St. Helens Sutton AC	9.77		
6	2	Marcus Crawford	East Cheshire Harriers & AC	9.28		
7						
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Men's Triple Jump B

1	4	Joshua Carey	Macclesfield Harriers & AC	10.93		
2	1	Mark Phillips	Deeside AAC	10.63		
3	66	-	Wirral AC	9.76		
4	3	Thomas Henders	Leigh Harriers	9.69		
5	22	Callum Rhodes	East Cheshire Harriers & AC	8.31		
6						
7						
8						

Men's High Jump A

1	4	Simon Sloan	Macclesfield Harriers & AC	1.75		☑
2	1	Mark Phillips	Deeside AAC	1.55		
3	3	Alex Urmston	Leigh Harriers	1.45		

Men's High Jump B

1	44	Oscar Johnson	Macclesfield Harriers & AC	1.70		
2	33	James Watts	Leigh Harriers	1.45		
3	11	Lee Wright	Deeside AAC	1.40		

Men's Pole Vault A

1	6	Don Darroch	Wirral AC	3.20		☑
2	4	Rod Grant-Smith	Macclesfield Harriers & AC	3.00		☑
3	1	Lee Wright	Deeside AAC	2.50		
4	3	John Howarth	Leigh Harriers	2.10		

Men's Pole Vault B

1	66	Nathan Mcartney	Wirral AC	2.70		
2	11	Dave Stokes	Deeside AAC	2.10		

Men's 4x100m Relay

1	6	Wirral AC	Sam Landsbrough	Gareth Jones	Joel Philip	Sam Heathcote	45.4
2	2	East Cheshire Harriers & AC	Marcus Crawford	Sam Emery-Shawcross	Alex Green	Daniel Matthews	45.6
3	5	St. Helens Sutton AC	Darren Scott	George Asson	Jonathan Causer	Jacob Beesley	46.6
4	1	Deeside AAC	Reece Middleton	Dillion Savage	Mark Phillips	Lee Wright	47.4
5	3	Leigh Harriers	Peter Hickey	James Watts	Joseph Senior	Ben Livingstone	49.6
6	4	Macclesfield Harriers & AC	Oscar Johnson	Matthew Browne	Joshua Carey	Maurice Bolton	51.0
7							
8							

Division 3W Match 1 - Connahs Quay, Deeside AAC

Perf Record Wind AW

7 May 2016

Perf Wind AW

Men's 4x400m Relay

1	6	Wirral AC	Sam Landsbrough	Joel Philip	Sam Heathcote	Alex McBain	3.31.9
2	3	Leigh Harriers	Callum McCormick	Ethan Jones	Jacob Briscoe	Kristian Wade	3.37.8
3	5	St. Helens Sutton AC	Lochlain Fisher	Jonathan Causer	Samuel Thomson	George Asson	3.39.1
4	2	East Cheshire Harriers & AC	Nathan Barlow	John Trotman	Marcus Crawford	Daniel Matthews	3.41.5
5	4	Macclesfield Harriers & AC	Robert Finns	Matthew Browne	Callum Prendergast	Harry Simpson	3.54.4
6							
7							
8							

MATCH RESULT			STANDINGS		
	League Points	Match		League Points	Match
1 Wirral	6	385.0	1 Wirral	6	385.0
2 Leigh	5	372.0	2 Leigh	5	372.0
3 East C	4	360.0	3 East C	4	360.0
4 St. H	3	354.0	4 St. H	3	354.0
5 Deeside	2	290.0	5 Deeside	2	290.0
6 Macc	1	274.0	6 Macc	1	274.0
7			7		
8			8 #N/A	#N/A	#N/A

Men's 100m Non Scoring

Wind=

1	10	Niall Johnson	Wirral	12.3
2				
3				
4				
5				
6				
7				
8				

Men's 100m Non Scoring

Wind=

1				
2				
3				
4				
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6				
7				
8				

Northern T&F League

Division 3W Match 1 - Connahs Quay, Deeside AAC

Division 3W Match 1 - Connahs Quay, Deeside AAC

				Perf	Record	Wind	AW	7 May 2016					
				Wind=									
<u>Women's 100m A</u>								<u>Women's 100m B</u>					
1	6	Sophie Money	Wirral AC	12.4			☑	1	66	Obi Curry	Wirral AC	12.8	☑
2	5	Jessica Leonard	St. Helens Sutton AC	12.9			☑	2	22	Anaya McDonald	East Cheshire Harriers & AC	13.1	☑
3	2	Rebecca Kenndy	East Cheshire Harriers & AC	13.0			☑	3	44	Amelia Buckey	Macclesfield Harriers & AC	13.9	
4	3	Sanna Mclean	Leigh Harriers	13.6				4	55	Zoe Pye	St. Helens Sutton AC	14.2	
5	1	Anna Williams	Deeside AAC	13.8				5	11	Lauren Evans	Deeside AAC	15.6	
6	4	Suzannah Musgrave	Macclesfield Harriers & AC	13.9				6	33	Emma Bilsbury	Leigh Harriers	16.8	
7								7					
8								8					
<u>Women's 200m A</u>								<u>Women's 200m B</u>					
1	6	Sophie Money	Wirral AC	25.5			☑	1	66	Obi Curry	Wirral AC	25.8	☑
2	1	Siobhan Benson	Deeside AAC	26.4			☑	2	22	Jayde Robinson	East Cheshire Harriers & AC	28.5	
3	2	Rebecca Kenndy	East Cheshire Harriers & AC	26.6			☑	3	33	Courtney Donald	Leigh Harriers	28.8	
4	3	Melissa Evans	Leigh Harriers	27.7				4	44	Holly Malins	Macclesfield Harriers & AC	29.3	
5	4	Amelia Buckey	Macclesfield Harriers & AC	29.0				5	11	Sarah Atkinson	Deeside AAC	29.6	
6	5	Zoe Pye	St. Helens Sutton AC	30.0				6	55	Christina Rimmer	St. Helens Sutton AC	30.1	
7								7					
8								8					
<u>Women's 400m A</u>								<u>Women's 400m B</u>					
1	5	Jessica Leonard	St. Helens Sutton AC	58.4			☑	1	66	Katie Thompson	Wirral AC	59.3	☑
2	2	Bethany Hirst	East Cheshire Harriers & AC	61.5			☑	2	33	Courtney Donald	Leigh Harriers	65.2	
3	3	Melissa Evans	Leigh Harriers	62.7			☑	3	22	Wendy Andrews	East Cheshire Harriers & AC	70.2	
4	6	Juliet Hodder	Wirral AC	63.9			☑	4	44	Barbara Murray	Macclesfield Harriers & AC	74.6	
5	1	Martha Owen	Deeside AAC	66.6				5	55	Louise Hogg	St. Helens Sutton AC	75.2	
6	4	Naomi Kershaw	Macclesfield Harriers & AC	67.0				6				85.5	
7								7					
8								8					
<u>Women's 800m A</u>								<u>Women's 800m B</u>					
1	6	Sophie Tarver	Wirral AC	2.11.9				1	66	Aileen Kearney	Wirral AC	2.20.1	
2	2	Bethany Hirst	East Cheshire Harriers & AC	2.24.4				2	33	Eve Williams	Leigh Harriers	2.31.0	
3	5	Rachel McGoldrick	St. Helens Sutton AC	2.28.8				3	55	Louise Hogg	St. Helens Sutton AC	3.01.1	
4	3	Courtney Donald	Leigh Harriers	2.30.9				4	44	Hanny Stockman	Macclesfield Harriers & AC	3.07.2	
5	1	Martha Owen	Deeside AAC	2.34.6				5					
6	4	Alison Hartopp	Macclesfield Harriers & AC	2.44.2				6					
7								7					
8								8					
<u>Women's 1500m A</u>								<u>Women's 1500m B</u>					
1	4	Hanny Stockman	Macclesfield Harriers & AC	4.47.3				1	5	Rachel McGoldrick	St. Helens Sutton AC	5.10.9	
2	6	Katie Thompson	Wirral AC	4.56.1				2	66	Phoebe Croft	Wirral AC	5.16.4	
3	55	Rachael Fairclough	St. Helens Sutton AC	5.09.7				3	33	Eleanor Bond	Leigh Harriers	5.43.5	
4	3	Eve Williams	Leigh Harriers	5.33.5				4	22	Jen Read	East Cheshire Harriers & AC	6.11.7	
5	2	Pam Read	East Cheshire Harriers & AC	5.57.3				5					
6								6					
7								7					
8								8					
<u>Women's 3000m A</u>								<u>Women's 3000m B</u>					
1	55	Gemma Connolly	St. Helens Sutton AC	10.43.9				1	5	Rachael Fairclough	St. Helens Sutton AC	10.57.8	
2	4	Louisa Whittingham	Macclesfield Harriers & AC	10.48.1				2	66	Aileen Kearney	Wirral AC	11.42.4	
3	6	Fiona Nuttall	Wirral AC	11.14.1				3	22	Jen Read	East Cheshire Harriers & AC	13.01.0	
4	2	Pam Read	East Cheshire Harriers & AC	12.38.0				4	44	Hanny Stockman	Macclesfield Harriers & AC	14.12.7	
5								5					
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Northern T&F League

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Perf
Record
Wind
AW

7 May 2016

Perf
Wind
AW

Women's 400m Hurdles A

1	1	Anna Williams	Deeside AAC	73.7	☒
2	2	Lauren Alford	East Cheshire Harriers & AC	74.3	
3	6	-	Wirral AC	80.2	
4	5	Karen Marsh	St. Helens Sutton AC	80.9	
5	3	Emma Bilsbury	Leigh Harriers	87.6	
6					
7					
8					

Women's 400m Hurdles B

1	11	-	Deeside AAC	1.42.6	
2					
3					
4					
5					
6					
7					
8					

Women's 100m Hurdles A

Wind=

1	2	Lauren Alford	East Cheshire Harriers & AC	18.3	
2	5	Karen Marsh	St. Helens Sutton AC	19.4	
3	1	Anna Woodward	Deeside AAC	20.1	
4	3	Emma Bilsbury	Leigh Harriers	22.4	
5					
6					
7					
8					

Women's 100m Hurdles B

Wind=

1	11	Ailish Leiper	Deeside AAC	20.4	
2					
3					
4					
5					
6					
7					
8					

Women's Hammer A

1	1	Amber Simpson	Deeside AAC	47.09	☒
2	5	Patricia Spark	St. Helens Sutton AC	39.01	☒
3	22	Bethany Pearson	East Cheshire Harriers & AC	36.06	☒
4	3	Carla Winstanley	Leigh Harriers	28.28	☒
5	6	Fiona Nuttall	Wirral AC	17.14	
6	4	Den Masset	Macclesfield Harriers & AC	13.93	
7					
8					

Women's Hammer B

1	11	Megan Weetman	Deeside AAC	34.72	☒
2	2	Melanie Lee	East Cheshire Harriers & AC	33.37	☒
3	55	Julia Hayes	St. Helens Sutton AC	19.79	
4	33	Diane Denney	Leigh Harriers	16.09	
5	66	Lisa Nuttall	Wirral AC	15.43	
6	44	Naomi Kershaw	Macclesfield Harriers & AC	13.79	
7					
8					

Women's Discus A

1	1	Sabrina Fortiune	Deeside AAC	36.09	☒
2	6	Zitta Aspell	Wirral AC	32.65	☒
3	3	Carla Winstanley	Leigh Harriers	22.15	
4	55	Amy Hughes	St. Helens Sutton AC	20.39	
5	22	-	East Cheshire Harriers & AC	16.08	
6	44	Den Masset	Macclesfield Harriers & AC	15.94	
7					
8					

Women's Discus B

1	11	Amber Simpson	Deeside AAC	34.21	☒
2	5	Patricia Spark	St. Helens Sutton AC	19.89	
3	33	Emma Bilsbury	Leigh Harriers	17.37	
4	66	Holly Meador	Wirral AC	15.86	
5	4	Amelia Buckey	Macclesfield Harriers & AC	14.56	
6	2	Paige Ditchfield	East Cheshire Harriers & AC	14.21	
7					
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Women's Javelin A

1	2	Paige Ditchfield	East Cheshire Harriers & AC	31.30	☒
2	1	Tia Williams	Deeside AAC	31.27	☒
3	6	Fiona Nuttall	Wirral AC	29.16	☒
4	3	Wendy Laing	Leigh Harriers	25.47	☒
5	5	Alexandria Bottonley	St. Helens Sutton AC	24.22	
6	4	Den Masset	Macclesfield Harriers & AC	10.87	
7					
8					

Women's Javelin B

1	66	Zitta Aspell	Wirral AC	22.99	
2	33	Courtney Donald	Leigh Harriers	19.57	
3	22	Bethany Pearson	East Cheshire Harriers & AC	17.15	
4	55	Christina Rimmer	St. Helens Sutton AC	13.12	
5	44	Clare Finnis	Macclesfield Harriers & AC	5.85	
6	11	Anna Woodward	Deeside AAC	4.84	
7					
8					

Women's Shot Putt A

1	1	Sabrina Fortiune	Deeside AAC	12.10	☒
2	3	Carla Winstanley	Leigh Harriers	9.80	☒
3	5	Patricia Spark	St. Helens Sutton AC	9.36	☒
4	6	Ella Johnson	Wirral AC	8.32	☒
5	4	Naomi Kershaw	Macclesfield Harriers & AC	7.86	
6	22	Bethany Pearson	East Cheshire Harriers & AC	7.24	
7					
8					

Women's Shot Putt B

1	33	Wendy Laing	Leigh Harriers	8.90	☒
2	55	Jessica Leonard	St. Helens Sutton AC	8.51	☒
3	66	Zitta Aspell	Wirral AC	6.98	
4	11	Megan Weetman	Deeside AAC	6.55	
5	44	Anna Carey	Macclesfield Harriers & AC	5.70	
6					
7					
8					

Division 3W Match 1 - Connaught Quay, Deeside AAC

Perf
Record
Wind
AW

7 May 2016

Perf
Wind
AW

Women's Long Jump A

1	2	Rebecca Kenndy	East Cheshire Harriers & AC	5.11		☑
2	3	Senna Mclean	Leigh Harriers	4.92		☑
3	11	Lauren Evans	Deeside AAC	4.48		
4	55	Amy Hughes	St. Helens Sutton AC	4.38		
5	4	Suzannah Musgrave	Macclesfield Harriers & AC	4.28		
6	6	Fiona Nuttall	Wirral AC	2.31		
7						
8						

Women's Long Jump B

1	33	Melissa Evans	Leigh Harriers	4.50		
2	22	Jayde Robinson	East Cheshire Harriers & AC	4.46		
3	5	Zoe Pye	St. Helens Sutton AC	3.99		
4	1	Anna Woodward	Deeside AAC	3.87		
5						
6						
7						
8						

Women's Triple Jump A

1	6	Aileen Kearney	Wirral AC	9.74		☑
2	1	Sarah Atkinson	Deeside AAC	9.53		☑
3	4	Holly Malins	Macclesfield Harriers & AC	9.40		
4	3	Senna Mclean	Leigh Harriers	9.28		
5	5	Amy Hughes	St. Helens Sutton AC	9.11		
6	2	Bethan Hirst	East Cheshire Harriers & AC	9.06		
7						
8						

Women's Triple Jump B

1	66	Katie Thompson	Wirral AC	9.11		
2	22	Anaya McDonald	East Cheshire Harriers & AC	8.99		
3	11	Lauren Evans	Deeside AAC	8.66		
4	44	Suzannah Musgrave	Macclesfield Harriers & AC	8.62		
5	33	Emma Bilsbury	Leigh Harriers	8.29		
6						
7						
8						

Women's High Jump A

1	2	Lauren Alford	East Cheshire Harriers & AC	1.50		☑
2	3	Wendy Laing	Leigh Harriers	1.45		
3	5	Amy Hughes	St. Helens Sutton AC	1.35		
4	6	Aileen Kearney	Wirral AC	1.30		
5	1	Sarah Atkinson	Deeside AAC	1.20		

Women's High Jump B

1=	66	-	Wirral AC	1.25		
1=	22	Anaya McDonald	East Cheshire Harriers & AC	1.25		
3	11	Ailish Leiper	Deeside AAC	1.10		

Women's Pole Vault A

1	6	Ella Johnson	Wirral AC	2.50		☑
2	3	Emma Bilsbury	Leigh Harriers	1.80		

Women's Pole Vault B

Women's 4x100m Relay

1	6	Wirral AC	Sophie Money	Obi Curry	Holly Meador	Taylor Harry	51.2	☑
2	2	East Cheshire Harriers & AC	Anaya McDonald	Jayde Robinson	Wendy Andrews	Rebecca Kenndy	53.5	
3	4	Macclesfield Harriers & AC	Naomi Kershaw	Amelia Buckley	Holly Malins	Suzannah Musgrave	54.8	
4	5	St. Helens Sutton AC	Jessica Leonard	Zoe Pye	Karen Marsh	Amy Hughes	55.8	
5	1	Deeside AAC	Sarah Atkinson	Anna Woodward	Anna Williams	Ailish Leiper	56.5	
6	3	Leigh Harriers	Emma Bilsbury	Sanna Mclean	Diane Denney	Melissa Evans	58.2	
7								
8								

Women's 4x400m Relay

1	6	Wirral AC	Aileen Kearney	Sophie Money	Fiona Nuttall	Hannah Durrant	04:09.3	☑
2	5	St. Helens Sutton AC	Jessica Leonard	Rachel McGoldrick	Karen Marsh	Rachell Fairclough	04:28.7	
3	3	Leigh Harriers	Melissa Evans	Courtney Donald	Eleanor Bond	Eve Williams	04:29.8	
4	2	East Cheshire Harriers & AC	Lauren Alford	Jayde Robinson	Becky Kennedy	Beth Hurst	04:35.1	
5	4	Macclesfield Harriers & AC	Sarah Stockman	Hanny Stockman	Holly Malins	Naomi Kershaw	04:45.7	
6								
7								
8								



Northern T&F League

Division 3W Match 1 - Connaught Quay, Deeside AAC

			Perf	Record	Wind	AW
<u>Women's 100m Non Scoring</u>			Wind=			
1	14	Holly Meador	Wirral	13.4		
2						
3						
4						
5						
6						
7						
8						

Women's 1500m Steeplechase

1	
2	
3	
4	
5	
6	
7	
8	

7 May 2016

			Perf	Record	Wind	AW
<u>Women's 100m Non Scoring</u>			Wind=			
1						
2						
3						
4						
5						
6						
7						
8						

Events	Deeside		East C		Leigh		Macc		St. H		Wirral						UNUSED		TOTAL	
Men's 100m	5	3	6	4	3	2	4	1	7	5	9	7							34	22
Men's 200m	5	3	7	4	3	2	4	1	6	7	9	5							34	22
Men's 400m	9		6	7	5	3	3		4	4	7	5					3		34	22
Men's 800m			6	4	5	3	4		9	5	7	7					3	3	34	22
Men's 1500m	3		7	4	9	7	5		6	3	4	5					3		34	22
Men's 3000m S/Chase			9	5	6	7			7	4	5	3					7	3	34	22
Men's 5000m			6	3	9	7			5	4	7	5					7	3	34	22
Men's 400m Hurdles	4		5	4	7	7	6		9	5							3	6	34	22
Men's 110m Hurdles					7	5	9	7	6								12	10	34	22
Men's Hammer	5	3	6	4	9	7	4	5	7	2	3	1							34	22
Men's Discus	4	2	5	4	9	3	6	5	7	7	3	1							34	22
Men's Javelin	4	3	9	5	6	4	5	7	7	1	3	2							34	22
Men's Shot Putt	4	3	9	7	7	2	6	5	5	4	3	1							34	22
Men's Long Jump	5	5	6	3	3	4	7	1	4	7	9	2							34	22
Men's Triple Jump	7	5	3	2	6	3	9	7	4		5	4						1	34	22
Men's High Jump	7	4			6	5	9	7									12	6	34	22
Men's Pole Vault	6	5			5		7				9	7					7	10	34	22
Men's 4x100m Relay	5		7		4		3		6		9							22	34	22
Men's 4x400m Relay			5		7		4		6		9						3	22	34	22
	73	36	102	60	116	71	95	46	105	58	101	55					54	92	646	418

Women's 100m	4	2	6	5	5	1	3	4	7	3	9	7							34	22
Women's 200m	7	2	6	5	5	4	4	3	3	1	9	7							34	22
Women's 400m	4		7	4	6	5	3	3	9	2	5	7						1	34	22
Women's 800m	4		7		5	5	3	3	6	4	9	7						3	34	22
Women's 1500m			4	3	5	4	9		6	7	7	5					3	3	34	22
Women's 1500m S/Chase																				
Women's 3000m			5	4			7	3	9	7	6	5					7	3	34	22
Women's 400m Hurdles	9	7	7		4				5		6						3	15	34	22
Women's 100m Hurdles	6	7	9		5				7								7	15	34	22
Women's Hammer	9	7	6	5	5	3	3	1	7	4	4	2							34	22
Women's Discus	9	7	4	1	6	4	3	2	5	5	7	3							34	22
Women's Javelin	7	1	9	4	5	5	3	2	4	3	6	7							34	22
Women's Shot Putt	9	3	3		7	7	4	2	6	5	5	4						1	34	22
Women's Long Jump	6	3	9	5	7	7	4		5	4	3							3	34	22
Women's Triple Jump	7	4	3	5	5	2	6	3	4		9	7						1	34	22
Women's High Jump	4	4	9	6	7				6		5	6					3	6	34	22
Women's Pole Vault					7						9						18	22	34	22
Women's 4x100m Relay	4		7		3		6		5		9							22	34	22
Women's 4x400m Relay			5		6		4		7		9						3	22	34	22
	89	47	106	47	93	47	62	26	101	45	117	67					44	117	612	396

Match Summary	Deeside		East C		Leigh		Macc		St. H		Wirral						UNUSED	TOTAL
Teams	245.0		315.0		327.0		229.0		309.0		340.0						307.0	2072.0
Officials Points	45.0		45.0		45.0		45.0		45.0		45.0						270.0	540.0
Total	290.0		360.0		372.0		274.0		354.0		385.0						577.0	2612.0
Match Position	5		3		2		6		4		1		7		7			
League Points	2		4		5		1		3		6							

Standings	Deeside		East C		Leigh		Macc		St. H		Wirral			
League Points	2.0		4.0		5.0		1.0		3.0		6.0			
Match Points	290.0		360.0		372.0		274.0		354.0		385.0			
League Positions	5		3		2		6		4		1		7	