

Division 3E Match 3 - Monkton Stadium

| | | Perf | Record | Wind | AW | 3 July 2016 | | Perf | Wind |
|------------------------------|-------|--------------------|-----------------------|---------|----|-------------------------------------|--|------|------|
| Men's 100m A | | | | | | | | | |
| | Wind= | | | | | | | | |
| 1 | 1 | Greg Venyo | Durham Ciy Harriers | 11.7 | | | | | |
| 2 | 2 | James Andrew | Jarrow & Hebburn AC | 11.8 | | | | | |
| 3 | 5 | Phil Pitt | South Shields/Birtley | 12.0 | | | | | |
| 4 | 3 | George Dawson | Middlesborough | 12.1 | | | | | |
| 5 | 6 | Bryn Mordey | Tynedale Harriers | 12.3 | | | | | |
| 6 | 4 | Jakob Nailen | North Shields Poly | 12.8 | | | | | |
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| Men's 100m B | | | | | | | | | |
| | Wind= | | | | | | | | |
| 1 | 33 | Caleb Hanif | Middlesborough | 11.9 | | | | | |
| 2 | 22 | Oskar Maatta | Jarrow & Hebburn AC | 12.4 | | | | | |
| 3 | 66 | Samir Bayou | Tynedale Harriers | 12.4 | | | | | |
| 4 | 11 | Josh Peel | Durham Ciy Harriers | 12.5 | | | | | |
| 5 | 55 | George Bull | South Shields/Birtley | 13.2 | | | | | |
| 6 | 44 | David Hughes | North Shields Poly | 13.9 | | | | | |
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| Men's 200m A | | | | | | | | | |
| | Wind= | | | | | | | | |
| 1 | 3 | Ryan Nimmo | Middlesborough | 23.5 | | | | | |
| 2 | 1 | Greg Venyo | Durham Ciy Harriers | 23.5 | | | | | |
| 3 | 6 | Bryn Mordey | Tynedale Harriers | 24.1 | | | | | |
| 4 | 5 | Phil Pitt | South Shields/Birtley | 24.3 | | | | | |
| 5 | 2 | James Andrew | Jarrow & Hebburn AC | 24.9 | | | | | |
| 6 | 4 | David Hughes | North Shields Poly | 28.7 | | | | | |
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| Men's 200m B | | | | | | | | | |
| | Wind= | | | | | | | | |
| 1 | 33 | Alex Nixon | Middlesborough | 23.9 | | | | | |
| 2 | 66 | Samir Bayou | Tynedale Harriers | 25.2 | | | | | |
| 3 | 11 | Gabrial Tallara | Durham Ciy Harriers | 25.6 | | | | | |
| 4 | 22 | Oskar Maatta | Jarrow & Hebburn AC | 26.2 | | | | | |
| 5 | 55 | George Bull | South Shields/Birtley | 27.2 | | | | | |
| 6 | 4 | David Hughes | North Shields Poly | 29.4 | | | | | |
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| Men's 400m A | | | | | | | | | |
| | | | | | | | | | |
| 1 | 6 | Lea Stephenson | Tynedale Harriers | 49.8 | | <input checked="" type="checkbox"/> | | | |
| 2 | 1 | Tim Tetlow | Durham Ciy Harriers | 50.9 | | <input checked="" type="checkbox"/> | | | |
| 3 | 5 | Michael Todd | South Shields/Birtley | 55.0 | | | | | |
| 4 | 2 | Oskar Maatta | Jarrow & Hebburn AC | 57.1 | | | | | |
| 5 | 4 | James Mole | North Shields Poly | 57.5 | | | | | |
| 6 | 3 | Caleb Hanif | Middlesborough | 64.6 | | | | | |
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| Men's 400m B | | | | | | | | | |
| | | | | | | | | | |
| 1 | 66 | Jamie Adams | Tynedale Harriers | 51.7 | | | | | |
| 2 | 11 | Scott Armstrong | Durham Ciy Harriers | 54.0 | | | | | |
| 3 | 55 | Declan Marshall | South Shields/Birtley | 55.8 | | | | | |
| 4 | 33 | Ahmed Al-Kufaisi | Middlesborough | 57.0 | | | | | |
| 5 | 22 | Jonny Evans | Jarrow & Hebburn AC | 61.7 | | | | | |
| 6 | 44 | David Hughes | North Shields Poly | 62.9 | | | | | |
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| Men's 800m A | | | | | | | | | |
| | | | | | | | | | |
| 1 | 6 | Adam Pratt | Tynedale Harriers | 02:00.0 | | <input checked="" type="checkbox"/> | | | |
| 2 | 2 | George Lowry | Jarrow & Hebburn AC | 02:05.3 | | | | | |
| 3 | 4 | Scott Ellis | North Shields Poly | 02:06.6 | | | | | |
| 4 | 5 | Michael Todd | South Shields/Birtley | 02:08.2 | | | | | |
| 5 | 1 | Rob Everson | Durham Ciy Harriers | 02:12.7 | | | | | |
| 6 | 3 | Ben Palmer | Middlesborough | 02:53.7 | | | | | |
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| Men's 800m B | | | | | | | | | |
| | | | | | | | | | |
| 1 | 66 | Greg Urwin | Tynedale Harriers | 02:07.0 | | | | | |
| 2 | 55 | Kieran Moffat | South Shields/Birtley | 02:09.3 | | | | | |
| 3 | 22 | Jonny Evans | Jarrow & Hebburn AC | 02:11.5 | | | | | |
| 4 | 11 | Jason Caterall | Durham Ciy Harriers | 02:13.8 | | | | | |
| 5 | 44 | Jake Hill | North Shields Poly | 02:20.2 | | | | | |
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| Men's 1500m A | | | | | | | | | |
| | | | | | | | | | |
| 1 | 1 | James Askew | Durham Ciy Harriers | 04:12.4 | | <input checked="" type="checkbox"/> | | | |
| 2 | 2 | George Lowry | Jarrow & Hebburn AC | 04:18.3 | | <input checked="" type="checkbox"/> | | | |
| 3 | 66 | Andy Green | Tynedale Harriers | 4.26.2 | | | | | |
| 4 | 4 | Scott Ellis | North Shields Poly | 04:27.7 | X | <input checked="" type="checkbox"/> | | | |
| 5 | 3 | Ben Bergastrand | Middlesborough | 04:36.9 | | <input checked="" type="checkbox"/> | | | |
| 6 | 5 | Kieran Moffat | South Shields/Birtley | 04:38.5 | | <input checked="" type="checkbox"/> | | | |
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| Men's 1500m B | | | | | | | | | |
| | | | | | | | | | |
| 1 | 22 | Lee Gillford | Jarrow & Hebburn AC | 04:29.4 | | | | | |
| 2 | 11 | Rob Everson | Durham Ciy Harriers | 04:30.5 | | | | | |
| 3 | 44 | Simon Ellis | North Shields Poly | 05:07.7 | | | | | |
| 4 | 33 | Ben Palmer | Middlesborough | 05:14.4 | | | | | |
| 5 | 6 | Adam Pratt | Tynedale Harriers | DNF | | | | | |
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| Men's 3000m S/Chase A | | | | | | | | | |
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| 1 | 4 | Scott Ellis | North Shields Poly | 11:38.9 | | <input checked="" type="checkbox"/> | | | |
| 2 | 3 | Christopher Wright | Middlesborough | 12:53.4 | | <input checked="" type="checkbox"/> | | | |
| 3 | 5 | Neil Yorston | South Shields/Birtley | 12:55.4 | | <input checked="" type="checkbox"/> | | | |
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| Men's 3000m S/Chase B | | | | | | | | | |
| | | | | | | | | | |
| 1 | 44 | Simon Ellis | North Shields Poly | 12:00.2 | | | | | |
| 2 | 33 | Martin Croft | Middlesborough | 16:21.0 | | | | | |
| 3 | | | | | | | | | |
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Division 3E Match 3 - Monkton Stadium

| | | | | Perf | Record | Wind | AW | 3 July 2016 | | | | Perf | Wind |
|-----------------------------|----|-------------------|-----------------------|---------|--------|------|-------------------------------------|-----------------------------|----|------------------|-----------------------|---------|-------|
| Men's 5000m A | | | | | | | | Men's 5000m B | | | | | |
| 1 | 2 | Andy Burn | Jarrow & Hebburn AC | 15:43.8 | | | <input checked="" type="checkbox"/> | 1 | 1 | Rob Eaton | Durham Ciy Harriers | 15:52.2 | |
| 2 | 11 | Matt Hornsby | Durham Ciy Harriers | 15:49.6 | | | <input checked="" type="checkbox"/> | 2 | 22 | Brendan McMillan | Jarrow & Hebburn AC | 16:27.2 | |
| 3 | 3 | Adam Mitchell | Middlesborough | 16:21.3 | | | <input checked="" type="checkbox"/> | 3 | | | | | |
| 4 | 4 | Scott Ellis | North Shields Poly | 18:49.2 | | | | 4 | | | | | |
| 5 | 5 | Neil Yorston | South Shields/Birtley | 22:25.2 | | | | 5 | | | | | |
| 6 | | | | | | | | 6 | | | | | |
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| Men's 400m Hurdles A | | | | | | | | Men's 400m Hurdles B | | | | | |
| 1 | 6 | Darren Towart | Tynedale Harriers | 60.8 | | | <input checked="" type="checkbox"/> | 1 | 66 | Adam Pratt | Tynedale Harriers | 61.4 | |
| 2 | 5 | Michael Welford | South Shields/Birtley | 68.4 | | | | 2 | 44 | Michael Moore | North Shields Poly | 80.1 | |
| 3 | 1 | Paul Donaghy | Durham Ciy Harriers | 72.6 | | | | 3 | 55 | Neil Yorston | South Shields/Birtley | 82.4 | |
| 4 | 4 | Richard Baker | North Shields Poly | 74.0 | | | | 4 | | | | | |
| 5 | 3 | Noveed Adris | Middlesborough | 81.3 | | | | 5 | | | | | |
| 6 | | | | | | | | 6 | | | | | |
| 7 | | | | | | | | 7 | | | | | |
| 8 | | | | | | | | 8 | | | | | |
| Men's 110m Hurdles A | | | | | | | | Men's 110m Hurdles B | | | | | |
| | | | | | Wind= | | | | | | | | Wind= |
| 1 | 2 | James Andrew | Jarrow & Hebburn AC | 18.4 | | | | 1 | | | | | |
| 2 | 6 | Adam Pratt | Tynedale Harriers | 19.8 | | | | 2 | | | | | |
| 3 | 5 | Michael Welford | South Shields/Birtley | 21.0 | | | | 3 | | | | | |
| 4 | 66 | Greg Urwin | Tynedale Harriers | 21.3 | | | | 4 | | | | | |
| 5 | 4 | Richard Baker | North Shields Poly | 23.5 | | | | 5 | | | | | |
| 6 | 3 | Noveed Adris | Middlesborough | 23.5 | | | | 6 | | | | | |
| 7 | | | | | | | | 7 | | | | | |
| 8 | | | | | | | | 8 | | | | | |
| Men's Hammer A | | | | | | | | Men's Hammer B | | | | | |
| 1 | 3 | Martin Croft | Middlesborough | 45.12 | | | <input checked="" type="checkbox"/> | 1 | 33 | Richard Jeal | Middlesborough | 32.70 | |
| 2 | 4 | Dan Thirwell | North Shields Poly | 41.78 | | | <input checked="" type="checkbox"/> | 2 | 6 | Matthew Burns | Tynedale Harriers | 21.85 | |
| 3 | 66 | Phil Crawford | Tynedale Harriers | 23.71 | | | | 3 | 22 | Michael Bunn | Jarrow & Hebburn AC | 14.01 | |
| 4 | 2 | Terry Hudson | Jarrow & Hebburn AC | 23.24 | | | | 4 | 44 | Michael Moore | North Shields Poly | 13.64 | |
| 5 | 55 | Neil Yorston | South Shields/Birtley | 17.73 | | | | 5 | 11 | Geoff Watson | Durham Ciy Harriers | 13.39 | |
| 6 | 1 | Paul Donaghy | Durham Ciy Harriers | 17.39 | | | | 6 | 5 | Owen McGarzell | South Shields/Birtley | 11.31 | |
| 7 | | | | | | | | 7 | | | | | |
| 8 | | | | | | | | 8 | | | | | |
| Men's Discus A | | | | | | | | Men's Discus B | | | | | |
| 1 | 3 | David Dowson | Middlesborough | 41.27 | | | <input checked="" type="checkbox"/> | 1 | 33 | Steven Birse | Middlesborough | 30.23 | |
| 2 | 66 | Phil Crawford | Tynedale Harriers | 34.98 | | | <input checked="" type="checkbox"/> | 2 | 6 | Matthew Burns | Tynedale Harriers | 22.84 | |
| 3 | 4 | Dan Thirwell | North Shields Poly | 22.93 | | | | 3 | 2 | James Andrew | Jarrow & Hebburn AC | 20.06 | |
| 4 | 22 | Terry Hudson | Jarrow & Hebburn AC | 22.72 | | | | 4 | 44 | Mel Carr | North Shields Poly | 15.79 | |
| 5 | 11 | Paul Donaghy | Durham Ciy Harriers | 19.32 | | | | 5 | 1 | Rob ? | Durham Ciy Harriers | 11.64 | |
| 6 | 55 | Ken McDonald | South Shields/Birtley | 7.67 | | | | 6 | 5 | Owen McGarzell | South Shields/Birtley | 7.42 | |
| 7 | | | | | | | | 7 | | | | | |
| 8 | | | | | | | | 8 | | | | | |
| Men's Javelin A | | | | | | | | Men's Javelin B | | | | | |
| 1 | 3 | Steven Birse | Middlesborough | 48.60 | | | <input checked="" type="checkbox"/> | 1 | 66 | Phil Crawford | Tynedale Harriers | 34.04 | |
| 2 | 6 | Matthew Burns | Tynedale Harriers | 42.59 | | | <input checked="" type="checkbox"/> | 2 | 33 | David Dowson | Middlesborough | 32.53 | |
| 3 | 1 | Josh Peel | Durham Ciy Harriers | 41.59 | | | <input checked="" type="checkbox"/> | 3 | 11 | Gabrial Tallara | Durham Ciy Harriers | 28.22 | |
| 4 | 4 | Graeme Wordsworth | North Shields Poly | 27.78 | | | | 4 | 44 | Michael Moore | North Shields Poly | 27.62 | |
| 5 | 22 | Terry Hudson | Jarrow & Hebburn AC | 27.44 | | | | 5 | 2 | Michael Bunn | Jarrow & Hebburn AC | 23.95 | |
| 6 | 5 | Phil Pitt | South Shields/Birtley | 25.66 | | | | 6 | 55 | Neil Yorston | South Shields/Birtley | 20.71 | |
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Division 3E Match 3 - Monkton Stadium

| | | | | Perf | Record | Wind | AW | 3 July 2016 | | | | Perf | Wind |
|-----------------------------------|----|-----------------------|-----------------------|------------------|----------------|-----------------|-------------------------------------|-----------------------------------|----|--------------------|---------------------|-------|------|
| <u>Men's Shot Putt A</u> | | | | | | | | <u>Men's Shot Putt B</u> | | | | | |
| 1 | 3 | David Dowson | Middlesborough | 14.89 | | | <input checked="" type="checkbox"/> | 1 | 33 | Steven Birse | Middlesborough | 11.88 | |
| 2 | 4 | Dan Thirwell | North Shields Poly | 10.10 | | | <input checked="" type="checkbox"/> | 2 | 6 | Matthew Burns | Tynedale Harriers | 9.16 | |
| 3 | 66 | Phil Crawford | Tynedale Harriers | 9.62 | | | | 3 | 44 | Michael Moore | North Shields Poly | 7.54 | |
| 4 | 5 | Phil Pitt | South Shields/Birtley | 8.49 | | | | 4 | 22 | Micheal Bunn | Jarrow & Hebburn AC | 6.07 | |
| 5 | 2 | Terry Hudson | Jarrow & Hebburn AC | 8.27 | | | | 5 | 11 | Jason Caterall | Durham Ciy Harriers | 5.70 | |
| 6 | 1 | Paul Donaghy | Durham Ciy Harriers | 6.20 | | | | 6 | | | | | |
| 7 | | | | | | | | 7 | | | | | |
| 8 | | | | | | | | 8 | | | | | |
| <u>Men's Long Jump A</u> | | | | | | | | <u>Men's Long Jump B</u> | | | | | |
| 1 | 2 | James Andrew | Jarrow & Hebburn AC | 6.39 | | | <input checked="" type="checkbox"/> | 1 | 33 | Steven Wheeler | Middlesborough | 5.53 | |
| 2 | 3 | Robert Longstaff | Middlesborough | 5.75 | | | | 2 | 11 | Gabrial Tallara | Durham Ciy Harriers | 5.34 | |
| 3 | 1 | Zac Renwick | Durham Ciy Harriers | 5.43 | | | | 3 | 6 | Bryn Mordey | Tynedale Harriers | 4.94 | |
| 4 | 66 | Robert Hewitt | Tynedale Harriers | 5.38 | | | | 4 | 4 | Richard Baker | North Shields Poly | 4.06 | |
| 5 | 44 | Michael Moore | North Shields Poly | 4.50 | | | | 5 | | | | | |
| 6 | 5 | Neil Yorston | South Shields/Birtley | 4.24 | | | | 6 | | | | | |
| 7 | | | | | | | | 7 | | | | | |
| 8 | | | | | | | | 8 | | | | | |
| <u>Men's Triple Jump A</u> | | | | | | | | <u>Men's Triple Jump B</u> | | | | | |
| 1 | 2 | James Andrew | Jarrow & Hebburn AC | 13.03 | | | <input checked="" type="checkbox"/> | 1 | 33 | Christopher Wright | Middlesborough | 9.46 | |
| 2 | 3 | Robert Longstaff | Middlesborough | 11.98 | | | <input checked="" type="checkbox"/> | 2 | 11 | Jason Caterall | Durham Ciy Harriers | 9.33 | |
| 3 | 1 | Zac Renwick | Durham Ciy Harriers | 11.07 | | | | 3 | 44 | Mel Carr | North Shields Poly | 7.10 | |
| 4 | 66 | Robert Hewitt | Tynedale Harriers | 10.98 | | | | 4 | | | | | |
| 5 | 5 | Neil Yorston | South Shields/Birtley | 9.26 | | | | 5 | | | | | |
| 6 | 4 | Richard Baker | North Shields Poly | 9.14 | | | | 6 | | | | | |
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| <u>Men's High Jump A</u> | | | | | | | | <u>Men's High Jump B</u> | | | | | |
| 1 | 3 | Robert Longstaff | Middlesborough | 1.60 | | | | 1 | 33 | Hemin Mohamedi | Middlesborough | 1.60 | |
| 2 | 6 | Matthew Burns | Tynedale Harriers | 1.55 | | | | 2 | 66 | Greg Urwin | Tynedale Harriers | 1.40 | |
| 3 | 1 | Zac Renwick | Durham Ciy Harriers | 1.50 | | | | | | | | | |
| 4 | 2 | Oskar Maatta | Jarrow & Hebburn AC | 1.50 | | | | | | | | | |
| <u>Men's Pole Vault A</u> | | | | | | | | <u>Men's Pole Vault B</u> | | | | | |
| 1 | 3 | Charlie Myers | Middlesborough | 5.10 | | | <input checked="" type="checkbox"/> | 1 | 33 | Glen Blenkinsop | Middlesborough | 2.70 | |
| 2 | 6 | Robert Hewitt | Tynedale Harriers | 2.80 | | | | 2 | 66 | Phil Crawford | Tynedale Harriers | 2.50 | |
| <u>Men's 4x100m Relay</u> | | | | | | | | | | | | | |
| 1 | 3 | Middlesborough | Ryan Nimmo | Caleb Hanif | Steven Wheeler | Alex Nixon | 44.4 | | | | | | |
| 2 | 6 | Tynedale Harriers | Lea Stephenson | Samir Bayou | Bryn Mordey | Gary Fenwick | 45.9 | | | | | | |
| 3 | 1 | Durham Ciy Harriers | Greg Venyo | Josh Peel | Paul Donaghy | Gabrial Tallara | 47.1 | | | | | | |
| 4 | 5 | South Shields/Birtley | Michael Welford | Declan Marshall | George Bull | Phil Pitt | 48.9 | | | | | | |
| 5 | 4 | North Shields Poly | Jakob Nailen | Spencer Brown | David Hughes | Michael Moore | 57.9 | | | | | | |
| 6 | 2 | Jarrow & Hebburn AC | George Lowry | Brendan McMillan | Jonny Evans | James Andrew | 58.6 | | | | | | |
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Northern T&F League

Division 3E Match 3 - Monkton Stadium

Perf Record Wind AW 3 July 2016

Perf Wind

Men's 4x400m Relay

| | | | | | | | |
|---|---|-----------------------|------------------|-----------------|-----------------|------------------|---------|
| 1 | 6 | Tynedale Harriers | Lea Stephenson | Adam Pratt | Jamie Adams | Greg Urwin | 03:29.0 |
| 2 | 1 | Durham City Harriers | Tim Tetlow | Scott Armstrong | Jason Caterall | James Askew | 03:40.2 |
| 3 | 3 | Middlesborough | Robert Longstaff | Charlie Myers | George Dawson | Ahmed Al-Kufaisi | 03:46.6 |
| 4 | 5 | South Shields/Birtley | Kieran Moffat | George Bull | Declan Marshall | Michael Todd | 03:59.8 |
| 5 | 4 | North Shields Poly | Scott Ellis | Simon Ellis | Mel Carr | James Mole | 04:12.8 |
| 6 | 2 | Jarrow & Hebburn AC | Brendan McMillan | Jonny Evans | Oskar Maatta | George Lowry | 04:19.2 |
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| MATCH RESULT | | | League Points | Match | STANDINGS | | | |
|--------------|-----|--|---------------|-------|-----------|-----|----|--------|
| 1 | MID | | 6 | 397.0 | 1 | MID | 17 | 1129.5 |
| 2 | TYN | | 5 | 337.5 | 2 | TYN | 15 | 1060.5 |
| 3 | J&H | | 4 | 320.0 | 3 | DCH | 11 | 963.0 |
| 4 | DCH | | 3 | 307.0 | 4 | J&H | 11 | 921.0 |
| 5 | NSP | | 2 | 304.0 | 5 | NSP | 6 | 864.0 |
| 6 | SSB | | 1 | 221.0 | 6 | SSB | 3 | 688.5 |

Division 3E Match 3 - Monkton Stadium

| | | | | Record | Wind | AW | 3 July 2016 | | | | | |
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| | | | | Wind= | | | | | | | | |
| Women's 100m A | | | | | | | Women's 100m B | | | | | |
| 1 | 3 | Ella Maxwell | Middlesborough | 12.8 | | <input checked="" type="checkbox"/> | 1 | 22 | Nicola Caygill | Jarrow & Hebburn AC | 13.2 | <input checked="" type="checkbox"/> |
| 2 | 4 | Laura Mole | North Shields Poly | 13.6 | | | 2 | 33 | Faye Winspear | Middlesborough | 14.1 | |
| 3 | 2 | Georgina Youldon | Jarrow & Hebburn AC | 13.6 | | | 3 | 44 | Rosa Fojut | North Shields Poly | 15.0 | |
| 4 | 1 | Charlotte Boyle | Durham Ciy Harriers | 13.9 | | | 4 | 66 | Helen Ruth Westlane | Tynedale Harriers | 15.5 | |
| 5 | 5 | Kim Weatherburn | South Shields/Birtley | 14.0 | | | 5 | 55 | - | South Shields/Birtley | 16.0 | |
| 6 | 6 | Megan Lamb | Tynedale Harriers | 16.3 | | | 6 | | | | | |
| 7 | | | | | | | 7 | | | | | |
| 8 | | | | | | | 8 | | | | | |
| Women's 200m A | | | | | | | Women's 200m B | | | | | |
| 1 | 3 | Lauren Howells | Middlesborough | 27.1 | | | 1 | 22 | Grace Lovell | Jarrow & Hebburn AC | 27.7 | |
| 2 | 4 | Emily Davis | North Shields Poly | 27.6 | | | 2 | 33 | Faye Winspear | Middlesborough | 28.4 | |
| 3 | 2 | Charlotte Youldon | Jarrow & Hebburn AC | 28.0 | | | 3 | 44 | Laura Mole | North Shields Poly | 28.6 | |
| 4 | 1 | Charlotte Boyle | Durham Ciy Harriers | 28.5 | | | 4 | 11 | Rebecca Mott | Durham Ciy Harriers | 28.7 | |
| 5 | 5 | Jenny O'Callaghan | South Shields/Birtley | 31.2 | | | 5 | 66 | Helen Ruth Westlane | Tynedale Harriers | 33.4 | |
| 6 | 6 | Megan Lamb | Tynedale Harriers | 34.4 | | | 6 | | | | | |
| 7 | | | | | | | 7 | | | | | |
| 8 | | | | | | | 8 | | | | | |
| Women's 400m A | | | | | | | Women's 400m B | | | | | |
| 1 | 3 | Ella Maxwell | Middlesborough | 60.6 | | <input checked="" type="checkbox"/> | 1 | 11 | Emma Toogood | Durham Ciy Harriers | 62.9 | <input checked="" type="checkbox"/> |
| 2 | 1 | Lizzie Cramb | Durham Ciy Harriers | 61.1 | | <input checked="" type="checkbox"/> | 2 | 22 | Emily Jones | Jarrow & Hebburn AC | 65.0 | |
| 3 | 6 | Ellen Ricketts | Tynedale Harriers | 61.7 | | <input checked="" type="checkbox"/> | 3 | 33 | Georgina Sama | Middlesborough | 67.1 | |
| 4 | 2 | Charlotte Youldon | Jarrow & Hebburn AC | 67.3 | | | 4 | 66 | Helen Ruth Westlane | Tynedale Harriers | 76.1 | |
| 5 | 5 | Jenny O'Callaghan | South Shields/Birtley | 76.1 | | | 5 | 44 | Michelle Thompson | North Shields Poly | 76.1 | |
| 6 | 4 | Natalie Thorburn | North Shields Poly | 76.8 | | | 6 | | | | | |
| 7 | | | | | | | 7 | | | | | |
| 8 | | | | | | | 8 | | | | | |
| Women's 800m A | | | | | | | Women's 800m B | | | | | |
| 1 | 1 | Emma Toogood | Durham Ciy Harriers | 02:20.0 | | <input checked="" type="checkbox"/> | 1 | 11 | Rebecca Mott | Durham Ciy Harriers | 02:34.6 | |
| 2 | 3 | Libby Hedger | Middlesborough | 02:20.7 | | <input checked="" type="checkbox"/> | 2 | 33 | Rebecca Palmer | Middlesborough | 02:42.9 | |
| 3 | 5 | Nicole McIlvaney | South Shields/Birtley | 02:42.4 | | | 3 | 44 | Natalie Thorburn | North Shields Poly | 02:47.9 | |
| 4 | 2 | Maxine Czarnecka | Jarrow & Hebburn AC | 02:52.2 | | | 4 | 22 | Claire Simpson | Jarrow & Hebburn AC | 02:48.5 | |
| 5 | 4 | Michelle Thompson | North Shields Poly | 02:53.5 | | | 5 | 55 | Summer Gatens | South Shields/Birtley | 03:28.1 | |
| 6 | 6 | Rachel Jones | Tynedale Harriers | 03:13.0 | | | 6 | | | | | |
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| Women's 1500m A | | | | | | | Women's 1500m B | | | | | |
| 1 | 3 | Bethany Brown | Middlesborough | 04:53.9 | | <input checked="" type="checkbox"/> | 1 | 11 | Helena Herrmann | Durham Ciy Harriers | 05:12.9 | |
| 2 | 1 | Laura Lee | Durham Ciy Harriers | 05:05.8 | | | 2 | 22 | Elaine Leslie | Jarrow & Hebburn AC | 05:23.4 | |
| 3 | 2 | Stephanie Pattinson | Jarrow & Hebburn AC | 05:17.3 | | | 3 | 44 | Natalie Thorburn | North Shields Poly | 05:37.4 | |
| 4 | 4 | Isobel Robinson | North Shields Poly | 05:21.8 | | | 4 | | | | | |
| 5 | 6 | Rachel Jones | Tynedale Harriers | 06:41.5 | | | 5 | | | | | |
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| Women's 3000m A | | | | | | | Women's 3000m B | | | | | |
| 1 | 2 | Alex Sneddon | Jarrow & Hebburn AC | 10:09.5 | | <input checked="" type="checkbox"/> | 1 | 22 | Stephanie Pattinson | Jarrow & Hebburn AC | 10:40.5 | <input checked="" type="checkbox"/> |
| 2 | 1 | Joasia Zakrzewski | Durham Ciy Harriers | 10:27.4 | | <input checked="" type="checkbox"/> | 2 | 44 | Helen Hughes | North Shields Poly | 13:03.7 | |
| 3 | 4 | Isobel Robinson | North Shields Poly | 11:18.4 | | <input checked="" type="checkbox"/> | 3 | 11 | Alexandra Ingram | Durham Ciy Harriers | 16:17.3 | |
| 4 | | | | | | | 4 | | | | | |
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Division 3E Match 3 - Monkton Stadium

Perf Record Wind AW

3 July 2016

Perf Wind AW

Women's 400m Hurdles A

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|-----------------------|------|--------|------|-------------------------------------|
| 1 | 3 | Clare Turnbull | Middlesborough | 69.7 | | | <input checked="" type="checkbox"/> |
| 2 | 55 | Summer Gatens | South Shields/Birtley | 84.9 | | | |
| 3 | 5 | Stephanie Doxford | South Shields/Birtley | 97.8 | | | |
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Women's 400m Hurdles B

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|------|------|------|--------|------|----|
| 1 | | | | | | | |
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Women's 100m Hurdles A

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|-----------------------|------|--------|-------|----|
| 1 | 4 | Rosa Fojut | North Shields Poly | 19.8 | | Wind= | |
| 2 | 3 | Clare Turnbull | Middlesborough | 20.6 | | | |
| 3 | 5 | Stephanie Doxford | South Shields/Birtley | 25.7 | | | |
| 4 | | | | | | | |
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Women's 100m Hurdles B

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|------|------|------|--------|-------|----|
| 1 | | | | | | Wind= | |
| 2 | | | | | | | |
| 3 | | | | | | | |
| 4 | | | | | | | |
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Women's Hammer A

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|---------------------|-------|--------|------|----|
| 1 | 4 | Sylvie Hargreaves | North Shields Poly | 19.68 | | | |
| 2 | 6 | Jenny Bradshaw | Tynedale Harriers | 18.49 | | | |
| 3 | 3 | Sophie McCarthy | Middlesborough | 17.17 | | | |
| 4 | 1 | Tammy Cook | Durham Ciy Harriers | 15.19 | | | |
| 5 | | | | | | | |
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Women's Hammer B

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|--------------------|-------|--------|------|----|
| 1 | 66 | Stephane White | Tynedale Harriers | 14.32 | | | |
| 2 | 44 | Michelle Thompson | North Shields Poly | 12.89 | | | |
| 3 | | | | | | | |
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Women's Discus A

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|-----------------------|-------|--------|------|-------------------------------------|
| 1 | 6 | Imogen Bell | Tynedale Harriers | 28.09 | | | <input checked="" type="checkbox"/> |
| 2 | 33 | Kate Carmicheal | Middlesborough | 25.91 | | | <input checked="" type="checkbox"/> |
| 3 | 5 | Kim Weatherburn | South Shields/Birtley | 17.90 | | | |
| 4 | 4 | Sylvie Hargreaves | North Shields Poly | 16.02 | | | |
| 5 | 2 | Claire Simpson | Jarrow & Hebburn AC | 14.68 | | | |
| 6 | 1 | Tammy Cook | Durham Ciy Harriers | 12.46 | | | |
| 7 | | | | | | | |
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Women's Discus B

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|---------------------|-------|--------|------|----|
| 1 | 3 | Sophie McCarthy | Middlesborough | 17.13 | | | |
| 2 | 66 | Gillian Bell | Tynedale Harriers | 15.99 | | | |
| 3 | 44 | Michelle Thompson | North Shields Poly | 12.88 | | | |
| 4 | 22 | Maxine Czarnaeka | Jarrow & Hebburn AC | 11.76 | | | |
| 5 | | | | | | | |
| 6 | | | | | | | |
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| 8 | | | | | | | |

Women's Javelin A

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|------------------|-----------------------|-------|--------|------|-------------------------------------|
| 1 | 3 | Sophie McCarthy | Middlesborough | 27.58 | | | <input checked="" type="checkbox"/> |
| 2 | 6 | Imogen Bell | Tynedale Harriers | 25.21 | | | <input checked="" type="checkbox"/> |
| 3 | 2 | Melissa Raine | Jarrow & Hebburn AC | 15.37 | | | |
| 4 | 5 | Summer Gatens | South Shields/Birtley | 15.18 | | | |
| 5 | 44 | Natalie Thorburn | North Shields Poly | 10.30 | | | |
| 6 | 1 | Tammy Cook | Durham Ciy Harriers | 7.10 | | | |
| 7 | | | | | | | |
| 8 | | | | | | | |

Women's Javelin B

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|-----------------------|-------|--------|------|----|
| 1 | 33 | Kate Carmicheal | Middlesborough | 17.87 | | | |
| 2 | 22 | Elaine Leslie | Jarrow & Hebburn AC | 11.41 | | | |
| 3 | 4 | Sylvie Hargreaves | North Shields Poly | 9.40 | | | |
| 4 | 55 | Kim Weatherburn | South Shields/Birtley | 7.15 | | | |
| 5 | 66 | Gillian Bell | Tynedale Harriers | 7.08 | | | |
| 6 | | | | | | | |
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Women's Shot Putt A

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|------------------|-----------------------|------|--------|------|-------------------------------------|
| 1 | 3 | Kate Carmicheal | Middlesborough | 8.84 | | | <input checked="" type="checkbox"/> |
| 2 | 4 | Natalie Thorburn | North Shields Poly | 6.05 | | | |
| 3 | 6 | Gillian Bell | Tynedale Harriers | 6.01 | | | |
| 4 | 11 | Emma Toogood | Durham Ciy Harriers | 5.50 | | | |
| 5 | 2 | Maxine Czarnaeka | Jarrow & Hebburn AC | 5.02 | | | |
| 6 | 5 | Val Baxter | South Shields/Birtley | 4.42 | | | |
| 7 | | | | | | | |
| 8 | | | | | | | |

Women's Shot Putt B

| Rank | Time | Name | Club | Perf | Record | Wind | AW |
|------|------|-------------------|---------------------|------|--------|------|----|
| 1 | 44 | Sylvie Hargreaves | North Shields Poly | 6.01 | | | |
| 2 | 1 | Tammy Cook | Durham Ciy Harriers | 5.20 | | | |
| 3 | 22 | Claire Simpson | Jarrow & Hebburn AC | 4.94 | | | |
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Division 3E Match 3 - Monkton Stadium

Perf Record Wind AW

3 July 2016

Perf Wind AW

Women's Long Jump A

| | | | | |
|---|----|-------------------|-----------------------|------|
| 1 | 66 | Stephane White | Tynedale Harriers | 4.66 |
| 2 | | | | |
| 3 | 2 | Grace Lovell | Jarrow & Hebburn AC | 4.60 |
| 4 | 3 | Jessica Welburn | Middlesborough | 4.35 |
| 5 | 5 | Nicole McIlvaney | South Shields/Birtley | 3.72 |
| 6 | 44 | Michelle Thompson | North Shields Poly | 3.20 |
| 7 | | | | |
| 8 | | | | |

Women's Long Jump B

| | | | | |
|---|----|------------------|---------------------|------|
| 1 | 22 | Emily Jones | Jarrow & Hebburn AC | 4.55 |
| 2 | 11 | Isabell Thornton | Durham Ciy Harriers | 4.47 |
| 3 | 6 | Jenny Bradshaw | Tynedale Harriers | 3.64 |
| 4 | 33 | Sophie McCarthy | Middlesborough | 3.44 |
| 5 | 4 | Natalie Thorburn | North Shields Poly | 2.65 |
| 6 | | | | |
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Women's Triple Jump A

| | | | | |
|---|----|-----------------|---------------------|------|
| 1 | 1 | Olivia Kell | Durham Ciy Harriers | 9.58 |
| 2 | 66 | Jenny Bradshaw | Tynedale Harriers | 9.35 |
| 3 | 3 | Jessica Welburn | Middlesborough | 8.42 |
| 4 | 4 | Laura Mole | North Shields Poly | 8.16 |
| 5 | 2 | Josie Parnaby | Jarrow & Hebburn AC | 7.20 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Women's Triple Jump B

| | | | | |
|---|----|------------------|---------------------|------|
| 1 | 11 | Isabell Thornton | Durham Ciy Harriers | 9.31 |
| 2 | 44 | Rosa Fojut | North Shields Poly | 7.93 |
| 3 | 6 | Stephane White | Tynedale Harriers | 7.84 |
| 4 | 22 | Maxine Czarnecka | Jarrow & Hebburn AC | 5.94 |
| 5 | | | | |
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Women's High Jump A

| | | | | |
|----|----|-------------------|-----------------------|------|
| 1 | 5 | Nicole McIlvaney | South Shields/Birtley | 1.45 |
| 2= | 6 | Jenny Bradshaw | Tynedale Harriers | 1.40 |
| | | | | |
| 4 | 22 | Charlotte Youldon | Jarrow & Hebburn AC | 1.20 |
| 5 | 4 | Michelle Thompson | North Shields Poly | 1.10 |

Women's High Jump B

| | | | | |
|---|----|------------------|-----------------------|------|
| 1 | 55 | Kim Weatherburn | South Shields/Birtley | 1.40 |
| 2 | 66 | Ellen Ricketts | Tynedale Harriers | 1.30 |
| 3 | 2 | Georgina Youldon | Jarrow & Hebburn AC | 1.25 |

Women's Pole Vault A

Women's Pole Vault B

Women's 4x100m Relay

| | | | | | | | |
|---|---|-----------------------|------------------|---------------------|-------------------|------------------|------|
| 1 | 2 | Jarrow & Hebburn AC | Georgina Youldon | Grace Lovell | Josie Parnaby | Nicola Caygill | 53.7 |
| 2 | 1 | Durham Ciy Harriers | Charlotte Boyle | Isabell Thornton | Olivia Kell | Lizzie Cramb | 55.2 |
| 3 | 4 | North Shields Poly | Laura Mole | Isobel Robinson | Emily Davis | Natalie Thorburn | 58.5 |
| 4 | 6 | Tynedale Harriers | Megan Lamb | Helen Ruth Westlane | Ellen Ricketts | Jenny Bradshaw | 59.7 |
| 5 | 5 | South Shields/Birtley | Kim Weatherburn | Stephanie Doxford | Jenny O'Callaghan | Summer Gatens | 60.0 |
| 6 | 3 | Middlesborough | Faye Winspear | Ella Maxwell | Rebecca Palmer | Lauren Howells | DSQ |
| 7 | | | | | | | |
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Women's 4x400m Relay

| | | | | | | | |
|---|---|---------------------|--------------|---------------------|-------------------|-----------------|---------|
| 1 | 3 | Middlesborough | Ella Maxwell | Georgina Sama | Bethany Brown | Wendy Hedger | 04:15.6 |
| 2 | 1 | Durham Ciy Harriers | Emma Toogood | Lizzie Cramb | Rebecca Mott | Helena Herrmann | 04:22.4 |
| 3 | 2 | Jarrow & Hebburn AC | Alex Sneddon | Stephanie Pattinson | Charlotte Youldon | Emily Jones | 04:40.9 |
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