

We heard late on Monday the sad news of the death of Arthur Almond on the 26th November, after a short illness, a much respected endurance coach at Blackburn Harriers for 40 years. Over this time he has coached many athletes some who eventually became track internationals including Jason Lobo, Alison Leonard, Matt Wood, Ben Fish and Paul Bradshaw to name a few.



Family flowers only please.

Any donations to Motor Neurone Disease Association will be gratefully received and can be submitted on the day to the Funeral Service or online with details to follow. All donations will be registered under Arthur Almonds Tribute Fund (Running to D'feet MND).