

		Section Distance		Cumulative Distance (West to East)		Cumulative Distance (East to West)	
		Miles	KM	Miles	KM	Miles	KM
Southport	Woodvale	5	8	5	8	207.75	332.4
Woodvale	Green Lane	6.25	10	11.25	18	202.75	324.4
Green Lane	Aintree	3.25	5.2	14.5	23.2	196.5	314.4
Aintree	Childwall	7.75	12.4	22.25	35.6	193.25	309.2
Childwall	Hale	7	11.2	29.25	46.8	185.5	296.8
Hale	Widnes	3.5	5.6	32.75	52.4	178.5	285.6
Widnes	Penketh	3.5	5.6	36.25	58	175	280
Penketh	Wilderspool	3.5	5.6	39.75	63.6	171.5	274.4
Wilderspool	Heatley	6	9.6	45.75	73.2	168	268.8
Heatley	Altrincham	2.5	4	48.25	77.2	162	259.2
Altrincham	A6144m	3.25	5.2	51.5	82.4	159.5	255.2
A6144m	Didsbury	8.5	13.6	60	96	156.25	250
Didsbury	Stockport	3.5	5.6	63.5	101.6	147.75	236.4
Stockport	Haughton Dale	5	8	68.5	109.6	144.25	230.8
Haughton Dale	Broadbottom	6	9.6	74.5	119.2	139.25	222.8
Broadbottom	Hadfield	4.75	7.6	79.25	126.8	133.25	213.2
Hadfield	Woodhead Pass	8	12.8	87.25	139.6	128.5	205.6
Woodhead Pass	Penistone	8	12.8	95.25	152.4	120.5	192.8
Penistone	Silkstone	3.5	5.6	98.75	158	112.5	180
Silkstone	Worsbrough	4	6.4	102.75	164.4	109	174.4
Worsbrough	Brampton	5	8	107.75	172.4	105	168
Brampton	Harlington	4.5	7.2	112.25	179.6	100	160
Harlington	Sprotbrough	6	9.6	118.25	189.2	95.5	152.8
Sprotbrough	Bentley	4	6.4	122.25	195.6	89.5	143.2
Bentley	Braithwaite	9	14.4	131.25	210	85.5	136.8
Braithwaite	Crow Croft Bridge	6.5	10.4	137.75	220.4	76.5	122.4
Crow Croft Bridge	Snaith	4	6.4	141.75	226.8	70	112
Snaith	Selby	9.75	15.6	151.5	242.4	66	105.6
Selby	Barmby	7	11.2	158.5	253.6	56.25	90
Barmby	Howden	4	6.4	162.5	260	49.25	78.8
Howden	Blacktoft	7.5	12	170	272	45.25	72.4
Blacktoft	Ellerker	7.5	12	177.5	284	37.75	60.4
Ellerker	Welton	4	6.4	181.5	290.4	30.25	48.4
Welton	Hessle	6.5	10.4	188	300.8	26.25	42
Hessle	Hull	5	8	193	308.8	19.75	31.6
Hull	A165	6.75	10.8	199.75	319.6	14.75	23.6
A165	Great Hatfield	4	6.4	203.75	326	8	12.8
Great Hatfield	Hornsea	4	6.4	207.75	332.4	4	6.4

--	--	--	--	--	--	--	--

To	From	Miles	KM	Miles	KM	Miles	KM
Leeds City (Rail Station)	Woodlesford (Leeds)	6.5	<i>10.4</i>	6.5	<i>10.4</i>	72	<i>115.2</i>
Woodlesford (Leeds)	Stanley (Wakefield)	7.5	<i>12</i>	14	<i>22.4</i>	65.5	<i>104.8</i>
Stanley (Wakefield)	Cold Hiendley (Wakefield)	7.75	<i>12.4</i>	21.75	<i>34.8</i>	58	<i>92.8</i>
Cold Hiendley (Wakefield)	Stairfoot (Barnsley)	6.75	<i>10.8</i>	28.5	<i>45.6</i>	50.25	<i>80.4</i>
Stairfoot (Barnsley)	Broomhill	3.75	<i>6</i>	32.25	<i>51.6</i>	43.5	<i>69.6</i>
Broomhill	Tankersley	7.25	<i>11.6</i>	39.5	<i>63.2</i>	39.75	<i>63.6</i>
Tankersley	Grenoside	3.75	<i>6</i>	43.25	<i>69.2</i>	32.5	<i>52</i>
Grenoside	Darnall	12	<i>19.2</i>	55.25	<i>88.4</i>	28.75	<i>46</i>
Darnall	Beighton	5	<i>8</i>	60.25	<i>96.4</i>	16.75	<i>26.8</i>
Beighton	Staveley	6.25	<i>10</i>	66.5	<i>106.4</i>	11.75	<i>18.8</i>
Staveley	Chesterfield	5.5	<i>8.8</i>	72	<i>115.2</i>	5.5	<i>8.8</i>