

Cumbria AA 2010 County Cross Country Championships

Held at the Fitz Park, Keswick

Saturday 11th December 2010

Under 11 Boys

1 st	Cole	Blaikie	Kendal AAC	6m.04s
2 nd	Jacob	Aubry	Helm Hill R	6m.10s
3 rd	Tom	Humphries	Eden Runners	6m.27s
4 th	Robert	Askew	Helm Hill R	6m.37s
5 th	Oliver	Dustin	Seaton AC	6m.47s
6 th	Arran	Horne	Keswick AC	6m.49s
7 th	Joseph	Dugdale	Cumberland FR	6m.59s
8 th	Gregor	Airey	Eden Runners	7m.02s
9 th	Jake	Cooper	Barrow & FS	7m.09s
10 th	Joshua	Campbell	Barrow & FS	7m.16s
11 th	Tom	Ford	Eden Runners	7m.18s
12 th	Matthew	Gibb	Eden Runners	7m.56s
13 th	Alexander	Chadwick	Helm Hill R	8m.34s
14 th	Alexander	Nicholl	Keswick AC	9m.37s

Under 11 Girls

1 st	Sarah	Atkinson	Helm Hill R	6m.33s
2 nd	Samantha	Bland	Kendal ACC	6m.38s
3 rd	Georgia	Cooper	Barrow & FS	6m.57s
4 th	Imogen	Burrow	Helm Hill R	7m.03s
5 th	Maisy	Redmayne	Helm Hill R	7m.05s
6 th	Emma	Wright	Carlisle Aspatria	7m.23s
7 th	Molly	Rudkin	Eden Runners	8m.15s

Under 13 Boys

1 st	Christopher	Richards	Helm Hill R	8m.30s
2 nd	James	Curtis	Barrow & FS	8m.32s
3 rd	Mark	Donavan	Keswick AC	8m.33s
4 th	Elliott	Matier	Eden Runners	8m.52s
5 th	Scott	Wilson	Carlisle Aspatria	9m.03s
6 th	Oliver	Dawson	Carlisle Aspatria	9m.34s
7 th	Matthew	Adamson	Carlisle Aspatria	9m.46s
8 th	Nathan	Chadwick	Helm Hill R	10m.02s
9 th	Joseph	Horne	Keswick AC	10m.09s
10 th	Luke	Evans	Eden Runners	10m.22s
11 th	Jamie	Wostear	Eden Runners	10m.32s
12 th	William	Berners-Lee	Helm Hill R	11m.13s

Under 13 Girls

1 st	Chelsea	Nugent	Carlisle Aspatria	9m.21s
2 nd	Rebecca	Buchanan	Seaton AC	9m.57s
3 rd	Molly	O'Brien	Lancaster & M	10m.04s
4 th	Isabella	Sharrock	Eden Runners	10m.11s
5 th	Heidi	Murray	Helm Hill R	10m.13s
6 th	Connie	Hurton	Eden Runners	10m.20s
7 th	Niamh	Hedley	Cumberland FR	10m.26s
8 th	Anastasia	Towers	Seaton AC	11m.06s
9 th	Verity	Evans	Eden Runners	11m.10s
10 th	Tasmin	Crook	Barrow & FS	11m.22s
11 th	Cerys	Atkinson	Cumberland FR	11m.53s

Under 15 Boys

1 st	James	Knox	Kendal AAC	13m.51s
2 nd	Neil	Orr	Border Harriers	13m.57s
3 rd	Ross	Campbell	Barrow & FS	14m.08s
4 th	Mark	Sullivan	Kendal ACC	14m.33s
5 th	Luke	Canning	Helm Hill R	14m.59s
6 th	Jordan	Hull	Border Harriers	15m.09s
7 th	Ben	Ingham	Kendal ACC	20m.45s

Under 15 Girls

1 st	Abbie	Hetherington	Carlisle Aspatria	14m.51s
2 nd	Hannah	Bethwaite	Aldershot F&D	16m.19s
3 rd	Brogan	Stewart	Barrow & FS	16m.27s
4 th	Sophie	Seddon	Barrow & FS	17m.24s
5 th	Brogan	Stewart	Barrow & FS	16m.27s
6 th	Bella	Gray	Kendal AAC	18m.12s
7 th	Tessa	Higgs	Helm Hill R	19m.22s

Under 17 Men

1 st	Luke	Ingham	Kendal AAC	15m.55s
2 nd	Alastair	Weymouth	Border Harriers	16m.04s
3 rd	Nathan	Thompson	Cumberland FR	16m.32s
4 th	Tim	Orr	Border Harriers	16m.40s
5 th	Robbie	Ingham	Kendal AAC	16m.57s
6 th	Samuel	Storey	Barrow & FS	17m.16s
7 th	Tom	Hartley	Kendal AAC	17m.26s
8 th	Alex	Brown	Guest	17m.59s

Under 17 Women

1 st	Matilda	Lowther	City of York AC	18m.35s
2 nd	Lauren	Munro-Bennett	Helm Hill R	19m.19s
3 rd	Jenifer	Hook	Barrow & FS	19m.49s
4 th	Michaela	Kellet	Unattached	21m.14s
5 th	Rianna	Crampton	Seaton AC	21m.14s

Junior Women

1 st	Victoria	Johnston	Border Harriers	27m.19s
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Masters Women

1 st	Pippa	Maddams	Keswick AC	27m.19s
2 nd	Joe	Gillyon	Keswick AC	31m.14s
3 rd	Helen	Winskill	Keswick AC	31m.52s
4 th	Diane	Priestley	Kendal ACC	33m.55s
5 th	Siobhan	Brewer	Keswick AC	34m.46s
6 th	Hazel	Davies	Keswick AC	36m.21s
7 th	Julia	King	Eden Runners	36m.40s
8 th	Catherine	Baxter	Derwent AC	39m.24s
9 th	Gill	Douglas	Eden Runners	39m.51s

Senior Women

1 st	Rhiannon	Silson	Border Harriers	28m.59s
2 nd	Charlotte	Douglas	Border Harriers	29m.59s
3 rd	Kate	Apps	Cumberland FR	30m.27s
4 th	Catherine	Evans	Keswick AC	30m.33s
5 th	Alasdair	Russell	Kendal ACC	32m.02s
6 th	Kim	Collison	Eden Runners	34m.42s

Junior Men

1 st	Matthew	Grieve	Border Harriers	33m.17s
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Senior Men

1 st	James	Douglas	Border Harriers	30m.39s
2 nd	Ricky	Lightfoot	Blackburn Harriers	31m.04s
3 rd	Adrian	Holliday	Tipton AC	31m.32s
4 th	Alasdair	Russell	Kendal ACC	32m.02s
5 th	Steve	Hebblethwaite	Keswick AC	32m.09s
6 th	Jeff	Cunningham	Herne Hill H	32m.42s
7 th	Samuel	Radcliffe	Unattached	33m.49s
8 th	Gareth	Melvin	Border Harriers	34m.54s
9 th	Chris	Neil	Border Harriers	35m.04s
10 th	Jamie	Luxmoore	Keswick AC	35m.27s
11 th	Graham	Millican	Border Harriers	35m.46s
12 th	Howard	Seal	Derwent AC	36m.11s
13 th	Andy	Thompson	Eden Runners	39m.15s
14 th	Ian	Pipes	Border Harriers	42m.32s

Masters Men

1 st	Russell	Maddams	Keswick AC	32m.58s
2 nd	David	Birch	Keswick AC	34m.29s
3 rd	Jeffery	Chadwick	Hoad Hill	34m.43s
4 th	Martin	Andrew	Unattached	34m.51s
5 th	Stuart	Stoddart	Eden Runners	36m.03s
6 th	Brian	Thompson	Cumberland FR	36m.59s
7 th	John Charles	Nicholl	Keswick AC	37m.37s
8 th	Mike	Berners-Lee	Helm Hill R	37m.59s
9 th	Craig	Smith	Keswick AC	39m.43s
10 th	Alan	Marshall	Eden Runners	40m.05s
11 th	Quentin	Merritt	Keswick AC	40m.08s
12 th	Tim	Raynor	Mansfield	40m.30s
13 th	Johnathan	Tombs	Eden Runners	40m.35s
14 th	David	Burton	Stroud&Dist AC	41m.48s
15 th	Ian	Horne	Eden Runners	42m.52s
16 th	Macdonald	Knowles	Hoad Hill	43m.11s

17th Duncan

Richards

Helm Hill R

44m.44s