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4WC 1 - Longford Park — **5 May 2013**

Men's 100m A

Wind=

				Perf	Record	Wind	AW
1	2	Dimtri Mosendz	Bradford Airedale AC	11.5			☑
2	3	Luke Sutcliffe	Halifax Harriers & AC	11.7			
3	7	Danny Sarin	Stockport Harriers &	11.8			
4	5	Jack Kirk	Longwood Harriers &	11.9			
5	6	Ashley Pierre	Spenborough & Distr	12.3			
6	4	James Lovell	Horwich RMI Harriers	12.3			
7							
8							

Men's 100m B

Wind=

				Perf	Wind	AW
1	33	Daniel Beasley	Halifax Harriers & AC	11.7		
2	22	Michael Mlilo	Bradford Airedale AC	12.3		
3	55	NN	Longwood Harriers &	12.6		
4	44	Nathan Walker	Horwich RMI Harriers	13.0		
5	77	Tom Hebden	Stockport Harriers &	13.1		
6	66	David Lawson	Spenborough & Distr	13.7		
7						
8						

Men's 200m A

Wind=

1	2	Leo Ricketts	Bradford Airedale AC	23.4			☑
2	3	Luke Sutcliffe	Halifax Harriers & AC	24.0			
3	7	Danny Sarin	Stockport Harriers &	24.1			
4	6	Ashley Pierre	Spenborough & Distr	24.4			
5	5	Jack Kirk	Longwood Harriers &	25.2			
6	1	Matthew Kelly	Altrincham & District	27.7			
7							
8							

Men's 200m B

Wind=

1	22	Michael Mlilo	Bradford Airedale AC	24.5		
2	33	Scott Barker	Halifax Harriers & AC	26.0		
3	44	Nathan Walker	Horwich RMI Harriers	26.0		
4	66	Toby Aspindle	Spenborough & Distr	26.5		
5	77	Jack Morris	Stockport Harriers &	27.0		
6	11	Andy Whittingham	Altrincham & District	38.0		
7						
8						

Men's 400m A

1	2	Dimtri Mosendz	Bradford Airedale AC	51.5			☑
2	7	Jake Littlehales	Stockport Harriers &	52.1			☑
3	3	Daniel Beasley	Halifax Harriers & AC	53.1			
4	4	James Lovell	Horwich RMI Harriers	53.7			
5	6	Bradley Stanstill Todd	Spenborough & Distr	56.7			
6	1	Mike Berks	Altrincham & District	60.4			
7							
8							

Men's 400m B

1	66	James Anthoney	Spenborough & Distr	55.5		
2	22	Willard Danda	Bradford Airedale AC	56.8		
3	33	Paul Sutcliffe	Halifax Harriers & AC	56.9		
4	77	Tom Hebden	Stockport Harriers &	57.1		
5	44	Nathan Townsend	Horwich RMI Harriers	62.3		
6	11	Toby Percival	Altrincham & District	63.8		
7						
8						

Men's 800m A

1	3	Bradley Travis	Halifax Harriers & AC	2.01.8			
2	2	Pete Hopson	Bradford Airedale AC	2.04.9			
3	6	Bradley Stanstill Todd	Spenborough & Distr	2.05.0			
4	1	Matthew Kelly	Altrincham & District	2.06.3			
5	4	Nathan Townsend	Horwich RMI Harriers	2.08.0			
6	5	Nathaniel Stock	Longwood Harriers &	2.18.2			
7							
8							

Men's 800m B

1	33	Paul Sutcliffe	Halifax Harriers & AC	2.07.1		
2	66	Liam Stedman	Spenborough & Distr	2.08.0		
3						
4						
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6						
7						
8						

Men's 1500m A

1	2	Tesfaye Debele	Bradford Airedale AC	4.04.7			
2	3	Bradley Travis	Halifax Harriers & AC	4.09.0			
3	66	Josh Woodcoak Shaw	Spenborough & Distr	4.16.1			
4	7	Kevin Acton	Stockport Harriers &	4.20.3			
5	1	Matthew Kelly	Altrincham & District	4.22.6			
6	5	Nathaniel Stock	Longwood Harriers &	4.57.1			
7							
8							

Men's 1500m B

1	6	Paul Davis	Spenborough & Distr	4.22.6		
2	33	Joseph Crossfield	Halifax Harriers & AC	4.30.5		
3	77	Simon Chadwick	Stockport Harriers &	4.53.0		
4	11	Duncan Wilson	Altrincham & District	4.55.2		
5	22	Rory Cunliffe	Bradford Airedale AC	5.11.6		
6						
7						
8						

Men's 3000m S/Chase A

1	3	Ciaran Wilson Baig	Halifax Harriers & AC	09:44.1			☑
2	7	Rick Lloyd	Stockport Harriers &	09:48.4			☑
3	1	Andy Whittingham	Altrincham & District	10:20.1			☑
4							
5							
6							
7							
8							

Men's 3000m S/Chase B

1						
2						
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4WC 1 - Longford Park — **5 May 2013**

Men's 5000m A

				Perf	Record	Wind	AW
1	1	Andy Norman	Altrincham & District	15.11.0			
2	3	Bradley Travis	Halifax Harriers & AC	15.51.6			
3	77	Jamie Loxam	Stockport Harriers &	15.53.9			
4	6	Kevin Odgen	Spenborough & Distr	16.25.7			
5	2	Matt Nowell	Bradford Airedale AC	16.36.9			
6	5	Robert Morris	Longwood Harriers &	20.05.3			
7							
8							

Men's 5000m B

				Perf	Wind	AW
1	7	Jack Nixon	Stockport Harriers &	15.54.6		
2	11	Mike Berks	Altrincham & District	17.42.7		
3	22	Adrian Royston	Bradford Airedale AC	18.18.6		
4	33	Ciaran Wilson Baig	Halifax Harriers & AC	18.22.5		
5	66	Ian Ogden	Spenborough & Distr	19.25.8		
6	55	Ian Mitchell	Longwood Harriers &	20.12.3		
7						
8						

Men's 400m Hurdles A

1	3	Paul Willis	Halifax Harriers & AC	69.1
2	1	Ben Rowen	Altrincham & District	73.5
3	6	Jason Newell	Spenborough & Distr	78.9
4	4	Trevor Williams	Horwich RMI Harriers	83.1
5				
6				
7				
8				

Men's 400m Hurdles B

1	11	Andy Whittingham	Altrincham & District	82.3
2				
3				
4				
5				
6				
7				
8				

Men's 110m Hurdles A

Wind=

1	96	No Competitors Entered	
2			
3			
4			
5			
6			
7			
8			

Men's 110m Hurdles B

Wind=

1			
2			
3			
4			
5			
6			
7			
8			

Men's Hammer A

1	6	Nick Crimmen	Spenborough & Distr	37.01	☑
2	5	Chris Sampson	Longwood Harriers &	32.20	☑
3	7	James McKee	Stockport Harriers &	22.53	
4	2	Chris Hainsworth	Bradford Airedale AC	21.70	
5	4	Trevor Williams	Horwich RMI Harriers	19.11	
6					
7					
8					

Men's Hammer B

1	66	Dave Giblin	Spenborough & Distr	25.75
2	55	Eddie Berry	Longwood Harriers &	17.68
3	22	Sean Frith	Bradford Airedale AC	17.23
4	77	Jon Paul Kearns	Stockport Harriers &	10.60
5				
6				
7				
8				

Men's Discus A

1	6	Nick Crimmen	Spenborough & Distr	34.05	☑
2	7	James McKee	Stockport Harriers &	26.54	
3	4	Mike Houghton	Horwich RMI Harriers	24.68	
4	5	Chris Sampson	Longwood Harriers &	23.65	
5	2	Chris Hainsworth	Bradford Airedale AC	20.78	
6	3	Joseph Crossfield	Halifax Harriers & AC	15.18	
7					
8					

Men's Discus B

1	66	Toby Aspindle	Spenborough & Distr	27.84
2	22	Sean Frith	Bradford Airedale AC	19.86
3	44	Trevor Williams	Horwich RMI Harriers	19.25
4	55	Eddie Berry	Longwood Harriers &	19.22
5	33	Tom Frazer	Halifax Harriers & AC	13.92
6				
7				
8				

Men's Javelin A

1	66	James Anthoney	Spenborough & Distr	44.66	☑
2	7	James McKee	Stockport Harriers &	44.05	☑
3	44	Trevor Williams	Horwich RMI Harriers	29.01	
4	2	Sean Frith	Bradford Airedale AC	27.67	
5	5	Chris Sampson	Longwood Harriers &	24.32	
6	33	Tom Frazer	Halifax Harriers & AC	19.15	
7					
8					

Men's Javelin B

1	6	Toby Aspindle	Spenborough & Distr	29.10
2	22	George Masagbor	Bradford Airedale AC	25.68
3	4	Mike Houghton	Horwich RMI Harriers	20.45
4	55	Eddie Berry	Longwood Harriers &	17.51
5	3	Paul Sutcliffe	Halifax Harriers & AC	13.08
6				
7				
8				

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Men's Shot Putt A

				Perf	Record	Wind	AW
1	5	Chris Sampson	Longwood Harriers &	11.58			☑
2	6	Nick Crimmen	Spenborough & Distr	10.12			☑
3	2	Sean Frith	Bradford Airedale AC	9.86			
4	7	James McKee	Stockport Harriers &	9.62			
5	4	Mike Houghton	Horwich RMI Harriers	9.55			
6	1	Toby Percival	Altrincham & District	7.12			
7	3	Tom Frazer	Halifax Harriers & AC	6.09			
8							

Men's Shot Putt B

				Perf	Wind	AW
1	55	Eddie Berry	Longwood Harriers &	9.68		
2	66	Toby Aspindle	Spenborough & Distr	9.35		
3	44	Trevor Williams	Horwich RMI Harriers	7.42		
4	77	Jon Paul Kearns	Stockport Harriers &	6.95		
5	22	Chris Hainsworth	Bradford Airedale AC	6.93		
6	33	Paul Willis	Halifax Harriers & AC	5.76		
7	11	Andrew Whittingham	Altrincham & District	4.34		
8						

Men's Long Jump A

1	2	Dimtri Mosendz	Bradford Airedale AC	6.60			☑
2	77	Danny Savins	Stockport Harriers &	5.77			
3	55	Jack Kirk	Longwood Harriers &	5.69			
4	33	Ciaran Wilson Biag	Halifax Harriers & AC	5.50			
5	4	Mike Houghton	Horwich RMI Harriers	5.39			
6	6	Ashley Pierre	Spenborough & Distr	5.27			
7	1	Max Meakins	Altrincham & District	5.21			
8							

Men's Long Jump B

				Perf	Wind	AW
1	22	Andy Carruthers	Bradford Airedale AC	5.35		
2	7	John Barratt	Stockport Harriers &	5.13		
3	5	Robert Morris	Longwood Harriers &	5.12		
4	44	James Lovell	Horwich RMI Harriers	4.86		
5	11	Matthew Kelly	Altrincham & District	4.45		
6	66	Jason Newell	Spenborough & Distr	4.40		
7	3	Daniel Beasley	Halifax Harriers & AC	4.17		
8						

Men's Triple Jump A

1	2	Andy Carruthers	Bradford Airedale AC	11.52			
2	7	John Barratt	Stockport Harriers &	11.20			
3	1	Ben Rowen	Altrincham & District	11.06			
4	4	Mike Houghton	Horwich RMI Harriers	11.04			
5	5	Robert Morris	Longwood Harriers &	11.02			
6	6	Jason Newell	Spenborough & Distr	8.59			
7							
8							

Men's Triple Jump B

				Perf	Wind	AW
1	22	Michael Mlilo	Bradford Airedale AC	10.78		
2	55	Nathaniel Stock	Longwood Harriers &	9.78		
3	11	Max Meakins	Altrincham & District	9.75		
4	77	Jon Paul Kearns	Stockport Harriers &	8.06		
5						
6						
7						
8						

Men's High Jump A

1	4	Mike Houghton	Horwich RMI Harriers	1.65			
2=	1	Max Meakins	Altrincham & District	1.60			
2=	6	Sam Atkinson	Spenborough & Distr	1.60			
4	2	Andy Carruthers	Bradford Airedale AC	1.55			

Men's High Jump B

				Perf	Wind	AW
1	11	Ben Rowen	Altrincham & District	1.50		
2	66		Spenborough & Distr	1.45		

Men's Pole Vault A

96 No Competitors Entered

Men's Pole Vault B

Men's 4x100m Relay

1	2	Bradford Airedale AC	George Masagbor	Michael Mlilo	Dimitri Mosendz	Leo Ricketts	46.5
2	3	Halifax Harriers & AC	Luke Sutcliffe	Paul Willis	Scott Barker	Daniel Beasley	48.7
3	6	Spenborough & District	-	-	-	-	49.7
4	7	Stockport Harriers & AC	Danny Savin	Jake Littlehales	Jack Morris	Jack Nixon	50.7
5	4	Horwich RMI Harriers &	Andrew Storey	Mike Houghton	Nathan Townsend	Trevor Willams	54.0
6	1	Altrincham & District AC	Max Meakins	Mike Berks	Ben Rowen	Toby Percival	
7							
8							

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Men's 4x400m Relay

				Perf	Record	Wind	AW				Perf	Wind	AW
1	7	Stockport Harriers & AC	Jack Morris	Jamie Loxam				Jack Nixon	Jake Littlehales		3.43.1		
2	3	Halifax Harriers & AC	Paul Willis	Joseph Crossfield				Paul Sutcliffe	Scott Barker		3.48.9		
3	6	Spenborough & District	-	-				-	-		3.53.7		
4	22	Bradford Airedale AC	Tesfaye Debele	Willard Danda				Pete Hopson	Andy Carruthers		3.55.0		
5	4	Horwich RMI Harriers &	Andrew Storey	Trevor Willams				Nathan Walker	James Lovell		4.16.9		
6	5	Longwood Harriers & AC	Robert Morris	Nathaniel Stock				Jack Kirk	Ian Mitchell		4.21.6		
7	1	Altrincham & District AC	Duncan Wilson	Matthew Kelly				Toby Percival	Andrew Whittingham		4.24.9		
8													

	MATCH RESULT	League Points	Match
1	Spen	8	434.5
2	Horwich	7	342.0
3	Stockport	6	329.0
4	Halifax	5	326.0
5	Altrincham	4	303.5
6	Longwood	3	279.0
7	Bradford	2	247.0
8			

	STANDINGS	League Points	Match
1	Spen	8	434.5
2	Horwich	7	342.0
3	Stockport	6	329.0
4	Halifax	5	326.0
5	Altrincham	4	303.5
6	Longwood	3	279.0
7	Bradford	2	247.0
8		1	

Men's 100m Non Scoring *Wind=*

1	
2	
3	
4	
5	
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7	
8	

Men's 100m Non Scoring *Wind=*

1	
2	
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4	
5	
6	
7	
8	

4WC 1 - Longford Park — **5 May 2013**

Women's 100m A

Wind=

				Perf	Record	Wind	AW
1	6	Ciara Flannery	Spenborough & Distr	12.6			☑
2	1	Sophie Preece	Altrincham & District	13.2			☑
3	3	Lorna Gill	Halifax Harriers & AC	13.6			
4	4	Beth Miller	Horwich RMI Harriers	13.6			
5	7	Hannah Arnold	Stockport Harriers &	14.1			
6	5	Brigit Walsh	Longwood Harriers &	20.4			
7							
8							

Women's 100m B

Wind=

				Perf	Wind	AW
1	66	Sasha Craig	Spenborough & Distr	13.2		☑
2	33	Rochelle Irish	Halifax Harriers & AC	13.5		
3	44	Lauren Banks	Horwich RMI Harriers	14.3		
4	11	Laura Bostock	Altrincham & District	16.8		
5	77	Hilary West	Stockport Harriers &	16.9		
6	55	Susanne Pickersgill	Longwood Harriers &	20.3		
7						
8						

Women's 200m A

Wind=

				Perf	Record	Wind	AW
1	6	Ciara Flannery	Spenborough & Distr	25.7			☑
2	1	Sophie Preece	Altrincham & District	26.2			☑
3	2	Louise Royston	Bradford Airedale AC	27.8			
4	7	Hannah Arnold	Stockport Harriers &	28.1			
5	4	Beth Miller	Horwich RMI Harriers	28.2			
6	3	Claire Ryan	Halifax Harriers & AC	30.6			
7	5	Rebecca Morris	Longwood Harriers &	30.7			
8							

Women's 200m B

Wind=

				Perf	Wind	AW
1	66	Sasha Craig	Spenborough & Distr	27.4		
2	33	Holly Martin	Halifax Harriers & AC	28.8		
3	44	Lauren Banks	Horwich RMI Harriers	30.1		
4	77	Hilary West	Stockport Harriers &	35.0		
5	11	Alison Vesey	Altrincham & District	38.1		
6	55	Susanne Pickersgill	Longwood Harriers &	42.6		
7						
8						

Women's 400m A

				Perf	Record	Wind	AW
1	7	Chelsea Jarvis	Stockport Harriers &	57.7			☑
2	4	Amy Phillpotts	Horwich RMI Harriers	62.1			☑
3	6	Amy Sharrrad	Spenborough & Distr	64.3			
4	3	Claire Ryan	Halifax Harriers & AC	68.6			
5	1	Sarah Mackness	Altrincham & District	70.9			
6	5	Brigit Walsh	Longwood Harriers &	92.5			
7							
8							

Women's 400m B

				Perf	Wind	AW
1	66	Danielle Roach	Spenborough & Distr	62.9		☑
2	33	Hannah Roby	Halifax Harriers & AC	67.3		
3	44	Lucy Phillpotts	Horwich RMI Harriers	68.9		
4	11	Laura Bostock	Altrincham & District	85.0		
5	55	Susanne Pickersgill	Longwood Harriers &	100.6		
6						
7						
8						

Women's 800m A

				Perf	Record	Wind	AW
1	7	Louise Rudd	Stockport Harriers &	02:00			
2	6	Beth Ellis	Spenborough & Distr	2.21.1			
3	4	Lucy Phillpotts	Horwich RMI Harriers	2.45.7			
4	5	Rebecca Morris	Longwood Harriers &	2.51.5			
5	1	Laura Bostock	Altrincham & District	3.03.0			
6							
7							
8							

Women's 800m B

				Perf	Wind	AW
1	66	Mollie Flannery	Spenborough & Distr	2.31.0		
2	55	Brigit Walsh	Longwood Harriers &	3.20.6		
3						
4						
5						
6						
7						
8						

Women's 1500m A

				Perf	Record	Wind	AW
1	7	Katie Good	Stockport Harriers &	4.52.8			
2	6	Emma Wilkinson	Spenborough & Distr	5.01.5			
3	4	Jodie Greenhaigh	Horwich RMI Harriers	5.30.0			
4	1	Alison Vesey	Altrincham & District	5.49.7			
5							
6							
7							
8							

Women's 1500m B

				Perf	Wind	AW
1	77	Lizzy Apsley	Stockport Harriers &	5.11.8		
2	11	Laura Bostock	Altrincham & District	6.20.8		
3						
4						
5						
6						
7						
8						

Women's 3000m A

				Perf	Record	Wind	AW
1	7	Katie Good	Stockport Harriers &	10.04.02			
2	1	Sarah Mackness	Altrincham & District	10.51.3			
3							
4							
5							
6							
7							
8							

Women's 3000m B

				Perf	Wind	AW
1	77	Lyndsey Clarke	Stockport Harriers &	10.57.2		
2	11	Bev Ganose	Altrincham & District	12.35.4		
3						
4						
5						
6						
7						
8						

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Women's 400m Hurdles A

				Perf	Record	Wind	AW
1	44	Kelly Laughton	Horwich RMI Harriers	78.7			
2							
3							
4							
5							
6							
7							
8							

Women's 400m Hurdles B

				Perf	Wind	AW
1	4	Sophie Williams	Horwich RMI Harriers	88.6		
2						
3						
4						
5						
6						
7						
8						

Women's 100m Hurdles A

Wind=

1	96	No Competitors Entered	
2			
3			
4			
5			
6			
7			
8			

Women's 100m Hurdles B

Wind=

1			
2			
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5			
6			
7			
8			

Women's Hammer A

1	6	Chelsea Mitchelll	Spenborough & Distr	32.81		☑
2	5	Meegan Leih	Longwood Harriers &	28.26		☑
3	1	Sarah Wilkins	Altrincham & District	24.56		
4	3	Claire Denham	Halifax Harriers & AC	21.16		
5	4	Natassia Dacre	Horwich RMI Harriers	17.56		
6						
7						
8						

Women's Hammer B

1	55	Rachel Scholes	Longwood Harriers &	25.12	☑
2	66	Shelia Bollland	Spenborough & Distr	18.01	
3	11	Sandra Lewis	Altrincham & District	6.82	
4					
5					
6					
7					
8					

Women's Discus A

1	77	Bethan Grant	Stockport Harriers &	27.33		☑
2	1	Sarah Wilkins	Altrincham & District	26.05		☑
3	5	Rachel Scholes	Longwood Harriers &	23.30		
4	44	Jodie Greenhaigh	Horwich RMI Harriers	20.93		
5	66	Ciara Flannery	Spenborough & Distr	19.89		
6	3	Claire Denham	Halifax Harriers & AC	18.13		
7						
8						

Women's Discus B

1	55	Meegan Leih	Longwood Harriers &	19.92	
2	4	Natassia Dacre	Horwich RMI Harriers	17.72	
3	6	Mollie Flannery	Spenborough & Distr	17.51	
4	7	Hilary West	Stockport Harriers &	10.93	
5	11	Sandra Lewis	Altrincham & District	7.95	
6					
7					
8					

Women's Javelin A

1	4	Natassia Dacre	Horwich RMI Harriers	33.96		☑
2	33	Rochelle Irish	Halifax Harriers & AC	24.59		
3	6	Chelsea Mitchelll	Spenborough & Distr	22.45		
4	11	Charlotte Bent	Altrincham & District	18.00		
5	7	Lyndsey Clarke	Stockport Harriers &	15.57		
6	5	Susanne Pickersgill	Longwood Harriers &	13.46		
7						
8						

Women's Javelin B

1	44	Sophie Williams	Horwich RMI Harriers	27.46	☑
2	3	Claire Denham	Halifax Harriers & AC	14.15	
3	66	Tracey Mitchell	Spenborough & Distr	12.87	
4	1	Sarah Wilkins	Altrincham & District	11.93	
5	55	Brigit Walsh	Longwood Harriers &	9.48	
6					
7					
8					

Women's Shot Putt A

1	6	Chelsea Mitchelll	Spenborough & Distr	10.30		☑
2	5	Rachel Scholes	Longwood Harriers &	8.65		☑
3	3	Claire Denham	Halifax Harriers & AC	8.53		☑
4	4	Sophie Williams	Horwich RMI Harriers	8.10		
5	7	Louise Rudd	Stockport Harriers &	7.47		
6	1	Sarah Wilkins	Altrincham & District	6.99		
7						
8						

Women's Shot Putt B

1	55	Meegan Leih	Longwood Harriers &	7.73	
2	44	Jodie Greenhaigh	Horwich RMI Harriers	7.51	
3	77	Hilary West	Stockport Harriers &	5.17	
4	66	Tracey Mitchell	Spenborough & Distr	4.93	
5	11	Sandra Lewis	Altrincham & District	3.06	
6					
7					
8					

4WC 1 - Longford Park — **5 May 2013**

Women's Long Jump A

				Perf	Record	Wind	AW
1	4	Grace Shelmerdine	Horwich RMI Harriers	4.73			
2	3	Lorna Gill	Halifax Harriers & AC	4.60			
3	6	Rosa McKie	Spenborough & Distr	4.42			
4	5	Rebecca Morris	Longwood Harriers &	4.12			
5	11	Sandra Lewis	Altrincham & District	2.40			
6							
7							
8							

Women's Long Jump B

				Perf	Wind	AW
1	44	Kelly Laughton	Horwich RMI Harriers	4.53		
2	33	Claire Ryan	Halifax Harriers & AC	4.27		
3	66	Beth Ellis	Spenborough & Distr	2.90		
4	1	Sarah Wilkins	Altrincham & District	2.07		
5	55	Susanne Pickersgill	Longwood Harriers &	1.83		
6						
7						
8						

Women's Triple Jump A

1	3	Lorna Gill	Halifax Harriers & AC	10.28			☑
2	4	Grace Shelmerdine	Horwich RMI Harriers	10.10			☑
3	6	Rosa McKie	Spenborough & Distr	9.08			
4	7	Louise Rudd	Stockport Harriers &	8.49			
5							
6							
7							
8							

Women's Triple Jump B

1	33	Rochelle Irish	Halifax Harriers & AC	10.21		☑
2	44	Kelly Laughton	Horwich RMI Harriers	9.57		☑
3						
4						
5						
6						
7						
8						

Women's High Jump A

1	6	Rosa McKie	Spenborough & Distr	1.40		
2	4	Kelly Laughton	Horwich RMI Harriers	1.40		
3	7	Gillian Doolan	Stockport Harriers &	1.20		

Women's High Jump B

1	44	Grace Shelmerdine	Horwich RMI Harriers	1.40		

Women's Pole Vault A

96 No Competitors Entered

Women's Pole Vault B

Women's 4x100m Relay

1	6	Spenborough & District	Sasha Craig	Danielle Roach	Rosa McKie	Ciara Flannery	52.7	
2	3	Halifax Harriers & AC	Claire Ryan	Rochelle Irish	Holly Martin	Lorna Gill	53.8	
3	4	Horwich RMI Harriers &	Kelly Laughton	Grace Shelmerdine	Lauren Banks	Natassia Dacre	57.4	
4	7	Stockport Harriers & AC	Louise Rudd	Chelsea Jarvis	Lyndsey Clarke	Hannah Arnold	57.4	
5	1	Altrincham & District AC	Alison Vesey	Laura Bostock	Charlotte Bent	Sophie Preece	63.8	
6	5	Longwood Harriers & AC	Rebecca Morris	Susanne Pickersgill	Meegan Leih	Brigit Walsh	68.3	
7								
8								

Women's 4x400m Relay

1	7	Stockport Harriers & AC	Louise Rudd	Chelsea Jarvis	Lyndsey Clarke	Katie Good	4.14.0
2	6	Spenborough & District	Ciara Flannery	Danielle Roach	Amy Sharrrad	Emma Wilkinson	4.17.6
3	4	Horwich RMI Harriers &	Jodie Greenhaigh	Lucy Phillpotts	Amy Phillpotts	Sophie Williams	4.28.4
4	3	Halifax Harriers & AC	Claire Ryan	Hannah Roby	Holly Martin	Rochelle Irish	4.28.9
5	1	Altrincham & District AC	Alison Vesey	Laura Bostock	Charlotte Bent	Sophie Preece	4.59.0
6	5	Longwood Harriers & AC	-	-	-	-	

NoEAA Track and Field League

4WC 1 - Longford Park

05 May 2013

Events	Altrincham		Bradford		Halifax		Horwich		Longwood		Spen		Stockport				UNUSED		TOTAL	
Men's 100m			11	7	9	9	5	5	7	6	6	3	8	4			7	3	53	37
Men's 200m	5	3	11	9	9	7		6	6		7	5	8	4			7	3	53	37
Men's 400m	5	3	11	7	8	6	7	4			6	9	9	5			7	3	53	37
Men's 800m	7		9		11	9	6		5		8	7					7	21	53	37
Men's 1500m	6	5	11	4	9	7			5		8	9	7	6			7	6	53	37
Men's 3000m S/Chase	8				11								9				25	37	53	37
Men's 5000m	11	7	6	6	9	5			5	3	7	4	8	9			7	3	53	37
Men's 400m Hurdles	9	9			11		7				8						18	28	53	37
Men's 110m Hurdles																	53	37	53	37
Men's Hammer			7	6			6		9	7	11	9	8	5			12	10	53	37
Men's Discus			6	7	5	4	8	6	7	5	11	9	9				7	6	53	37
Men's Javelin			7	7	5	4	8	6	6	5	11	9	9				7	6	53	37
Men's Shot Putt	5	2	8	4	4	3	6	6	11	9	9	7	7	5			3	1	53	37
Men's Long Jump	4	4	11	9	7	2	6	5	8	6	5	3	9	7			3	1	53	37
Men's Triple Jump	8	6	11	9			7		6	7	5		9	5			7	10	53	37
Men's High Jump	8.5	9	7				11				8.5	7					18	21	53	37
Men's Pole Vault																	53	37	53	37
Men's 4x100m Relay	5		11		9		6				8		7				7	37	53	37
Men's 4x400m Relay	4		7		9		6		5		8		11				3	37	53	37
	86	48	134	75	116	56	89	38	80	48	127	81	118	50			258	307	1007	703

Women's 100m	9	5			8	7	7	6	5	3	11	9	6	4			7	3	53	37
Women's 200m	9	4	8		5	7	6	6	4	3	11	9	7	5			3	3	53	37
Women's 400m	6	5			7	7	9	6	5	4	8	9	11				7	6	53	37
Women's 800m	6						8		7	7	9	9	11				12	21	53	37
Women's 1500m	7	7					8				9		11	9			18	21	53	37
Women's 1500m S/Ch																				
Women's 3000m	9	7											11	9			33	21	53	37
Women's 400m Hurdle							11	9									42	28	53	37
Women's 100m Hurdle																	53	37	53	37
Women's Hammer	8	6			7		6		9	9	11	7					12	15	53	37
Women's Discus	9	4			5		7	7	8	9	6	6	11	5			7	6	53	37
Women's Javelin	7	5			9	7	11	9	5	4	8	6	6				7	6	53	37
Women's Shot Putt	5	4			8		7	7	9	9	11	5	6	6			7	6	53	37
Women's Long Jump	6	5			9	7	11	9	7	4	8	6					12	6	53	37
Women's Triple Jump					11	9	9	7			8		7				18	21	53	37
Women's High Jump							9	9			11		8				25	28	53	37
Women's Pole Vault																	53	37	53	37
Women's 4x100m Rela	6				9		8		5		11		7				7	37	53	37
Women's 4x400m Rela	6				7		8		5		9		11				7	37	53	37
	93	52	8		85	44	125	75	69	52	131	66	113	38			330	339	954	666

Match Summary	Altrincham	Bradford	Halifax	Horwich	Longwood	Spen	Stockport		UNUSED	TOTAL
Teams	278.5	217.0	301.0	327.0	249.0	404.5	319.0		1234.0	3330.0
Officials Points	25.0	30.0	25.0	15.0	30.0	30.0	10.0		165.0	330.0
Total	303.5	247.0	326.0	342.0	279.0	434.5	329.0		1399.0	3660.0
Match Position	5	7	4	2	6	1	3	8		
League Points	4	2	5	7	3	8	6	1		

Standings	Altrincham	Bradford	Halifax	Horwich	Longwood	Spen	Stockport	
League Points	4.0	2.0	5.0	7.0	3.0	8.0	6.0	1.0
Match Points	303.5	247.0	326.0	342.0	279.0	434.5	329.0	
League Positions	5	7	4	2	6	1	3	8