GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 13 BOYS				
1	225	Colin Daly	Trafford AC	11.01
2	197	Marcus Dey	Bury AC	11.36
3	199	Ben Forrest	Bury AC	11.38
4	214	Connor Fazakerley	Manchester H	11.45
5	213	Matty Fox	Manchester H	11.51
6	227	Luke Merrill	Trafford AC	11.53
7	198	Sam Brooks	Bury AC	11.54
8	215	Ben Skertchly	Manchester H	11.56
9	232	Jack Wilkinson	Trafford AC	12.12
10	217	E Glasgow Lattibeadie	Old & Roy AC	12.13
11	221	Luke Chesters	Sale H Man	12.14
12	218	Ethan Radcliffe	Rossendale H	12.16
13	234	Scott Thompson	Wigan Harr	12.18
14	219	Harry Boyd	Sale H Man	12.20
15	202	Alex Bennett	Bury AC	12.36
16	231	Raffi Quirke	Trafford AC	12.49
17	206	Sean Alford	ECH & TAC	12.52
18	204	Declan Guy	Bury AC	13.01
19	211	Ethan Jones	Leigh H	13.01
20	208	Jack Thomas	ECH & TAC	13.15
21	203	Curtis Johnstone	Bury AC	13.18
22	207	Paolo Guarnieri	ECH & TAC	13.36
23	230	Xavier O'Hare	Trafford AC	13.49
24	216	Sammy Warne	Manchester H	14.44
25	201	Cian Herdson	Bury AC	15.04
26	205	Joseph Hull	Bury AC	15.10
		TEAMS		
1		Bury AC "A"		12
2		Trafford AC "A"		16
3		Manchester H "A"		17
4		Bury AC "B"		54
5		ECH & TAC "A"		59

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 13 GIRLS

Posn	Bib	Athlete	Club	Time
1	20	Olivia Green	Sale H Man	11.48
2	10	Eleanor Kenny	Manchester H	12.08
3	9	Danielle Stringer	Manchester H	12.12
4	21	Claudia Cowan	Sale H Man	12.18
5	23	Niahm Nugent	Sale H Man	12.22
6	22	F Hacker Davis	Sale H Man	12.43
7	8	Megan Taylor	Manchester H	12.44
8	37	Rebecca Jones	Stockport AC	12.45
9	26	Mairead Power	Sale H Man	12.54
10	34	Georgia Bourne	Stockport AC	12.58
11	28	Emily Barker	Salford Met AC	13.11
12	45	Kim Baptista	Wigan Harr	13.20
13	24	Tia Blisset	Sale H Man	13.27
14	39	Naomi Sinclair	Stockport AC	13.28
15	33	Heather Corden	Stockport AC	13.30
16	12	Emily Hughes	Manchester H	13.35
17	30	L Haywood Percival	Salford Met AC	13.39
18	41	Danielle McMinn	Trafford AC	13.41
19	31	Natasha Harrison	Stockport AC	13.49
20	27	Jemma Vickers	Sale H Man	13.55
21	35	Emma Flynn	Stockport AC	13.58
22	1	Georgia Greenhalgh	Bolton UH	13.59
23	6	Harriet Vaughan	Bury AC	14.06
24	17	Sophie Hall	Old & Roy AC	14.12
25	40	Grace Garner	Stockport AC	14.18
26	46	Alice Rowe	Wigan Harr	14.19
27	2	Alice Tonge	Bolton UH	14.20
28	32	Francesca Carosi	Stockport AC	14.36
29	42	Caitlin Conway	Trafford AC	14.48
30	15	Katie Cooper	Manchester H	14.52
31	29	Lucy McMullen	Salford Met AC	15.11
32	3	Rachel Bailey	Bolton UH	15.22
33	38	Abbey Wood Doyle	Stockport AC	15.27
34	36	Jess Connor	Stockport AC	15.28
35	4	Teegan Brady	Bury AC	15.49
36	16	Alicia Brogan	Manchester H	15.57
37	7	Anna Baker	Bury AC	16.25
38	18	Rebecca Hall	Old & Roy AC	18.49

	TEAMS	
1	Sale H Man "A"	10
2	Manchester H "A"	13
3	Sale H Man "B"	31
4	Stockport AC "A"	35
5	Stockport AC "B"	58
6	Salford Met AC "A"	62
7	Bolton UH "A"	84
8	Manchester H "B"	85
9	Stockport AC "C"	89
10	Bury AC "A"	98

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 15 BOYS

Posn	Bib	Athlete	Club	Time
1	265	Chris Brown	Trafford AC	13.37
2	263	Ryan Babcock	Trafford AC	13.52
3	241	James Wardle	Leigh H	14.03
4	245	Thomas Taylor	Manchester H	14.05
5	246	Donnacha Maguire	Manchester H	14.12
6	252	Euan Gilchrist	Sale H Man	14.23
7	257	Christy O'Brien	Sale H Man	14.31
8	242	Sam Wardle	Leigh H	14.37
9	261	Shay Ward	Stockport AC	14.47
10	238	George Lewis	ECH & TAC	14.56
11	251	Dylan Burchill	Sale H Man	15.02
12	259	Jay Hornby	Stockport AC	15.04
13	255	Adam Spilsbury	Sale H Man	15.28
14	262	Jay wood	Stockport AC	15.29
15	253	Adam Kinghorn	Sale H Man	15.30
16	248	Alex Proctor	Old & Roy AC	15.32
17	247	Sam Tarry	Manchester H	15.35
18	477	Christopher Wilson	Old & Roy AC	15.45
19	256	Jake Spilsbury	Sale H Man	15.56
20	235	Liam Doherty	Bolton UH	16.05
21	260	Kyle Hornby	Stockport AC	16.09
22	264	Alex Warren	Trafford AC	16.45
23	237	Dillon Cooper	ECH & TAC	16.50
24	250	Saeed Absiyeh	Sale H Man	17.35

	TEAMS	
1	Sale H Man "A"	24
2	Trafford AC "A"	25
3	Manchester H "A"	26
4	ECH & TAC "A"	33
5	Stockport AC "A"	35
6	Sale H Man "B"	47

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 15 GIRLS

Posn	Bib	Athlete	Club	Time
1	84	Katy Whiteoak	Stockport AC	14.58
2	80	Aimee Pratt	Sale H Man	16.14
3	66	Sophie Hill	Moston D H&AC	16.24
4	86	Juliet Downs	Stockport AC	16.28
5	87	Chloe Lockett	Stockport AC	16.35
6	75	Amber Towns	Sale H Man	16.49
7	73	Catherine Podmore	Sale H Man	16.54
8	72	Ciara Lydon	Sale H Man	16.59
9	71	Flora Whyte	Sale H Man	17.19
10	54	Emma Dixon	ECH & TAC	17.36
11	67	Ashleigh Davies	Moston D H&AC	17.44
12	77	Alice Bruce	Sale H Man	17.50
13	79	Frankie Reid	Sale H Man	18.01
14	64	Molly Bogin	Manchester H	18.02
15	74	Hannah Simeen	Sale H Man	18.03
16	49	Eleanor Boyle	Bury AC	18.06
17	53	A Brockley Langford	ECH & TAC	18.28
18	57	Alannah Newell	ECH & TAC	18.36
19	78	Charley Reid	Sale H Man	18.45
20	47	Katie Oakley	Bolton UH	19.21
21	83	E Chrystie Lowe	Stockport AC	19.27
22	59	Olivia Stone	Leigh H	19.29
23	58	Eleanor Bond	Leigh H	19.35
24	65	Giovanna Brady	Moston D H&AC	19.54
25	68	Ellie Donohoe	Moston D H&AC	20.05
26	50	Niamh Herdson	Bury AC	29.36

	TEAMS	
1	Stockport AC "A"	10
2	Sale H Man "A"	15
3	Sale H Man "B"	29
4	Moston D H&AC "A"	38
5	ECH & TAC "A"	45
6	Sale H Man "C"	47
7	Leigh H "A"	76

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 17 MEN

Posn	Bib	Athlete	Club	Time
1	296	Zac Miller	Trafford AC	20.24
2	275	Joe Steward	ECH & TAC	20.41
3	279	Adam Howard	Old & Roy AC	21.13
4	295	Daniel Lawton	Trafford AC	21.30
5	294	Nikita Katende	Trafford AC	22.22
6	283	Jack Brown	Old & Roy AC ****	22.28
7	297	Robert Powell	Trafford AC	22.34
8	289	Matthew Metcalfe	Sale H Man	22.49
9	276	Jonathon Stewart	Manchester H	23.04
10	301	Will Grimshaw	Bolton UH	23.19
11	270	Jack Garmory	Bolton UH	23.39
12	284	Khaled Absiyeh	Sale H Man	23.47
13	271	Nathan Milligan	Bury AC	23.55
14	290	Simon Chadwick	Stockport AC	23.56
15	274	Tom McGuiness	ECH & TAC	23.57
16	268	Matthew Walker	Bolton UH	23.59
17	278	Robert McDowell	Moston D H&AC	24.46
18	272	Benn Heywood	Bury AC	24.54
19	285	Matthew Beacock	Sale H Man	24.55
20	280	Nathan Hilditch	Old & Roy AC	25.03
21	281	Jack Edmondson	Old & Roy AC	27.37
22	292	Josh Walton	Stockport AC	29.26

		TEAMS	
1		Trafford AC "A"	10
2		Bolton UH "A"	37
3		Sale H Man "A"	39
4		Old & Roy AC "A"	44

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 17 WOMEN

Posn	Bib	Athlete	Club	Time
1	108	Mollie Williams	Stockport AC	19.30
2	111	Elizabeth Apsley	Stockport AC	19.51
3	102	Megan Davies	Sale H Man	20.16
4	104	Imani Modahl	Sale H Man	20.36
5	113	Ellen Downs	Stockport AC	20.43
6	91	Christie Cook	Bury AC	20.48
7	112	Rosa Chrystie Lowe	Stockport AC	21.26
8	107	Megan Ashelby	Stockport AC	21.57
9	96	Leah Peploe	Leigh H	22.03
10	103	Rachel Hibberd	Sale H Man	22.22
11	92	Katie Hurt	Bury AC	22.23
12	100	Amy Pope	Moston D H&AC	22.33
13	109	Sophie Williams	Stockport AC	22.44
14	105	Hannah Christy	Sale H Man	22.59
15	116	Danielle Thompson	Wigan Harr	23.00
16	114	Rosin Clegg	Stockport AC	23.05
17	94	Danielle Dignan	ECH & TAC	23.33
18	95	Hayley Simpson	ECH & TAC	23.44
19	89	Alana Grundy	Bury AC	23.58
20	99	Sophie Mayers	Leigh H	24.05
21	93	Clare Dignan	ECH & TAC	24.40

		TEAMS	
1		Stockport AC "A"	8
2		Sale H Man "A"	17
3		Stockport AC "B"	28
4		Bury AC "A"	36
5		ECH & TAC "A"	56

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 20 WOMEN

Posn	Bib	Athlete	Club	Time
1	117	Shannon Johnson	Bolton UH	20.27
2	120	Bethany Jones	Leigh H	21.30
3	124	Nicola Berry	Stockport AC	22.16
4	125	Natalie Thompson	Wigan Harr	24.03
5	123	Olivia McDermott	Salford Met AC	24.07
6	118	Katrina Conroy	Bury AC	25.27

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

UNDER 20 MEN

Posn	Bib	Athlete	Club	Time
1	318	Jack Nixon	Stockport AC	27.36
2	314	Ryan Moore	Sale H Man	27.51
3	321	Richard Powell	Trafford AC	28.09
4	308	Liam Moore	Leigh H	28.49
5	299	Ryan Ganose	Altrincham & DAC	29.10
6	306	Joe Hudak	ECH & TAC	29.28
7	307	Tom Knellor	Leigh H	29.57
8	305	Josh Williams	Bury AC	30.04
9	303	Jonothan Kay	Bolton UH	30.08
10	313	Matt Holmes	Sale H Man	30.59
11	310	Alex Bradford	Sale H Man	32.07
12	309	Adam Jamson	Leigh H	36.42

		TEAMS	
1		Sale H Man "A"	23
2		Leigh H "A"	23

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

SENIOR WOMEN

Posn	Bib	Athlete	Club	Time
1	191	Jackie Fairchild	Trafford AC	30.14
2	164	Tess Walker	Salford H	30.43
3	139	Dionne Allen	Leigh H	31.25
4	140	Laura Riches	Leigh H	32.10
5	147	Claire Platt	Man YMCA H	32.51
6	170	Jenny Knass	Stockport AC	33.18
7	169	Lyndsay Clarke	Stockport AC	33.28
8	171	Helen Walch	Stockport AC	34.13
9	176	Sam Jones	Stockport AC	34.59
10	154	Hayley Carill	Sale H Man	35.14
11	185	Liz Austen	Trafford AC	35.35
12	194	Alison Drasdo	Trafford AC	35.38
13	131	Kate Kelly	ECH & TAC	37.39
14	158	Helen Armitage	Sale H Man	37.41
15	133	Janine Ridgard	ECH & TAC	37.54
16	126	Bev Ganose	Altrincham & DAC	37.56
17	190	Sally Howarth	Trafford AC	38.06
18	182	Lauren Marsden	Swinton RC	38.10
19	132	Emma McQueen	ECH & TAC	38.35
20	152	Catherine Shelley	Man Frontrunners	38.59
21	134	Kirsty Johnson	Glossopdale H	39.15
22	130	Janet Grint	ECH & TAC	39.24
23	151	Anna Einarsdottir	Leigh H	39.35
24	149	Hannah Brierley	Man YMCA H	40.04
25	195	Ruth Beresford	Trafford AC	40.24
26	177	Amanda Trivett	Stockport AC	41.04
27	181	Julie Hamilton	Swinton RC	41.19
28	183	Sarah Green	Swinton RC	42.08
29	175	Helen Fraser	Stockport AC	42.15
30	153	Helen Hart	Man Frontrunners	42.25
31	146	Steph Goodchild	Man YMCA H	42.29
32	173	Alexis Dinsmoor	Stockport AC	42.33
33	150	Kelly Ormisher	Man YMCA H	42.44
34	188	Melissa Davies	Trafford AC	43.04
35	179	Emma Flynn	Swinton RC	43.16
36	196	Sue Exon	Trafford AC	43.40
37	148	Emma Bedford	Man YMCA H	44.11

		TEAMS	
1		Stockport AC "A"	21
2		Trafford AC "A"	24
3		Leigh H "A"	30.001
4		ECH & TAC "A"	47
5		Man YMCA H "A"	60
6		Stockport AC "B"	64
7		Swinton RC "A"	73
8		Trafford AC "B"	76

GREATER MANCHESTER A.A.

CROSS COUNTRY CHAMPIONSHIPS 2013

AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

SENIOR MEN

Posn	Bib	Athlete	Club	Time
1	429	Carl Hardman	Salford H	40.02
2	425	Joe Bailey	Salford H	40.18
3	415	Gareth Raven	Sale H Man	42.10
4	418	Ben Riddell	Salford H	42.15
5	428	Matt Shaw	Salford H	42.16
6	470	Tom Charles	Trafford AC	43.02
7	475	Alex Young	Trafford AC	43.05
8	335	Joshua Cole	Bury AC	43.14
9	391	Matthew Clark	Purbeck R	43.52
10	426	Rob Hughes	Salford H	43.54
11	476	Rob Downs	Wilmslow RC	43.56
12	474	Gareth Turner	Trafford AC	44.00
13	434	Dave Lockett	Salford H	44.19
14	417	Ryan Worland	Sale H Man	44.21
15	419	Anthony Taylor	Salford H	45.01
16	406	Rob Flannery	Sale H Man	45.13
17	369	Ed Fazakerley	Manchester H	45.29
18	329	Frazer Jardine	Bolton UH	45.49
19	448	J Scott Buccleuch	Stockport AC	46.09
20	398	Phil Williams	Rochdale	46.20
21	404	Peter Crawford	Sale H Man	46.41
22	405	Chris Donnelly	Sale H Man	46.44
23	433	Dave Hudson	Salford H	46.50
24	473	Paul Mannion	Trafford AC	46.58
25	450	James Corden	Stockport AC	47.21
26	359	Phil Williams	Leigh H	47.26
27	349	John Sloan	ECH & TAC	47.42
28	412	David Marsh	Sale H Man	47.48
29	466	Dan Bird	Swinton RC	47.53
30	327	Peter Abraham	Altrincham & DAC	48.01
31	384	James Moles	Man Frontrunners	48.27
32	385	David Stephan	Man Frontrunners	48.46
33	363	Alister Goulding	Leigh H	48.52
34	348	Gary Matthews	ECH & TAC	48.56
35	408	Olivier Gaillamin	Sale H Man	49.06
36	431	Simon Bruton	Salford H	49.09
37	427	Stan Owen	Salford H	49.12
38	468	Daniel Ansell	Trafford AC	49.30
39	422	Glynn Billington	Salford H	49.39
40	439	Phil West	Salford H	49.46
41	340	Stuart Hodgkinson	Bury AC	49.48
42	437	Jim Wyatt	Salford H	49.51
43	344	Liam Browne	ECH & TAC	50.10
44	465	Mark Whittington	Swinton RC	50.22
45	328	Toby Percival	Altrincham & DAC	50.43
46	469	Richard Byers	Trafford AC	51.26
47	389	David Smith	Old & Roy AC	52.11
48	392	Ian Stainthorppe	Rochdale	52.24
49	454	Rob Taylor	Stockport AC	52.28
50	383	Jono Guildford	Man Frontrunners	52.30
51	443	Paul Connolly	Salford Met AC	52.54
52	416	Dan Whittaker	Sale H Man	53.01
53	353	Sean McMyler	Horwich RMI	53.08
54	372	Liam Barlett	Manchester H	53.10
55	436	Mark Seed	Salford H	53.19
56	407	Kevin Foster	Sale H Man	53.29
57	347	Derek Hughes	ECH & TAC	54.23
58	324	Peter Hill	Altrincham & DAC	54.45
59	435	Sean Cordell	Salford H	55.11
60	471	Mark Evans	Trafford AC	55.14

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AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 5TH 2013

		SENIOR MEN		
61	458	Robert Goulsbra	Stockport AC	55.21
62	373	Chris Stewart	Manchester H	55.57
63	350	Neil McGraw	Glossopdale H	56.29
64	399	Nick Walsh	Rochdale	56.41
65	365	Martin Jones	Leigh H	57.18
66	456	Steve Cole	Stockport AC	57.31
67	414	Tim Rainey	Sale H Man	57.34
68	449	D Chrystie Lowe	Stockport AC	57.49
69	447	Dave Bibby	Stockport AC	57.51
70	460	Paul Rutherford	Swinton RC	58.01
71	430	Gary Thompson	Salford H	58.26
72	396	John Mayall	Rochdale	58.38
73	374	Lloyd Barlow	Manchester H	59.04
74	400	Kris Robinson	Rochdale	59.52
75	397	Matthew Cox	Rochdale	60.19
76	378	Chris Cooper	Manchester H	61.33
77	394	Mark Walker	Rochdale	61.49
78	388	Brian Schofield	Old & Roy AC	62.42
79	371	Will Stanniard	Manchester H	62.48
80	382	James Gu	Man YMCA H	63.35
81	444	Stuart Mairs	Salford Met AC	64.03
82	338	David Flood	Bury AC	64.05
83	455	Nigel Harrison	Stockport AC	64.06
84	381	Paul Cooper	Man YMCA H	64.09
85	446	Nick Roberts	Stockport AC	64.38
86	387	Angelo Tomasso	Man Frontrunners	64.51
87	379	Jon Paramor	Man YMCA H	65.02
88	377	Jason Brogan	Manchester H	65.18
89	442	Dennis Moran	Salford H	65.42
90	354	John Parker	Horwich RMI	66.17
91	440	Roland Bowness	Salford H	66.33
92	339	Nigel Brady	Bury AC	69.42
93	375	Steve McCall	Manchester H	69.48
94	352	Gordon Stone	Horwich RMI	70.29
95	370	Dave Wood	Manchester H	70.30
96	462	Mike Horton	Swinton RC	71.16
97	376	Nigel Rawlings	Manchester H	71.56
98	461	Dave Williamson	Swinton RC	74.55
99	386	Nasir Hamodi	Man Frontrunners	82.25

	TEAMS	
1	Salford H "A"	12
2	Trafford AC "A"	49
3	Sale H Man "A"	54
4	Salford H "B"	61
5	Sale H Man "B"	137
6	Salford H "C"	152
7	Stockport AC "A"	154
8	ECH & TAC "A"	161
9	Man Frontrunners "A"	199
10	Rochdale "A"	204
11	Manchester H "A"	206
12	Bury AC "A"	223
13	Swinton RC "A"	239
14	Stockport AC "B"	286
15	Manchester H "B"	336