

U23 Inter Regional Match**T01A U23 Men 400m H A** **m/s**

1	David Martin	Scotland	52.51
2	Chris Quinn	Northern Ireland	52.66
3	Brenton Hardware	Midlands	57.05
4	Alex Cooke	North	58.02

T01B U23 Men 400m H B **m/s**

1	Niall Flannery	North	56.00
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T02A U23 Women 400m H A **m/s**

1	Eilidh Child	Scotland	57.68
2	Kathryn Dunn	North	65.99
3		Wales	69.50

T02B U23 Women 400m H B **m/s**

1		Scotland	61.05
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T03A U23 Women 800m A **m/s**

1	Lynsey Sharp	Scotland	2:09.46
2	Ruth Mitchell	Midlands	2:13.36
3	Leigh Lennon	North	2:14.90
4	Rebecca Nuttall	Wales	2:15.63

T03B U23 Women 800m B **m/s**

1	Joanne Finch	Scotland	2:11.61
2	Sarah Dobler	Wales	2:16.80
3	Jade Allen	North	2:17.25
4	Rebecca Hall	Midlands	2:18.81

T04A U23 Men 800m A **m/s**

1	Mark Mitchell	Scotland	1:50.01
2	Ed Aston	South	1:50.31
3	Myles Barrett	Midlands	1:52.56
4	Kevin McCloy	Northern Ireland	1:53.18
5	Chris Smith	North	1:53.70
6	Jon Butler	Wales	1:54.06

T04B U23 Men 800m B **m/s**

1	Gary Smith	Scotland	1:55.19
2	Stephen Emery	Midlands	1:56.63
3	Rob Hodges	North	1:57.04

T05A U23 Women 100m A **+2.8m/s**

1	Amy Foster	Northern Ireland	11.69
2	Denise Osei	South	11.79
3	Kylie Russell	Midlands	12.01
4	Zara Hohn	North	12.04
5	Louise Dickson	Scotland	12.06
6	Zara George	Wales	12.20

T05B U23 Women 100m B **+0.5m/s**

1	Natalie Bartley	South	12.34
2	Hannah Pendlebury	Wales	12.39
3	Laura Davies	Scotland	12.42
4	Sinead Johnson	Midlands	12.61
5	Becky McLinden	North	12.98

T06A U23 Men 100m A **-0.6m/s**

1	Wade Bennett-Jacks	South	10.56
2	Craig Fleming	Scotland	10.74
3	Paul Judson	Midlands	10.93
4	Gareth Price	Wales	11.07
5	Rory Evans	North	11.08
6	Dean Adams	Northern Ireland	11.08
7	Neal Borg	Malta	11.26

T06B U23 Men 100m B **-1.7m/s**

1	Joel Fearon	Midlands	10.79
2	Ryan Oswald	Scotland	11.04
3	Ben Huggins	South	11.21
4	Jacob Brown	North	11.21
5	Chris Howe	Wales	11.40
6	Owen Camilleri	Malta	11.41

T08A U23 Women 3000m S/c A **m/s**

1	Ruth Senior	South	6:50.07
2	Nicola Hood	Scotland	7:11.32

T08B U23 Women 3000m S/c B **m/s**

1	Rebecca Finch	Scotland	7:33.34
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T09A U23 Women 400m A **m/s**

1	Gemma Nicol	Scotland	55.76
2	Claire Burgoyne	Midlands	56.05
3	Francesca Xuareb	Malta	56.11
4	Sarah Lucas	North	56.47

T09B U23 Women 400m B **m/s**

1	Jenny Tan	Scotland	56.40
2	Emma Williams	Midlands	56.48
3	Martina Xuareb	Malta	56.94
4	Becky McLinden	North	58.93

T10A U23 Men 400m A **m/s**

1	Chris Clarke	South	46.93
2	Richard Strachan	North	47.27
3	Pat Swan	Scotland	49.06
4	Tom Miller	Wales	49.59
5	Andrew Dean-Young	Midlands	51.04

T10B U23 Men 400m B **m/s**

1	Glyn Hawkes	Wales	49.23
2	Danny Barry	North	49.49
3	Ian Garloch	Scotland	49.53
4	Thomas Bryans	Midlands	51.14

T12A U23 Women 1500m A **m/s**

1	Morag McClarty	Scotland	4:24.31
2	Stacey Smith	North	4:28.45
3	Stacey Johnson	Midlands	4:31.29

T12B U23 Women 1500m B **m/s**

1	Eilish McColgan	Scotland	4:35.78
2	Claire Mensley	Midlands	4:41.96

T13A U23 Men 1500m A **m/s**

1	Jonathan Taylor	North	3:58.47
2	Tim Dalton	Midlands	4:00.11
3	Chris O'Hare	Scotland	4:02.21
4	Rhys Glastonbury	Wales	4:09.52

T13B U23 Men 1500m B	m/s	T19B U23 Men 3000m Walk M	m/s
1 Scott Pilkington Scotland 3:59.69		1 Adam Wears North 16:53.22	
2 Harry Jones Wales 4:05.00		T19B U23 Women 3000m Walk W	m/s
3 Ander Russell Midlands 4:06.88		1 Katherine Grainger North 16:53.22	
T14A U23 Women 3000m A	m/s	2 Keira Rayment Midlands 17:40.85	
1 Sarah Inglis Scotland 10:19.65		T20A U23 Men 3000m S/c A	m/s
2 Monalisa Camilleri Malta 11:44.24		1 David Westbury Wales 9:22.26	
T14B U23 Women 3000m B	m/s	2 Sam Bradley Scotland 9:36.04	
1 Fiona Thompson Scotland 10:35.35		3 Matthew Carey South 9:50.24	
T15A U23 Women 100mH A	-0.2m/s	T20B U23 Men 3000m S/c B	m/s
1 Zara Hohn North 13.70		1 Andrew Donno Wales 9:37.32	
2 Catherine Holdswort South 13.77		2 Steve Carnell South 9:56.78	
3 Nicola Robinson Midlands 14.38		3 Michael Wright Scotland 10:31.10	
4 Maria Sciberras Malta 16.02		T21A U23 Women 4 x 100m A	m/s
T15B U23 Women 100mH B	-0.2m/s	1 Scotland 48.10	
1 Helen Asher North 14.15		2 South 48.69	
2 Kylie Robilliard South 14.17		3 North 49.28	
3 Stephanie Walker Scotland 14.73		4 Midlands 49.40	
T16A U23 Men 110m H A	-3.0m/s	5 Malta 50.41	
1 Matthew Hudson North 15.20		T22A U23 Men 4 x 100m A	m/s
2 Robert James Midlands 15.38		1 Scotland 41.82	
3 Calum Innes Scotland 15.77		2 South 41.93	
T16B U23 Men 110m H B	-3.0m/s	3 Midlands 42.08	
1 Edrin Okoro Midlands 14.81		4 North 42.73	
2 Phil Jarrett North 16.07		5 Malta 43.62	
T17A U23 Women 200m A	-0.5m/s	T23A U23 Men 3000m A	m/s
1 Holly Croxford South 24.41		1 Tom Russell Scotland 8:16.00	
2 Helen asher North 24.89		2 Lewis Moses North 8:33.15	
3 Nadine Okyere Midlands 25.08		3 Matt Clowes Midlands 8:51.65	
4 Hannah Pendlebury Wales 25.30		4 Stuart Huntingdon South 9:13.78	
5 Stacey Downie Scotland 25.47		T23B U23 Men 3000m B	m/s
T17B U23 Women 200m B	-1.8m/s	1 Gary Bristow North 8:39.73	
1 Denise Osei South 24.47		2 Connor McNulty Scotland 8:52.73	
2 Kayo Titiloye Midlands 25.07		3 Daniel Woolford Midlands 9:06.59	
3 Suzanne Begg Scotland 25.46		T24A U23 Women 4 x 400m A	m/s
4 Sarah Pole Wales 26.03		1 Scotland 3:47.60	
T18A U23 Men 200m A	-1.1m/s	2 Midlands 3:54.57	
1 Chris Clarke South 21.01		3 Wales 4:06.85	
2 Craig Flemming Scotland 21.46		T25A U23 Men 4 x 400m A	m/s
3 Paul Judson Midlands 21.77		1 North 3:19.19	
4 Umar Hameed North 21.86		2 Scotland 3:20.12	
5 Gareth Price Wales 23.04		3 Wales 3:21.17	
T18B U23 Men 200m B	-1.0m/s	4 Midlands 3:22.70	
1 Wade Bennett-Jacks South 21.80		T25B U23 Men 4 x 400m B	m/s
2 Shem Nelson Midlands 22.22		1 North 3:29.46	
3 Ryan Oswald Scotland 22.42			
4 Rory Evans North 22.45			
T19A U23 Men 3000m Walk M	m/s		
1 Tom Bosworth South 13:35.98			
2 Antonio Cirillo Wales 14:15.40			
3 Adam Wears North 14:40.13			
T19A U23 Women 3000m Walk W	m/s		
1 Holly Smith Midlands 15:56.62			
2 Rebecca Mersh North 16:32.13			

U23 Inter Regional Match**F01A U23 Women Hammer A**

1	Sophie Hitchon	North	58.72
2	Laura Chalmers	Scotland	52.74
3	Hayley Murray	Midlands	51.71
4	Kate Yhnell	Wales	45.04
5	Maggie Donnelly	Northern Ireland	43.73

F01B U23 Women Hammer B

1	Vicky Johnson	North	47.33
2	Stacey Wilson	Scotland	46.19
3	Liz Seabrook	Midlands	37.02

F02A U23 Men Discus A

1	Brett Morse	Wales	52.48
2	Elliott Price	Midlands	51.65
3	Jamie Williamson	North	51.11
4	Angus McInroy	Scotland	50.81
5	Chris Scott	South	50.28

F02B U23 Men Discus B

1	David Coleman	South	50.43
2	Sam Herrington	Midlands	48.07
3	Graeme Level	North	39.68
4	Jacob Matthews	Wales	39.09
5	Gary Sweeney	Scotland	34.61

F03A U23 Men Triple Jump A

1	John Carr	Scotland	15.07	-2.2
2	Ade Babatunde	North	14.46	+1.5
3	Nick Stanisavljevic	South	14.03	-5.8
4	Adam Williams	Wales	12.90	-5.4

F03B U23 Men Triple Jump B

1	Cameron Clark	Scotland	13.73	-0.8
2	Mike Ehlen	North	13.43	-5.3
3	Tom Kivell	Wales	13.35	-3.4

F04A U23 Women Pole Vault A

1	Emma Lyons	Midlands	4.01
2	Sally Scott	North	3.81
3	Maria Seagar	South	3.71
4	Stephanie McKenzie	Scotland	3.41
5	Jessica Abraham	Wales	3.21
5	Claire Wilkinson	Northern Ireland	3.21

F04B U23 Women Pole Vault B

1	Abigail Haywood	North	3.91
2	Sophie Upton	Midlands	3.51
3	Louise Shortland	South	3.41
3	Hannah Abraham	Wales	3.41
5	Courtney MacGuire	Scotland	3.01

F05A U23 Men Hammer A

1	Alex Smith	North	66.98
2	Mark Dry	Scotland	62.37
3	Chris Shorthouse	Midlands	58.66

F05B U23 Men Hammer B

1	James Bedford	North	61.83
2	Chris Bennett	Scotland	55.85
3	Alex Warner	Midlands	50.97

F06A U23 Women Discus A

1	Eden Francis	Midlands	56.57
2	Kirsty Law	Scotland	45.81
3	Gemma Llewelyn	North	44.58

F06B U23 Women Discus B

1	Laura Chalmers	Scotland	43.80
2	Hannah Evenden	North	43.55
3	Jenny Scott	Midlands	43.00

F07A U23 Women Triple Jump A

1	Nony Mordi	Scotland	12.54	-2.5
2	Kelly Hilton	North	12.02	-2.6
3	Sandra Alaname	South	11.83	+0.7
4	Anna Kelly	Midlands	11.70	+0.2
5	Fiona Hunter-Johnso	Wales	11.08	-1.1
6	Stephanie Alden	Malta	10.84	-1.6

F07B U23 Women Triple Jump B

1	Jayne Nesbitt	Scotland	12.32	-1.6
2	Claire O'Reilly	North	11.94	+0.7
3	Jenneice Birminghama	Midlands	11.72	+0.7
4	Amy Campagne	Wales	9.64	-1.6

F08A U23 Men High Jump A

1	Nick Stanisavljevic	South	2.15
2	Jamie Thomas	Midlands	2.08
3	Andrew Allan	Scotland	2.00
4	Lloyd Powell	North	1.95
4	Ben Moubey	Northern Ireland	1.95
6	Danny Evans	Wales	1.90

F08B U23 Men High Jump B

1	Chris Baker	South	2.00
2	Joel Harrison	North	1.95
3	Mitchell Simms	Midlands	1.95
4	Greg Boyd	Scotland	1.90

F09A U23 Men Pole Vault A

1	Max Eaves	North	4.70
2	Scott Huggins	Scotland	4.70
3	Ben Gregory	Wales	4.40
4	Edward Moubey	Northern Ireland	4.20

F09B U23 Men Pole Vault B

1	Rhys Searles	North	4.60
2	Michael Walker	Wales	4.50
3	Nick Cruchley	Midlands	4.40

F10A U23 Women Javelin A

1	Emma Halsall	North	39.47
2	Christine Lawrence	South	38.31
3	Robyn Purchase	Wales	38.15
4	Beverley Hawkins	Midlands	37.04
5	Georgina Brown	Northern Ireland	33.77
6	Paula Murray	Scotland	33.02

F10B U23 Women Javelin B

1	Simone Huggins-Wa	Midlands	38.68
2	Lauren Boyd	Scotland	31.42
4	Amy Hill	North	30.83

F11A U23 Men Long Jump A

1	Jacob Brown	North	7.19	+0.0
2	Ezekiel Ewolu	South	7.07	+0.0
3	Jude Beimers	Scotland	6.98	+0.0
4	Matthew Parnell	Midlands	6.69	+1.2
5	Andy Grech	Malta	6.37	+0.4
6	James Gardner	Wales	6.27	+1.1

F16B U23 Men Javelin B

1	Bonne Buwembo	South	63.29
2	Jason Copsey	Wales	54.02
3	Oliver Wright	Midlands	52.15
4	Ryan Knight	Scotland	50.42

F11B U23 Men Long Jump B

1	Lee Blaymire	North	7.09	+1.0
2	David Martin	Scotland	6.87	+0.2
3	Paul Oluyemi	South	6.74	+0.6
4	Tom Kivell	Wales	6.54	+1.3

F12A U23 Women Shot A

1	Eden Francis	Midlands	15.78
2	Amy Hill	North	13.53
3	Kirsty Law	Scotland	11.20

F12B U23 Women Shot B

1	Rachel Wallader	Midlands	13.44
2	Hannah Evenden	North	12.65
3	Michelle Durbridge	Scotland	10.56

F13A U23 Women High Jump A

1	Kay Humberstone	North	1.75
2	Eloise Newman	South	1.70
2	Erin Leggate	Scotland	1.70
4	Claire Wilkinson	Northern Ireland	1.60
4	Charlotte Parry	Wales	1.60

F13B U23 Women High Jump B

1	Lydia Chamberlain	North	1.65
2		South	1.65
3	Emma Lowry	Scotland	1.60

F14A U23 Men Shot A

1	Jamie Stevenson	Scotland	16.10
2	Jamie Williamson	North	15.84
3	Brett Morse	Wales	14.42
4	Sam Herrington	Midlands	14.19
5	Nick Webb	South	12.36

F14B U23 Men Shot B

1	Rimantas Martisaus	North	17.17
2	Angus McInroy	Scotland	14.20
3		Wales	13.13

F15A U23 Women Long Jump A

1	Aimee Palmer	Midlands	5.58	-2.2
2	Jess Taylor	North	5.52	-3.2
3	Steph Alden	Malta	5.03	-0.2

F15B U23 Women Long Jump B

1	Sarah Warnock	Scotland	5.57	+2.3
2	Laura Samuel	Midlands	5.29	+3.1
3	Michelle Robbins	North	4.88	+2.5

F16A U23 Men Javelin A

1	James Campbell	Scotland	64.10
2	Stuart Harvey	South	61.58
3	Ben Fisher	North	60.15
4	Aaron Crawford	Northern Ireland	59.71
5	Brett Byrd	Midlands	59.25
6	Josh Madden	Wales	54.70

Points Standing

Under 23 Home International Track & Field Match

10th August 2008
Derby

U23 Inter Regional Match

Points Standing on Completion of 77 Events

1	Scotland	418
2	North	397
3	Midlands	315
4	South	221
5	Wales	183
6	Northern Ireland	45
7	Malta	39