

24th September 2011

1 Leeds City	01:48:39	13 Lincoln Wellington AC	01:56:28	25 Hallamshire Harriers	02:00:02
James Smith (1)	17:47	Max Ware (18)	18:40	Andrew Thake (20)	18:46
Christopher Wright (6)	18:49	Tom Doe (2)	17:40	Robert Baker (20)	19:19
Martin Roscoe (5)	19:18	Tom Straw (3)	18:56	Tim Robinson (22)	19:57
Simon Deakin (4)	17:58	Richard Brown (2)	18:32	Craig Fishwick (30)	21:58
James Walsh (2)	17:28	Adam Baker (6)	21:05	Ben Beattie (27)	19:50
James Wilkinson (1)	17:19	Ryan Stevenson (13)	21:35	Dean Furniss (25)	20:12
2 Morpeth Harriers & AC	01:48:48	14 Stockport Harriers & AC	01:57:23	26 Horwich Rmi Harriers	02:00:14
Matthew Nicholson (15)	18:34	Andrew Nixon (14)	18:30	James Kevan (10)	18:23
Lewis Timmins (4)	17:51	Gary Bristow (8)	18:39	Gareth Booth (17)	19:25
Michael Dawson (4)	19:00	J Scott-Bucclough (6)	19:05	Martyn Bell (18)	19:41
Ian Harding (3)	18:24	Jack Morris (8)	19:12	Alastair Murray (14)	19:24
Peter Newton (3)	17:38	Dean Matkin (11)	21:10	William Martin (22)	22:07
Ian Hudspith (2)	17:21	Adrian Nutter (14)	20:47	David Jackson (26)	21:14
3 Derby AC	01:49:45	15 Border Harriers	01:57:38	27 Barrow & Furness Striders AC	02:00:20
Joshua Bull (19)	18:45	James Douglas (17)	18:40	Peter Huck (27)	18:59
David Westbury (12)	18:49	Kevin Bell (14)	19:02	Richard Walker (27)	19:32
Niall Maguire (7)	18:48	Peter Harrison (14)	19:21	Jed Bartlett (28)	20:21
Alex Pilcher (6)	18:01	George Thompson (16)	19:55	Philip Waite (24)	19:34
Luke Gunn (4)	17:57	Nick Hindle (16)	20:21	Simon Stanway (30)	21:47
Richard Weir (3)	17:25	Harry Earl (15)	20:19	Patrick Miller (27)	20:07
4 Liverpool Harriers & AC	01:50:21	16 Leeds City 'B'	01:57:41	28 Kendal Aac	02:00:25
Daniel Cliffe (2)	18:00	Dale Worton (38)	19:48	Nicholas Bradley (63)	21:00
Johnny Mellor (1)	17:18	Daniel Davis (32)	19:29	Luke Ingham (52)	20:18
Adam Peers (1)	18:53	Leon Foster (30)	19:47	Alasdair Russell (41)	19:24
Ricky Challinor (1)	18:58	Fergus Meade (22)	19:13	Michael Hoyle (40)	20:43
John McCole (1)	17:59	Michael Burrett (17)	19:05	Danny Parkinson (26)	18:19
Mathew Jackson (4)	19:13	Gavin Chatterton (16)	20:19	Patrick Vicary (28)	20:41
5 Salford Harriers & AC	01:50:33	17 Sale Harriers Manchester	01:57:49	29 Warrington Athletic Club	02:00:27
Benjamin Riddell (8)	18:14	James Bailey (6)	18:11	Luke Johnston (34)	19:40
Carl Hardman (3)	18:09	Niall Brooks (10)	19:07	Oliver Park (34)	19:44
Tarus Elly (2)	18:23	Michael Kilmartin (15)	19:46	Dominic Mahon (25)	19:02
Paul Savage (5)	19:28	Charles Hulson (12)	19:38	James Ellis (28)	21:22
Josh Tighe (5)	18:42	Phillip Scowcroft (18)	20:57	Adrian Timmins (31)	20:26
Joseph Bailey (5)	17:37	Simon Mills (17)	20:10	Samuel Dykes (29)	20:13
6 Gateshead Harriers & AC	01:54:23	18 Preston Harriers	01:58:00	30 Rossendale Harriers	02:00:52
Ryan Stephenson (11)	18:26	Peter Street (9)	18:20	Christopher Fell (26)	18:58
Callum Johnson (13)	19:15	Ben Akin (21)	19:49	Grant Cunliffe (26)	19:26
Marc Elliott (11)	19:04	(19)	19:21	Nick Schofield (26)	20:03
Lewis Hogg (10)	19:31	David Watson (21)	20:45	Joseph Moores (25)	20:22
Conrad Franks (8)	19:28	M Livingstone (20)	20:33	Philip Bolton (25)	20:53
Sean Hall (6)	18:39	David Rigby (18)	19:12	Ashley Holt (30)	21:10
7 Altrincham & District AC	01:54:47	19 Bolton United Harriers	01:58:15	31 Bingley Harriers	02:01:04
Nick Leigh (12)	18:27	Thomas Carson (13)	18:28	Lee Athersmith (36)	19:42
David Norman (5)	18:04	Mark Swannell (25)	19:54	Jamie Robinson (40)	20:25
Ryan Ganose (16)	20:46	Marc Tillotson (20)	19:10	Andy Brown (38)	20:22
Simon Marwood (11)	19:25	Andrew Parker (18)	20:26	Stephen Bailey (35)	20:19
Andrew Whittingham (10)	19:43	Anthony Valentine (14)	18:49	Stephen Broadbent (29)	19:14
James Reed (7)	18:22	Ian Selby (19)	21:28	Chris Edwin (31)	21:02
8 New Marske Harriers	01:55:45	20 Leigh Harriers & AC	01:58:44	32 Blackburn Harriers	02:01:28
Ricky Stevenson (52)	20:28	Liam Thompson (37)	19:43	Dominic Walton (70)	21:12
Andrew Wiles (22)	17:42	Thomas Boardman (15)	18:00	C Matthews (53)	20:09
Mark Shaw (9)	18:23	Tommy Henders (21)	19:53	Karl Billington (35)	18:51
Russell Best (7)	18:51	Tohmas Kneller (19)	20:37	John Sutton (38)	20:48
Alan Piggford (7)	20:06	Tony Battersby (19)	19:41	Paul Guinan (36)	20:45
Elliott Jackson (8)	20:15	Philip Foster (20)	20:50	Mat Nuttall (32)	19:43
9 Liverpool Harriers & AC 'B'	01:55:52	21 Holmfirth Harriers	01:58:47	33 Wigan Phoenix	02:02:05
James Horman (28)	18:59	David Turnbull (4)	18:05	James Hilton (42)	19:55
Steve Broadhurst (19)	18:52	Max Kaye (11)	19:19	Michael O'Neill (35)	19:31
(8)	18:41	Wayne Byram (37)	22:56	Andy Ward (24)	18:52
Alan Ashton (9)	19:33	T Travis-Pollard (31)	20:02	Stephen Nicholls (27)	21:12
Laurie Luscombe (9)	19:58	David Watson (23)	19:17	Matthew Kay (32)	21:14
Tom Michaelson (10)	19:49	Richard Smith (21)	19:08	M Manir-Jolley (33)	21:21
10 Salford Harriers & AC 'B'	01:55:52	22 Rotherham Harriers & AC	01:59:08	34 Derby AC 'B'	02:02:15
Nathan Kilcourse (22)	18:48	Aidan Johnson (51)	20:23	Tom Phillips (30)	19:09
Robert Hughes (18)	19:02	Rhian Hastey (45)	20:05	Jamie Fletcher (33)	20:13
David Lockett (17)	19:35	Richard Harris (32)	19:13	John Knibb (36)	20:50
Philip Leybourne (13)	19:24	Philip Hoole (23)	18:44	Adam Fozzard (41)	21:19
James Williams (12)	19:51	Gary Claxton (21)	20:32	Richard Wilson (39)	20:57
Daniel McGrath (9)	19:12	Chris Adams (22)	20:11	Thomas Lawrence (34)	19:47
11 Southport Waterloo AC	01:56:15	23 Liverpool Pembroke & Sefton	01:59:37	35 Leeds City 'C'	02:02:28
James Tartt (5)	18:08	Toby Loveridge (25)	18:57	Trevor Wilks (44)	20:01
Ben Johnson (9)	19:05	Bernard Murphy (23)	19:13	Elliot Todd (42)	20:14
Patrick Viz (13)	19:40	Michael Bride (29)	20:48	Peter Steel (42)	20:39
Dave Hamilton (17)	20:25	Ben Costello (26)	20:24	Gavin Chatterton (39)	20:26
Richard Shearer (15)	19:30	Robert Bland (28)	20:30	Michael Williams (34)	20:01
Joseph Vis (11)	19:27	Sean Kirkbride (23)	19:45	Ben Dyson (35)	21:07
12 Trafford AC	01:56:16	24 Durham City Harriers	01:59:57	36 Salford Harriers & AC 'C'	02:02:48
Timothy Egerton (21)	18:47	Daniel Garbutt (3)	18:04	Phillip West (60)	20:45
James Bleakley (24)	19:31	Michael Grimes (7)	18:51	Simon Bruton (49)	19:59
Michael Sawrey (12)	18:35	Graham Hunt (10)	19:49	Mark Russell (39)	19:50
Jeff Prest (15)	20:02	Michael Ward (20)	21:30	Howard Mead (33)	20:05
John Howe (13)	19:46	Jonathan Wilkinson (24)	21:26	David Hudson (33)	20:37
Michael Hunt (12)	19:35	Liam Ayton (24)	20:17	Michael Grace (36)	21:32

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37 Airedale Athletics	02:02:54	49 Gateshead Harriers & AC 'C'	02:06:41	61 Rotherham Harriers & AC 'B'	02:09:16
Quentin Lewis (33)	19:36	David Old (32)	19:32	Mark Ward (79)	21:48
Simon Pass (36)	20:00	Martin Slater (41)	20:36	Mark Ward (74)	21:44
Will Kerr (34)	20:34	James Porteous (47)	21:22	Howard Darwin (69)	21:43
Martin Firth (43)	21:33	John Gibson (51)	22:02	Kyle Craib (57)	20:14
Matt Nowell (38)	20:18	Jason Stobbs (50)	21:28	Chris Maris (58)	21:35
Gerard Mills (37)	20:53	C Hainsworth (49)	21:41	David Smith (61)	22:12
38 East Cheshire H & Tameside AC	02:02:58	50 Wirral AC	02:06:52	62 Spectrum Striders RC	02:10:07
Joseph Hudak (53)	20:29	P Davies-Peerless (40)	19:50	Graham Houghton (35)	19:41
Simon Horsefield (31)	18:41	Philip Robertson (59)	22:07	Kenny Forster (65)	22:28
Jake Littlehales (31)	20:30	Mark Hulmston (55)	20:52	Julian Spencer (65)	22:19
Gary Matthews (32)	20:54	Simon Jeffs (53)	21:04	Stephen Pilditch (65)	22:18
John Sloan (37)	21:11	Stephen Laker (52)	21:49	Neil Garnett (65)	22:12
Jonathan Aust (38)	21:13	Peter Scarrett (50)	21:10	Neil Crompton (62)	21:09
39 Vale Royal	02:03:05	51 St Helens Sutton AC	02:07:05	63 Accrington Road Runners	02:10:23
Andrew Clews (43)	19:56	John Ashcroft (29)	19:00	Barry Brock (56)	20:37
Tom Carter (29)	18:57	Mark Davies (46)	21:38	Shaun Liveseey (48)	20:06
Chris Perry (27)	19:45	Nathan Brown (48)	20:57	Martin Wilcock (53)	21:39
James Stringer (34)	22:09	Jamie White (47)	21:10	Phil Morton (58)	23:17
Andrew Miles (43)	22:45	Ian Costello (47)	21:49	Paul Gallagher (63)	23:08
Stuart Doyle (39)	19:33	Connor Murphy (51)	22:31	Glen Goodwin (63)	21:36
40 Gateshead Harriers & AC 'B'	02:03:28	52 Salford Harriers & AC 'D'	02:07:13	64 Altrincham & District AC 'B'	02:11:00
Timmy Calder (24)	18:53	Callum Corneille (72)	21:12	David Alderson (68)	21:08
David Burlton (43)	21:22	Dale Daniels (72)	22:12	Stuart Heaton (64)	20:57
Jonathan Boyd (50)	21:27	Darren Moran (62)	20:41	Duncan Wilson (66)	22:36
Robbie Costello (37)	19:12	David Townsend (59)	21:41	Dominic Scott (69)	23:11
Christopher Paton (40)	21:34	Derek Crewe (54)	20:45	Peter Abraham (68)	21:50
Nigel Camilleri (40)	21:00	Paul Birkett (52)	20:42	Adrian Fuller (64)	21:18
41 Tyne Bridge Harriers	02:04:18	53 Beverley AC	02:07:18	65 Wallasey AC	02:11:06
Kenny MacPherson (55)	20:31	Rob Snaith (45)	20:04	Greg Jones (62)	20:48
Mark Hall (54)	20:53	Andrew Johnson (63)	21:59	Connor McArdle (55)	20:53
John Morley (49)	20:17	Stuart Little (60)	21:46	Michael Robson (64)	22:34
Louis Goffe (44)	20:40	Stephen Peacock (61)	22:21	Tony Barbat (62)	21:57
Paul Hilton (42)	21:02	Matthew Chadwick (61)	21:35	Matthew Williams (66)	22:58
Sean Kelly (41)	20:55	James Pearson (53)	19:33	Colin Palmer (65)	21:56
42 East Hull Harriers	02:04:31	54 Sale Harriers Manchester 'B'	02:07:19	66 Liverpool Harriers & AC 'C'	02:11:14
Steve Bateson (16)	18:38	Tim Kennedy (54)	20:29	Rob Dewhurst (73)	21:16
Matthew Hayes (30)	20:30	James Ketley (62)	21:34	Ray Cole (61)	20:45
Alec Gibson (33)	20:40	Gary Rowlinson (54)	20:26	Lee Midghall (59)	21:40
Ian Grewar (36)	21:02	Alan Pitman (56)	22:55	Edward Devlin (60)	22:26
Mike Vinegrad (41)	21:54	Dean Hardman (56)	21:28	Anthony Clarke (67)	23:06
Eddie Rex (42)	21:47	Colin Gell (54)	20:27	S Wynne-Williams (66)	22:01
43 Lancaster And Morecambe AC	02:04:42	55 Border Harriers 'B'	02:07:34	67 Gateshead Harriers & AC 'D'	02:12:30
Beau Smith (49)	20:17	John Mason (57)	20:42	Simon Rogers (74)	21:17
Callum Mason (50)	20:31	Graham Millican (56)	21:03	Callum Morgan (71)	22:07
David Brown (46)	20:36	Jason Holmes (51)	20:11	Steven Medd (71)	22:03
Mark Gardner (45)	21:04	Timothy Orr (52)	21:39	Simeon Greenwood (68)	22:17
Eryl Husband (48)	22:14	Chris Neil (44)	20:42	Dan Cunnington (69)	22:15
Anthony Jewitt (43)	20:00	Graham Silburn (55)	23:17	Kevin Connolly (67)	22:31
44 Blackpool Wyre & Fylde AC	02:05:18	56 City Of Hull	02:07:45	68 Otley AC	02:12:38
Stuart Robinson (7)	18:14	Graham Gagg (71)	21:12	Edward Davies (66)	21:02
Luke Minns (16)	19:32	John Aitken (58)	20:43	Andrew Robertshaw (67)	21:30
John Wright (23)	20:22	Christopher Adams (57)	21:22	Ian Fisher (45)	18:50
Luke Berry (29)	21:42	Kieran Blogg (55)	21:36	J Mawson (46)	21:13
David Williamson (35)	21:41	James Rogers (55)	21:51	Matthew Broughton (57)	24:22
Liam Craine (44)	23:47	Andrew Lyons (56)	21:01	Mick Jeffrey (68)	25:41
45 North Derbyshire RC	02:05:37	57 Clayton Le Moors Harriers	02:08:03	69 Wigan Phoenix 'B'	02:13:44
Rod Smith (59)	20:44	Robert Aspinall (61)	20:46	Chris Wilson (76)	21:30
Chris Adams (57)	21:03	Paul Thompson (66)	21:44	Mark Melbourne (69)	21:39
Tim Clayton (58)	21:52	Jason Harbour (67)	22:13	Mark Rogers (70)	22:12
Ian Monashan (54)	21:00	Alex Cran (63)	21:48	Jeff Whittington (70)	22:40
Liam Fidler (53)	21:31	David Edmondson (60)	21:08	Paul Seddon (71)	23:28
Owen Gibbs (45)	19:27	Andrew Stubbs (57)	20:24	Phil Waterworth (69)	22:15
46 Keighley & Craven AC	02:05:44	58 Barnsley Harriers	02:08:37	70 Leigh Harriers & AC 'B'	02:14:53
Stuart Brown (47)	20:14	Steven Roebuck (48)	20:17	Ryan Butler (75)	21:25
Adrian Thomas (44)	20:02	John Broom (51)	20:43	Phillip Williams (76)	22:46
Mark Knowles (52)	21:48	Lee Smith (56)	21:53	James Cooke (72)	21:41
Lukas Lee (50)	21:25	David Crossley (64)	23:42	John Indricks (72)	22:20
Liam Spencer (51)	22:01	Stephen Whiteley (59)	20:56	Mark Gornall (70)	22:42
Will Smith (46)	20:14	Richard Spooner (58)	21:06	Duncan McCarrick (70)	23:59
47 Heanor Running Club	02:05:56	59 Wakefield DH & AC	02:08:42	71 Clayton Le Moors Harriers 'B'	02:15:08
Joe Rainsford (31)	19:30	Paul Hallas (46)	20:07	Paul Archer (80)	21:50
C Rainsford (28)	19:15	Nathan Elliott (39)	19:56	Tom Brewster (70)	21:34
Paul Clarke (43)	22:09	Graham Fittou (74)	26:11	David Motley (75)	23:07
Ashley Deeming (42)	20:39	John Convery (66)	20:38	Sean Clare (74)	22:50
Richard Sims (46)	22:50	Peter McNamara (62)	21:39	Michael Hogan (76)	23:40
Tony Weatherson (47)	21:33	Christopher Ward (59)	20:11	Paul Hesketh (71)	22:07
48 Penny Lane Striders	02:06:04	60 North York Moors AC	02:09:04	72 Blackburn Harriers 'B'	02:15:40
Carl Wright (41)	19:54	Paul Bentley (39)	19:49	Mark Almond (90)	22:32
Martin Swensson (37)	19:43	Andrew Pearson (38)	19:53	Daniel Maynard (84)	22:57
John Connolly (40)	20:58	Richard Fawcett (44)	21:29	Robert Warner (73)	20:26
Luke Parker (48)	22:12	Wayne Bouttell (49)	21:55	John Chaplin (71)	22:07
Neil Kelly (45)	21:30	Paul McGough (49)	21:40	David Thornton (64)	20:49
Nigel Grant (48)	21:47	Thomas Wall (60)	24:18	Richard Taylor (72)	26:49

73 Rossendale Harriers 'B'	02:15:47	85 Beverley AC 'B'	02:25:11	Trafford AC 'B'	01:04:02
Jordan Beard (69)	21:09	Andrew Tate (102)	24:20	Kevin Brydon (50)	20:20
Jack Stringfellow (87)	25:08	Neil Bant (94)	23:31	Craig Wheeler (47)	20:21
Andrew Fell (80)	21:44	Lucas Meagor (94)	24:18	Duncan Drasdo (61)	23:21
Elliott Wylie (75)	21:57	Steven Hadley (94)	26:38		
Richard Stott (75)	23:02	C Woolner (86)	21:57	East Hull Harriers 'C'	01:11:10
Steve Duxbury (73)	22:47	R Roger Tomlin (85)	24:27	Graham Wilkinson (97)	23:35
74 Salford Harriers & AC 'E'	02:16:33	86 Chorley AC	02:25:39	Philip Gibson (89)	22:58
Sean Cordell (82)	21:52	Michael Chalfont (64)	21:01	Neil Gordon (91)	24:37
Tommy Daniels (93)	25:52	David Taylor (91)	26:08		
Gary Pendlebury (84)	21:37	Paul Wareing (88)	23:33	Sale Harriers Manchester 'D'	01:17:40
Trevor Rayner (78)	22:04	Simon Townsend (88)	24:16	Jerry Smith (103)	25:12
Dave Shaw (78)	23:28	Henry Minorczyk (87)	25:49	Terry Lonergan (99)	25:27
Mark Seed (74)	21:40	Ian Walker (86)	24:52	Brian Bradshaw (99)	27:01
75 North Derbyshire RC 'B'	02:16:50	87 Macclesfield Harriers	02:26:52	Kingston Upon Hull AC	00:18:51
Steve Leverton (84)	22:04	(100)	23:52	Kristopher Lecher (23)	18:51
Lee Morris (73)	21:26	(88)	22:28		
Stuart Cunningham (68)	21:41	(92)	25:06	Leeds City 'D'	00:21:06
Jan Lilley (77)	26:12	(89)	25:17	Aaron Lowery (67)	21:06
Steve Bennett (77)	23:24	(88)	24:17		
David Ashmore (75)	22:03	(87)	25:52	Holmfirth Harriers 'B'	00:21:50
76 Airedale Athletics 'B'	02:17:06	88 Lytham St Annes Rrc	02:28:18	Max Lawton (81)	21:50
Mick Brearley (87)	22:14	Terry Hellings (99)	23:51		
Carl Heron (80)	22:54	Andrew Draper (83)	21:29	East Cheshire H & Tameside B	00:22:13
Chris Dove (77)	22:06	Joe Shaw (89)	25:37	(86)	22:13
Mick Chambers (76)	23:17	Steve Quarmby (90)	26:27		
Tim Bellwood (74)	21:55	Tony Rudd (92)	28:26		
S Wolstenholme (76)	24:40	Graham Webster (88)	22:28		
77 Manchester Harriers	02:18:25	89 St Helens Sutton AC 'B'	02:29:36		
(58)	20:42	Ian Pass (89)	22:28		
(60)	21:16	Maurice Collins (79)	22:29		
(63)	22:14	Ian Hayburn (81)	23:13		
(67)	23:01	Ray Vose (84)	25:07		
(72)	24:49	Stan Erlam (89)	29:08		
(77)	26:23	Phil Robinson (89)	27:11		
78 City of Hull 'B'	02:19:01	90 Spectrum Striders RC 'B'	02:32:02		
Stu Buchan (92)	22:34	Albert DeJong (93)	22:50		
Stewart Rhodes (78)	22:14	Barry Allman (100)	29:30		
Andrew Lawtey (79)	23:10	Neville Griffiths (100)	26:47		
Ben Rumford (85)	25:43	Andy Garnett (97)	25:14		
Nick Maynard (81)	23:25	Brad Ehlen (95)	23:33		
David Oliver (78)	21:55	Stephen Martin (90)	24:08		
79 Penny Lane Striders 'B'	02:19:16	91 Altrincham & District AC 'C'	02:34:01		
Tim Fletcher (77)	21:35	Matt Billingham (98)	23:51		
Timothy Warn (90)	25:00	Andrew Barton (97)	25:16		
Simone Capponi (82)	22:32	Dave Gilchrist (95)	24:00		
Mal Gordon (80)	22:44	Tom Lavin (95)	27:48		
Andrew Keeley (80)	23:26	Mike Jones (94)	26:32		
Stephen McNicholas (79)	23:59	David Livingstone (91)	26:34		
80 Heanor Running Club 'B'	02:19:23	92 Blackpool Wyre & Fylde AC 'C'	02:34:51		
Josh Housley (91)	22:33	Jeff Wright (104)	25:54		
Simon Baker (86)	23:28	Peter Broome (98)	23:16		
Alastair Hobday (78)	21:46	Ian Close (96)	25:08		
Glen Salkeld (81)	24:31	Tony Croft (96)	28:29		
Robert Rainsford (85)	26:56	Peter Gibson (96)	26:03		
Christopher Riley (80)	20:09	Terry Bradshaw (92)	26:01		
81 Accrington Road Runners 'B'	02:21:10	93 Gateshead Harriers & AC 'E'	02:37:35		
Andrew Priory (88)	22:18	Philp McKeown (101)	23:56		
Paul Wickham (82)	22:56	Stephen Parr (96)	24:59		
Andrew Heys (87)	24:44	Paul Hindhaugh (97)	25:31		
Andy Bush (86)	23:48	Paul Tate (92)	23:51		
Martin King (82)	23:29	Roland Peacock (93)	28:54		
Phil Dunn (81)	23:55	John Stephenson (93)	30:24		
82 East Hull Harriers 'B'	02:21:53	94 Blackpool Wyre & Fylde AC 'B'	02:37:42		
Shaun Fores (94)	23:18	Stuart Williams (96)	23:26		
Mike Jackson (85)	22:36	Nick Hume (95)	25:01		
Philip McCoy (86)	23:46	Derek Crane (98)	27:21		
Steve Coates (79)	21:54	Chris Essex-Crosby (93)	22:56		
Andrew Fewster (84)	26:28	Dave Dyson (91)	26:50		
Paul Nippress (82)	23:51	Norman Greenwood (94)	32:08		
83 Sale Harriers Manchester 'C'	02:22:07	Liverpool Pembroke & Sefton 'B'	01:57:18		
Carl Barber (83)	21:57	Greg Callaghan (78)	21:41		
Paul Barrett (75)	22:14	Chris Pedder (77)	22:33		
Elton Davies (76)	22:25	Mark Bleasdale (83)	25:03		
Christopher Heys (73)	22:24	Jeff Mason (83)	23:40		
Steven Gavin (73)	23:09	Robbie Wood (83)	24:21		
David Rodgers (83)	29:58				
84 Tyne Bridge Harriers 'B'	02:24:13	Belper Harriers	02:03:07		
David Moir (65)	21:01	Andy Rose (95)	23:25		
Mike Norbury (68)	21:35	Jack Dakin (92)	23:48		
Michael Baker (90)	28:25	Robert Norman (93)	24:17		
Dave Daniels (82)	21:22	Andy Dakin (91)	26:29		
Daniel Birchall (79)	22:47	Malcolm Weir (90)	25:08		
Jimmy Turnbull (84)	29:03				
		Bolton United Harriers 'B'	01:33:59		
		Ben Scott (85)	22:12		
		Daryl Bentley (81)	22:58		
		Paul Turner (85)	24:28		
		Daniel Johnson (87)	24:21		

**Sunderland Harriers disqualified
for running an undeclared
competitor**

24th September 2011

Stage 1

1	00:17:47	James Smith	Leeds City	53	00:20:29	Joseph Hudak	East Cheshire H & Tameside AC
2	00:18:00	Daniel Cliffe	Liverpool Harriers & AC	54	00:20:29	Tim Kennedy	Sale Harriers Manchester 'B'
3	00:18:04	Daniel Garbutt	Durham City Harriers	55	00:20:31	Kenny MacPherson	Tyne Bridge Harriers
4	00:18:05	David Turnbull	Holmfirth Harriers	56	00:20:37	Barry Brock	Accrington Road Runners
5	00:18:08	James Tartt	Southport Waterloo AC	57	00:20:42	John Mason	Border Harriers 'B'
6	00:18:11	James Bailey	Sale Harriers Manchester	58	00:20:42		Manchester Harriers
7	00:18:14	Stuart Robinson	Blackpool Wyre & Fylde AC	59	00:20:44	Rod Smith	North Derbyshire RC
8	00:18:14	Benjamin Riddell	Salford Harriers & AC	60	00:20:45	Phillip West	Salford Harriers & AC 'C'
9	00:18:20	Peter Street	Preston Harriers	61	00:20:46	Robert Aspinall	Clayton Le Moors Harriers
10	00:18:23	James Kevan	Horwich Rmi Harriers	62	00:20:48	Greg Jones	Wallasey AC
11	00:18:26	Ryan Stephenson	Gateshead Harriers & AC	63	00:21:00	Nicholas Bradley	Kendal Aac
12	00:18:27	Nick Leigh	Altrincham & District AC	64	00:21:01	Michael Chalfont	Chorley AC
13	00:18:28	Thomas Carson	Bolton United Harriers	65	00:21:01	David Moir	Tyne Bridge Harriers 'B'
14	00:18:30	Andrew Nixon	Stockport Harriers & AC	66	00:21:02	Edward Davies	Otley AC
15	00:18:34	Matthew Nicholson	Morpeth Harriers & AC	67	00:21:06	Aaron Lowery	Leeds City 'D'
16	00:18:38	Steve Bateson	East Hull Harriers	68	00:21:08	David Alderson	Altrincham & District AC 'B'
17	00:18:40	James Douglas	Border Harriers	69	00:21:09	Jordan Beard	Rossendale Harriers 'B'
18	00:18:40	Max Ware	Lincoln Wellington AC	70	00:21:12	Dominic Walton	Blackburn Harriers
19	00:18:45	Joshua Bull	Derby AC	71	00:21:12	Graham Gagg	City Of Hull
20	00:18:46	Andrew Thake	Hallamshire Harriers	72	00:21:12	Callum Corneille	Salford Harriers & AC 'D'
21	00:18:47	Timothy Egerton	Trafford AC	73	00:21:16	Rob Dewhurst	Liverpool Harriers & AC 'C'
22	00:18:48	Nathan Kilcourse	Salford Harriers & AC 'B'	74	00:21:17	Simon Rogers	Gateshead Harriers & AC 'D'
23	00:18:51	Kristopher Lecher	Kingston Upon Hull AC	75	00:21:25	Ryan Butler	Leigh Harriers & AC 'B'
24	00:18:53	Timmy Calder	Gateshead Harriers & AC 'B'	76	00:21:30	Chris Wilson	Wigan Phoenix 'B'
25	00:18:57	Toby Loveridge	Liverpool Pembroke & Sefton	77	00:21:35	Tim Fletcher	Penny Lane Striders 'B'
26	00:18:58	Christopher Fell	Rossendale Harriers	78	00:21:41	Greg Callaghan	Liverpool Pembroke & Sefton 'B'
27	00:18:59	Peter Huck	Barrow & Furness Striders AC	79	00:21:48	Mark Ward	Rotherham Harriers & AC 'B'
28	00:18:59	James Horman	Liverpool Harriers & AC 'B'	80	00:21:50	Paul Archer	Clayton Le Moors Harriers 'B'
29	00:19:00	John Ashcroft	St Helens Sutton AC	81	00:21:50	Max Lawton	Holmfirth Harriers 'B'
30	00:19:09	Tom Phillips	Derby AC 'B'	82	00:21:52	Sean Cordell	Salford Harriers & AC 'E'
31	00:19:30	Joe Rainsford	Heanor Running Club	83	00:21:57	Carl Barber	Sale Harriers Manchester 'C'
32	00:19:32	David Old	Gateshead Harriers & AC 'C'	84	00:22:04	Steve Leverton	North Derbyshire RC 'B'
33	00:19:36	Quentin Lewis	Airedale Athletics	85	00:22:12	Ben Scott	Bolton United Harriers 'B'
34	00:19:40	Luke Johnston	Warrington Athletic Club	86	00:22:13		East Cheshire H & Tameside B
35	00:19:41	Graham Houghton	Spectrum Striders RC	87	00:22:14	Mick Brearley	Airedale Athletics 'B'
36	00:19:42	Lee Athersmith	Bingley Harriers	88	00:22:18	Andrew Priory	Accrington Road Runners 'B'
37	00:19:43	Liam Thompson	Leigh Harriers & AC	89	00:22:28	Ian Pass	St Helens Sutton AC 'B'
38	00:19:48	Dale Worton	Leeds City 'B'	90	00:22:32	Mark Almond	Blackburn Harriers 'B'
39	00:19:49	Paul Bentley	North York Moors AC	91	00:22:33	Josh Housley	Heanor Running Club 'B'
40	00:19:50	P Davies-Peerless	Wirral AC	92	00:22:34	Stu Buchan	City Of Hull 'B'
41	00:19:54	Carl Wright	Penny Lane Striders	93	00:22:50	Albert DeJong	Spectrum Striders RC 'B'
42	00:19:55	James Hilton	Wigan Phoenix	94	00:23:18	Shaun Fores	East Hull Harriers 'B'
43	00:19:56	Andrew Clews	Vale Royal	95	00:23:25	Andy Rose	Belper Harriers
44	00:20:01	Trevor Wilks	Leeds City 'C'	96	00:23:26	Stuart Williams	Blackpool Wyre & Fylde AC 'B'
45	00:20:04	Rob Snaith	Beverley AC	97	00:23:35	Graham Wilkinson	East Hull Harriers 'C'
46	00:20:07	Paul Hallas	Wakefield DH & AC	98	00:23:51	Matt Billingham	Altrincham & District AC 'C'
47	00:20:14	Stuart Brown	Keighley & Craven AC	99	00:23:51	Terry Hellings	Lytham St Annes Rrc
48	00:20:17	Steven Roebuck	Barnsley Harriers	100	00:23:52		Macclesfield Harriers
49	00:20:17	Beau Smith	Lancaster And Morecambe AC	101	00:23:56	Philp McKeown	Gateshead Harriers & AC 'E'
50	00:20:20	Kevin Brydon	Trafford AC 'B'	102	00:24:20	Andrew Tate	Beverley AC 'B'
51	00:20:23	Aidan Johnson	Rotherham Harriers & AC	103	00:25:12	Jerry Smith	Sale Harriers Manchester 'D'
52	00:20:28	Ricky Stevenson	New Marske Harriers	104	00:25:54	Jeff Wright	Blackpool Wyre & Fylde AC 'C'

24th September 2011

Stage 2

1	00:17:18	Johnny Mellor	Liverpool Harriers & AC	51	00:20:43	John Broom	Barnsley Harriers
2	00:17:40	Tom Doe	Lincoln Wellington AC	52	00:20:43	John Aitken	City Of Hull
3	00:17:42	Andrew Wiles	New Marske Harriers	53	00:20:45	Ray Cole	Liverpool Harriers & AC 'C'
4	00:17:51	Lewis Timmins	Morpeth Harriers & AC	54	00:20:53	Mark Hall	Tyne Bridge Harriers
5	00:18:00	Thomas Boardman	Leigh Harriers & AC	55	00:20:53	Connor McArdle	Wallasey AC
6	00:18:04	David Norman	Altrincham & District AC	56	00:20:57	Stuart Heaton	Altrincham & District AC
7	00:18:09	Carl Hardman	Salford Harriers & AC	57	00:21:03	Graham Millican	Border Harriers 'B'
8	00:18:39	Gary Bristow	Stockport Harriers & AC	58	00:21:03	Chris Adams	North Derbyshire RC
9	00:18:41	Simon Horsefield	East Cheshire H & Tameside AC	59	00:21:16		Manchester Harriers
10	00:18:49	David Westbury	Derby AC	60	00:21:22	David Burlton	Gateshead Harriers & AC 'B'
11	00:18:49	Christopher Wright	Leeds City	61	00:21:26	Lee Morris	North Derbyshire RC 'B'
12	00:18:51	Michael Grimes	Durham City Harriers	62	00:21:29	Andrew Draper	Lytham St Annes Rrc
13	00:18:52	Steve Broadhurst	Liverpool Harriers & AC 'B'	63	00:21:30	Andrew Robertshaw	Otley AC
14	00:18:57	Tom Carter	Vale Royal	64	00:21:34	Tom Brewster	Clayton Le Moors Harriers 'B'
15	00:19:02	Kevin Bell	Border Harriers	65	00:21:34	James Ketley	Sale Harriers Manchester 'B'
16	00:19:02	Robert Hughes	Salford Harriers & AC 'B'	66	00:21:35	Mike Norbury	Tyne Bridge Harriers 'B'
17	00:19:05	Ben Johnson	Southport Waterloo AC	67	00:21:38	Mark Davies	St Helens Sutton AC
18	00:19:07	Niall Brooks	Sale Harriers Manchester	68	00:21:39	Mark Melbourne	Wigan Phoenix 'B'
19	00:19:13	Bernard Murphy	Liverpool Pembroke & Sefton	69	00:21:44	Paul Thompson	Clayton Le Moors Harriers
20	00:19:15	Callum Johnson	Gateshead Harriers & AC	70	00:21:44	Mark Ward	Rotherham Harriers & AC 'B'
21	00:19:15	C Rainsford	Heanor Running Club	71	00:21:59	Andrew Johnson	Beverley AC
22	00:19:19	Robert Baker	Hallamshire Harriers	72	00:22:07	Callum Morgan	Gateshead Harriers & AC 'D'
23	00:19:19	Max Kaye	Holmfirth Harriers	73	00:22:07	Philip Robertson	Wirral AC
24	00:19:25	Gareth Booth	Horwich Rmi Harriers	74	00:22:12	Dale Daniels	Salford Harriers & AC 'D'
25	00:19:26	Grant Cunliffe	Rossendale Harriers	75	00:22:14	Stewart Rhodes	City Of Hull 'B'
26	00:19:29	Daniel Davis	Leeds City 'B'	76	00:22:14	Paul Barrett	Sale Harriers Manchester 'C'
27	00:19:31	James Bleakley	Trafford AC	77	00:22:28		Macclesfield Harriers
28	00:19:31	Michael O'Neill	Wigan Phoenix	78	00:22:28	Kenny Forster	Spectrum Striders RC
29	00:19:32	Richard Walker	Barrow & Furness Striders AC	79	00:22:29	Maurice Collins	St Helens Sutton AC
30	00:19:32	Luke Minns	Blackpool Wyre & Fylde AC	80	00:22:33	Chris Pedder	Liverpool Pembroke & Sefton 'B'
31	00:19:43	Martin Swensson	Penny Lane Striders	81	00:22:36	Mike Jackson	East Hull Harriers 'B'
32	00:19:44	Oliver Park	Warrington Athletic Club	82	00:22:46	Phillip Williams	Leigh Harriers & AC 'B'
33	00:19:49	Ben Akin	Preston Harriers	83	00:22:54	Carl Heron	Airedale Athletics 'B'
34	00:19:53	Andrew Pearson	North York Moors AC	84	00:22:56	Paul Wickham	Accrington Road Runners 'B'
35	00:19:54	Mark Swannell	Bolton United Harriers	85	00:22:57	Daniel Maynard	Blackburn Harriers 'B'
36	00:19:56	Nathan Elliott	Wakefield DH & AC	86	00:22:58	Daryl Bentley	Bolton United Harriers 'B'
37	00:19:59	Simon Bruton	Salford Harriers & AC 'C'	87	00:22:58	Philip Gibson	East Hull Harriers 'C'
38	00:20:00	Simon Pass	Airedale Athletics	88	00:23:16	Peter Broome	Blackpool Wyre & Fylde AC 'C'
39	00:20:02	Adrian Thomas	Keighley & Craven AC	89	00:23:28	Simon Baker	Heanor Running Club 'B'
40	00:20:05	Rhian Hastey	Rotherham Harriers & AC	90	00:23:31	Neil Bant	Beverley AC 'B'
41	00:20:06	Shaun Livesey	Accrington Road Runners	91	00:23:48	Jack Dakin	Belper Harriers
42	00:20:09	C Matthews	Blackburn Harriers	92	00:24:59	Stephen Parr	Gateshead Harriers & AC 'E'
43	00:20:13	Jamie Fletcher	Derby AC 'B'	93	00:25:00	Timothy Warn	Penny Lane Striders 'B'
44	00:20:14	Elliot Todd	Leeds City 'C'	94	00:25:01	Nick Hume	Blackpool Wyre & Fylde AC 'B'
45	00:20:18	Luke Ingham	Kendal Aac	95	00:25:08	Jack Stringfellow	Rossendale Harriers 'B'
46	00:20:21	Craig Wheeler	Trafford AC 'B'	96	00:25:16	Andrew Barton	Altrincham & District AC 'C'
47	00:20:25	Jamie Robinson	Bingley Harriers	97	00:25:27	Terry Lonergan	Sale Harriers Manchester 'D'
48	00:20:30	Matthew Hayes	East Hull Harriers	98	00:25:52	Tommy Daniels	Salford Harriers & AC 'E'
49	00:20:31	Callum Mason	Lancaster And Morecambe AC	99	00:26:08	David Taylor	Chorley AC
50	00:20:36	Martin Slater	Gateshead Harriers & AC 'C'	100	00:29:30	Barry Allman	Spectrum Striders RC 'B'

Stage 3

1	00:18:23	Mark Shaw	New Marske Harriers	51	00:21:22	Christopher Adams	City Of Hull
2	00:18:23	Tarus Elly	Salford Harriers & AC	52	00:21:22	James Porteous	Gateshead Harriers & AC 'C'
3	00:18:35	Michael Sawrey	Trafford AC	53	00:21:27	Jonathan Boyd	Gateshead Harriers & AC 'B'
4	00:18:41		Liverpool Harriers & AC 'B'	54	00:21:29	Richard Fawcett	North York Moors AC
5	00:18:48	Niall Maguire	Derby AC	55	00:21:37	Gary Pendlebury	Salford Harriers & AC 'E'
6	00:18:50	Ian Fisher	Otley AC	56	00:21:39	Martin Wilcock	Accrington Road Runners
7	00:18:51	Karl Billington	Blackburn Harriers	57	00:21:40	Lee Midghall	Liverpool Harriers & AC 'C'
8	00:18:52	Andy Ward	Wigan Phoenix	58	00:21:41	James Cooke	Leigh Harriers & AC 'B'
9	00:18:53	Adam Peers	Liverpool Harriers & AC	59	00:21:41	Stuart Cunningham	North Derbyshire RC 'B'
10	00:18:56	Tom Straw	Lincoln Wellington AC	60	00:21:43	Howard Darwin	Rotherham Harriers & AC 'B'
11	00:19:00	Michael Dawson	Morpeth Harriers & AC	61	00:21:44	Andrew Fell	Rossendale Harriers 'B'
12	00:19:02	Dominic Mahon	Warrington Athletic Club	62	00:21:46	Stuart Little	Beverley AC
13	00:19:04	Marc Elliott	Gateshead Harriers & AC	63	00:21:46	Alastair Hobday	Heanor Running Club 'B'
14	00:19:05	J Scott-Buccleuch	Stockport Harriers & AC	64	00:21:48	Mark Knowles	Keighley & Craven AC
15	00:19:10	Marc Tillotson	Bolton United Harriers	65	00:21:52	Tim Clayton	North Derbyshire RC
16	00:19:13	Richard Harris	Rotherham Harriers & AC	66	00:21:53	Lee Smith	Barnsley Harriers
17	00:19:18	Martin Roscoe	Leeds City	67	00:22:03	Steven Medd	Gateshead Harriers & AC 'D'
18	00:19:21	Peter Harrison	Border Harriers	68	00:22:06	Chris Dove	Airedale Athletics 'B'
19	00:19:21		Preston Harriers	69	00:22:09	Paul Clarke	Heanor Running Club
20	00:19:24	Alasdair Russell	Kendal Aac	70	00:22:12	Mark Rogers	Wigan Phoenix 'B'
21	00:19:35	David Lockett	Salford Harriers & AC 'B'	71	00:22:13	Jason Harbour	Clayton Le Moors Harriers
22	00:19:40	Patrick Viz	Southport Waterloo AC	72	00:22:14		Manchester Harriers
23	00:19:41	Martyn Bell	Horwich Rmi Harriers	73	00:22:19	Julian Spencer	Spectrum Striders RC
24	00:19:45	Chris Perry	Vale Royal	74	00:22:25	Elton Davies	Sale Harriers Manchester 'C'
25	00:19:46	Michael Kilmartin	Sale Harriers Manchester	75	00:22:32	Simone Capponi	Penny Lane Striders 'B'
26	00:19:47	Leon Foster	Leeds City 'B'	76	00:22:34	Michael Robson	Wallasey AC
27	00:19:49	Graham Hunt	Durham City Harriers	77	00:22:36	Duncan Wilson	Altrincham & District AC 'B'
28	00:19:50	Mark Russell	Salford Harriers & AC 'C'	78	00:22:56	Wayne Byram	Holmfirth Harriers
29	00:19:53	Tommy Henders	Leigh Harriers & AC	79	00:23:07	David Motley	Clayton Le Moors Harriers 'B'
30	00:19:57	Tim Robinson	Hallamshire Harriers	80	00:23:10	Andrew Lawtey	City Of Hull 'B'
31	00:20:03	Nick Schofield	Rossendale Harriers	81	00:23:13	Ian Hayburn	St Helens Sutton AC 'B'
32	00:20:11	Jason Holmes	Border Harriers 'B'	82	00:23:21	Duncan Drasdo	Trafford AC 'B'
33	00:20:17	John Morley	Tyne Bridge Harriers	83	00:23:33	Paul Wareing	Chorley AC
34	00:20:21	Jed Bartlett	Barrow & Furness Striders AC	84	00:23:46	Philip McCoy	East Hull Harriers 'B'
35	00:20:22	Andy Brown	Bingley Harriers	85	00:24:00	Dave Gilchrist	Altrincham & District AC 'C'
36	00:20:22	John Wright	Blackpool Wyre & Fylde AC	86	00:24:17	Robert Norman	Belper Harriers
37	00:20:26	Robert Warner	Blackburn Harriers 'B'	87	00:24:18	Lucas Meagor	Beverley AC 'B'
38	00:20:26	Gary Rowlinson	Sale Harriers Manchester 'B'	88	00:24:28	Paul Turner	Bolton United Harriers 'B'
39	00:20:30	Jake Littlehales	East Cheshire H & Tameside AC	89	00:24:37	Neil Gordon	East Hull Harriers 'C'
40	00:20:34	Will Kerr	Airedale Athletics	90	00:24:44	Andrew Heys	Accrington Road Runners 'B'
41	00:20:36	David Brown	Lancaster And Morecambe AC	91	00:25:03	Mark Bleasdale	Liverpool Pembroke & Sefton 'B'
42	00:20:39	Peter Steel	Leeds City 'C'	92	00:25:06		Macclesfield Harriers
43	00:20:40	Alec Gibson	East Hull Harriers	93	00:25:08	Ian Close	Blackpool Wyre & Fylde AC 'C'
44	00:20:41	Darren Moran	Salford Harriers & AC 'D'	94	00:25:31	Paul Hindhaugh	Gateshead Harriers & AC 'E'
45	00:20:46	Ryan Ganose	Altrincham & District AC	95	00:25:37	Joe Shaw	Lytham St Annes Rrc
46	00:20:48	Michael Bride	Liverpool Pembroke & Sefton	96	00:26:11	Graham Fitton	Wakefield DH & AC
47	00:20:50	John Knibb	Derby AC 'B'	97	00:26:47	Neville Griffiths	Spectrum Striders RC 'B'
48	00:20:52	Mark Hulmston	Wirral AC	98	00:27:01	Brian Bradshaw	Sale Harriers Manchester 'D'
49	00:20:57	Nathan Brown	St Helens Sutton AC	99	00:27:21	Derek Crane	Blackpool Wyre & Fylde AC 'B'
50	00:20:58	John Connolly	Penny Lane Striders	100	00:28:25	Michael Baker	Tyne Bridge Harriers 'B'

24th September 2011

Stage 4

1	00:17:58	Simon Deakin	Leeds City	50	00:21:33	Martin Firth	Airedale Athletics
2	00:18:01	Alex Pilcher	Derby AC	51	00:21:36	Kieran Blogg	City Of Hull
3	00:18:24	Ian Harding	Morpeth Harriers & AC	52	00:21:39	Timothy Orr	Border Harriers 'B'
4	00:18:32	Richard Brown	Lincoln Wellington AC	53	00:21:41	David Townsend	Salford Harriers & AC 'D'
5	00:18:44	Philip Hoole	Rotherham Harriers & AC	54	00:21:42	Luke Berry	Blackpool Wyre & Fylde AC
6	00:18:51	Russell Best	New Marske Harriers	55	00:21:48	Alex Cran	Clayton Le Moors Harriers
7	00:18:58	Ricky Challinor	Liverpool Harriers & AC	56	00:21:54	Steve Coates	East Hull Harriers 'B'
8	00:19:12	Robbie Costello	Gateshead Harriers & AC 'B'	57	00:21:55	Wayne Bouttell	North York Moors AC
9	00:19:12	Jack Morris	Stockport Harriers & AC	58	00:21:57	Elliott Wylie	Rossendale Harriers 'B'
10	00:19:13	Fergus Meade	Leeds City 'B'	59	00:21:57	Tony Barbat	Wallasey AC
11	00:19:24	Alastair Murray	Horwich Rmi Harriers	60	00:21:58	Craig Fishwick	Hallamshire Harriers
12	00:19:24	Philip Leybourne	Salford Harriers & AC 'B'	61	00:22:02	John Gibson	Gateshead Harriers & AC 'C'
13	00:19:25	Simon Marwood	Altrincham & District AC	62	00:22:04	Trevor Rayner	Salford Harriers & AC 'E'
14	00:19:28	Paul Savage	Salford Harriers & AC	63	00:22:07	John Chaplin	Blackburn Harriers 'B'
15	00:19:31	Lewis Hogg	Gateshead Harriers & AC	64	00:22:09	James Stringer	Vale Royal
16	00:19:33	Alan Ashton	Liverpool Harriers & AC 'B'	65	00:22:12	Luke Parker	Penny Lane Striders
17	00:19:34	Philip Waite	Barrow & Furness Striders AC	66	00:22:17	Simeon Greenwood	Gateshead Harriers & AC 'D'
18	00:19:38	Charles Hulson	Sale Harriers Manchester	67	00:22:18	Stephen Pilditch	Spectrum Striders RC
19	00:19:55	George Thompson	Border Harriers	68	00:22:20	John Indricks	Leigh Harriers & AC 'B'
20	00:20:02	T Travis-Pollard	Holmfirth Harriers	69	00:22:21	Stephen Peacock	Beverley AC
21	00:20:02	Jeff Prest	Trafford AC	70	00:22:24	Christopher Heys	Sale Harriers Manchester 'C'
22	00:20:05	Howard Mead	Salford Harriers & AC 'C'	71	00:22:26	Edward Devlin	Liverpool Harriers & AC 'C'
23	00:20:14	Kyle Craib	Rotherham Harriers & AC 'B'	72	00:22:40	Jeff Whittington	Wigan Phoenix 'B'
24	00:20:19	Stephen Bailey	Bingley Harriers	73	00:22:44	Mal Gordon	Penny Lane Striders 'B'
25	00:20:22	Joseph Moores	Rossendale Harriers	74	00:22:50	Sean Clare	Clayton Le Moors Harriers 'B'
26	00:20:24	Ben Costello	Liverpool Pembroke & Sefton	75	00:22:55	Alan Pitman	Sale Harriers Manchester 'B'
27	00:20:25	Dave Hamilton	Southport Waterloo AC	76	00:22:56	Chris Essex-Crosby	Blackpool Wyre & Fylde AC 'B'
28	00:20:26	Andrew Parker	Bolton United Harriers	77	00:23:01		Manchester Harriers
29	00:20:26	Gavin Chatterton	Leeds City 'C'	78	00:23:11	Dominic Scott	Altrincham & District AC 'B'
30	00:20:37	Tohmas Kneller	Leigh Harriers & AC	79	00:23:17	Phil Morton	Accrington Road Runners
31	00:20:38	John Convery	Wakefield DH & AC	80	00:23:17	Mick Chambers	Airedale Athletics 'B'
32	00:20:39	Ashley Deerning	Heanor Running Club	81	00:23:40	Jeff Mason	Liverpool Pembroke & Sefton 'B'
33	00:20:40	Louis Goffe	Tyne Bridge Harriers	82	00:23:42	David Crossley	Barnsley Harriers
34	00:20:43	Michael Hoyle	Kendal Aac	83	00:23:48	Andy Bush	Accrington Road Runners 'B'
35	00:20:45	David Watson	Preston Harriers	84	00:23:51	Paul Tate	Gateshead Harriers & AC 'E'
36	00:20:48	John Sutton	Blackburn Harriers	85	00:24:16	Simon Townsend	Chorley AC
37	00:20:54	Gary Matthews	East Cheshire H & Tameside AC	86	00:24:21	Daniel Johnson	Bolton United Harriers 'B'
38	00:21:00	Ian Monashan	North Derbyshire RC	87	00:24:31	Glen Salkeld	Heanor Running Club 'B'
39	00:21:02	Ian Grewar	East Hull Harriers	88	00:25:07	Ray Vose	St Helens Sutton AC 'B'
40	00:21:04	Mark Gardner	Lancaster And Morecambe AC	89	00:25:14	Andy Garnett	Spectrum Striders RC 'B'
41	00:21:04	Simon Jeffs	Wirral AC	90	00:25:17		Macclesfield Harriers
42	00:21:10	Jamie White	St Helens Sutton AC	91	00:25:43	Ben Rumford	City Of Hull 'B'
43	00:21:12	Stephen Nicholls	Wigan Phoenix	92	00:26:12	Jan Lilley	North Derbyshire RC 'B'
44	00:21:13	J Mawson	Otley AC	93	00:26:27	Steve Quarmby	Lytham St Annes Rrc
45	00:21:19	Adam Fozzard	Derby AC 'B'	94	00:26:29	Andy Dakin	Belper Harriers
46	00:21:22	Dave Daniels	Tyne Bridge Harriers 'B'	95	00:26:38	Steven Hadley	Beverley AC 'B'
47	00:21:22	James Ellis	Warrington Athletic Club	96	00:27:48	Tom Lavin	Altrincham & District AC 'C'
48	00:21:25	Lukas Lee	Keighley & Craven AC	97	00:28:29	Tony Croft	Blackpool Wyre & Fylde AC 'C'
49	00:21:30	Michael Ward	Durham City Harriers				

24th September 2011

Stage 5

1	00:17:28	James Walsh	Leeds City	49	00:21:35	Chris Maris	Rotherham Harriers & AC 'B'
2	00:17:38	Peter Newton	Morpeth Harriers & AC	50	00:21:39	Peter McNamara	Wakefield DH & AC
3	00:17:57	Luke Gunn	Derby AC	51	00:21:40	Paul McGough	North York Moors AC
4	00:17:59	John McCole	Liverpool Harriers & AC	52	00:21:41	David Williamson	Blackpool Wyre & Fylde AC
5	00:18:19	Danny Parkinson	Kendal Aac	53	00:21:47	Simon Stanway	Barrow & Furness Striders AC
6	00:18:42	Josh Tighe	Salford Harriers & AC	54	00:21:49	Ian Costello	St Helens Sutton AC
7	00:18:49	Anthony Valentine	Bolton United Harriers	55	00:21:49	Stephen Laker	Wirral AC
8	00:19:05	Michael Burrett	Leeds City 'B'	56	00:21:50	Peter Abraham	Altrincham & District AC 'B'
9	00:19:14	Stephen Broadbent	Bingley Harriers	57	00:21:51	James Rogers	City Of Hull
10	00:19:17	David Watson	Holmfirth Harriers	58	00:21:54	Mike Vinegrad	East Hull Harriers
11	00:19:28	Conrad Franks	Gateshead Harriers & AC	59	00:21:55	Tim Bellwood	Airedale Athletics 'B'
12	00:19:30	Richard Shearer	Southport Waterloo AC	60	00:21:57	C Woolner	Beverley AC 'B'
13	00:19:41	Tony Battersby	Leigh Harriers & AC	61	00:22:01	Liam Spencer	Keighley & Craven AC
14	00:19:43	Andrew Whittingham	Altrincham & District AC	62	00:22:07	William Martin	Horwich Rmi Harriers
15	00:19:46	John Howe	Trafford AC	63	00:22:12	Neil Garnett	Spectrum Striders RC
16	00:19:50	Ben Beattie	Hallamshire Harriers	64	00:22:14	Eryl Husband	Lancaster And Morecambe AC
17	00:19:51	James Williams	Salford Harriers & AC 'B'	65	00:22:15	Dan Cunnington	Gateshead Harriers & AC 'D'
18	00:19:58	Laurie Luscombe	Liverpool Harriers & AC 'B'	66	00:22:42	Mark Gornall	Leigh Harriers & AC 'B'
19	00:20:01	Michael Williams	Leeds City 'C'	67	00:22:45	Andrew Miles	Vale Royal
20	00:20:06	Alan Piggford	New Marske Harriers	68	00:22:47	Daniel Birchall	Tyne Bridge Harriers 'B'
21	00:20:18	Matt Nowell	Airedale Athletics	69	00:22:50	Richard Sims	Heanor Running Club
22	00:20:21	Nick Hindle	Border Harriers	70	00:22:58	Matthew Williams	Wallasey AC
23	00:20:26	Adrian Timmins	Warrington Athletic Club	71	00:23:02	Richard Stott	Rossendale Harriers 'B'
24	00:20:30	Robert Bland	Liverpool Pembroke & Sefton	72	00:23:06	Anthony Clarke	Liverpool Harriers & AC 'C'
25	00:20:32	Gary Claxton	Rotherham Harriers & AC	73	00:23:08	Paul Gallagher	Accrington Road Runners
26	00:20:33	M Livingstone	Preston Harriers	74	00:23:09	Steven Gavin	Sale Harriers Manchester 'C'
27	00:20:37	David Hudson	Salford Harriers & AC 'C'	75	00:23:24	Steve Bennett	North Derbyshire RC 'B'
28	00:20:42	Chris Neil	Border Harriers 'B'	76	00:23:25	Nick Maynard	City Of Hull 'B'
29	00:20:45	Paul Guinan	Blackburn Harriers	77	00:23:26	Andrew Keeley	Penny Lane Striders 'B'
30	00:20:45	Derek Crewe	Salford Harriers & AC 'D'	78	00:23:28	Dave Shaw	Salford Harriers & AC 'E'
31	00:20:49	David Thornton	Blackburn Harriers 'B'	79	00:23:28	Paul Seddon	Wigan Phoenix 'B'
32	00:20:53	Philip Bolton	Rossendale Harriers	80	00:23:29	Martin King	Accrington Road Runners 'B'
33	00:20:56	Stephen Whiteley	Barnsley Harriers	81	00:23:33	Brad Ehlen	Spectrum Striders RC 'B'
34	00:20:57	Richard Wilson	Derby AC 'B'	82	00:23:40	Michael Hogan	Clayton Le Moors Harriers 'B'
35	00:20:57	Phillip Scowcroft	Sale Harriers Manchester	83	00:24:17		Macclesfield Harriers
36	00:21:02	Paul Hilton	Tyne Bridge Harriers	84	00:24:21	Robbie Wood	Liverpool Pembroke & Sefton 'B'
37	00:21:05	Adam Baker	Lincoln Wellington AC	85	00:24:22	Matthew Broughton	Otley AC
38	00:21:08	David Edmondson	Clayton Le Moors Harriers	86	00:24:49		Manchester Harriers
39	00:21:10	Dean Matkin	Stockport Harriers & AC	87	00:25:08	Malcolm Weir	Belper Harriers
40	00:21:11	John Sloan	East Cheshire H & Tameside AC	88	00:25:49	Henry Minorczyk	Chorley AC
41	00:21:14	Matthew Kay	Wigan Phoenix	89	00:26:03	Peter Gibson	Blackpool Wyre & Fylde AC 'C'
42	00:21:26	Jonathan Wilkinson	Durham City Harriers	90	00:26:28	Andrew Fewster	East Hull Harriers 'B'
43	00:21:28	Jason Stobbs	Gateshead Harriers & AC 'C'	91	00:26:32	Mike Jones	Altrincham & District AC 'C'
44	00:21:28	Dean Hardman	Sale Harriers Manchester 'B'	92	00:26:50	Dave Dyson	Blackpool Wyre & Fylde AC 'B'
45	00:21:30	Neil Kelly	Penny Lane Striders	93	00:26:56	Robert Rainsford	Heanor Running Club 'B'
46	00:21:31	Liam Fidler	North Derbyshire RC	94	00:28:26	Tony Rudd	Lytham St Annes Rrc
47	00:21:34	Christopher Paton	Gateshead Harriers & AC 'B'	95	00:28:54	Roland Peacock	Gateshead Harriers & AC 'E'
48	00:21:35	Matthew Chadwick	Beverley AC	96	00:29:08	Stan Erlam	St Helens Sutton AC 'B'

Stage 6

1	00:17:19	James Wilkinson	Leeds City	48	00:21:10	Peter Scarrett	Wirral AC
2	00:17:21	Ian Hudspith	Morpeth Harriers & AC	49	00:21:13	Jonathan Aust	East Cheshire H & Tameside AC
3	00:17:25	Richard Weir	Derby AC	50	00:21:14	David Jackson	Horwich Rmi Harriers
4	00:17:37	Joseph Bailey	Salford Harriers & AC	51	00:21:18	Adrian Fuller	Altrincham & District AC 'B'
5	00:18:22	James Reed	Altrincham & District AC	52	00:21:21	M Manir-Jolley	Wigan Phoenix
6	00:18:39	Sean Hall	Gateshead Harriers & AC	53	00:21:28	Ian Selby	Bolton United Harriers
7	00:19:08	Richard Smith	Holmfirth Harriers	54	00:21:32	Michael Grace	Salford Harriers & AC 'C'
8	00:19:12	David Rigby	Preston Harriers	55	00:21:33	Tony Weatherson	Heanor Running Club
9	00:19:12	Daniel McGrath	Salford Harriers & AC 'B'	56	00:21:35	Ryan Stevenson	Lincoln Wellington AC
10	00:19:13	Mathew Jackson	Liverpool Harriers & AC	57	00:21:36	Glen Goodwin	Accrington Road Runners
11	00:19:27	Owen Gibbs	North Derbyshire RC	58	00:21:40	Mark Seed	Salford Harriers & AC 'E'
12	00:19:27	Joseph Vis	Southport Waterloo AC	59	00:21:41	C Hainsworth	Gateshead Harriers & AC 'C'
13	00:19:33	James Pearson	Beverley AC	60	00:21:47	Eddie Rex	East Hull Harriers
14	00:19:33	Stuart Doyle	Vale Royal	61	00:21:47	Nigel Grant	Penny Lane Striders
15	00:19:35	Michael Hunt	Trafford AC	62	00:21:55	David Oliver	City Of Hull 'B'
16	00:19:43	Mat Nuttall	Blackburn Harriers	63	00:21:56	Colin Palmer	Wallasey AC
17	00:19:45	Sean Kirkbride	Liverpool Pembroke & Sefton	64	00:22:01	S Wynne-Williams	Liverpool Harriers & AC 'C'
18	00:19:47	Thomas Lawrence	Derby AC 'B'	65	00:22:03	David Ashmore	North Derbyshire RC 'B'
19	00:19:49	Tom Michaelson	Liverpool Harriers & AC 'B'	66	00:22:07	Paul Hesketh	Clayton Le Moors Harriers 'B'
20	00:20:00	Anthony Jewitt	Lancaster And Morecambe AC	67	00:22:12	David Smith	Rotherham Harriers & AC 'B'
21	00:20:07	Patrick Miller	Barrow & Furness Striders AC	68	00:22:15	Phil Waterworth	Wigan Phoenix 'B'
22	00:20:09	Christopher Riley	Heanor Running Club 'B'	69	00:22:28	Graham Webster	Lytham St Annes Rrc
23	00:20:10	Simon Mills	Sale Harriers Manchester	70	00:22:31	Kevin Connolly	Gateshead Harriers & AC 'D'
24	00:20:11	Chris Adams	Rotherham Harriers & AC	71	00:22:31	Connor Murphy	St Helens Sutton AC
25	00:20:11	Christopher Ward	Wakefield DH & AC	72	00:22:47	Steve Duxbury	Rossendale Harriers 'B'
26	00:20:12	Dean Furniss	Hallamshire Harriers	73	00:23:17	Graham Silburn	Border Harriers 'B'
27	00:20:13	Samuel Dykes	Warrington Athletic Club	74	00:23:47	Liam Craine	Blackpool Wyre & Fylde AC
28	00:20:14	Will Smith	Keighley & Craven AC	75	00:23:51	Paul Nippress	East Hull Harriers 'B'
29	00:20:15	Elliott Jackson	New Marske Harriers	76	00:23:55	Phil Dunn	Accrington Road Runners 'B'
30	00:20:17	Liam Ayton	Durham City Harriers	77	00:23:59	Duncan McCarrick	Leigh Harriers & AC 'B'
31	00:20:19	Harry Earl	Border Harriers	78	00:23:59	Stephen McNicholas	Penny Lane Striders 'B'
32	00:20:19	Gavin Chatterton	Leeds City 'B'	79	00:24:08	Stephen Martin	Spectrum Striders RC 'B'
33	00:20:24	Andrew Stubbs	Clayton Le Moors Harriers	80	00:24:18	Thomas Wall	North York Moors AC
34	00:20:27	Colin Gell	Sale Harriers Manchester 'B'	81	00:24:27	Roger Tomlin	Beverley AC 'B'
35	00:20:41	Patrick Vicary	Kendal Aac	82	00:24:40	S Wolstenholme	Airedale Athletics 'B'
36	00:20:42	Paul Birkett	Salford Harriers & AC 'D'	83	00:24:52	Ian Walker	Chorley AC
37	00:20:47	Adrian Nutter	Stockport Harriers & AC	84	00:25:41	Mick Jeffrey	Otley AC
38	00:20:50	Philip Foster	Leigh Harriers & AC	85	00:25:52		Macclesfield Harriers
39	00:20:53	Gerard Mills	Airedale Athletics	86	00:26:01	Terry Bradshaw	Blackpool Wyre & Fylde AC 'C'
40	00:20:55	Sean Kelly	Tyne Bridge Harriers	87	00:26:23		Manchester Harriers
41	00:21:00	Nigel Camilleri	Gateshead Harriers & AC 'B'	88	00:26:34	David Livingstone	Altrincham & District AC 'C'
42	00:21:01	Andrew Lyons	City Of Hull	89	00:26:49	Richard Taylor	Blackburn Harriers 'B'
43	00:21:02	Chris Edwin	Bingley Harriers	90	00:27:11	Phil Robinson	St Helens Sutton AC 'B'
44	00:21:06	Richard Spooner	Barnsley Harriers	91	00:29:03	Jimmy Turnbull	Tyne Bridge Harriers 'B'
45	00:21:07	Ben Dyson	Leeds City 'C'	92	00:29:58	David Rodgers	Sale Harriers Manchester 'C'
46	00:21:09	Neil Crompton	Spectrum Striders RC	93	00:30:24	John Stephenson	Gateshead Harriers & AC 'E'
47	00:21:10	Ashley Holt	Rossendale Harriers	94	00:32:08	Norman Greenwood	Blackpool Wyre & Fylde AC 'B'

Pos.	Time	Name	Team	Pos.	Time	Name	Team
1	00:17:18	Johnny Mellor	Liverpool Harriers & AC	101	00:19:21	Peter Harrison	Border Harriers
2	00:17:19	James Wilkinson	Leeds City	102	00:19:21		Preston Harriers
3	00:17:21	Ian Hudspeth	Morpeth Harriers & AC	103	00:19:24	Alastair Murray	Horwich Rmi Harriers
4	00:17:25	Richard Weir	Derby AC	104	00:19:24	Alasdair Russell	Kendal AAC
5	00:17:28	James Walsh	Leeds City	105	00:19:24	Philip Leybourne	Salford Harriers & AC 'B'
6	00:17:37	Joseph Bailey	Salford Harriers & AC	106	00:19:25	Simon Marwood	Altrincham & District AC
7	00:17:38	Peter Newton	Morpeth Harriers & AC	107	00:19:25	Gareth Booth	Horwich Rmi Harriers
8	00:17:40	Tom Doe	Lincoln Wellington AC	108	00:19:26	Grant Cunliffe	Rossendale Harriers
9	00:17:42	Andrew Wiles	New Marske Harriers	109	00:19:27	Owen Gibbs	North Derbyshire RC
10	00:17:47	James Smith	Leeds City	110	00:19:27	Joseph Vis	Southport Waterloo AC
11	00:17:51	Lewis Timmins	Morpeth Harriers & AC	111	00:19:28	Conrad Franks	Gateshead Harriers & AC
12	00:17:57	Luke Gunn	Derby AC	112	00:19:28	Paul Savage	Salford Harriers & AC
13	00:17:58	Simon Deakin	Leeds City	113	00:19:29	Daniel Davis	Leeds City 'B'
14	00:17:59	John McCole	Liverpool Harriers & AC	114	00:19:30	Joe Rainsford	Heanor Running Club
15	00:18:00	Thomas Boardman	Leigh Harriers & AC	115	00:19:30	Richard Shearer	Southport Waterloo AC
16	00:18:00	Daniel Cliffe	Liverpool Harriers & AC	116	00:19:31	Lewis Hogg	Gateshead Harriers & AC
17	00:18:01	Alex Pilcher	Derby AC	117	00:19:31	James Bleakley	Trafford AC
18	00:18:04	David Norman	Altrincham & District AC	118	00:19:31	Michael O'Neill	Wigan Phoenix
19	00:18:04	Daniel Garbutt	Durham City Harriers	119	00:19:32	Richard Walker	Barrow & Furness Striders AC
20	00:18:05	David Turnbull	Holmfirth Harriers	120	00:19:32	Luke Minns	Blackpool Wyre & Fylde AC
21	00:18:08	James Tartt	Southport Waterloo AC	121	00:19:32	David Old	Gateshead Harriers & AC 'C'
22	00:18:09	Carl Hardman	Salford Harriers & AC	122	00:19:33	James Pearson	Beverley AC
23	00:18:11	James Bailey	Sale Harriers Manchester	123	00:19:33	Alan Ashton	Liverpool Harriers & AC 'B'
24	00:18:14	Stuart Robinson	Blackpool Wyre & Fylde AC	124	00:19:33	Stuart Doyle	Vale Royal
25	00:18:14	Benjamin Riddell	Salford Harriers & AC	125	00:19:34	Philip Waite	Barrow & Furness Striders AC
26	00:18:19	Danny Parkinson	Kendal AAC	126	00:19:35	David Lockett	Salford Harriers & AC 'B'
27	00:18:20	Peter Street	Preston Harriers	127	00:19:35	Michael Hunt	Trafford AC
28	00:18:22	James Reed	Altrincham & District AC	128	00:19:36	Quentin Lewis	Airedale Athletics
29	00:18:23	James Kevan	Horwich Rmi Harriers	129	00:19:38	Charles Hulson	Sale Harriers Manchester
30	00:18:23	Mark Shaw	New Marske Harriers	130	00:19:40	Patrick Viz	Southport Waterloo AC
31	00:18:23	Tarus Elly	Salford Harriers & AC	131	00:19:40	Luke Johnston	Warrington Athletic Club
32	00:18:24	Ian Harding	Morpeth Harriers & AC	132	00:19:41	Martyn Bell	Horwich Rmi Harriers
33	00:18:26	Ryan Stephenson	Gateshead Harriers & AC	133	00:19:41	Tony Battersby	Leigh Harriers & AC
34	00:18:27	Nick Leigh	Altrincham & District AC	134	00:19:41	Graham Houghton	Spectrum Striders RC
35	00:18:28	Thomas Carson	Bolton United Harriers	135	00:19:42	Lee Athersmith	Bingley Harriers
36	00:18:30	Andrew Nixon	Stockport Harriers & AC	136	00:19:43	Andrew Whittingham	Altrincham & District AC
37	00:18:32	Richard Brown	Lincoln Wellington AC	137	00:19:43	Mat Nuttall	Blackburn Harriers
38	00:18:34	Matthew Nicholson	Morpeth Harriers & AC	138	00:19:43	Liam Thompson	Leigh Harriers & AC
39	00:18:35	Michael Sawrey	Trafford AC	139	00:19:43	Martin Swenson	Penny Lane Striders
40	00:18:38	Steve Bateson	East Hull Harriers	140	00:19:44	Oliver Park	Warrington Athletic Club
41	00:18:39	Sean Hall	Gateshead Harriers & AC	141	00:19:45	Sean Kirkbride	Liverpool Pembroke & Sefton
42	00:18:39	Gary Bristow	Stockport Harriers & AC	142	00:19:45	Chris Perry	Vale Royal
43	00:18:40	James Douglas	Border Harriers	143	00:19:46	Michael Kilmartin	Sale Harriers Manchester
44	00:18:40	Max Ware	Lincoln Wellington AC	144	00:19:46	John Howe	Trafford AC
45	00:18:41	Simon Horsefield	East Cheshire H & Tameside AC	145	00:19:47	Thomas Lawrence	Derby AC 'B'
46	00:18:41		Liverpool Harriers & AC 'B'	146	00:19:47	Leon Foster	Leeds City 'B'
47	00:18:42	Josh Tighe	Salford Harriers & AC	147	00:19:48	Dale Worton	Leeds City 'B'
48	00:18:44	Philip Hoole	Rotherham Harriers & AC	148	00:19:49	Graham Hunt	Durham City Harriers
49	00:18:45	Joshua Bull	Derby AC	149	00:19:49	Tom Michaelson	Liverpool Harriers & AC 'B'
50	00:18:46	Andrew Thake	Hallamshire Harriers	150	00:19:49	Paul Bentley	North York Moors AC
51	00:18:47	Timothy Egerton	Trafford AC	151	00:19:49	Ben Akin	Preston Harriers
52	00:18:48	Niall Maguire	Derby AC	152	00:19:50	Ben Beattie	Hallamshire Harriers
53	00:18:48	Nathan Kilcourse	Salford Harriers & AC 'B'	153	00:19:50	Mark Russell	Salford Harriers & AC 'C'
54	00:18:49	Anthony Valentine	Bolton United Harriers	154	00:19:50	P Davies-Peerless	Wirral AC
55	00:18:49	David Westbury	Derby AC	155	00:19:51	James Williams	Salford Harriers & AC 'B'
56	00:18:49	Christopher Wright	Leeds City	156	00:19:53	Tommy Henders	Leigh Harriers & AC
57	00:18:50	Ian Fisher	Otley AC	157	00:19:53	Andrew Pearson	North York Moors AC
58	00:18:51	Karl Billington	Blackburn Harriers	158	00:19:54	Mark Swannell	Bolton United Harriers
59	00:18:51	Michael Grimes	Durham City Harriers	159	00:19:54	Carl Wright	Penny Lane Striders
60	00:18:51	Kristopher Lecher	Kingston Upon Hull AC	160	00:19:55	George Thompson	Border Harriers
61	00:18:51	Russell Best	New Marske Harriers	161	00:19:55	James Hilton	Wigan Phoenix
62	00:18:52	Steve Broadhurst	Liverpool Harriers & AC 'B'	162	00:19:56	Andrew Clews	Vale Royal
63	00:18:52	Andy Ward	Wigan Phoenix	163	00:19:56	Nathan Elliott	Wakefield DH & AC
64	00:18:53	Timmy Calder	Gateshead Harriers & AC 'B'	164	00:19:57	Tim Robinson	Hallamshire Harriers
65	00:18:53	Adam Peers	Liverpool Harriers & AC	165	00:19:58	Laurie Luscombe	Liverpool Harriers & AC 'B'
66	00:18:56	Tom Straw	Lincoln Wellington AC	166	00:19:59	Simon Bruton	Salford Harriers & AC 'C'
67	00:18:57	Toby Loveridge	Liverpool Pembroke & Sefton	167	00:20:00	Simon Pass	Airedale Athletics
68	00:18:57	Tom Carter	Vale Royal	168	00:20:00	Anthony Jewitt	Lancaster And Morecambe AC
69	00:18:58	Ricky Challinor	Liverpool Harriers & AC	169	00:20:01	Trevor Wilks	Leeds City 'C'
70	00:18:58	Christopher Fell	Rossendale Harriers	170	00:20:01	Michael Williams	Leeds City 'C'
71	00:18:59	Peter Huck	Barrow & Furness Striders AC	171	00:20:02	T Travis-Pollard	Holmfirth Harriers
72	00:18:59	James Horman	Liverpool Harriers & AC 'B'	172	00:20:02	Adrian Thomas	Keighley & Craven AC
73	00:19:00	Michael Dawson	Morpeth Harriers & AC	173	00:20:02	Jeff Prest	Trafford AC
74	00:19:00	John Ashcroft	St Helens Sutton AC	174	00:20:03	Nick Schofield	Rossendale Harriers
75	00:19:02	Kevin Bell	Border Harriers	175	00:20:04	Rob Snaith	Beverley AC
76	00:19:02	Robert Hughes	Salford Harriers & AC 'B'	176	00:20:05	Rhian Haste	Rotherham Harriers & AC
77	00:19:02	Dominic Mahon	Warrington Athletic Club	177	00:20:05	Howard Mead	Salford Harriers & AC 'C'
78	00:19:04	Marc Elliott	Gateshead Harriers & AC	178	00:20:06	Shaun Livesey	Accrington Road Runners
79	00:19:05	Michael Burrett	Leeds City 'B'	179	00:20:06	Alan Piggford	New Marske Harriers
80	00:19:05	Ben Johnson	Southport Waterloo AC	180	00:20:07	Patrick Miller	Barrow & Furness Striders AC
81	00:19:05	J Scott-Bucclough	Stockport Harriers & AC	181	00:20:07	Paul Hallas	Wakefield DH & AC
82	00:19:07	Niall Brooks	Sale Harriers Manchester	182	00:20:09	C Matthews	Blackburn Harriers
83	00:19:08	Richard Smith	Holmfirth Harriers	183	00:20:09	Christopher Riley	Heanor Running Club 'B'
84	00:19:09	Tom Phillips	Derby AC 'B'	184	00:20:10	Simon Mills	Sale Harriers Manchester
85	00:19:10	Marc Tillotson	Bolton United Harriers	185	00:20:11	Jason Holmes	Border Harriers 'B'
86	00:19:12	Robbie Costello	Gateshead Harriers & AC 'B'	186	00:20:11	Chris Adams	Rotherham Harriers & AC
87	00:19:12	David Rigby	Preston Harriers	187	00:20:11	Christopher Ward	Wakefield DH & AC
88	00:19:12	Daniel McGrath	Salford Harriers & AC 'B'	188	00:20:12	Dean Furniss	Hallamshire Harriers
89	00:19:12	Jack Morris	Stockport Harriers & AC	189	00:20:13	Jamie Fletcher	Derby AC 'B'
90	00:19:13	Fergus Meade	Leeds City 'B'	190	00:20:13	Samuel Dykes	Warrington Athletic Club
91	00:19:13	Mathew Jackson	Liverpool Harriers & AC	191	00:20:14	Stuart Brown	Keighley & Craven AC
92	00:19:13	Bernard Murphy	Liverpool Pembroke & Sefton	192	00:20:14	Will Smith	Keighley & Craven AC
93	00:19:13	Richard Harris	Rotherham Harriers & AC	193	00:20:14	Elliot Todd	Leeds City 'C'
94	00:19:14	Stephen Broadbent	Bingley Harriers	194	00:20:14	Kyle Craib	Rotherham Harriers & AC 'B'
95	00:19:15	Callum Johnson	Gateshead Harriers & AC	195	00:20:15	Elliott Jackson	New Marske Harriers
96	00:19:15	C Rainsford	Heanor Running Club	196	00:20:17	Steven Roebeck	Barnsley Harriers
97	00:19:17	David Watson	Holmfirth Harriers	197	00:20:17	Liam Ayton	Durham City Harriers
98	00:19:18	Martin Roscoe	Leeds City	198	00:20:17	Beau Smith	Lancaster And Morecambe AC
99	00:19:19	Robert Baker	Hallamshire Harriers	199	00:20:17	John Morley	Tyne Bridge Harriers
100	00:19:19	Max Kaye	Holmfirth Harriers	200	00:20:18	Matt Nowell	Airedale Athletics

Pos.	Time	Name	Team	Pos.	Time	Name	Team
201	00:20:18	Luke Ingham	Kendal Aac	301	00:21:09	Jordan Beard	Rossendale Harriers 'B'
202	00:20:19	Stephen Bailey	Bingley Harriers	302	00:21:09	Neil Crompton	Spectrum Striders RC
203	00:20:19	Harry Earl	Border Harriers	303	00:21:10	Ashley Holt	Rossendale Harriers
204	00:20:19	Gavin Chatterton	Leeds City 'B'	304	00:21:10	Jamie White	St Helens Sutton AC
205	00:20:20	Kevin Brydon	Trafford AC 'B'	305	00:21:10	Dean Matkin	Stockport Harriers & AC
206	00:20:21	Jed Bartlett	Barrow & Furness Striders AC	306	00:21:10	Peter Scarrett	Wirral AC
207	00:20:21	Nick Hindle	Border Harriers	307	00:21:11	John Sloan	East Cheshire H & Tameside AC
208	00:20:21	Craig Wheeler	Trafford AC 'B'	308	00:21:12	Dominic Walton	Blackburn Harriers
209	00:20:22	Andy Brown	Bingley Harriers	309	00:21:12	Graham Gagg	City Of Hull
210	00:20:22	John Wright	Blackpool Wyre & Fylde AC	310	00:21:12	Callum Cornelle	Salford Harriers & AC 'D'
211	00:20:22	Joseph Moores	Rossendale Harriers	311	00:21:12	Stephen Nicholls	Wigan Phoenix
212	00:20:23	Aidan Johnson	Rotherham Harriers & AC	312	00:21:13	Jonathan Aust	East Cheshire H & Tameside AC
213	00:20:24	Andrew Stubbs	Clayton Le Moors Harriers	313	00:21:13	J Mawson	Otley AC
214	00:20:24	Ben Costello	Liverpool Pembroke & Sefton	314	00:21:14	David Jackson	Horwich Rmi Harriers
215	00:20:25	Jamie Robinson	Bingley Harriers	315	00:21:14	Matthew Kay	Wigan Phoenix
216	00:20:25	Dave Hamilton	Southport Waterloo AC	316	00:21:16	Rob Dewhurst	Liverpool Harriers & AC 'C'
217	00:20:26	Robert Warner	Blackburn Harriers 'B'	317	00:21:16		Manchester Harriers
218	00:20:26	Andrew Parker	Bolton United Harriers	318	00:21:17	Simon Rogers	Gateshead Harriers & AC 'D'
219	00:20:26	Gavin Chatterton	Leeds City 'C'	319	00:21:18	Adrian Fuller	Altrincham & District AC 'B'
220	00:20:26	Gary Rowlinson	Sale Harriers Manchester 'B'	320	00:21:19	Adam Fozzard	Derby AC 'B'
221	00:20:26	Adrian Timmins	Warrington Athletic Club	321	00:21:21	M Manir-Jolley	Wigan Phoenix
222	00:20:27	Colin Gell	Sale Harriers Manchester 'B'	322	00:21:22	Christopher Adams	City Of Hull
223	00:20:28	Ricky Stevenson	New Marske Harriers	323	00:21:22	David Burlton	Gateshead Harriers & AC 'B'
224	00:20:29	Joseph Hudak	East Cheshire H & Tameside AC	324	00:21:22	James Porteous	Gateshead Harriers & AC 'C'
225	00:20:29	Tim Kennedy	Sale Harriers Manchester 'B'	325	00:21:22	Dave Daniels	Tyne Bridge Harriers 'B'
226	00:20:30	Jake Littlehales	East Cheshire H & Tameside AC	326	00:21:22	James Ellis	Warrington Athletic Club
227	00:20:30	Matthew Hayes	East Hull Harriers	327	00:21:25	Lukas Lee	Keighley & Craven AC
228	00:20:30	Robert Bland	Liverpool Pembroke & Sefton	328	00:21:25	Ryan Butler	Leigh Harriers & AC 'B'
229	00:20:31	Callum Mason	Lancaster And Morecambe AC	329	00:21:26	Jonathan Wilkinson	Durham City Harriers
230	00:20:31	Kenny MacPherson	Tyne Bridge Harriers	330	00:21:26	Lee Morris	North Derbyshire RC 'B'
231	00:20:32	Gary Claxton	Rotherham Harriers & AC	331	00:21:27	Jonathan Boyd	Gateshead Harriers & AC 'B'
232	00:20:33	M Livingstone	Preston Harriers	332	00:21:28	Ian Selby	Bolton United Harriers
233	00:20:34	Will Kerr	Airedale Athletics	333	00:21:28	Jason Stobbs	Gateshead Harriers & AC 'C'
234	00:20:36	Martin Slater	Gateshead Harriers & AC 'C'	334	00:21:28	Dean Hardman	Sale Harriers Manchester 'B'
235	00:20:36	David Brown	Lancaster And Morecambe AC	335	00:21:29	Andrew Draper	Lytham St Annes Rrc
236	00:20:37	Barry Brock	Accrington Road Runners	336	00:21:29	Richard Fawcett	North York Moors AC
237	00:20:37	Tohmas Kneller	Leigh Harriers & AC	337	00:21:30	Michael Ward	Durham City Harriers
238	00:20:37	David Hudson	Salford Harriers & AC 'C'	338	00:21:30	Andrew Robertshaw	Otley AC
239	00:20:38	John Convery	Wakefield DH & AC	339	00:21:30	Neil Kelly	Penny Lane Striders
240	00:20:39	Ashley Deeming	Heanor Running Club	340	00:21:30	Chris Wilson	Wigan Phoenix 'B'
241	00:20:39	Peter Steel	Leeds City 'C'	341	00:21:31	Liam Fidler	North Derbyshire RC
242	00:20:40	Alec Gibson	East Hull Harriers	342	00:21:32	Michael Grace	Salford Harriers & AC 'C'
243	00:20:40	Louis Goffe	Tyne Bridge Harriers	343	00:21:33	Martin Firth	Airedale Athletics
244	00:20:41	Patrick Vicary	Kendal Aac	344	00:21:33	Tony Weatherson	Heanor Running Club
245	00:20:41	Darren Moran	Salford Harriers & AC 'D'	345	00:21:34	Tom Brewster	Clayton Le Moors Harriers 'B'
246	00:20:42	John Mason	Border Harriers 'B'	346	00:21:34	Christopher Paton	Gateshead Harriers & AC 'B'
247	00:20:42	Chris Neil	Border Harriers 'B'	347	00:21:34	James Ketley	Sale Harriers Manchester 'B'
248	00:20:42		Manchester Harriers	348	00:21:35	Matthew Chadwick	Beverley AC
249	00:20:42	Paul Birkett	Salford Harriers & AC 'D'	349	00:21:35	Ryan Stevenson	Lincoln Wellington AC
250	00:20:43	John Broom	Barnsley Harriers	350	00:21:35	Tim Fletcher	Penny Lane Striders 'B'
251	00:20:43	John Aitken	City Of Hull	351	00:21:35	Chris Maris	Rotherham Harriers & AC 'B'
252	00:20:43	Michael Hoyle	Kendal Aac	352	00:21:35	Mike Norbury	Tyne Bridge Harriers 'B'
253	00:20:44	Rod Smith	North Derbyshire RC	353	00:21:36	Glen Goodwin	Accrington Road Runners
254	00:20:45	Paul Guinan	Blackburn Harriers	354	00:21:36	Kieran Blogg	City Of Hull
255	00:20:45	Ray Cole	Liverpool Harriers & AC 'C'	355	00:21:37	Gary Pendlebury	Salford Harriers & AC 'E'
256	00:20:45	David Watson	Preston Harriers	356	00:21:38	Mark Davies	St Helens Sutton AC
257	00:20:45	Phillip West	Salford Harriers & AC 'C'	357	00:21:39	Martin Wilcock	Accrington Road Runners
258	00:20:45	Derek Crewe	Salford Harriers & AC 'D'	358	00:21:39	Timothy Orr	Border Harriers 'B'
259	00:20:46	Ryan Ganose	Altrincham & District AC	359	00:21:39	Peter McNamara	Wakefield DH & AC
260	00:20:46	Robert Aspinall	Clayton Le Moors Harriers	360	00:21:39	Mark Melbourne	Wigan Phoenix 'B'
261	00:20:47	Adrian Nutter	Stockport Harriers & AC	361	00:21:40	Lee Midghall	Liverpool Harriers & AC 'C'
262	00:20:48	John Sutton	Blackburn Harriers	362	00:21:40	Paul McGough	North York Moors AC
263	00:20:48	Michael Bride	Liverpool Pembroke & Sefton	363	00:21:40	Mark Seed	Salford Harriers & AC 'E'
264	00:20:48	Greg Jones	Wallasey AC	364	00:21:41	David Williamson	Blackpool Wyre & Fylde AC
265	00:20:49	David Thornton	Blackburn Harriers 'B'	365	00:21:41	C Hainsworth	Gateshead Harriers & AC 'C'
266	00:20:50	John Knibb	Derby AC 'B'	366	00:21:41	James Cooke	Leigh Harriers & AC 'B'
267	00:20:50	Philip Foster	Leigh Harriers & AC	367	00:21:41	Greg Callaghan	Liverpool Pembroke & Sefton 'B'
268	00:20:52	Mark Hulmston	Wirral AC	368	00:21:41	Stuart Cunningham	North Derbyshire RC 'B'
269	00:20:53	Gerard Mills	Airedale Athletics	369	00:21:41	David Tunnsend	Salford Harriers & AC 'D'
270	00:20:53	Philip Bolton	Rossendale Harriers	370	00:21:42	Luke Berry	Blackpool Wyre & Fylde AC
271	00:20:53	Mark Hall	Tyne Bridge Harriers	371	00:21:43	Howard Darwin	Rotherham Harriers & AC 'B'
272	00:20:53	Connor McArdle	Wallasey AC	372	00:21:44	Paul Thompson	Clayton Le Moors Harriers
273	00:20:54	Gary Matthews	East Cheshire H & Tameside AC	373	00:21:44	Andrew Fell	Rossendale Harriers 'B'
274	00:20:55	Sean Kelly	Tyne Bridge Harriers	374	00:21:44	Mark Ward	Rotherham Harriers & AC 'B'
275	00:20:56	Stephen Whiteley	Barnsley Harriers	375	00:21:46	Stuart Little	Beverley AC
276	00:20:57	Stuart Heaton	Altrincham & District AC 'B'	376	00:21:46	Alastair Hobday	Heanor Running Club 'B'
277	00:20:57	Richard Wilson	Derby AC 'B'	377	00:21:47	Simon Stanway	Barrow & Furness Striders AC
278	00:20:57	Phillip Scowcroft	Sale Harriers Manchester	378	00:21:47	Eddie Rex	East Hull Harriers
279	00:20:57	Nathan Brown	St Helens Sutton AC	379	00:21:47	Nigel Grant	Penny Lane Striders
280	00:20:58	John Connolly	Penny Lane Striders	380	00:21:48	Alex Cran	Clayton Le Moors Harriers
281	00:21:00	Nigel Camilleri	Gateshead Harriers & AC 'B'	381	00:21:48	Mark Knowles	Keighley & Craven AC
282	00:21:00	Nicholas Bradley	Kendal Aac	382	00:21:48	Mark Ward	Rotherham Harriers & AC 'B'
283	00:21:00	Ian Monahan	North Derbyshire RC	383	00:21:49	Ian Costello	St Helens Sutton AC
284	00:21:01	Michael Chalfont	Chorley AC	384	00:21:49	Stephen Laker	Wirral AC
285	00:21:01	Andrew Lyons	City Of Hull	385	00:21:50	Peter Abraham	Altrincham & District AC 'B'
286	00:21:01	David Moir	Tyne Bridge Harriers 'B'	386	00:21:50	Paul Archer	Clayton Le Moors Harriers 'B'
287	00:21:02	Chris Edwin	Bingley Harriers	387	00:21:50	Max Lawton	Holmfirth Harriers 'B'
288	00:21:02	Ian Grewar	East Hull Harriers	388	00:21:51	James Rogers	City Of Hull
289	00:21:02	Edward Davies	Otley AC	389	00:21:52	Tim Clayton	North Derbyshire RC
290	00:21:02	Paul Hilton	Tyne Bridge Harriers	390	00:21:52	Sean Cordell	Salford Harriers & AC 'E'
291	00:21:03	Graham Millican	Border Harriers 'B'	391	00:21:53	Lee Smith	Barnsley Harriers
292	00:21:03	Chris Adams	North Derbyshire RC	392	00:21:54	Mike Vinegrad	East Hull Harriers
293	00:21:04	Mark Gardner	Lancaster And Morecambe AC	393	00:21:54	Steve Coates	East Hull Harriers
294	00:21:04	Simon Jeffs	Wirral AC	394	00:21:55	Tim Bellwood	Airedale Athletics 'B'
295	00:21:05	Adam Baker	Lincoln Wellington AC	395	00:21:55	David Oliver	City Of Hull 'B'
296	00:21:06	Richard Spooner	Barnsley Harriers	396	00:21:55	Wayne Bouttell	North York Moors AC
297	00:21:06	Aaron Lowery	Leeds City 'D'	397	00:21:56	Colin Palmer	Wallasey AC
298	00:21:07	Ben Dyson	Leeds City 'C'	398	00:21:57	C Woolner	Beverley AC 'B'
299	00:21:08	David Alderson	Altrincham & District AC 'B'	399	00:21:57	Elliott Wylie	Rossendale Harriers 'B'
300	00:21:08	David Edmondson	Clayton Le Moors Harriers	400	00:21:57	Carl Barber	Sale Harriers Manchester 'C'

Pos.	Time	Name	Team	Pos.	Time	Name	Team
401	00:21:57	Tony Barbat	Wallasey AC	497	00:23:28	Simon Baker	Hleanor Running Club 'B'
402	00:21:58	Craig Fishwick	Hallamshire Harriers	498	00:23:28	Dave Shaw	Salford Harriers & AC 'E'
403	00:21:59	Andrew Johnson	Beverley AC	499	00:23:28	Paul Seddon	Wigan Phoenix 'B'
404	00:22:01	Liam Spencer	Keighley & Craven AC	500	00:23:29	Martin King	Accrington Road Runners 'B'
405	00:22:01	S Wynne-Williams	Liverpool Harriers & AC 'C'	501	00:23:31	Neil Bart	Beverley AC 'B'
406	00:22:02	John Gibson	Gateshead Harriers & AC 'C'	502	00:23:33	Paul Wareing	Chorley AC
407	00:22:03	Steven Medd	Gateshead Harriers & AC 'D'	503	00:23:33	Brad Ehlen	Spectrum Striders RC 'B'
408	00:22:03	David Ashmore	North Derbyshire RC 'B'	504	00:23:35	Graham Wilkinson	East Hull Harriers 'C'
409	00:22:04	Steve Leverton	North Derbyshire RC 'B'	505	00:23:40	Michael Hogan	Clayton Le Moors Harriers 'B'
410	00:22:04	Trevor Rayner	Salford Harriers & AC 'E'	506	00:23:40	Jeff Mason	Liverpool Pembroke & Sefton 'B'
411	00:22:06	Chris Dove	Airedale Athletics 'B'	507	00:23:42	David Crossley	Barnsley Harriers
412	00:22:07	John Chaplin	Blackburn Harriers 'B'	508	00:23:46	Philip McCoy	East Hull Harriers 'B'
413	00:22:07	Paul Hesketh	Clayton Le Moors Harriers 'B'	509	00:23:47	Liam Craine	Blackpool Wyre & Fylde AC
414	00:22:07	Callum Morgan	Gateshead Harriers & AC 'D'	510	00:23:48	Andy Bush	Accrington Road Runners 'B'
415	00:22:07	William Martin	Horwich Rmi Harriers	511	00:23:48	Jack Dakin	Belper Harriers
416	00:22:07	Philip Robertson	Wirral AC	512	00:23:51	Matt Billingham	Altrincham & District AC 'C'
417	00:22:09	Paul Clarke	Hleanor Running Club	513	00:23:51	Paul Nippres	East Hull Harriers 'B'
418	00:22:09	James Stringer	Vale Royal	514	00:23:51	Paul Tate	Gateshead Harriers & AC 'E'
419	00:22:12	Ben Scott	Bolton United Harriers 'B'	515	00:23:51	Terry Hellings	Lytham St Annes Rrc
420	00:22:12	Luke Parker	Penny Lane Striders	516	00:23:52		Macclesfield Harriers
421	00:22:12	David Smith	Rotherham Harriers & AC 'B'	517	00:23:55	Phil Dunn	Accrington Road Runners 'B'
422	00:22:12	Dale Daniels	Salford Harriers & AC 'D'	518	00:23:56	Philp McKeown	Gateshead Harriers & AC 'E'
423	00:22:12	Neil Garnett	Spectrum Striders RC	519	00:23:59	Duncan McCarrick	Leigh Harriers & AC 'B'
424	00:22:12	Mark Rogers	Wigan Phoenix 'B'	520	00:23:59	Stephen McNicholas	Penny Lane Striders 'B'
425	00:22:13	Jason Harbour	Clayton Le Moors Harriers	521	00:24:00	Dave Gilchrist	Altrincham & District AC 'C'
426	00:22:13		East Cheshire H & Tameside B	522	00:24:08	Stephen Martin	Spectrum Striders RC 'B'
427	00:22:14	Mick Brearley	Airedale Athletics 'B'	523	00:24:16	Simon Townsend	Chorley AC
428	00:22:14	Stewart Rhodes	City Of Hull 'B'	524	00:24:17	Robert Norman	Belper Harriers
429	00:22:14	Eryl Husband	Lancaster And Morecambe AC	525	00:24:17		Macclesfield Harriers
430	00:22:14		Manchester Harriers	526	00:24:18	Lucas Meagor	Beverley AC 'B'
431	00:22:14	Paul Barrett	Sale Harriers Manchester 'C'	527	00:24:18	Thomas Wall	North York Moors AC
432	00:22:15	Dan Cunningham	Gateshead Harriers & AC 'D'	528	00:24:20	Andrew Tate	Beverley AC 'B'
433	00:22:15	Phil Waterworth	Wigan Phoenix 'B'	529	00:24:21	Daniel Johnson	Bolton United Harriers 'B'
434	00:22:17	Simeon Greenwood	Gateshead Harriers & AC 'D'	530	00:24:21	Robbie Wood	Liverpool Pembroke & Sefton 'B'
435	00:22:18	Andrew Priory	Accrington Road Runners 'B'	531	00:24:22	Matthew Broughton	Otley AC
436	00:22:18	Stephen Pilditch	Spectrum Striders RC	532	00:24:27	Roger Tomlin	Beverley AC 'B'
437	00:22:19	Julian Spencer	Spectrum Striders RC	533	00:24:28	Paul Turner	Bolton United Harriers 'B'
438	00:22:20	John Indricks	Leigh Harriers & AC 'B'	534	00:24:31	Glen Salkeld	Hleanor Running Club 'B'
439	00:22:21	Stephen Peacock	Beverley AC	535	00:24:37	Neil Gordon	East Hull Harriers 'C'
440	00:22:24	Christopher Heys	Sale Harriers Manchester 'C'	536	00:24:40	S Wolstenholme	Airedale Athletics 'B'
441	00:22:25	Elton Davies	Sale Harriers Manchester 'C'	537	00:24:44	Andrew Heys	Accrington Road Runners 'B'
442	00:22:26	Edward Devlin	Liverpool Harriers & AC 'C'	538	00:24:49		Manchester Harriers
443	00:22:28	Graham Webster	Lytham St Annes Rrc	539	00:24:52	Ian Walker	Chorley AC
444	00:22:28		Macclesfield Harriers	540	00:24:59	Stephen Parr	Gateshead Harriers & AC 'E'
445	00:22:28	Kenny Forster	Spectrum Striders RC	541	00:25:00	Timothy Warn	Penny Lane Striders 'B'
446	00:22:28	Ian Pass	St Helens Sutton AC 'B'	542	00:25:01	Nick Hume	Blackpool Wyre & Fylde AC 'B'
447	00:22:29	Maurice Collins	St Helens Sutton AC 'B'	543	00:25:03	Mark Bleasdale	Liverpool Pembroke & Sefton 'B'
448	00:22:31	Kevin Connolly	Gateshead Harriers & AC 'D'	544	00:25:06		Macclesfield Harriers
449	00:22:31	Connor Murphy	St Helens Sutton AC	545	00:25:07	Ray Vose	St Helens Sutton AC 'B'
450	00:22:32	Mark Almond	Blackburn Harriers 'B'	546	00:25:08	Malcolm Weir	Belper Harriers
451	00:22:32	Simone Capponi	Penny Lane Striders 'B'	547	00:25:08	Ian Close	Blackpool Wyre & Fylde AC 'C'
452	00:22:33	Josh Housley	Hleanor Running Club 'B'	548	00:25:08	Jack Stringfellow	Rossendale Harriers 'B'
453	00:22:33	Chris Pedder	Liverpool Pembroke & Sefton 'B'	549	00:25:12	Jerry Smith	Sale Harriers Manchester 'D'
454	00:22:34	Stu Buchan	City Of Hull 'B'	550	00:25:14	Andy Garnett	Spectrum Striders RC 'B'
455	00:22:34	Michael Robson	Wallasey AC	551	00:25:16	Andrew Barton	Altrincham & District AC 'C'
456	00:22:36	Duncan Wilson	Altrincham & District AC 'B'	552	00:25:17		Macclesfield Harriers
457	00:22:36	Mike Jackson	East Hull Harriers 'B'	553	00:25:27	Terry Lonergan	Sale Harriers Manchester 'D'
458	00:22:40	Jeff Whittington	Wigan Phoenix 'B'	554	00:25:31	Paul Hindhaugh	Gateshead Harriers & AC 'E'
459	00:22:42	Mark Gornall	Leigh Harriers & AC 'B'	555	00:25:37	Joe Shaw	Lytham St Annes Rrc
460	00:22:44	Mal Gordon	Penny Lane Striders 'B'	556	00:25:41	Mick Jeffrey	Otley AC
461	00:22:45	Andrew Miles	Vale Royal	557	00:25:43	Ben Rumford	City Of Hull 'B'
462	00:22:46	Phillip Williams	Leigh Harriers & AC 'B'	558	00:25:49	Henry Minorczyk	Chorley AC
463	00:22:47	Steve Duxbury	Rossendale Harriers 'B'	559	00:25:52		Macclesfield Harriers
464	00:22:47	Daniel Birchall	Tyne Bridge Harriers 'B'	560	00:25:52	Tommy Daniels	Salford Harriers & AC 'E'
465	00:22:50	Sean Clare	Clayton Le Moors Harriers 'B'	561	00:25:54	Jeff Wright	Blackpool Wyre & Fylde AC 'C'
466	00:22:50	Richard Sims	Hleanor Running Club	562	00:26:01	Terry Bradshaw	Blackpool Wyre & Fylde AC 'C'
467	00:22:50	Albert DeJong	Spectrum Striders RC 'B'	563	00:26:03	Peter Gibson	Blackpool Wyre & Fylde AC 'C'
468	00:22:54	Carl Heron	Airedale Athletics 'B'	564	00:26:08	David Taylor	Chorley AC
469	00:22:55	Alan Pitman	Sale Harriers Manchester 'B'	565	00:26:11	Graham Fitton	Wakefield DH & AC
470	00:22:56	Paul Wickham	Accrington Road Runners 'B'	566	00:26:12	Jan Lilley	North Derbyshire RC 'B'
471	00:22:56	Chris Essex-Crosby	Blackpool Wyre & Fylde AC 'B'	567	00:26:23		Manchester Harriers
472	00:22:56	Wayne Byram	Holmfirth Harriers	568	00:26:27	Steve Quarmby	Lytham St Annes Rrc
473	00:22:57	Daniel Maynard	Blackburn Harriers 'B'	569	00:26:28	Andrew Fewster	East Hull Harriers 'B'
474	00:22:58	Daryl Bentley	Bolton United Harriers 'B'	570	00:26:29	Andy Dakin	Belper Harriers
475	00:22:58	Philip Gibson	East Hull Harriers 'C'	571	00:26:32	Mike Jones	Altrincham & District AC 'C'
476	00:22:58	Matthew Williams	Wallasey AC	572	00:26:34	David Livingstone	Altrincham & District AC 'C'
477	00:23:01		Manchester Harriers	573	00:26:38	Steven Hadley	Beverley AC 'B'
478	00:23:02	Richard Stott	Rossendale Harriers 'B'	574	00:26:47	Neville Griffiths	Spectrum Striders RC 'B'
479	00:23:06	Anthony Clarke	Liverpool Harriers & AC 'C'	575	00:26:49	Richard Taylor	Blackburn Harriers 'B'
480	00:23:07	David Motley	Clayton Le Moors Harriers 'B'	576	00:26:50	Dave Dyson	Blackpool Wyre & Fylde AC 'B'
481	00:23:08	Paul Gallagher	Accrington Road Runners	577	00:26:56	Robert Rainsford	Hleanor Running Club 'B'
482	00:23:09	Steven Gavin	Sale Harriers Manchester 'C'	578	00:27:01	Brian Bradshaw	Sale Harriers Manchester 'D'
483	00:23:10	Andrew Lawtey	City Of Hull 'B'	579	00:27:11	Phil Robinson	St Helens Sutton AC 'B'
484	00:23:11	Dominic Scott	Altrincham & District AC 'B'	580	00:27:21	Derek Crane	Blackpool Wyre & Fylde AC 'B'
485	00:23:13	Ian Hayburn	St Helens Sutton AC 'B'	581	00:27:48	Tom Lavin	Altrincham & District AC 'C'
486	00:23:16	Peter Broome	Blackpool Wyre & Fylde AC 'C'	582	00:28:25	Michael Baker	Tyne Bridge Harriers 'B'
487	00:23:17	Phil Morton	Accrington Road Runners	583	00:28:26	Tony Rudd	Lytham St Annes Rrc
488	00:23:17	Mick Chambers	Airedale Athletics 'B'	584	00:28:29	Tony Croft	Blackpool Wyre & Fylde AC 'C'
489	00:23:17	Graham Silburn	Border Harriers 'B'	585	00:28:54	Roland Peacock	Gateshead Harriers & AC 'E'
490	00:23:18	Shaun Fores	East Hull Harriers 'B'	586	00:29:03	Jimmy Turnbull	Tyne Bridge Harriers 'B'
491	00:23:21	Duncan Drasdo	Traford AC 'B'	587	00:29:08	Stan Erlam	St Helens Sutton AC 'B'
492	00:23:24	Steve Bennett	North Derbyshire RC 'B'	588	00:29:30	Barry Allman	Spectrum Striders RC 'B'
493	00:23:25	Andy Rose	Belper Harriers	589	00:29:58	David Rodgers	Sale Harriers Manchester 'C'
494	00:23:25	Nick Maynard	City Of Hull 'B'	590	00:30:24	John Stephenson	Gateshead Harriers & AC 'E'
495	00:23:26	Stuart Williams	Blackpool Wyre & Fylde AC 'B'	591	00:32:08	Norman Greenwood	Blackpool Wyre & Fylde AC 'B'
496	00:23:26	Andrew Keeley	Penny Lane Striders 'B'				