

<b>1</b>	<b>Trafford AC</b>	<b>00:28:45</b>	<b>18</b>	<b>Kingston Upon Hull AC</b>	<b>00:32:13</b>
	Daniel Lawton (2)	09:33		J Taylor-Brown (20)	10:38
	Ryan Babcock (4)	10:15		Sam Jaram (17)	10:27
	Jack Crabtree (1)	08:57		Andrew Hess (18)	11:08
<b>2</b>	<b>Warrington Athletic Club</b>	<b>00:28:59</b>	<b>19</b>	<b>Wirral AC 'B'</b>	<b>00:32:24</b>
	Daniel Evans (6)	09:50		Christian White (30)	11:10
	Liam Burthem (2)	09:47		William Patterson (21)	10:32
	M Wigelsworth (2)	09:22		Charlie Quinn (19)	10:42
<b>3</b>	<b>Vale Royal</b>	<b>00:29:07</b>	<b>20</b>	<b>Manchester Harriers</b>	<b>00:32:37</b>
	Samuel Whitehead (12)	10:14		Donnacha Maguire (13)	10:16
	Matthew Sheen (3)	09:30		Thomas Taylor (18)	10:52
	Elliot Bowker (3)	09:23		Matt Graham (20)	11:29
<b>4</b>	<b>Preston Harriers</b>	<b>00:29:28</b>	<b>21</b>	<b>Warrington Athletic Club 'B'</b>	<b>00:32:38</b>
	Patrick Dever (1)	09:18		Leighton Sharman (18)	10:25
	Fabrice Kisela (1)	10:18		Daniel Richardson (20)	11:13
	Luke Penswick (4)	09:52		Robert Dykes (21)	11:00
<b>5</b>	<b>Southport Waterloo AC</b>	<b>00:30:40</b>	<b>22</b>	<b>Preston Harriers 'C'</b>	<b>00:32:45</b>
	Andrew Kershaw (7)	09:56		Robert Bryning (25)	10:54
	Luke Tyson (9)	10:33		Dan Whitlock (23)	10:54
	Michael Panes (5)	10:11		Jack McNeela (22)	10:57
<b>6</b>	<b>Holmfirth Harriers AC</b>	<b>00:30:47</b>	<b>23</b>	<b>Stockport Harriers &amp; AC</b>	<b>00:32:55</b>
	Lewis Byram (3)	09:43		Alex Minshull (31)	11:16
	Aaron Kettlewell (6)	10:35		Jay Hornby (24)	10:39
	Aaron Arthur (6)	10:29		Jay Wood (23)	11:00
<b>7</b>	<b>Blackburn Harriers</b>	<b>00:30:52</b>	<b>24</b>	<b>Vale Royal 'B'</b>	<b>00:33:01</b>
	Robert Wong (8)	09:57		Jonathan Owen (24)	10:52
	Robert Blow (7)	10:24		Matt Rowlinson (27)	11:28
	Robert Buckley (7)	10:31		Hayden Healey (24)	10:41
<b>8</b>	<b>Wirral AC</b>	<b>00:30:55</b>	<b>25</b>	<b>Sale Harriers Manchester</b>	<b>00:33:10</b>
	A Scanavacca (22)	10:46		Euan Gilchrist (21)	10:41
	Niall Flanagan (16)	10:17		Dylan Stanway (22)	11:03
	James Taylor (8)	09:52		Jordan Bezzina (25)	11:26
<b>9</b>	<b>Rotherham Harriers &amp; AC</b>	<b>00:30:56</b>	<b>26</b>	<b>St Helens Sutton AC</b>	<b>00:33:17</b>
	Devon Stead (16)	10:17		Lee Dobson (10)	10:01
	Robert Bentham (13)	10:27		Jonathan Causer (25)	12:01
	Ryan Beale (9)	10:12		Adam Brunt (26)	11:15
<b>10</b>	<b>Wakefield DH &amp; AC</b>	<b>00:30:57</b>	<b>27</b>	<b>Liverpool Pembroke &amp; Sefton</b>	<b>00:34:09</b>
	Samuel Convery (9)	10:00		Daniel Wright (34)	11:27
	George Heppinstall (8)	10:26		Jonathon Bride (30)	11:21
	Ben Read (10)	10:31		Christopher Webber (27)	11:21
<b>11</b>	<b>Gateshead Harriers &amp; AC</b>	<b>00:31:04</b>	<b>28</b>	<b>Wakefield DH &amp; AC 'B'</b>	<b>00:34:13</b>
	Jed Marshall (5)	09:49		Robert Sanderson (27)	10:58
	Thomas Mount (12)	10:47		Harry Mallinson (28)	11:33
	James Cripwell (11)	10:28		Cameron Dye (28)	11:42
<b>12</b>	<b>Morpeth Harriers &amp; AC</b>	<b>00:31:10</b>	<b>29</b>	<b>Leigh Harriers &amp; AC</b>	<b>00:34:58</b>
	Ryan Green (14)	10:17		Domenic Howarth (33)	11:20
	Elliot Kelly (10)	10:13		Jorden Smith (32)	11:29
	Jarod Lewis (12)	10:40		Cameron Rigg (29)	12:09
<b>13</b>	<b>East Cheshire H &amp; Tameside AC</b>	<b>00:31:14</b>	<b>30</b>	<b>Chesterfield Dac</b>	<b>00:37:43</b>
	Tom McGuinness (11)	10:06		James Yapp (32)	11:20
	Robert McCarthy (5)	10:08		Gareth James (31)	11:29
	Max Hobson (13)	11:00		Tom Barnes (30)	14:54
<b>14</b>	<b>Preston Harriers 'B'</b>	<b>00:31:19</b>	<b>Lincoln Wellington AC 'B'</b>	<b>00:22:13</b>	
	Elliott Roberts (15)	10:17		Dion Harrison (26)	10:58
	Chris Durney (14)	10:34		Robert Keen (26)	11:15
	James Salisbury (14)	10:28			
<b>15</b>	<b>Derby AC</b>	<b>00:31:38</b>	<b>East Cheshire H &amp; Tameside B</b>	<b>00:22:38</b>	
	Daniel Haymes (4)	09:48		Charley Wray (23)	10:47
	Sam Grief (11)	10:47		Ellis Stelfox (29)	11:51
	Matthew Ward (15)	11:03	<b>Warrington Athletic Club 'C'</b>	<b>00:10:59</b>	
<b>16</b>	<b>Lincoln Wellington AC</b>	<b>00:31:43</b>		Patrick Iredale (28)	10:59
	Daniel Skinner (17)	10:18	<b>Holmfirth Harriers AC 'B'</b>	<b>00:11:02</b>	
	Joe Shuttleworth (15)	10:36		Eddie Hinchliffe (29)	11:02
	Alex Humberstone (16)	10:49	<b>Wakefield DH &amp; AC 'C'</b>	<b>00:11:58</b>	
<b>17</b>	<b>Hallamshire Harriers</b>	<b>00:31:48</b>		Andrew Jones (35)	11:58
	Joseph Hutchesson (19)	10:33			
	Ewan South (19)	10:50			
	Joshua Walton (17)	10:25			

### Stage 1

1	00:09:18	Patrick Dever	Preston Harriers	19	00:10:33	Joseph Hutchesson	Hallamshire Harriers
2	00:09:33	Daniel Lawton	Trafford AC	20	00:10:38	J Taylor-Brown	Kingston Upon Hull AC
3	00:09:43	Lewis Byram	Holmfirth Harriers AC	21	00:10:41	Euan Gilchrist	Sale Harriers Manchester
4	00:09:48	Daniel Haymes	Derby AC	22	00:10:46	A Scanavacca	Wirral AC
5	00:09:49	Jed Marshall	Gateshead Harriers & AC	23	00:10:47	Charley Wray	East Cheshire H & Tameside B
6	00:09:50	Daniel Evans	Warrington Athletic Club	24	00:10:52	Jonathan Owen	Vale Royal 'B'
7	00:09:56	Andrew Kershaw	Southport Waterloo AC	25	00:10:54	Robert Bryning	Preston Harriers 'C'
8	00:09:57	Robert Wong	Blackburn Harriers	26	00:10:58	Dion Harrison	Lincoln Wellington AC 'B'
9	00:10:00	Samuel Convery	Wakefield DH & AC	27	00:10:58	Robert Sanderson	Wakefield DH & AC 'B'
10	00:10:01	Lee Dobson	St Helens Sutton AC	28	00:10:59	Patrick Iredale	Warrington Athletic Club 'C'
11	00:10:06	Tom McGuinness	East Cheshire H & Tameside AC	29	00:11:02	Eddie Hinchliffe	Holmfirth Harriers AC 'B'
12	00:10:14	Samuel Whitehead	Vale Royal	30	00:11:10	Christian White	Wirral AC 'B'
13	00:10:16	Donnacha Maguire	Manchester Harriers	31	00:11:16	Alex Minshull	Stockport Harriers & AC
14	00:10:17	Ryan Green	Morpeth Harriers & AC	32	00:11:20	James Yapp	Chesterfield Dac
15	00:10:17	Elliott Roberts	Preston Harriers 'B'	33	00:11:20	Domenic Howarth	Leigh Harriers & AC
16	00:10:17	Devon Stead	Rotherham Harriers & AC	34	00:11:27	Daniel Wright	Liverpool Pembroke & Sefton
17	00:10:18	Daniel Skinner	Lincoln Wellington AC	35	00:11:58	Andrew Jones	Wakefield DH & AC 'C'
18	00:10:25	Leighton Sharman	Warrington Athletic Club 'B'				

### Stage 2

1	00:09:30	Matthew Sheen	Vale Royal	17	00:10:39	Jay Hornby	Stockport Harriers & AC
2	00:09:47	Liam Burthem	Warrington Athletic Club	18	00:10:47	Sam Grief	Derby AC
3	00:10:08	Robert McCarthy	East Cheshire H & Tameside AC	19	00:10:47	Thomas Mount	Gateshead Harriers & AC
4	00:10:13	Elliot Kelly	Morpeth Harriers & AC	20	00:10:50	Ewan South	Hallamshire Harriers
5	00:10:15	Ryan Babcock	Trafford AC	21	00:10:52	Thomas Taylor	Manchester Harriers
6	00:10:17	Niall Flanagan	Wirral AC	22	00:10:54	Dan Whitlock	Preston Harriers 'C'
7	00:10:18	Fabrice Kisela	Preston Harriers	23	00:11:03	Dylan Stanway	Sale Harriers Manchester
8	00:10:24	Robert Blow	Blackburn Harriers	24	00:11:13	Daniel Richardson	Warrington Athletic Club 'B'
9	00:10:26	George Heppinstall	Wakefield DH & AC	25	00:11:15	Robert Keen	Lincoln Wellington AC 'B'
10	00:10:27	Sam Jaram	Kingston Upon Hull AC	26	00:11:21	Jonathon Bride	Liverpool Pembroke & Sefton
11	00:10:27	Robert Bentham	Rotherham Harriers & AC	27	00:11:28	Matt Rowlinson	Vale Royal 'B'
12	00:10:32	William Patterson	Wirral AC 'B'	28	00:11:29	Gareth James	Chesterfield Dac
13	00:10:33	Luke Tyson	Southport Waterloo AC	29	00:11:29	Jorden Smith	Leigh Harriers & AC
14	00:10:34	Chris Durney	Preston Harriers 'B'	30	00:11:33	Harry Mallinson	Wakefield DH & AC 'B'
15	00:10:35	Aaron Kettlewell	Holmfirth Harriers AC	31	00:11:51	Ellis Stelfox	East Cheshire H & Tameside B
16	00:10:36	Joe Shuttleworth	Lincoln Wellington AC	32	00:12:01	Jonathan Causer	St Helens Sutton AC

### Stage 3

1	00:08:57	Jack Crabtree	Trafford AC	16	00:10:42	Charlie Quinn	Wirral AC 'B'
2	00:09:22	M Wigelsworth	Warrington Athletic Club	17	00:10:49	Alex Humberstone	Lincoln Wellington AC
3	00:09:23	Elliot Bowker	Vale Royal	18	00:10:57	Jack McNeela	Preston Harriers 'C'
4	00:09:52	Luke Penswick	Preston Harriers	19	00:11:00	Max Hobson	East Cheshire H & Tameside AC
5	00:09:52	James Taylor	Wirral AC	20	00:11:00	Jay Wood	Stockport Harriers & AC
6	00:10:11	Michael Panes	Southport Waterloo AC	21	00:11:00	Robert Dykes	Warrington Athletic Club 'B'
7	00:10:12	Ryan Beale	Rotherham Harriers & AC	22	00:11:03	Matthew Ward	Derby AC
8	00:10:25	Joshua Walton	Hallamshire Harriers	23	00:11:08	Andrew Hess	Kingston Upon Hull AC
9	00:10:28	James Cripwell	Gateshead Harriers & AC	24	00:11:15	Adam Brunt	St Helens Sutton AC
10	00:10:28	James Salisbury	Preston Harriers 'B'	25	00:11:21	Christopher Webber	Liverpool Pembroke & Sefton
11	00:10:29	Aaron Arthur	Holmfirth Harriers AC	26	00:11:26	Jordan Bezzina	Sale Harriers Manchester
12	00:10:31	Robert Buckley	Blackburn Harriers	27	00:11:29	Matt Graham	Manchester Harriers
13	00:10:31	Ben Read	Wakefield DH & AC	28	00:11:42	Cameron Dye	Wakefield DH & AC 'B'
14	00:10:40	Jarod Lewis	Morpeth Harriers & AC	29	00:12:09	Cameron Rigg	Leigh Harriers & AC
15	00:10:41	Hayden Healey	Vale Royal 'B'	30	00:14:54	Tom Barnes	Chesterfield Dac

Pos.	Time	Name	Team	Pos.	Time	Name	Team
1	00:08:57	Jack Crabtree	Trafford AC	84	00:11:21	Christopher Webber	Liverpool Pembroke & Sefton
2	00:09:18	Patrick Dever	Preston Harriers	85	00:11:26	Jordan Bezzina	Sale Harriers Manchester
3	00:09:22	M Wigelsworth	Warrington Athletic Club	86	00:11:27	Daniel Wright	Liverpool Pembroke & Sefton
4	00:09:23	Elliot Bowker	Vale Royal	87	00:11:28	Matt Rowlinson	Vale Royal 'B'
5	00:09:30	Matthew Sheen	Vale Royal	88	00:11:29	Gareth James	Chesterfield Dac
6	00:09:33	Daniel Lawton	Trafford AC	89	00:11:29	Jorden Smith	Leigh Harriers & AC
7	00:09:43	Lewis Byram	Holmfirth Harriers AC	90	00:11:29	Matt Graham	Manchester Harriers
8	00:09:47	Liam Burthem	Warrington Athletic Club	91	00:11:33	Harry Mallinson	Wakefield DH & AC 'B'
9	00:09:48	Daniel Haymes	Derby AC	92	00:11:42	Cameron Dye	Wakefield DH & AC 'B'
10	00:09:49	Jed Marshall	Gateshead Harriers & AC	93	00:11:51	Ellis Stelfox	East Cheshire H & Tameside B
11	00:09:50	Daniel Evans	Warrington Athletic Club	94	00:11:58	Andrew Jones	Wakefield DH & AC 'C'
12	00:09:52	Luke Penswick	Preston Harriers	95	00:12:01	Jonathan Causer	St Helens Sutton AC
13	00:09:52	James Taylor	Wirral AC	96	00:12:09	Cameron Rigg	Leigh Harriers & AC
14	00:09:56	Andrew Kershaw	Southport Waterloo AC	97	00:14:54	Tom Barnes	Chesterfield Dac
15	00:09:57	Robert Wong	Blackburn Harriers				
16	00:10:00	Samuel Convery	Wakefield DH & AC				
17	00:10:01	Lee Dobson	St Helens Sutton AC				
18	00:10:06	Tom McGuinness	East Cheshire H & Tameside AC				
19	00:10:08	Robert McCarthy	East Cheshire H & Tameside AC				
20	00:10:11	Michael Panes	Southport Waterloo AC				
21	00:10:12	Ryan Beale	Rotherham Harriers & AC				
22	00:10:13	Elliot Kelly	Morpeth Harriers & AC				
23	00:10:14	Samuel Whitehead	Vale Royal				
24	00:10:15	Ryan Babcock	Trafford AC				
25	00:10:16	Donnacha Maguire	Manchester Harriers				
26	00:10:17	Ryan Green	Morpeth Harriers & AC				
27	00:10:17	Elliott Roberts	Preston Harriers 'B'				
28	00:10:17	Devon Stead	Rotherham Harriers & AC				
29	00:10:17	Niall Flanagan	Wirral AC				
30	00:10:18	Daniel Skinner	Lincoln Wellington AC				
31	00:10:18	Fabrice Kisela	Preston Harriers				
32	00:10:24	Robert Blow	Blackburn Harriers				
33	00:10:25	Joshua Walton	Hallamshire Harriers				
34	00:10:25	Leighton Sharman	Warrington Athletic Club 'B'				
35	00:10:26	George Heppinstall	Wakefield DH & AC				
36	00:10:27	Sam Jaram	Kingston Upon Hull AC				
37	00:10:27	Robert Bentham	Rotherham Harriers & AC				
38	00:10:28	James Cripwell	Gateshead Harriers & AC				
39	00:10:28	James Salisbury	Preston Harriers 'B'				
40	00:10:29	Aaron Arthur	Holmfirth Harriers AC				
41	00:10:31	Robert Buckley	Blackburn Harriers				
42	00:10:31	Ben Read	Wakefield DH & AC				
43	00:10:32	William Patterson	Wirral AC 'B'				
44	00:10:33	Joseph Hutchesson	Hallamshire Harriers				
45	00:10:33	Luke Tyson	Southport Waterloo AC				
46	00:10:34	Chris Durney	Preston Harriers 'B'				
47	00:10:35	Aaron Kettlewell	Holmfirth Harriers AC				
48	00:10:36	Joe Shuttleworth	Lincoln Wellington AC				
49	00:10:38	J Taylor-Brown	Kingston Upon Hull AC				
50	00:10:39	Jay Hornby	Stockport Harriers & AC				
51	00:10:40	Jarod Lewis	Morpeth Harriers & AC				
52	00:10:41	Euan Gilchrist	Sale Harriers Manchester				
53	00:10:41	Hayden Healey	Vale Royal 'B'				
54	00:10:42	Charlie Quinn	Wirral AC 'B'				
55	00:10:46	A Scanavacca	Wirral AC				
56	00:10:47	Sam Grief	Derby AC				
57	00:10:47	Charley Wray	East Cheshire H & Tameside B				
58	00:10:47	Thomas Mount	Gateshead Harriers & AC				
59	00:10:49	Alex Humberstone	Lincoln Wellington AC				
60	00:10:50	Ewan South	Hallamshire Harriers				
61	00:10:52	Thomas Taylor	Manchester Harriers				
62	00:10:52	Jonathan Owen	Vale Royal 'B'				
63	00:10:54	Robert Bryning	Preston Harriers 'C'				
64	00:10:54	Dan Whitlock	Preston Harriers 'C'				
65	00:10:57	Jack McNeela	Preston Harriers 'C'				
66	00:10:58	Dion Harrison	Lincoln Wellington AC 'B'				
67	00:10:58	Robert Sanderson	Wakefield DH & AC 'B'				
68	00:10:59	Patrick Iredale	Warrington Athletic Club 'C'				
69	00:11:00	Max Hobson	East Cheshire H & Tameside AC				
70	00:11:00	Jay Wood	Stockport Harriers & AC				
71	00:11:00	Robert Dykes	Warrington Athletic Club 'B'				
72	00:11:02	Eddie Hinchliffe	Holmfirth Harriers AC 'B'				
73	00:11:03	Matthew Ward	Derby AC				
74	00:11:03	Dylan Stanway	Sale Harriers Manchester				
75	00:11:08	Andrew Hess	Kingston Upon Hull AC				
76	00:11:10	Christian White	Wirral AC 'B'				
77	00:11:13	Daniel Richardson	Warrington Athletic Club 'B'				
78	00:11:15	Robert Keen	Lincoln Wellington AC 'B'				
79	00:11:15	Adam Brunt	St Helens Sutton AC				
80	00:11:16	Alex Minshull	Stockport Harriers & AC				
81	00:11:20	James Yapp	Chesterfield Dac				
82	00:11:20	Domenic Howarth	Leigh Harriers & AC				
83	00:11:21	Jonathon Bride	Liverpool Pembroke & Sefton				