



ANNUAL REPORT

2016/17

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Northern Athletics Executive Board 2016/17

President	Roy Swinbank
Chairman	Tony Wood
Treasurer	Nigel Orr
Cross Country representatives	Steve Gaines
Road Running representatives	Arwel Williams
Track & Field representatives	Bob Brimage
	Ken Smith
	Malcolm Fletcher
	Malcolm Rogers
Secretariat	Judith Temperton
	Pat Schofield

PRESIDENT'S REPORT

It has been an honour and a privilege to serve as your President for the past year. It has shaken me out of my comfort zone and made me appreciate the full range of events, which in days past I would have competed in, but in some cases had got out of the habit of attending. I have been greatly impressed by the level of support and the high quality of organisation of all our events.

The Indoor T&F Championships in the excellent facilities of the EIS at Sheffield require a very tight schedule and make considerable demands of both athletes and officials. Both met the challenge well and there were many excellent performances.

Knowsley Safari Park again proved an excellent venue for the Cross Country Championships and there were no reported problems with the animals other than their droppings on parts of the course! The outdoor Track & Field Championships were again affected by the weather and a clash with the County Schools but nevertheless provided the level of competition needed by our athletes, either as the highlight of their season or as a step towards greater things. Many in the younger age groups got experience of representing their Counties at Hull, where Yorkshire just managed to hang on to the Inter-Counties title. Counties much smaller in size and population could still look at their results and congratulate themselves!

Our Road Relay Championships at Stanley Park, Blackpool, and at Sportcity, Manchester, again provided good competition for large numbers of athletes, and it was possible for us to include for the first time 5K Championships for the younger age groups. The Cross Country Relays at Graves Park, Sheffield, were affected by the arrival of "Storm Brian" but survived and succeeded. All three relay events are especially dependent on quality course marking and marshalling, and our volunteers did a tremendous job.

Throughout the year I have been greatly impressed by the work done on your behalf by our amazing Technical Officials, our dedicated Executive Board, battling with the very future of our organisation, and our highly efficient office staff. All have helped me to have an enjoyable year, and will I am sure present a new set of challenges to your incoming President.

My thanks to you all.

Roy Swinbank
President

OBITUARIES

Northern Athletics would like to extend condolences to the families of friends and colleagues who have passed away during the year, including:

David Crosdale
Murray Lambden
Margaret Watson

Arthur Fox
Charles Stuart

Derek Ibbotson MBE
Mike Turner

CHAIRMAN'S REPORT

Last November my report was dominated, quite rightly, by the paramount issue of our funding and future survival. We were on a mission to seek your support, a plea exacerbated by England Athletics only committing to limited funding. We had asked you to complete a further survey which contained some clear questions regarding your views on area competition and whether you supported its continuance. We specifically asked as to how we should fund ourselves if grants from England Athletics were not forthcoming.

The results of that survey are detailed in a booklet which has already been sent out to the clubs prior to this meeting. Over the last 12 months much time and effort has been spent negotiating further with England Athletics but sadly those negotiations failed because they would not commit to funding beyond April 2019. The survey result told us that the majority view, in those circumstances, was to introduce an affiliation fee. We are now putting formal proposals to you for a simple and modest scheme that hopefully will cover our needs and ensure our survival.

This favoured scheme supported by the majority of those who took part in our survey requires your commitment to it otherwise it will fail and so will Northern Athletics as we currently know it. I ask you to read our booklet. Much work has gone into it and it is unique in that the proposals within it not only reflect what our grass root supporters want us to do but as you will see support for us generally is backed by many well-known and famous athletes and coaches in the North. Those individuals have come forward voluntarily and given a quote not because they felt obliged to do so but because they truly believe in what we do and have witnessed the effect of Northern competition on their careers. This year has been no exception, packed with brilliant and exciting events that have truly inspired our athletes and clubs. I pay tribute in this report to our Board who are a group of 100% committed stalwarts, dedicated to the cause and carrying the flag of Northern Athletics into every race, championship and event. Their knowledge and expertise is invaluable as well as that provided by all our officials who are ever present, rain or shine. I thank them for their time and dedication to us. To lose that experience and in turn this historic organisation for the sake of a few pounds per athlete each year would be a disaster for our sport both now and in the future. The clubs and their athletes have it in their hands to make a difference by committing fully to this cause. If you do not, then sadly we know the reality is that your governing body in Birmingham will not, a fact that has become increasingly obvious over the past two years.

You have a right to question as to why your athletes have to pay £15 per year to your national governing body. You have a right to ask where that money goes and what benefits you get for it. We are asking for £2 per athlete per year, a fee less than the price of a cup of coffee. The explanation for that request has been clearly outlined in our booklet but moreover it is justified by the great experience all athletes get from our championships from under 13s through to veterans, from local casual runner through to international medallists. I ask you to consider whether our cause is just and right. If it is then I ask you to back us. Its success will give to the North an organisation that is less reliant on our national governing body and more able to speak up for you.

I can only repeat last year's message. There comes a point in life when you have to take your destiny in your own hands. We are doing that now and we ask for your support and backing to ensure success. Please do not let this chance for survival go by otherwise it will be lost forever.

Tony Wood
Chairman

HONORARY TREASURER'S REPORT

2016-17 was the tenth year of promoting athletics by Northern Athletics and is the first year that a financial surplus has been achieved. The income and expenditure account shows a net surplus for the year of £24,391 and the balance sheet shows that at the end of the financial year the net assets of Northern Athletics were £247,686.

The surplus includes an annual competition grant of £41,000 from England Athletics and the overall financial position has been helped by a combination of organising increasingly popular and successful events and an ongoing review of the running costs of the organisation. The success of the events is primarily down to the hard work of the many volunteers and staff that promote, organise and facilitate the events.

Despite reporting the first surplus in 2016-17, the future of Northern Athletics remains uncertain. Without the £41,000 grant from England Athletics, we would have reported a deficit of £16,609. We have made great strides in reducing costs and increasing income from events, but the inability of England Athletics to provide any assurances on longer-term funding means that we have now reached the stage where fundamental changes are necessary to ensure the long term provision of athletics competition in the North.

The income and expenditure account provides details of the long-standing support and sponsorship income from Start Fitness, an internet and retail-based sportswear supplier and manufacturer, who provide support of £12,000 for the track and field and cross-country championships, which remains a valuable and much appreciated source of funding.

A concerted effort has been made over a number of years to review and reduce running costs of the organisation where appropriate. As a result, in 2016-17, savings of £7,401 (9%) have been made on running costs. This follows a reduction of £11,145 (12%) in the previous year.

A full range of championship events were promoted during the year. Notably, in 2016-17 there was an increased surplus to £12,884 from the Cross Country Relays and Championships and the three Road Relay events held within the financial year and the new Junior 5k event generated a combined surplus of £27,815. The improved financial returns from these Championship events has been achieved through the great efforts by teams of organisers who monitor and control costs of running the events and also promote them to generate increasing levels of entries.

A surplus of £12,822 was generated from organising a number of Open Indoor events during the winter, and is shown in Track & Field Teams & Matches.

Once again, my personal thanks and appreciation go to Judith and Pat and a team of volunteers throughout the North who contribute hugely to the smooth running of the financial activities of Northern Athletics.

Nigel Orr
Honorary Treasurer

Income and Expenditure Account for the year ended 31st March 2017

	2017		2016	
	£	£	£	£
Income:-				
Sponsorship:-				
- Start Fitness	12,000		12,000	
England Athletics Competition Grant	41,000		37,000	
Bank interest	68		81	
Hire of equipment / other income	8,978		9,074	
Total Income		62,046		58,155
Expenditure:-				
Staffing	38,600		39,319	
Premises	9,266		9,259	
Office expenses	15,860		22,031	
Board expenses	2,646		3,587	
Equipment and stock	5,389		4,752	
Corporation Tax payable	93		17	
Track & Field Leagues			6,895	
Professional Fees	2,030		2,320	
		73,884		88,180
Championships: -				
Track & Field/Race Walking	9,125		2,703	
Road Running	(27,815)		(7,914)	
Cross Country	(12,884)		(9,289)	
		(31,574)		(14,500)
Teams and Matches:-				
Track & Field	(12,558)		(5,396)	
Road Running	692		1,121	
Cross Country	2,816		1,663	
		(9,050)		(2,612)
Depreciation:-				
Sports equipment	3,413		602	
Office equipment	982		327	
		4,395		929
Total Expenditure		37,655		71,997
Surplus / (Deficit) for the year		24,391		(13,842)

Balance Sheet @ 31 March 2017

	31 March 2017	31 March 2016
Net assets brought forward	223,295	237,137
Surplus/(Deficit) for the year	24,391	(13,842)
	<u>247,686</u>	<u>223,295</u>
Represented by:		
Sports equipment at 1 April 2009	3,413	4,015
addition	0	0
Less: depreciation	(3,413)	(602)
	0	3,413
Office equipment at 1 April 2009	982	1,309
Addition	0	0
Less: depreciation	(982)	(327)
	0	982
Stock		
Vests/shirts/polos	1,494	1,320
Debtors	2,314	20,952
Bank deposits		
NatWest Account	245,636	201,970
Imprest balances	242	317
	245,878	202,287
Creditors	(2,000)	(5,659)
	<u>247,686</u>	<u>223,295</u>

CROSS COUNTRY REPORT

Northern Athletics Cross Country Championships 28th January 2017 at Knowsley Safari Park, Merseyside

The Championship was first held at the venue in 2013, and we returned the following year with the kind permission of Lord and Lady Derby. The weather this year was a bit kinder than in previous years and again we had some excellent races.

In the first race the U17 Women's title went to Mya Taylor of Rotherham Harriers with Sale Harriers Manchester taking the team victory. In the next race, U20 Women, the convincing winner was Harriet Knowles Jones of Warrington AC with Holmfirth Harriers AC being the first team home.

Alice Jones of Wharfedale Harriers won the U13 Girls race with the team award going to Hallamshire Harriers and in the U15 Girls event, local athlete Ella McNiven (Liverpool Harriers & AC) took the title with Sale Harriers the winning team.

The U17 Men's race was won by Angus McMillan from the City of York with City of Sheffield & Dearne AC the first team. Fraser Sproul of Kendal AC won the U13 Boys race and was also in the winning team. Joshua Dickinson (City of York) won the U15 Boys race with Middlesbrough AC taking the team award. The U20 Men's title was won by Scott Beattie (Morpeth Harriers) and Preston Harriers winning the team event.

Claire Duck (Leeds City AC) won the Senior Women's title with Leeds City being the first placed team and in the Senior Men's race Ben Connor from Derby AC claimed the Northern Men's Cross-Country title with the team victory going to Sale Harriers Manchester .

During the day the Lord Mayor of Knowsley presented many of the awards and once again, I must thank Lord Derby and all his team for their help and co-operation, along with all the local helpers' who set up and dismantled the course and the organising committee who supported me throughout, not forgetting all the officials on the day and also Pat and Judith from NA Office who did the back room work before the event and also on the day.

We are at Harewood House, Leeds in 2018 and hope to be back at Knowsley in 2019.

Results

U13 Boys

1	Fraser Sproul	Kendal AAC	11.00
2	Sam Hopkins	Salford H & AC	11.13
3	Alexander Thompson	Wharfedale Harriers	11.16

Teams

1	Kendal AAC	72
2	Derby AC	118
3	Salford H & AC	138

U15 Boys

1	Joshua Dickinson	City of York AC	13.50
2	Tommy Dawson	Leeds City AC	14.03
3	Samuel Evans	Vale Royal AC	14.19

Teams

1	Middlesbrough AC	61
2	City of York AC	108
3	Eden Runners	147

U13 Girls

1	Alice Jones	Wharfedale Harriers	11.52
2	Emily Chong	Chester le Street & DAC	12.00
3	Eve Jones	Skyrac AC	12.02

1	Hallamshire Harriers	60
2	Sale Harriers Manchester	84
3	Salford H & AC	158

U15 Girls

1	Ella McNiven	Liverpool H & AC	15.11
2	Sian Heslop	Macclesfield H & AC	15.40
3	Lara Crawford	Sale Harriers Manchester	16.07

1	Sale Harriers Manchester	67
2	Hallamshire Harriers	105
3	Preston H & AC	187

U17 Men

1	Angus McMillan	City of York AC	19.44
2	Joe Wigfield	Wirral AC	19.54
3	Daniel Slater	Liverpool P&SHAC	19.58

Teams

1	City of Sheffield & Dearne AC	78
2	Liverpool Pembroke & Sefton H&AC	91
3	Vale Royal AC	126

Junior Men

1	Scott Beattie	Morpeth H & AC	26.57
2	Patrick Dever	Preston H & AC	27.10
3	Hugo Milner	Derby AC	27.16

Team

1	Preston H & AC	82
2	Holmfirth H & AC	91
3	Kingston upon Hull AC	91

Senior Men

1	Ben Connor	Derby AC	41.13
2	Joe Steward	E.Cheshire H & T'side	41.42
3	Peter Newton	Morpeth H & AC	41.58

Teams

1	Sale Harriers Manchester	187
2	Morpeth H & AC	189
3	Liverpool H & AC	233

U17 Women

1	Mya Taylor	Rotherham H & AC	19.57
2	Scarlet Dale	Lancs & Morecambe AC	20.01
3	Esme Davies	Eden Runners	20.12

Junior Women

1	Sale Harriers Manchester	48
2	Preston H & AC	109
3	Liverpool H & AC	156

Junior Women

1	Harriet Knowles-Jones	Warrington AC	20.47
2	Philippa Stone	Middlesbrough AC	21.50
3	Abbie Donnelly	Lincoln Wellington AC	22.04

1	Holmfirth H & AC	47
2	Lincoln Wellington AC	47
3	Sale Harriers Manchester	56

Senior Women

1	Claire Duck	Leeds City AC	30.46
2	Hatti Archer	Hallamshire Harriers Sh.	31.30
3	Georgia Taylor Brown	Sale HM	31.41

1	Leeds City AC	53
2	Rotherham H & AC	93
3	Manx Harriers	124

Northern Cross Country Relay Championships

The 8th running of the event took place at Graves Park Sheffield on the 21st October, and again proved popular with both athletes and spectators. A total of 462 teams had entered, up from 454 in 2016.

Complete team and athlete numbers were the same as last year, with 358 complete teams across the age group races. Whilst the numbers have not significantly increased, the quality of the athletes competing appears to have done. Harriet Knowles- Jones and Patrick Dever (both GB Cross Country athletes) were competing as were a number of athletes who have represented England.

The event again presented medals to the first B teams to finish, and it would seem reasonable to assume that this may have contributed to the increase in entries and complete teams.

Unfortunately the good weather we have enjoyed in the last few years was not here this year – it had been replaced by Storm Brian, which meant that some areas of the course were subject to 50mph wind gusts where others were sheltered and calm. Course conditions were not too bad.

Parking at Meadowhead School, was again used. This is an academy school and there is a charge of £3 per car. It all seemed to work well on the day, and we were not advised of any significant problems with parking.

Thanks are again due to the host club – Sheffield Running Club for their help with course design & operation; and to all the Northern Officials who helped on the day.

Congratulations to Lincoln Wellington for retaining both senior winning team titles – an impressive feat!

Steve Gaines and Arwel Williams

Executive Board Members, Cross Country

U11 races not championship events

U/11 Girls

- 1 Stockport H & AC
- 2 Keighley & Craven AC
- 3 Salford H & AC

Fastest Legs

Maisie Bellwood Keighley & Craven AC

U/13 Girls

- 1 Hallamshire Harriers Sheffield
- 2 Vale Royal AC
- 3 Birtley AC

1st B Team

Hallamshire Harriers Sheffield

Fastest Legs

Holly Weedall Vale Royal AC

U/15 Girls

- 1 Liverpool H & AC
- 2 City of Sheffield & Dearne AC
- 3 Houghton H & AC

1st B Team

Salford H & AC

Fastest Legs

Caitlin Robinson Liverpool H & AC

U/17 Women

- 1 Liverpool H & AC
- 2 Vale Royal AC
- 3 Rotherham H & AC

1st B Team

Liverpool H & AC

Fastest Legs

Ella McNiven Liverpool H & AC

Junior / Senior Women

- 1 Lincoln Wellington AC
- 2 Birtley AC
- 3 Sale Harriers Manchester

1st B Team

Hallamshire Harriers Sheffield

Fastest Legs

Harriet Knowles-Jones Warrington AC

Results

U/11 Boys

- 1 Barnsley AC
- 2 Rotherham H & AC
- 3 Wirral AC

Ben Nutter Barnsley AC/Jake Monks Bingley H & AC

U/13 Boys

- 1 Derby AC
- 2 Sale Harriers Manchester
- 3 Stockport H & AC

Sale Harriers Manchester

Kristian Green Holmfirth H & AC

U/15 Boys

- 1 Hallamshire Harriers Sheffield
- 2 Middlesbrough AC
- 3 Houghton H & AC

Trafford AC

Ethan Hussey Leeds City AC

U/17 Men

- 1 Middlesbrough AC
- 2 Lincoln Wellington AC
- 3 Vale Royal AC

Derby AC

Josh Cowperthwaite Middlesbrough AC

Junior / Senior Men

- 1 Lincoln Wellington AC
- 2 Preston AC
- 3 Sale Harriers Manchester

Lincoln Wellington AC

Joe Wilkinson Lincoln Wellington AC

North of England Endurance Team Report 2016-2017

Road Reports

With the usual Welsh fixture missing we started our campaign for 2016-17 endurance season at the Leeds Abbey dash

Age UK Leeds Abbey Dash

A cold, wet and windy day did not detract from two outstanding performances from England's Jonny Mellor 1st Man in 29.12 and Scotland's Eilish McColgan 1st woman in 32.52.

Jonny was closely followed by fellow England international Adam Hickey in 29.15 and Midlands Graham Rush in 29.16. 14 men running sub 30mins in wet, cold and windy conditions is good going.

Eilish was followed home by England's Katrina Wootton in 33.21 and Scotland's Josephine Moultrie in 33.33

Men's Team Result:

1. England, 2. Midlands, 3. Wales, 4. North, 5. Armed Forces.

Women's Team Result:

1. England, 2. Scotland, 3. North, 4. Midlands, 5. Wales, 6. Armed Forces.

A big thank to all who competed for the North at this event. Next year we return to our normal date around the penultimate weekend in November with the English Championships once again featuring in the event.

English 10k Championships result:

Men:

1. Jonny Mellor
2. Adam Hickey
3. Graham Rush

Women:

1. Katrina Wootton
2. Jenny Spink
3. Rebecca Hilland

Telford 10k

Our second road fixture was at the Telford 10K in December. In my absence Bill Taylor stepped in to look after the North teams

North teams for Telford 10k

Women: Sonia Samuels, Sophie Cowper, Fiona Davies, Emily Japp

Men: Phil Sesemann, John Ashcroft, Carl Hardman, Andrew Heyes and Chris Parr

Men Results:

10	Carl Hardman	29.49,
16	Chris Parr	29.55,
18	Phil Sesemann	29.58
22	John Ashcroft	30.08

With all our counters under 30mins. the North secured 1st team position.

Women Results:

Following the withdrawal of Sophie Cowper and Sonia Samuels, Lucy Crookes came into the team.

2	Lucy Crookes	34.05,
6	Emily Japp	34.38
18	Fiona Davis	36.43

A great result which secured a 2nd team place behind the Midlands

Trafford 10k.

For our Home fixture in March the blue skies turned grey as the rain tumbled, but even this didn't deter a class field with 23 men running under 30.30 m.

Chris Thompson eased to victory in 28.55, a new course record on the newly measured course. Chris was followed home by Richard Horton and Andy Maud.

The North took the team victory with athletes placing as follows:

6	Patrick Dever	30.02 (PB)
7	Jack Morris	30.03,
10	Dan Cliffe	30.06.
17	Luke Gunn	30.12.

A further notable northern performance came from Emile Cairess, 12th in a pb of 30.07.

The North were also triumphant in the Womens event won by Elinor Kirk of Swansea

Northern placings were:

2	Alyson Dixon	33.43
3	Lauren Howarth	34.05
5	Emma Clayton	34.49
8	Georgia Malir	35.16

Thanks to all our athletes who competed and to Dave Norman for another outstanding race

Cross Country Reports

UK Cross Challenge Sefton Park

Thanks to all the selected athletes for running & representing the North so well in the very competitive races at Sefton Park. Congratulations to Ross Millington, Harriet Knowles Jones & Patrick Dever (making his Northern team debut) for gaining selection for the GB teams for the European Cross Country Championships.

IAAF Junior Women North team

Position

2	14:29	Harriet Knowles-Jones	Warrington AC
7	15:12	Philippa Stone	Middlesbrough AC
15	15:28	Sophie Tarver	Loughborough Students AC
18	15:33	Bella Williams	Lincoln Wellington AC
19	15:40	Katy Whiteoak	Stockport H & AC
27	15:55	Sophie Burnett	Birtley AC

IAAF Junior Men North team

Position

7	20:36	Scott Beattie	Morpeth H & AC
8	20:36	Hugo Milner	Derby AC
13	21:01	Jonathan Shields	City of Sheffield & Dearne AC
20	21:12	Emile Cairess	Leeds City AC
24	21:16	Harry Powell	Kingston upon Hull AC
37	21:42	Josh Betteley	Vale Royal AC

Senior & U23 Women North Team

Position

10	27:28	Claire Duck	Leeds City AC
19	28:03	Lucy Crookes	Leeds City AC
50	29:05	Abbie Donnelly (U23)	Lincoln Wellington AC
51	29:07	Samantha Johnson	Rotherham H & AC
53	29:10	Zara Knappy (U23)	Rotherham H & AC
64	29:34	Georgia Malir (U23)	Leeds City AC

Senior & U23 men North team

Position

14	29:48	Patrick Dever (U23)	Preston H & AC
22	29:58	Joe Steward	East Cheshire & Tameside AC
29	30:07	Matthew Bowser	Lincoln Wellington AC
37	30:25	Jaimie Roden	Sale Harriers Manchester
61	31:07	Alex Pilcher	Derby AC
75	31:21	Joshua Woodcock-Shaw	Leeds City AC

Just prior to Christmas we had our second Cross Country outing to Brussels

Brussels Cross Cup

Big thank you to Kevin Hussey and Sally Malir for looking after our Northern athletes this weekend.

Well done to all our athletes on great performances

Results:

Senior Men

25	Jaimie Roden
26	Josh Woodcock-Shaw

Junior Men:

7	George Mills
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Senior Women:

3	Laura Weightman
5	Philippa Stone (England)
10	Claire Duck (England)
15	Lucy Crookes
18	Amelia Pettitt
19	Zara Knappy

2017 saw us kick off with our third XC fixture in Antrim

Antrim Cross Challenge 14th

The Junior Women packed particularly well with only 30 secs covering the 4 athletes

Congratulations to Hannah Delaney on her North debut.

The Junior Men's team athletes saw a Northern 1 & 2 from Jonathan Shields and Hugo Milner on his debut for the North.

Great performances also from Nathan Baker and Joe Massingham.

Results

Junior Women

Position

2	Sophie Burnett	14:07
3	Katy Whiteoak	14:17
4	Bella Williams	14:23
5	Hannah Delaney	14:37

Junior Men

Position

1	Jonathan Shields	18:12
2	Hugo Milner	18:22
6	Nathan Baker	18:55
11	Joseph Massingham	19:41

Thanks to Team managers Rob Cameron and Sally Malir. Thanks also to Rob for his multi media skills in posting live Facebook feeds of all the races. He has posted more video minutes today than Kim Kardashian!

Home Countries XC International

The final fixture for 2016-17 endurance season was HCI in Port Talbot in March. Thanks to all the athletes, and to Steve Gaines & Charlotte Slack for Team Managing.

It was always going to be difficult to get full teams of 4, since the event was being held on the same date as the Area 12 & 6 stage road relays. However we did get scoring teams in 3 of the races, and would like to thank all the athletes for supporting the North.

Thanks also to Welsh Athletics for the invitation and organisation. Margam Castle proved to be an excellent venue with a testing course on good parkland.

Results

Junior Women

10	Hannah Delaney	20:11
15	Imani Wilson	20:45
21	Sarah Stockman	21:16

Teams

1	England	2	Scotland Schools
3	Scotland	4	Midland Counties
5	North of England	6	Wales
7	Wales Schools	8	Northern Ireland

Other notable Northern performances from athletes not representing the North came from

2	Abbie Donnelly (England)	19:27
5	Bella Williams (England)	19:42
8	Phillipa Stone (England)	20:04

Junior men

11	Harry Powell	23:46
14	Joshua Schofield	23:54
19	Joe Massingham	24:16

Teams

1	England	2	Scotland
3	Wales	4	North of England
5	Midland Counties		

Senior Women

9 Sarah MURPHY 27:13

Jenny Walsh travelled but did not start due to an injured painful ankle.

Teams

1	England
2	Scotland
3	Wales

Other notable Northern performances from athletes not representing the North came from

5	Rosie SMITH (Scotland)	26:08
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Senior Men

8	Chris FARRELL	32:52
11	Joe WILKINSON	33:03
12	Steven BAYTON	33:20

Teams

1	England	2	Scotland
3	Midland Counties	4	North of England

Other Northern athletes

4	Daniel CLIFFE (England)	32:25
13	Jamie RODEN (England)	33:33

Team Managers Steve Gaines & Charlotte Slack

Rob Cameron

Endurance Team Manager Northern Athletics

ROAD RUNNING REPORT

10 Mile Championship

Woodbank Park Stockport, 4th December 2016

This was the third and final time that this race hosted the championship and for once it was dry, if a little cold. The championship moves in 2017 to the classic Brampton to Carlisle Race on Sunday 19th November, hosted by Border Harriers.

The dry, sunny weather was in sharp contrast to last year's wet and dull conditions, as nearly 1,000 runners set off on the track promptly at 10:00. Out of the track onto the flat paths of Woodbank Park enabled a lead group to pull away before they hit the road. Tucked in just behind the lead group, wearing her distinctive black Rotherham kit, was Sophie Cowper the eventual first lady.

Two hills and some nine miles later, Stockport's Pat Martin was first into the stadium without any other runner in sight. Pat won in a time of 50.05 and it was some 2 minutes later when 2nd man, Sale's Nigel Martin, appeared on the track to finish in a time of 52.40. Blackburn Harriers' Chris Arthur was 3rd male finisher, just 20 seconds behind second place in a time of 53.00.

Sophie Cowper was never headed and finished in a time of 60.09. 2nd lady Hannah Griffiths, from host club Stockport, finished in a time of 60.39. Both these runners must enjoy this race and competing against each other, as they finished in the same positions in 2015. 3rd place saw Blackburn Harriers' Rachel Wood slightly further behind in a time of 63.57, much to the delight of her dad Tony, Northern Athletics Chairman.

Unsurprisingly, Stockport Harriers, who were out in numbers, produced both men's and women's winning teams. For the men, Sale Harriers were 2nd, followed by Macclesfield Harriers in bronze medal position. For the women, following Stockport were Chorlton Runners with Macclesfield Harriers once again in bronze medal position.

Results:

Men

1	Pat Martin	Stockport H & AC	50.05
2	Nigel Martin	Sale Harriers Manc.	52.40
3	Chris Arthur	Blackburn H & AC	53.00

Women

1	Sophie Cowper	Rotherham H & AC	60.09
2	Hannah Griffiths	Stockport H & AC	60.39
3	Rachel Wood	Blackburn H & AC	63.57

Teams

1	Stockport H & AC	1	Stockport H & AC
2	Sale Harriers Manchester	2	Chorlton Runners
3	Macclesfield H & AC	3	Macclesfield H & AC

10k Championship

Clitheroe Ribble Valley, Tuesday 27th December 2016

Always a very well supported race in terms of spectators and athletes, helped no doubt by being held between Christmas and New Year and on closed roads. Both the quality and quantity of athletes are high, and the event is well supported by experienced officials.

After last year's cancellation due to widespread flooding, the conditions this year were ideal for fast running. The 1100 pre-entries were enhanced by a further 200 on the day, in what is one of the best 10k races in the country over an undulating and traffic-free course.

Away promptly at 10:00, the leading men were down to a group of 5 as they hit the 1st mile marker in 5 minutes. The group included Marc Scott, Chris Farrell, Peter Huck and Blackburn's Ben Fish. The leading men went through the 5k marker in a time of 15:02, with Marc Scott and Richard Allen pushing the pace at the front. By 4.5 miles, Scott had a 10 metre lead over a group of 4, which he increased to over 200 metres as he climbed up the hill on his way to the finish. 2nd place was awarded by the referee to Chris Farrell on the lunge at the line, from Richard Allen in 3rd place, with both recording the same time. 4th place overall and some 8 seconds behind 3rd place, was Peter Huck.

In the team event, Richmond and Zetland Harriers were 1st team, 2nd host club Blackburn Harriers, with the popular Leeds City in 3rd place.

In the women's race, Blackpool, Wyre and Fylde's Emily Japp was a clear winner, ahead of Leeds City's Georgia Malir in 2nd. In 3rd place the GB international 800m athlete, Alison Leonard, produced an outstanding endurance run, adding to the host club's medal haul.

Results:

Men

1	Marc Scott	Richmond & Zet. HAC	29.33
2	Chris Farrell	Horwich RMI	29.59
3	Peter Huck	Barrow & F'ness Str.	30.07

Women

1	Emily Japp	Blackpool W & F AC	34.35
2	Georgia Malir	Leeds City AC	35.20
3	Alison Leonard	Blackburn H & AC	36.08

Teams

1	Richmond & Zetland H & AC	1	Blackburn H & AC
2	Blackburn H & AC	2	Bolton Utd Harriers
3	Leeds City AC	3	Accrington Road Runners

The date of this event means that we have to have a reserve fixture in case of inclement weather, and this is the popular Dewsbury 10k event held in February.

5k Championship

Silksworth Sport Centre Sunderland, Thursday 13th July. Sunderland's Silksworth Sports Complex was again the host for the N.A. 5K Championship event.

The tough undulating traffic free paths are ideal for this evening event, and organiser Kevin Carr had another sunny evening for the race.

As the North East's only championship road running fixture this is a very popular event in the area and Kevin Carr and Bill McGuirk provide the vital experienced officials and marshals that contribute to a healthy running experience for all calibre of athletes, and accurate awards. The NA championship has added to an already extremely popular event.

The woman's team race was dominated by Jarrow and Hebburn with three athletes in the first 8 places. The individual winner was Morpeth's Emma Holt 17.18. 2nd was Alexandra Sneddon, Jarrow, 17.36 and 3rd was Tracy Millmore, Birtley, 17.50.

The first team was easily seen with the famous yellow vests with black diagonal stripe of Jarrow well up at the front. Georgia Campbell 7th in 18.36 was just ahead of Elaine Leslie, 8th 18.47 to ensure the team victory went to Jarrow, second place went to host club Sunderland with Alice Smith, 4th, 18.04, Jessica Fox 10th 18.57, and 3rd counter for the team Eve Quinn 13th 19.21. The team from Birtley claimed the bronze team medals with Tracy Millmore 3rd Chloe Price 6th 18.21 and the final counter Kirsty Walker 41st.

Mens Race

The senior and under 55 men compete in a separate race from the women over the same course and again it was a very tight finish, this time between Gateshead, and Morpeth

The winner was Gateshead's Chris Parr 14.55. some 13 seconds ahead of Sam Hancox of Morpeth, 2nd 15.08 with Gateshead's Under 21 Jed Marshall just 1 second behind in 3rd place with 15.09. However with Gateshead's 3rd counter "down" in 17th place it allowed Morpeth to win the team medals with Sam Hancox 2nd being well supported by Russ Floyd 4th and Thomas Straughan 7th. Host club Sunderland again showed their strength in depth with a well deserved bronze team medal as their first 3 athletes followed each other into the finishing funnel, Sparrow Morley 9th, 15.29 Steven McMahon 10th 15.29 and Andy Powell 11th 15.33

Results:

Men

1	Chris Parr	Gateshead H & AC	14.55
2	Sam Hancox	Morpeth H & AC.	15.08
3	Jed Marshall	Sunderland H & AC	15.09

Women

1	Emma Holt	Morpeth H & AC	17.18
2	Alexandra Smith	Jarrow & Hebburn AC	17.36
3	Tracy Millmore	Birtley AC	17.50

Teams

1	Morpeth H & AC	13	1	Jarrow & Hebburn AC	17
2	Gateshead H & AC	21	2	Sunderland H & AC	27
3	Sunderland H & AC	30	3	Birtley AC	50

Road Relay Championships

Spring 12 & 6 Stage Road Relay, Stanley Park Blackpool, Saturday March 25th 2017.

Blackpool is always a popular venue for the relays and Stan Taylor and his team always seem to organise sunny weather as well as a flat, fast course.

In addition to the championship relay event, this year had the introduction of a 5K race for young athletes. Held over a measured 5k, the races were for both individuals and teams in the two age groups - Under 15 and Under 17. These races started at 11.00 and were completed in time for the senior men's race to start at 12.00, with the women 5 minutes later. Blackpool hosted the inaugural NA U15/U17 5k championships. Held over a measured and certified course, the event was designed to give championship opportunities in the 2 age groups at the Spring championships. There were medals for the first 3 individuals and teams in the 4 races, with a B team medal also available in this inaugural year.

Starting at 11:00, the U17 men were underway, with 50 athletes completing the course and City of Sheffield individual athletes were 1st, 2nd and 4th, clearly also winning the team medal, with Morpeth taking individual bronze. Liverpool Harriers 2nd team, with Trafford 3rd team.

The U17 women saw a team win for Gateshead, ahead of Liverpool Harriers and Gateshead, with individual medals going to Lancaster & Morecambe, Liverpool Harriers and Manchester Harriers.

The U15 boys had 52 finishers, with Macclesfield, Blackburn and Derby winning individual medals and team awards going to Blackburn, Derby and Warrington.

The U15 girls saw Liverpool Harriers, Chester-le-Street and Cleethorpes winning the 3 individual medals, with team medals going to Salford, Rotherham and Macclesfield.

The young athletes' events were a resounding success and will now be incorporated into the spring relay fixture.

There will also be similar 5k events at the ERRA spring relay in 2018.

The number of athletes attending the relays was up on 2016, and with the addition of the Young Athletes, it made for an excellent day of athletics.

Results

Men's 12 Stage

1 Sale Harriers Manchester 4:09.16

Nigel Martin	Niall Brooks
Matthew Barnes	Luke Betts
Joseph Vis	Euan Gilchrist
Paul Green	Adam Sciacca
Iolo Hughes	Daniel Kashi
Alan White	James Wignall

Women's 6 Stage

1 Rotherham Harriers & AC 2:24.11

Zara Knappy
Emma Parkinson
Stephanie Burns
Sophie Cowper
Jenny Blizzard
Natasha Hatswell

2 Liverpool Harriers & AC 4:09.24

Dejene Gezimu	Thomas Rogerson
John Ashcroft	Harry Harper
Ben Russell	Ian Moran
Richard Burney	Cameron Field
Steven Morrow	James McNally
Ricky Challinor	Matthew Jackson

2 Leeds City AC 2:27.05

Alice Leake
Emma Clayton
Leila Armoush
Georgia Malir
Harriet Buswell
Hannah Bateson

3 Salford Harriers & AC 4:10.00

Joseph Bailey	Chris Livesey
Benjamin Riddell	David Rigby
Marc Brown	Chris Tully
Gary Priestley	Josh Tighe
William Beauchamp	Tom Cornthwaite
Carl Hardman	Steven Snape

3 Leigh Harriers & AC 2:27.20

Dionne Allen
Abigail Howarth
Louisa Thompson
Laura Riches
Olivia Stones
Georgina Leck

Fastest Legs

Long Leg Dejene Gezimu Liverpool H&AC 28.27 Sophie Cowper Rotherham H&AC 33.54

Short Leg Tom Lancashire Bolton Utd H 14.49 Emma Clayton Leeds City AC 17.28

U17& U15 5K Road Championships

Results:

U17 Men

		Teams	
1	Connor Henderson City of Sheffield & Dearne AC 15.52	1	City of Sheffield & Dearne AC 7
2	Alfie Manthorpe City of Sheffield & Dearne AC 15.54	2	Liverpool H & AC 30
3	Rory Leonard Morpeth H & AC 15.583	3	Trafford AC 61

17 Women

		Teams	
1	Scarlet Dale Lancaster & Morecambe AC 18.16	1	Gateshead H & AC 19
2	Jessica Cook Liverpool H & AC 18.18	2	Liverpool H & AC 28
3	Emily Hughes Manchester H & AC 18.54	3	Blackburn H & AC 43

U15 Boys

		Teams	
1	Finley Proffitt Macclesfield H & AC 16.42	1	Blackburn H & AC 19
2	Matthew Ramsden Blackburn H & AC 16.44	2	Derby AC 24
3	Ethan Barr Derby AC 16.453	3	Warrington AC 35

U15 Girls

		Teams	
1	Ella McNiven Liverpool H & AC 17.38	1	Salford H & AC 26
2	Emily Chong Chester le Street & DAC 18.35	2	Rotherham H & AC 34
3	Grace Sullivan Cleethorpes & DAC 18.43	3	Macclesfield H & AC 36

Combined Autumn Relays,
Sportcity Campus Manchester, 16th September 2017.

This was the 2nd time that we have used this venue and it has proven very popular with both athletes and spectators, as numbers of both increased considerably. It will also be the venue in 2018. The course was exactly as per 2016 but with the infrastructure and facilities available at Sportcity, spectators were better provided for this year. None more that in the athletics stadium, where the atmosphere was terrific all day. In fact, you could almost feel the combined intake of breath as, in the first race, Under 13 boys, there were several fallers at the start. All quickly got up and carried on racing, and this the only such incident of the day, despite 127 athletes lining up on the track for the start of the senior men's race

Medals for the Young Athletes were presented by Northern Athletics President Roy Swinbank, whilst those for the seniors were presented by two road running legends, Steve Kenyon and Alwyn Dewhurst.

After the event, several clubs were disqualified for running athletes in their team who were not EA registered.

The road relay organisation has moved with the times, and changed from paper based to only online procedures. This has eased the pressure and delay at registration, allowing team managers freedom to enter the event at their convenience, and declare their team as and when they want, including on the morning of the race, if needed. Even those last minute team changes can be done straight after the race.

All team managers and officials are sent a programme by email before the event, with race results going online soon after being confirmed by the referee.

NA are now investigating the possibility of using an existing half marathon to add to their road championships, and will continue to develop and improve their two road relay championships.

Results

Men's 6 Stage

1 Lincoln Wellington AC	1:58.32
Lucian Allison	Aaron Scott
Shane Robinson	James Straw
Tom Straw	Joe Wilkinson

2 Liverpool Harriers & AC	2:00.38
Ricky Challinor	David Devine
Richard Burney	Dejene Gezimu
Thomas Rogerson	John Ashcroft

3 Morpeth Harriers & AC	2:02.15
Thomas Straughan	Carl Avery
Andrew Lawrence	Ian Hudspith
Jordan Scott	Ian Harding

Women's 4 Stage

1 Leigh Harriers & AC	1:34.23
Olivia Stone	Abigail Howarth
Laura Riches	Lauren Howarth

2 Leeds City AC	1:34.50
Emma Clayton	Leila Armoush
Alice Leake	Claire Duck

3 Rotherham Harriers & AC	1:35.18
Zara Knappy	Jenny Blizzard
Samantha Johnson	Sophie Cowper

Fastest Legs

Jack Morris	Stockport H & AC	19.10	Lauren Howarth	Leigh H & AC	19.47
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Young Athletes 3 Stage Relays

Under 13 Girls

1	Vale Royal AC	37.20
2	Sale Harriers Manchester	39.02
3	Birtley AC	39.12

Under 13 Boys

1	City of Sheffield & Dearne AC	36.19
2	Blackburn H& AC	36.22
3	Sale Harriers Manchester	36.32

Fastest Legs

Holly Weedall Vale Royal AC 11.46

Christopher Perkins Birtley AC 11.10

Under 15 Girls

1	Liverpool H & AC	36.47
2	Preston H & AC	37.19
3	Salford H & AC	37.24

Under 15 Boys

1	Blackburn H & AC	33.21
2	Gateshead H & AC	33.38
3	Rotherham H & AC	33.53

Fastest Legs

Caitlin Robinson Liverpool H & AC 11.21

Brandon Quinton Bury AC 10.38

Under 17 Women

1	Liverpool H & AC	38.26
2	Vale Royal AC	38.41
3	Derby AC	39.23

Under 17 Men

1	Morpeth H & AC	34.09
2	Vale Royal AC	34.21
3	Preston H & AC	34.32

Fastest Legs

Ella McNiven Liverpool H & AC 12.09

Joshua Dickinson City of York AC 10.58

National Men's 12 Stage Championships at Sutton Park on 7th April 2017

Leading three Northern Teams

3 rd	Liverpool H & AC	4:20.51
5 th	Lincoln Wellington AC	4:23.07
12 th	Leeds City AC	4:27.07

National Women's 6 Stage Championships Sutton Park on 7th April 2017

Leading three Northern Teams

1 st	Leeds City AC	2:12.44
6 th	Rotherham H & AC	2:18.03
13 th	Morpeth H & AC	2:24.59

National Senior Men's 6 Stage Relay Championships Sutton Park 7th October 2017

Leading three Northern Teams

3 rd	Lincoln Wellington AC	1:46.34
6 th	Liverpool H & AC	1:48.19
18 th	Leeds City AC	1:51.21

National Women's 4 Stage Championships Sutton Park on 7th October 2017

Leading three Northern Teams

2 nd	Leeds City AC	59.08
9 th	Rotherham H & AC	1:01.43
12 th	Ribble Valley Harriers	1:02.28

Bob Brimage & Ken Smith

Ken Smith

Rob Cameron

Executive Committee members (Road Running)

Championship Secretary

Team Manager / Co-ordinator

TRACK AND FIELD REPORT

Once again the 2016/17 Indoor Track & Field season began with the Indoor Open meetings at the EIS in Sheffield. Both the November and December events were well supported by athletes and overseen by dedicated Technical Officials who attend these meetings at their own expense.

In the New Year our Indoor Championships were held at the same venue with the Senior/U20 Combined Events (once again in conjunction with the England Championships) being the first meeting of the year. Northern athletes were prominent in all the age categories taking the first four places in the senior men's event, senior women were 1st, 3rd & 4th, Under 20 men were 1st & 5th and the Northern U20 women were 3rd & 5th in their event.

The Senior & Under 20 Championships were held over two days in January and covered all indoor events. The entry was reasonably good but as usual the fashion for popular events varied and some events were rather light for a true championship competition, however it is impossible to predict which events will be popular from year to year so we will continue to provide the whole range of events. The junior age groups (U15/U13) had their Championship over one day but squeezing in all the events does make timetabling somewhat difficult and it is never possible to please everyone. Youngsters entering too many events add to the difficulty and more should realise that they are not able to compete in more than three events in one day. The final event of the Indoor season came in March with the U17/U15 Combined Events (with EA Championships) with the top three Northern athletes in each event being awarded Northern Championship medals. We followed the national trend with regard to entry numbers which showed boys numbers on the low side but the girls events having a very high entry – a trend which we might in part attribute to a certain Dame Jessica Ennis-Hill.

The outdoor season opened once again in rainy Manchester as we were again unlucky with the weather which added to the shift away from entering area Championships along with other pressures and events such as clashes with County Schools dates, warm weather training etc. Entries were on the low side but the real problem is the number of non – attenders who enter but do not show up for the event. This causes problems with timetabling which is designed to accommodate a certain number of athletes, when people do not turn up it leads to gaps in the programme, any suggestions for tackling this problem will be welcomed.

The U17/U15/U13 Championships were held at Leigh Sports Village which is a good venue with excellent hosts in Leigh Harriers. Unfortunately the weather let us down once more although attendance and the competition was very good. A problem with the date of this event was caused by the availability of Technical Officials right in the middle of major national and international events. Fortunately when some officials withdrew volunteers came forward, some of them being family of the appointed officials – we were very grateful for their help. However, these problems do not detract from the great show that the young athletes gave us, results can be seen on the NA website and show some great times and distances that were achieved.

At the last NA Annual Open Meeting questions were raised about why the Senior/U20 Combined Events meeting was always held in Bedford. The matter was raised by NA representatives to the England Athletics competition management team and the reasons they gave (financial & technical) were accepted but it was agreed that the age group event would be moved to Manchester, the favoured venue from a number of suggestions and this has obviously been deemed a successful move as the event will return to Sport City in 2018. Hopefully our athletes will respond to this by entering these events in order to make it worthwhile to remain in the North.

The Northern Inter County match is a fixture which attracts the top Under 17 and under 15 athletes in the North as they represent their home counties in a highly enjoyable and competitive team competition. Unfortunately it is also an expensive event that attracts no income and all costs come from Northern Athletics budget. A meeting between NA representatives and county team managers produced a suggestion that a team entry fee should be charged, not an ideal situation but we must not allow this or any other of our track & field events to fade away or disappear.

My thanks go to my colleagues, Malcolm Rogers for his words of wisdom and support, Elaine Williams who looks at events with a different pair of eyes and brings fresh insight to the table, Judith in the office is behind everything and Pat who sits in the corner not missing much!

Thanks also to all our officials, helpers and of course the athletes who come and compete in our Championships – long may it continue.

In a summer where consecutive World Para Athletics Championships and IAAF World Championships have made huge demands on resources in terms of technical officials, it is a tribute to the commitment of all our officials that Northern Athletics has been able to continue to stage the full range of first class Senior and Age Group Championships. Para Athletics athletes continue to be an integral part of our Championships, an area where Northern Athletics were trailblazers nationally. It is also very satisfying to recognise the number of Northern Officials who were appointed to senior officiating positions for the World Para Athletics and IAAF World Championships. (and I don't include me!) Northern Athletics takes officials' development very seriously, continuing to appoint younger officials to senior positions and mentoring them through the ranks enabling them to move on to national and international events.

Thanks to Malcolm and Elaine for their hard work throughout the year and to the NA Board for their ongoing support.

Malcolm Fletcher

Malcolm Rogers

Elaine Williams (co-opted)

Executive Board members Track & Field

NORTHERN TRI-REGIONAL OFFICIALS' GROUP (T& F)

May I please thank Judith Temperton and all staff of the Northern Office for all the administrative help I have received in sending out the availability letters, appointment notices and other paperwork? I would also like to thank all the members of the Northern Tri-Regional Officials' Group for their help and assistance during the last twelve months.

This is the ninth year that the Northern Tri-Regional Group (NTROG) has operated. It retains responsibility for the following areas:

- (a) Appointment of officials to Northern indoor and outdoor events;
- (b) Nominations of officials for National indoor and outdoor appointments;
- (c) Nominations of candidates to sit on National Discipline Peer Groups;
- (d) Recommendations to Peer Groups for upgrading candidates to Level 3
- (e) Recommendations to Peer Groups for officials to be placed on IMO (International Meeting Officials) list.

The current NTROG group consists of:

Chairman:	<i>Finlay Galloway</i>	(L4R/C – North-West Region)
Honorary Secretary:	<i>Paul Yates</i>	(L4R/C – North-West Region)
Championship Secretary:	<i>Malcolm Fletcher</i>	(L4R/C – Yorks / Humber Region)

Selectors – Field Group:

<i>Mick Frazer</i>	(L4 – North-East Region)
<i>Dean Williams</i>	(L4R/C – North-West Region)
<i>Malcolm Rogers</i>	(L4R/C – Yorkshire and Humber Region)

Selectors – Starting and Marking Group

<i>Malcolm Dewell</i>	(L4 – North-East Region)
<i>David Brown, CBE</i>	(L4R/C – North-West Region)
<i>Peter Lord</i>	(L4 – Yorkshire and Humber Region)

Selectors – Timekeeping Group:

<i>Michael Brown</i>	(L4 – North-East Region)
<i>Ron Scott</i>	(L4 – North-West Region)
<i>Roger Everton</i>	(L4R/C – Yorkshire and Humber Region)

Selector – Photofinish Group:

<i>Margaret Rushton</i>	(L4R/C – North-West Region)
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Selectors – Track Group:

<i>Tony Livingstone</i>	(L4 – North-East Region)
<i>Finlay Galloway</i>	(L4R/C – North-West Region)
<i>Dr Moira Gallagher, MBE</i>	(L4R/C – Yorkshire and Humber Region)

Portfolio Holders

The current Portfolio Holders are:

<i>Christopher Betts</i>	(L3 – North-East Region)
<i>Shaun O'Donnell</i>	(L3 – North-West Region)
<i>Dr Moira Gallagher, MBE</i>	(L4R/C – Yorkshire and Humber Region)

Northern Indoor Events

Once again, due to the success of combining the U17 age group into the same event as the Senior and U20 age groups, it was decided to keep this as a two-day event, held in January. This meant that the U15 and U13 age groups would again be competing in their own one-day championships in February. A total of eight officials withdrew from the three days of competitions, which was a drop compared to last year's figure of thirteen. Reasons given were very diverse, from "Clashes with a family engagement", and "Attending a Tutor Training Course", to both not giving any reason for withdrawing to simply not turning up at the event!

Northern Outdoor Events

We were back to a total of five days of competitions during the outdoor season, two days for the Senior / U20 event at Manchester, one day for Northern Inter-Counties event at Hull and two days for the U15 / U17 event at, for the first time, Leigh Sports Village. In the above events, 12 (13) officials withdrew from the Sen / U20 event, at the Inter-Counties, we lost a total of 13 (14) officials and at the U15 / U17 Championships, a total of 22 (17) withdrew. There very well be more that simply did not turn up on the day of the event, details of which have not been notified to me.

Officials' Withdrawals

Again, there were various reasons given for the withdrawals, most of them totally valid and some not so. One major factor for withdrawals at the Senior Championships in Manchester was the fact that the event clashed with the County Schools Championship on the same weekend. At the Inter-Counties (Hull) and the Junior Championships (Leigh) the majority of withdrawals were due to officials having been appointed to the British Trials, which affected the Hull event, and / or the Muller Grand Prix (Diamond League), which affected the event at Leigh. It is extremely frustrating to have officials making themselves available, being appointed, and then having to pull out due to the way national Level 5 appointments are made. This sometimes leaves the event with fewer than required officials for various disciplines. As in 2016, the event reserves were used up very quickly, leaving some disciplines short of officials.

Forthcoming Indoor Season

The northern area is again planning to hold two open indoor meetings at EIS Sheffield as follows:

Open Meeting 1 – Saturday 18th November 2017;

Open Meeting 2 – Saturday 02nd December 2017.

The Northern Athletics Indoor Championships will be held over a total of three days in 2017. It has been decided that, as last years' format was so successful, it would remain the same this year as well. Consequently, the indoor championship dates are:

Senior / U20 / U17 Indoor Championship – Day 1: Saturday 13th January 2018

Senior / U20 / U17 Indoor Championship – Day 2: Sunday 14th January 2018

U13 / U15 Indoor Championship: Sunday 04th February 2018

The northern area is responsible for providing the majority of the Ancillary Officials for the National Indoor events at EIS Sheffield once again. This is a great opportunity for our Level 1 / 2 / 3 and non-IMO Level 4 officials to both be involved in working, and gaining experience at a televised event.

International Meeting Officials' List (IMO)

The following northern officials were appointed to the IMO List for 2017:

Field

Margaret Brooks
James Colling (*2-year period*)
Chris Crebbin
John Driscoll (*2-year period*)
Mick Frazer
Stuart Hall
Lis Henderson
Jan Lishman
Jon Mason
Alan Morris
Andy Parker
Malcolm Rogers
Paul Routledge
Ian Schofield
Tom Smeeton (*2-year period*)
Paul Smith
Sheila Whitta
Chris Wilding
Arwel Williams
Dean Williams
Elaine Williams

Timekeepers and Photo Finish

Malcolm Brooks
Richard Brown
Roger Everton
Kevin Johns
Ruth Rushton (*Photo Finish*)
Andrew Shaw

Starter / Marksmen

Alan Bell
David Brown
Bill Courtney (*Marksmen only*)
Lesley Minervini (*2-year period*)
Gordon Staines
Peter Terry (*Marksmen only*)
Paul Yates
Clive Young

Track

Keith Ackroyd (*2-year period*)
Terry Bailey
Carol Brown
Caroline Cook (*2-year period*)
Rachel Cooper (*1-year period*)
Janette Dunderdale
Moirá Gallagher
Finlay Galloway
Sue Grime
Jim Jones
Margaret Rushton
Ruth Rushton
Steve Walker (*2-year period*)

Officials on the IMO list must make up at least 70% of the officials who are appointed to a Level 5 televised event. Normally, IMO officials are not to be appointed to Level 4 or 4A events so as to give non-IMO Level 4 officials a better chance of an appointment to a national event. However, they may be used in order to cover any unforeseen situation, or be brought in to cover for officials having to withdraw from an appointment for any reason.

Officials Training

New training courses have been devised to upgrade the original courses that were introduced some years previously. A series of Tutor Training and Assessment Courses have been run by Lesley Minervini and Alan Bell.

The change to the officials' qualification structure that took place last year continues, with officials now getting used to their new qualification level as follows:

New Officiating Level	Old Officiating Level
Assistant Official	Level 1
Level 1	Level 2A (Club)
Level 2	Level 2B (County)
Level 3	Level 2C (Regional)
Level 4	Level 3

The availability letters have already been sent out to all officials for the indoor events.

The selection meetings of the NTROG will be on:

Sunday 19th November 2017

NA indoor selections and recommendations to UKA for national indoor appointments.

Sunday 08th January 2018

NA outdoor selections and recommendations to UKA for national outdoor appointments.



Paul Yates, MSc, PGCE, PGCHE, MIEE
Northern Tri-Regional Officials' Group
Honorary Secretary

TRACK & FIELD CHAMPIONS 2017
*(New Championship Best Performances are shown in **bold**)*

Senior Men	Name	Club	Performance
<i>Outdoor</i>			
<i>100m</i>	Jono Efoloko	Sale Harriers Manchester	10.53
<i>200m</i>	James Gladman	Warrington AC	21.02
<i>400m</i>	Lee Thompson	City of Sheffield & Dearne AC	47.72
<i>800m</i>	Matthew Wigelsworth	Preston Harriers	1:57.01
<i>1500m</i>	Matthew Wigelsworth	Preston Harriers	3:55.54
<i>5000m</i>	Jack Morris	Stockport H & AC	14:39.98
<i>10000m</i>	Ian Kimpton	Luton AC	29:18.50
<i>110mH</i>	David Feeney	Amber Valley & Erewash AC	14.11
<i>400mH</i>	James Webster	Liverpool Harriers & AC	52.95
<i>3000mS/C</i>	David Eckersley	Kingston AC & Poly H	9:22.13
<i>High Jump</i>	Christopher Mann	Bolton United H & AC	1.98
<i>Pole Vault</i>	Harry Lloyd	Sale Harriers Manchester	3.70
<i>Long Jump</i>	Michael Causer	St Helens Sutton AC	7.29
<i>Triple Jump</i>	Kevin Metzger	Sale Harriers Manchester	14.89
<i>Shot Putt</i>	Craig Sturrock	Thames Valley Harriers	15.80
<i>Discus</i>	Daniel Fleming	City of York AC	47.47
<i>Javelin</i>	Alexander Ingham	Biggleswade Ac	52.35
<i>Hammer</i>	Michael Bomba	Liverpool Harriers & AC	62.74
<i>Decathlon</i>	James Finney	Leeds City AC	7263
<i>Indoor</i>			
<i>60m</i>	Imran Rahman	City of Sheffield & Dearne AC	6.82
<i>200m</i>	Antonio Infantino	Shaftesbury Barnet Harriers	21.04
<i>400m</i>	Rob Shipley	Durham University AC	49.39
<i>800m</i>	Jethro McGraw	Amber Valley & Erewash AC	1:57.56
<i>1500m</i>	Philip Sesemann	Blackheath & Bromley H AC	3:48.44
<i>3000m</i>	Daniel Eckersley	Kingston & Poly AC	8:44.65
<i>60mH</i>	David Feeney	Amber Valley & Erewash AC	8.09
<i>Long Jump</i>	Daniel Gardiner	City of Sheffield & Dearne AC	7.63
<i>Triple Jump</i>	Oluwaseun Okome	Sale Harriers Manchester	15.05
<i>High Jump</i>	Adam Wall	City of Sheffield & Dearne AC	2.00
<i>Pole Vault</i>	Adam Hague	City of Sheffield & Dearne AC	5.20
Shot Putt	Scott Lincoln	City of York AC	18.87 CBP
<i>Heptathlon</i>	Liam Ramsey	City of Sheffield & Dearne AC	5832
U20 Men			
<i>Outdoor</i>			
<i>100m</i>	Andrew Morgan Harrison	Kingston Upon Hull AC	10.78
<i>200m</i>	Joe Lonsdale	Pendle AC	21.73
<i>400m</i>	Alex Knibbs	Amber Valley & Erewash AC	48.31
<i>800m</i>	Adam Spilsbury	Sale Harriers Manchester	2: 1.51
<i>1500m</i>	Chris Durney	Preston Harriers	4:02.00

3000m	George Lewis	East Cheshire H & Tameside AC	9:26.36
5000m	<i>Not contested</i>		
110mH	William Seed	Cleethorpes & District AC	14.91
400mH	William Seed	Cleethorpes & District AC	56.98
3000mS/C	George Lewis	East Cheshire & Tameside AC	10:18.87
High Jump	Ethan Milligan	West Cheshire AC	1.88
Pole Vault	Christopher Lamb	Wigan & District H & AC	3.80
Long Jump	Reynold Banigo	Sale Harriers Manchester	7.45
Triple Jump	Emmanuel Odubanjo	Sale Harriers Manchester	14.58
Shot Putt	Leo Rowley	Rotherham Harriers & AC	15.13
Discus	Tom Dobbs	Wigan & District H & AC	48.82
Javelin	Sam Dean	Sale Harriers Manchester	63.20
Hammer	Jacob Roberts	Blackburn Harriers & AC	63.34
Decathlon	William Seed	Cleethorpes & District AC	5857

Indoor

60m	Connor Wood	Leeds City AC	6.96
200m	Connor Wood	Leeds City AC	21.65
400m	Alex Knibbs	Amber Valley & Erewash AC	48.94
800m	Markhim Lonsdale	Crook & District Sports AC	1:51.86
1500m	Tiarnan Crokken	Preston Harriers	3:57.49
3000m	Hassan Ben-Tiba	New Marske Harriers	8:47.28
60mH	Jason Nicholson	Gateshead Harriers & AC	8.12
Long Jump	Reynold Banigo	Leeds City AC	7.13
Triple Jump	Emmanuel Odubanjo	Sale Harriers Manchester	14.64
High Jump	Liam Reveley	Blaydon Harriers & AC	1.95
Pole Vault	Joshua Lindley Harris	City of Sheffield & Dearne AC	4.20
Shot Putt	Leo Rowley	Rotherham Harriers & AC	15.11
Heptathlon	Joseph Hobson	City of Sheffield & Dearne AC	5109

U17 Men

Outdoor

100m	Kyle Walton	Shildon R & AC	11.20
200m	William Hughes	Nene Valley Harriers	22.42
400m	Isaac Rushworth	City of Sheffield & Dearne AC	51.12
800m	Max Burgin	Halifax Harriers & AC	1:52.0
1500m	Ben Lee	Vale Royal AC	4:04.66
3000m	Luke Stonehewer	Scunthorpe & District AC	9:18.02
100mH	Adam Coles	Kingston Upon Hull	13.92
400mH	Isaac Rushworth	City of Sheffield & Dearne AC	59.5
1500mS/C	Jonny Langley	Chester Le Street & DAC	4:51.51
High Jump	Kaya Walker	City of Sheffield & Dearne AC	1.98
Pole Vault	Karran Kapur-Walton	Leigh Harriers & AC	3.80
Long Jump	Joseph Connelly	Carlisle Aspatria AC	6.36
Triple Jump	Finley Campbell	Wigan & District H & AC	12.63
Shot Putt	Joseph Connelly	Carlisle Aspatria AC	14.15
Discus	Joe Lancaster	Barrow & Furness Striders	40.79

<i>Javelin</i>	Harry Ditchfield	Sale Harriers Manchester	55.72
<i>Hammer</i>	Shaun Kerry	Kingston Upon Hull	54.71
<i>Decathlon</i>	Ben Hughes	Wigan & District H & AC	5049

Indoor

<i>60m</i>	Daniel Afolabi	Sale Harriers Manchester	7.03
<i>200m</i>	Edward Lake	City of York AC	23.10
<i>400m</i>	Thomas Baines	Warrington AC	50.32
<i>800m</i>	Archie Richardson	Lincoln Wellington AC	2:01.98
<i>1500m</i>	Rhys Owens	Western AC	4:12.77
<i>60mH</i>	Joe Halpin	Gateshead Harriers	8.52
<i>Long Jump</i>	Caleb Adenuga	Sale Harriers Manchester	5.96
<i>Triple Jump</i>	Finlay Campbell	Wigan & District H & AC	12.51
<i>High Jump</i>	Steven Wheeler	Middlesbrough AC (Mandale)	1.95
<i>Pole Vault</i>	Glen Quayle	Northern (Isle of Man) AC	4.00
<i>Shot Putt</i>	George Hyde	West Cheshire AC	15.49
<i>Heptathlon</i>	Aran Thomas	Wakefield District Harriers & AC	4002

U15 Boys

Outdoor

<i>100m</i>	Jamal Walters	Trafford AC	11.50
<i>200m</i>	Thomas Eccleson	Wirral AC	23.76
<i>300m</i>	Sam Worthington	Sale Harriers Manchester	37.45
<i>800m</i>	Liam Blackwell	Preston Harriers	2:02.32
<i>1500m</i>	Ethan Hussey	Leeds City AC	4:20.78
<i>3000m</i>	Henry Johnson	Houghton Harriers & AC	9:08.24
<i>80mH</i>	Ethan Flaherty	Liverpool Harriers & AC	12.55
<i>High Jump</i>	Jacob Thompson	Macclesfield Harriers & AC	1.70
<i>Pole Vault</i>	Harry Burrow	Preston Harriers	2.55
<i>Long Jump</i>	Archie Yeo	Scunthorpe & District AC	6.24
<i>Triple Jump</i>	Archie Yeo	Scunthorpe & District AC	12.90
<i>Shot Putt</i>	Jack Halpin	Gateshead Harriers & AC	14.47
<i>Discus</i>	Ben Copley	Kingston Upon Hull	47.91
<i>Javelin</i>	Ben Copley	Kingston Upon Hull	51.82
<i>Hammer</i>	Alex Bernstein	Preston Harriers	55.51
<i>Octathlon</i>	Adam Simms	Scunthorpe & District AC	3110

Indoor

<i>60m`</i>	Louis Appiah-Kubi	Sale Harriers Manchester	7.23
<i>200m</i>	Josh McKeown	Gateshead Harriers & AC	23.50
<i>800m</i>	Gabriel Gisborne	Hallamshire Harriers	2:02.14
<i>60mH</i>	Jamie Hopkins	Southport Waterloo AC	10.66
<i>Long Jump</i>	Morgan Frith	Macclesfield Harriers & AC	5.90
<i>High Jump</i>	Jacob Thompson	Macclesfield Harriers & AC	1.75
<i>Pole Vault</i>	William Foot	Chesterfield & District AC	2.70
<i>Shot Putt</i>	Jack Halpin	Gateshead Harriers & AC	12.28
<i>Pentathlon</i>	Archie Yeo	Scunthorpe & District AC	2463

U13 Boys*Outdoor*

<i>100m</i>	Jacob Hopkin	City of York AC	13.06
<i>200m</i>	Archie Dowds	Preston Harriers	26.99
<i>800m</i>	Elliott Savage	Sale Harriers Manchester	2:17.15
<i>Long Jump</i>	James Ince	Preston Harriers	4.74
<i>Shot Putt</i>	Cameron Unsworth	Stockport Harriers & AC	9.13

Indoor

<i>60m</i>	George Hahn	Bingley Harriers & AC	8.45
<i>200m</i>	Luka Sidebotham	Liverpool Harriers & AC	27.13
<i>800m</i>	Elliot Savage	Bury AC	2:24.61
High Jump	Jack Doodson	Stockport Harriers & AC	1.46 CBP
<i>Long Jump</i>	Jack Doodson	Stockport Harriers & AC	4.73
<i>Shot Putt</i>	Donovan Capes	Nene Valley Harriers	9.71

Senior Women

Outdoor

100m	Louise Bloor	Trafford AC	11.64
200m	Louise Bloor	Trafford AC	23.80
400m	Georgia Yearby	Leeds City AC	55.98
800m	Rochelle Harrison	Lincoln & Wellington AC	2:14.72
1500m	Jenna Hill	Sale Harriers Manchester	4:33.00
5000m	Becky Rigby	Preston Harriers	16:22.31
100mH	Chelsea Walker	City of York Ac	13.98
400mH	Nisha Desai	Trafford AC	58.85
2000m S/C	Jacqueline Etherington	Sunderland Harriers & AC	7:56.72
High Jump	Emily Borthwick	Wigan & District H & AC	1.75
Pole Vault	Clare Blunt	Kingston Upon Hull	3.70
Long Jump	Katherine James	Bingley Harriers & AC	4.94
Triple Jump	Amy Lupton	Preston Harriers	11.35
Shot Putt	Christina Nick	City of York AC	13.39
Discus	Jemma Ibbetson	Leeds City AC	46.85
Javelin	Natasha Wilson	Sale Harriers Manchester	45.14
Hammer	Maggie Okul	Kingston Upon Hull	51.89
Heptathlon	Niamh Emerson	Nene Valley & Erewash AC	5801

Indoor

60m	Rebecca Campsall	City of York AC	7.50
200m	Abi Fitzpatrick	Sale Harriers Manchester	24.52
400m	Nisha Desai	Trafford AC	56.35
800m	Jacqueline Fairchild	Trafford AC	2:08.55
1500m	Jacqueline Fairchild	Trafford AC	4:29.17
3000m	Rachael Burns	Liverpool Harriers	9:51.59
60mH	Karla Drew	City of Sheffield & Dearne AC	8.47
Long Jump	Danielle Gifford	Wigan & District H & AC	5.84
Triple Jump	Alexandra Russell	Wigan & District H & AC	13.07 CBP
High Jump	Emily Borthwick	Wigan & District H & AC	1.80
Pole Vault	Abigail Roberts	City of Sheffield & Dearne AC	3.90
Shot Putt	Jo Rowland	Crawley AC	13.20
Pentathlon	Jessica Taylor-Jemmett	Sale Harriers Manchester	4090

U20 Women

Outdoor

100m	Charlotte Paterson	Kingston Upon Hull AC	11.94
200m	Georgia Adam	Lincoln Wellington AC	24.00
400m	Emma Alderson	Liverpool Harriers & AC	55.62
800m	Emma Alderson	Liverpool Harriers & AC	2:12.87
1500m	Phillippa Stone	Middlesbrough AC (Mandale)	4:56.91
3000m	Not contested		
100mH	Niamh Emerson	Amber Valley & Erewash AC	14.16

400mH	Chloe Esegbona	Trafford AC	62.85
High Jump	Abby Ward	Wakefield & District H & AC	1.70
Pole Vault	Jessica Swannack	Preston Harriers	3.75
Long Jump	Grace Bower	Sale Harriers Manchester	5.64
Triple Jump	Naomi Ogbeta	Trafford AC	12.94 CBP
Shot Putt	Toni Buckingham	Barnsley AC	12.76
Discus	Jenny Pyatt	Liverpool P & Sefton AC	43.51
Javelin	Leah Hillman	Pendle AC	38.80
Hammer	Olivia Stevenson	Kingston Up Hull AC	51.88
Heptathlon	Grace Bower	Sale Harriers Manchester	4648

Indoor

60m	Charlotte Paterson	Kingston Upon Hull AC	7.63
200m	Charlotte Orton	Ellenborough AC	24.90
400m	Rachel Crorken	Wakefield & District H & AC	57.51
800m	Emma Alderson	Liverpool Harriers & AC	2:10.07
1500m	Eleanor Robinson	Keighley & Craven AC	4:52.09
3000m	Katie Clark	West Cheshire AC	10:32.52
60mH	Alicia Barrett	Chesterfield & District AC	8.52
Long Jump	Lucy Hadaway	City of York AC	5.83
Triple Jump	Naomi Ogbeta	Trafford AC	12.65 CBP
High Jump	Hollie Smith	Kingston Upon Hull AC	1.70
Pole Vault	Jessica Swannack	Preston Harriers	3.60
Shot Putt	Toni Buckingham	Barnsley AC	12.42
Pentathlon	Grace Bower	Sale Harriers Manchester	3552

Under 17 Women

Outdoor

100m	Hannah Kelly	Bolton United Harriers & AC	12.16
200m	Rachel Bennett	Shildon Running & AC	25.00
300m	Natasha Harrison	Stockport Harriers & AC	40.64
800m	Keely Hodgkinson	Leigh Harriers & AC	2.08.09
1500m	Tilly Simpson	Hallamshire Harriers	4.36.11
3000m	Rosie Woodhams	Dallam Running Club	10.10.2
80mH	Amy Carter	New Marske Harriers	11.75
300mH	Jordon Thrower	New Marske Harriers	47.1
2000mS/C	<i>Not contested</i>		
High Jump	Laura Hickey	Leigh Harriers & AC	1.60
Pole Vault	Victoria Barlow	Sale Harriers Manchester	3.70
Long Jump	Bethan Murray	Stockport Harriers & AC	5.62
Triple Jump	Libby Wheeler	Kingston Upon Hull AC	11.55
Shot Putt	Rhea Southcott	Leeds City AC	14.85
Discus	Abigail Thompson	Border Harriers & AC	34.78
Javelin	Bobbie Griffiths	Morpeth Harriers & AC	39.75
Hammer	Tara Simpson Sullivan	Wigan & District H & AC	59.40
Heptathlon	Hannah Barnden	Derby AC	4510

Indoor

60m	Hannah Kelly	Bolton United Harriers & AC	7.76
200m	Hannah Kelly	Bolton Unities Harriers & AC	24.93
300m	Amelia Burton	Wakefield District H & AC	40.69
800m	Saskia Huxham	Hallamshire Harriers	2.17.91
1500m	Abbey Brooke	Wakefield District H & AC	4.50.24
60mH	Jasmine Jolly	Preston Harriers	8.90
Long Jump	Lucy Robinson	Liverpool Harriers & AC	5.61
Triple Jump	Libby Wheeler	Kingston Upon Hull AC	11.56
High Jump	Charlotte Kerr	Rotherham Harriers & AC	1.68
Pole Vault	Victoria Barlow	Sale Harriers Manchester	3.75
Shot Putt	Hannah Molyneaux	Nene Valley Harriers	14.47 CBP
Pentathlon	Venus Morgan	Kingston upon Hull AC	3405

Under 15 Girls**Outdoor**

100m	Afoma Ofor	Middlesbrough AC	12.54
200m	Tia Anderson	Durham City Harriers & AC	25.49
800m	Emily Missantoni	Stockport Harriers & AC	2.15.19
1500m	Ines Curran	Gateshead Harriers & AC	4.48.99
75mH	Abigail Pawlett	Stockport Harriers & AC	11.34
High Jump	Abigail Pawlett	Stockport Harriers & AC	1.55
Pole Vault	Jasmine Carey	Blackpool Wyre & Fylde	3.40
Long Jump	Erin Moffatt	Lancaster & Morecambe AC	5.41
Shot Putt	Bekki Roche	u/a	13.62
Discus	Bekki Roche	u/a	28.31
Javelin	Lauren Foletti	Hallamshire Harriers	32.13
Hammer	Bekki Roche	u/a	52.33
Hexathlon	Abigail Pawlett	Stockport Harriers & AC	3750

Indoor

60m	Grace Goodsell	Bury AC	7.97
200m	Acacia Williams-Hewitt	Hallamshire Harriers	25.21
800m	Daisy Worthington	Bury AC	2:20.22
60mH	Nicole Lannie	Doncaster AC	9.11
Long Jump	Grace Goodsell	Bury AC	5.44
High Jump	Holly Aitchison	Stockport Harriers & AC	1.55
Pole Vault	Sophie Ashurst	Sale Harriers Manchester	CBP 3.10
Shot Putt	Bekki Roche	u/a	CBP 12.44
Pentathlon	Abigail Pawlett	West Cheshire AC	3341

Under 13 Girls**Outdoor**

100m	Trezequet Taylor	Trafford AC	12..57
200m	Success Eduan	Sale Harriers Manchester	26.06
800m	Ruby Simpson	Hallamshire Harriers	2:13.87 CBP
Long Jump	Daphney Adebayo	City of Sheffield & Dearne AC	5.10
Shot Putt	Erin Lobley	Hallamshire Harriers	11.32

Indoor

60m	Trezeguet Taylor	Trafford AC	8.19
200m	Ava Jones	Doncaster AC	27.01
800m	Ruby Simpson	Hallamshire Harriers	2:19.88 CBP
<i>Long Jump</i>	Julia Winogrodzka	Bolton Harriers & AC	5.21
High Jump	Erin Loble	Hallamshire Harriers	1.50 CBP
Shot Putt	Erin Loble	Hallamshire Harriers	10.85 CBP

AAA STANDARDS SCHEME REPORT

Fewer badges are sold in the territories than in the past due to the change which allows athletes to purchase badges online. The North is now the only territory to be selling badges on a regular basis. The personal touch is always the best way to encourage athletes to purchase badges. This is illustrated by the fact that of the almost 400 badges sold by, or on behalf of, Northern Athletics over 120 were sold at the Inter- Counties and 87 at the age group championships. This was just a little over 15% of all the badges sold. It does bring in a little money to the North and thus benefits athletics in general.

My thanks to the individuals who promote the Standards Scheme both by word of mouth and in assisting in making the badges available at various meetings.

Edwin Bellamy

WEBSITE REPORT

During the last year the Northern Athletics website has continued to provide reports on all our championships as well as news items on various topics. We have published or provided links to results as soon as possible after an event finishes often within one hour.

The entry form download section of the website has been scaled back but we still promote clubs events via our fixture listing service.

The NA Facebook group has steadily grown over the last twelve months and is used for notification purpose often pointing traffic back to the website for detailed information or downloads.

We are grateful to all who contribute to the website with reports, photos and news items however a special mention to Dave Hewitson (Sport for All pics) who has kindly provided us with a steady stream of photos throughout the past year.

Robbie Wood