

Graves Park Sheffield hosted the 2012 running of these championships, after a week of very heavy rain leading up to the event it was nice not only to have a dry day but the icing on the cake was some lovely October sunshine to complete the perfect day.

### Senior Men

Leeds City AC, have been almost unbeatable in recent times over the country so it was going to take a strong challenge to rest their crown and that challenge came from Sale Harriers who never once surrendered the lead they took on leg 1. Niall Brooks lead Sale A home closely followed by Sale B in the shape of Ryan Moore who was 10 seconds down on his club mate, Jack Morris brought Stockport home in 3rd. Simon Horsefield ran a solid second leg for Sale A keeping them in the driving seat. Richard Weir moved Derby AC up from fourth to second while Leeds City moved into the top three thanks to Carl Smith. Alan Buckley moved Leeds up to second on leg three but he could not close the gap as Charles Hulson extended Sale A lead. Derby switched places with Leeds and came in third. James Baily focused on his task and ran a perfect last leg to bring Sale home as champions. Jack Simpson brought Leeds City home second with Derby AC taking the bronze medals.

Joint fastest times was by Carl Smith (Leeds City) and Richard Weir (Derby AC) both recorded on the second leg with 10.23.



### Senior Women

After lifting the road relay title a fortnight ago Rotherham must have fancied their chances of doing a relay double, however Durham City had other ideas. Holmfirth's Katie Walshaw 12.03 running the fastest time of the day came home first followed by Durham's Rosie Smith

with Kingston upon Hull Jessica Lonsdale third. On leg 2 Chloe Price moved Durham into the lead while Rotherham recovered from being thirteenth after leg 1 to move to second place through an excellent run from Steph Burns. Clair Leaver was third for Holmfirth. It was a big ask for Rotherham's Annabele Grady on the final leg, as she chased down Durham's Aiveen Fox and despite pulling back a massive 33 seconds it was not enough to deprive Durham of their title. Natalie Farrow having an excellent run brought Lincoln Wellington AC home for the bronze medals



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