

Northern Indoor Championships Day2 Report 29 January 2012

Day 2 of the Northern Indoor Championships saw yet more CBPs bettered – four in all. The standout performance of the day came in the women's 200m. Louise Bloor (Trafford) had already taken gold in the 60m on Day 1 and in the 200m stormed to victory in a new PB(i) and CPB of 24.05 to better the 24.17 of Vicki Barr in 2007 and take her second senior Northern 200m indoor title. Jethrow McGraw (Amber Valley) took victory in the U15B 800m by over 5 seconds crossing the line in 2.01.75 to better Josh Moody's CBP of 2.03.36 that had stood since 2006. As expected a new CBP was set in the women's TJ. But it proved to be a frustrating day for both Nadia Williams (SBH) and Yasmine Regis (WSEH) as both struggled with their run-up and timing. It was Williams who took gold with a new CBP mark of 13.11m. In the U20W TJ victory went to the three-times England U20 heptathlon champion Katarina Johnson-Thompson (Liverpool H). She bettered the previous CBP of Melissa Carr on at least two occasions finishing with a new PB of 12.56m. Ahtalloh Rose (Sale H) the ESAA senior champion had to settle for silver on this occasion, but almost snatched victory with her final round jump of 12.53m.

The best finish of the day came in the U20M 200m and once again involved Luke South (City of Sheffield) who was edged out of the gold medal in the 400m on Day1 by Clovis Asong (Sale H). This time South in 22.08 had to settle for bronze in a blanket finish with the two Sale athletes Nathan Selby and Roy Ejiakuekwu. The latter just managed to hold on to gold clocking 22.01 to Selby's 22.03. Kristie Edwards (City of Sheffield) who completed the sprint double as an U15 in 2011 repeated the performance as an U17, winning comfortably from Rachel Highfield (Gateshead H) who also took silver in the 60m. Eleanor Rawson (2DASH) won the U15G 200m to add her name to the list of those who did the sprint double as did Joe McGrath (Doncaster AC) when he took the U15B 200m. Last year's U17W 200m champion claimed her second Northern indoor title winning this year's U20W's 200m in 25.27.

Anthony Whiteman won the men's 800m. He moved into the lead at about 400m and from then on never looked like being caught. His time of 1.52.58 was an indoor lifetime best and UK V40 indoor record for the Olympic 1500m semi-finalist and Commonwealth Games bronze medallist. In the U15G 800m Ella Eadon (City of York) made a successful defence of her title winning easily in 2.23.00 from Beth Donnelly (Stockport H).

Jacob Fincham Dukes (Leeds City) won the U17M LJ with a big new PB of 6.72m to better the 6.09m he jumped at Sport City in December.

Report Adrian Chrimas

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