

NoEAA Senior Indoor Championship

Sport City, Manchester

1st February 2003

F01 Senior Women Pole Vault FINAL

FINAL

1	113	Caroline Nutt	Wakefield District H & AC	3.50
2	94	Clare Neve	Trafford AC	3.50
3	106	Michelle Sharrock	Wigan Harriers	3.20
4	125	Linda Stanton	Sale Harriers Manchester	3.20
5	119	Sally Woodcock	Cleethorpes AC	2.60

F02 Senior Women Long Jump FINAL

FINAL

1	116	Ruth Irving	Edinburgh Woollen Mill	6.11
2	103	Elaine Smith	Sale Harriers Manchester	5.61
3	3	Margaret Veldman	Sale Harriers Manchester	5.55
4	97	Naida Bromley	Wakefield District H & AC	5.49
5	8	Hazel Carwardine	Bolton United Harriers	5.47
6	36	Fiona Harrison	Barnsley AC	5.41
7	6	Louise Bloor	Rotherham Harriers	5.39
8	110	Michala Gee	Rotherham Harriers	5.30
9	123	Lucy Butler	Gateshead Harriers & AC	5.25
10	12	Danielle Parkinson	Sale Harriers Manchester	5.20
11	24	Jenny Pacey	Lincoln Wellington	5.14
12	43	Amy Fendley	Newark AC	5.03
13	38	Louise Lisseman	Wakefield District H & AC	4.95

F03 Senior Men Pole Vault FINAL

FINAL

1	138	Keith Higham	Border Harriers & AC	5.00
2	133	Mark Beharrel	Sale Harriers Manchester	4.90
3	124	Paul Williamson	Belgrave Harriers	4.80
4	111	Alan Richardson	Trafford AC	4.80
5	115	Ben Flint	Belgrave Harriers	4.70
6	102	James Coleman	Grantham AC	3.90

F04 Senior Men Long Jump FINAL

FINAL

1	142	Chris Kirk	Wakefield District H & AC	7.24
2	134	Simon Roper	Derby AC	7.14
3	112	Chris Weitz	Gateshead Harriers & AC	7.05
4	34	Simon Richardson	City of Sheffield AC	6.61
5	51	Ian Charles	Grantham AC	6.21
6	70	Gerard Paish-Plunkett	Sale Harriers Manchester	6.15
7	67	Andy Parker	Sale Harriers Manchester	6.12
8	89	Stephen Alexander	Trafford AC	6.08
9	36	David Robertson	Jarrow & Hebburn	6.08
10	109	Steve Minto	Blackpool & Fylde AC	5.95
11	50	Andrew Bell	Manchester Harriers A C	5.67
12	125	Allan Tindall	Sheffield Hallam University AC	5.54
13	30	Steve Swaby	Lincoln Wellington	5.41
14	14	Glen Reddington	Windsor, Slough, Eton & Hounslow	5.26

F05 Senior Women Triple Jump FINAL

FINAL

1	116	Ruth Irving	Edinburgh Woollen Mill	12.56
2	110	Michala Gee	Rotherham Harriers	11.39
3	101	Emma Wooff	Wigan Harriers	11.36
4	98	Nicky Clark	Kingston upon Hull AC	11.18
5	109	Dawn Jones	Herts Phoenix	10.78
6	123	Lucy Butler	Gateshead Harriers & AC	10.58
7	118	Angie Roberts	Kingston upon Hull AC	10.34

F06 Senior Women Shot Putt FINAL

FINAL

1	124	Kara Nwidobie	Blackpool & Fylde AC	13.94
2	105	Lydia Morgan	Vale Royal	12.15
3	24	Jenny Pacey	Lincoln Wellington	10.53
4	97	Naida Bromley	Wakefield District H & AC	10.01
5	38	Louise Lisseman	Wakefield District H & AC	9.71
6	114	Vikki Grime	Hyndburn AC	9.29

F07 Senior Men Triple Jump FINAL

FINAL

1	126	Jonathan Best	Border Harriers & AC	13.93
2	120	Paul Revell	Sale Harriers Manchester	13.84
3	141	Lewis Cheung	Liverpool Harriers	13.77
4	129	David Smith	Derby AC	13.25
5	121	Dave Street	Liverpool Pembroke & Sefton AC	12.46

F08 Senior Men Shot Putt FINAL

FINAL

1	119	Bryan Kelly	Trafford AC	16.31
2	117	Guy Marshall	Birchfield Harriers	15.39
3	132	Marcus Gouldbourne	Pudsey & Bramley AC	14.79
4	136	John Nicholls	Sale Harriers Manchester	13.88
5	70	Gerard Paish-Plunkett	Sale Harriers Manchester	13.73
6	104	Daniel Brunt	City of Sheffield AC	13.64
7	127	James Taylor	City of Sheffield AC	11.92
8	39	Peter Sneary	Unattached	7.35

F09 Senior Men High Jump FINAL

FINAL

1	123	Martyn Bernard	City of Sheffield AC	2.15
2	131	Martin Aram	Liverpool Harriers	2.10
3	143	Rob Brocklebank	Sale Harriers Manchester	2.10
4	113	Ian Holliday	Sale Harriers Manchester	2.05
5	139	Andrew MacFarlane	Leeds City AC	2.00
6	128	Latham	Liverpool Harriers	1.95
7	137	David Etheridge	Sale Harriers Manchester	1.90

F10 Senior Women High Jump FINAL

FINAL

1	100	Natalie Clark	Kingston upon Hull AC	1.80
2	20	Jessica Ennis	City of Sheffield AC	1.71
3	24	Jenny Pacey	Lincoln Wellington	1.65
4	117	Claire Wright	Liverpool Harriers	1.65

T01 Senior Men 60m Heats

Heat 01

1	46	Jonathan Oparka	Border Harriers & AC	6.96
2	33	Neil Wiscombe	Jarrow & Hebburn	7.32
3	85	Thomas Poulton-White	Skyrac AC	7.34
4	19	Marc Suggitt	Gateshead Harriers & AC	7.37
5	76	Nicholas Aghaowa	Bingley Harriers	7.54
6	39	Peter Sneary	Unattached	8.99

Heat 02

1	66	Michael Tietz	Birchfield Harriers	6.94
2	81	Mikey Smith	Bolton United Harriers	7.03
3	68	John Uridge	Wakefield District H & AC	7.05
4	32	Johnathan Shearn	Wakefield District H & AC	7.30
5	55	Peter Monaghan	Sale Harriers Manchester	7.31
6	8	Michael Culshaw	Cleethorpes AC	7.35
7	20	Stephen Thorpe	Wakefield District H & AC	7.78

Heat 03

1	16	Craig Telford	Border Harriers & AC	7.04
2	57	Philip Ellershaw	Liverpool Harriers	7.20
3	43	Richard Higson-Blythe	Wakefield District H & AC	7.36
4	35	Andrew Hopkinson	Sale Harriers Manchester	7.43
5	51	Ian Charles	Grantham AC	7.44
6	50	Andrew Bell	Manchester Harriers A C	7.54

Heat 04

1	54	Dominic Bradley	Birchfield Harriers	7.06
2	69	Ben Edward-Inatimi	Liverpool Harriers	7.16
3	94	Theocharis Ispoglou	Bingley Harriers	7.38
4	80	Neil Sharp	Trafford AC	7.42
5	78	Julian Charity	Grantham AC	7.61
6	40	Michael Atkin	Rotherham Harriers	7.80

Heat 05

1	7	Tim Ward	Border Harriers & AC	7.17
2	18	Adebowale Ademuyewo	Sale Harriers Manchester	7.26
3	79	James Moore	Kingston upon Hull AC	7.26
4	97	Michael White	Lincoln Wellington	7.33
5	87	Jonathan Moss	Sale Harriers Manchester	7.75
6	83	Philip Burns	Barrow & Furness Striders	8.25

Heat 06

1	2	Christopher Hamilton	Trafford AC	6.97
2	6	Christopher Stobart	Manx Harriers	7.08
3	61	Ben Geddes	Gateshead Harriers & AC	7.22
4	37	Emile Robinson	Grantham AC	7.58
5	44	Ashley Pritchard	Macclesfield Harriers	7.85
6	45	Ian Riley	East Cheshire Harriers	8.34

Heat 07

1	63	Alan Selby	Morpeth Harriers & AC	7.10
2	92	Matthew Lee	Bury AC	7.14
3	15	Spencer Brew	Liverpool Harriers	7.17
4	49	Bernard Ward	Trafford AC	7.37
5	98	Anthony Ashton	Bury AC	7.57
6	14	Glen Reddington	Windsor,Slough, Eton & Hounslow	7.89

T02 Senior Women 60m Heats**Heat 01**

1	45	Lisa Deanne Trotman	Trafford AC	7.9
2	4	Louise Aiston	Border Harriers & AC	8.0
3	27	Ruth Dales	Wakefield District H & AC	8.0
4	52	Stephanie Johnson	Barrow & Furness Striders	8.3
5	31	Hannah Raines	Stockport Harriers	9.2

Heat 02

1	1	Melanie Roberts	Liverpool Harriers	7.6
2	17	Anyika Onuora	Liverpool Harriers	7.8
3	25	Bernice Wilson	Birchfield Harriers	7.8
4	13	Julia White	Peterborough AC	7.8
5	19	Juanita Coleman	Trafford AC	8.2

Heat 03

1	26	Yvette Henry	Wigan Harriers	7.9
2	46	Elaine Sutcliffe	Wakefield District H & AC	8.0
3	6	Louise Bloor	Rotherham Harriers	8.0
4	34	Beccy Annan	Kingston upon Hull AC	8.2
5	56	Anthea Daniel	Sale Harriers Manchester	8.3

T03 Senior Men 400m Heats**Heat 01**

1	56	Sam Ellis	Barnsley AC	49.57
2	64	Thomas Grantham	City of Sheffield AC	52.38
3	9	Chris Perrey	Bolton United Harriers	55.00

Heat 02

1	24	Thomas Knox	Wigan Harriers	51.86
2	49	Bernard Ward	Trafford AC	53.28

Heat 03

1	1	Craig Yates	Spenborough & District	50.78
2	23	James Lee	Windsor, Slough, Eton & Hounslow	51.21
3	42	Nick Monastiriots	Bingley Harriers	56.28

Heat 04

1	4	Richard Workman	Trafford AC	49.00
2	28	Darren Eldin	Goole Youth AC	49.25
3	99	David Stoker	Bingley Harriers	53.71

T04 Senior Women 400m Heats**Heat 01**

1	2	Danielle Halsall	Sale Harriers Manchester	56.29
2	18	Anita Eagland	Trafford AC	56.74
3	23	Amy Freeman	Spenborough & District	56.98
4	44	Claire Ryan	Halifax Harriers	67.31

Heat 02

1	41	Kim Goodwin	Kingston upon Hull AC	57.00
2	15	Flo Delaune	Trafford AC	57.55
3	29	Laura Curtis	Kingston upon Hull AC	57.91
4	22	Tracey Hilton	Wakefield District H & AC	61.85

T05 Senior Men 60m Semi-Finals**Semi-Final 01**

1	66	Michael Tietz	Birchfield Harriers	6.93
2	18	Adebowale Ademuyewo	Sale Harriers Manchester	7.05
3	57	Philip Ellershaw	Liverpool Harriers	7.12
4	7	Tim Ward	Border Harriers & AC	7.13
5	63	Alan Selby	Morpeth Harriers & AC	7.19
6	79	James Moore	Kingston upon Hull AC	7.39
7	43	Richard Higson-Blythe	Wakefield District H & AC	7.40

Semi-Final 02

1	46	Jonathan Oparka	Border Harriers & AC	6.94
2	54	Dominic Bradley	Birchfield Harriers	6.95
3	69	Ben Edward-Inatimi	Liverpool Harriers	7.07
4	61	Ben Geddes	Gateshead Harriers & AC	7.15
5	55	Peter Monaghan	Sale Harriers Manchester	7.27
6	8	Michael Culshaw	Cleethorpes AC	7.28
7	33	Neil Wiscombe	Jarrow & Hebburn	7.41

Semi-Final 03

1	2	Christopher Hamilton	Trafford AC	6.90
2	16	Craig Telford	Border Harriers & AC	6.99
3	68	John Uridge	Wakefield District H & AC	7.02
4	6	Christopher Stobart	Manx Harriers	7.04
5	92	Matthew Lee	Bury AC	7.13
6	15	Spencer Brew	Liverpool Harriers	7.18
7	97	Michael White	Lincoln Wellington	7.33
8	85	Thomas Poulton-White	Skyrac AC	7.38

T06 Senior Women 60m FINAL**FINAL**

1	1	Melanie Roberts	Liverpool Harriers	7.47
2	17	Anyika Onuora	Liverpool Harriers	7.60
3	13	Julia White	Peterborough AC	7.69
4	25	Bernice Wilson	Birchfield Harriers	7.76
5	45	Lisa Deanne Trotman	Trafford AC	7.82
6	26	Yvette Henry	Wigan Harriers	7.85
7	46	Elaine Sutcliffe	Wakefield District H & AC	8.00
8	4	Louise Aiston	Border Harriers & AC	8.02

T07 Senior Men 800m FINAL**FINAL**

1	53	Daniel Hayes	Blackpool & Fylde AC	1.58.03
2	25	Steve O'Neill	Leeds City AC	1.58.76
3	116	Ian Tinsley	Liverpool Harriers	1.59.32
4	26	Richard Mace	City of Sheffield AC	1.59.71
5	107	Ketan Desai	Morpeth Harriers & AC	2.01.90
6	90	Christopher Burgess	Wigan Harriers	2.08.95

T08 Senior Women 800m FINAL

FINAL				
1	35	Karen Johns	Gateshead Harriers & AC	2.12.51
2	28	Catherine Bacon	Wakefield District H & AC	2.15.92
3	54	Emma Grant	Jarrow & Hebburn	2.18.26
4	47	Debra Smith	Hull Achilles AC	2.22.01
5	120	Katie Baillie	Cleethorpes AC	2.22.40
6	51	Emma Carroll	Liverpool Harriers	2.22.97
7	21	Lisa Tomlinson	Hull Achilles AC	2.29.79
8	112	Emma McIntyre	Sale Harriers Manchester	2.35.66

T09 Senior Men 60m Hurdles Heats

Heat 01				
1	55	Peter Monaghan	Sale Harriers Manchester	8.54
2	37	Emile Robinson	Grantham AC	8.71
3	70	Gerard Paish-Plunkett	Sale Harriers Manchester	8.84
4	73	Nigel Taylor	City of Norwich	8.96
5	36	David Robertson	Jarrow & Hebburn	9.20
6	12	Ian Scholes	Trafford AC	9.56

Heat 02				
1	22	Richard Baderin	Liverpool Harriers	8.64
2	89	Stephen Alexander	Trafford AC	8.69
3	95	Richard Hunter	Tynedale Harriers	8.75
4	35	Andrew Hopkinson	Sale Harriers Manchester	8.78
5	44	Ashley Pritchard	Macclesfield Harriers	9.19
6	14	Glen Reddington	Windsor, Slough, Eton & Hounslow	9.46

T10 Senior Women 60m Hurdles FINAL

FINAL				
1	53	Gemma Fergusson	Sale Harriers Manchester	8.54
2	39	Kerry Jury	Wakefield District H & AC	8.71
3	27	Ruth Dales	Wakefield District H & AC	8.85
4	7	Katey Read	Liverpool Harriers	8.96
5	24	Jenny Pacey	Lincoln Wellington	9.59
6	43	Amy Fendley	Newark AC	9.89

T11 Senior Men 400m Semi-Finals

Semi-Final 01				
1	28	Darren Eldin	Goole Youth AC	51.05
2	4	Richard Workman	Trafford AC	51.10
3	24	Thomas Knox	Wigan Harriers	51.53

Semi-Final 02				
1	56	Sam Ellis	Barnsley AC	49.92
2	1	Craig Yates	Spenborough & District	50.36
3	23	James Lee	Windsor, Slough, Eton & Hounslow	50.72
4	64	Thomas Grantham	City of Sheffield AC	53.22

T12 Senior Women 400m FINAL

FINAL				
1	2	Danielle Halsall	Sale Harriers Manchester	54.75
2	41	Kim Goodwin	Kingston upon Hull AC	56.21
3	18	Anita Eagland	Trafford AC	56.29
4	23	Amy Freeman	Spenborough & District	57.11

T13 Senior Men 200m Heats

Heat 01				
1	48	Allyn Condon	Sale Harriers Manchester	22.54
2	94	Theocharis Ispoglou	Bingley Harriers	23.78
3	20	Stephen Thorpe	Wakefield District H & AC	24.26

Heat 02				
1	3	Jared Deacon	South Shields Harriers	22.29
2	11	Peter Hickey	Trafford AC	24.53
3	87	Jonathan Moss	Sale Harriers Manchester	25.33

Heat 03				
1	43	Richard Higson-Blythe	Wakefield District H & AC	24.12
2	27	Simon Curtis	City of Sheffield AC	25.02

Heat 04				
1	54	Dominic Bradley	Birchfield Harriers	22.88
2	34	Simon Richardson	City of Sheffield AC	23.29
3	99	David Stoker	Bingley Harriers	24.64

Heat 05				
1	15	Spencer Brew	Liverpool Harriers	23.17
2	67	Andy Parker	Sale Harriers Manchester	23.30
3	92	Matthew Lee	Bury AC	23.85

Heat 06				
1	72	Ryan Palmer	Trafford AC	23.22
2	49	Bernard Ward	Trafford AC	23.47
3	74	Abdul Kamara	Bingley Harriers	24.09
4	30	Steve Swaby	Lincoln Wellington	25.56

Heat 07				
1	57	Philip Ellershaw	Liverpool Harriers	23.01
2	33	Neil Wiscombe	Jarrow & Hebburn	23.18

Heat 08				
1	29	Stephen Blagdon	Lincoln Wellington	23.13
2	80	Neil Sharp	Trafford AC	23.95
3	83	Philip Burns	Barrow & Furness Striders	26.47
4	45	Ian Riley	East Cheshire Harriers	26.73

T14 Senior Women 200m Heats

Heat				
1	15	Flo Delaune	Trafford AC	25.82
2	4	Louise Aiston	Border Harriers & AC	26.23
3	56	Anthea Daniel	Sale Harriers Manchester	27.55

Heat 01				
1	45	Lisa Deanne Trotman	Trafford AC	25.68
2	27	Ruth Dales	Wakefield District H & AC	26.64
3	34	Beccy Annan	Kingston upon Hull AC	27.26
4	31	Hannah Raines	Stockport Harriers	29.23

Heat 02				
1	39	Kerry Jury	Wakefield District H & AC	25.51
2	46	Elaine Sutcliffe	Wakefield District H & AC	26.43
3	29	Laura Curtis	Kingston upon Hull AC	26.94
4	43	Amy Fendley	Newark AC	29.32

Heat 03				
1	26	Yvette Henry	Wigan Harriers	26.00
2	12	Danielle Parkinson	Sale Harriers Manchester	26.43
3	48	Anna Costello	Nottingham University AC	27.98

Heat 04				
1	37	Rebecca Martindale	Border Harriers & AC	26.00
2	19	Juanita Coleman	Trafford AC	26.17
3	44	Claire Ryan	Halifax Harriers	28.86

Heat 05				
1	15	Flo Delaune	Trafford AC	25.82
2	4	Louise Aiston	Border Harriers & AC	26.23
3	56	Anthea Daniel	Sale Harriers Manchester	27.55

T15 Senior Men 1500m FINAL

FINAL				
1	93	Mark Warmby	Newham & Essex Beagles	4.00.95
2	58	Chris O'Connell	Sale Harriers Manchester	4.09.71
3	38	Stephen Millward	City of Sheffield AC	4.15.00

T16 Senior Women 1500m FINAL

FINAL				
1	49	Alexandra Carter	Vale Royal	4.31.12
2	111	Claire Smallwood	Jarrow & Hebburn	4.37.24
3	16	Alice Butler	Wakefield District H & AC	4.42.55
4	108	Liz Proctor	Bolton United Harriers	4.46.60
5	55	Sarah Beevers	Wakefield District H & AC	4.50.59
6	115	Clare Sykes	Wakefield District H & AC	5.00.69

T19 Senior Men 200m Semi-Finals

Semi-Final 01

1	15	Spencer Brew	Liverpool Harriers	22.81
2	67	Andy Parker	Sale Harriers Manchester	23.11

Semi-Final 02

1	48	Allyn Condon	Sale Harriers Manchester	21.30
2	29	Stephen Blagdon	Lincoln Wellington	22.53
3	72	Ryan Palmer	Trafford AC	23.07
4	49	Bernard Ward	Trafford AC	23.63

Semi-Final 03

1	57	Philip Ellershaw	Liverpool Harriers	22.51
2	54	Dominic Bradley	Birchfield Harriers	22.65
3	33	Neil Wiscombe	Jarrow & Hebburn	23.43

T20 Senior Women 200m Semi-Finals

Semi-Final 01

1	39	Kerry Jury	Wakefield District H & AC	25.53
2	26	Yvette Henry	Wigan Harriers	25.67
3	37	Rebecca Martindale	Border Harriers & AC	26.03
4	12	Danielle Parkinson	Sale Harriers Manchester	26.47

Semi-Final 02

1	45	Lisa Deanne Trotman	Trafford AC	25.61
2	15	Flo Delaune	Trafford AC	25.83
3	19	Juanita Coleman	Trafford AC	26.39
4	4	Louise Aiston	Border Harriers & AC	26.72

T21 Senior Men 400m FINAL

FINAL

1	56	Sam Ellis	Barnsley AC	48.58
2	28	Darren Eldin	Goole Youth AC	49.33
3	4	Richard Workman	Trafford AC	49.67
4	1	Craig Yates	Spenborough & District	54.46

T23 Senior Men 200m FINAL

FINAL

1	48	Allyn Condon	Sale Harriers Manchester	21.00
2	29	Stephen Blagdon	Lincoln Wellington	22.65
3	15	Spencer Brew	Liverpool Harriers	22.91
4	57	Philip Ellershaw	Liverpool Harriers	23.12

T24 Senior Women 200m FINAL

FINAL

1	39	Kerry Jury	Wakefield District H & AC	25.03
2	45	Lisa Deanne Trotman	Trafford AC	25.32
3	26	Yvette Henry	Wigan Harriers	25.69
4	15	Flo Delaune	Trafford AC	25.70

T25 Senior Men 60m Hurdles FINAL

FINAL

1	55	Peter Monaghan	Sale Harriers Manchester	8.43
2	37	Emile Robinson	Grantham AC	8.50
3	89	Stephen Alexander	Trafford AC	8.54
4	22	Richard Baderin	Liverpool Harriers	8.57
5	35	Andrew Hopkinson	Sale Harriers Manchester	8.72
6	70	Gerard Paish-Plunkett	Sale Harriers Manchester	8.77
7	73	Nigel Taylor	City of Norwich	8.86

T27 Senior Men 60m FINAL

FINAL

1	46	Jonathan Oparka	Border Harriers & AC	6.93
2	16	Craig Telford	Border Harriers & AC	6.98
3	18	Adebowale Ademuyewo	Sale Harriers Manchester	7.03
4	68	John Uridge	Wakefield District H & AC	7.04
5	54	Dominic Bradley	Birchfield Harriers	7.06
6	6	Christopher Stobart	Manx Harriers	7.08