

# NoeAA Senior Championships

EIS, Sheffield  
31 January 2005

## F01 Senior Women Pole Vault FINAL

### FINAL

1346	Michelle Sharrock	Wigan Harriers	3.40
2319	Melanie McCoy	Bolton United Harriers	2.80
3304	Jenny Cuthbertson	Rotherham Harriers	2.70
4337	Jenny Wood	Spensorough & District	2.50
5305	Emma McClatchey	St Helens Sutton AC	2.50
6341	Hayley Fox	Lincoln Wellington	2.10
9356	Janine Whitlock	Additional competitor	4.31

## F02 Senior Men Long Jump FINAL

### FINAL

1160	Ricardo Childs	Sheffield University	7.23
2301	Graham Jackson	Newham & Essex Beagles	7.01
3338	Suote Nyananyo	Unattached	7.00
4310	John Stacey	Gateshead Harriers & AC	6.58
5321	Chris Weitz	Border Harriers & AC	6.47

## F03 Senior Men Pole Vault FINAL

### FINAL

1336	Mark Christie	Sale Harriers Manchester	4.80
2347	Alan Richardson	Trafford AC	4.70
3320	Julien Raffalli-Ebezant	Sale Harriers Manchester	4.60
4329	Ian Noble	Trafford AC	4.50

## F04 Senior Women Long Jump FINAL

### FINAL

1110	Louise Bloor	Trafford AC	5.88
2104	Fiona Westwood	Wakefield District H & AC	5.68
382	Jenny Pacey	Lincoln Wellington	5.66
4153	Fiona Harrison	Trafford AC	5.61
5339	Elaine Smith	Sale Harriers Manchester	5.48
6142	Kristina Porsche	Sheffield University	5.39
767	Kimberley Goodall	Durham University	5.17
839	Ruth Laybourn	Wakefield District H & AC	5.09
9111	Shelley Revitt	Doncaster & Stainforth AC	5.04
10 345	Lindsey Christie	Leeds University	5.04

## F05 Senior Women Triple Jump FINAL

### FINAL

1345	Lindsey Christie	Leeds University	11.38
2111	Shelley Revitt	Doncaster & Stainforth AC	10.96
3308	Lynsie Whyke	Wakefield District H & AC	10.08
4303	Claire Bowman	Kingston upon Hull AC	9.00

## F06 Senior Women Shot Putt FINAL

### FINAL

1142	Kristina Porsche	Sheffield University	12.22
2335	Laura Booth	Rotherham Harriers	12.14
3153	Fiona Harrison	Trafford AC	11.99
4155	Bethany Staniland	Leeds City AC	11.36
582	Jenny Pacey	Lincoln Wellington	11.32
6355	Chloe Beckett	Trafford AC	11.29
7344	Nicola Gore	Liverpool Pembroke & Sefton AC	10.87
88	Fiona Thomas	Wakefield District H & AC	10.77
940	Katia Lannon	Sale Harriers Manchester	9.08
10 307	Hayley Whyke	Wakefield District H & AC	8.47

## F07 Senior Men Triple Jump FINAL

### FINAL

1 302	Graeme Matthews	Unattached	14.51
2 314	David Budd	City of Sheffield AC	14.30
3 349	Jacob Brown	Leeds City AC	14.27
4 311	David Smith	Derby AC	13.11

## F08 Senior Men Shot Putt FINAL

### FINAL

1 315	Jamie Williamson	City of Sheffield AC	15.40
2 323	Marcus Gouldbourne	Sale Harriers Manchester	15.34
3 334	Craig Sturrock	Gateshead Harriers & AC	15.11
4 333	John Nicholls	Sale Harriers Manchester	14.51
5 322	Will Lowndes	Liverpool Harriers	14.35
6 332	James Taylor	City of Sheffield AC	14.11
7 343	Daniel Brunt	City of Sheffield AC	13.82

## F09 Senior Men High Jump FINAL

### FINAL

1 300	Robert Mitchell	Sale Harriers Manchester	2.17
2 324	Martin Aram	Liverpool Harriers	2.05
3 340	Darren Hammond	Sale Harriers Manchester	2.05
4 306	Jamie Creighton	Liverpool Harriers	2.00
5 327	Matthew Owens	Liverpool Harriers	1.95
6 328	Alex Girdler	Trafford AC	1.90
7 318	Jonathon Lever	City of Sheffield AC	1.90
8 310	John Stacey	Gateshead Harriers & AC	1.90

## F10 Senior Women High Jump FINAL

### FINAL

1 331	Natalie Clark	Trafford AC	1.85
2 325	Susan Jones	Trafford AC	1.80
3 94	Rebecca Jones	Wrexham AAC	1.75
4 347	Jenny Lumley	Leeds City AC	1.75
5 309	Emma Morris	South Shields Harriers	1.65
6 82	Jenny Pacey	Lincoln Wellington	1.65
7 40	Katia Lannon	Sale Harriers Manchester	1.55

## T01 Senior Men 60m Heats

### Heat 01

1 33	Gerald Phiri	City of Sheffield AC	6.92	W/S:
2 1	Gareth Jones	Sale Harriers Manchester	7.18	W/S:
3 114	John Uridge	Wakefield District H & AC	7.21	W/S:
4 70	Lawrence Mayhew	Leeds City AC	7.32	W/S:
5 84	Michael Culshaw	Unattached	7.45	W/S:
6 149	Dean Hardman	Sale Harriers Manchester	7.45	W/S:
7 26	Nick Monastiriotis	Bingley Harriers	8.15	W/S:

### Heat 02

1 160	Ricardo Childs	Sheffield University	7.11	W/S:
2 44	Matthew Lee	Bury AC	7.15	W/S:
3 116	Steve Butterfield	Vale Royal	7.32	W/S:
4 23	Christopher Woodhouse	Liverpool Harriers	7.40	W/S:
5 86	Theocharis Ispoglou	Bingley Harriers	7.44	W/S:
6 32	Michael Beaumont	Sheffield Hallam University AC	7.47	W/S:
7 106	Glen Reddington	Windsor, Slough & Eton AC	7.85	W/S:

### Heat 03

1 131	David Hughes	Unattached	7.15	W/S:
2 69	Tim Ward	Border Harriers & AC	7.18	W/S:
3 125	John Baines	Middlesbrough AC (Mandale)	7.23	W/S:
4 37	Johnathan Shearn	Sale Harriers Manchester	7.26	W/S:
5 90	Adrian Chapple	Gateshead Harriers & AC	7.36	W/S:
6 167	Adam Rogers	Shildon AC	7.90	W/S:
99 13	Phil Povey	Sale Harriers Manchester	DNS	W/S:

<b>Heat 04</b>				<b>W/S:</b>	<b>Heat 02</b>				<b>W/S:</b>
195 Carl Dickinson	Preston Harriers	7.21	W/S:	1	77	Katie Jones	Trafford AC	58.81	W/S:
2133 Alan Ruddock	Wakefield District H & AC	7.26	W/S:	2	72	Claire Warmington	Trafford AC	59.42	W/S:
374 Ben Geddes	Gateshead Harriers & AC	7.33	W/S:	3	122	Claire Brason	Rugby&Northampton	1:02.14	W/S:
4141 Anthony Ashton	Bury AC	7.51	W/S:	4	136	Louisa Williams	City of Sheffield AC	1:02.66	W/S:
546 Anthony Carroll	Liverpool Harriers	7.55	W/S:						
614 Ian Charles	Grantham AC	7.62	W/S:						
7173 Chris Tummons	Leeds City AC	7.93	W/S:						

## T02 Senior Women 60m Heats

<b>Heat 01</b>				<b>W/S:</b>	<b>Semi-Final 01</b>				<b>W/S:</b>
1129 Laura Heslop	Wirral AC	7.87	W/S:	1	160	Ricardo Childs	Sheffield University	7.06	W/S:
2104 Fiona Westwood	Wakefield District H & AC	7.95	W/S:	2	1	Gareth Jones	Sale Harriers Manchester	7.11	W/S:
3101 Ruth Dales	Wakefield District H & AC	8.08	W/S:	3	116	Steve Butterfield	Vale Royal	7.17	W/S:
425 Jane Chadwick	Wigan& District AC	8.20	W/S:	4	95	Carl Dickinson	Preston Harriers	7.17	W/S:
58 Fiona Thomas	Wakefield District H & AC	8.23	W/S:	5	69	Tim Ward	Border Harriers & AC	7.26	W/S:
6111 Shelley Revitt	Doncaster & Stainforth AC	8.42	W/S:	6	37	Johnathan Shearn	Sale Harriers Manchester	7.28	W/S:
				7	90	Adrian Chapple	Gateshead Harriers & AC	7.40	W/S:
				8	44	Matthew Lee	Bury AC	8.12	W/S:

<b>Heat 02</b>				<b>W/S:</b>	<b>Semi-Final 02</b>				<b>W/S:</b>
1102 Annabelle Lewis	Kingston upon Hull AC	7.93	W/S:	1	33	Gerald Phiri	City of Sheffield AC	6.95	W/S:
2117 Katey Read	Liverpool Harriers	8.02	W/S:	2	131	David Hughes	Unattached	7.17	W/S:
3109 Amanda Shaw	Barnsley AC	8.05	W/S:	3	125	John Baines	Middlesbrough AC (Mandale)	7.25	W/S:
411 Rachel Smith	Trafford AC	8.21	W/S:	4	74	Ben Geddes	Gateshead Harriers & AC	7.26	W/S:
5159 Averil McClelland	Lancaster & Morecambe AC	8.23	W/S:	5	70	Lawrence Mayhew	Leeds City AC	7.27	W/S:
639 Ruth Laybourn	Wakefield District H & AC	8.29	W/S:	6	133	Alan Ruddock	Wakefield District H & AC	7.29	W/S:
				7	23	Christopher Woodhouse	Liverpool Harriers	7.41	W/S:
				99	114	John Uridge	Wakefield District H & AC	SCR	W/S:

<b>Heat 03</b>				<b>W/S:</b>	<b>T06 Senior Women 60m Semi-Finals</b>				<b>W/S:</b>
155 Sharon Walls	Wigan Harriers	7.87	W/S:	<b>Semi-Final 01</b>					<b>W/S:</b>
2110 Louise Bloor	Trafford AC	7.96	W/S:	1	55	Sharon Walls	Wigan Harriers	7.84	W/S:
3103 Maria Morganella	Border Harriers & AC	8.00	W/S:	2	102	Annabelle Lewis	Kingston upon Hull AC	7.98	W/S:
4169 Juanita Harrison	Trafford AC	8.10	W/S:	3	103	Maria Morganella	Border Harriers & AC	8.00	W/S:
520 Christina Clubly	Kingston upon Hull AC	8.12	W/S:	4	20	Christina Clubly	Kingston upon Hull AC	8.02	W/S:
6123 Julie Money	Wirral AC	8.27	W/S:	5	117	Katey Read	Liverpool Harriers	8.06	W/S:
				6	25	Jane Chadwick	Wigan& District AC	8.17	W/S:
				7	8	Fiona Thomas	Wakefield District H & AC	8.26	W/S:
				8	11	Rachel Smith	Trafford AC	8.27	W/S:

## T03 Senior Men 400m Heats

<b>Heat 01</b>				<b>W/S:</b>	<b>Semi-Final 02</b>				<b>W/S:</b>
135 David Brackstone	City of Stoke AC	49.76	W/S:	1	110	Louise Bloor	Trafford AC	7.88	W/S:
2100 Adam Bellis	Sale Harriers Manchester	50.53	W/S:	2	129	Laura Heslop	Wirral AC	7.91	W/S:
3170 Tom Black	Sale Harriers Manchester	53.49	W/S:	3	104	Fiona Westwood	Wakefield District H & AC	8.00	W/S:
434 Glynn Burgess	Rotherham Harriers	54.65	W/S:	4	109	Amanda Shaw	Barnsley AC	8.03	W/S:
54 Ben Manchester	Bingley Harriers	54.78	W/S:	5	101	Ruth Dales	Wakefield District H & AC	8.10	W/S:
666 Ian Godwin	Morpeth Harriers & AC	55.08	W/S:	6	169	Juanita Harrison	Trafford AC	8.18	W/S:
				7	123	Julie Money	Wirral AC	8.28	W/S:
				8	159	Averil McClelland	Lancaster & Morecambe AC	8.38	W/S:

<b>Heat 02</b>				<b>W/S:</b>	<b>T07 Senior Men 800m Heats</b>				<b>W/S:</b>
171 Lawrence Baird	Trafford AC	50.60	W/S:	<b>Heat 01</b>					<b>W/S:</b>
247 James Calbeck	Bury AC	51.88	W/S:	1	16	Matthew Nicholson	Gosforth Harriers	1:58.18	W/S:
321 Geoff Djan	Birchfield Harriers	52.41	W/S:	2	17	Chris Bryant	Wigan Harriers	1:58.41	W/S:
4121 Nick Beer	University of Sheffield	52.61	W/S:	3	6	Daniel Yates	Matlock Athletic	1:59.48	W/S:
583 Marc Mullen-Browne	Leeds Metropolitan University	53.98	W/S:	4	81	Simon O'Leary	Lincoln Wellington	2:01.92	W/S:

<b>Heat 03</b>				<b>W/S:</b>	<b>Heat 02</b>				<b>W/S:</b>
192 Adam Rogers	Sale Harriers Manchester	50.41	W/S:	1	119	Rhian Haste	Sheffield Hallam University AC	2:00.62	W/S:
224 Carlo Balsamo	Bury AC	51.28	W/S:	2	108	Drew Graham	Gosforth Harriers	2:02.56	W/S:
358 Danny Hind	Wigan Harriers	52.45	W/S:	3	115	Mark Gardner	Lancaster & Morecambe AC	2:03.77	W/S:
4134 Carl Savill	Grantham AC	52.87	W/S:	4	88	Anthony Gotts	Rossendale Harriers & AC	2:08.19	W/S:
588 Anthony Gotts	Rossendale Harriers & AC	55.86	W/S:						

<b>Heat 04</b>				<b>W/S:</b>	<b>T09 Senior Men 60m Hurdles Heats</b>				<b>W/S:</b>
1140 Rabah Yusif	Border Harriers & AC	49.86	W/S:	<b>Heat 01</b>					<b>W/S:</b>
228 John Kelley	City of Sheffield AC	50.11	W/S:	1	131	David Hughes	Unattached	8.14	W/S:
364 Thomas Grantham	City of Sheffield AC	51.58	W/S:	2	42	Martin Haslbeck	Sale Harriers Manchester	8.23	W/S:
4152 Robert Spencer	Rotherham Harriers	53.50	W/S:	3	154	Andrew Sturrock	Gateshead Harriers & AC	8.61	W/S:
591 Peter Andrews	Doncaster & Stainforth AC	53.56	W/S:	4	106	Glen Reddington	Windsor, Slough & Eton AC	9.19	W/S:
				5	30	Ian Scholes	Trafford AC	9.61	W/S:

## T04 Senior Women 400m Heats

<b>Heat 01</b>				<b>W/S:</b>					<b>W/S:</b>
185 Liz Fairs	Trafford AC	55.98	W/S:						
2150 Bernice Wilson	Birchfield Harriers	56.50	W/S:						
315 Amy Freeman	Spenborough & District	56.85	W/S:						
4126 Kimberley Wainwright	Doncaster & Stainforth AC	1:00.32	W/S:						
579 Katy Lynch	Wombwell	1:07.46	W/S:						

<b>Heat 02</b>			<b>W/S:</b>	<b>Heat 02</b>			<b>W/S:</b>
168 Jordan Fleary	Liverpool Harriers	8.38	W/S:	1 57	Helen Taylor	Wigan Harriers	25.05 W/S:
2158 Robert Henry	Enfield & Haringey AC	8.43	W/S:	2 93	Shona Macpherson	Wigan Harriers	25.52 W/S:
3138 Charlie Kavanagh	City of Sheffield AC	8.70	W/S:	3 109	Amanda Shaw	Barnsley AC	26.23 W/S:
450 Nigel Taylor	City of Norwich	dnf	W/S:	4 169	Juanita Harrison	Trafford AC	26.36 W/S:
				5 67	Kimberley Goodall	Durham University	26.96 W/S:

## T11 Senior Men 400m Semi-Finals

<b>Semi-Final 01</b>			<b>W/S:</b>
192 Adam Rogers	Sale Harriers Manchester	48.69	W/S:
271 Lawrence Baird	Trafford AC	48.90	W/S:
3140 Rabah Yusuf	Border Harriers & AC	48.92	W/S:
428 John Kelley	City of Sheffield AC	49.00	W/S:
564 Thomas Grantham	City of Sheffield AC	51.87	W/S:
6121 Nick Beer	University of Sheffield	52.86	W/S:

<b>Semi-Final 02</b>			<b>W/S:</b>
135 David Brackstone	City of Stoke AC	50.37	W/S:
2100 Adam Bellis	Sale Harriers Manchester	50.78	W/S:
347 James Calbeck	Bury AC	51.49	W/S:
458 Danny Hind	Wigan Harriers	52.36	W/S:
524 Carlo Balsamo	Bury AC	DNF	W/S:
621 Geoff Djan	Birchfield Harriers	DNF	W/S:

## T13 Senior Men 200m Heats

<b>Heat 01</b>			<b>W/S:</b>
112 Allyn Condon	Sale Harriers Manchester	22.96	W/S:
224 Carlo Balsamo	Bury AC	24.03	W/S:
3171 Ian Tinsley	Wirral AC	24.57	W/S:
44 Ben Manchester	Bingley Harriers	25.01	W/S:
52 Simon Curtis	City of Sheffield AC	25.15	W/S:
666 Ian Godwin	Morpeth Harriers & AC	25.36	W/S:

<b>Heat 02</b>			<b>W/S:</b>
148 Andy Wilkinson	Sale Harriers Manchester	22.72	W/S:
232 Michael Beaumont	Sheffield Hallam University AC	23.58	W/S:
3135 Jonathan Wainwright	City of Sheffield AC	23.75	W/S:
418 Stephen Chaisty	Trafford AC	25.15	W/S:
530 Ian Scholes	Trafford AC	25.76	W/S:
626 Nick Monastriotis	Bingley Harriers	26.31	W/S:

<b>Heat 03</b>			<b>W/S:</b>
149 Dan Money	Sale Harriers Manchester	22.56	W/S:
23 Philip Ellershaw	Liverpool Harriers	22.89	W/S:
3143 Andrew Owens	Liverpool Harriers	23.10	W/S:
452 Mark Gilmer	Wakefield District H & AC	23.84	W/S:
578 Alex Thompson	Leeds City AC	23.85	W/S:
654 Peter Hickey	Northern Veterans AC	24.96	W/S:

<b>Heat 04</b>			<b>W/S:</b>
137 Johnathan Shearn	Sale Harriers Manchester	23.48	W/S:
2149 Dean Hardman	Sale Harriers Manchester	23.69	W/S:
386 Theocharis Ispoglou	Bingley Harriers	24.34	W/S:
4106 Glen Reddington	Windsor, Slough & Eton AC	24.77	W/S:
588 Anthony Gotts	Rossendale Harriers & AC	25.07	W/S:

<b>Heat 05</b>			<b>W/S:</b>
69 Tim Ward	Border Harriers & AC	DNF	W/S:
1137 Neil Hewson	Wigan Harriers	22.86	W/S:
2107 Timothy Bradford	Trafford AC	23.66	W/S:
329 Andrew Parker	Sale Harriers Manchester	23.97	W/S:
4141 Anthony Ashton	Bury AC	24.57	W/S:
5167 Adam Rogers	Shildon AC	25.68	W/S:

## T14 Senior Women 200m Heats

<b>Heat 01</b>			<b>W/S:</b>
159 Averil McClelland	Lancaster & Morecambe AC	DQ	W/S:
1161 Susan Deacon	Edinburgh Southern Harriers	24.47	W/S:
2110 Louise Bloor	Trafford AC	25.87	W/S:
3145 Jess Taylor	Nestle Rowntree AC	26.30	W/S:
498 Jackie Noblet	Preston Harriers	27.09	W/S:
511 Rachel Smith	Trafford AC	27.78	W/S:

## T15 Senior Men 1500m FINAL

<b>FINAL</b>			<b>W/S:</b>
1 19	Mark Buckingham	Holmfirth Harriers	3:52.01 W/S:
2 118	Rob Watkinson	Rotherham Harriers	3:52.26 W/S:
3 99	Tim Egerton	Trafford AC	4:02.31 W/S:

## T16 Senior Women 1500m FINAL

<b>FINAL</b>			<b>W/S:</b>
60	Hana Carroll	Liverpool Harriers	DNF W/S:
1 41	Ellie Stevens	Derby AC	4:31.71 W/S:
2 113	Christine Murphy	Liverpool Harriers	4:34.17 W/S:
3 172	Becky Townshend	Leeds City AC	4:43.13 W/S:

## T17 Senior Men 60m FINAL

<b>FINAL</b>			<b>W/S:</b>
1 33	Gerald Phiri	City of Sheffield AC	6.87 W/S:
2 95	Carl Dickinson	Preston Harriers	7.05 W/S:
3 74	Ben Geddes	Gateshead Harriers & AC	7.07 W/S:
4 160	Ricardo Childs	Sheffield University	7.12 W/S:
5 1	Gareth Jones	Sale Harriers Manchester	7.16 W/S:
6 125	John Baines	Middlesbrough AC (Mandale)	7.28 W/S:
7 116	Steve Butterfield	Vale Royal	7.28 W/S:
8 131	David Hughes	Unattached	7.36 W/S:

## T18 Senior Women 60m FINAL

<b>FINAL</b>			<b>W/S:</b>
1 110	Louise Bloor	Trafford AC	7.73 W/S:
2 129	Laura Heslop	Wirral AC	7.89 W/S:
3 55	Sharon Walls	Wigan Harriers	7.91 W/S:
4 104	Fiona Westwood	Wakefield District H & AC	7.96 W/S:
5 103	Maria Morganella	Border Harriers & AC	7.96 W/S:
6 20	Christina Clubly	Kingston upon Hull AC	8.01 W/S:
7 102	Annabelle Lewis	Kingston upon Hull AC	8.07 W/S:
8 109	Amanda Shaw	Barnsley AC	8.10 W/S:

## T19 Senior Men 800m FINAL

<b>FINAL</b>			<b>W/S:</b>
1 108	Drew Graham	Gosforth Harriers	1:53.97 W/S:
2 16	Matthew Nicholson	Gosforth Harriers	1:55.48 W/S:
3 119	Rhian Hastey	Sheffield Hallam University AC	1:56.31 W/S:
4 17	Chris Bryant	Wigan Harriers	1:57.30 W/S:
5 6	Daniel Yates	Matlock Athletic	2:00.55 W/S:
6 81	Simon O'Leary	Lincoln Wellington	2:09.98 W/S:

## T20 Senior Women 800m FINAL

<b>FINAL</b>			<b>W/S:</b>
1 165	Philipa McCrea	Gateshead Harriers & AC	2:13.53 W/S:
2 22	Kathy Wellam	Sale Harriers Manchester	2:29.69 W/S:
3 132	Lisa Tomlinson	Hull Achilles AC	2:30.13 W/S:
4 73	Jennifer Ormerod	Hull Achilles AC	2:37.42 W/S:

## T21 Senior Men 200m Semi-Finals

<b>Semi-Final 01</b>			<b>W/S:</b>
1 12	Allyn Condon	Sale Harriers Manchester	21.71 W/S:
2 137	Neil Hewson	Wigan Harriers	22.55 W/S:
3 107	Timothy Bradford	Trafford AC	22.74 W/S:
4 149	Dean Hardman	Sale Harriers Manchester	23.49 W/S:
5 52	Mark Gilmer	Wakefield District H & AC	23.67 W/S:
6 24	Carlo Balsamo	Bury AC	24.14 W/S:

**Semi-Final 02**

149 Dan Money	Sale Harriers Manchester	22.51	W/S:
232 Michael Beaumont	Sheffield Hallam University AC	23.52	W/S:
329 Andrew Parker	Sale Harriers Manchester	23.79	W/S:
478 Alex Thompson	Leeds City AC	23.98	W/S:
5171 Ian Tinsley	Wirral AC	24.49	W/S:
686 Theocharis Ispoglou	Bingley Harriers	DNS	W/S:

**Semi-Final 03**

148 Andy Wilkinson	Sale Harriers Manchester	22.35	W/S:
23 Philip Ellershaw	Liverpool Harriers	22.68	W/S:
3143 Andrew Owens	Liverpool Harriers	22.70	W/S:
437 Johnathan Shearn	Sale Harriers Manchester	22.92	W/S:
5135 Jonathan Wainwright	City of Sheffield AC	24.21	W/S:
6106 Glen Reddington	Windsor, Slough & Eton AC	DNS	W/S:

**T23 Senior Men 3000m FINAL**

<b>FINAL</b>		<b>W/S:</b>	
199 Tim Egerton	Trafford AC	9:00.37	W/S:
227 Michael Jagger	Lincoln Wellington	9:01.65	W/S:

**T24 Senior Women 3000m FINAL**

<b>FINAL</b>		<b>W/S:</b>	
1168 Laura Carney	Liverpool Harriers	9:41.88	W/S:
260 Hana Carroll	Liverpool Harriers	10:17.77	W/S:

**T25 Senior Men 400m FINAL**

<b>FINAL</b>		<b>W/S:</b>	
1140 Rabah Yusif	Border Harriers & AC	48.57	W/S:
235 David Brackstone	City of Stoke AC	48.75	W/S:
392 Adam Rogers	Sale Harriers Manchester	48.76	W/S:
471 Lawrence Baird	Trafford AC	49.33	W/S:
528 John Kelley	City of Sheffield AC	50.10	W/S:
6100 Adam Bellis	Sale Harriers Manchester	50.64	W/S:

**T26 Senior Women 400m FINAL**

<b>FINAL</b>		<b>W/S:</b>	
185 Liz Fairs	Trafford AC	55.28	W/S:
2150 Bernice Wilson	Birchfield Harriers	55.38	W/S:
377 Katie Jones	Trafford AC	55.43	W/S:
415 Amy Freeman	Spenborough & District	56.77	W/S:
572 Claire Warmington	Trafford AC	59.25	W/S:
6126 Kimberley Wainwright	Doncaster & Stainforth AC	1:01.78	W/S:

**T27 Senior Men 200m FINAL**

<b>FINAL</b>		<b>W/S:</b>	
112 Allyn Condon	Sale Harriers Manchester	21.40	W/S:
249 Dan Money	Sale Harriers Manchester	21.76	W/S:
348 Andy Wilkinson	Sale Harriers Manchester	22.14	W/S:
4137 Neil Hewson	Wigan Harriers	22.56	W/S:
53 Philip Ellershaw	Liverpool Harriers	23.15	W/S:
632 Michael Beaumont	Sheffield Hallam University AC	23.81	W/S:

**T28 Senior Women 200m FINAL**

<b>FINAL</b>		<b>W/S:</b>	
1161 Susan Deacon	Edinburgh Southern Harriers	24.35	W/S:
257 Helen Taylor	Wigan Harriers	24.78	W/S:
393 Shona Macpherson	Wigan Harriers	25.61	W/S:
4110 Louise Bloor	Trafford AC	25.78	W/S:
5109 Amanda Shaw	Barnsley AC	26.03	W/S:
6145 Jess Taylor	Nestle Rowntree AC	26.39	W/S:

**T29****FINAL**

138 Charlie Kavanagh	City of Sheffield AC	DQ	W/S:
131 David Hughes	Unattached	8.09	W/S:
158 Robert Henry	Enfield & Haringey AC	8.26	W/S:
42 Martin Hasilbeck	Sale Harriers Manchester	8.31	W/S:
68 Jordan Fleary	Liverpool Harriers	8.32	W/S:
154 Andrew Sturrock	Gateshead Harriers & AC	8.86	W/S:
106 Glen Reddington	Windsor, Slough & Eton AC	9.33	W/S:
30 Ian Scholes	Trafford AC	9.56	W/S:

**T30****FINAL**

<b>FINAL</b>		<b>W/S:</b>	
55 Sharon Walls	Wigan Harriers	8.63	W/S:
117 Katey Read	Liverpool Harriers	8.69	W/S:
153 Fiona Harrison	Trafford AC	8.80	W/S:
101 Ruth Dales	Wakefield District H & AC	8.92	W/S:
7 Victoria Garrad	Liverpool Harriers	8.99	W/S:
40 Katia Lannon	Sale Harriers Manchester	9.31	W/S:
142 Kristina Porsche	Sheffield University	DNF	W/S:
82 Jenny Pacey	Lincoln Wellington	DNS	W/S:

**Senior Men 60m Hurdles FINAL**

W/S: