

NoEAA Indoor Open Meeting 2

EIS, Sheffield
9/12/06

F01 Senior Shot Putt FINAL

FINAL

1288	Amy Hill (U20W)	City of Sheffield AC	13.02
2186	Bethany Staniland (U20W)	Trafford AC	12.02
3352	Emma Simpson SW	Scunthorpe & District AC	10.98
4401	Hannah Evenden U17W	Leeds City AC	10.43
5360	Tesni Ward U17W	Worksop Harriers	9.99
6423	Amber Merrills U17W	Rotherham Harriers	9.16
7144	Chloe Smith (U17W)	Amber Valley AC	9.06
8407	Claire Lebond U17W	Rotherham Harriers	7.94
9293	Kelly Lawrence (U17W)	Nene Valley Harriers	7.59

F02 U15 Long Jump FINAL

FINAL

124	Charlotte McCormick (U15G)	Derby AC	4.77
265	Suzanne Palmer (U15G)	Derby AC	4.61
326	Annie Waghorn (U15G)	Medway & Maidstone	4.53
42	Kelly Clark (U15G)	City of Sheffield AC	4.33
5338	Eleanor Cresswell	U15GCrewe & Nantwich AC	4.27
638	Lucy Hodgson (U13G)	City of Sheffield AC	4.19
71	Danielle Gilchrist (U15G)	Cleethorpes AC	4.17
853	Claire Hill (U15G)	Holmfirth Harriers	4.06
977	Kirstin Frost (U15G)	Doncaster AC	3.85
10	71 Grace Dennis (U13G)	City of Sheffield AC	3.83
11	10 Abigail Bishell (U13G)	City of Sheffield AC	3.63
12	68 Aneleise Spindley (U15G)	Scunthorpe & District AC	3.49
13	40 Emily Cox (U15G)	City of Sheffield AC	3.47
14	66 Emily Hopkins (U13G)	Derby AC	3.44
15	76 Emily Frost (U13G)	Doncaster AC	3.40
16	13 Amy Strachan (U13G)	Cleethorpes AC	3.01

FINAL

164	Thomas Milnes (U15B)	Oldham & Royton H & AC	5.18
2328	Thomas Kitchen	U15BChesterfield & District AC	5.10
3307	Daniel Needham	U15B Wigan Harriers	5.01
418	Ashley Wren (U15B)	Scunthorpe & District AC	4.96
563	Ryan Thompson (U15B)	Oldham & Royton H & AC	4.50
672	Sam Higgins (U13B)	City of Sheffield AC	4.43
721	Sam Dennis (U15B)	Wakefield District H & AC	4.43
837	Aidan Stoakley (U15B)	West Cheshire AC	4.37
9413	Ashley Clarke U15G	Chesterfield & District AC	4.37
10	49 Liam Ramsay (U15B)	Doncaster AC	4.35
11	87 Michael Hunter	U15B Retford AC	4.33
12	19 Tom Carlyon (U15B)	Scunthorpe & District AC	4.29
13	23 Adam Khan (U13B)	City of Sheffield AC	4.23
14	29 Nicholas Lynch (U15B)	Newark AC	4.19
15	33 Kane Jordan (U13B)	Derby AC	4.18
16	91 Luke Hutchins (U15B)	East Cheshire Harriers	4.16
17	27 Chris Rushton (U15B)	Leeds City AC	4.13
18	305 Luke Murray	U13B Leeds City AC	4.03
19	7 Joe Anderson (U13B)	City of Sheffield AC	4.02
20	70 Joe Burnett (U15B)	Newark AC	3.59

F03 Senior High Jump FINAL

FINAL

1290	Benjamin Mourbey (U20M)	Chesterfield & District AC	1.90
2298	Richard Szarkowski (U20M)	Amber Valley	1.90
3257	Alex Kruger (SM)		1.85
4300	Shaun Cregeen (U20M)	Manx Harriers	1.80
5345	Paul Bateson	SM Hull University AC	1.80

F04 U15 Shot Putt FINAL

FINAL

1	99 Yasmin Spencer (U15G)	Chesterfield & District AC	11.18
2	98 Kirsty Taylor (U15G)	Barnsley AC	9.87
3	90 Hannah Dunderdale (U13G)	Lincoln Wellington	8.36
4	304 Becky Woolley	U13G Mansfield Harriers	8.14
5	65 Suzanne Palmer (U15G)	Derby AC	7.91
6	3 Daniel Dale (U13B)	Retford AC	7.60
7	7 Joe Anderson (U13B)	City of Sheffield AC	7.15
8	418 Jessica Garrod	U15W Scunthorpe & District AC	6.99
9	18 Ashley Wren (U15B)	Scunthorpe & District AC	6.84
10	330 Chelsea Mitchell	U13GSpensborough & District	6.51
11	25 Beth Pattison (U15G)	Scunthorpe & District AC	5.65
12	38 Lucy Hodgson (U13G)	City of Sheffield AC	5.63
13	6 Katie McMunn (U13G)	Lincoln Wellington	4.63

F05 Senior Long Jump FINAL

FINAL

1	337 Sian Kelman	U17W West Cheshire AC	5.12
2	352 Emma Simpson	SW Scunthorpe & District AC	5.07
3	289 Reagan Wright (U20W)	Wakefield District H & AC	4.68
4	125 Bethany Hirst (U17W)	East Cheshire Harriers	4.63
5	130 Laura Rigby (U20W)	Nestle Rowntree AC	4.63
6	309 Jayne Moulding	U20W Louth AC	4.48
7	143 Hannah Brightmore (U17W)	City of Sheffield AC	4.48
8	144 Chloe Smith (U17W)	Amber Valley AC	4.37
9	284 Denise Timmis (SW)	Lincoln Wellington	4.16
10	100 Jo Bullock (U17W)	Bingley Harriers	4.05
11	295 Kathryn Burton (SW)	Charnwood AC	3.92

FINAL

1	406 Jacob Brown	SM Sale Harriers Manchester	6.64
2	152 Lee Blaymire (SM)	Kingston upon Hull AC	6.63
3	292 Samuel Lawrence (U17M)	Nene Valley Harriers	6.13
4	257 Alex Kruger (SM)		5.98
5	345 Paul Bateson	SM Hull University AC	5.95
6	314 Thomas Dunn	SM Unattached	5.91
7	348 Kyle Kerley	U17MLeeds Metropolitan University	5.88
8	302 Matthew Woolley	SM Mansfield Harriers	5.82
9	431 Tom Beaumont	SM Newark AC	5.81
10	335 Aaron Barker	U20MRossendale Harriers & AC	5.46
11	187 Adam Rowland (U17M)	Gateshead Harriers & AC	5.36

T01 U15 60m Hurdles Heats

Heat 01

1	28 Grace Christopher (U15G)	Leeds Carnegie AC	9.35	W/S:
2	325 Yasmin Miller	U13G Derby AC	9.81	W/S:
3	418 Jessica Garrod	U15W Scunthorpe & District AC	10.71	W/S:
4	2 Kelly Clark (U15G)	City of Sheffield AC	10.74	W/S:
5	40 Emily Cox (U15G)	City of Sheffield AC	11.36	W/S:
6	68 Aneleise Spindley (U15G)	Scunthorpe & District AC	12.51	W/S:
7	77 Kirstin Frost (U15G)	Doncaster AC	DNF	W/S:

Heat 02

1	87 Michael Hunter	U15B Retford AC	11.75	W/S:
2	88 Joe Dunderdale (U15B)	Lincoln Wellington	12.07	W/S:
3	89 Haran Dunderdale (U13B)	Lincoln Wellington	12.68	W/S:

T02 Senior 3000m Walk Heats

Heat 01

1	242 Anthony Bell (SM40)	Lancashire Walking Club	16:56.38	W/S:
2	85 Danya Sarayreh (U15G)	City of Sheffield AC	17:39.17	W/S:
3	212 Tyler Bower (U15B)	City of Sheffield AC	18:04.19	W/S:
4	86 Eddie Brebner (U15B)	City of Sheffield AC	18:16.89	W/S:
5	244 Ashley Riches (U17M)	City School	19:35.29	W/S:
6	243 Peter Bilson (SM)	City of Sheffield AC	23:08.44	W/S:

T03 Senior 60m Heats**Heat 01**

			W/S:
1229	Simon Farenden (SM)	Trafford AC	7.05 W/S:
2406	Jacob Brown SM	Sale Harriers Manchester	7.15 W/S:
3148	Richard Buck (SM)	Nestle Rowntree AC	7.16 W/S:
4136	Tom Bennington (U20M)	Nestle Rowntree AC	7.19 W/S:
5430	Mike Beaumont SM	Newark AC	7.22 W/S:
6327	Eldridge Phiri SM	City of Sheffield AC	7.24 W/S:
7357	Liam Collins SM	Gateshead Harriers & AC	7.39 W/S:
8411	Owusu Dako SM	Sale Harriers Manchester	7.46 W/S:

Heat 02

			W/S:
1234	D J Tobais (U17M)	Bedford County	7.25 W/S:
2302	Matthew Woolley SM	Mansfield Harriers	7.32 W/S:
3135	Andrew Szarkowski (U20M)	Amber Valley AC	7.40 W/S:
4129	Johnathan Harker (U17M)	Preston Harriers	7.42 W/S:
5344	Robert Blake U17M	Macclesfield Harriers	7.43 W/S:
6124	Sam Stone (U20M)	Amber Valley AC	7.47 W/S:
7313	Anthony Timms U20M	Leeds City AC	7.53 W/S:
8116	Jamie Bradbury (U17M)	Lancaster & Morecambe AC	7.62 W/S:

Heat 03

			W/S:
1412	Umar Hameed U20M	Leeds City AC	7.34 W/S:
2248	Joshua Cartledge (U20M)	Amber Valley AC	7.41 W/S:
3104	Dale Jacob (U17M)	Mansfield Harriers	7.47 W/S:
4251	Jonny Towns (U20M)	Sale Harriers Manchester	7.51 W/S:
5219	Martin White (SM35)	Mansfield Harriers	7.62 W/S:
6348	Kyle Kerley U17M	Leeds Metropolitan University	7.77 W/S:

Heat 04

			W/S:
1109	Shaun Rathbone (U17M)	Amber Valley AC	7.45 W/S:
2137	Ben Samuels (U17M)	City of Sheffield AC	7.47 W/S:
3341	Jack McRae U20M	Cleethorpes AC	7.58 W/S:
4306	Adam Parkinson U17M	Scunthorpe & District AC	7.60 W/S:
5111	Ash Hannay (U17M)	Cleethorpes AC	7.62 W/S:
6102	Stefan Wilcockson (SM)	Mansfield Harriers	7.76 W/S:
7420	Michael Aspden U17M	Ribble Valley AC	7.90 W/S:
8346	Gareth Moreton U17M	Rotherham Harriers	8.07 W/S:

Heat 05

			W/S:
1317	James Sleigh U20M	Leeds City AC	7.65 W/S:
2149	James Carey (U17M)	Macclesfield Harriers	7.67 W/S:
3298	Richard Szarkowski (U20M)	Amber Valley	7.74 W/S:
4218	James Caine (U20M)	Bingley Harriers	7.83 W/S:
5158	Daniel Harmes (U17M)	Scunthorpe & District AC	7.84 W/S:
6119	Julia White (SW)	Boston & District AC	7.93 W/S:
7156	Stephen Swaby (SM)	Lincoln Wellington	8.01 W/S:
8110	David Wolstenholme (U20M)	Kingston upon Hull AC	8.05 W/S:

Heat 06

			W/S:
1250	Joshua Cayenne (U20M)	Spenborough & District	7.28 W/S:
2436	Ricky Reeves U7M	City of Sheffield AC	7.75 W/S:
3237	Tom Walley (U20M)	West Cheshire AC	7.86 W/S:
4114	Sharon Walls (SW)	Wigan Harriers	8.00 W/S:
5318	Josh Green U17M	Wakefield District H & AC	8.01 W/S:
6361	Tom Charnock U17M	East Cheshire Harriers	8.10 W/S:
7154	Liam Summers (U17M)	Nestle Rowntree AC	8.15 W/S:
8404	Esmail Karim U17M	Silverdale School	8.58 W/S:

Heat 07

			W/S:
1227	Kieran Munnely (U17M)	Charnwood AC	7.44 W/S:
2132	Mathew Wilson (U17M)	Chesterfield & District AC	7.82 W/S:
3326	Gary Wyn-Jones SM	Deeside AC	7.88 W/S:
4337	Sian Kelman U17W	West Cheshire AC	8.08 W/S:
5252	Chris Ashmore (SM45)	Mansfield Harriers	8.15 W/S:
6433	Andrew Moss U17M	Hallamshire Harriers	8.17 W/S:
7217	Daisy Flynn-Piercy (U17W)	West Cheshire AC	8.31 W/S:

Heat 08

			W/S:
1408	Diane Borg	Starmax Athletics (Malta)	7.95 W/S:
2123	Nicola Pearson (U17W)	Gateshead Harriers & AC	8.07 W/S:
3105	Leanne Shaw (U17W)	Richmond & Zetland AC	8.12 W/S:
4113	Vicki Seller (U17W)	Nestle Rowntree AC	8.36 W/S:
5112	Claudia Rogers (U17W)	Amber Valley AC	8.45 W/S:
6410	Brogan Fraser U17M	Richmond & Zetland AC	8.45 W/S:

Heat 09

			W/S:
1	249	Desire Mupudzi (U20M)	Retford AC 7.77 W/S:
2	145	Ben Jones (U17M)	Halifax Harriers 8.20 W/S:
3	138	Faye Mitchell (U17W)	Wakefield District H & AC 8.37 W/S:
4	125	Bethany Hirst (U17W)	East Cheshire Harriers 8.38 W/S:
5	128	Jess Foster (U17W)	Nestle Rowntree AC 8.39 W/S:
6	352	Emma Simpson SW	Scunthorpe & District AC 8.44 W/S:
7	130	Laura Rigby (U20W)	Nestle Rowntree AC 8.46 W/S:

Heat 10

			W/S:
1	143	Hannah Brightmore (U17W)	City of Sheffield AC 8.46 W/S:
2	231	Shireen Timmis (U17W)	Lincoln Wellington 8.46 W/S:
3	226	Callan Hatton (U17M)	Crewe & Nantwich AC 8.47 W/S:
4	159	Kirsty Parr (U20W)	Leeds City AC 8.49 W/S:
5	155	Hayley Strachan (U17W)	Cleethorpes AC 8.67 W/S:
6	144	Chloe Smith (U17W)	Amber Valley AC 8.71 W/S:
7	107	Hayley Fox (SW)	Lincoln Wellington 9.35 W/S:
8	424	Alex Bellard U17W	Ribble Valley AC 10.35 W/S:

Heat 11

			W/S:
1	315	Tony Wells M55	Corby AC 8.45 W/S:
2	329	Ian Cooley M45	Rotherham Harriers 8.46 W/S:
3	127	Simon Pugh (SM45)	Rotherham Harriers 8.95 W/S:
4	360	Tesni Ward U17W	Worksop Harriers 8.97 W/S:
5	146	Peter Wright (SM45)	Midland Vets 9.09 W/S:
6	356	Rodney Clark M80	Northern Vets AC 11.77 W/S:

T04 U15 60m Heats**Heat 01**

			W/S:
1	336	James Armstrong U15B	Southport Waterloo AC 7.47 W/S:
2	16	James Buck (U15B)	Nestle Rowntree AC 7.95 W/S:
3	405	Shane Henry U15B	Birchfield Harriers 7.97 W/S:
4	307	Daniel Needham U15B	Wigan Harriers 8.09 W/S:
5	14	Ben Levers-Riley (U15B)	Mansfield Harriers 8.18 W/S:
6	28	Grace Christopher (U15G)	Leeds Carnegie AC 8.25 W/S:

Heat 02

			W/S:
1	64	Thomas Milnes (U15B)	Oldham & Royton H & AC 8.20 W/S:
2	21	Sam Dennis (U15B)	Wakefield District H & AC 8.25 W/S:
3	416	Rachel Trelour U15G	West Cheshire AC 8.28 W/S:
4	63	Ryan Thompson (U15B)	Oldham & Royton H & AC 8.31 W/S:
5	24	Charlotte McCormick (U15G)	Derby AC 8.45 W/S:
6	67	Calum Gardner (U15B)	Derby AC 8.55 W/S:

Heat 03

			W/S:
1	82	Zach Hooper (U15B)	Amber Valley AC 8.07 W/S:
2	80	Joe Williamson (U15B)	Charnwood AC 8.19 W/S:
3	19	Tom Carlyon (U15B)	Scunthorpe & District AC 8.34 W/S:
4	18	Ashley Wren (U15B)	Scunthorpe & District AC 8.35 W/S:
5	91	Luke Hutchins (U15B)	East Cheshire Harriers 8.41 W/S:
6	440	Jack Chattoway U15B	8.41 W/S:
7	26	Annie Waghorn (U15G)	Medway & Maidstone 8.65 W/S:
8	5	Nicola Keegan (U15G)	Medway & Maidstone 8.79 W/S:

Heat 04

			W/S:
1	37	Aidan Stoakley (U15B)	West Cheshire AC 8.32 W/S:
2	65	Suzanne Palmer (U15G)	Derby AC 8.33 W/S:
3	12	Samantha Galley (U15G)	West Cheshire AC 8.40 W/S:
4	62	Ciara Flannery (U13G)	Spenborough & District 8.57 W/S:
5	70	Joe Burnett (U15B)	Newark AC 8.68 W/S:
6	29	Nicholas Lynch (U15B)	Newark AC 8.75 W/S:
7	32	Jessica Robinson (U15G)	10.59 W/S:

Heat 05

			W/S:
1	2	Kelly Clark (U15G)	City of Sheffield AC 8.52 W/S:
2	83	Leah Ferrie (U15G)	West Cheshire AC 8.53 W/S:
3	324	Ryan Miller U13B	Derby AC 8.58 W/S:
4	402	Fuad Hassan U15B	8.59 W/S:
5	69	Jess Hogg (U15G)	Hallamshire Harriers 8.63 W/S:
6	72	Sam Higgins (U13B)	City of Sheffield AC 8.67 W/S:
7	325	Yasmin Miller U13G	Derby AC 8.86 W/S:
8	81	Sarah Brownlee (U15G)	Unattached 8.88 W/S:

Heat 06		W/S:	
110 Abigail Bishell (U13G)	City of Sheffield AC	8.39*	W/S:
2426 Alex Betsworth U15M	City of Sheffield AC	8.61*	W/S:
3338 Eleanor Cresswell U15G	Crewe & Nantwich AC	8.64*	W/S:
425 Beth Pattison (U15G)	Scunthorpe & District AC	8.75*	W/S:
590 Hannah Dunderdale (U13G)	Lincoln Wellington	8.92*	W/S:
631 Elliot Wilson (U13B)	City of Sheffield AC	9.05*	W/S:
71 Danielle Gilchrist (U15G)	Cleethorpes AC	9.14*	W/S:

Heat 07		W/S:	
127 Chris Rushton (U15B)	Leeds City AC	8.76	W/S:
233 Kane Jordan (U13B)	Derby AC	8.85	W/S:
334 Indra Davies (U13G)	Retford AC	8.90	W/S:
423 Adam Khan (U13B)	City of Sheffield AC	9.01	W/S:
5441 Jessica Blearley U15G	Halifax Harriers	9.04	W/S:
6305 Luke Murray U13B	Leeds City AC	9.11	W/S:

Heat 08		W/S:	
18 Danielle Gash (U13G)	City of Sheffield AC	8.87	W/S:
23 Daniel Dale (U13B)	Retford AC	8.98	W/S:
371 Grace Dennis (U13G)	City of Sheffield AC	9.19	W/S:
466 Emily Hopkins (U13G)	Derby AC	9.34	W/S:
59 Laura McMunn (U15G)	Lincoln Wellington	9.48	W/S:
673 Lauren Frost (U13G)	Doncaster AC	10.22	W/S:

Heat 09		W/S:	
135 Lauren Cunliffe (U13G)	East Cheshire Harriers	9.28	W/S:
217 Jack Eddy (U13B)	Retford AC	9.35	W/S:
3330 Chelsea Mitchell U13G	Spenborough & District	9.60	W/S:
489 Haran Dunderdale (U13B)	Lincoln Wellington	9.61	W/S:
56 Katie McMunn (U13G)	Lincoln Wellington	9.62	W/S:

Heat 10		W/S:	
1304 Becky Woolley U13G	Mansfield Harriers	9.47	W/S:
220 Lucy Eddy (U15G)	Retford AC	9.58	W/S:
3Keira Abbott (U13G)	Mansfield Harriers	9.65	W/S:
4449 Declan Cockin U13B	City of Sheffield AC	10.27	W/S:
513 Amy Strachan (U13G)	Cleethorpes AC	10.30	W/S:

T05 Senior 1000m Heats

Heat 01		W/S:	
1333 Rob Ingham SM	Oldham & Royton H & AC	2:30.09	W/S:
2311 Andrew Stanton U20M	Chester-le-Street AC	2:31.13	W/S:
3419 Nathan Riding U20M	Ribble Valley AC	2:35.15	W/S:
4349 Paul Harmer SM	Charnwood AC	2:35.86	W/S:
5414 James Griffiths U20M	Vale Royal	2:36.02	W/S:
6199 Robbie Schofield (U17M)	Ribble Valley AC	2:36.33	W/S:
7409 Mario Debono	Starmax Athletics (Malta)	2:36.36	W/S:
8342 Josh Moody U17M	Matlock AC	2:39.68	W/S:
9343 Dan Yates SM	Matlock AC	2:40.51	W/S:

Heat 02		W/S:	
1246 Aidan Reid (U20M)	Mansfield Harriers	2:36.63	W/S:
2208 Russell Best (U17M)	New Marske Harriers	2:38.91	W/S:
3201 Mark Gardner (SM)	Lancaster & Morecambe AC	2:39.38	W/S:
4210 Joe Basquill (U17M)	Ribble Valley AC	2:41.12	W/S:
5334 Reece Hendley U20M	Oldham & Royton H & AC	2:42.57	W/S:
6353 Michael Evans U20M	Southport Waterloo AC	2:42.84	W/S:
7335 Aaron Barker U20M	Rossendale Harriers & AC	2:42.89	W/S:
8169 James Palmer (U20M)	Nestle Rowntree AC	2:44.16	W/S:
9209 Simon Dearden (U20M)	Halifax Harriers	2:44.18	W/S:

Heat 03		W/S:	
1432 James Mee U20M	Mansfield Harriers	2:42.50	W/S:
2200 Ken Harker (SM)	Richmond & Zetland AC	2:45.36	W/S:
3204 Iain Lynn (U17M)	Nestle Rowntree AC	2:46.74	W/S:
4167 Michael Mumford (U20M)	Mansfield Harriers	2:46.92	W/S:
5350 Kevin Pye M45	Charnwood AC	2:53.76	W/S:
6439 Alstazr Young SM	Bingley Harriers	2:57.25	W/S:
7316 Robert Spencer M40	Doncaster AC	2:58.22	W/S:
8206 Sam Clark (U17M)	Retford AC	2:58.49	W/S:

Heat 04		W/S:	
1 247 Tom Parker U17M	Derby AC	2:54.39	W/S:
2 197 Ellie Stevens (SW)	Derby AC	2:55.44	W/S:
3 171 Michael Hlland (U20M)	Derby AC	3:01.26	W/S:
4 347 Georgia Milton U17W	Mansfield Harriers	3:01.87	W/S:
5 310 Rochelle Harrison U17W	Louth AC	3:04.35	W/S:
6 193 Aimee Booth (SW)	Derby AC	3:12.21	W/S:
7 403 Otmani Mohammed U17M		3:18.60	W/S:

Heat 05		W/S:	
1 450 Mitchell Robinson U17M	Chesterfield & District AC	2:52.44	W/S:
2 192 Alan Maddocks (SM50+)	Mansfield Harriers	3:12.14	W/S:
3 226 Callan Hatton (U17M)	Crewe & Nantwich AC	3:14.12	W/S:
4 211 Luke Watson (U17M)	Ribble Valley AC	3:14.32	W/S:
5 127 Simon Pugh (SM45)	Rotherham Harriers	3:24.61	W/S:
6 61 Emily Reeve (U17W)	Mansfield Harriers	3:35.55	W/S:
7 256 Annabel Ralph (U17W)	Ribble Valley AC	3:42.78	W/S:
8 417 Shelley Walsh W50	Spectrum Striders	3:59.92	W/S:

T06 U15 1000m Heats

Heat 01		W/S:	
1 354 Ryan Childs U15B	Mansfield Harriers	2:58.44	W/S:
2 49 Liam Ramsay (U15B)	Doncaster AC	3:02.48	W/S:
3 55 Calli Thackery (U15G)	Hallamshire Harriers	3:05.40	W/S:
4 355 Christie Childs U15G	Mansfield Harriers	3:06.49	W/S:
5 443 Flinn Watson U15B	Matlock Athletic	3:07.55	W/S:
6 60 Anthony Hauseeman (U15B)	Rossendale Harriers & AC	3:07.63	W/S:
7 56 Scott Edwards (U13B)	Derby AC	3:13.35	W/S:
8 79 Hannah Jacobsen (U15G)	Kingston upon Hull AC	3:14.90	W/S:
9 51 Chloe Bradley (U15G)	Retford AC	3:16.23	W/S:

Heat 02		W/S:	
1 88 Joe Dunderdale (U15B)	Lincoln Wellington	3:06.73	W/S:
2 67 Calum Gardner (U15B)	Derby AC	3:06.82	W/S:
3 305 Luke Murray U13B	Leeds City AC	3:17.78	W/S:
4 52 Vicki Lawrence (U15G)	Lincoln Wellington	3:24.42	W/S:
5 58 Zak Simpson (U15B)	Chesterfield & District AC	3:26.17	W/S:
6 53 Claire Hill (U15G)	Holmfirth Harriers	3:28.28	W/S:
7 75 Amy Potter (U15G)	Hallamshire Harriers	3:30.26	W/S:
8 59 Abbie Thistlethwaite (U15G)	Ribble Valley AC	3:39.61	W/S:

Heat 03		W/S:	
1 89 Haran Dunderdale (U13B)	Lincoln Wellington	3:30.20	W/S:
2 77 Kirstin Frost (U15G)	Doncaster AC	3:39.30	W/S:
3 452 Matilda Moulam U13G	City of Sheffield AC	3:47.05	W/S:
4 427 Gabby Charnley U13G	Ribble Valley AC	3:51.28	W/S:
5 57 Jessica Fountain (U15G)	Scunthorpe & District AC	3:53.41	W/S:
6 76 Emily Frost (U13G)	Doncaster AC	3:54.34	W/S:
7 78 Emily Hatton (U15G)	Crewe & Nantwich AC	3:58.16	W/S:

T07 U15 150m Heats		W/S:	
1 405 Shane Henry U15B	Birchfield Harriers	18.50	W/S:
2 82 Zach Hooper (U15B)	Amber Valley AC	18.52	W/S:
3 16 James Buck (U15B)	Nestle Rowntree AC	18.87	W/S:
4 80 Joe Williamson (U15B)	Charnwood AC	19.41	W/S:
5 45 Scott Douglas (U15B)	Derby AC	19.59	W/S:
6 416 Rachel Trelour U15G	West Cheshire AC	20.09	W/S:

Heat 02		W/S:	
1 12 Samantha Galley (U15G)	West Cheshire AC	19.75	W/S:
2 440 Jack Chattoway U15B		19.79	W/S:
3 21 Sam Dennis (U15B)	Wakefield District H & AC	19.83	W/S:
4 42 Faye Morton (U15G)	Hallamshire Harriers	20.39	W/S:
5 39 Sophie Warnock (U15G)	Derby AC	20.83	W/S:

Heat 03		W/S:	
1 83 Leah Ferrie (U15G)	West Cheshire AC	20.24	W/S:
2 26 Annie Waghorn (U15G)	Medway & Maidstone	20.62	W/S:
3 402 Fuad Hassan U15B		20.71	W/S:
4 69 Jess Hogg (U15G)	Hallamshire Harriers	20.72	W/S:
5 5 Nicola Keegan (U15G)	Medway & Maidstone	20.73	W/S:
6 33 Kane Jordan (U13B)	Derby AC	21.17	W/S:

Heat 04		W/S:	Heat 02		W/S:
114 Ben Levers-Riley (U15B)	Mansfield Harriers	19.30 W/S:	1 359	Martin Cook SM	Mansfield Harriers 35.48 W/S:
262 Ciara Flannery (U13G)	Spenborough & District	20.29 W/S:	2 357	Liam Collins SM	Gateshead Harriers & AC 35.90 W/S:
370 Joe Burnett (U15B)	Newark AC	20.95 W/S:	3 135	Andrew Szarkowski (U20M)	Amber Valley AC 36.05 W/S:
481 Sarah Brownlee (U15G)	Unattached	21.07 W/S:	4 323	Jonathan Hiorns SM	Nottingham University AC 36.38 W/S:
529 Nicholas Lynch (U15B)	Newark AC	21.36 W/S:	5 451	Adam Ree U20M	Sale Harriers Manchester 36.51 W/S:
690 Hannah Dunderdale (U13G)	Lincoln Wellington	22.34 W/S:			

Heat 05		W/S:	Heat 03		W/S:
1336 James Armstrong	U15BSouthport Waterloo AC	17.52 W/S:	1 327	Eldridge Phiri SM	City of Sheffield AC 36.79 W/S:
263 Ryan Thompson (U15B)	Oldham & Royton H & AC	19.78 W/S:	2 241	Steven Garrett (U20M)	Bracknell AC 37.22 W/S:
310 Abigail Bishell (U13G)	City of Sheffield AC	20.13 W/S:	3 162	Mark Fallaize (SM)	Vale of Aylesbury 38.10 W/S:
464 Thomas Milnes (U15B)	Oldham & Royton H & AC	20.35 W/S:	4 187	Adam Rowland (U17M)	Gateshead Harriers & AC 38.96 W/S:
5325 Yasmin Miller	U13G Derby AC	20.51 W/S:	5 415	Mark Smith SM	Wakefield District H & AC 39.02 W/S:
644 Tess Parkinson (U15G)	Ribble Valley AC	22.72 W/S:	6 409	Mario Debono	Starmax Athletics (Malta) 39.25 W/S:

Heat 06		W/S:	Heat 04		W/S:
184 Marcus Nixey (U15B)	Wakefield District H & AC	19.87 W/S:	1 136	Tom Bennington (U20M)	Nestle Rowntree AC 35.94 W/S:
249 Liam Ramsay (U15B)	Doncaster AC	20.27 W/S:	2 442	Callum Rickhuss U20M	City of Sheffield AC 37.21 W/S:
324 Charlotte McCormick (U15G)	Derby AC	20.39 W/S:	3 435	Mark Gilmer SM	Leeds City AC 38.36 W/S:
4324 Ryan Miller	U13B Derby AC	20.54 W/S:	4 232	Darran Askew (SM35)	Doncaster AC 38.57 W/S:
567 Calum Gardner (U15B)	Derby AC	20.61 W/S:	5 189	Jamie Bennett (U20M)	Hallamshire Harriers 39.03 W/S:
688 Joe Dunderdale (U15B)	Lincoln Wellington	21.77 W/S:			

Heat 07		W/S:	Heat 05		W/S:
125 Beth Pattison (U15G)	Scunthorpe & District AC	20.69 W/S:	1 151	Robert Henry (SM)	Kingston upon Hull AC 36.48 W/S:
2338 Eleanor Cresswell	U15GCrewe & Nantwich AC	20.94 W/S:	2 301	Andrew Parker SM	Altrincham & District 38.27 W/S:
38 Danielle Gash (U13G)	City of Sheffield AC	21.57 W/S:	3 102	Stefan Wilcockson (SM)	Mansfield Harriers 38.58 W/S:
43 Daniel Dale (U13B)	Retford AC	22.22 W/S:	4 421	Ian U17M	Ribble Valley AC 39.62 W/S:
571 Grace Dennis (U13G)	City of Sheffield AC	22.67 W/S:	5 420	Michael Aspden U17M	Ribble Valley AC 40.73 W/S:
638 Lucy Hodgson (U13G)	City of Sheffield AC	22.82 W/S:			

Heat 08		W/S:	Heat 06		W/S:
134 Indra Davies (U13G)	Retford AC	21.73 W/S:	1 412	Umar Hameed U20M	Leeds City AC 37.06 W/S:
240 Emily Cox (U15G)	City of Sheffield AC	22.35 W/S:	2 104	Dale Jacob (U17M)	Mansfield Harriers 37.22 W/S:
39 Laura McMunn (U15G)	Lincoln Wellington	23.05 W/S:	3 313	Anthony Timms U20M	Leeds City AC 37.91 W/S:
466 Emily Hopkins (U13G)	Derby AC	23.11 W/S:	4 188	Daniel Robinson (U17M)	Cleethorpes AC 38.99 W/S:
56 Katie McMunn (U13G)	Lincoln Wellington	23.89 W/S:	5 335	Aaron Barker U20M	Rossendale Harriers & AC 39.55 W/S:
631 Elliot Wilson (U13B)	City of Sheffield AC	DQ W/S:	6 181	Craig Bethell (U20M)	Amber Valley AC 43.73 W/S:

Heat 09		W/S:	Heat 07		W/S:
172 Sam Higgins (U13B)	City of Sheffield AC	21.00 W/S:	1 191	Lewis Stead (U20M)	Kingston upon Hull AC 37.75 W/S:
268 Aneleise Spindley (U15G)	Scunthorpe & District AC	22.41 W/S:	2 116	Jamie Bradbury (U17M)	Lancaster & Morecambe AC 38.78 W/S:
31 Danielle Gilchrist (U15G)	Cleethorpes AC	22.66 W/S:	3 219	Martin White (SM35)	Mansfield Harriers 39.00 W/S:
4Keira Abbott (U13G)	Mansfield Harriers	22.91 W/S:	4 346	Gareth Moreton U17M	Rotherham Harriers 39.32 W/S:
5441 Jessica Blearley	U15G Halifax Harriers	DNF W/S:	5 175	Chris Cox (SM)	Bingley Harriers 39.35 W/S:
			6 163	David Dempsey (U17M)	Longwood Harriers AC 40.07 W/S:

Heat 10		W/S:	Heat 08		W/S:
191 Luke Hutchins (U15B)	East Cheshire Harriers	20.59 W/S:	1 344	Robert Blake U17M	Macclesfield Harriers 38.06 W/S:
235 Lauren Cunliffe (U13G)	East Cheshire Harriers	22.37 W/S:	2 326	Gary Wyn-Jones SM	Deeside AC 39.82 W/S:
320 Lucy Eddy (U15G)	Retford AC	23.68 W/S:	3 169	James Palmer (U20M)	Nestle Rowntree AC 39.98 W/S:
4449 Declan Cockin	U13B City of Sheffield AC	25.31 W/S:	4 257	Alex Kruger (SM)	40.93 W/S:
513 Amy Strachan (U13G)	Cleethorpes AC	26.28 W/S:	5 425	Leigh Lennon U17W	Ribble Valley AC 42.93 W/S:
			6 182	Ashleigh Williams (U20W)	Ribble Valley AC 43.64 W/S:

Heat 11		W/S:	Heat 09		W/S:
127 Chris Rushton (U15B)	Leeds City AC	21.20 W/S:	1 341	Jack McRae U20M	Cleethorpes AC 38.51 W/S:
2426 Alex Betsworth	U15M City of Sheffield AC	21.25 W/S:	2 109	Shaun Rathbone (U17M)	Amber Valley AC 39.02 W/S:
323 Adam Khan (U13B)	City of Sheffield AC	21.37 W/S:	3 246	Aidan Reid (U20M)	Mansfield Harriers 40.46 W/S:
4305 Luke Murray	U13B Leeds City AC	22.00 W/S:	4 156	Stephen Swaby (SM)	Lincoln Wellington 41.54 W/S:
			5 221	Gareth Hepworth (SM)	Wakefield District H & AC 41.84 W/S:

T08 Senior 300m Heats

Heat 01		W/S:	Heat 10		W/S:
1148 Richard Buck (SM)	Nestle Rowntree AC	34.46 W/S:	1 176	Stephen Richardson (U17M)	Kingston upon Hull AC 40.21 W/S:
2153 Phillip Norfolk (SM)	Kingston upon Hull AC	34.57 W/S:	2 433	Andrew Moss U17M	Hallamshire Harriers 40.75 W/S:
3239 John Kelley (SM)	City of Sheffield AC	35.35 W/S:	3 408	Diane Borg	Starmax Athletics (Malta) 41.54 W/S:
4250 Joshua Cayenne (U20M)	Spenborough & District	35.50 W/S:	4 448	Mikaela Harrison U20W	Wakefield District H & AC 41.79 W/S:
5180 Christopher Smith (U20M)	Wirral AC	36.57 W/S:	5 165	Emma Williams (SW)	Sheffield Hallam University AC 42.28 W/S:
6253 Thomas Grantham (SM)	City of Sheffield AC	36.58 W/S:	6 340	Tom Atkin U17M	Cleethorpes AC 42.30 W/S:

Heat 11		W/S:
1 149	James Carey (U17M)	Macclesfield Harriers 39.91 W/S:
2 254	Nicholas Phelps (U17M)	Middlesbrough AC (Mandale) 40.83 W/S:
3 172	Antony Gregory (U17M)	Buxton AC 42.00 W/S:
4 444	Lendl Taylor U17M	City of Sheffield AC 42.03 W/S:
5 112	Claudia Rogers (U17W)	Amber Valley AC 43.41 W/S:
6 310	Rochelle Harrison U17W	Louth AC 44.08 W/S:

Heat 12			W/S:
1111	Ash Hannay (U17M)	Cleethorpes AC	41.53 W/S:
2123	Nicola Pearson (U17W)	Gateshead Harriers & AC	41.91 W/S:
3173	Gail Lippitt (U20W)	Wrexham AC	43.07 W/S:
4179	Abby Glover (U17W)	Derby AC	43.16 W/S:
574	Lauren Potter (U15G)	Hallamshire Harriers	43.46 W/S:

Heat 13			W/S:
1105	Leanne Shaw (U17W)	Richmond & Zetland AC	42.33 W/S:
2238	Abbie Vernon (U17W)	Rotherham Harriers	44.43 W/S:
3453	Ellie Mosley U17W	Rotherham Harriers	44.71 W/S:
4319	Nicola Barnes U20W	Ribble Valley AC	47.57 W/S:
5190	Clare Bunting (U17W)	Ribble Valley AC	47.93 W/S:
6420	Michael Aspden U17M	Ribble Valley AC	49.09 W/S:

Heat 14			W/S:
1309	Jayne Moulding U20W	Louth AC	43.86 W/S:
2113	Vicki Sellar (U17W)	Nestle Rowntree AC	44.08 W/S:
3138	Faye Mitchell (U17W)	Wakefield District H & AC	44.30 W/S:
4186	Bethany Staniland (U20W)	Trafford AC	44.35 W/S:
5403	Otmani Mohammed U17M		46.94 W/S:
6308	Kelly King SW	Charnwood AC	47.38 W/S:

Heat 15			W/S:
1178	Charlotte Vaughan (U20W)	Rotherham Harriers	44.65 W/S:
2128	Jess Foster (U17W)	Nestle Rowntree AC	45.24 W/S:
3155	Hayley Strachan (U17W)	Cleethorpes AC	45.44 W/S:
4228	Charlotte Maxted (U20W)	Nestle Rowntree AC	46.07 W/S:
5410	Brogan Fraser U17M	Richmond & Zetland AC	47.33 W/S:
6166	Sarah Jones (U20W)	Wakefield District H & AC	47.47 W/S:

Heat 16			W/S:
154	Abbie Dowling (U15G)	Ribble Valley AC	48.13 W/S:
2362	Amy Crabtree U17W	Ribble Valley AC	49.14 W/S:
3184	Heather Williams (U17W)	Ribble Valley AC	53.02 W/S:
4424	Alex Bellard U17W	Ribble Valley AC	53.43 W/S:
5445	Carlton Taylor SM	City of Sheffield AC	DQ W/S:

Heat 17			W/S:
1160	Malcolm Bramhall (SM45)	Lincoln Wellington	41.08 W/S:
2252	Chris Ashmore (SM45)	Mansfield Harriers	41.67 W/S:
3350	Kevin Pye M45	Charnwood AC	42.70 W/S:
4315	Tony Wells M55	Corby AC	43.54 W/S:
5127	Simon Pugh (SM45)	Rotherham Harriers	64.04 W/S:

T09 Senior 3000m Heats

Heat 01			W/S:
1214	Glen Comish (SM)	Sale Harriers Manchester	8:19.96 W/S:
2456	Sean Durrane SM	Leeds City AC	8:26.78 W/S:
3224	Ian Grime (SM)	Newham & Essex Beagles	8:46.60 W/S:
4457	Stephen Lisgo SM	Mansfield Harriers	8:50.19 W/S:
5203	Mick Jagger (SM35)	Lincoln Wellington	8:55.96 W/S:
6215	Chris Price (U20M)	Wakefield District H & AC	9:08.93 W/S:
7332	Ashley Sabin U20M	Notts AC	9:30.10 W/S:

Heat 02			W/S:
1454	Kris Leeher U20M	Hull Achilles AC	9:10.67 W/S:
2331	Steven Gascoyne SM	Chesterfield & District AC	9:16.38 W/S:
3204	Iain Lynn (U17M)	Nestle Rowntree AC	9:22.99 W/S:
4455	Malcolm Eustace Vet45	Tipton Harriers	9:28.30 W/S:
5195	Chris Ireland (SM45)	City of Sheffield AC	9:39.26 W/S:
6441	Sarah Hopkinson U20W	Gloucester AC	9:38.75 W/S:
7458	John Cox SM	Hallamshire Harriers	9:46.57 W/S:
8320	Nicola Squires SW	Hallamshire Harriers	10:05.81 W/S:
9171	Michael Hulland (U20M)	Derby AC	10:45.15 W/S: