

# NoEAA Indoor Open Meeting 2

EIS, Sheffield  
15/12/07

## F01 Senior Shot Putt FINAL

### FINAL POOL A

1	250	Lewis Stead 20M	Kingston upon Hull AC	12.84
2	353	Chris Mee SM	Charnwood AC	12.66
3	334	Matthew Woolley Sm	Mansfield Harriers	12.40
4	178	John Twiddle SM	Kingston upon Hull AC	11.31
5	192	Troy Kennedy SM	Doncaster AC	10.69
6	131	Chris Duck SM	City of Sheffield AC	10.65
7	208	Darren Thomas SM	Wakefield District H & AC	10.63
8	287	Craig Westerman 17M	Wakefield District H & AC	10.47
9	232	Stephen Wren SM	Radley	9.62
10	131	Chris Duck SM	City of Sheffield AC	9.49
11	335	Steve Woolley VM45	Mansfield Harriers	9.39
12	112	Richard Martin SM	Spenborough & District	9.09
13	118	Karl Evenden 17M	Leeds City AC	8.78

### FINAL POOL B

1	193	Debbie Collinson SW	Wakefield District H & AC	11.73
2	373	Yasmin Spencer 17W	Chesterfield & District AC	11.70
3	207	Fiona Thomas SW	Wakefield District H & AC	11.00
4	349	Amber Merrills 17W	Rotherham Harriers	10.39

5	204	Hannah Lupton 17W	Preston AC	8.07
6	140	Ros Evenden SW	Leeds City AC	7.18
7	357	Jessica Elsworth 17W	City of York AC	7.07
8	278	Hannah Biddiss SW	Medway & Maidstone	6.17
9	117	Stacey Evenden 17W	Leeds City AC	6.07
10	240	Sophie Allen 17W	Charnwood	6.04
11	209	Aneleise Spindley 17W	Scunthorpe & District AC	5.55
12	113	Sheila Bolland W65	Spenborough & District	5.33

## F02 Senior Long Jump FINAL

### FINAL POOL A

1	262	Brandon Trower 17M	North Yorkshire Schools	6.21
2	294	Stephan Brockett 17M	Boston & District AC	5.55
3	364	Matthew Snell 17M	Doncaster AC	5.50
4	126	Thomas Kitchen 17M	Chesterfield & District AC	5.36
5	260	Aaron Smith 17M	Unattached	5.36
6	153	Ashleigh Wood 17W	Middlesbrough AC (Mandale)	5.08
7	298	Peter Spencer 17M	Boston & District AC	5.06
8	204	Hannah Lupton 17W	Preston AC	5.05
9	130	Jessica Houlton 17W	Grimsby Harriers & AC	5.02
10	336	Michael Hunter 17M	Retford AC	4.81
11	165	Danielle Gilchrist 17W	Cleethorpes AC	4.69
12	371	Joe Dunderdale 17M	Lincoln Wellington	4.62
13	310	Hannah Brightmore 17W	City of Sheffield AC	4.58
14	330	Rebecca Saxby 17W	Scunthorpe & District AC	4.23
15	326	Myles St.Clair 17M	Doncaster AC	4.13
16	209	Aneleise Spindley 17W	Scunthorpe & District AC	4.07
17	220	Emily Hatton 17W	Crewe & Nantwich AC	3.79
18	185	Laura McMunn 17W	Lincoln Wellington	3.76

## FINAL POOL B

1	266	Lee Blaymire SM	Kingston upon Hull AC	6.58
2	127	Jacob Brown SM	Sale Harriers Manchester	6.58
3	158	Martin Brockman SM	Medway & Maidstone	6.56
4	329	Christopher Wright SM	Stratford-Upon-Avon	6.52
5	361	Joe Curtis SM	Solihull & Small Heath	6.49
6	196	Richard Szarkowski SM	Amber Valley AC	6.34
7	358	Chad Stephenson 20M	City of York AC	6.34
8	350	Philip Jarrett SM	City of Sheffield AC	6.34
9	315	John Lee SM	Trafford AC	6.02
10	327	David Budd SM	City of Sheffield AC	6.01
11	143	Liam O'Malley 20M	Rotherham Harriers	5.86
12	369	Christopher Waugh SM	New Marske Harriers	5.86
13	367	David Robertson SM	Jarrow & Hebburn	5.69
14	192	Troy Kennedy SM	Doncaster AC	5.61
15	337	Lisa Revitt 20W	Doncaster AC	4.80
16	258	Chris Ashmore VM45	Mansfield Harriers	4.78
17	348	Nathan Wells SM	Leeds City AC	4.55
18	279	Denise Timmis VW45	Lincoln Wellington	4.39
19	219	Callan Hatton 20M	Crewe & Nantwich AC	4.35

## F03 Senior High Jump FINAL

### FINAL POOL A

1	319	Ben Mourbey SM	Chesterfield & District AC	1.95
2	158	Martin Brockman SM	Medway & Maidstone	1.95
3	301	Cameron Gore 20M	Preston AC	1.85
4	232	Stephen Wren SM	Radley	1.80
5	225	Alex Pycocock 17M	Boston & District AC	1.70
6	160	David Dempsey 20M	Longwood Harriers AC	1.70
7	298	Peter Spencer 17M	Boston & District AC	1.70
8	235	Nicholas Simpson 20M	Medway & Maidstone	1.65
9	336	Michael Hunter 17M	Retford AC	1.50
10	371	Joe Dunderdale 17M	Lincoln Wellington	1.40

## F03 Senior High Jump FINAL

### FINAL POOL B

1	153	Ashleigh Wood 17W	Middlesbrough AC	1.55
2=	337	Lisa Revitt 20W	Doncaster AC	1.55
2=	357	Jessica Elsworth 17W	City of York AC	1.55
4=	204	Hannah Lupton 17W	Preston H	1.50
4=	289	Hannah Oliver 17W	Rugby & Northants	1.50
6	130	Jessica Houlton 17W	Grimsby	1.50
7	165	Danielle Gilchrist 17W	Cleethorpes	1.45
8	295	Chelsea Brockett 17W	Boston & Dist AC	1.45
9	184	Amelia Wood 17W	Grantham AC	1.40

## F04 U15 Shot Putt FINAL

### FINAL POOL A

1	375	Joe Anderson 13B	City of Sheffield AC	9.02
2	43	Tom Bradbury 15B	Preston AC	8.93
3	18	Daniel Dale 15G	Retford AC	8.39
4	97	Jake Foster 13B	Louth AC	7.70
5	105	Haran Dunderdale 13B	Lincoln Wellington	7.45
6	99	Ross Blakemore 15B	City of Sheffield AC	6.59
7	378	Kate Pattison 13G	Scunthorpe & District AC	5.46
8	32	Bethany Thomas 13G	Wakefield District H & AC	5.39
9	13	Katie McMunn 13G	Lincoln Wellington	5.31
10	83	Ryan Sutton 13B	Shildon AC	4.74
11	10	Amy Hodgson 13G	City of Sheffield AC	4.69
12	38	Jack Eddy 13B	Retford AC	4.65
13	65	Samantha Lancaster 13G	Wakefield District H & AC	4.62
14	39	Georgia Hatton 13G	Crewe & Nantwich AC	4.39
15	98	Sydney Cherrie 13G	Louth AC	4.28

### FINAL POOL B

1	110	Kelse Hutchinson 15G	Derby AC	9.38
2	30	Amy Lupton 15G	Preston AC	8.84
3	87	Rebecca Tunnicliffe 15G	City of York	8.71
4	8	Grace Eyles 15G	Wakefield District H & AC	8.38
5	12	Micaela Brindle	Wigan Harriers	8.27
6	101	Becky Woolley 15G	Mansfield Harriers	8.12
7	95	Charlotte Davies 15G	Rugby & Northampton	7.74
8	107	Arlayna Davey 15G		7.28
9	6	Bethany Porter 15G	Wakefield District H & AC	7.26
10	94	Rebecca Davies 15G	Rugby & Northampton	6.42
11	73	Emily Cook 15G	Halifax Harriers	6.37
12	63	Lauren Cunliffe 15G	East Cheshire Harriers	6.35
13	11	Lucy Hodgson 15G	City of Sheffield AC	6.30
14	5	Jasmine Porter 15G	Wakefield District H & AC	6.21
15	37	Lucy Eddy 15G	Retford AC	6.08
16	51	Sophie Ellerker 15G	Wakefield DHAC	5.67
17	15	Nicole Taylor 15G	City of Sheffield	5.42

**F05 U15 Long Jump FINAL****FINAL POOL A**

1	31	Ashley Wren 15B	Scunthorpe & District AC	5.83
2	108	Joshua Bentley 15B	Leeds Carnegie AC	5.39
3	82	Matthew Chambers 15B	Bingley Harriers	5.28
4	135	Adam Khan 15B	City of Sheffield AC	4.61
5	17	Luke Hutchins 15B	East Cheshire Harriers	4.45
6	99	Ross Blakemore 15B	City of Sheffield AC	4.44
7	66	Nicholas Lynch 15B	Newark AC	4.36
8	72	Kane Jordan 13M	Derby AC	4.19
9	105	Haran Dunderdale 13B	Lincoln Wellington	4.07
10	35	Rebecca Scott 13G	Doncaster AC	4.04
11	41	Sam Higgins 15B	City of Sheffield AC	4.01
12	92	Aiden Davies 13B	Doncaster AC	3.99
13	21	Daniel Beadsley 13B	Halifax Harriers	3.99
14	97	Jake Foster 13B	Louth AC	3.70
15	3	Paige Massey 13G	City of Sheffield AC	3.67
16	97	Jake Foster 13B	Louth AC	3.70
17	10	Amy Hodgson 13G	City of Sheffield AC	3.55
18	14	Sophie Taylor 13G	City of Sheffield AC	3.25

**FINAL POOL B**

1	30	Amy Lupton 15G	Preston AC	4.87
2	12	Micaela Brindle	Wigan Harriers	4.85
3	8	Grace Eyles 15G	Wakefield District H & AC	4.64
4	60	Katy Alderson 15G	Preston AC	4.57
5	33	Olivia Neal 15G	Rotherham Harriers	4.53
6	104	Hannah Dunderdale 15G	Lincoln Wellington	4.50
7	6	Bethany Porter 15G	Wakefield District H & AC	4.45
8	16	Heidi Hopwood 15G	East Cheshire Harriers	4.36
9	62	Rhian Kemp 15G	Scunthorpe & District AC	4.36
10	94	Rebecca Davies 15G	Rugby & Northampton	4.36
11	61	Kelly Clark 15G	City of Sheffield AC	4.25
12	11	Lucy Hodgson 15G	City of Sheffield AC	4.22
13	134	Miriam Khan 15G	City of Sheffield AC	4.22
14	25	Rachel McHugh 15G	Shildon AC	4.10
15	67	Nicola Keegan 15G	Medway & Maidstone	4.08
16	106	Kati Williams 15G	Preston AC	4.04
17	28	Nicole Bewley 15G	Doncaster AC	4.03
18	74	Annie Waghorn 15G	Medway & Maidstone	4.00
19	73	Emily Cook 15G	Halifax Harriers	3.95
20	15	Nicole Taylor 15G	City of Sheffield AC	3.84
21	52	Grace Dennis 15G	City of Sheffield AC	3.77
22	98	Sydney Cherrie 13G	Louth AC	3.60
23	9	Rebecca Watts 15G	Wakefield District H & AC	3.60
24	5	Jasmine Porter 15G	Wakefield District H & AC	3.51
25	46	Megan Ttereve 15G	City of Sheffield AC	3.08

**T01a U15G 60m Hurdles Heats****Heat 01**

1	53	Yasmin Miller	Derby AC	9.19	W/S:
2	116	Oliver Aspden 15B	Blackburn Harriers	9.26	W/S:
3	94	Rebecca Davies 15G	Rugby & Northampton AC	10.06	W/S:
4	6	Bethany Porter 15G	Wakefield District H & AC	10.10	W/S:
5	95	Charlotte Davies 15G	Rugby & Northampton AC	10.27	W/S:
6	11	Lucy Hodgson	City of Sheffield AC	10.74	W/S:
7	28	Nicole Bewley	Doncaster AC	10.75	W/S:

**Heat 02**

1	12	Micaela Brindle 15G	Wigan Harriers	10.12	W/S:
2	13	Katie McMunn 13G	Lincoln Wellington	11.18	W/S:
3	35	Rebecca Scott 13G	Doncaster AC	12.38	W/S:

**T02 Senior 60m Heats****Heat 01**

1	125	Eldridge Phiri SM	City of Sheffield AC	6.95	W/S:
2	251	Richard Buck SM	City Of York AC	6.98	W/S:
3	121	Richard Strachan SM	Leeds City AC	7.03	W/S:
4	120	Umar Hameed 20M	Leeds City AC	7.03	W/S:
5	127	Jacob Brown SM	Sale Harriers Manchester	7.12	W/S:
6	359	Anthony Ashton SM	Bury AC	7.26	W/S:
7	115	Dave Readle	Liverpool Pembroke & Sefton AC	7.27	W/S:

**Heat 02**

1	198	Luke Giblin SM	Kingston upon Hull AC	7.20	W/S:
2	317	Daniel Gardiner 20M	Leeds City AC	7.20	W/S:
3	181	Luke Smallwood 20M	Medway & Maidstone	7.22	W/S:
4	363	Matthew Quine 20M	Reading AC	7.25	W/S:
5	255	Robert Henry SM	Kingston upon Hull AC	7.30	W/S:
6	266	Lee Blaymire SM	Kingston upon Hull AC	7.34	W/S:
7	170	Adam Parkinson 17M	Scunthorpe & District AC	7.39	W/S:
8	368	Sam Stone 20M	Amber Valley AC	7.53	W/S:

**Heat 03**

1	355	Zico Grinion SM	RAF Menwith Hill	7.20	W/S:
2	243	Dale Jacob 20M	Mansfield Harriers	7.46	W/S:
3	188	James Alcock 17M	Medway & Maidstone	7.47	W/S:
4	223	Martin White SM	Mansfield Harriers	7.55	W/S:
5	362	Steven Moran SM	St Helens Sutton AC	7.57	W/S:
6	302	Jamie Bradbury 20M	Lancaster & Morecambe AC	7.58	W/S:
7	222	Paul Wright SM	Mansfield Harriers	7.61	W/S:
8	217	Richard Mainprize 20M	Goole Youth AC	7.71	W/S:

**Heat 04**

1	321	Matt Green SM	Retford AC	7.37	W/S:
2	162	Luke South 17M	Sheffield Hallam University AC	7.51	W/S:
3	141	Kyle Jeffrey 20M	Leeds City AC	7.58	W/S:
4	212	Ben Holmes 17M	Skyrac AC	7.65	W/S:
5	229	Chris Leslie 17M	Lincoln Wellington	7.67	W/S:
6	155	Stefan Wilcockson SM	Mansfield Harriers	7.76	W/S:
7	247	Scott Dinning 20M	Shildon AC	7.84	W/S:
8	367	David Robertson SM	Jarrow & Hebburn	7.91	W/S:

**Heat 05**

1=	133	Kasim Adesanya SM	Notts AC	7.57	W/S:
1=	225	Alex Pycock 17M	Boston & District AC	7.57	W/S:
3	274	Luke Storer 17M	Rugby & Northampton	7.66	W/S:
4	139	Jamie Phillips 17M	Wetherby Runners	7.66	W/S:
5	370	Hywel Garrard SM	Notts AC	7.69	W/S:
6	156	Zach Hooper 17M	Amber Valley AC	7.72	W/S:
7	173	Oliver Clemo 17M	Skyrac AC	7.89	W/S:
8	272	Matthew Proctor 20M	Rochdale Harriers	8.31	W/S:

**Heat 06**

1	197	Daniel Harnes 20M	Scunthorpe & District AC	7.69	W/S:
2	360	Alan Jepson 20M	Doncaster AC	7.79	W/S:
3	286	John Jackson 17M	Unattached	7.88	W/S:
4	233	Zara Hohn SW	Wakefield District H & AC	7.90	W/S:
5	364	Matthew Snell 17M	Doncaster AC	7.96	W/S:
6	234	Jonathan Newell SM	Mansfield Harriers	8.04	W/S:
7	258	Chris Ashmore VM45	Mansfield Harriers	8.13	W/S:
8	219	Callan Hatton 20M	Crewe & Nantwich AC	8.45	W/S:

**Heat 07**

1	211	Nick Phelps 20M	Middlesbrough AC (Mandale)	7.79	W/S:
2	275	Gary Wyn-Jones SM	Deeside AC	7.89	W/S:
3	294	Stephan Brockett 17M	Boston & District AC	7.96	W/S:
4	298	Peter Spencer 17M	Boston & District AC	7.98	W/S:
5	270	Malcolm Bramhall VM45	Lincoln Wellington	8.06	W/S:
6	192	Troy Kennedy SM	Doncaster AC	8.14	W/S:
7	136	Nicola Pearson 20W	Gateshead Harriers & AC	8.23	W/S:
8	213	Charlotte Mackie 20W	Medway & Maidstone	8.58	W/S:

**Heat 08**

1	218	Robert Jogela 17M	Amber Valley AC	7.96	W/S:
2	326	Myles St.Clair 17M	Doncaster AC	8.08	W/S:
3	348	Nathan Wells SM	Leeds City AC	8.14	W/S:
4	280	Shireen Timmis 17W	Lincoln Wellington	8.18	W/S:
5	318	Matthew Moore 17M	Lincoln Wellington	8.19	W/S:
6	191	Becky Holdsworth SW	Doncaster AC	8.25	W/S:
7	157	Mary-ann Phillips 17W	Lincoln Wellington	8.31	W/S:
8	184	Amelia Wood 17W	Grantham AC	8.32	W/S:

Heat 09				W/S:	Heat 04				W/S:		
1	132	Jodie Hart SM	N Lincs Comb Gateways	7.75	W/S:	1	203	Ben Levers-Riley		8.00	W/S:
2	353	Chris Mee SM	Charnwood AC	7.87	W/S:	2	106	Kati Williams 15G	Preston AC	8.50	W/S:
3	288	Heather Douglas 20W	Derby AC	8.17	W/S:	3	24	Beth Pattison 15G	Scunthorpe & District AC	8.53	W/S:
4	297	Jor'dan McIntosh 20W	Derby AC	8.31	W/S:	4	84	Laura Robson 15G	Unattached	8.65	W/S:
5	300	Sophie Croft 17W	Scunthorpe & District AC	8.50	W/S:	5	91	Kiera Gee 15G	Amber Valley AC	8.69	W/S:
6	322	Heather Dyson 17W	Rotherham Harriers	8.67	W/S:	6	62	Rhian Kemp 15G	Scunthorpe & District AC	8.71	W/S:
7	330	Rebecca Saxby 17W	Scunthorpe & District AC	8.90	W/S:	7	16	Heidi Hopwood 15G	East Cheshire Harriers	8.72	W/S:
						8	19	Bethany Sharp 15G	Wakefield District H & AC	8.74	W/S:

Heat 10				W/S:	Heat 05				W/S:		
1	263	Emma Jackson 17W	Kingston upon Hull AC	7.95	W/S:	1	96	Dean Clarkson 15B	City of York AC	8.30	W/S:
2	325	Renee Baker 17W	Louth AC	8.17	W/S:	2	110	Kelse Hutchinson 15G	Derby AC	8.43	W/S:
3	153	Ashleigh Wood 17W	Middlesbrough AC (Mandale)	8.25	W/S:	3	99	Ross Blakemore 15B	City of Sheffield AC	8.62	W/S:
4	175	Faye Mitchell 20W	Wakefield District H & AC	8.37	W/S:	4	144	Bethany Taylor 15G	Kingston upon Hull AC	8.68	W/S:
5	331	Samantha Galley 17W	West Cheshire AC	8.40	W/S:	5	68	Maddy Cerdwell 15G	Kingston upon Hull AC	8.77	W/S:
6	183	Vicki Sellar 20W	City of York AC	8.45	W/S:	6	41	Sam Higgins 15B	City of Sheffield AC	8.78	W/S:
7	278	Hannah Biddiss SW	Medway & Maidstone	8.58	W/S:	7	145	Katy McConville 15G	Kingston upon Hull AC	9.13	W/S:
8	207	Fiona Thomas SW	Wakefield District H & AC	8.76	W/S:	8	80	Rachel Stoney 15G	Kingston upon Hull AC	9.31	W/S:

Heat 11				W/S:	Heat 06				W/S:		
1	163	Megan Hoults 17W	Kingston upon Hull AC	8.08	W/S:	1	135	Adam Khan 15B	City of Sheffield AC	8.60	W/S:
2	336	Michael Hunter 17M	Retford AC	8.30	W/S:	2	69	Jessica Brearley 15G	Halifax Harriers	8.85	W/S:
3	284	Jessica Robinson 17W	South Hunsley School	8.33	W/S:	3	81	Jonathan Croft 15B	Scunthorpe & District AC	9.01	W/S:
4	137	Rachel Treloar 17W	West Cheshire AC	8.35	W/S:	4	97	Jake Foster 13B	Louth AC	9.02	W/S:
5	289	Hannah Oliver 17W	Rugby & Northampton	8.44	W/S:	5	86	Emma Simpson 15G	Wakefield District H & AC	9.06	W/S:
6	277	Amy Giblin 20W	Kingston upon Hull AC	8.47	W/S:	6	73	Emily Cook 15G	Halifax Harriers	9.11	W/S:
7	146	Sonia Santos 17W	Kingston upon Hull AC	8.82	W/S:	7	98	Sydney Cherrie 13G	Louth AC	9.12	W/S:
8	253	Hayley Cameron 17W	Matlock Athletic	8.98	W/S:	8	64	Becky Lancaster 15G	Wakefield District H & AC	9.28	W/S:

Heat 12				W/S:	Heat 07				W/S:		
1	123	Tom Coney 17M	Wakefield District H & AC	8.74	W/S:	1	138	Caitlin Lynch 15G	Lincoln Wellington	8.43	W/S:
2	165	Danielle Gilchrist 17W	Cleethorpes AC	8.76	W/S:	2	104	Hannah Dunderdale 15G	Lincoln Wellington	8.78	W/S:
3	264	Peter Wright VM55	Midlands Vets	8.84	W/S:	3	63	Lauren Cunliffe 15G	East Cheshire Harriers	8.99	W/S:
4	220	Emily Hatton 17W	Crewe & Nantwich AC	9.52	W/S:	4	25	Rachel McHugh 15G	Shildon AC	9.03	W/S:
						5	38	Jack Eddy 13B	Retford AC	9.29	W/S:
						6	29	Gabriella Guarneri 15G	East Cheshire Harriers	9.35	W/S:
						7	13	Katie McMunn 13G	Lincoln Wellington	9.46	W/S:
						8	103	Lewis Astbury 13B	Wakefield District H & AC	10.05	W/S:

### T03 U15 60m Heats

Heat 01				W/S:	Heat 08				W/S:		
1	31	Ashley Wren 15B	Scunthorpe & District AC	7.68	W/S:	1	37	Lucy Eddy 15G	Retford AC	9.18	W/S:
2	75	Scott Douglas 15B	Derby AC	7.77	W/S:	2	101	Becky Woolley 15G	Mansfield Harriers	9.20	W/S:
3	267	Joel Harrison	Kingston upon Hull AC	7.77	W/S:	3	3	Paige Massey 13G	City of Sheffield AC	9.22	W/S:
4	54	Ryan Miller 15B	Derby AC	8.10	W/S:	4	15	Nicole Taylor 15G	City of Sheffield AC	9.34	W/S:
5	53	Yasmin Miller 15G	Derby AC	8.18	W/S:	5	10	Amy Hodgson 13G	City of Sheffield AC	9.55	W/S:
6	114	Sophie Warnock 15G	Derby AC	8.33	W/S:	6	100	Joe Hobson 13B	City of Sheffield AC	9.58	W/S:
7	67	Nicola Keegan 15G	Medway & Maidstone	8.57	W/S:	7	83	Ryan Sutton 13B	Shildon AC	9.62	W/S:
8	74	Annie Waghorn 15G	Medway & Maidstone	8.62	W/S:	8	14	Sophie Taylor 13G	City of Sheffield AC	9.88	W/S:

Heat 02				W/S:	Heat 09				W/S:		
1	93	Jonathan Chin 15b	Rugby & Northampton	7.86	W/S:	1	82	Matthew Chambers 15B	Bingley Harriers	7.82	W/S:
2	43	Tom Bradbury 15B	Preston AC	7.92	W/S:	2	40	Ashley Langton 13B	Doncaster AC	8.18	W/S:
3	88	Ryan Crawley 15B	City of Sheffield AC	7.98	W/S:	3	21	Daniel Beadsley 13B	Halifax Harriers	8.74	W/S:
4	9	Rebecca Watts 15G	Wakefield District H & AC	8.31	W/S:	4	52	Grace Dennis 15G	City of Sheffield AC	8.81	W/S:
5	8	Grace Eyles 15G	Wakefield District H & AC	8.36	W/S:	5	134	Miriam Khan 15G	City of Sheffield AC	8.91	W/S:
6	18	Daniel Dale 15G	Retford AC	8.40	W/S:						
7	51	Sophie Ellerker 15G	Wakefield District H & AC	8.57	W/S:						
8	22	Rachel Shaw 13G	Doncaster AC	8.58	W/S:						

Heat 03				W/S:	Heat 01				W/S:		
1	59	Joe Burnett 15B	Newark AC	7.97	W/S:	1	365	Chris Reynolds SM	Woodford Green	2:23.21	W/S:
2	26	Cameron Barrows 15B	City of Sheffield AC	8.06	W/S:	2	341	Rhian Hastey SM	Rotherham Harriers	2:29.12	W/S:
3	17	Luke Hutchins 15B	East Cheshire Harriers	8.08	W/S:	3	149	Andrew Stanton 20M	Gateshead Harriers & AC	2:31.87	W/S:
4	66	Nicholas Lynch 15B	Newark AC	8.37	W/S:	4	356	Tom Smith 17M	Kingston upon Hull AC	2:34.32	W/S:
5	70	Leah Ferrie 15G	West Cheshire AC	8.56	W/S:	5	152	Paul Harmer SM	Charnwood AC	2:35.38	W/S:
6	30	Amy Lupton 15G	Preston AC	8.58	W/S:	6	148	Jack Cutsforth 20M	Kingston upon Hull AC	2:36.18	W/S:
7	102	Indra Davies 15G	Retford AC	8.60	W/S:	7	142	Lewis Tatt SM	Wakefield District H & AC	2:36.22	W/S:
8	60	Katy Alderson 15G	Preston AC	8.61	W/S:						

### T04 Senior 1000m Heats

Heat 02				W/S:	
1	309	Lewis Bostock 20M	Notts AC	2:40.70	W/S:
2	202	Mark Gardner SM	Lancaster & Morecambe AC	2:40.76	W/S:
3	210	Chris Thornton SM	Sheffield Hallam University AC	2:41.09	W/S:
4	224	Liam Baister 17M	Gateshead Harriers & AC	2:43.11	W/S:
5	177	Adam Rowland 17M	Gateshead Harriers & AC	2:47.97	W/S:
6	164	Kevin Pye VM45	Charnwood AC	2:52.72	W/S:

<b>Heat 03</b>				<b>W/S:</b>	<b>Heat 02</b>				<b>W/S:</b>		
1	200	Elliott Jackson 17M	New Marske Harriers	2:45.49	W/S:	1	363	Matthew Quine 20M	Reading AC	36.62	W/S:
2	372	Lloyd Hilton 17M	Macclesfield Harriers	2:49.73	W/S:	2	235	Nicholas Simpson 20M	Medway & Maidstone	37.37	W/S:
3	306	Ryan Childs 17M	Mansfield Harriers	2:50.95	W/S:	3	160	David Dempsey 20M	Longwood Harriers AC	37.60	W/S:
4	354	Calum Gardner 17M	Derby AC	2:53.06	W/S:	4	159	Jonathan Kay 20M	Derby AC	37.75	W/S:
5	307	Lee Rogers SM	Unattached	2:56.76	W/S:	5	366	Daniel Grant SM	Ealing, Southall & Middx	37.84	W/S:
6	199	Sigourney Bell 17W	Gateshead Harriers & AC	2:59.83	W/S:	6	342	Mark Ward SM	Rotherham Harriers	37.88	W/S:
7	316	Paul Rogers SM	Unattached	3:15.72	W/S:	<b>Heat 03</b>				<b>W/S:</b>	
<b>Heat 04</b>				<b>W/S:</b>	1	128	Matthew Stone	St Helens Sutton AC	37.87	W/S:	
1	50	Ashley Raby 15G		3:02.74	W/S:	2	360	Alan Jepson 20M	Doncaster AC	37.92	W/S:
2	347	Keith Short VM	Gloucester AC	3:03.20	W/S:	3	250	Lewis Stead 20M	Kingston upon Hull AC	38.35	W/S:
3	248	Rebecca Ferguson 17W	Gateshead Harriers & AC	3:03.69	W/S:	4	155	Stefan Wilcockson SM	Mansfield Harriers	38.47	W/S:
4	189	Jessica Russon 17W	New Marske Harriers	3:08.55	W/S:	5	345	Daniel Holiday 20M	Kingston upon Hull AC	38.61	W/S:
<b>Heat 05</b>				<b>W/S:</b>	6	276	Peter Andrews SM	Doncaster AC	39.21	W/S:	
1	283	Nigel Brookes VM40	Rotherham Harriers	3:01.71	W/S:	<b>Heat 04</b>				<b>W/S:</b>	
2	339	Hester Talbot 17W	Lincoln Wellington	3:09.41	W/S:	1	321	Matt Green SM	Retford AC	37.10	W/S:
3	271	Celine Pace SW	Pembroke Athleta Malta	3:12.13	W/S:	2	243	Dale Jacob 20M	Mansfield Harriers	37.71	W/S:
4	161	Alan Maddocks VM55	Mansfield Harriers	3:14.24	W/S:	3	377	Ryan Smith 20M	Lincoln Wellington	39.85	W/S:
5	295	Chelsea Brockett 17W	Boston & District AC	3:17.53	W/S:	4	391	Josh Spering 20M	Lincoln Wellington	40.76	W/S:
6	185	Laura McMunn 17W	Lincoln Wellington	3:37.90	W/S:	5	320	Michael Gee 20M	Amber Valley AC	40.79	W/S:
<b>T05 U15 1000m Heats</b>				<b>W/S:</b>	99	188	James Alcock 17M	Medway & Maidstone	DNS	W/S:	
<b>Heat 01</b>				<b>W/S:</b>	<b>Heat 05</b>				<b>W/S:</b>		
1	45	Christopher Grayson 15B	City of Sheffield AC	2:47.18	W/S:	1	212	Ben Holmes 17M	Skyrac AC	37.57	W/S:
2	42	Jack Derham 15B	Goole Youth AC	2:48.48	W/S:	2	221	Karl Hawkins 20M	Middlesbrough AC (Mandale)	37.95	W/S:
3	56	James Selvey 15B	Chesterfield & District AC	2:54.64	W/S:	3	197	Daniel Harmes 20M	Scunthorpe & District AC	37.98	W/S:
4	20	Scott Edwards 15B	Derby AC	2:58.84	W/S:	4	223	Martin White SM	Mansfield Harriers	39.23	W/S:
5	58	Jonathan Doull 15G	Matlock Athletic	3:06.52	W/S:	5	247	Scott Dinning 20M	Shildon AC	40.10	W/S:
6	36	Rachel Brandham 15G	Mansfield Harriers	3:08.76	W/S:	6	164	Kevin Pye VM45	Charnwood AC	42.00	W/S:
7	92	Aiden Davies 13B	Doncaster AC	3:15.38	W/S:	<b>Heat 06</b>				<b>W/S:</b>	
<b>Heat 02</b>				<b>W/S:</b>	1	362	Steven Moran SM	St Helens Sutton AC	38.37	W/S:	
1	85	Ryan Hartley 15B	Wakefield District H & AC	3:13.91	W/S:	2	173	Oliver Clemo 17M	Skyrac AC	38.70	W/S:
2	7	Jack Mitchell 15B	Wakefield District H & AC	3:14.44	W/S:	3	306	Ryan Childs 17M	Mansfield Harriers	39.61	W/S:
3	44	Tim Schaanning 15B	Chesterfield & District AC	3:15.17	W/S:	4	217	Richard Mainprize 20M	Goole Youth AC	39.73	W/S:
4	105	Haran Dunderdale 13B	Lincoln Wellington	3:15.79	W/S:	5	129	Sam Heathcote	Leeds Met Carnegie AC	40.12	W/S:
5	27	Harriet Middlebrough 15G	Skyrac AC	3:19.16	W/S:	6	354	Calum Gardner 17M	Derby AC	40.57	W/S:
6	49	Amy Potter 15G	Hallamshire Harriers	3:20.37	W/S:	<b>Heat 07</b>				<b>W/S:</b>	
7	23	Abbey Stanley 15G	City of Sheffield AC	3:28.33	W/S:	1	211	Nick Phelps 20M	Middlesbrough AC (Mandale)	38.19	W/S:
<b>Heat 03</b>				<b>W/S:</b>	2	141	Kyle Jeffrey 20M	Leeds City AC	39.22	W/S:	
1	381	Beth Ansell 15G	City of Sheffield AC	3:20.16	W/S:	3	206	James Palmer 20M	City of York AC	39.31	W/S:
2	72	Kane Jordan 13M	Derby AC	3:20.74	W/S:	4	285	Tom Atkin 17M	Cleethorpes AC	40.35	W/S:
3	78	Kirstin Frost 15G	Doncaster AC	3:32.61	W/S:	5	234	Jonathan Newell SM	Mansfield Harriers	40.47	W/S:
4	77	Emily Frost 13G	Doncaster AC	3:34.65	W/S:	6	275	Gary Wyn-Jones SM	Deeside AC	40.71	W/S:
5	119	Megan Blackburn 13G	Doncaster AC	3:39.08	W/S:	<b>Heat 08</b>				<b>W/S:</b>	
6	28	Nicole Bewley 15G	Doncaster AC	3:45.89	W/S:	1	162	Luke South 17M	Sheffield Hallam University AC	37.72	W/S:
7	76	Lauren Frost 15G	Doncaster AC	4:04.06	W/S:	2	205	Oliver Palmer 17M	City of York AC	39.68	W/S:
<b>T07 Senior 300m Heats</b>				<b>W/S:</b>	3	132	Jodie Hart SM	N Lincs Comb Gateways	41.17	W/S:	
<b>Heat 01</b>				<b>W/S:</b>	4	286	John Jackson 17M	Unattached	42.26	W/S:	
1	120	Umar Hameed 20M	Leeds City AC	35.84	W/S:	5	318	Matthew Moore 17M	Lincoln Wellington	42.86	W/S:
2	388	Chris Reynolds SM		36.63	W/S:	6	157	Mary-ann Phillips 17W	Lincoln Wellington	43.05	W/S:
3	122	Gary O'Neill SM	Leeds City AC	37.47	W/S:	<b>Heat 09</b>				<b>W/S:</b>	
4	380	Richard Martin	Spenborough & District	37.82	W/S:	1	307	Lee Rogers SM	Unattached	40.02	W/S:
5	177	Adam Rowland 17M	Gateshead Harriers & AC	37.90	W/S:	2	237	Emma Williams SWS	Sheffield Hallam University AC	41.55	W/S:
99	158	Martin Brockman SM	Medway & Maidstone	DNS	W/S:	3	231	Lauren Potter 17W	Hallamshire Harriers	42.81	W/S:
<b>Heat 02</b>				<b>W/S:</b>	4	343	Lydia Chamberlain SW	Lincoln Wellington	43.20	W/S:	
1	274	Luke Storer 17M	Rugby & Northampton	40.23	W/S:	5	390	Ben Rowe 20M	Lincoln Wellington	43.49	W/S:
2	326	Myles St.Clair 17M	Doncaster AC	40.36	W/S:	99	50		Ashley Raby 15G	DQ	W/S:
3	167	Claudia Rogers 17W	Amber Valley AC	42.18	W/S:	<b>Heat 10</b>				<b>W/S:</b>	
4	288	Heather Douglas 20W	Derby AC	42.30	W/S:	1	274	Luke Storer 17M	Rugby & Northampton	40.23	W/S:
5	300	Sophie Croft 17W	Scunthorpe & District AC	43.75	W/S:	2	326	Myles St.Clair 17M	Doncaster AC	40.36	W/S:
6	387	Ellie Mosley 17W	Rotherham Harriers	45.49	W/S:	3	167	Claudia Rogers 17W	Amber Valley AC	42.18	W/S:

<b>Heat 11</b>				W/S:	<b>Heat 04</b>				W/S:		
1	225	Alex Pycok 17M	Boston & District AC	38.64	W/S:	1	8	Grace Eyles 15G	Wakefield District H & AC	20.02	W/S:
2	294	Stephan Brockett 17M	Boston & District AC	40.18	W/S:	2	18	Daniel Dale 15G	Retford AC	20.07	W/S:
3	258	Chris Ashmore VM45	Mansfield Harriers	41.50	W/S:	3	24	Beth Pattison 15G	Scunthorpe & District AC	20.33	W/S:
4	191	Becky Holdsworth SW	Doncaster AC	42.19	W/S:	4	22	Rachel Shaw 13G	Doncaster AC	20.75	W/S:
5	333	Sarah Rhodes SW	Leeds University	45.34	W/S:	5	6	Bethany Porter 15G	Wakefield District H & AC	20.79	W/S:
6	371	Joe Dunderdale 17M	Lincoln Wellington	45.92	W/S:	6	62	Rhian Kemp 15G	Scunthorpe & District AC	21.16	W/S:
<b>Heat 12</b>				W/S:	<b>Heat 05</b>				W/S:		
1	136	Nicola Pearson 20W	Gateshead Harriers & AC	42.38	W/S:	1	40	Ashley Langton 13B	Doncaster AC	19.56	W/S:
2	383	Hayley Strachan 17W	Cleethorpes AC	44.19	W/S:	2	9	Rebecca Watts 15G	Wakefield District H & AC	20.51	W/S:
3	254	Bryony Potter 17W	West Cheshire AC	44.47	W/S:	3	74	Annie Waghorn 15G	Medway & Maidstone	20.52	W/S:
4	213	Charlotte Mackie 20W	Medway & Maidstone	44.90	W/S:	4	110	Kelse Hutchinson 15G	Derby AC	20.65	W/S:
5	278	Hannah Biddiss SW	Medway & Maidstone	45.18	W/S:	5	60	Katy Alderson 15G	Preston AC	20.70	W/S:
6	346	John Moore VM55	Lincoln Wellington	45.28	W/S:	6	102	Indra Davies 15G	Retford AC	21.07	W/S:
<b>Heat 13</b>				W/S:	<b>Heat 06</b>				W/S:		
1	316	Paul Rogers SM	Unattached	42.76	W/S:	1	51	Sophie Ellerker 15G	Wakefield District H & AC	20.28	W/S:
2	348	Nathan Wells SM	Leeds City AC	42.86	W/S:	2	96	Dean Clarkon 15B	City of York AC	20.42	W/S:
3	325	Renee Baker 17W	Louth AC	43.40	W/S:	3	91	Kiera Gee 15G	Amber Valley AC	20.84	W/S:
4	331	Samantha Galley 17W	West Cheshire AC	43.43	W/S:	4	95	Charlotte Davies 15G	Rugby & Northampton	21.14	W/S:
5	183	Vicki Seller 20W	City of York AC	44.28	W/S:	5	16	Heidi Hopwood 15G	East Cheshire Harriers	21.20	W/S:
6	175	Faye Mitchell 20W	Wakefield District H & AC	44.48	W/S:	6	73	Emily Cook 15G	Halifax Harriers	22.05	W/S:
<b>Heat 14</b>				W/S:	<b>Heat 07</b>				W/S:		
1	179	Charlotte James 17W	Skyrac AC	42.48	W/S:	1	19	Bethany Sharp 15G	Wakefield District H & AC	20.75	W/S:
2	305	Christie Childs 17W	Mansfield Harriers	43.30	W/S:	2	23	Abbey Stanley 15G	City of Sheffield AC	20.98	W/S:
3	151	Chloe Bradley 17W	Retford AC	43.38	W/S:	3	104	Hannah Dunderdale 15G	Lincoln Wellington	21.13	W/S:
4	194	Emily Reeve 17W	Mansfield Harriers	45.83	W/S:	4	90	Tabitha Howe 15G	Hallamshire Harriers	21.79	W/S:
5	137	Rachel Treloar 17W	West Cheshire AC	46.89	W/S:	5	86	Emma Simpson 15G	Wakefield District H & AC	22.06	W/S:
7	384	Chloe Potter 17W		48.61	W/S:	6	29	Gabriella Guarnieri 15G	East Cheshire Harriers	22.20	W/S:
<b>Heat 15</b>				W/S:	<b>Heat 08</b>				W/S:		
1	308	Vicky King SW	Birchfield Harriers	46.39	W/S:	1	52	Grace Dennis 15G	City of Sheffield AC	21.31	W/S:
2	209	Aneleise Spindley 17W	Scunthorpe & District AC	47.33	W/S:	2	63	Lauren Cunliffe 15G	East Cheshire Harriers	21.32	W/S:
3	324	Zoe Garton 20W	Kingston upon Hull AC	48.42	W/S:	3	81	Jonathan Croft 15B	Scunthorpe & District AC	21.36	W/S:
4	216	Claire Beaumont 17W	Mansfield Harriers	51.65	W/S:	4	72	Kane Jordan 13M	Derby AC	21.73	W/S:
<b>Heat 16</b>				W/S:	<b>Heat 09</b>				W/S:		
1	181	Luke Smallwood 20M	Medway & Maidstone	35.19	W/S:	1	3	Paige Massey 13G	City of Sheffield AC	22.08	W/S:
2	158	Martin Brockman SM	Medway & Maidstone	37.52	W/S:	2	37	Lucy Eddy 15G	Retford AC	22.34	W/S:
3	235	Nicholas Simpson 20M	Medway & Maidstone	37.88	W/S:	3	57	Edward Selvey 13B	Chesterfield & District AC	22.39	W/S:
4	188	James Alcock 17M	Medway & Maidstone	38.15	W/S:	4	13	Katie McMunn 13G	Lincoln Wellington	22.84	W/S:
5	232	Stephen Wren SM	Radley	38.98	W/S:	5	35	Rebecca Scott 13G	Doncaster AC	23.48	W/S:
99	282	Helen Middleton SW	Leicester Wc	DNS	W/S:	6	14	Sophie Taylor 13G	City of Sheffield AC	24.13	W/S:
<b>T08 U15 150m Heats</b>					<b>Heat 10</b>				W/S:		
<b>Heat 01</b>				W/S:	<b>Heat 10</b>				W/S:		
1	31	Ashley Wren 15B	Scunthorpe & District AC	18.00	W/S:	1	92	Aiden Davies 13B	Doncaster AC	21.50	W/S:
2	203	Ben Levers-Riley		18.51	W/S:	2	48	Scott Smith 13B	City of Sheffield AC	21.84	W/S:
3	43	Tom Bradbury 15B	Preston AC	18.62	W/S:	3	21	Daniel Beadsley 13B	Halifax Harriers	22.16	W/S:
4	17	Luke Hutchins 15B	East Cheshire Harriers	19.03	W/S:	4	83	Ryan Sutton 13B	Shildon AC	23.01	W/S:
5	53	Yasmin Miller 15G	Derby AC	19.36	W/S:	5	100	Joe Hobson 13B	City of Sheffield AC	23.06	W/S:
6	82	Matthew Chambers 15B	Bingley Harriers	20.94	W/S:	6	103	Lewis Astbury 13B	Wakefield District H & AC	23.68	W/S:
<b>Heat 02</b>				W/S:	<b>T09 Senior 3000m Heats</b>						
1	75	Scott Douglas 15B	Derby AC	18.56	W/S:	<b>Heat 01</b>				W/S:	
2	59	Joe Burnett 15B	Newark AC	18.64	W/S:	1	292	Ricky Stevenson 20M	New Marske Harriers	8:15.87	W/S:
3	93	Jonathan Chin 15b	Rugby & Northampton	18.87	W/S:	2	293	Domenic Shaw 20M	New Marske Harriers	8:49.77	W/S:
4	54	Ryan Miller 15B	Derby AC	18.89	W/S:	3	124	Danny Parkinson SM	Kendal AC	8:54.34	W/S:
5	26	Cameron Barrows 15B	City of Sheffield AC	18.98	W/S:	4	352	Steve Smith V45	Preston AC	9:00.63	W/S:
6	70	Leah Ferrie 15G	West Cheshire AC	20.32	W/S:	5	344	Mick Jagger VM35	Lincoln Wellington	9:01.40	W/S:
<b>Heat 03</b>				W/S:	<b>Heat 02</b>				W/S:		
1	88	Ryan Crawley 15B	City of Sheffield AC	19.12	W/S:	1	272	Matthew Proctor 20M	Rochdale Harriers	9:13.80	W/S:
2	138	Caitlin Lynch 15G	Lincoln Wellington	19.87	W/S:	2	379	Iain Lynn 20M	City of York AC	9:13.82	W/S:
3	114	Sophie Warnock 15G	Derby AC	20.08	W/S:	3	340	Andrew Kaar SM	Solihull & Small Heath AC	9:22.84	W/S:
4	66	Nicholas Lynch 15B	Newark AC	20.08	W/S:	4	392	John Cox M45	Hallamshire Harriers	9:41.07	W/S:
5	67	Nicola Keegan 15G	Medway & Maidstone	20.22	W/S:	5	236	Jonathan Hedley SMS	Sheffield Hallam University	AC9:54.20	W/S:
6	106	Kati Williams 15G	Preston AC	20.49	W/S:	6	385	No name recorded		9:57.52	
						7	123	Tom Coney 17M	Wakefield District H & AC	10:29.97	W/S:

#### SNR U20 U17 3000m Walk Final

1.	291	Mark Williams (VM40)	Tamworth AC	12:58.65
2.	268	Paul Evennett (SM)	York CIU- North 1	13:30.02
3.	299	Niobe Menendez (VW40)	Steyning	14:07.25
4.	245	Mark Wall (VM50)	York CIU- North 2	15:33.84
5.	269	Mark Byrne (SM)	York CIU – North 3	16:35.29
6.	282	Helen Middleton (SW)	Leicester WC	17:42.69
7.	382	J Errington	York CIU- North 4	19:26.44
8.	376	Ann Irving	Redcar RW- North Women 1	19:39.77
9.	332	Mark Cawte (SM)	Scarborough AC	19:44.25
10.	244	Sue Rey (VW45)	Leicester WC	19:51.98