

NoEAA Indoor Open Meeting 1

EIS, Sheffield
24/11/07

F01 Senior Pole Vault FINAL

FINAL

| | | | | |
|----|-----|-----------------------|----------------------------|------|
| 1 | 197 | Rhys Searles 20M | Dearneside High AC | 4.50 |
| 2 | 124 | Doug Creighton SM | | 4.45 |
| 3 | 224 | Andrew Sutcliffe 20M | Sale Harriers Manchester | 4.30 |
| 4 | 281 | Daniel Passey 17M | Chesterfield & District AC | 3.80 |
| 5 | 223 | Anna Olko SW | Sale Harriers Manchester | 3.70 |
| 6 | 195 | Jonathan Kirkland 20M | Chesterfield & District AC | 3.30 |
| 7 | 216 | David Dempsey 20M | Longwood Harriers AC | 3.30 |
| 8 | 261 | Katie Byres SW | Sale Harriers Manchester | 3.30 |
| 9 | 196 | Greg Murrow VM50 | Mansfield Harriers | 3.20 |
| 9 | 178 | Katherine Wilson 17W | Doncaster AC | 3.20 |
| 11 | 171 | Adrian White VM35 | Lincoln Wellington | 3.20 |
| 12 | 198 | Darren Thomas SM | Wakefield District H & AC | 3.30 |
| 13 | 288 | Patricja Krawczyk SW | Dearneside High AC | 3.00 |
| 14 | 308 | Mark Smith SM | Wakefield District H & AC | 3.00 |
| 15 | 243 | Lindsay Johnson SW | Trafford AC | 2.70 |
| 16 | 237 | Mark De Vergori 17M | Chesterfield & District AC | 2.60 |
| 17 | 34 | Matthew Kirkland 15B | Chesterfield & District AC | 2.20 |
| 17 | 168 | Hayley Fox SW | Lincoln Wellington | 2.20 |

F02 U15 Shot Putt FINAL

FINAL

| | | | | |
|----|-----|-----------------------|----------------------------|------|
| 1 | 88 | Hannah Dunderdale 15G | Lincoln Wellington | 9.66 |
| 2 | 84 | Becky Woolley 15G | Mansfield Harriers | 9.09 |
| 3 | 27 | Kelse Hutchinson 15G | Derby AC | 8.66 |
| 4 | 43 | Charlotte Davies 15G | Rugby & Northampton | 8.46 |
| 5 | 15 | Grace Eyles 15G | Wakefield District H & AC | 8.39 |
| 6 | 1 | Christopher Price 15B | City of Sheffield AC | 7.96 |
| 7 | 101 | Kane Jordan 13B | Derby AC | 7.67 |
| 8 | 83 | Jake Foster 13B | Louth AC | 7.54 |
| 9 | 129 | Ross Blakemore 15B | | 7.25 |
| 10 | 18 | Rebecca Watts 15G | Wakefield District H & AC | 6.74 |
| 11 | 74 | Nathan Pentin 15B | Chesterfield & District AC | 6.46 |
| 12 | 64 | Sam Higgins 15B | City of Sheffield AC | 6.40 |
| 13 | 104 | Lauren Cunliffe 15G | East Cheshire Harriers | 6.36 |
| 14 | 59 | Lucy Eddy 15G | Retford AC | 6.19 |
| 15 | 98 | Sophie Ellerker 15G | Wakefield District H & AC | 5.91 |
| 16 | 37 | Bethany Thomas | Wakefield District H & AC | 5.84 |
| 17 | 12 | Jasmine Porter 15G | Wakefield District H & AC | 5.83 |
| 18 | 60 | Jack Eddy 13B | Retford AC | 5.23 |
| 19 | 24 | Cormack Lever 13B | City of Sheffield AC | 5.16 |
| 20 | 2 | Vicky Price 13G | City of Sheffield AC | 4.93 |
| 21 | 61 | Georgia Hatton 13G | Crewe & Nantwich AC | 4.76 |

F03 U15 High Jump FINAL

FINAL

| | | | | |
|----|-----|-------------------------|---------------------------|------|
| 1 | 103 | Tom Leyshon 15B | Wakefield District H & AC | 1.65 |
| 2 | 81 | Kate Anson 15G | Liverpool Harriers | 1.60 |
| 3 | 80 | James Wright 15B | Rugby & Northampton | 1.60 |
| 4 | 71 | Nathan Hewitt 15B | Barnsley AC | 1.60 |
| 5 | 58 | Ryan Crawley 15B | City of Sheffield AC | 1.55 |
| 6 | 30 | Nicole Bewley 15G | Doncaster AC | 1.50 |
| 7 | 29 | Suzanne Palmer 15G | Derby AC | 1.50 |
| 8 | 19 | Lucy Hodgson 15G | City of Sheffield AC | 1.45 |
| 8 | 76 | Saadia Hassan 15G | Charnwood AC | 1.45 |
| 9 | 102 | Jack Dale 15B | Macclesfield Harriers | 1.40 |
| 10 | 52 | Alexander Macdonald 15B | Retford AC | 1.40 |
| 11 | 85 | Emily Butlin 15G | Amber Valley AC | 1.40 |
| 12 | 40 | Katie Rowe 15G | Rugby & Northampton | 1.40 |
| 13 | 34 | Matthew Kirkland | Chesterfield & DAC | 1.35 |
| 14 | 62 | Heidi Hopwood 15G | East Cheshire Harriers | 1.35 |
| 15 | 59 | Lucy Eddy 15G | Retford AC | 1.35 |
| 16 | 20 | Amy Hodgson 13G | City of Sheffield AC | 1.30 |
| 17 | 13 | Bethany Porter 15G | Wakefield District H & AC | 1.30 |
| 18 | 89 | Haran Dunderdale 13B | Lincoln Wellington | 1.30 |
| 19 | 88 | Hannah Dunderdale 15G | Lincoln Wellington | 1.30 |
| 20 | 5 | Daniel Dale 15B | Retford AC | 1.25 |
| 21 | 83 | Jake Foster 13B | Louth AC | 1.25 |
| 22 | 319 | Heather Sayer | Mencap Sport | 1.20 |
| 23 | 104 | Lauren Cunliffe 15G | East Cheshire Harriers | 1.15 |

F04 Senior Triple Jump FINAL

FINAL

| | | | | |
|----|-----|------------------------|----------------------------|-------|
| 1 | 302 | Joe Curtis SM | Solihull & Small Heath | 14.15 |
| 2 | 213 | John Lee SM | Trafford AC | 13.71 |
| 3 | 216 | David Dempsey 20M | Longwood Harriers AC | 12.86 |
| 4 | 174 | Chris Sinclair SM | Bolton United Harriers | 12.70 |
| 5 | 236 | Charlie Dryden 20M | Middlesbrough AC (Mandale) | 12.57 |
| 6 | 219 | Nick Phelps 20M | Middlesbrough AC (Mandale) | 12.00 |
| 7 | 146 | Liam O.Malley 17M | | 11.88 |
| 8 | 260 | Alex Pycok 17M | Boston & District AC | 11.54 |
| 9 | 159 | Josh Bones 17M | Scunthorpe & District AC | 11.45 |
| 10 | 222 | Kelly Hilton SW | Chorley AC | 10.99 |
| 11 | 357 | Thomas Kitchen 17M | | 10.88 |
| 12 | 152 | Danielle Gilchrist 17W | Cleethorpes AC | 10.06 |
| 13 | 181 | Jess Foster 17W | City of York | 9.69 |

F05 Senior Shot Putt FINAL

FINAL

| | | | | |
|----|-----|----------------------|---------------------------|-------|
| 1 | 238 | Daniel Gardener 20M | Leeds City AC | 12.93 |
| 2 | 294 | Matthew Woolley SM | Mansfield Harriers | 12.32 |
| 3 | 149 | Hannah Evenden 20W | Leeds City AC | 11.93 |
| 4 | 167 | John Twiddle SM | Kingston upon Hull AC | 11.23 |
| 5 | 212 | Debbie Collinson SW | Wakefield District H & AC | 11.13 |
| 6 | 179 | Troy Kennedy SM | Doncaster AC | 10.83 |
| 7 | 203 | Fiona Thomas SW | Wakefield District H & AC | 10.80 |
| 8 | 253 | Vicky Young SW | Gateshead Harriers & AC | 10.59 |
| 9 | 329 | Kostandino Abass 17M | Mencap Sport | 10.58 |
| 10 | 357 | Thomas Kitchen 17M | | 9.58 |
| 11 | 194 | Emily Moss 20W | Peterborough AC | 9.50 |
| 12 | 240 | Emma Simpson 20W | Scunthorpe & District AC | 9.23 |
| 13 | 300 | Joe Dunderdale 17M | Lincoln Wellington | 8.38 |
| 14 | 308 | Mark Smith SM | Wakefield District H & AC | 7.62 |
| 15 | 217 | Aneise Spindley 17W | Scunthorpe & District AC | 6.11 |
| 16 | 319 | Heather Sayer SW | Mencap Sport | 5.81 |
| 17 | 321 | Claire Ryan SW | Mencap Sport | 5.77 |
| 18 | 341 | Sheila Bolland W65 | Spenborough & District | 5.74 |
| 19 | 329 | Kostandino Abass 17M | Mencap Sport | 5.58 |
| 20 | 326 | Kathy Greer 20W | Mencap Sport | 5.45 |

F06 U15 Long Jump FINAL**FINAL**

| | | | |
|----|-----|--|------|
| 1 | 146 | Liam O'Malley 17M | 5.92 |
| 2 | 38 | Ashley Wren 15B Scunthorpe & District AC | 5.85 |
| 3 | 47 | Matthew Chambers 15B Bingley Harriers | 5.43 |
| 4 | 14 | Jack Mitchell 15B Wakefield District H & AC | 4.96 |
| 5 | 25 | Cameron Barrows 15B City of Sheffield AC | 4.86 |
| 6 | 94 | Adam Khan 15B City of Sheffield AC | 4.76 |
| 7 | 3 | Luke Hutchins 15B East Cheshire Harriers | 4.73 |
| 8 | 49 | Olivia Neal 15G Rotherham Harriers | 4.59 |
| 9 | 64 | Sam Higgins 15B City of Sheffield AC | 4.48 |
| 10 | 18 | Rebecca Watts 15G Wakefield District H & AC | 4.47 |
| 11 | 292 | Jake Myers 17M Derby AC | 4.40 |
| 12 | 13 | Bethany Porter 15G Wakefield District H & AC | 4.39 |
| 13 | 52 | Alexander Macdonald 15B Retford AC | 4.33 |
| 14 | 15 | Grace Eyles 15G Wakefield District H & AC | 4.28 |
| 15 | 93 | Ethan Anderson 15B Louth AC | 4.23 |
| 16 | 1 | Christopher Price 15B City of Sheffield AC | 4.23 |
| 17 | 19 | Lucy Hodgson 15G City of Sheffield AC | 4.23 |
| 18 | 55 | Daniel Grogan 13B Louth AC | 4.19 |
| 19 | 24 | Cormack Lever 13B City of Sheffield AC | 4.15 |
| 20 | 43 | Charlotte Davies 15G Rugby & Northampton | 4.14 |
| 21 | 62 | Heidi Hopwood 15G East Cheshire Harriers | 4.12 |
| 22 | 45 | Kassidy Knight 15G Blackpool Wyre & Fylde | 3.98 |
| 23 | 68 | Claire Hill 15G Holmfirth Harriers | 3.96 |
| 24 | 30 | Nicole Bewley 15G Doncaster AC | 3.96 |
| 25 | 40 | Katie Rowe 15G Rugby & Northampton | 3.76 |
| 26 | 85 | Emily Butlin 15G Amber Valley AC | 3.75 |
| 27 | 53 | Rebecca Scott 13G Doncaster AC | 3.74 |
| 28 | 9 | Paige Massey City of Sheffield | 3.68 |
| 28 | 82 | Shaun Deekens 15B Louth AC | 3.65 |
| 29 | 60 | Jack Eddy 13B Retford AC | 3.64 |
| 30 | 20 | Amy Hodgson 13G City of Sheffield AC | 3.64 |
| 31 | 56 | Kaylee Deekens 13G Louth AC | 3.60 |
| 32 | 33 | Daniel Beadsley 13B Halifax Harriers | 3.57 |
| 33 | 128 | Joe Hobson 13B | 3.55 |
| 34 | 69 | Megan Ttereve 15G City of Sheffield AC | 3.44 |
| 35 | 48 | Ryan Sutton 13B Shildon AC | 3.39 |
| 36 | 142 | Nicole Taylor 15G | 3.38 |
| 37 | 23 | Sophie Taylor 13G City of Sheffield AC | 3.25 |

T01a Senior M 60m Hurdles Heats

| | | | | | |
|----------------|-----|-------------------|-----------------------------|-------|------|
| Heat 01 | | | | W/S: | |
| 1 | 268 | Chris Wright | Unattached | 8.87 | W/S: |
| 2 | 308 | Mark Smith | Wakefield District H & AC | 9.64 | W/S: |
| 3 | 179 | Troy Kennedy | Doncaster AC | 10.02 | W/S: |
| 4 | 171 | Adrian White VM35 | Lincoln Wellington | 11.21 | W/S: |
| 5 | 162 | Noveed Adris | Middlesbrough & Cleveland H | 11.53 | W/S: |

T01b U20M 60m Hurdles Heats

| | | | | | |
|----------------|-----|-----------------|----------------------------|-------|------|
| Heat 01 | | | | W/S: | |
| 1 | 238 | Daniel Gardiner | Leeds City AC | 8.98 | W/S: |
| 2 | 216 | David Dempsey | Longwood Harriers AC | 8.99 | W/S: |
| 3 | 219 | Nick Phelps | Middlesbrough AC (Mandale) | 9.10 | W/S: |
| 4 | 139 | Simon Pegh | | 12.55 | W/S: |

T01c U17M 60m Hurdles Heats

| | | | | | |
|----------------|-----|----------------|--------------------|------|------|
| Heat 01 | | | | W/S: | |
| 1 | 279 | Jack Meredith | Liverpool Harriers | 8.19 | W/S: |
| 2 | 123 | Michael Feeney | Amber Valley AC | 8.72 | W/S: |
| 3 | 205 | Oliver Palmer | City of York AC | 9.27 | W/S: |
| 4 | 130 | Nathan Mersh | | 9.44 | W/S: |

T01e U20W 60m Hurdles Heats

| | | | | | |
|----------------|-----|---------------------|---------------------|-------|------|
| Heat 01 | | | | W/S: | |
| 1 | 307 | Lisa Revitt | Doncaster AC | 9.34 | W/S: |
| 2 | 222 | Kelly Hilton SW | Chorley AC | 9.41 | W/S: |
| 3 | 180 | Becky Holdsworth SW | Doncaster AC | 9.96 | W/S: |
| 4 | 230 | Sally Hughes SW | Birchfield Harriers | 10.06 | W/S: |
| 5 | 194 | Emily Moss | Peterborough AC | 10.67 | W/S: |
| 6 | 293 | Jodie Williamson | Goole Youth AC | 11.59 | W/S: |

T01f U15B 60m Hurdles Heats

| | | | | | |
|----------------|----|--------------|--------------------------|-------|------|
| Heat 01 | | | | W/S: | |
| 1 | 38 | Ashley Wren | Scunthorpe & District AC | 9.58 | W/S: |
| 2 | 80 | James Wright | Rugby & Northampton | 9.72 | W/S: |
| 3 | 17 | Ryan Miller | Derby AC | 9.94 | W/S: |
| 4 | 94 | Adam Khan | City of Sheffield AC | 11.04 | W/S: |

T01g U17W 60m Hurdles Heats

| | | | | | |
|----------------|-----|-------------------|----------------------------|-------|------|
| Heat 01 | | | | W/S: | |
| 1 | 150 | Ashleigh Wood | Middlesbrough AC (Mandale) | 9.26 | W/S: |
| 2 | 127 | Emma Komocki | Amber Valley AC | 9.54 | W/S: |
| 3 | 217 | Aneleise Spindley | Scunthorpe & District AC | 11.43 | W/S: |

T01h U15G 60m Hurdles Heats

| | | | | | |
|----------------|----|------------------|---------------------------|-------|------|
| Heat 01 | | | | W/S: | |
| 1 | 97 | Kelly Clark | City of Sheffield AC | 9.71 | W/S: |
| 2 | 90 | Rebecca Davies | Rugby & Northampton | 9.89 | W/S: |
| 3 | 13 | Bethany Porter | | 10.23 | W/S: |
| 4 | 50 | Samantha Brook | Wakefield District H & AC | 11.39 | W/S: |
| 5 | 30 | Nicole Bewley | Doncaster AC | 11.47 | W/S: |
| 6 | 43 | Charlotte Davies | Rugby & Northampton | DNF | W/S: |

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|----------------|----|------------------|----------|------|------|
| Heat 02 | | | | W/S: | |
| 1 | 29 | Suzanne Palmer | Derby AC | 9.56 | W/S: |
| 2 | 27 | Kelse Hutchinson | Derby AC | 9.88 | W/S: |

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|---|----|-------------------|---------------------|-------|------|
| 3 | 88 | Hannah Dunderdale | Lincoln Wellington | 10.14 | W/S: |
| 4 | 6 | Eleanor Cresswell | Crewe & Nantwich AC | 10.53 | W/S: |
| 5 | 76 | Saadia Hassan | Charnwood AC | 10.79 | W/S: |

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|----------------|----|------------------|----------------------|-------|------|
| Heat 03 | | | | W/S: | |
| 1 | 16 | Yasmin Miller | Derby AC | 9.44 | W/S: |
| 2 | 81 | Kate Anson | Liverpool Harriers | 10.31 | W/S: |
| 3 | 19 | Lucy Hodgson | City of Sheffield AC | 11.11 | W/S: |
| 4 | 89 | Haran Dunderdale | Lincoln Wellington | 11.76 | W/S: |
| 5 | 75 | Indra Davies | Retford AC | 11.96 | W/S: |

T01i U13G 60m Hurdles Heats

| | | | | | |
|----------------|----|-------------|----------------------|-------|------|
| Heat 01 | | | | W/S: | |
| 1 | 20 | Amy Hodgson | City of Sheffield AC | 11.68 | W/S: |
| 2 | 2 | Vicky Price | City of Sheffield AC | 11.99 | W/S: |

T02a Senior 600m Heats

| | | | | | |
|----------------|-----|----------------------|----------------------|---------|------|
| Heat 01 | | | | W/S: | |
| 1 | 335 | Sam Ellis SM | City of Sheffield AC | 1:17.66 | W/S: |
| 2 | 270 | Christopher Brown SM | Mansfield Harriers | 1:18.94 | W/S: |
| 3 | 301 | Drew Graham SM | Gosforth Harriers | 1:19.27 | W/S: |
| 4 | 312 | Chris Smith 20M | Wirral AC | 1:19.45 | W/S: |
| 5 | 336 | Rhian Haste SM | Rotherham Harriers | 1:19.89 | W/S: |

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|----------------|-----|---|-------------------------|---------|------|
| Heat 02 | | | | W/S: | |
| 1 | 257 | Paul Wright SW | Mansfield Harriers | 1:23.47 | W/S: |
| 2 | 271 | Paul Harmer SM | Charnwood AC | 1:24.21 | W/S: |
| 3 | 160 | Josh Moody 17M | Matlock Athletic | 1:24.94 | W/S: |
| 4 | 144 | John Spence SMSheffield Hallam University AC | | 1:26.01 | W/S: |
| 5 | 166 | Adam Rowland 17M | Gateshead Harriers & AC | 1:26.76 | W/S: |
| 6 | 220 | Chris Thornton SMSheffield Hallam University AC | | 1:28.99 | W/S: |

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|----------------|-----|--------------------|--------------------|---------|------|
| Heat 03 | | | | W/S: | |
| 1 | 349 | Alan Jepson 20M | Doncaster AC | 1:26.18 | W/S: |
| 2 | 355 | Luke Edwards 20M | Barnsley AC | 1:26.34 | W/S: |
| 3 | 338 | Mark Ward SM | Rotherham Harriers | 1:26.59 | W/S: |
| 4 | 264 | Alexander Bell 20M | Harrogate H | 1:28.38 | W/S: |
| 5 | 282 | Peter Andrews SM | Doncaster AC | 1:29.40 | W/S: |
| 6 | 184 | Kevin Pye VM45 | Charnwood AC | 1:33.07 | W/S: |

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|----------------------------|-----|--------------------------|--------------------------------|---------|------------------------------|----------------|---------------------|-----------------------|--------------------------------|---------|------|
| Heat 04 | | | | W/S: | Heat 04 | | | | W/S: | | |
| 1 | 239 | Zach Hooper SM | Amber Valley AC | 1:28.55 | W/S: | 1 | 55 | Daniel Grogan 13B | Louth AC | 1:45.68 | W/S: |
| 2 | 251 | Stefan Wilcockson SM | Mansfield Harriers | 1:29.43 | W/S: | 2 | 39 | Beth Pattison 15G | Scunthorpe & District AC | 1:49.08 | W/S: |
| 3 | 309 | Mitchell Robinson 17M | Chesterfield & District AC | 1:29.76 | W/S: | 3 | 96 | Grace Dennis 15G | City of Sheffield AC | 1:54.77 | W/S: |
| 4 | 143 | Michael Mumford 20M | Mansfield Harriers | 1:29.94 | W/S: | 4 | 66 | Tabitha Howe 15G | Hallamshire Harriers | 1:57.09 | W/S: |
| 5 | 273 | James Buck 17M | City of York AC | 1:30.96 | W/S: | 5 | 82 | Shaun Deekens 15B | Louth AC | 2:04.37 | W/S: |
| 6 | 148 | Ryan Stevenson 17M | Chesterfield & District AC | 1:31.14 | W/S: | 6 | 2 | Vicky Price 13G | City of Sheffield AC | 2:07.35 | W/S: |
| Heat 05 | | | | W/S: | Heat 05 | | | | W/S: | | |
| 1 | 218 | Nisha Desai SW | Trafford AC | 1:33.16 | W/S: | 1 | 63 | Ashley Langton 13B | Doncaster AC | 1:54.28 | W/S: |
| 2 | 147 | Calum Gardner 17M | | 1:33.23 | W/S: | 2 | 72 | Becky Lancaster 15G | Wakefield District H & AC | 1:56.35 | W/S: |
| 3 | 135 | Mark Farrugia 17M | Starmax Malta | 1:34.56 | W/S: | 3 | 23 | Sophie Taylor 13G | City of Sheffield AC | 1:58.13 | W/S: |
| 4 | 291 | Jodie Hart SW | Unattached | 1:34.89 | W/S: | 4 | 53 | Rebecca Scott 13G | Doncaster AC | 2:02.55 | W/S: |
| 5 | 298 | Alex Turner 17W | Amber Valley AC | 1:40.31 | W/S: | 5 | 56 | Kaylee Deekens 13G | Louth AC | 2:05.19 | W/S: |
| 6 | 136 | Clive Gerada 20M | Starmax Malta | 1:51.51 | W/S: | 6 | 21 | Lucy Helas 13G | Lincoln Wellington | 2:06.14 | W/S: |
| Heat 06 | | | | W/S: | Heat 06 | | | | W/S: | | |
| 1 | 140 | Tom Coney 17M | Wakefield District H & AC | 1:35.14 | W/S: | 1 | 86 | Jessica Turner 15G | Amber Valley AC | 1:54.96 | W/S: |
| 2 | 73 | Ashley Raby 15B | Wakefield District H & AC | 1:35.49 | W/S: | 2 | 9 | Paige Massey 13G | City of Sheffield AC | 2:03.68 | W/S: |
| 3 | 356 | Hannah Bird 20W | Barnsley AC | 1:38.90 | W/S: | 3 | 11 | Hannah Walker 13G | Halifax Harriers | 2:01.62 | W/S: |
| 4 | 352 | Rebecca Ferguson 17W | Gateshead Harriers & AC | 1:39.23 | W/S: | 4 | 128 | Joe Hobson 13B | | 2:06.20 | W/S: |
| 5 | 132 | Martina Xuareb 20W | Starmax Malta | 1:40.28 | W/S: | 5 | 78 | Emma Simpson 15G | Wakefield District H & AC | 2:07.15 | W/S: |
| 6 | 337 | Lydia Chamberlain SW | Lincoln Wellington | 1:47.52 | W/S: | | | | | | |
| Heat 07 | | | | W/S: | Heat 07 | | | | W/S: | | |
| 1 | 330 | Jamie Graham 17M | Mencap Sport | 1:35.17 | W/S: | 1 | 102 | Jack Dale 15B | Macclesfield Harriers | 1:56.27 | W/S: |
| 2 | 275 | Katherine Wellam SW | Sale Harriers Manchester | 1:40.98 | W/S: | 2 | 33 | Daniel Beadsley 13B | Halifax Harriers | 2:01.55 | W/S: |
| 3 | 133 | Francesca Xuareb 20W | Starmax Malta | 1:42.95 | W/S: | 3 | 79 | Adam Wright 13G | Rugby & Northampton | 2:01.62 | W/S: |
| 4 | 313 | Laura Bealey SWS | Sheffield Hallam University AC | 1:43.87 | W/S: | 4 | 7 | Bradley Fowler 13B | Buxton AC | 2:11.59 | W/S: |
| 5 | 185 | Alan Maddocks VM55 | Mansfield Harriers | 1:44.30 | W/S: | 5 | 48 | Ryan Sutton 13B | Shildon AC | 2:18.16 | W/S: |
| 6 | 263 | Sarah Rhodes SW | Leeds University | 1:46.13 | W/S: | 6 | 137 | Sophie Quince 13G | | 2:18.91 | W/S: |
| Heat 08 | | | | W/S: | T04 Senior 150m Heats | | | | | | |
| 1 | 300 | Joe Dunderdale 17M | Lincoln Wellington | 1:41.14 | W/S: | Heat 01 | | | W/S: | | |
| 2 | 266 | Sharon Trusch SW | Preston AC | 1:43.25 | W/S: | 1 | 359 | Umar Hameed 20M | Leeds City AC | 16.50 | W/S: |
| 3 | 228 | Hayley Strachan 17W | Cleethorpes AC | 1:44.16 | W/S: | 2 | 304 | Ricardo Francis 20M | Wakefield District H & AC | 16.76 | W/S: |
| 4 | 244 | Mary-Ann Phillips 17W | Lincoln Wellington | 1:44.77 | W/S: | 3 | 207 | Anthony Ashton SM | Bury AC | 17.11 | W/S: |
| 5 | 210 | Emily Reeve 17G | Mansfield Harriers | 1:47.84 | W/S: | 4 | 262 | Adam Storer 20W | Rugby & Northampton | 17.58 | W/S: |
| 6 | 194 | Emily Moss 20W | Peterborough AC | 1:48.24 | W/S: | 5 | 176 | Shaun Rathbone 20M | Amber Valley AC | 17.99 | W/S: |
| Heat 09 | | | | W/S: | 6 | 120 | Alistair Moore SM | Border Harriers & AC | 18.55 | W/S: | |
| 1 | 332 | Darryl Oldale 17M | Mencap Sport | 1:50.19 | W/S: | Heat 02 | | | W/S: | | |
| 2 | 141 | Damen Benn 17M | Mencap Sport | 1:53.08 | W/S: | 1 | 125 | Gabriel Akin SM | Leeds University | 17.03 | W/S: |
| 3 | 175 | Laura McMunn 17M | Lincoln Wellington | 1:53.12 | W/S: | 2 | 177 | Dave Readle SM | Liverpool Pembroke & Sefton AC | 17.31 | W/S: |
| 99 | 293 | Jodie Williamson 20W | Goole Youth AC | DNF | W/S: | 3 | 260 | Alex Pycocock 17M | Boston & District AC | 17.68 | W/S: |
| T03b U15 600m Heats | | | | | 4 | 258 | Martin White VM35 | Mansfield Harriers | 17.85 | W/S: | |
| Heat 01 | | | | W/S: | 5 | 299 | Mathew Stone SM | Unattached | 17.86 | W/S: | |
| 1 | 94 | Adam Khan 15B | City of Sheffield AC | 1:43.24 | W/S: | 6 | 351 | Steven Moran SM | St Helens Sutton AC | 17.92 | W/S: |
| 2 | 41 | Abbey Stanley 15G | City of Sheffield AC | 1:44.38 | W/S: | Heat 03 | | | W/S: | | |
| 3 | 358 | Vicki Lawrence 15G | Lincoln Wellington | 1:47.11 | W/S: | 1 | 283 | Adam Collinson 17M | City of York AC | 17.72 | W/S: |
| 4 | 89 | Haran Dunderdale 13B | Lincoln Wellington | 1:50.23 | W/S: | 2 | 333 | Jonathan Kay SM | Mencap Sport | 17.88 | W/S: |
| 5 | 31 | Harriet Middlebrough 15G | Skyrac AC | 1:50.64 | W/S: | 3 | 209 | Kasim Adesanya SM | Notts AC | 17.94 | W/S: |
| 6 | 44 | Katie Seddon 15G | Leeds City AC | 1:58.27 | W/S: | 4 | 122 | Calum Donkin 17M | Mencap Sport | 18.06 | W/S: |
| Heat 02 | | | | W/S: | 5 | 201 | Peter Sserunkuma SM | Notts AC | 18.98 | W/S: | |
| 1 | 70 | Christopher Grayson 15B | City of Sheffield AC | 1:31.10 | W/S: | 273 | James Buck 17M | City of York AC | DNS | W/S: | |
| 2 | 67 | Jack Derham 15B | Goole Youth AC | 1:35.15 | W/S: | Heat 04 | | | W/S: | | |
| 3 | 87 | Jonathan Doull 15B | Matlock Athletic | 1:42.68 | W/S: | 1 | 235 | Ben Holmes 17M | Skyrac AC | 17.83 | W/S: |
| 4 | 10 | Jamie Lunt 15B | Wakefield District H & AC | 1:45.32 | W/S: | 2 | 331 | Luke Spiers 17M | Mencap Sport | 18.11 | W/S: |
| 5 | 50 | Samantha Brook 15G | Wakefield District H & AC | 1:46.50 | W/S: | 3 | 193 | Peter Hickey VM50 | Northern Vets AC | 18.19 | W/S: |
| 6 | 14 | Jack Mitchell 15B | Wakefield District H & AC | 1:49.29 | W/S: | 4 | 349 | Alan Jepson 20M | Doncaster AC | 18.26 | W/S: |
| Heat 03 | | | | W/S: | 5 | 311 | Jonathan Newell SM | Mansfield Harriers | 18.74 | W/S: | |
| 1 | 93 | Ethan Anderson 15B | Louth AC | 1:47.38 | W/S: | 6 | 330 | Jamie Graham 17M | Mencap Sport | 19.20 | W/S: |
| 2 | 4 | Bethany Sharp 15G | Wakefield District H & AC | 1:48.44 | W/S: | Heat 05 | | | W/S: | | |
| 3 | 77 | Scott Smith 13B | City of Sheffield AC | 1:50.20 | W/S: | 1 | 296 | Phil Hay 17M | Middlesbrough AC (Mandale) | 18.05 | W/S: |
| 4 | 101 | Kane Jordan 13B | Derby AC | 1:53.22 | W/S: | 2 | 259 | Luke Storer 17M | Rugby & Northampton | 18.25 | W/S: |
| 5 | 35 | Keira Abbott 13G | Mansfield Harriers | 1:53.27 | W/S: | 3 | 135 | Mark Farrugia 17M | Starmax Malta | 18.34 | W/S: |
| 6 | 91 | Hannah-Marie Slater 13G | Shildon AC | 1:58.25 | W/S: | 4 | 247 | Malcolm Bramhall VM45 | Lincoln Wellington | 18.35 | W/S: |
| | | | | | 5 | 189 | Andrew Kinnear VM45 | Barnsley AC | 18.72 | W/S: | |
| | | | | | 6 | 134 | Glenn Farrugia 20M | Starmax Malta | 18.82 | W/S: | |

| Heat 06 | | | | W/S: |
|----------------|-----|-----------------------|--------------------|------------|
| 1 | 277 | Stephen Swaby SM | Lincoln Wellington | 18.30 W/S: |
| 2 | 250 | Richard Mainprize 20M | Goole Youth AC | 18.39 W/S: |
| 3 | 282 | Peter Andrews SM | Doncaster AC | 18.78 W/S: |
| 4 | 132 | Martina Xuareb 20W | Starmax Malta | 18.88 W/S: |
| 5 | 161 | Terry Fowler VM40 | Buxton AC | 19.41 W/S: |
| 6 | 184 | Kevin Pye VM45 | Charnwood AC | 19.88 W/S: |

| Heat 07 | | | | W/S: |
|----------------|-----|-----------------------|--------------------|------------|
| 1 | 291 | Jodie Hart SW | Unattached | 18.41 W/S: |
| 2 | 241 | Bola Ajekigbe 17M | Unattached | 18.54 W/S: |
| 3 | 180 | Becky Holdsworth SW | Doncaster AC | 19.48 W/S: |
| 4 | 354 | Matthew Moore 17M | Lincoln Wellington | 19.61 W/S: |
| 5 | 244 | Mary-Ann Phillips 17W | Lincoln Wellington | 19.70 W/S: |
| 6 | 317 | Nathan Wells SM | Mencap Sport | 19.71 W/S: |

| Heat 08 | | | | W/S: |
|----------------|-----|------------------------|----------------------------|------------|
| 1 | 208 | Emma Stokes 20W | Middlesbrough AC (Mandale) | 19.39 W/S: |
| 2 | 284 | Remel Okeke-Wickham SM | Unattached | 19.43 W/S: |
| 3 | 164 | Faye Mitchell 20W | Wakefield District H & AC | 19.91 W/S: |
| 4 | 245 | Renee Baker 17W | Louth AC | 20.11 W/S: |
| 5 | 121 | Claire Eyeington SW | Middlesbrough AC (Mandale) | 20.12 W/S: |
| 6 | 169 | Vicki Seller 20W | City of York | 20.24 W/S: |

| Heat 09 | | | | W/S: |
|----------------|-----|--------------------|--------------------------|------------|
| 1 | 292 | Jake Myers 17M | Derby AC | 18.57 W/S: |
| 2 | 157 | Bethany Hirst 17W | East Cheshire Harriers | 19.74 W/S: |
| 3 | 246 | Shireen Timmis 17W | Lincoln Wellington | 19.86 W/S: |
| 4 | 249 | Sophie Croft 17W | Scunthorpe & District AC | 19.92 W/S: |
| 5 | 173 | Amelia Wood 17W | Grantham AC | 20.30 W/S: |
| 6 | 240 | Emma Simpson 20W | Scunthorpe & District AC | 20.42 W/S: |

| Heat 10 | | | | W/S: |
|----------------|-----|-------------------|-----------------|------------|
| 1 | 332 | Darryl Oldale 17M | Mencap Sport | 19.80 W/S: |
| 2 | 187 | Brogan Fraser 17G | City of York | 20.00 W/S: |
| 3 | 325 | Jerome Nevers 20M | Mencap Sport | 20.27 W/S: |
| 4 | 266 | Sharon Trusch SW | Preston AC | 20.76 W/S: |
| 5 | 194 | Emily Moss 20W | Peterborough AC | 21.08 W/S: |
| 6 | 323 | Mark Bruce 20M | Mencap Sport | 21.25 W/S: |

| Heat 11 | | | | W/S: |
|----------------|-----|-------------------|----------------------|------------|
| 1 | 188 | Luke South 17M | City of Sheffield AC | 17.85 W/S: |
| 2 | 321 | Claire Ryan SW | Mencap Sport | 20.57 W/S: |
| 3 | 231 | Emma Cluley 20W | Rugby & Northampton | 20.64 W/S: |
| 4 | 322 | Ashlei Isaacs 20W | Mencap Sport | 20.85 W/S: |
| 5 | 151 | Heather Dyson 17W | Rotherham Harriers | 20.96 W/S: |

| Heat 12 | | | | W/S: |
|----------------|-----|-----------------------|----------------------------|------------|
| 1 | 150 | Ashleigh Wood 17W | Middlesbrough AC (Mandale) | 20.02 W/S: |
| 2 | 310 | Chloe Bradley 17W | Retford AC | 20.50 W/S: |
| 3 | 217 | Aneleise Spindley 17W | Scunthorpe & District AC | 21.29 W/S: |
| 4 | 139 | Simon Pegh | | 21.33 W/S: |
| 5 | 248 | Denise Timmis VW45 | Lincoln Wellington | 21.96 W/S: |
| 6 | 256 | Emily Hatton 17W | Crewe & Nantwich AC | 23.07 W/S: |

T05 Senior 2000m Heats

| Heat 01 | | | | W/S: |
|----------------|-----|---------------------|--------------------------------|--------------|
| 1 | 160 | Josh Moody 17M | Matlock Athletic | 5:55.38 W/S: |
| 2 | 306 | Matthew Proctor 20M | Rochdale Harriers | 5:55.47 W/S: |
| 3 | 126 | Andrew Kaar SM | Mencap Sport | 5:57.43 W/S: |
| 4 | 254 | Elliott Jackson 17M | New Marske Harriers | 6:05.00 W/S: |
| 5 | 343 | Kyle Fowler 17M | Staffs Moorlands | 6:07.47 W/S: |
| 6 | 339 | Jonathan Hedley Sm | Sheffield Hallam University AC | 6:17.72 W/S: |
| 7 | 148 | Ryan Stevenson 17M | Chesterfield & District AC | 6:38.78 W/S: |
| 8 | 154 | Mark Quince SM | Buxton AC | 7:03.57 W/S: |

| Heat 02 | | | | W/S: |
|----------------|-----|----------------------|---------------------------|---------------|
| 1 | 140 | Tom Coney 17M | Wakefield District H & AC | 6:36.96 W/S: |
| 2 | 182 | Jessica Russon 17W | New Marske Harriers | 6:53.02 W/S: |
| 3 | 303 | Hester Talbot 17W | Lincoln Wellington | 7:10.51 W/S: |
| 4 | 161 | Terry Fowler VM40 | Buxton AC | 7:17.91 W/S: |
| 5 | 141 | Damen Benn 17M | Mencap Sport | 7:35.05 W/S: |
| 6 | 232 | Louise Appleby SW | Charnwood | 7:53.53 W/S: |
| 7 | 133 | Francesca Xuareb 20W | Starmax Malta | 8:01.70 W/S: |
| 8 | 232 | Louise Appleby SW | Charnwood | 12:06.94 W/S: |

T06 Senior 60m Heats

| Heat 01 | | | | W/S: |
|----------------|-----|---------------------|--------------------------------|-----------|
| 1 | 359 | Umar Hameed 20M | Leeds City AC | 7.10 W/S: |
| 2 | 125 | Gabriel Akin SM | Leeds University | 7.14 W/S: |
| 3 | 304 | Ricardo Francis 20M | Wakefield District H & AC | 7.16 W/S: |
| 4 | 238 | Daniel Gardener 20M | | 7.23 W/S: |
| 5 | 207 | Anthony Ashton SM | Bury AC | 7.31 W/S: |
| 6 | 294 | Matthew Woolley SM | Mansfield Harriers | 7.36 W/S: |
| 7 | 177 | Dave Readle SML | Liverpool Pembroke & Sefton AC | 7.37 W/S: |
| 8 | 200 | Matthew Quine 20M | Reading AC | 7.39 W/S: |

| Heat 02 | | | | W/S: |
|----------------|-----|--------------------|----------------------------|-----------|
| 1 | 236 | Charlie Dryden 20M | Middlesbrough AC (Mandale) | 7.32 W/S: |
| 2 | 156 | Adam Parkinson 17M | Scunthorpe & District AC | 7.35 W/S: |
| 3 | 279 | Jack Meredith 17M | Liverpool Harriers | 7.38 W/S: |
| 4 | 360 | Tim Hayward SM | City of Sheffield AC | 7.39 W/S: |
| 5 | 188 | Luke South 17M | City of Sheffield AC | 7.55 W/S: |
| 7 | 135 | Mark Farrugia 17M | Starmax Malta | 7.69 W/S: |
| 8 | 120 | Alistair Moore SM | Border Harriers & AC | 7.88 W/S: |

| Heat 03 | | | | W/S: |
|----------------|-----|-----------------------|----------------------------|-----------|
| 1 | 176 | Shaun Rathbone 20M | Amber Valley AC | 7.46 W/S: |
| 2 | 355 | Luke Edwards 20M | Barnsley AC | 7.48 W/S: |
| 3 | 262 | Adam Storer 20W | Rugby & Northampton | 7.54 W/S: |
| 4 | 260 | Alex Pycocock 17M | Boston & District AC | 7.55 W/S: |
| 5 | 283 | Adam Collinson 17M | City of York AC | 7.65 W/S: |
| 6 | 258 | Martin White VM35 | Mansfield Harriers | 7.68 W/S: |
| 7 | 296 | Phil Hay 17M | Middlesbrough AC (Mandale) | 7.70 W/S: |
| 7 | 250 | Richard Mainprize 20M | Goole Youth AC | 7.70 W/S: |

| Heat 04 | | | | W/S: |
|----------------|-----|----------------------|---------------------------|-----------|
| 1 | 333 | Jonathan Kay SM | Mencap Sport | 7.55 W/S: |
| 2 | 257 | Paul Wright SW | Mansfield Harriers | 7.57 W/S: |
| 3 | 122 | Calum Donkin 17M | Mencap Sport | 7.67 W/S: |
| 4 | 209 | Kasim Adesanya SM | Notts AC | 7.70 W/S: |
| 5 | 155 | Calum Whitham 17M | Wakefield District H & AC | 7.71 W/S: |
| 6 | 331 | Luke Spiers 17M | Mencap Sport | 7.76 W/S: |
| 7 | 251 | Stefan Wilcockson SM | Mansfield Harriers | 7.78 W/S: |
| 8 | 193 | Peter Hickey VM50 | Northern Vets AC | 7.90 W/S: |

| Heat 05 | | | | W/S: |
|----------------|-----|-----------------------|--------------------|-----------|
| 1 | 276 | James Caine 20M | Bingley Harriers | 7.42 W/S: |
| 2 | 289 | Chris Leslie 17M | Lincoln Wellington | 7.73 W/S: |
| 3 | 247 | Malcolm Bramhall VM45 | Lincoln Wellington | 7.89 W/S: |
| 4 | 131 | Richard Williams | | 7.99 W/S: |
| 5 | 277 | Stephen Swaby SM | Lincoln Wellington | 8.03 W/S: |
| 6 | 189 | Andrew Kinnear VM45 | Barnsley AC | 8.03 W/S: |
| 7 | 201 | Peter Sserunkuma SM | Notts AC | 8.05 W/S: |
| 8 | 311 | Jonathan Newell SM | Mansfield Harriers | 8.14 W/S: |

| Heat 06 | | | | W/S: |
|----------------|-----|--------------------|-----------------------------|-----------|
| 1 | 259 | Luke Storer 17M | Rugby & Northampton | 7.75 W/S: |
| 2 | 219 | Nick Phelps 20M | Middlesbrough AC (Mandale) | 7.79 W/S: |
| 3 | 241 | Bola Ajekigbe 17M | Unattached | 7.89 W/S: |
| 4 | 356 | Hannah Bird 20W | Barnsley AC | 7.97 W/S: |
| 5 | 132 | Martina Xuareb 20W | Starmax Malta | 8.03 W/S: |
| 6 | 179 | Troy Kennedy SM | Doncaster AC | 8.14 W/S: |
| 7 | 162 | Noveed Adris SM | Middlesbrough & Cleveland H | 8.37 W/S: |
| 8 | 186 | Lee Hunter SM | Middlesbrough AC (Mandale) | 8.69 W/S: |

| Heat 07 | | | | W/S: |
|----------------|-----|--------------------|----------------------------|-----------|
| 1 | 159 | Josh Bones 17M | Scunthorpe & District AC | 7.94 W/S: |
| 2 | 8 | Joe Williamson 15 | Charwood AC | 8.02 W/S: |
| 3 | 317 | Nathan Wells SM | Mencap Sport | 8.18 W/S: |
| 4 | 325 | Jerome Nevers 20M | Mencap Sport | 8.20 W/S: |
| 5 | 208 | Emma Stokes 20W | Middlesbrough AC (Mandale) | 8.21 W/S: |
| 6 | 357 | Thomas Kitchen 17M | | 8.37 W/S: |
| 7 | 269 | Jess Kennedy 17W | Middlesbrough AC (Mandale) | 8.42 W/S: |
| 8 | 322 | Ashlei Isaacs 20W | Mencap Sport | 8.48 W/S: |

| Heat 08 | | | | W/S: | Heat 04 | | | | W/S: | | |
|----------------|-----|---------------------|----------------------------|------|----------------|---|-----|--------------------|---------------------------|------|------|
| 1 | 134 | Glenn Farrugia 20M | Starmax Malta | 7.72 | W/S: | 1 | 97 | Kelly Clark 15G | City of Sheffield AC | 8.40 | W/S: |
| 2 | 221 | Jayne Norton 17M | Middlesbrough AC (Mandale) | 8.23 | W/S: | 2 | 15 | Grace Eyles 15G | Wakefield District H & AC | 8.43 | W/S: |
| 3 | 229 | Katy Wyper 17W | Blackpool Wyre & Fylde | 8.25 | W/S: | 3 | 18 | Rebecca Watts 15G | Wakefield District H & AC | 8.49 | W/S: |
| 3 | 180 | Becky Holdsworth SW | Doncaster AC | 8.25 | W/S: | 4 | 36 | Rachel Shaw 13G | Doncaster AC | 8.65 | W/S: |
| 5 | 231 | Emma Cluley 20W | Rugby & Northampton | 8.38 | W/S: | 5 | 129 | Ross Blakemore 15B | | 8.66 | W/S: |
| 6 | 157 | Bethany Hirst 17W | East Cheshire Harriers | 8.41 | W/S: | 6 | 64 | Sam Higgins 15B | City of Sheffield AC | 8.81 | W/S: |
| 7 | 150 | Ashleigh Wood 17W | Middlesbrough AC (Mandale) | 8.42 | W/S: | 7 | 62 | Heidi Hopwood 15G | East Cheshire Harriers | 8.85 | W/S: |
| 8 | 187 | Brogan Fraser 17G | City of York | 8.48 | W/S: | 8 | 45 | Kassidy Knight 15G | Blackpool Wyre & Fylde | 8.90 | W/S: |

| Heat 09 | | | | W/S: | Heat 05 | | | | W/S: | | |
|----------------|-----|------------------------|---------------------------|------|----------------|---|-----|---------------------|---------------------------|------|------|
| 1 | 245 | Renee Baker 17W | Louth AC | 8.24 | W/S: | 1 | 90 | Rebecca Davies 15G | Rugby & Northampton | 8.79 | W/S: |
| 2 | 307 | Lisa Revitt 20W | Doncaster AC | 8.29 | W/S: | 2 | 92 | Danielle Gash 15G | City of Sheffield AC | 8.84 | W/S: |
| 3 | 284 | Remel Okeke-Wickham SM | Unattached | 8.33 | W/S: | 3 | 54 | Jonathan Croft 15B | Scunthorpe & District AC | 8.94 | W/S: |
| 4 | 164 | Faye Mitchell 20W | Wakefield District H & AC | 8.41 | W/S: | 4 | 104 | Lauren Cunliffe 15G | East Cheshire Harriers | 8.98 | W/S: |
| 5 | 249 | Sophie Croft 17W | Scunthorpe & District AC | 8.44 | W/S: | 5 | 72 | Becky Lancaster 15G | Wakefield District H & AC | 8.99 | W/S: |
| 6 | 169 | Vicki Sellar 20W | City of York | 8.47 | W/S: | 6 | 78 | Emma Simpson 15G | Wakefield District H & AC | 9.10 | W/S: |
| 7 | 181 | Jess Foster 17W | City of York | 8.60 | W/S: | 7 | 83 | Jake Foster 13B | Louth AC | 9.11 | W/S: |
| 8 | 266 | Sharon Trusch SW | Preston AC | 8.74 | W/S: | 8 | 96 | Grace Dennis 15G | City of Sheffield AC | 9.11 | W/S: |

| Heat 10 | | | | W/S: | Heat 06 | | | | W/S: | | |
|----------------|-----|---------------------|----------------------------|------|----------------|---|-----|---------------------|----------------------|------|------|
| 1 | 124 | Doug Creighton SM | | 7.62 | W/S: | 1 | 33 | Daniel Beadsley 13B | Halifax Harriers | 8.78 | W/S: |
| 2 | 246 | Shireen Timmis 17W | Lincoln Wellington | 8.34 | W/S: | 2 | 84 | Becky Woolley 15G | Mansfield Harriers | 9.11 | W/S: |
| 3 | 173 | Amelia Wood 17W | Grantham AC | 8.37 | W/S: | 3 | 60 | Jack Eddy 13B | Retford AC | 9.20 | W/S: |
| 4 | 121 | Claire Eyeington SW | Middlesbrough AC (Mandale) | 8.58 | W/S: | 4 | 24 | Cormack Lever 13B | City of Sheffield AC | 9.34 | W/S: |
| 5 | 151 | Heather Dyson 17W | Rotherham Harriers | 8.66 | W/S: | 5 | 11 | Hannah Walker 13G | Halifax Harriers | 9.36 | W/S: |
| 6 | 321 | Claire Ryan SW | Mencap Sport | 8.87 | W/S: | 6 | 142 | Nicole Taylor 15G | | 9.40 | W/S: |
| 7 | 286 | Jenny Phelps 17W | Middlesbrough AC (Mandale) | 8.99 | W/S: | 7 | 21 | Lucy Helas 13G | Lincoln Wellington | 9.42 | W/S: |
| 8 | 248 | Denise Timmis VW45 | Lincoln Wellington | 9.15 | W/S: | 8 | 56 | Kaylee Deekens 13G | Louth AC | 9.61 | W/S: |

| Heat 11 | | | | W/S: | Heat 07 | | | | W/S: | | |
|----------------|-----|------------------------|---------------------|-------|----------------|---|-----|-------------------|----------------------|-------|------|
| 1 | 310 | Chloe Bradley 17W | Retford AC | 8.51 | W/S: | 1 | 59 | Lucy Eddy 15G | Retford AC | 9.41 | W/S: |
| 2 | 300 | Joe Dunderdale 17M | Lincoln Wellington | 8.62 | W/S: | 2 | 9 | Paige Massey 13G | City of Sheffield AC | 9.61 | W/S: |
| 3 | 152 | Danielle Gilchrist 17W | Cleethorpes AC | 8.96 | W/S: | 3 | 82 | Shaun Deekens 15B | Louth AC | 9.68 | W/S: |
| 4 | 265 | Peter Wright VM55 | Midland Veterans | 9.01 | W/S: | 4 | 128 | Joe Hobson 13B | | 9.85 | W/S: |
| 5 | 139 | Simon Pegh | | 9.03 | W/S: | 5 | 23 | Sophie Taylor 13G | City of Sheffield AC | 10.05 | W/S: |
| 6 | 256 | Emily Hatton 17W | Crewe & Nantwich AC | 9.56 | W/S: | | | | | | |
| 7 | 138 | Belinda White | | 9.88 | W/S: | | | | | | |
| 8 | 57 | Emily Sharp 15G | Louth AC | 10.03 | W/S: | | | | | | |

| Heat 12 | | | | W/S: | Heat 08 | | | | W/S: | | |
|----------------|-----|----------------------|---------------|------|----------------|---|-----|--------------------|---------------------|-------|------|
| 1 | 161 | Terry Fowler VM40 | Buxton AC | 8.22 | W/S: | 1 | 79 | Adam Wright 13G | Rugby & Northampton | 9.38 | W/S: |
| 2 | 133 | Francesca Xuareb 20W | Starmax Malta | 8.37 | W/S: | 2 | 48 | Ryan Sutton 13B | Shildon AC | 9.98 | W/S: |
| | | | | | | 3 | 137 | Sophie Quince 13G | | 10.38 | W/S: |
| | | | | | | 4 | 7 | Bradley Fowler 13B | Buxton AC | 10.92 | W/S: |

T07 U15 60m Heats

| Heat 01 | | | | W/S: | |
|----------------|-----|----------------------|--------------------------|------|------|
| 1 | 38 | Ashley Wren 15B | Scunthorpe & District AC | 7.80 | W/S: |
| 2 | 47 | Matthew Chambers 15B | Bingley Harriers | 7.82 | W/S: |
| 3 | 225 | Ben Levers-Riley 15B | Mansfield Harriers | 7.89 | W/S: |
| 4 | 25 | Cameron Barrows 15B | City of Sheffield AC | 8.09 | W/S: |
| 5 | 58 | Ryan Crawley 15B | City of Sheffield AC | 8.12 | W/S: |
| 6 | 3 | Luke Hutchins 15B | East Cheshire Harriers | 8.14 | W/S: |
| 7 | 55 | Daniel Grogan 13B | Louth AC | 8.19 | W/S: |
| | | Jay Wilson 15B | City of Sheffield AC | DQ | W/S: |

| Heat 02 | | | | W/S: | |
|----------------|----|-----------------------|---------------------------|------|------|
| 1 | 16 | Yasmin Miller 15G | Derby AC | 8.25 | W/S: |
| 2 | 17 | Ryan Miller 15B | Derby AC | 8.26 | W/S: |
| 3 | 1 | Christopher Price 15B | City of Sheffield AC | 8.29 | W/S: |
| 4 | 29 | Suzanne Palmer 15G | Derby AC | 8.30 | W/S: |
| 5 | 63 | Ashley Langton 13B | Doncaster AC | 8.50 | W/S: |
| 6 | 98 | Sophie Ellerker 15G | Wakefield District H & AC | 8.54 | W/S: |
| 7 | 65 | Kiera Gee 15G | Amber Valley AC | 8.65 | W/S: |
| 8 | 39 | Beth Pattison 15G | Scunthorpe & District AC | 8.69 | W/S: |

| Heat 03 | | | | W/S: | |
|----------------|-----|-----------------------|---------------------------|------|------|
| 1 | 5 | Daniel Dale 15B | Retford AC | 8.39 | W/S: |
| 2 | 27 | Kelse Hutchinson 15G | Derby AC | 8.42 | W/S: |
| 3 | 75 | Indra Davies 15G | Retford AC | 8.62 | W/S: |
| 4 | 6 | Eleanor Cresswell 15G | Crewe & Nantwich AC | 8.68 | W/S: |
| 5 | 4 | Bethany Sharp 15G | Wakefield District H & AC | 8.75 | W/S: |
| 6 | 68 | Claire Hill 15G | Holmfirth Harriers | 8.84 | W/S: |
| 7 | 13 | Bethany Porter 15G | Wakefield District H & AC | 8.92 | W/S: |
| 8 | 101 | Kane Jordan 13B | Derby AC | 8.94 | W/S: |