



**60m Heat 1**

1	249	Umar	Hameed	U20	M	Leeds City AC	7.09
2	99	Ricardo	Francis	U20	M	Wakefield Harriers & District AC	7.18
3	69	Roger	Skedd	SEN	M	City of Sheffield AC	7.27
4	251	Nathan	Roach	U20	M	Sale Harriers Manchester	7.32
5	265	Anthony	Bingham	SEN	M	Sale Harriers Manchester	7.33
6	247	Alex	Stokes	SEN	M	Liverpool Pembroke Sefton AC	7.38

**60m Heat 2**

1	64	Tim	Ward	SEN	M	Border Harriers & AC	7.15
2	259	Anthony	Ashton	SEN	M	Bury AC	7.21
3	206	Sam	Bishop	SEN	M	City of Stoke AC	7.33
4	95	Simon	Woan	SEN	M	Preston Harriers	7.33
5	250	Anthony	Timms	SEN	M	Leeds City AC	7.34
6	207	Robin	Smith	SEN	M	City of Stoke AC	7.43

**60m Heat 3**

1	228	Rory	Evans	U20	M	Stockport Harriers & AC	7.14
2	19	Luke	Miller-Briggs	U20	M	Warrington AC	7.18
3	268	Dave	Readle	SEN	M	Liverpool Pembroke Sefton AC	7.28
4	37	Jack	Thomas	U20	M	Horwich RMI Harriers & AC	7.43
5	90	Jonathan	Croasdale	SEN	M	Liverpool Harriers & AC	7.53
6	94	Michael	Wainwright	SEN	M	Preston Harriers	7.59

**60m Heat 4**

1	216	James	Sleigh	SEN	M	Leeds City AC	7.54
2	33	Lee	Broadbent	SEN	M	Oldham & Royton Harriers & AC	7.67
3	32	Joshua	Brooking	U20	M	Stockport Harriers & AC	7.68
4	205	Matthew	Cullen	SEN	M	Sale Harriers Manchester	7.75

**60m Heat 5**

1	243	Joe	Frost	SEN	M	Sale Harriers Manchester	7.64
2	227	Matthew	Skelton	U20	M	Dash Athletics	7.69
3	257	Gary	Wynn-Jones	SEN	M	Deeside AAC	7.90
4	42	Callan	Hatton	U20	M	Unattached	
5	75	Chris	honest	SEN	M	Southport Waterloo AC	8.60

**60m Heat 6**

1	230	Zara	Hohn	SEN	F	Wakefield Harriers & District AC	7.77
2	57	Emily	Shaw	U20	F	Oldham & Royton Harriers & AC	7.82
3	211	Rebecca	Norris	U20	F	Horwich RMI Harriers & AC	8.53
4	12	Charlotte	Collins	U20	F	Wirral AC	8.79

**60m Heat 7**

1	45	Jack	Meredith	U17	M	Liverpool Harriers & AC	7.26
2	98	Nayef	Abed	U17	M	Sale Harriers Manchester	7.30
3	203	Andrew	Forrest	U17	M	Wigan & District Harriers & AC	7.33
4	67	Matthew	Storey	U17	M	Horwich RMI Harriers & AC	7.50
5	261	M.	Stevens	U17	M	Sale Harriers Manchester	7.51

**60m Heat 8**

1	91	Luke	Williams	U17	M	Wigan & District Harriers & AC	7.35
2	25	Martyn	Brown	U17	M	Wirral AC	7.64
3	17	Gareth	Nuttall	U17	M	Wirral AC	7.70
4	8	Oliver	Clemo	U17	M	Skyrac AC	7.78
5	200	Andrew	Hartshorne	U17	M	East Cheshire Harriers & Tameside AC	7.85
6	256	James	Pratt	U17	M	Dash Athletics	8.02



**60m Heat 9**

1	52	Enrico	Dalle mulle	U17	M	Southport Waterloo AC	7.74
2	11	Jake	Collins	U17	M	Wirral AC	7.75
3	85	Michael	Lyness	U17	M	West Cheshire AC	7.77
4	74	Charles	Burke	U20	M	Sale Harriers Manchester	7.78
5	215	Jordan	Kelly	U17	M	Southport Waterloo AC	7.89
6	241	Lee	Carruthers	U15	M	Blackburn Harriers & AC	8.35

**60m Heat 10**

1	238	Eleanor	Lewis	U17	F	Wirral AC	8.19
2	35	Lauren	Brennan	U17	F	Southport Waterloo AC	8.20
3	217	Brogan	Fraser	U17	F	City of York AC	8.24
4	244	Esther	Tele	U17	F	Havering & Mayesbrook AC	8.42

**60m Heat 11**

1	34	Fiona	Laurie	U17	F	Border Harriers & AC	8.35
2	252	Rebecca	Buchanan	U17	F	Horwich RMI Harriers & AC	8.62
3	24	Abby-Leigh	Edmundson	U17	F	Blackburn Harriers & AC	8.62
4	48	Abigail	Dawson	U15	F	Leigh Harriers & AC	8.84
5	41	Emily	Hatton	U17	F	Unattached	9.51

**60m Heat 12**

1	245	Jimi	Tele	U15	M	Havering & Mayesbrook AC	7.62
2	47	Joshua	Hughes	U15	M	Southport Waterloo AC	7.73
3	4	Ashley	Wren	U15	M	Scunthorpe & District AC	7.76
4	253	Jack	Mosley	U15	M	Leeds City AC	7.94

**60m Heat 13**

1	237	Harry	Henderson	U15	M	Sale Harriers Manchester	8.12
2	30	Joshua	Bowe	U15	M	Wirral AC	8.22
3	225	Robert	Wilshire	U15	M	Sale Harriers Manchester	8.35
4	83	Oliver	Wells	U15	M	Warrington AC	8.52
5	49	Charlie	Bradbury	U15	M	Leigh Harriers & AC	8.54
6	53	Robbie	Nixon	U15	M	Border Harriers & AC	8.59

**60m Heat 14**

1	18	Olivia	Callaghan	U15	F	Sale Harriers Manchester	8.27
2	6	Faye	horrocks	U15	F	Wigan & District Harriers & AC	8.35
3	239	Bethany	Sharp	U15	F	Wakefield Harriers & District AC	8.70
4	38	Bethany	Bowers	U15	F	East Cheshire Harriers & Tameside AC	8.87

**60m Heat 15**

1	15	Laura	McGoldrick	U15	F	Wirral AC	8.75
2	221	Leanne	Kindley	U15	F	Warrington AC	8.94
3	226	Becky	Leadbetter	U15	F	Horwich RMI Harriers & AC	8.95
4	66	Hannah	Storey	U15	F	Horwich RMI Harriers & AC	9.89

**60m Heat 16**

1	60	Elanor	Newton	U15	F	Southport Waterloo AC	8.73
2	23	Kate	Anson	U15	F	Liverpool Harriers & AC	8.90
3	80	Lucy	Whitehead	U15	F	Southport Waterloo AC	8.95
4	55	Abbie	Gavin	U15	f	Sale Harriers Manchester	9.00

**60m Heat 17 2nd Set of Races**

1	249	Umar	Hameed	U20	M	Leeds City AC	7.02
2	99	Ricardo	Francis	U20	M	Wakefield Harriers & District AC	7.13
3	64	Tim	Ward	SEN	M	Border Harriers & AC	7.13
4	259	Anthony	Ashton	SEN	M	Bury AC	7.21
5	268	Dave	Readle	SEN	M	Liverpool Pembroke Sefton AC	7.22
6	247	Alex	Stokes	SEN	M	Liverpool Pembroke Sefton AC	7.35

**60m Heat 18 2nd Set of Races**

1	228	Rory	Evans	U20	M	Stockport Harriers & AC	7.05
2	19	Luke	Miller-Briggs	U20	M	Warrington AC	7.16
3	247	Alex	Stokes	SEN	M	Liverpool Pembroke Sefton AC	7.26
4	251	Nathan	Roach	U20	M	Sale Harriers Manchester	7.29
5	61	James	Wright	U20	M	Sale Harriers Manchester	7.33
6	250	Anthony	Timms	SEN	M	Leeds City AC	7.41

**60m Heat 19 2nd Set of Races**



1	216	James	Sleigh	SEN	M	Leeds City AC	7.46
2	32	Joshua	Brooking	U20	M	Stockport Harriers & AC	7.56
3	75	Chris	honest	SEN	M	Southport Waterloo AC	8.64

**60m Heat 20 2nd Set of Races**

1	91	Luke	Williams	U17	M	Wigan & District Harriers & AC	7.30
2	203	Andrew	Forrest	U17	M	Wigan & District Harriers & AC	7.38
3	17	Gareth	Nuttall	U17	M	Wirral AC	7.68
4	85	Michael	Lyness	U17	M	West Cheshire AC	7.87

**60m H Heat 21 2nd Set of Races**

1	47	Joshua	Hughes	U15	M	Southport Waterloo AC	7.85
2	253	Jack	Mosley	U15	M	Leeds City AC	7.87
3	30	Joshua	Bowe	U15	M	Wirral AC	8.36

**60m H Heat 22 2nd Set of Races**

1	52	Enrico	Dalle mulle	U17	M	Southport Waterloo AC	7.69
2	11	Jake	Collins	U17	M	Wirral AC	7.75
3	74	Charles	Burke	U20	M	Sale Harriers Manchester	7.79
4	215	Jordan	Kelly	U17	M	Southport Waterloo AC	7.87

**60m H Heat 23 2nd Set of Races**

1	245	Jimi	Tele	U15	M	Havering & Mayesbrook AC	7.68
2	217	Brogan	Fraser	U17	F	City of York AC	8.22
3	244	Esther	Tele	U17	F	Havering & Mayesbrook AC	8.29
4	6	Faye	horrocks	U15	F	Wigan & District Harriers & AC	8.39

**300M Heat 1**

1	29	Michael	Zaim	SEN	M	Liverpool Pembroke Sefton AC	36.21
2	26	Alexander	Bell	U20	M	Harrogate Harriers	38.67
3	257	Gary	Wynn-Jones	SEN	M	Deeside AAC	39.91

**300M Heat 2**

1	272	Danny	Eckersley	SEN	M	Burnley AC	38.40
2	273	Chris	Horniman	U20	M	Trafford AC	41.01
3	65	Becky	McClinden	U20	F	Wirral AC	42.10

**300M Heat 3**

1	67	Matthew	Storey	U17	M	Horwich RMI Harriers & AC	37.29
2	98	Nayef	Abed	U17	M	Sale Harriers Manchester	38.06
3	200	Andrew	Hartshorne	U17	M	East Cheshire Harriers & Tameside AC	38.25
4	261	M.	Stevens	U17	M	Sale Harriers Manchester	DNF

**300M Heat 4**

1	8	Oliver	Clemo	U17	M	Skyrac AC	38.61
2	266	Ade	Sadq	U17	M	Sale Harriers Manchester	39.12
3	91	Luke	Williams	U17	M	Wigan & District Harriers & AC	39.67
4	263	Rebecca	Nuttall	U20	F	Deeside AAC	39.68

**300M Heat 5**

1	224	Samuel	Hayto	U17	M	East Cheshire Harriers & Tameside AC	40.66
2	40	Kevin	Pye	V 40	M	Charnwood AC	42.70
3	256	James	Pratt	U17	M	Dash Athletics	42.76
4	51	Courtney	Atkinson	U17	M	Oldham & Royton Harriers & AC	42.79

**300M Heat 6**

1	35	Lauren	Brennan	U17	F	Southport Waterloo AC	41.45
2	1	Charlotte	James	U17	F	Skyrac AC	41.71
3	242	Tyra	Watson	U17	F	Sale Harriers Manchester	41.79

**300M Heat 7**

1	50	Emma	Komocki	U17	F	Amber Valley AC	43.26
2	214	Paul	Hallworth	U20	M	Dearnside High School	45.10
3	217	Brogan	Fraser	U17	F	City of York AC	46.31
4	28	Patricia	Lewis	U17	F	Salford Metropolitan AC	47.86



**300M Heat 8**

1	264	Alice	Fraser	U17	F	Deeside AAC	45.26
2	252	Rebecca	Buchanan	U17	F	Horwich RMI Harriers & AC	46.79
3	31	Rachel	Pearson	U17	F	Horwich RMI Harriers & AC	47.07

**300M Heat 9**

1	18	Olivia	Callaghan	U15	F	Sale Harriers Manchester	43.56
2	239	Bethany	Sharp	U15	F	Wakefield Harriers & District AC	47.81
3	66	Hannah	Storey	U15	F	Horwich RMI Harriers & AC	47.98

**1000m Heat 1**

							Time
1	254	John	Spence	SEN	M	Hallamshire University	02:38.61
2	255	Chris	Thornton	SEN	M	Hallamshire University	02:47.06
3	40	Kevin	Pye	V 40	M	Charnwood AC	02:52.89
4	271	Drew	Graham	SEN	M	Gosforth	DISQ

**1000m Heat 2**

							Time
1	263	Rebecca	Nuttall	U20	F	Deeside AAC	03:06.69
2	56	Becky	Ellis	SEN	f	Vale Royal AC	03:07.57

**1000m Heat 3**

							Time
1	201	Chris	Kays	U17	M	East Cheshire Harriers & Tameside AC	02:49.82
2	260	Alexander	Haswell	U17	M	West Cheshire AC	02:50.91
3	5	Zachary	Howe	U15	M	Horwich RMI Harriers & AC	03:21.39

**1000m Heat 4**

							Time
1	258	Naomi	Thompson	U15	F	Blackburn Harriers & AC	03:12.61
2	246	Holly	Broughton	U15	F	Blackburn Harriers & AC	03:14.54
3	240	Heidi	Williams	U15	F	Sale Harriers Manchester	03:22.47
4	235	Rebecca	Parry	U15	F	Salford Metropolitan AC	03:28.87
5	28	Patricia	Lewis	U17	F	Salford Metropolitan AC	3:34351
6	269	Laura	Bannister	U15	F	Horwich RMI Harriers & AC	03:43.39
7	234	Lucy	Matthews	U15	F	Salford Metropolitan AC	03:46.83

**60m Hurdles Heat 1**

1	69	Roger	Skedd	SEN	M	City of Sheffield AC	8.29
2	207	Robin	Smith	SEN	M	City of Stoke AC	8.73
3	206	Sam	Bishop	SEN	M	City of Stoke AC	9.30
4	44	Carl	Van Schie	SEN	M	West Cheshire AC	9.37

**60m Hurdles Heat 2**

1	61	James	Wright	U20	M	Sale Harriers Manchester	8.33
2	216	James	Sleigh	SEN	M	Leeds City AC	8.59
3	79	Adam	Edgar	U20	M	Macclesfield Harriers & AC	8.90
4	78	Andy	Robinson	U20	M	Sale Harriers Manchester	9.02
5	90	Jonathan	Croasdale	SEN	M	Liverpool Harriers & AC	9.15

**60m Hurdles Heat 3**

1	45	Jack	Meredith	U17	M	Liverpool Harriers & AC	8.20
2	16	Jack	Andrew	U17	M	Macclesfield Harriers & AC	8.70
3	52	Enrico	Dalle mulle	U17	M	Southport Waterloo AC	8.80
4	43	James	Davies	U17	M	Sale Harriers Manchester	8.90
5	241	Lee	Carruthers	U15	M	Blackburn Harriers & AC	10.20
6	51	Courtney	Atkinson	U17	M	Oldham & Royton Harriers & AC	12.00

**60m Hurdles Heat 4**

1	230	Zara	Hohn	SEN	F	Wakefield Harriers & District AC	8.89
2	208	Kelly	Hilton	-	F	Chorley AC	9.15
3	81	Charlotte	Hesketh	U20	F	Stockport Harriers & AC	10.15

**60m Hurdles Heat 5**

1	231	Oliver	Aspden	U15	M	Blackburn Harriers & AC	9.28
2	14	Chris	Rushton	U15	M	Leeds City AC	10.06

**60m Hurdles Heat 6**

1	24	Abby-Leigh	Edmundson	U17	F	Blackburn Harriers & AC	9.30
2	50	Emma	Komocki	U17	F	Amber Valley AC	9.50
3	204	Sophie	Bowden	U17	F	Sale Harriers Manchester	9.80
4	213	Katie	Holt	U17	F	Sale Harriers Manchester	10.20



**60m Hurdles Heat 7**

1	77	Rayne	Allman	U17	F	Sale Harriers Manchester	9.61
2	248	Sophie	Bell-Morgan	U17	F	Liverpool Harriers & AC	9.70
3	73	Alisha	Casement	U17	F	Kendal AC	9.83

**60m Hurdles Heat 8**

1	60	Elanor	Newton	U15	F	Southport Waterloo AC	10.17
2	15	Laura	McGoldrick	U15	F	Wirral AC	10.35
3	80	Lucy	Whitehead	U15	F	Southport Waterloo AC	10.47
4	13	Katie	Haldron	U15	F	Wirral AC	10.93

**60m Hurdles Heat 9**

1	23	Kate	Anson	U15	F	Liverpool Harriers & AC	9.92
2	55	Abbie	Gavin	U15	f	Sale Harriers Manchester	10.67
3	209	Amy	Jones	U15	F	Unattached	11.30

**HIGH JUMP Pool 1**

							Height
1	267	Mike	Ellen	U20	M	Sale Harriers Manchester	1.90
2	61	James	Wright	U20	M	Sale Harriers Manchester	1.88
3	85	Michael	Lyness	U17	M	West Cheshire AC	1.85
4	274	Phil	Kennedy	U17	M	Sale Harriers Manchester	1.85
5	78	Andy	Robinson	U20	M	Sale Harriers Manchester	1.80
6	44	Carl	Van Schie	SEN	M	West Cheshire AC	1.75
7	79	Adam	Edgar	U20	M	Macclesfield Harriers & AC	1.70
8	262	Jordan	McNamara	U17	M	Sale Harriers Manchester	1.65

**HIGH JUMP Pool 2**

							Height
1	43	James	Davies	U17	M	Sale Harriers Manchester	1.85
2	62	Matthew	Wright	U20	M	Kendal AC	1.70
3	215	Jordan	Kelly	U17	M	Southport Waterloo AC	1.65
4	16	Jack	Andrew	U17	M	Macclesfield Harriers & AC	1.65
5	23	Kate	Anson	U15	F	Liverpool Harriers & AC	1.50
6	73	Alisha	Casement	U17	F	Kendal AC	1.50
7	209	Amy	Jones	U15	F	Unattached	1.50
8	46	Francesca	Isherwood	U17	F	Vale Royal AC	1.40
9	77	Rayne	Allman	U17	F	Sale Harriers Manchester	1.40
10	55	Abbie	Gavin	U15	f	Sale Harriers Manchester	1.35
11	13	Katie	Haldron	U15	F	Wirral AC	1.35
12	269	Laura	Bannister	U15	F	Horwich RMI Harriers & AC	1.23

**SHOT**

							Distance
1	212	Daniel	Bowkett	U17	M	Dearnside High School	14.22
2	85	Michael	Lyness	U17	M	West Cheshire AC	11.63
3	270	Ali	Alhakeem	U15	M	Horwich RMI Harriers & AC	10.23
4	43	James	Davies	U17	M	Sale Harriers Manchester	9.83
5	210	Aiden	Law	U17	M	Dearnside High School	9.05
6	241	Lee	Carruthers	U15	M	Blackburn Harriers & AC	8.76
7	77	Rayne	Allman	U17	F	Sale Harriers Manchester	8.67
8	73	Alisha	Casement	U17	F	Kendal AC	6.31
9	31	Rachel	Pearson	U17	F	Horwich RMI Harriers & AC	6.13

**LONG JUMP**

							Distance
1	216	James	Sleigh	SEN	M	Leeds City AC	6.57
2	71	Christopher	Waugh	SEN	M	New Marske Harriers	6.28
3	93	James	Hardy	U17	M	Sale Harriers Manchester	6.19
4	61	James	Wright	U20	M	Sale Harriers Manchester	6.16
5	215	Jordan	Kelly	U17	M	Southport Waterloo AC	5.84
6	243	Joe	Frost	SEN	M	Sale Harriers Manchester	5.82
7	4	Ashley	Wren	U15	M	Scunthorpe & District AC	5.76
8	245	Jimi	Tele	U15	M	Havering & Mayesbrook AC	5.76
9	72	Matthew	Hulme	U20	M	Salford Metropolitan AC	5.32



**LONG JUMP**

							Distance
1	208	Kelly	Hilton	-	F	Chorley AC	5.24
2	82	Thomas	Allred	U17	M	Leigh Harriers & AC	5.20
3	202	James	Blackburn	U17	M	Pendle AC	5.08
4	81	Charlotte	Hesketh	U20	F	Stockport Harriers & AC	4.94
5	225	Robert	Wilshire	U15	M	Sale Harriers Manchester	4.93
6	34	Fiona	Laurie	U17	F	Border Harriers & AC	4.81
7	53	Robbie	Nixon	U15	M	Border Harriers & AC	4.72
8	244	Esther	Tele	U17	F	Havering & Mayesbrook AC	4.63
9	232	Katherine	Wilson	U17	F	Doncaster AC	4.54
10	230	Zara	Hohn	SEN	F	Wakefield Harriers & District AC	4.49
11	42	Callan	Hatton	U20	M	Unattached	4.37
12	49	Charlie	Bradbury	U15	M	Leigh Harriers & AC	4.37
13	60	Elanor	Newton	U15	F	Southport Waterloo AC	4.32
14	70	Sam	Hughes	U15	M	Sale Harriers Manchester	4.31
15	48	Abigail	Dawson	U15	F	Leigh Harriers & AC	4.30
16	80	Lucy	Whitehead	U15	F	Southport Waterloo AC	4.21
17	235	Rebecca	Parry	U15	F	Salford Metropolitan AC	4.10
18	252	Rebecca	Buchanan	U17	F	Horwich RMI Harriers & AC	3.87
19	28	Patricia	Lewis	U17	F	Salford Metropolitan AC	3.83
20	41	Emily	Hatton	U17	F	Unattached	3.76
21	236	Abigail	Parry	U15	F	Salford Metropolitan AC	3.52
22	220	Joshua	Moulton	U15	M	Dearnside High School	3.51
23	234	Lucy	Matthews	U15	F	Salford Metropolitan AC	3.43

**POLE VAULT**

**Pool A**

Height

1	43	James	Davies	U17	M	Sale Harriers Manchester	3.50
2=	27	Daniel	Hobson	U17	M	Wrexham AAC	3.40
2=	218	Eric	Martin	U15	M	Dearnside High School	3.40
4	62	Matthew	Wright	U20	M	Kendal AC	3.25
5	7	Greg	Morrow	V50	M	Mansfield AC	3.25
6	59	Patryija	Krawozyu	SEN	F	Dearnside High School	3.10
7	92	Rebecca	Davies	-	F	Deeside AAC	3.10
8	232	Katherine	Wilson	U17	F	Doncaster AC	2.95
9	76	Greg	Appleby	U15	M	Sale Harriers Manchester	2.95
10	97	Eleanor	Mingas	SEN	F	Blackpool, Wyre & Fylde AC	2.95
11	10	Andrew	Harrison	U20	M	Preston Harriers	2.95
12=	79	Adam	Edgar	U20	M	Macclesfield Harriers & AC	2.80
12=	39	Rhinydd	Llewellyn	U17	F	Bridgend AC	2.80
14=	202	James	Blackburn	U17	M	Pendle AC	2.65
14=	96	Lucy	Roulston	U15	F	Deeside AAC	2.65
16	63	Rowena	Evans	U20	F	Macclesfield Harriers & AC	2.35
17=	58	Nicholas	Cole	U15	M	Dearnside High School	2.00
17=	233	Chad	Evans	SEN	M	Dearnside High School	2.00
19	222	Lewis	Billam	U15	M	Dearnside High School	2.00

**POLE VAULT**

**Pool B**

Height

1	223	Rhys	Searles	U20	M	Dearnside High School	4.65
2	214	Paul	Hallworth	U20	M	Dearnside High School	4.20
3	205	Matthew	Cullen	SEN	M	Sale Harriers Manchester	4.10
4	16	Jack	Andrew	U17	M	Macclesfield Harriers & AC	4.00
5	78	Andy	Robinson	U20	M	Sale Harriers Manchester	3.35
6	44	Carl	Van Schie	SEN	M	West Cheshire AC	3.35