

NORTHERN ATHLETICS SENIOR & U20 CHAMPIONSHIPS 2009

EIS, Sheffield – 17th/18th January 2009

RESULTS

SENIOR MEN

Senior Men 60m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	80	8	Tom Martin	Sale Harriers Manchester	06.85
2	98	3	Andrew Robertson	Sale Harriers Manchester	06.94
3	68	5	Matt Hudson	Leeds City AC	07.11
4	4	4	Anthony Ashton	Bury AC	07.12
5	50	7	Jamie Gill	Derby AC	07.27
6	26	6	James Caine	Bingley Harriers	07.34
DQ	76	2	Steven Langley	Gateshead Harriers & AC	

Senior Men 60m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	73	4	Richard Kilty	Gateshead Harriers & AC	06.85
2	110	6	Richard Strachan	Trafford AC	06.91
3	79	7	Tom Marshall	City of Sheffield AC	07.09
4	57	2	Zico Grinion	RAF	07.10
5	112	3	Phil Taylor	Liverpool Pemb & Sefton AC	07.26
6	108	8	Alexander Stokes	Liverpool Harriers	07.36
7	123	5	Justin Thorne	Bury AC	07.73

Senior Men 60m Heat 03

Pos	Bib	Lane	Name	Team	Time
1	58	5	Umar Hameed	Leeds City AC	07.08
2	8	3	Sol Bah	Bury AC	07.12
3	37	4	Robert Clark	Kingston upon Hull AC	07.18
4	49	2	Luke Giblin	Kingston upon Hull AC	07.19
5	54	7	Michael Goulding	Liverpool Harriers	07.29
6	15	6	Andrew Boyd	Wirral AC	07.32
7	77	8	Mo Latif	Bury AC	07.88

Senior Men 60m FINAL

Pos	Bib	Lane	Name	Team	Time
1	98	8	Andrew Robertson	Sale Harriers Manchester	06.83
2	73	4	Richard Kilty	Gateshead Harriers & AC	06.84
3	80	3	Tom Martin	Sale Harriers Manchester	06.86
4	57	2	Zico Grinion	RAF	06.97
5	58	6	Umar Hameed	Leeds City AC	07.05
6	8	1	Sol Bah	Bury AC	07.09
7	79	7	Tom Marshall	City of Sheffield AC	07.10
DQ	110	5	Richard Strachan	Trafford AC	

Senior Men 200m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	58	5	Umar Hameed	Leeds City AC	22.74
2	15	6	Andrew Boyd	Wirral AC	23.15
3	28	2	Marvin Edwards	Bury AC	23.43
4	76	3	Steven Langley	Gateshead Harriers & AC	23.71
5	65	4	Peter Hickey	Northern Vets	24.71

Senior Men 200m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	112	5	Phil Taylor	Liverpool Pembroke & Sefton AC	22.28
2	93	6	Matthew Quine	City of Sheffield AC	22.48
3	67	3	Daniel Holiday	Kingston upon Hull AC	24.44
4	82	4	Philip McWilliam	City of Sheffield AC	25.45
DNF	59	2	Glen Hamilton	Unattached	

Senior Men 200m Heat 03

Pos	Bib	Lane	Name	Team	Time
1	41	6	Rory Evans	Stockport Harriers	22.91
2	9	5	Lawrence Baird	Trafford AC	23.26
3	51	4	Mark Gilmer	Leeds City AC	23.62
4	104	2	Derek Smale		24.17
5	114	3	Paul Ttereve	City of Sheffield AC	26.43

Senior Men 200m Heat 04

Pos	Bib	Lane	Name	Team	Time
1	110	4	Richard Strachan	Trafford AC	22.19
2	79	6	Tom Marshall	City of Sheffield AC	22.34
3	49	5	Luke Giblin	Kingston upon Hull AC	22.36
4	126	2	Andy Wilkinson	Sale Harriers Manchester	22.67
5	55	3	Tom Grantham	City of Sheffield AC	23.49

Senior Men 200m SEMI FINAL 1

Pos	Bib	Lane	Name	Team	Time
1	110	6	Richard Strachan	Trafford AC	21.72
2	79	4	Todd Marshall	City of Sheffield AC	22.39
3	41	5	Rory Evans	Stockport Harriers	22.58
4	49	1	Luke Giblin	Kingston upon Hull AC	22.76
5	9	3	Lawrence Baird	Trafford AC	22.86
6	55	2	Tom Grantham	City of Sheffield AC	23.55

Senior Men 200m SEMI FINAL 2

Pos	Bib	Lane	Name	Team	Time
1	112	5	Phil Taylor	Liverpool Pemb & Sefton AC	21.64
2	93	3	Matthew Quine	City of Sheffield AC	22.36
3	58	6	Umar Hameed	Leeds City AC	22.37
4	126	1	Andy Wilkinson	Sale Harriers Manchester	22.78
5	15	4	Andrew Boyd	Wirral AC	23.39
6	28	2	Marvin Edwards	Bury AC	23.42

Senior Men 200m FINAL

Pos	Bib	Lane	Name	Team	Time
1	112	5	Phil Taylor	Liverpool Pemb & Sefton AC	21.60
2	79	4	Tom Marshall	City of Sheffield AC	22.07
3	93	3	Matthew Quine	City of Sheffield AC	22.42
4	41	2	Rory Evans	Stockport Harriers	23.49
DNF	110	6	Richard Strachan	Trafford AC	

Senior Men 400m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	72	3	John Kelley	City of Sheffield AC	49.61
2	119	5	Daniel Williams	Sale Harriers Manchester	49.88
3	36	4	Daniel Eckersley	Burnley AC	51.63
4	29	1	James Colbeck	Bury AC	54.69
5	2	2	Peter Andrews	Doncaster AC	55.93
6	52	6	Allan Gordon	Lancaster & Morecambe AC	59.42

Senior Men 400m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	24	5	Richard Davies	Blackheath & Bromley Harriers	51.81
2	51	4	Mark Gilmer	Leeds City AC	51.84
3	59	2	Glen Hamilton	Unattached	53.90
4	104	1	Derek Smale		54.02
5	82	3	Philip McWilliam	City of Sheffield AC	56.42
6	114	6	Paul Ttereve	City of Sheffield AC	58.30

Senior Men 400m Heat 03

Pos	Bib	Lane	Name	Team	Time
1	18	6	Sean Brindley	City of Sheffield AC	49.88
2	126	1	Andy Wilkinson	Sale Harriers Manchester	50.27
3	55	2	Tom Grantham	City of Sheffield AC	50.82
4	13	5	Tom Black	Sale Harriers Manchester	51.02
5	10	3	Carlos Balsamo	Bury AC	51.10
6	109	4	Matthew Stone	St Helens Sutton AC	51.37

Senior Men 400m Heat 04

Pos	Bib	Lane	Name	Team	Time
1	93	3	Matthew Quine	City of Sheffield AC	50.50
2	9	2	Lawrence Baird	Trafford AC	50.59
3	78	5	Jak Lowdon	Gateshead Harriers & AC	50.94
4	67	4	Daniel Holiday	Kingston upon Hull AC	53.90
5	61	6	Sam Heathcote	Leeds Metropolitan University	54.26

Senior Men 400m FINAL

Pos	Bib	Lane	Name	Team	Time
1	72	5	John Kelley	City of Sheffield AC	48.51
2	18	6	Sean Brindley	City of Sheffield AC	49.08
3	119	1	Daniel Williams	Sale Harriers Manchester	50.22
4	93	3	Matthew Quine	City of Sheffield AC	51.53
5	24	4	Richard Davies	Blackheath & Bromley Harriers	52.24
DNF	126	2	Andy Wilkinson	Sale Harriers Manchester	

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SENIOR MEN

Senior Men 400m B FINAL

Pos	Bib	Lane	Name	Team	Time
1	55	5	Tom Grantham	City of Sheffield AC	50.86
2	78	3	Jak Lowdon	Gateshead Harriers & AC	51.03
3	13	4	Tom Black	Sale Harriers Manchester	51.33
4	109	2	Matthew Stone	St Helens Sutton AC	52.91

Senior Men 800m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	107	2	Dave Sprot	Hallamshire Harriers	2:02.03
2	40	5	Andrew Evans	City of Sheffield AC	2:02.53
3	47	1	Mark Gardner	Lancaster & Morecambe AC	2:03.61
4	63	3	Gareth Hepworth	Wakefield District H & AC	2:06.81
5	89	4	James Porteous	Sheffield Hallam University AC	2:10.03
6	52	6	Allan Gordon	Lancaster & Morecambe AC	2:20.60

Senior Men 800m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	21	6	Chris Bryant	Sale Harriers Manchester	1:59.06
2	106	5	John Spence	Hallamshire Harriers	1:59.84
3	97	2	Nathan Riding	Newham & Essex Beagles	2:00.24
4	119	3	Daniel Williams	Sale Harriers Manchester	2:00.99
5	115	4	Mark Ward	Rotherham Harriers	2:01.07

Senior Men 800m FINAL

Pos	Bib	Lane	Name	Team	Time
1	21	6	Chris Bryant	Sale Harriers Manchester	1:54.47
2	106	4	John Spence	Hallamshire Harriers	1:56.32
3	119	1	Daniel Williams	Sale Harriers Manchester	1:58.94
4	97	2	Nathan Riding	Newham & Essex Beagles	1:59.73
5	107	5	Dave Sprot	Hallamshire Harriers	2:02.31
DNS	40	3	Andrew Evans	City of Sheffield AC	

Senior Men 1500m FINAL

Pos	Bib	Lane	Name	Team	Time
1	102	3	Nick Samuels	Sale Harriers Manchester	4:02.68
2	83	6	Richard Morrell	Middlesbrough AC (Mandale)	4:05.79
3	66	9	Robert Hodges	Kingston upon Hull AC	4:07.41
4	97	7	Nathan Riding	Newham & Essex Beagles	4:10.25
5	30	4	Michael Corbishley	Rossendale Harriers & AC	4:12.31
6	120	8	Phil Williams	Lincoln Wellington	4:15.20
7	122	5	James Griffiths	Vale Royal	4:22.29
8	87	1	James Palmer	City of York AC	4:25.02
9	42	2	Simon Findlay	Gosforth Harriers	4:25.12

Senior Men 3000m FINAL

Pos	Bib	Lane	Name	Team	Time
1 CBP	113	8	Jonathan Taylor	Morpeth Harriers & AC	8:13.66
2	94	1	Ian Rawlinson	Tipton Harriers	8:33.35
3	118	2	Andy Wiles	New Marske Harriers	8:43.44
4	218	3	Danny Parkinson	Kendal AC	9:05.67
5	44	5	Martin Formstone	Cleethorpes AC	9:07.36
6	105	7	Stephen Smith	Preston Harriers	9:14.12
7	45	4	Christopher Fullerton	Lincoln Wellington	9:34.80
8	91	6	Christopher Price	Wakefield District H & AC	9:46.71

Senior Men 60m Hurdles FINAL

Pos	Bib	Lane	Name	Team	Time
1	68	3	Matt Hudson	Leeds City AC	08.19
2	86	6	Suote Nyananyo	Newham & Essex Beagles	08.35
3	62	5	Robert Henry	Enfield & Haringey AC	08.39
4	117	4	Paul Whittle	Blackburn Harriers	08.40
5	70	7	Philip Jarrett	City of Sheffield AC	08.54

Senior Men High Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	84		Ben Moubey	Chesterfield & District AC	2.05
2	3		Edorta Aramburuzabala	City of Sheffield AC	2.05
3	90		Lloyd Powell	Border Harriers & AC	2.05
4	60		Joel Harrison	Kingston upon Hull AC	1.95
5	46		Adam Gallie	Derby AC	1.80

Senior Men Triple Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	11		Matt Barton	Leeds City AC	15.00
2	23		David Budd	City of Sheffield AC	14.03
3	7		Ade Babatunde	Middlesbrough AC (Mandale)	13.56
4	85		Simon Newton	City of Sheffield AC	13.39

Senior Men Pole Vault FINAL

Pos	Bib	Lane	Name	Team	Time
1 CBP	33		Luke Cutts	Dearneside High AC	5.62

Senior Men Shot Putt FINAL

Pos	Bib	Lane	Name	Team	Time
1	111		Craig Sturrock	Gateshead Harriers & AC	16.28
2	53		Marcus Gouldbourne	Sale Harriers Manchester	14.39
3	95		Vidas Regelskis	City of York AC	12.77
4	43		Karl Fitzgerald	Cleethorpes AC	12.17
5	5		Darran Askew	Doncaster AC	11.47
6	88		Alan Plumb	Bumley AC	11.17

Senior Men Long Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	75		Chris Kirk	Newham & Essex Beagles	7.30
2	19		Jacob Brown	Sale Harriers Manchester	7.22
3	14		Lee Blaymire	Kingston upon Hull AC	7.17
4	34		Andrew Burgess	Sale Harriers Manchester	7.06
5	69		Matthew Hulyer	Thames Valley Harriers	6.72
6	116		Chris Weitz	Border Harriers & AC	6.59
7	17		Michael Briggs	South Shields Harriers	6.25

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SENIOR WOMEN

Senior Women 60m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	160	7	Jessica Ennis	City of Sheffield AC	07.59
2	173	6	Annabelle Lewis	Kingston upon Hull AC	07.68
3	151	5	Helen Asher	Liverpool Harriers	07.75
4	153	3	Louise Bloor	Trafford AC	07.77
5	158	4	Ruth Dales	Wakefield District H & AC	08.23

Senior Women 60m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	171	5	Hayley Jones	Wigan Harriers	07.50
2	166	3	Zara Hohn	Wakefield District H & AC	07.79
3	205	4	Faye Winspear	Middlesbrough AC (Mandale)	08.00
4	152	6	Simone Baugh	Derby AC	08.06

Senior Women 60m FINAL

Pos	Bib	Lane	Name	Team	Time
1	171	5	Hayley Jones	Wigan Harriers	07.47
2	160	4	Jessica Ennis	City of Sheffield AC	07.56
3	173	6	Annabelle Lewis	Kingston upon Hull AC	07.64
4	153	8	Louise Bloor	Trafford AC	07.65
5	166	3	Zara Hohn	Wakefield District H & AC	07.76
6	151	1	Helen Asher	Liverpool Harriers	07.82
7	205	2	Faye Winspear	Middlesbrough AC (Mandale)	07.99
DNS	152	7	Simone Baugh	Derby AC	

Senior Women 200m FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 171	5	Hayley Jones	Wigan Harriers	24.30
2	195	4	Rachel Stoakley	West Cheshire AC	39.99

Senior Women 400m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	197	3	Rebecca Sweeney	Sale Harriers Manchester	57.05
2	200	4	Sharon Trusch	Preston Harriers	58.48
3	159	5	Nisha Desai	Trafford AC	58.75
4	192	6	Katie Sockett	City of Sheffield AC	1:00.24

Senior Women 400m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	162	5	Victoria Garrad	Trafford AC	58.71
2	187	6	Rachael Shaw	Barnsley AC	1:00.05
3	206	4	Reagan Wright	Wakefield District H & AC	1:01.58
4	179	3	Jackie Noblet	Preston Harriers	1:03.94

Senior Women 400m FINAL

Pos	Bib	Lane	Name	Team	Time
1	197	6	Rebecca Sweeney	Sale Harriers Manchester	56.58
2	162	5	Victoria Garrad	Trafford AC	57.64
3	200	4	Sharon Trusch	Preston Harriers	58.57
4	192	1	Katie Sockett	City of Sheffield AC	59.01
5	159	2	Nisha Desai	Trafford AC	59.41
6	187	3	Rachael Shaw	Barnsley AC	1:00.72

Senior Women 800m FINAL

Pos	Bib	Lane	Name	Team	Time
1	197	4	Rebecca Sweeney	Sale Harriers Manchester	2:15.21
2	159	3	Nisha Desai	Trafford AC	2:20.82

Senior Women 1500m FINAL

Pos	Bib	Lane	Name	Team	Time
1	188	5	Helen Singleton	Wakefield District H & AC	4:33.37
2	157	2	Klachen Cheshire	Rotherham Harriers	4:36.16
3	199	4	Rachael Thompson	Liverpool Harriers	4:43.15
4	202	1	Emma Waterhouse	Chester-le-Street AC	4:44.42
5	155	3	Ellen Butler	Notts AC	4:46.96
6	194	8	Nicola Squires	Hallamshire Harriers	4:56.42
7	154	6	Emily Brown	Cardiff	4:57.67
8	186	7	Rachel Robinson	Scunthorpe & District AC	4:59.20

Senior Women 3000m FINAL

Pos	Bib	Lane	Name	Team	Time
1	188	5	Helen Singleton	Wakefield District H & AC	9:48.15
2	163	4	Nicola Geddes	Scunthorpe & District AC	9:49.93
3	157	3	Klachen Cheshire	Rotherham Harriers	10:01.24
4	202	8	Emma Waterhouse	Chester-le-Street AC	10:04.06
5	201	7	Kathleen Upton	Liverpool Harriers	10:11.32
6	147	1	Kaye Kirkham	Sale Harriers Manchester	10:26.06
7	191	6	Alex Snook	Shildon AC	10:37.55
8	154	2	Emily Brown	Cardiff	11:10.42

Senior Women 60m Hurdles FINAL

Pos	Bib	Lane	Name	Team	Time
1	166	6	Zara Hohn	Wakefield District H & AC	08.49
2	151	4	Helen Asher	Liverpool Harriers	08.50
3	156	7	Lydia Chamberlin	Lincoln Wellington	09.25
4	196	5	Lauren Storr	Holmfirth Harriers	09.65
5	181	3	Joanne Oates	Bingley Harriers	10.07

Senior Women Triple Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	165		Kelly Hilton	Chorley AC	12.23
2	182		Claire O'Reilly	Rugby & Northampton	11.17
3	174		Ashley Little	Leeds City AC	10.48

Senior Women High Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	168		Kay Humberstone	Trafford AC	1.75
2	175		Jenny Lumley	Leeds City AC	1.70
3	156		Lydia Chamberlin	Lincoln Wellington	1.65
4	167		Vikki Hubbard	Birchfield Harriers	1.65

Senior Women Pole Vault FINAL

Pos	Bib	Lane	Name	Team	Time
1	172		Patrycja Krawczyk	Deameside High AC	3.10
2	180		Caroline Nutt	Wakefield District H & AC	3.00

Senior Women Long Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	165		Kelly Hilton	Chorley AC	5.55
2	193		Leanne Spooner	Deameside High AC	5.52
3	203		Lynsie Whyke	Wakefield District H & AC	4.59

Senior Women Shot Putt FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 164		Amy Hill	City of Sheffield AC	14.53
2	160		Jessica Ennis	City of Sheffield AC	13.50
3	341		Amber Merrills	Rotherham Harriers	11.08
4	184		Claire Reid	Morpeth Harriers & AC	11.07

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UNDER 20 MEN

Under 20 Men 60m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	245	2	Adam Forrest	Wigan Harriers	07.18
2	272	1	James Mitchell	Wakefield District H & AC	07.26
3	296	6	James Williams	Wirral AC	07.26
4	268	4	Samuel Lawrence	Nene Valley Harriers	07.34
5	224	7	Robert Blake	Wigan Harriers	07.37
6	286	5	Robert Scott	Chesterfield & District AC	07.45
7	291	3	Jack Thomas	Horwich RMI	07.49
8	269	8	Oliver Mawodza	Rotherham Harriers	07.74

Under 20 Men 60m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	239	7	Charlie Dryden	Middlesbrough AC (Mandale)	07.09
2	283	3	Ricky Reeves	City of Sheffield AC	07.11
3	220	8	Nayef Abed	Sale Harriers Manchester	07.19
4	265	5	Dannish Khan	City of Sheffield AC	07.22
5	253	4	Daniel Harmes	Scunthorpe & District AC	07.47
6	270	1	Jerome McIntosh	City of Sheffield AC	07.61
7	250	6	Sean Halpin	Wirral AC	08.09
DQ	236	2	Tony Corrigan	Liverpool Harriers	

Under 20 Men 60m Heat 03

Pos	Bib	Lane	Name	Team	Time
1	271	2	Jack Meredith	Liverpool Harriers	07.10
2	274	3	Tom Mosley	Leeds City AC	07.26
3	222	4	Oliver Back	Liverpool Harriers	07.31
4	289	5	Ryan Sumner	Preston Harriers	07.45
5	297	8	Mathew Wilson	Unattached	07.45
6	242	7	Matt Elkin	Bury AC	07.47
7	278	6	Adam Parkinson	Scunthorpe & District AC	07.48

Under 20 Men 60m FINAL

Pos	Bib	Lane	Name	Team	Time
1	271	3	Jack Meredith	Liverpool Harriers	07.06
2	283	4	Ricky Reeves	City of Sheffield AC	07.08
3	220	2	Nayef Abed	Sale Harriers Manchester	07.09
4	239	5	Charlie Dryden	Middlesbrough AC (Mandale)	07.11
5	245	6	Adam Forrest	Wigan Harriers	07.15
6	274	1	Tom Mosley	Leeds City AC	07.16
7	265	8	Dannish Khan	City of Sheffield AC	07.23
8	272	7	James Mitchell	Wakefield District H & AC	07.24

Under 20 Men 200m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	274	6	Tom Mosley	Leeds City AC	22.49
2	238	3	Harry Doran	Liverpool Pemb & Sefton AC	22.80
3	283	1	Ricky Reeves	City of Sheffield AC	22.93
4	240	5	Luke Edwards	City of Sheffield AC	22.94
5	289	4	Ryan Sumner	Preston Harriers	23.90
6	277	2	Joseph Parker	Ribble Valley AC	25.11

Under 20 Men 200m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	265	5	Dannish Khan	City of Sheffield AC	22.81
2	272	6	James Mitchell	Wakefield District H & AC	22.97
3	253	3	Daniel Harmes	Scunthorpe & District AC	23.23
4	291	4	Jack Thomas	Horwich RMI	23.74
5	270	1	Jerome McIntosh	City of Sheffield AC	24.25
6	292	2	Richard Tranter	Vale Royal	24.38

Under 20 Men 200m FINAL

Pos	Bib	Lane	Name	Team	Time
1	274	5	Tom Mosley	Leeds City AC	22.26
2	265	6	Dannish Khan	City of Sheffield AC	22.54
3	283	1	Ricky Reeves	City of Sheffield AC	22.59
4	238	4	Harry Doran	Liverpool Pemb & Sefton AC	22.67
5	272	3	James Mitchell	Wakefield District H & AC	22.83
6	240	2	Luke Edwards	City of Sheffield AC	23.06

Under 20 Men 400m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	258	5	James Hunter	Liverpool Harriers	51.00
2	280	4	Nick Phelps	Middlesbrough AC (Mandale)	52.31
3	247	1	Junior George	Holmfirth Harriers	53.09
4	231	3	Callum Burns	Liverpool Pemb & Sefton AC	53.50
5	232	6	Matthew Burns	Lancaster & Morecambe AC	54.16
6	233	2	Samuel Causebrook	Tynedale Harriers	55.88

Under 20 Men 400m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	238	3	Harry Doran	Liverpool Pemb & Sefton AC	50.28
2	285	5	Robbie Schofield	Newham & Essex Beagles	50.37
3	300	2	Ian Yates	Ribble Valley AC	52.72
4	125	6	Joe Cox	Middlesbrough AC (Mandale)	53.73
5	290	4	Stephen Taylor	Blaydon Harriers	54.01

Under 20 Men 400m Heat 03

Pos	Bib	Lane	Name	Team	Time
1	240	3	Luke Edwards	City of Sheffield AC	50.08
2	254	6	Danny Higham	Liverpool Pemb & Sefton AC	50.28
3	253	5	Daniel Harmes	Scunthorpe & District AC	52.02
4	264	2	Scott Keeling	Jarrow & Hebburn	52.68
5	230	4	Tim Burn	Richmond & Zetland AC	52.90

Under 20 Men 400m FINAL

Pos	Bib	Lane	Name	Team	Time
1 CBP	238	6	Harry Doran	Liverpool Pemb & Sefton AC	48.32
2	258	4	James Hunter	Liverpool Harriers	49.20
3	240	5	Luke Edwards	City of Sheffield AC	49.64
4	285	2	Robbie Schofield	Newham & Essex Beagles	50.43
5	254	3	Danny Higham	Liverpool Pemb & Sefton AC	50.84
6	253	1	Daniel Harmes	Scunthorpe & District AC	53.91

Under 20 Men 800m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	235	4	Tom Coney	Wakefield District H & AC	2:03.32
2	285	6	Robbie Schofield	Newham & Essex Beagles	2:03.50
3	293	2	Greg Urwin	Tynedale Harriers	2:03.94
4	298	5	Christopher Woodger	Lincoln Wellington	2:04.46
5	282	3	Stuart Price	Macclesfield Harriers	2:06.54

Under 20 Men 800m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	295	4	David Whalley	Sale Harriers Manchester	2:07.17
2	263	6	Chris Kays	East Cheshire Harriers	2:08.03
3	252	3	Joe Hargreaves	Wakefield District H & AC	2:09.17
4	300	5	Ian Yates	Ribble Valley AC	2:10.58

Under 20 Men 800m FINAL

Pos	Bib	Lane	Name	Team	Time
1 CBP	285	5	Robbie Schofield	Newham & Essex Beagles	1:53.23
2	263	1	Chris Kays	East Cheshire Harriers	1:58.78
3	295	2	David Whalley	Sale Harriers Manchester	1:59.90
4	293	4	Greg Urwin	Tynedale Harriers	2:00.99
5	235	6	Tom Coney	Wakefield District H & AC	2:02.42
6	298	3	Christopher Woodger	Lincoln Wellington	2:02.77

Under 20 Men 1500m FINAL

Pos	Bib	Lane	Name	Team	Time
1	219	1	Stephen Broadhurst	Warrington AC	4:03.08
2	299	4	Dale Worton	Wakefield District H & AC	4:12.90
3	223	2	Stephen Bennett	Preston Harriers	4:16.53
4	294	3	Luke Watson	Ribble Valley AC	4:41.44

NORTHERN ATHLETICS SENIOR & U20 CHAMPIONSHIPS 2009

EIS, Sheffield – 17th/18th January 2009

RESULTS

UNDER 20 MEN

Under 20 Men 3000m FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 243	5	Harry Ellis	Warrington AC	8:36.42
2	259	6	Matthew Jackson	check	8:38.15
3	256	3	David Homiman	Trafford AC	8:54.35
4	237	4	Jamie Crompton	Horwich RMI	9:05.75
5	260	1	Elliott Jackson	New Marske Harriers	9:25.15
DNF	227	2	James Bowness	Trafford AC	

Under 20 Men 60m Hurdles FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 271	5	Jack Meredith	Liverpool Harriers	08.00
2	244	4	Michael Feeney	Amber Valley AC	08.67

Under 20 Men Long Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	239		Charlie Dryden	Middlesbrough AC (Mandale)	6.78
2	246		James Gardner	City of Stoke AC	6.66
3	257		Bradlie Houldsworth	Sale Harriers Manchester	6.51
4	284		Stephen Richardson	Kingston upon Hull AC	6.26
5	276		Liam O'Malley	Rotherham Harriers	5.82
6	297		Mathew Wilson	Unattached	5.53

Under 20 Men High Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	241		Mike Ehlen	Sale Harriers Manchester	1.95
2	261		Jamie Johnson	Barton & District AC	1.95
3	248		Cameron Gore	Wigan Harriers	1.85

Under 20 Men Pole Vault FINAL

Pos	Bib	Lane	Name	Team	Time
1	287		Rhys Searles	Dearnside High AC	4.70
2	275		Edward Moubey	Chesterfield & District AC	4.50
3	249		Paul Hallworth	Dearnside High AC	4.40
4	279		Daniel Passey	Chesterfield & District AC	4.20
5	255		Liam Holiday	Kingston upon Hull AC	3.50
6	281		Sean Power	Dearnside High AC	NH

Under 20 Men Shot Putt FINAL

Pos	Bib	Lane	Name	Team	Time
1	267		Thomas Kitchen	Chesterfield & District AC	12.26
2	226		Daniel Bowkett	Dearnside High AC	11.66

Under 20 Men Triple Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 225		Joshua Bones	Scunthorpe & District AC	14.02
2	241		Mike Ehlen	Sale Harriers Manchester	13.41
3	292		Richard Tranter	Vale Royal	12.50
4	276		Liam O'Malley	Rotherham Harriers	12.09
5	262		Phillip Jones	Bingley Harriers	11.26

NORTHERN ATHLETICS SENIOR & U20 CHAMPIONSHIPS 2009

EIS, Sheffield – 17th/18th January 2009

RESULTS

U20 WOMEN

Under 20 Women 60m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	369	7	Rebekah Wilson	Sale Harriers Manchester	07.73
2	363	5	Katarina Thompson	Liverpool Harriers	07.76
3	314	3	Louletta Curtis	Chesterfield & District AC	07.82
4	348	2	Bryony Potter	West Cheshire AC	08.06
5	326	6	Bethany Hirst	East Cheshire Harriers	08.13
6	322	1	Katrina Hall	Preston Harriers	08.77
7	313	4	Kadeena Cox	Leeds City AC	13.12
DNS	352	8	Victoria Seller	City of York AC	

Under 20 Women 60m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	364	2	Shauna Thompson	Sale Harriers Manchester	07.62
2	351	4	Alexandra Russell	Wigan Harriers	07.92
3	332	5	Sian Kelman	West Cheshire AC	07.97
4	327	6	Megan Houlit	Kingston upon Hull AC	07.99
5	308	8	Kate Brick	Unattached	08.12
6	330	7	Harriet James	Preston Harriers	08.27
7	365	3	Shireen Timmis	Lincoln Wellington	08.29

Under 20 Women 60m FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 364	4	Shauna Thompson	Sale Harriers Manchester	07.46
2	363	5	Katarina Thompson	Liverpool Harriers	07.77
3	314	7	Louletta Curtis	Chesterfield & District AC	07.78
4	369	6	Rebekah Wilson	Sale Harriers Manchester	07.89
5	327	8	Megan Houlit	Kingston upon Hull AC	07.95
6	351	3	Alexandra Russell	Wigan Harriers	07.96
7	332	2	Sian Kelman	West Cheshire AC	08.01
8	348	1	Bryony Potter	West Cheshire AC	08.09

Under 20 Women 200m FINAL

Pos	Bib	Lane	Name	Team	Time
1	364	5	Shauna Thompson	Sale Harriers Manchester	24.18
2	307	6	Lauren Brennan	Southport Waterloo AC	25.73
3	314	4	Louletta Curtis	Chesterfield & District AC	26.48
4	342	2	Faye Mitchell	Wakefield District H & AC	26.83
5	325	3	Beth Hicken	City of Stoke AC	27.11
6	367	1	Ashleigh Williams	Newham & Essex Beagles	27.19

Under 20 Women 400m Heat 01

Pos	Bib	Lane	Name	Team	Time
1	321	3	Carmen Gedling	Liverpool Harriers	59.06
2	346	5	Nicola Pearson	Gateshead Harriers & AC	59.21
3	355	2	Jennifer Simmons	Sale Harriers Manchester	59.52
4	367	4	Ashleigh Williams	Newham & Essex Beagles	1:00.07
5	338	1	Victoria Malady	Trafford AC	1:04.05
6	352	6	Victoria Seller	City of York AC	1:07.70

Under 20 Women 400m Heat 02

Pos	Bib	Lane	Name	Team	Time
1	335	6	Leigh Lennon	Newham & Essex Beagles	57.27
2	340	4	Becky McLinden	Liverpool Harriers	57.85
3	307	2	Lauren Brennan	Southport Waterloo AC	58.59
4	357	3	Natasha Stevens	City of Stoke AC	1:02.02
5	362	5	Lara Thomas	Lincoln Wellington	1:02.77

Under 20 Women 400m FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 335	6	Leigh Lennon	Newham & Essex Beagles	56.44
2	307	2	Lauren Brennan	Southport Waterloo AC	57.46
3	340	3	Becky McLinden	Liverpool Harriers	57.84
4	346	4	Nicola Pearson	Gateshead Harriers & AC	58.79
5	321	5	Carmen Gedling	Liverpool Harriers	1:00.20
6	355	1	Jennifer Simmons	Sale Harriers Manchester	1:01.12

Under 20 Women 800m FINAL

Pos	Bib	Lane	Name	Team	Time
1	335	8	Leigh Lennon	Newham & Essex Beagles	2:14.32
2	358	7	April Stevenson	Horwich RMI	2:15.98
3	354	6	Sarah Simmons	Rotherham Harriers	2:18.97
4	336	4	Kristie Leybourne	Newham & Essex Beagles	2:21.34
5	319	5	Rachael Franklin	Manx Harriers	2:21.68
6	360	3	Lucy Sumner	Preston Harriers	2:22.37
7	343	2	Emily Moss	Peterborough AC	2:28.54
8	359	1	Hayley Strachan	Cleethorpes AC	2:45.77

Under 20 Women 1500m FINAL

Pos	Bib	Lane	Name	Team	Time
1	366	3	Abbie Vernon	Rotherham Harriers	4:53.20
2	333	2	Robyn Lanceley	Rotherham Harriers	4:56.79
3	336	1	Kristie Leybourne	Newham & Essex Beagles	5:24.25

U20 Women 3000m FINAL

Pos	Bib	Lane	Name	Team	Time
7	361	10	Amy Talbot	Warrington AC	10:30.47
8	303	9	Charlotte Arter	Eden Runners	10:33.23

Under 20 Women 60m Hurdles FINAL

Pos	Bib	Lane	Name	Team	Time
1	315	6	Lauren Dewdney	Gateshead Harriers & AC	08.77
2	337	7	Rebecca Liddell	Gateshead Harriers & AC	09.03
3	363	4	Katarina Thompson	Liverpool Harriers	09.05
4	350	2	Danielle Rooney	Sale Harriers Manchester	09.14
5	302	5	Rayne Allman	Sale Harriers Manchester	09.29
6	355	3	Jennifer Simmons	Sale Harriers Manchester	09.43
7	316	1	Abby-Leigh Edmundson	Blackburn Harriers	09.81
8	357	8	Natasha Stevens	City of Stoke AC	09.86

Under 20 Women Long Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	CBP 363		Katarina Thompson	Liverpool Harriers	6.05
2	351		Alexandra Russell	Wigan Harriers	5.80
3	330		Harriet James	Preston Harriers	5.47
4	326		Bethany Hirst	East Cheshire Harriers	5.24
5	328		Jessica Houlton	City of Sheffield AC	5.09
6	370		Ashleigh Wood	Middlesbrough AC (Mandale)	4.89
7	322		Katrina Hall	Preston Harriers	4.74
8	332		Sian Kelman	West Cheshire AC	4.63
9	357		Natasha Stevens	City of Stoke AC	4.57

Under 20 Women High Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	371		Amy Marchant	Leeds City AC	1.65
2	305		Sophie Bell-Morgan	Liverpool Harriers	1.65
3	372		Katie Marchant	Leeds City AC	1.65
4	320		Samantha Fraser	Wigan Harriers	1.60

Under 20 Women Triple Jump FINAL

Pos	Bib	Lane	Name	Team	Time
1	309		Sophie Brown	City of Sheffield AC	11.00
2	329		Ruth Howard	Vale Royal	10.63
3	345		Eleanor Owen	Vale Royal	10.12
4	318		Jess Foster	City of York AC	9.66

Under 20 Women Shot Putt FINAL

Pos	Bib	Lane	Name	Team	Time
1	356		Yasmin Spencer	Chesterfield & District AC	13.12
2	317		Hannah Evenden	Edinburgh AC	13.02
3	341		Amber Merrills	Rotherham Harriers	11.35
4	334		Claire Lebond	City of York AC	8.69

Under 20 Women Pole Vault FINAL

Pos	Bib	Lane	Name	Team	Time
1	306		Holly Bleasdale	Blackburn Harriers	3.20
2	368		Katherine Wilson	Doncaster AC	3.10
3	311		Paige Collings	Chesterfield & District AC	2.90