

## **New British Record for Sarah Holt**



Sarah Holt set a new British Under 23 Hammer record at Loughborough Open/Busa Trails on Saturday 26th April. In her first competition of the season she throw 63.75 metres beating the previously record of 63.35m held by Shirley Webb from 2003.

Sarah a member of Sale Harriers is a student at Loughborough University studying Geography/Sports.

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