Horwich Carnival Races, inc Northern Athletics 5k Championships

This year's Horwich Carnival Races day on Sunday June 22nd promises to be bigger and better than ever. In addition to last year's extensive programme there are now even more new

events. These include a Community Ride For All, a 2 Mile Hospice Run, an elite Mile Running Race and the Railway Sleeper Pub Championships. To top it all the Penny Farthing racers are back. Indeed, the Carnival Races has something for everyone and is a whole day of running, walking and cycling with many added attractions and unique events. Plus there's all the fun of Carnival Sunday including the parade and Carnival field activities.

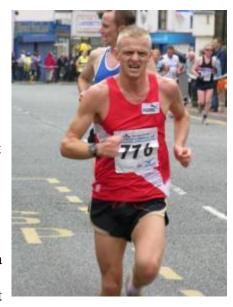
The running events include at 11.15am The Emerson Group British Masters 5K Road Running

and Walking Championships, which attracts veteran athletes from all over the country. The 12.50pm Nouvelle Horwich Carnival 5K is open to anyone who is 13 years of age or over on September 1st 2007. This race also incorporates the prestigious Northern Athletics 5K Road Running Championships, when individuals and teams will be competing for prestigious Northern medals and awards, and it is also the final event in the five races Horwich Tour. At 2.15pm the Bluemantle Bolton Hospice Fun Runs (1 and 2 mile) are open to all ages and include a local Schools' Challenge. At 3.00pm is the Mizuno Elite Invitational Mile when it is hoped some cracking times will be set by some of the country's top runners..

This year's cycle events will again include something for everyone, from a youngsters' 1 lap cycle race, through to races for the more serous cyclist. There is even a National Tricycle Championship Race and a National Ladies' Championship Cycle Race. This year also sees the return of the Penny Farthing racers.

The Races are again supporting Bolton Hospice, with £1 from every entry going to this worthy cause. It is also hoped many will raise money through sponsorship and donations. Indeed, one of the challenges set this year is to run, jog or walk 1, 2 or 3 miles in 40 minutes and make a difference. Another challenge is the Corporate Challenge, where firms are encouraged to get together teams of three and run as a group. If you choose to take part and raise money for Bolton Hospice and would like a T-shirt or vest to wear on the day, please contact their Races Hotline direct on 01204 663055.

The Horwich Carnival Races Committee is extremely grateful for the terrific backing being given by Horwich Town Council and the event sponsors and supporters, including race sponsors Bluemantle, Emerson and Georgia Pacific. For more details on all the events, including entry forms and official Bolton Hospice sponsorship forms, visit



<u>www.horwichcarnivalraces.co.uk</u> or for further running event details contact Glyn Woodward on 01257 269814 (Email: <u>chorley@sweatshop.co.uk</u>) or for cycling event details contact

Dave Leyland on 01204 417574 (Email: bungosoup@yahoo.co.uk). Organisers of the races are still looking for race sponsors. Anyone interested please contact Neil Brown on 01204 693070.

Report Gareth Hughes