

## Great Manchester BUPA 10k Inter Area Match

The first Northern Inter-Area fixture of the year was the Great Manchester BUPA 10k. The following athletes competed for the North.

<b>Men</b>	Position	Time
Anthony Ford	10th	29.02
Dave Webb	17th	29.37
Gareth Raven	18th	29.38
Stephen Hepples	21st	29.40
Andi Jones	22nd	29.41
Ben Fish	34th	30.34

The men's team finished 2nd to the Midlands, with the South 3rd and Wales 4th. A high quality international field had all the inter-area teams producing some of their better athletes, indeed this is one of the first victories for the Midland men in a while, So well done to all.

<b>Women</b>	Position	Time
Gemma Miles	11th	33.54
Katie Ingram	13th	34.16
Nicky Archer	14th	34.54
Tess Walker	16th	35.18

Our ladies finished 3rd in a very tightly contested Inter-Area fixture with the South winning on 12 points, Midlands second on 16 and North third on 17. Wales finished fourth on 33.

As last year this events produces fast times and a guaranteed quality international field. We must thank NOVA International and in particular Andy Caine for the opportunity to compete. Thanks also to Dave Norman (Northern Athlete) who help NOVA and the inter-area teams with many of the days duties.

Rob Cameron  
Team Manager