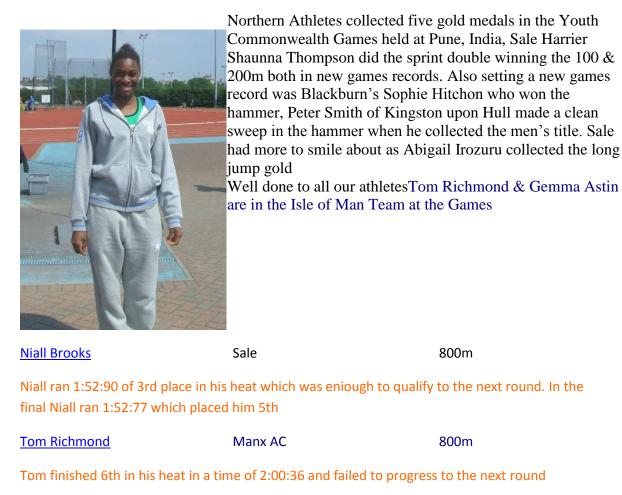
Five Gold medals at Youth Commonwealth Games



Simon Horsfield East Cheshire 1,500m Simon won his openning heat in 3:52:95 however despite running 3:50:92 in the final it was good enough for 6th place. Abdi Ahmed Sheffield 5000m Abdi failed to finish the 5,000m James Wilkinson Leeds 5000m James ran 14:35:99 which was good enough for 7th place in a very fast final. Andy Sutcliffe Sale Pole Vault

Andy missed out on a medal on count back, his vault of 4.70m was the same hight as that which won the bronze medal

Hammer

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Peter cla	aimed the gold	d medal with	a 5th i	round	throw	of 68:38	which a	meter fu	urther t	than t	the
silver m	edal										

Kingston Upon Hull

Peter Smith

Shaunna Thompson	Sale	100m & 200m							
 100m Shaunna won her openning heat in 11:69. In the semi final Shaunna set a new games record with a run of 11:58. It was a new another new games record and a gold medal as Shaunna went even faster in the final with a run of 11:46 200m Setting a new games record of 23:87 in her openning heat, Shaunna set the standard for the other to follow. A semi final victory in 23:91 was made to look very easy as Shaunna cruised into the final. It was another games record and a second gold medal as Shaunna ran a blistering 23:42 for victory in the final 									
Abigail Haywood	Sale	Pole Vault							
Abigail won the bronze medal with a vault of 3:80									
<u>Gemma Astin</u>	Manx AC	3,000m							
In a race won in a new games record Gemma ran 10:50:17 which placed her 13th									
Abigail Irozuru	Sale	Long Jump							
Abigail won the women's long jump with a winning jump of 5.92m									
Sophie Hitchon	Blackburn	Hammer							
Sophie set a new games record with her winning throw of 58.43m in the women's hammer.									
Kelly Pagdin	Rotherham	Javelin							

Kelly came 5th with a third round throw of 41:69

