

Northern Athletics 10 mile Road Running Championship

The first Northern 10 mile road running championship over one of the traditional distances of 10 miles was held in conjunction with the Thirsk 10 mile organised by Thirsk and Sowerby H on 30th November. A bright but cold morning provided good conditions for the field of 850 with some fast times resulting and good competition for both the individual and team championship medals with prizes provided by Mizuno. It was pleasing to see the support given to the event by many Northern clubs, although not from all over the territory. It is intended to hold the championship in 2009 again in the same event (provisionally 29th November).

Many thanks to Thirsk & Sowerby Harriers for their support and agreeing to incorporate our Championship within their event.

Results can be found on www.ukresults.net

Northern Championship results (first 10) :

Men

1. Matthew Pierson SM Holmfirth H 50:45
2. Ian Fisher SM Otley AC 51:32
3. Darren Bilton M40 Leeds City AC 52:03
4. Tim Eggerton SM Trafford AC 53:24
5. Paul Marchant SM Rothwell H 53:25
6. Ian Crampton M45 Durham City 54:30
7. Jeff Prest SM Trafford AC 54:59
8. Darren Williams SM Beverley AC 55:19
9. Tom Danby SM Pocklington 55:32
10. Zack Whitehead SM Otley AC 56:20

Women

1. Sarah Jarvis F35 Ilkley H 59:03
2. Jess Trowbridge SF Gateshead H 1:00:55
3. Jo Buckley SF Bingley H&AC 1:02:02
4. Judith Nutt SF Elswick H 1:02:12
5. Kate Nelson F40 York Knavesmire H 1:02:42
6. Claire Leaver SF Holmfirth H 1:03:00
7. Kate Farquhar F35 Holmfirth H 1:03:18
8. Helen Berry SF Holmfirth H 1:04:28
9. Erika Johnson F35 Swaledale RR 1:04:41
10. Christine McCarthy F45 Ackworth RR 1:06:29

Teams – Men (3 to count)

1. Otley AC (3,12,17) 32 pts
2. North York Moors AC (19,20,35) 74
3. Pocklington R (10,25,41) 76
4. Rothwell H (6,45,78) 129

Teams – Women (3 to count, positions as in women's race)

1. Holmfirth H (6,7,8) 21 pts
2. Swaledale RR (9,11,14) 36

3. York Knavesmire H (5,23,42) 70
4. Harrogate H (18,22,41) 81
5. Rothwell H (16,30,36) 82

Report John Driscoll