



Road Race Report Season 2007/8

These are the following races in which Northern athletes represented Northern athletics.

Cardiff 10k Sunday 9th Sept 2007.

Men

1	Jermaine Mays	M 24 Kent AC	0:30:14	
0:30:14	2	21 Martin Scaife	M North	0:30:13
0:30:14	3	1430 R Bugden	M 22 Bristol & West	0:30:15
0:30:15	4	25 Darren Bilton	M North	0:30:17
0:30:17	5	1 Darren Deed	M 29 Bedford & County	0:30:18
0:30:19	6	7 Tim Dalton	M 0 Severn AC	0:30:38
0:30:40	7	16 Simon Lawson	M 17 Cardiff AAC	0:30:49
0:30:51	8	6 Darren Fowler	M 23 Notts AC	0:30:50
0:30:51	9	14 Gwyn Owen	M 31 Eryri Harr	0:30:55
0:30:55	10	23 Carl Hardman	M North	0:30:59
0:31:00	11	22 Ben Jones	M North	0:31:02
0:31:02	12	24 Dan Augustus	M North	0:31:04
0:31:04				

The men's team won comfortably with Martin Scaife and Darran Bilton leading the way.

Women

	Rachel Jones	F 35 North	0:35:04
0:35:06	Katie Ingram	F North	0:35:05
0:35:07	Tess Walker	F North	0:36:18
0:36:20			

The women's team also took first place with all three girls running a fine race with both Rachel and Katie racing it out for 1st and 2nd place.

Chichester Priory 10k October 7th 2007.

The second fixture was the Chichester Priory Inter-counties 10k October 7th 2007 hosted by the South of England.

The race was marred by a poorly organised start where a number of athletes fell due the narrowing of the course only 20 metres after the start; thankfully none of the Northern athletes were involved.

Men's result

Pos.	Name	Club	Cat.	Cat. Pos.	Time
1	CHINHANHU Williard	Poole Runners	Snr	1	29:18
2	MAYS Jermaine	Kent AC	Snr	2	29:26
3	THOMPSON Gavin	Crawley AC	Snr	3	29:29
4	GEELE Moumin	Newham & Essex Beagles	Snr	4	29:32
5	LILLY Josh	Severn AC	Snr	5	29:44
6	HEPPLES Steve	Newham & Essex Beagles	Snr	6	29:45
12	FORD Anthony	Blackpool Wyre & Fylde AC	Snr	12	30:05
15	FISH Ben	Blackburn Harriers	Snr	15	30:11
16	BOWSER Matthew	Lincoln Wellington AC	Snr	16	30:13
22	MELLOR Jonathan	Liverpool Harriers	Snr	22	30:26
27	GERRARD Keith	Newham & Essex Beagles	Snr	27	30:35

The men's team took second behind a very strong southern team lead home by an excellent performance by Steve Hepples.

Women's result

Pos.	Name	Club	Cat.	Cat. Pos.	Time
1	REED Kate	Bristol & West AC	Snr	1	32:07
2	YELLING Hayley		Snr	2	33:19
3	GILL Vicky	Chorley AC	Snr	3	33:21
10	ENTWHISTLE Claire	Trafford AC	Snr	10	34:36
13	ARCHER Nicky	Vale Royal AC	Snr	13	35:16
20	INGRAM Katie	Horwich RMI Harriers	Snr	19	36:06

Similarly our women also took second place behind a strong South of England team, Vicky Gill putting in an excellent performance to finish 3rd.

Help the aged Leeds Abbey Dash Sunday November 25th 2007.

As a regular fixture for the North to host, the Abbey Dash again turned out to be an excellent race, fast and full of talented athletes who were able to pull many through to fast times. A cold and fresh morning saw a new start position allowing a faster course than on previous occasions, with many athletes achieving personal best times, none other than the race winner Ian Boneham (A northern athlete sadly today running for his club and not the North) take around a minute of his PB to run 29.30.

Men's result

1.	Ian Boneham	29.30	Club
2.	Dan Robinson	29.34	Midlands
3.	Matt Janes	29.55	Wales
6.	Carl Hardman	30.27	North
10.	Dan Agustus	30.39	North
14	Chris Sampson	30.55	North
36	Darran Bilton	32.32	North

Carl Hardman leads our men's team home in to finishing 6th overall with our men's team taking a disappointing 3rd place behind Wales and the South of England

Women's result

1.	Aly Dixon	33.43	North
2.	Katie Ingram	34.06	North
3.	Nicky Archer	34.19	North
4.	Rachel Jones	34.32	North

A terrific performance by our women's team taking a clean sweep with placing 1st to 4th. Well-done ladies.

Alsager 5 miles Sunday February 3rd 2008.

The Midland Counties fixture held conveniently for us in the north saw our men take second place behind the South of England and our women take 1st place again, with the South and Wales 2nd and 3rd respectively.

The men's team which changed overnight with a number of drops out finished as follows, 5th, 8th, 10th and 11th. A few notable northern athletes put in some good performance running for their clubs in 4th, 6th, and 9th. Results below.

Men's result

1.	Phil Wicks	Belgrave	23.50
2.	J Ndaysenga	Birchfield	24.09
3.	Neil Spreight	Belgrave	24.14
4.	Peter Riley	unatt	24.16
5.	Glen Comish	North	24.17
6.	Alan Buckley	Leeds City	24.20
8.	Gareth Raven	North	24.35
9.	Billy Farquharson	RAF	24.40
10.	Ian Boneham	North	24.41
11.	Ben Fish	North	24.45

The women's team winning again demonstrating our strength in the inter area fixtures finished with 1st Nicky Archer, 5th Helen Singleton and 6th Tess Walker. That was without Jenny Blizzard 2nd and Liz Such 4th, who both represented their clubs. Result below.

1.	Nicky Archer	North	27.51
2.	Jenny Blizzard	Roth	28.15
3.	E Adams	AFD	28.44
4.	Liz Such	Hallam	28.49
5.	Helen Singleton	North	28.55
6.	Tess Walker	North	29.04

Rob Cameron
Northern Men's Team Manager

Kirsten Scobie
Northern Women's Team Manager