

Silver Medals for Chester-le-St

Chester le Street the Northern champions, collected the silver medal at the National 4 Stage Relay Championships held at Sutton Park on 17th October.

Alyson Dixon lead them off on first leg, running 14.29 for 6th, Melessa Turner 15.00, kept them in 6 th on leg 2. Emma Raven pulled them up to 3rd with 14.54 on the penultimate leg, which then left Freya Murray produce the 2 nd fastest time of the day, 13.54, on the last leg and moved the team into that Silver medal position.

Aldershot Fareham & District were away and clear after leg 2, winning by over a minute, whilst City of Norwich, 3rd were over half a minute behind.

In the Men's 6 stage Northern Champions Leeds City AC team of Alan Buckley (7) 17:22, James Walsh (6) 17:31, Dave Webb (2) 17:41, J Wilkinson (2) 17:19, Darran Bilton (5) 18:10 and Simon Deakin (5) 17:40, came 5th just 38 seconds outside a medal place



Chester-le-St Silver medals at Birmingham

[Women's Results](#) [Men's Results](#)

Report and photo Ken Smith