

Cardiff 10k Report 30 September 2011

Northern Athletics Team at Cardiff 10k

On a warm autumnal day Cardiff and the rest of the field were shown a clean pair of heels by Milton Kiplagat Rotich 27.44, in his first race on UK soil, destroying a strong UK field.

A successful fixture for both Northern men and women teams at Cardiff, with both winning the team event.

The men's team was managed by Mick Hill, in Rob Cameron's absence and the women's team by Kirsten Scobie.

Notable performances on the day were by Joe Bailey, Dan Cliffe, Ben Riddell, and Becky Penty all securing personal bests.

Joe Bailey in his first North vest produced a great run to take 4th place, just behind Stuart Stokes who run a seasons best. Dan Cliffe also secured a PB in 10th place.

In the women's race Becky Penty had a storming run to secure 2nd place and a PB behind Kenya's Alice Mogire.

Once again Welsh athletics played perfect hosts and a big thank you to Jacqueline Brace and the race organiser Graham Finlayson.

Results.

Men2,

Stuart Stokes,M,,SALE HARRIERS,00:29:40, SB

4 Joe Bailey,M,,SALFORD HARRIERS,00:29:55 PB

10 Daniel,Cliffe,M,,WARRINGTON AC,00:30:46 PB

11 David,Norman,M,,SALFORD HARRIERS,00:30:51

13 Ben,Riddell,M,,SALFORD HARRIERS,00:31:13, PB

15,Daniel,Agustus,M,,WOODFORD GREEN,00:31:18

Women

2 Becky,Penty,F,,HIGHGATE,00:34:14 PB

4 ,Rebecca,Robinson,F,,KENDAL,00:34:42

7 Sarah,Tunstall,F,,KENDAL,00:35:55

11 Anna,Weaver,F,,SALFORD HARRIERS,00:36:48

(Rob Cameron endurance Team Manager)