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| **Event No.** | **Event** | **Age Group and Gender** | **Stage** | **Start Time** |
| T52 | 200m | U17 Women | Heats | 10.30 |
| T53 | 200m | U20 Women | Heats | 11.02 |
| T54 | 200m | Senior Women | Heats | 11.18 |
| T55 | 200m | U17 Men | Heats | 11.42 |
| T56 | 200m | U20 Men | Heats | 12.02 |
| T57 | 200m | Senior Men | Heats | 12.18 |
| T58 | 800m | U17 Women | Heats | 13.02 |
| T59 | 800m | U20 Women | Final | 13.10 |
| T60 | 800m | Senior Women | Heats | 13.14 |
|  | 800m | MCAA Senior Women | Final | 13.14 |
| T61 | 800m | Senior Men | Heats | 13.26 |
| T62 | 800m | U17 Men | Heats | 13.42 |
| T63 | 800m | U20 Men | Heats | 13.50 |
| T64 | 800m | MCAA Sen/U20 Men | Final | 14.02 |
| T65 | 3000m | U20 Women | Final | 14.09 |
| T65a | 3000m | MCAA Sen Women | Final | 14.09 |
| T66 | 3000m | U20 Men | Final | 14.21 |
| T67 | 3000m | Senior Men | ‘A’ Final | 14.33 |
|  | 3000m | Senior Men | ‘B’ Final | 14.45 |
|  | 3000m | MCAA Senior Men | Final | 14.45 |
| T68 | 800m | Senior Men | SFs | 14.57 |
| T69 | 200m | U17 Women | SFs | 15.05 |
| T70 | 200m | U20 Women | SFs | 15.17 |
| T71 | 200m | Senior Women | SFs | 15.25 |
| T72 | 200m | U17 Men | SFs | 15.37 |
| T73 | 200m | U20 Men | SFs | 15.49 |
| T74 | 200m | Senior Men | SFs | 15.57 |
| T75 | 800m | U17 Women | Final | 16.09 |
| T76 | 800m | Senior Women | Final | 16.13 |
| T77 | 800m | U17 Men | Final | 16.17 |
| T78 | 800m | U20 Men | Final | 16.21 |
| T79 | 800m | Senior Men | Final | 16.25 |
| T80 | 200m | U17 Women | Final | 16.29 |
| T81 | 200m | U20 Women | Final | 16.33 |
| T82 | 200m | Senior Women | Final | 16.37 |
| T83 | 200m | U17 Men | Final | 16.41 |
| T84 | 200m | U20 Men | Final | 16.45 |
| T85 | 200m | Senior Men | Final | 16.49 |

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| **FIELD TIMETABLE** | | | | |
| **Event No.** | **Event** | **Age Group and Gender** | **Stage** | **Start Time** |
| F12 | Long Jump | Senior Women | Final | 10.30 |
| F13a | High Jump | Senior Men | Final | 10.30 |
| F13b | High Jump | U20 Men | Final | 10.30 |
| F14 | High Jump | U17 Women | Final | 10.30 |
| F15 | Shot Putt | U17 Women | Final | 10.30 |
| F16a | Pole Vault | U17 Men | Final | 11.00 |
| F16b | Pole Vault | U20 Women | Final | 11.00 |
| F17 | Shot | U20 Women | Final | 12.10 |
| F18 | Long Jump | Senior Men | Final | 12.10 |
| F19a | High Jump | Senior Women | Final | 12.10 |
| F19b | High Jump | U20 Women | Final | 12.10 |
| F20 | High Jump | U17 Men | Final | 12.30 |
| F21 | Pole Vault | Senior Men | Final | 14.00 |
| F22 | Triple Jump | Senior Women | Final | 14.00 |
| F23 | Long Jump | U20 Men | Final | 14.30 |
| F24 | Shot | U17 Men | Final | 14.55 |
| F25 | Triple Jump | Senior Men | Final | 15.40 |
| F26 | Shot | Senior Men | Final | 16.00 |

Numbers must be collected from the stewards at least 60 minutes before the start of your event. Please ensure that you declare for each event in which you intend to compete - failure to do so may result in you being excluded from the event. Please inform the steward if you wish to withdraw from an event so that seeders can be informed. Stadium Blocks only may be used .

***Timing of events may be adjusted dependant on numbers of athletes declaring for the event.***