

2018 NACCC - SW

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:30:50	335	Mhairi MacIennan	Morpeth Harriers & Ac	101	0:37:57	218	Angela McGurk	Jarrow & Hebburn Ac
2	0:31:08	283	Lauren Howarth	Leigh Harriers & Ac	102	0:38:00	15	Kirsty Allen	Baildon Runners
3	0:31:23	446	Georgia Taylor-Brown	Sale Harriers Manchester	103	0:38:04	470	Samya Armoush	Sheffield RC
4	0:31:37	289	Abbie Donnelly	Lincoln Wellington AC	104	0:38:07	481	Rebecca De Sa Cesar	Skyrac Athletic Club
5	0:31:41	441	Katie Hewison	Sale Harriers Manchester	105	0:38:09	233	Hinda Hardaker	Keighley & Craven Ac
6	0:32:00	275	Georgia Malir	Leeds City Athletic Club	106	0:38:19	163	Jane Giles	Gateshead Harriers & Ac
7	0:32:12	269	Claire Duck	Leeds City Athletic Club	107	0:38:21	23	Emma Stoney	Baildon Runners
8	0:32:17	437	Danielle Fegan	Sale Harriers Manchester	108	0:38:23	365	Laura McCabe	Otley Ac
9	0:32:25	465	Bronwen Owen	Scarborough Athletic Club	109	0:38:28	39	Lesley Watson	Bingley Harriers & Ac
10	0:32:31	404	Sophie Cowper	Rotherham Harriers And AC	110	0:38:31	232	Claire Cooper	Keighley & Craven Ac
11	0:32:32	267	Emma Clayton	Leeds City Athletic Club	111	0:38:34	598	Natalie Greaves	York Knavesmire Harriers
12	0:32:40	406	Natasha Hatswell	Rotherham Harriers And AC	112	0:38:40	319	Lucy Etchells	Manchester Frontrunners
13	0:32:45	54	Emily Japp	Blackpool Wyre & Fylde Ac	113	0:38:41	514	Nicola Woodward	Sunderland Harriers & Ac
14	0:32:48	324	Rachael Franklin	Manx Harriers	114	0:38:43	458	Ambi Swindells	Salford Harriers & AC
15	0:32:51	268	Lucy Crookes	Leeds City Athletic Club	115	0:38:45	128	Sue Phillips	Darlington H & Ac
16	0:32:54	334	Emma Holt	Morpeth Harriers & Ac	116	0:38:46	81	Susan Fourie	Chester Triathlon Club
17	0:32:58	333	Jane Hodgson	Morpeth Harriers & Ac	117	0:38:47	209	Kate Archer	Ilkley Harriers Ac
18	0:33:04	291	Gemma Holloway	Lincoln Wellington AC	118	0:38:49	313	Ann-Marie Jones	Macclesfield Harriers & Ac
19	0:33:05	271	Sarah Hodgson	Leeds City Athletic Club	119	0:38:50	382	Karen Pickles	Pudsey & Bramley Ac
20	0:33:08	539	Sarah Murphy	Vale Royal Ac	120	0:38:53	542	Clara Pettitt	Vale Royal Ac
21	0:33:09	282	Abigail Howarth	Leigh Harriers & Ac	121	0:38:54	381	Belinda Baquero	Pudsey & Bramley Ac
22	0:33:10	499	Gemma Connolly	St Helens Sutton AC	122	0:38:58	66	Rhiannon Silson	Border Harriers & Ac
23	0:33:14	528	Sarah Potter	University Of Sheffield	123	0:38:59	152	Bethany Hirst	East Cheshire H & Tameside J
24	0:33:17	390	Katie Walshaw	Ribble Valley Harriers	124	0:39:01	505	Chloe Haines	Steel City Striders Rc
25	0:33:20	432	Hannah Brown	Sale Harriers Manchester	125	0:39:04	115	Joanne Raine	Crook & Dist Sports Ac
26	0:33:21	389	Louisa Powell-Smith	Ribble Valley Harriers	126	0:39:06	157	Fiona Brannan	Elvet Striders
27	0:33:29	197	Helen Berry	Holmfirth Harriers Ac	127	0:39:10	475	Rachel Rose	Sheffield RC
28	0:33:31	216	Georgia Campbell	Jarrow & Hebburn Ac	128	0:39:12	585	Margaret Cooper	Wirral Ac
29	0:33:32	410	Emma Parkinson	Rotherham Harriers And AC	129	0:39:15	596	Emily Baines	York Knavesmire Harriers
30	0:33:35	409	Zara Knappy	Rotherham Harriers And AC	130	0:39:16	574	Helen Stansfield	Wallasey Athletic Club
31	0:33:39	450	Sinead Bent	Salford Harriers & AC	131	0:39:18	41	Denise Wright	Bingley Harriers & Ac
32	0:33:42	297	Rachael Burns	Liverpool Harriers & Ac	132	0:39:18	584	Katy Green	Wilmslow Running Club
33	0:33:48	181	Charlotte Ward	Hallamshire Harriers Sheffield	133	0:39:18	84	Zoe Gmerek	Chorlton Runners
34	0:34:04	278	Heather Sellars	Leeds City Athletic Club	134	0:39:26	587	Anne Rosbottom	Wirral Ac
35	0:34:09	388	Nichola Jackson	Ribble Valley Harriers	135	0:39:27	60	Rachel Brown	Border Harriers & Ac
36	0:34:13	295	Rebekah Ward	Lincoln Wellington AC	136	0:39:30	161	Lisa Atkinson	Gateshead Harriers & Ac
37	0:34:14	435	Ellen Downs	Sale Harriers Manchester	137	0:39:32	595	Sarah Attwood	York Knavesmire Harriers
38	0:34:15	170	Helen Warburton	Gosforth Harriers & Ac	138	0:39:34	521	Nicole Davenport	Trafford Athletic Club
39	0:34:17	300	Sarah Howard	Liverpool Harriers & Ac	139	0:39:40	588	Penny Thorn	Wirral Ac
40	0:34:18	454	Hayley Kuter	Salford Harriers & AC	140	0:39:41	290	Amy Grocock	Lincoln Wellington AC
41	0:34:20	59	Laura Lombard	Bolton United Harriers & AC	141	0:39:45	24	Emma Wilkins	Baildon Runners
42	0:34:22	544	Elizabeth Renondeau	Vale Royal Ac	142	0:39:47	299	Elizabeth Egan	Liverpool Harriers & Ac
43	0:34:23	402	Stephanie Burns	Rotherham Harriers And AC	143	0:39:50	487	Suzanne Gutcher	South Shields Harriers & Ac
44	0:34:24	273	Alice Leake	Leeds City Athletic Club	144	0:39:50	456	Becki Robinson	Salford Harriers & AC
45	0:34:25	452	Carla Davies	Salford Harriers & AC	145	0:39:53	580	Nicky Andrews	Wetherby Runners AC
46	0:34:25	176	Hannah Fletcher	Hallamshire Harriers Sheffield	146	0:39:54	368	Louise Williams	Otley Ac
47	0:34:26	327	Karen Shimmin	Manx Harriers	147	0:39:54	354	Emma Holt	North Derbyshire Rc
48	0:34:30	183	Zanthe Wray	Hallamshire Harriers Sheffield	148	0:39:54	234	Lorna Hubbard	Keighley & Craven Ac
49	0:34:31	325	Gail Griffiths	Manx Harriers	149	0:39:58	119	Valerie Clarke	Darlington H & Ac
50	0:34:36	277	Susan Partridge	Leeds City Athletic Club	150	0:39:59	398	Jill Butterworth	Rochdale Harriers & AC
51	0:34:49	326	Elissa Morris	Manx Harriers	151	0:40:00	339	Patricia Speedie	New Marske Harriers Club
52	0:34:53	286	Laura Riches	Leigh Harriers & Ac	152	0:40:09	175	Ellie Crownshaw	Hallamshire Harriers Sheffield
53	0:34:57	606	Nik Terrega	York Knavesmire Harriers	153	0:40:11	453	Ruth Jones	Salford Harriers & AC
54	0:34:58	200	Ruby Sykes	Holmfirth Harriers Ac	154	0:40:13	228	Jo King	Jesmond Joggers
55	0:35:11	387	Helen Glover	Ribble Valley Harriers	155	0:40:13	315	Kathleen O'Donnell	Macclesfield Harriers & Ac
56	0:35:15	448	Emma Tilley	Sale Harriers Manchester	156	0:40:16	108	Joanne Moss	Congleton Harriers
57	0:35:15	214	Pauline Munro	Ilkley Harriers Ac	157	0:40:17	385	Louise Trainor	Quakers Running Club
58	0:35:16	185	Crystal Goecker	Harrrogate Harriers & AC	158	0:40:20	316	Daisy Pickles	Macclesfield Harriers & Ac
59	0:35:18	520	Vicki Cronin	Trafford Athletic Club	159	0:40:21	577	Claire Harris	West Cheshire Athletic Club
60	0:35:26	219	Stephanie Pattinson	Jarrow & Hebburn Ac	160	0:40:22	537	Lucy Knight	Vale Royal Ac
61	0:35:33	90	Beth Ansell	City Of Sheffield & Dearne AC	161	0:40:23	525	Melanie Monks	Trafford Athletic Club
62	0:35:45	280	Charlotte Wills	Leeds City Athletic Club	162	0:40:27	4	Alexandra Kilcoyne	Abbey Runners
63	0:35:48	179	Aislinn Prendergast	Hallamshire Harriers Sheffield	163	0:40:28	126	Linda Noble	Darlington H & Ac
64	0:35:51	566	Annabel Mason	Wakefield District H & Ac	164	0:40:29	560	Rachel Mackie	Valley Striders AC
65	0:36:00	512	Alice Smith	Sunderland Harriers & Ac	165	0:40:31	494	Natasha Geere	Spennborough & Dist Ac
66	0:36:05	294	Sophie Wallis	Lincoln Wellington AC	166	0:40:36	582	Katherine Kirkham	Wharfedale Harriers
67	0:36:07	586	Sarah Kearney	Wirral Ac	167	0:40:40	428	Julia Say	Roundhay Runners
68	0:36:10	366	Victoria Stainburn	Otley Ac	168	0:40:44	374	Emma Essex-Crosby	Preston Harriers
69	0:36:16	359	Carla Maley	North Shields Polytechnic Clu	169	0:40:45	375	Katey Foster	Preston Harriers
70	0:36:19	436	Jenny Evans	Sale Harriers Manchester	170	0:40:47	57	Claire Calverley	Blyth Running Club
71	0:36:24	30	Jo Buckley	Bingley Harriers & Ac	171	0:40:49	82	Bree Sutcliffe	Chester Triathlon Club
72	0:36:25	251	Niamh Jackson	Kirkstall Harriers	172	0:40:49	516	Rebecca Mills	Swinton Running Club
73	0:36:29	523	Sarah Hudak	Trafford Athletic Club	173	0:40:50	149	Rachel Bentley	Durham City Harriers & Ac
74	0:36:33	386	Sarah Bell	Ribble Valley Harriers	174	0:40:52	17	Alice Buttle	Baildon Runners
75	0:36:34	517	Jenny Featherstone	Totley Ac	175	0:40:54	364	Sara Elliott	Otley Ac
76	0:36:34	272	Heather Langham	Leeds City Athletic Club	176	0:40:55	592	Helen Robinson	Wolds Veteran RC
77	0:36:36	74	Amy Clark	Buxton AC	177	0:40:56	578	Eleanor Robinson	West Cheshire Athletic Club
78	0:36:37	442	Rachel Hibberd	Sale Harriers Manchester	178	0:40:56	206	Rebecca Gray	Hyde Park Harriers
79	0:36:39	217	Elaine Leslie	Jarrow & Hebburn Ac	179	0:40:59	478	Kirsty Bryan-Jones	Sheffield Triathlon Club
80	0:36:41	46	Lisa Short	Birtley Ac	180	0:41:00	87	Emma Tollefson	Chorlton Runners
81	0:36:45	138	Veleska Wills	Derby Athletic Club	181	0:41:02	187	Emma Robinson	Harrrogate Harriers & AC
82	0:36:50	180	Charlotte Slack	Hallamshire Harriers Sheffield	182	0:41:03	490	Claire O'Callaghan	South Shields Harriers & Ac
83	0:36:52	12	Lora Blann	Altrincham & District Ac	183	0:41:06	31	Maria Vivar Carrera	Bingley Harriers & Ac
84	0:36:55	18	Jennie Guard	Baildon Runners	184	0:41:07	500	Rachel McGoldrick	St Helens Sutton AC
85	0:37:07	120	Natalie Curgenvan	Darlington H & Ac	185	0:41:09	331	Alison Brown	Morpeth Harriers & Ac
86	0:37:15	265	Emily Birchall	Leeds City Athletic Club	186	0:41:09	306	Kerry Stainton	Louth Ac
87	0:37:21	153	Hayley Simpson	East Cheshire H & Tameside J	187	0:41:10	220	Heather Robinson	Jarrow & Hebburn Ac
88	0:37:24	427	Susan Lewis	Roundhay Runners	188	0:41:10	581	Judy Howells	Wharfedale Harriers
89	0:37:26	182	Hannah Whitelam	Hallamshire Harriers Sheffield	189	0:41:15	519	Anne Hegarty	Totley Ac
90	0:37:31	479	Helen Elmore	Sheffield Triathlon Club	190	0:41:16	98	Donna Airey	Clayton-Le-Moors Harriers
91	0:37:31	497	Kelly Hamilton	St Helens Striders	191	0:41:18	203	Robin Culshaw	Hyde Park Harriers
92	0:37:37	383	Rachel Pilling	Pudsey & Bramley Ac	192	0:41:18	323	Hannah Brierley	Manchester Ymca Harriers
93	0:37:37	236	Sarah O'Sullivan	Keighley & Craven Ac	193	0:41:19	226	Emma Glover	Jesmond Joggers
94	0:37:40	495	Jenni Muston	Spennborough & Dist Ac	194	0:41:19	27	Beth Massey	Barnsley Athletic Club
95	0:37:41	151	Katherine O'Mahony	Durham City Harriers & Ac	195	0:41:23	455	Ruth Ollerenshaw	Salford Harriers & AC
96	0:37:42	604	Louise Pinder	York Knavesmire Harriers	196	0:41:24	309	Cheryl Parkin	Low Fell Rc
97	0:37:46	353	Rachel Burton	North Derbyshire Rc	197	0:41:24	508	Vikki Cotton	Sunderland Harriers & Ac
98	0:37:47	168	Kim Simpson	Gateshead Harriers & Ac	198	0:41:26	16	Ali Boyle	Baildon Runners
99	0:37:51	558	Myra Jones	Valley Striders AC	199	0:41:30	80	Tania Wilson	Buxton AC
100	0:37:55	274	Amicia Lee	Leeds City Athletic Club	200	0:41:35	71	Gwen Kinloch	Burnden Road Runners

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Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:41:40	32	Sarah Dewhirst	Bingley Harriers & Ac	301	0:46:07	485	Melanie Cooke-Dunlop	South Shields Harriers & Ac
202	0:41:42	561	Fiona Robins	Valley Striders AC	302	0:46:10	491	Kirsty Stewart	South Shields Harriers & Ac
203	0:41:44	95	Lucy Dunbar	Claremont Road Runners	303	0:46:18	342	Helen Cook	Nidd Valley Road Runners
204	0:41:44	369	Rachael Wright	Otley Ac	304	0:46:19	116	E Spencer-Regan	Crook & Dist Sports Ac
205	0:41:46	184	Sarah Gill	Harrogate Harriers & AC	305	0:46:20	191	Jenny Friend	Heaton Harriers & Ac
206	0:41:47	384	Rebecca Howard	Quakers Running Club	306	0:46:24	160	Nina Mason	Elvet Striders
207	0:41:49	393	Jacqueline Keavney	Richmond & Zetland Harriers	307	0:46:25	139	Sam Redgate	Derwentside Ac
208	0:41:49	240	Rebecca Hunt	Kimberworth Striders	308	0:46:27	486	Angela Ditchburn	South Shields Harriers & Ac
209	0:41:50	51	Amanda Phillips	Blackhill Bounders	309	0:46:28	237	Dianne Priestley	Kendal Amateur Athletic Clut
210	0:41:52	593	Dawn Gibbs	York Acorn Running Club	310	0:46:30	285	Rachel Pollitt	Leigh Harriers & Ac
211	0:41:56	55	Michelle Tickle	Blackpool Wyre & Fylde Ac	311	0:46:31	227	Katie Joyce	Jesmond Joggers
212	0:41:58	352	Hannah Barnett	North Derbyshire Rc	312	0:46:32	172	Hazel Berrett	Halifax Harriers & Ac
213	0:41:58	204	Clare Evans	Hyde Park Harriers	313	0:46:33	44	Rebecca Pottinger	Birtley Ac
214	0:41:59	49	Lindsay Davies	Blackburn Harriers & Ac	314	0:46:38	443	Ruth Lindsey	Sale Harriers Manchester
215	0:41:59	397	Anna Blomfield	Rochdale Harriers & AC	315	0:46:41	171	Julie Hawkins	Grimsby Harriers & Ac
216	0:42:02	524	Louise Mangan	Trafford Athletic Club	316	0:46:41	106	Jane Hill	Cleethorpes And District AC
217	0:42:03	426	Sara Elson	Roundhay Runners	317	0:46:43	503	Caroline Greenough	Steel City Striders Rc
218	0:42:08	320	Jane Fletcher	Manchester Frontrunners	318	0:46:52	193	Rachel Arnold	Helsby Running Club
219	0:42:10	483	Rachel Breheny	South Shields Harriers & Ac	319	0:46:56	305	Trudy Roberts	Louth Ac
220	0:42:15	117	Elizabeth Wood	Crook & Dist Sports Ac	320	0:46:57	94	Sonia Lee	City Of Sheffield & Dearne AC
221	0:42:19	471	Heather Fisher	Sheffield RC	321	0:47:00	348	Susan Simpson	Nidd Valley Road Runners
222	0:42:20	504	Claire Grisdale	Steel City Striders Rc	322	0:47:06	378	Vicki Sherrington	Preston Harriers
223	0:42:20	28	Lydia Race	Barnsley Athletic Club	323	0:47:17	394	Pauline Whittaker	Richmond & Zetland Harriers
224	0:42:27	40	Rebecca Weight	Bingley Harriers & Ac	324	0:47:18	229	Lottie Rhodes	Jesmond Joggers
225	0:42:28	488	Carly Henderson	South Shields Harriers & Ac	325	0:47:23	196	Susie Woodward Moor	Helsby Running Club
226	0:42:29	178	Rachel Poole	Hallamshire Harriers Sheffield	326	0:47:24	424	Sarah Waite	Rothwell & District Harriers
227	0:42:32	340	Charlotte Stonehouse	New Marske Harriers Club	327	0:47:25	460	Rachel Parker	Saltaire Striders
228	0:42:34	14	Alison Vesey	Altrincham & District Ac	328	0:47:27	599	Abbie Hall	York Knivesmire Harriers
229	0:42:39	466	Lisa Darby	Sedgefield Harriers	329	0:47:31	241	Caroline Saunders	Kimberworth Striders
230	0:42:41	154	Kerry Davies	Eden Runners	330	0:47:34	22	Julie Potter	Baildon Runners
231	0:42:41	464	Julie Willis	Saltwell Harriers	331	0:47:36	511	Judith Shotton	Sunderland Harriers & Ac
232	0:42:44	557	Chloe Hudson	Valley Striders AC	332	0:47:39	575	Jennifer Thompson	Wesham Road Runners & AC
233	0:42:48	357	Karen Gunn	North Shields Polytechnic Clu	333	0:47:47	563	Ruth Warren	Valley Striders AC
234	0:42:55	262	Isobel Webster	Kirkstall Harriers	334	0:47:53	350	Nadene Wilkinson	Nidd Valley Road Runners
235	0:42:56	311	Sian Gulliver	Macclesfield Harriers & Ac	335	0:47:55	573	Mary Rees	Wallasey Athletic Club
236	0:43:02	35	Emma Green	Bingley Harriers & Ac	336	0:48:01	395	Fiona Wilson	Richmond & Zetland Harriers
237	0:43:03	69	Anne Ferguson	Burnden Road Runners	337	0:48:07	43	Kay Drummond	Birtley Ac
238	0:43:14	109	Lucy Rusbridge	Congleton Harriers	338	0:48:11	132	Sarah Godbehere	Denby Dale Travellers
239	0:43:15	42	Shannel Curtis	Birtley Ac	339	0:48:17	555	Pascale Fotherby	Valley Striders AC
240	0:43:16	207	Sarah Greene	Hyde Park Harriers	340	0:48:31	482	Paula Atkinson	South Shields Harriers & Ac
241	0:43:19	579	Angela Tegg	West Cheshire Athletic Club	341	0:48:33	159	Sarah Fawcett	Elvet Striders
242	0:43:21	501	Fran Allen	Steel City Striders Rc	342	0:48:39	122	Pauline Gorman	Darlington H & Ac
243	0:43:24	56	Eleanor Bradbury	Blaydon Harriers & Ac	343	0:48:44	212	Gaenor Coy	Ilkley Harriers Ac
244	0:43:28	77	Kate Ledin	Buxton AC	344	0:48:45	468	Christine Hearmon	Sedgefield Harriers
245	0:43:28	605	Clare Rowntree	York Knivesmire Harriers	345	0:48:48	20	Denise Johnson	Baildon Runners
246	0:43:29	293	Anna Vinter	Lincoln Wellington AC	346	0:48:49	421	Rowena Skelhorn	Rothwell & District Harriers
247	0:43:30	417	Jo Heseltine	Rothwell & District Harriers	347	0:48:52	310	Cheryl Stanley	Low Fell Rc
248	0:43:36	52	Caroline Slane	Blackhill Bounders	348	0:48:58	416	Lucy Guilliard	Rothwell & District Harriers
249	0:43:40	351	Louisa Ashley	North Derbyshire Rc	349	0:48:58	345	Sarah Hughan	Nidd Valley Road Runners
250	0:43:44	202	Honor Baldry	Hyde Park Harriers	350	0:49:01	194	Sue Buck	Helsby Running Club
251	0:43:46	371	Charlotte Rawcliffe	Penny Lane Striders	351	0:49:01	344	Debbie Gibson	Nidd Valley Road Runners
252	0:43:52	469	Jane Spink	Sedgefield Harriers	352	0:49:08	3	Rhiannon Davies	Abbey Runners
253	0:43:54	33	Caroline Francis	Bingley Harriers & Ac	353	0:49:19	93	Caroline Fuller	City Of Sheffield & Dearne AC
254	0:43:57	594	Nicola Gover	York Acorn Running Club	354	0:49:22	252	Catherine James	Kirkstall Harriers
255	0:44:00	526	Charlotte Carpenter	Tyne Bridge Harriers	355	0:49:31	522	Sue Exon	Trafford Athletic Club
256	0:44:01	7	Emma Vincent	Abbey Runners	356	0:49:32	287	Brenda Wane	Leigh Harriers & Ac
257	0:44:03	328	Nicola Dick	Matlock Athletic Club	357	0:49:33	380	Olga Wiggins	Preston Harriers
258	0:44:04	92	Donna Claridge	City Of Sheffield & Dearne AC	358	0:49:37	133	Vicky McClelland	Denby Dale Travellers
259	0:44:07	225	Kate Black	Jesmond Joggers	359	0:49:48	570	Kate Bellew	Wallasey Athletic Club
260	0:44:08	110	Michelle Stevens	Congleton Harriers	360	0:49:50	568	Karen Dawson	Wakefield Triathlon Club
261	0:44:21	68	Kate Ellis	Burnden Road Runners	361	0:49:51	418	Lynne Metcalfe	Rothwell & District Harriers
262	0:44:22	425	Ann Chivers	Roundhay Runners	362	0:49:54	143	Trish Kaye	Dewsbury Road Runners
263	0:44:22	19	Jo Heffernan	Baildon Runners	363	0:49:56	61	Kathryn Douglas	Border Harriers & Ac
264	0:44:24	48	Kirsty Walker	Birtley Ac	364	0:50:00	259	Simone Salgado	Kirkstall Harriers
265	0:44:25	308	Clare Magrath	Low Fell Rc	365	0:50:03	248	Bhav Mistry	Kirkby Milers AC
266	0:44:27	231	Camille Askins	Keighley & Craven Ac	366	0:50:05	211	Petra Bijsterveld	Ilkley Harriers Ac
267	0:44:28	461	Laura Ryall	Saltaire Striders	367	0:50:06	307	Vicki Halse	Low Fell Rc
268	0:44:28	329	Joanna Casson	Middlesbrough & Cleveland Harriers	368	0:50:07	255	Sheila King	Kirkstall Harriers
269	0:44:29	440	Sarah Goulden	Sale Harriers Manchester	369	0:50:12	58	Gemma Harmon	Blyth Running Club
270	0:44:31	25	Michelle Woodrow	Baildon Runners	370	0:50:17	205	Naomi Farrar	Hyde Park Harriers
271	0:44:33	215	Alison Weston	Ilkley Harriers Ac	371	0:50:19	242	Samantha Weatherall	Kimberworth Striders
272	0:44:37	556	Stephanie Gledhill	Valley Striders AC	372	0:50:22	601	Jane Morby	York Knivesmire Harriers
273	0:44:39	492	Sarah Swales	South Shields Harriers & Ac	373	0:50:26	121	Janice Foster	Darlington H & Ac
274	0:44:42	164	Maggie Loraine	Gateshead Harriers & Ac	374	0:50:31	463	Claire Lloyd	Saltwell Harriers
275	0:44:46	113	Jane Henderson	Crook & Dist Sports Ac	375	0:50:38	144	Madeleine Stansfield	Dewsbury Road Runners
276	0:44:47	5	Zellany Neal	Abbey Runners	376	0:50:41	96	Rose Hawkswood	Claremont Road Runners
277	0:44:47	396	Kiska Wilson	Richmond & Zetland Harriers	377	0:50:46	8	Liz Willis	Abbey Runners
278	0:44:50	445	Carla Ousey	Sale Harriers Manchester	378	0:50:55	156	Stephanie Barlow	Elvet Striders
279	0:44:51	134	Katie Sharp	Denby Dale Travellers	379	0:50:59	347	Hannah Peagram	Nidd Valley Road Runners
280	0:45:03	565	Sarah Woodeson	Valley Striders AC	380	0:51:02	83	Elizabeth Evans	Chesterfield & District Ac
281	0:45:04	507	Jennifer Hulley	Stockport Harriers & Ac	381	0:51:09	304	Jane Cope	Louth Ac
282	0:45:08	429	Alissa Sharma	Roundhay Runners	382	0:51:12	38	Clare Smith	Bingley Harriers & Ac
283	0:45:14	13	Carole Harrison	Altrincham & District Ac	383	0:51:14	414	Carole Clifford	Rothwell & District Harriers
284	0:45:16	602	Jane Nodder	York Knivesmire Harriers	384	0:51:17	189	Joanne Bell	Heaton Harriers & Ac
285	0:45:17	314	Joanna Miles	Macclesfield Harriers & Ac	385	0:51:22	506	Naomi Rabin	Steel City Striders Rc
286	0:45:17	136	Samara Wood	Denby Dale Travellers	386	0:51:34	129	Paula Roberts	Darlington H & Ac
287	0:45:24	276	Jessica Nixon	Leeds City Athletic Club	387	0:51:40	140	Clare Williamson	Derwentside Ac
288	0:45:28	399	Janice Needham	Rochdale Harriers & AC	388	0:51:42	415	Claire Easton	Rothwell & District Harriers
289	0:45:30	370	Sarah Jackson	Penny Lane Striders	389	0:51:47	78	Elizabeth Nocton	Buxton AC
290	0:45:31	223	Vicki Thompson	Jarrow & Hebburn Ac	390	0:51:58	125	Lesley Miller	Darlington H & Ac
291	0:45:35	474	Rebekah Pitcher	Sheffield RC	391	0:52:04	419	Denise Ramsden	Rothwell & District Harriers
292	0:45:37	76	Ruth Gowers	Buxton AC	392	0:52:11	146	Sharon Maughan	Doncaster Athletic Club
293	0:45:43	256	Marion Muir	Kirkstall Harriers	393	0:52:31	392	Nicola Buckett	Richmond & Zetland Harriers
294	0:45:52	467	Abigail Hearmon	Sedgefield Harriers	394	0:52:34	422	June Stakes	Rothwell & District Harriers
295	0:45:53	312	Saranya Hasler	Macclesfield Harriers & Ac	395	0:52:34	258	Jemma Roe	Kirkstall Harriers
296	0:46:00	230	Kate Robson	Jesmond Joggers	396	0:52:37	257	Hannah Newman	Kirkstall Harriers
297	0:46:01	6	Lisa Stansbie	Abbey Runners	397	0:52:45	195	Jackie Keasley	Helsby Running Club
298	0:46:03	569	Michelle Alty	Wallasey Athly Club	398	0:52:50	356	Vicky Moss	North Derbyshire Rc
299	0:46:03	210	Alison Bennett	Ilkley Harriers Ac	399	0:53:13	53	Anna Sugden	Blackhill Bounders
300	0:46:05	169	J Christie-De	Gosforth Harriers & Ac	400	0:53:22	261	Elizabeth Walker	Kirkstall Harriers

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Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:53:31	105	Claire Farrell	Cleethorpes And District AC					
402	0:53:49	373	Claudia Pagoulatou	Pensby Runners					
403	0:53:57	127	Kerry Oyston	Darlington H & Ac					
404	0:54:32	85	Katie McInnes	Chorlton Runners					
405	0:54:41	527	Eii Min Na	Tyne Bridge Harriers					
406	0:54:41	36	Sally Parkin	Bingley Harriers & Ac					
407	0:54:57	135	Rachel Warsop	Denby Dale Travellers					
408	0:55:09	131	Emma Dorman	Denby Dale Travellers					
409	0:55:26	72	Kathryn Page	Burnden Road Runners					
410	0:55:57	363	Madeleine Delucchi	Otley Ac					
411	0:55:59	124	A Mackenzie-Brown	Darlington H & Ac					
412	0:56:28	379	Sue Wickham	Preston Harriers					
413	0:56:37	553	Sara Dyer	Valley Striders AC					
414	0:56:48	571	Catherine Cuthbert	Wallasey Athletic Club					
415	0:56:55	480	Sallyann Smith	Sheffield Triathlon Club					
416	0:56:58	103	Amber Bradley	Cleethorpes And District AC					
417	0:57:18	281	Dianne Denney	Leigh Harriers & Ac					
418	0:57:35	88	Christine Hemmingway	City Of Hull Ac					
419	0:57:48	50	Elizabeth Mitchell	Blackhill Bounders					
420	0:57:51	107	Melanie Portlock	Cleethorpes And District AC					
421	0:58:07	349	Michelle Smith	Nidd Valley Road Runners					
422	0:58:13	2	Louise Corcoran	Abbey Runners					
423	0:59:30	100	Christine Egerton	Clayton-Le-Moors Harriers					
424	1:00:26	476	Carolina Scarton	Sheffield RC					
425	1:00:45	459	Jane Hart	Saltaire Striders					
426	1:01:10	99	Susan Allen	Clayton-Le-Moors Harriers					
427	1:02:42	609	Edwina Wilcox	York Knavesmire Harriers					
428	1:02:59	101	Christine Leathley	Clayton-Le-Moors Harriers					
429	1:03:59	341	Sarah Chalmers	Nidd Valley Road Runners					
430	1:04:24	186	Coralin Harrison	Harrogate Harriers & AC					
431	1:05:21	367	Victoria Taylor	Otley Ac					
432	1:06:10	513	Laura Tedstone	Sunderland Harriers & Ac					
433	1:06:30	496	Amanda Pearson	Spenborough & Dist Ac					
434	1:10:26	249	Jill Buckley	Kirkstall Harriers					
435	1:13:51	477	Georgina Williams	Sheffield RC					

Team Results:

Pos	Points	Team / Club	Placings
1	39	Leeds City Athletic Club	(6 7 11 15)
2	41	Sale Harriers Manchester	(3 5 8 25)
3	81	Rotherham Harriers And AC	(10 12 29 30)
4	124	Lincoln Wellington AC	(4 18 36 66)
5	140	Ribble Valley Harriers	(24 26 35 55)
6	161	Manx Harriers	(14 47 49 51)
7	190	Hallamshire Harriers Sheffield	(33 46 48 63)
8	219	Morpeth Harriers & Ac	(1 16 17 185)
9	230	Salford Harriers & AC	(31 40 45 114)
10	268	Jarrow & Hebburn Ac	(28 60 79 101)
11	342	Vale Royal Ac	(20 42 120 160)
12	385	Leigh Harriers & Ac	(2 21 52 310)
13	389	York Knavesmire Harriers	(53 96 111 129)
14	431	Trafford Athletic Club	(59 73 138 161)
15	434	Baildon Runners	(84 102 107 141)
16	456	Keighley & Craven Ac	(93 105 110 148)
17	468	Wirral Ac	(67 128 134 139)
18	494	Bingley Harriers & Ac	(71 109 131 183)
19	497	Otley Ac	(68 108 146 175)
20	512	Darlington H & Ac	(85 115 149 163)
21	614	Gateshead Harriers & Ac	(98 106 136 274)
22	666	Macclesfield Harriers & Ac	(118 155 158 235)
23	697	Valley Striders AC	(99 164 202 232)
24	705	North Derbyshire Rc	(97 147 212 249)
25	706	Sunderland Harriers & Ac	(65 113 197 331)
26	734	Roundhay Runners	(88 167 217 262)
27	742	Sheffield RC	(103 127 221 291)
28	744	Ilkley Harriers Ac	(57 117 271 299)
29	769	South Shields Harriers & Ac	(143 182 219 225)
30	812	Buxton AC	(77 199 244 292)
31	822	Hyde Park Harriers	(178 191 213 240)
32	874	Harrogate Harriers & AC	(58 181 205 430)
33	896	Birtley Ac	(80 239 264 313)
34	902	Jesmond Joggers	(154 193 259 296)
35	905	Steel City Striders Rc	(124 222 242 317)
36	924	Crook & Dist Sports Ac	(125 220 275 304)
37	953	Kirkstall Harriers	(72 234 293 354)
38	991	Abbey Runners	(162 256 276 297)
39	992	City Of Sheffield & Dearne AC	(61 258 320 353)
40	1016	Preston Harriers	(168 169 322 357)
41	1107	Burnden Road Runners	(200 237 261 409)
42	1119	Sedgefield Harriers	(229 252 294 344)
43	1122	Wallasey Athletic Club	(130 298 335 359)
44	1143	Richmond & Zetland Harriers	(207 277 323 336)
45	1151	Elvet Striders	(126 306 341 378)
46	1175	Low Fell Rc	(196 265 347 367)
47	1261	Denby Dale Travellers	(279 286 338 358)
48	1267	Rothwell & District Harriers	(247 326 346 348)
49	1275	Blackhill Bounders	(209 248 399 419)
50	1307	Nidd Valley Road Runners	(303 321 334 349)
51	1390	Helsby Running Club	(318 325 350 397)
52	1467	Clayton-Le-Moors Harriers	(190 423 426 428)
53	1553	Cleethorpes And District AC	(316 401 416 420)