

Thanks to all the selected athletes for running & representing the North so well in the very competitive races at Sefton park. Congratulations to Ross Millington, Harriet Knowles Jones & Patrick Dever (making his Northern team debut) for gaining selection for the GB teams for the European Cross Country Champs. Full results for the North teams and other Northern athletes are shown below. Thanks also to the Team Managers, Rob Cameron, Kevin Hussey & Sally Malir for their help on the day. Performances here will be considered in determining selection for the Brussels and Antrim teams.

				Other Northern athlete results			
Pos				Pos			
2	00:14:29	Harriet Knowles-Jones	WARRINGTON AC	14	00:15:27	Kate Waugh	BIRTLEY AC
7	00:15:12	Philippa Stone	MIDDLESBROUGH AC	21	00:15:41	Catrina Thomas	LINCOLN WELLINGTON AC
15	00:15:28	Sophie Tarver	LOUGHBOROUGH STUDENTS AC	24	00:15:48	Mollie Williams	STOCKPORT HARRIERS & AC
18	00:15:33	Bella Williams	LINCOLN WELLINGTON AC	28	00:15:56	Hannah Delaney	LIVERPOOL HARRIERS & AC
19	00:15:40	Katy Whiteoak	STOCKPORT HARRIERS & AC				
27	00:15:55	Sophie Burnett	BIRTLEY AC				

IAAF Junior Men North team				Other Northern athlete results			
Pos				Pos			
7	00:20:36	Scott Beattie	MORPETH HARRIERS & AC	21	00:21:12	Zak Miller	TRAFFORD AC
8	00:20:36	Hugo Milner	DERBY AC	22	00:21:14	Nathan Baker	MIDDLESBROUGH AC
13	00:21:01	Jonathan Shields	CITY OF SHEFFIELD AC	32	00:21:31	Lewis Jagger	LINCOLN WELLINGTON AC
20	00:21:12	Emile Cairaess	LEEDS CITY AC				
24	00:21:16	Harry Powell	KINGSTON UPON HULL AC				
37	00:21:42	Josh Betteley	VALE ROYAL AC				

Senior & U23 Women North Team				Other Northern athlete results			
Pos				Pos			
10	00:27:28	Claire Duck	LEEDS CITY AC	31	00:28:30	Lizzie Browne	HALLAMSHIRE HARRIERS SHEFFIELD AC
19	00:28:03	Lucy Crookes	LEEDS CITY AC	32	00:28:31	Amelia Pettitt	U23 VALE ROYAL AC
50	00:29:05	Abbie Donnelley	U23 LINCOLN WELLINGTON AC	38	00:28:42	Rachael Burns	LIVERPOOL HARRIERS & AC
51	00:29:07	Samantha Johnson	ROTHERHAM HARRIERS & AC	41	00:28:53	Helen Clitheroe	PRESTON HARRIERS
53	00:29:10	Zara Knappy	U23 ROTHERHAM HARRIERS & AC	54	00:29:10	Jennifer Walsh	WAKEFIELD AC
64	00:29:34	Georgia Malir	U23 LEEDS CITY AC	56	00:29:17	Emma Holt	MORPETH HARRIERS & AC

Senior & U23 men North team				Other Northern athlete results			
Pos				Pos			
14	00:29:48	Patrick Dever	U23 PRESTON HARRIERS	4	00:29:02	Ross Millington	STOCKPORT HARRIERS & AC
22	00:29:58	Joe Steward	EAST CHESHIRE H & TAMESIDE AC	9	00:29:36	Jack Martin	STOCKPORT HARRIERS & AC
29	00:30:07	Matthew Bowser	LINCOLN WELLINGTON AC	10	00:29:41	Charlie Hulson	SALE HARRIERS MANCHESTER
37	00:30:25	Jaimie Roden	SALE HARRIERS MANCHESTER	17	00:29:52	Andrew Heyes	HALLAMSHIRE H SHEFFIELD AC
61	00:31:07	Alex Pilcher	DERBY AC	31	00:30:14	Jack Morris	STOCKPORT HARRIERS & AC
75	00:31:21	Joshua Woodcock-Shaw	LEEDS CITY AC	55	00:31:00	Carl Avery	MORPETH HARRIERS & AC
				65	00:31:09	John Ashcroft	LIVERPOOL HARRIERS & AC
				67	00:31:13	Matt Jackson	LIVERPOOL HARRIERS & AC