

## U23 Inter Regional Match - 29th July 2001 - Moorways Stadium, Derby

### Match Result:

#### Cleveland Cup (U23)

1	South	153
2	North	148
3	Midlands	100
4	Wales	82
5	Ireland	75

#### Derby Challenge (U20)

1	South	135
2	North	132
3	Midlands	104
4	Wales	101
5	Ireland	6

#### T6 100m

#### U23M

##### F

1	James Chatt	Sou	10.84 w +0.3mps
2	Mike Smith	Nor	10.88
3	Dominic Papura	Wal	10.98
4	Henry Richards	Mid	11.01

#### T16 200m

#### U23M

##### F

1	James Chatt	Sou	21.53 w -1.3mps CBP
2	Dominic Papura	Wal	21.71
3	Henry Richards	Mid	22.04
4	Mike Smith	Nor	22.10

#### T10 400m

#### U23M

##### F

1	Adam Potter	Sou	46.75	CBP
2	David Naismith	Nor	47.12	
3	Simon Plaskitt	Mid	47.18	
4	D McCarthy	Ire	47.63	

5	Richard MacDonald	Guest	47.67
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**T4 800m U23M**

**F**

1	* *	Ire	1 51.96
2	David Moulton	Sou	1 52.19
3	Walsh Peter	Nor	1 52.57
4	Ryan Cox	Mid	1 55.96
5	Tom Cartwright	Wal	1 57.48

**T13 1500m U23M**

**F**

1	Chris Moss	Sou	3 46.19
2	Nick McCormick	Nor	3 48.36
3	Thomas Fraser	Ire	3 54.15
4	Ben Cooke	Mid	3 56.51
5	Paul Clarke	Wal	4 2.21

**T23 3000m U23M**

**F**

1	Martin Cryer	Nor	8 44.30
2	Tim Woodthorpe	Mid	9 44.60

**T17 3000mW U23M**

**F**

1	Matt Hales	Sou	12 51.96
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**T22 4 x 100m****U23M****F**

1		Wal	41.87	CBP
2		Mid	41.99	
3		Sou	42.02	

**T25 4 x 400m****U23M****F**

1		Sou	3 17.04
2		Mid	3 17.19
3		Nor	3 31.78

**T19 110mH****U23M****F**

1	Robert Newton	Mid	14.44 w -1.3mps	CBP
3	Luke Gittins	Wal	15.52	
4	James Tattersall	Nor	16.22	

**T1 400mH****U23M****F**

1	Steven Surety	Sou	51.91	CBP
2	Stephen McDonald	Ire	52.89	
3	David O'Leary	Nor	54.51	
4	Andrew Griffiths	Wal	58.24	

**T20 3000m S/C****U23M****F**

1	Andrew Franklin	Sou	9 15.98
2	Steve Millward	Nor	9 38.61
3	Richard Sinclair	Mid	9 54.75

4	Alex Donald	Wal	10	31.94
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**F5 High Jump U23M**

**F**

1	Danny Graham	Nor	2.15	CBP
2	Adrian O'Dwyer	Ire	2.05	
3	Martin Lloyd	Sou	2.00	
4	James Alix	Mid	2.00	
5	Rhodri Jones	Wal	1.85	

**F9 PoleVault U23M**

**F**

1	Ashley Swain	Sou	4.90
2	Scott Simpson	Mid	4.90
3	Chris Type	Wal	4.50

**F11 Long Jump U23M**

**F**

1	Chris Tomlinson	Nor	7.28 w -0.5
2	Kevin Burke	Ire	6.86 w +0.2
3	James Morris	Wal	6.82 w +1.1

**F3 Triple Jump U23M**

**F**

1	Steven Shalders	Wal	15.71 w +0.47
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2	Chris Tomlinson	Nor	15.35 w -1.00	
3	Lister Hargreaves	Mid	12.77 w -2.20	

**F14 Shot U23M**

**F**

1	Emeka Udechuku	Sou	17.71	CBP
2	Lyndon Woodward	Mid	15.12	
3	Marcus Gouldbourne	Nor	13.87	
4	John Parkin	Wal	13.18	

**F7 Discus U23M**

**F**

1	Emeka Udechuku	Sou	56.44	CBP
2	Marcus Gouldbourne	Nor	48.03	
3	Edward Reid	Mid	42.38	
4	Ben Roberts	Wal	38.86	

**F2 Hammer U23M**

**F**

1	Andy Frost	Sou	59.95	
2	David Little	Nor	54.61	
3	Jon Parkin	Wal	47.99	

**F16 Javelin U23M**

**F**

1	David Parker	Nor	71.44	CBP
2	Ben Houghton	Ire	63.75	
3	Jon Lundman	Sou	61.22	
4	Craig Guest	Mid	55.00	

**T6a 100m U20M**

**F**

1	Gavin Eastman(U23)	Sou	10.81 w +0.7mps
2	Mike Bourne	Nor	11.17
3	Edwin Grey	Mid	11.25
4	Michael Groves	Wal	11.30

**T16 200m****U20M****F**

1	Graham Hedman	Sou	21.81 w -2.9mps
2	Brad Yiend	Mid	22.50
3	Michael Groves	Wal	22.61
4	Mark Callanan	Nor	23.16

**T10 400m****U20M****F**

1	Adam Buckley	Nor	48.18
2	Tim Bayley	Sou	48.47
3	Lee Bryan	Mid	49.13
4	Neil Wynne	Wal	50.51

**T4a 800m****U20M****F**

1	Ricky Soos	Mid	1 52.14
2	Andrew Fulford	Sou	1 53.19
3	Robert Jeffries	Nor	1 54.27
4	Steven Davies	Wal	1 56.62

**T13 1500m****U20M**

**F**

1	Andy Sherman	Sou	3	52.28
2	Tom Holden	Mid	3	59.39
3	Matthew Jones	Wal	4	0.08
4	Andrew Norman	Nor	4	4.78

**T23 3000m U20M****F**

1	Steven Hepples	Nor	8	33.03
2	Phil Nicholls	Mid	8	45.46
3	James Williams	Wal	8	54.66
4	Paul Fisher	Sou	8	57.24

**T17 3000mW U20M****F**

1	Cameron Smith	Wal	13	12.17
2	Daniel King	Sou	13	14.12

**T25 4 x 400m U20M****F**

1		Mid	3	49.87
2		Nor	3	50.10
3		Sou	3	50.15
4		Wal	4	10.38

**T19 110mH U20M****F**

1	Andy Turner	Mid	14.64	w -2.0mps
2	Richard Sears	Sou	14.72	
3	Nathan Palmer	Wal	14.78	
4	Ashley Pritchard	Nor	15.95	

**T1a 400mH U20M****F**

1	Richard Smith	Nor	52.96
2	Matthew Williams	Wal	56.97

**T20 3000m S/C U20M****F**

1	Peter Kellie	Wal	9	28.29
2	Daniel Yates	Nor	9	32.06
3	Andrew Thomas	Sou	9	38.60
4	Simon Hall	Mid	10	40.67

**F5a High Jump U20M****F**

1	Sampson Oni	Sou	2.10	CBP
2	Matt Ostridge	Mid	2.00	
3	Jamie Russell	Nor	1.95	
4	Andrew Thomas	Wal	1.80	

**F9a Pole Vault U20M****F**

1	Alan Richardson	Nor	4.40
2	Cameron Johnson	Wal	4.40

**F11 Long Jump U20M****F**

1	Nathan Douglas	Sou	7.10 w -0.9	CBP
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**F3a Triple Jump U20M****F**

1	Nathan Douglas	Sou	15.23 w +0.33	CBP
2	Paul Revell	Nor	14.05 w +0.20	
3	David Brown	Wal	13.41 w -0.85	

**F14 Shot U20M****F**

1	Greg Beard	Sou	13.78	
2	Manjit Randhana	Mid	13.10	
3	Mark Prosser (U23)	Wal	12.23	
4	Jason Crawford	Nor	12.19	

**F7a Discus U20M****F**

1	Luke Rosenberg(U23)	Sou	46.69	CBP
2	Daniel Greaves	Mid	42.61	
3	Roger Bate	Nor	38.92	
4	Simon Bull	Wal	36.11	

**F2a Hammer U20M****F**

1	Roger Bate	Nor	46.55	
2	James Rees	Wal	42.12	

**F16 Javelin U20M****F**

1	Jason Hallett	Wal	60.15	
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2	Joe Diskin	Ire	54.04
3	Gerard Plunkett (U23)	Nor	48.70
4	* *	Sou	37.50

**T5 100m U23W**

**F**

1	Emily Maher	Ire	11.92 w -1.9mps
2	Emily Freeman	Nor	11.99
3	Sabrina Scott	Sou	12.10
4	Angharad James	Wal	12.19
5	Sonia Rice	Mid	12.51

**T15 200m U23W**

**F**

1	Emily Freeman	Nor	23.72 w -0.8mps
2	Ciara Sheehy	Ire	23.88
3	Angharad James	Wal	24.37
4	Katherine Endacott	Sou	24.74
5	Sonia Rice	Mid	24.78

**T9 400m U23W**

**F**

1	Karen Gear	Sou	53.99
2	Martina McCarthy	Ire	54.64
3	Joanne McDougall	Nor	55.18
4	Lois Cresswell	Mid	56.30

**T3 800m U23W**

**F**

1	Karen Johns	Nor	2 12.00
2	Emily Hathaway	Mid	2 13.46

3	Laurie Cossey	Sou	2	14.69
4	Lisa Thompson	Wal	2	14.78

**T12 1500m U23W**

**F**

1	Ruth Brown	Nor	4	35.78
2	Maria Skelton	Ire	4	41.10
3	Eloise Crowley	Wal	4	41.46
4	Roseanna Iannone	Sou	4	45.52

**T8 3000m U23W**

**F**

1	Juliet Potter	Mid	9	25.39
2	Emma O'Dowd	Sou	10	12.10
3	Lucy Waterlow	NOR	10	18.42
4	Jamie Jones	Wal	10	55.29

**T18 3000m W U23W**

**F**

1	Bryna Christmas	Nor	16	10.88
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**T21 4 x 100m U23W**

**F**

1		Sou		46.33
2		Nor		46.93
3		Wal		48.12

**T24 4 x 400m U23W**

**F**

Ire

Nor

Sou

Wal

Mid

**T14 100mH U23W**

**F**

1	Derval O'Rourke	Ire	13.63 w -0.5mps
2	Julie Pratt	Sou	13.73
3	Vicky Williams	Mid	14.68
4	Fiona Harrison	Nor	15.43

**T2 400mH U23W**

**F**

1	Michelle Carey	Ire	59.64
2	Hannah Wood	Mid	59.80
3	Nusrat Ceesay	Sou	62.47
4	Sarah Newman	Wal	64.54
5	Rachel Kay	Nor	65.58

**F13 High Jump U23W**

**F**

2	Lindsey-Jane	Sou	1.79
3	Sarah Humberston	Nor	1.75
4	Alison James	Mid	1.60
5	Stephanie Little	Wal	1.55

**F4 Pole Vault U23W**

**F**

1	Sonia Lawrence	Wal	3.85	CBP
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2	Laura Patterson	Sou	3.60
3	Helen Webb	Mid	3.00
4	Mandy Humble	Nor	2.90

**F15 Long Jump U23W**

**F**

1	Natasha May	Nor	5.90 w +0.3
2	Sarah Wellstead	Sou	5.90 w +2.2
3	Gemma Jones	Wal	5.40 w +3.7
4	Judith Butler	Mid	5.16 w +0.7

**F8 Triple Jump U23W**

**F**

1	Rebecca White	Nor	12.68 w -2.6	CBP
2	Mary McCloone	Ire	11.77 w -1.7	
3	Leandra Polius	Sou	11.62 w +0.4	
4	Sara McCoubrey	Wal	10.61 w +0.5	

**F12 Shot U23W**

**F**

1	Kara Nwidobie	Nor	12.55
2	Joan MacPherson	Sou	12.08
3	Hannah Corneby	Mid	10.79
4	Carys Parry	Wal	10.11

**F6 Discus U23W**

**F**

1	Kara Nwidobie	Nor	42.76
2	Joan MacPherson	Sou	42.50
3	Elaine Cank	Mid	42.43
4	Carys Parry	Wal	33.00

**F1 Hammer U23W****F**

1	Zoe Derham	Mid	57.80	CBP
2	Carys Parry	Wal	52.72	
3	Vicci Scott	Nor	52.51	
4	Johanna Doyle	Ire	50.41	

**F10 Javelin U23W****F**

1	Jennifer O'Sullivan	Ire	43.55	
2	Katy Watts	Sou	42.98	
3	Laura Smith	Nor	38.67	
4	Vicky James	Mid	37.37	
5	Emily Skucek	Wal	33.91	

**T5a 100m U20W****F**

1	Kelly Thomas	Sou	12.11 w -2.9mps
2	Sian Robinson	Mid	12.28
3	Rebecca White(U23)	Nor	12.29
4	Fiona O'Friel	Ire	12.49
5	Lowri Jones	Wal	13.05

**T15 200m U20W****F**

1	* *	Sou	24.52 w -1.7mps
2	Sian Robinson	Mid	24.95
3	Maria	Nor	25.12

**T9a 400m U20W**

**F**

1	Danielle Halsall	Nor	57.03
2	Nicola Sanders	Sou	57.47
3	Rebecca Cozens	Wal	58.24
4	Rebecca Heath	Mid	60.13

**T3a 800m U20W****F**

1	Natalie Lewis	Wal	2	8.54
2	Kate Reed	Mid	2	8.57
3	Louisa Wood	Sou	2	12.70
4	Claire Robson	Nor	2	16.74

**T12 1500m U20W****F**

1	Katie Brennan	Nor	4	36.28
2	Suzanne Hasler	Mid	4	40.89
3	Sian Pritchard	Wal	5	3.51

**T8a 3000m U20W****F**

1	Erica Martin	Mid	10	15.82
2	Helen Pearson	Sou	10	17.80
3	Gemma Titterington	Nor	10	42.97
4	Claire Evans	Wal	11	23.71

**T18 3000m W U20W****F**

1	Sophie Hales	Sou	15	43.13
2	Nikki Reynolds	Mid	17	11.18

3	Keirina Rowland	Wal	18 25.32
4	Donna Saxby	Nor	21 25.12

**T21 4 x 100m U20W**

**F**

1		Mid	47.52
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**T14 100mH U20W**

**F**

1	Kate Brewington	Sou	14.38 w -2.6mps
2	Sarah McGreavey	Mid	14.67
3	Sian Polhill-Thomas	Wal	15.44
4	Grace Smith	Nor	16.05

**T2a 400mH U20W**

**F**

1	Laura Curtis	Nor	62.40
2	Ruth Brereton	Sou	64.22
3	Lyndsey Fitzgerald	Wal	66.88

**F13 High Jump U20W**

**F**

1	Jennifer Glaysher	Nor	1.65
2	Natalie Hulse	Mid	1.65
3	Cathy Pritchard	Wal	1.60
4	Sarah White	Sou	1.45

**F4a Pole Vault U20W**

**F**

1	Katherine MacRae	Sou	3.50
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2	Anna Leyshon	Wal	3.10	
3	Lindsey Johnson	Nor	2.60	

**F8a Triple Jump U20W**

**F**

1	Hazel Carwardine	Nor	11.83 w -0.3	CBP
2	Azaria Francis	Sou	11.80 w -0.8	
3	Linsi Robinson	Mid	11.52 w +0.5	
4	Sian Jones	Wal	11.37 w +0.3	

**F15 Long Jump U20W**

**F**

1	Fiona Westwood	Nor	5.71 w +2.2	
2	Lara Richards	Wal	5.54 w +5.0	
3	Kate Brewington	Sou	5.51 w +1.4	
4	Danielle Humphreys	Mid	5.51 w +2.0	

**F12 Shot U20W**

**F**

1	Charlotte Spelzini	Sou	13.77	CBP
2	Paula Hendriks	Mid	11.41	
3	Louise Finlay	Wal	10.83	
4	Vicci Scott	Nor	8.95	

**F6a Discus U20W**

**F**

1	Hannah Corneby	Mid	39.62	
2	Ffion Jones	Wal	33.88	
3	Vicci Scott (U23)	Nor	33.13	

**F1a Hammer U20W**

**F**

1	Helen Taylor	Nor	49.74
2	Laura Douglas	Wal	48.27
3	Jodie Daniliw	Mid	28.72

**F10 Javelin****U20W****F**

1	Vicci Scott	Nor	8.00
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## Match Results:

## Cleveland Cup

1South 153pts

2North of England AA 148

3Midlands 100

4Wales 82

5Ireland 75

## Derby Challenge (U23/U20)

1South 135pts

2North 132

3Midlands 104

4Wales 101

5Ireland 6