Inter Area U18 Coaching Match at Preston Arena on Sunday 6th June, 2003

Women's Results

80m

1	Kirsty Thomas	N	10.4
2	Roisin Wildi	N	10.5
3	Kimberley Wainwright	E	10.5
4	Laura Willey	W	10.6
5	Shelley Revitt	Guest	10.8
6	Kim Parkin	E	10.9

150m

Sophie De la Hunt	N	19.0
Danielle Fawkes	W	19.2
Kirsty Thomas	N	19.5
Roisin Willi	Guest	19.5
Carly Cockerill	E	19.7
Laura Willey	W	20.0
Katie Flower	E	20.7

300m

1	Sonia Hodgkinson	W	41.5
2	Kimberley Wainwright	E	42.6
3	Lynette Hill	E	44.0
4			
5			

100m H

Katie Read	W	15. 0
Emily Noble	E	15.1
Danielle Fawkes	W	15.3
Emma Morris	N	16. 0
Frances Noble	E	17.0

300m H

1	Emma Morris	N	45.2
2	Rebecca Long	E	49.0
3	Samantha Appleby	W	50.8
4	Rachel Forrest	E	53.0

1000m

Danielle McCann	W	3m 11.2
Lucy Mayho	E	3m 13.9
Toni Wheatman	E	3m 15.1

3000m

1	Sam Crowe	N	10m 40.7
2	Jasmine King	E	10m 58.3
3	Nicola Lampora	E	11m 23.1

4 x 100m Relay

East	50. 9
North `	54. 0
West	DQ

Long

1	Rachel Abbs	N	5m 24
2	Shirley Revitt	E	5m 20
3	Lizzy Berry	W	5m 04
4	Frances Noble	E	5m 01
5	Georgie Shaw	W	4m 84
6	Sophie De La Hunt	N	4m 76

Triple

Nia Nwidobie	W	11m 20
Rebecca Caine	E	10m 18
Amy Levitt	E	9m 86

High

1	Vicki Hubbard	E	1m 65
2	Emma Morris	N	1m 60
3	Sarah Allinson	N	1m 60
4	Rachel Culshaw	W	1m 60
5	Laura Jarvis	E	1m 55

Pole Vault

Amy Teasdale	E	2m 70
Stacey Manning	W	=2m 40
& Julia Witrylak	W	=2m 40

Shot

1	Emma Shaw	E	10m 74
2	Gemma Llewellyan	W	10m 57
3	Laura Booth	E	10m 32
4	Rachel Bashforth	W	10m 03
	Anna Griffiths	Guest	8m 71

Discus

Gemma Llewellyan	W	36m 33
Amy Howard	E	32m 45
Rachel Bashforth	W	28m 50
Laura Donnelly	E	27m 56

Women [contd]

	Javelin			Hammer		
1	Stephanie Novak	W	35m 59	Anna Johnson	W	42m 09
2	Sam Wade	E	32m 12	Sara Holt	E	41m 63
3	Kerri Massey	W	30m 55	Ruth Wilsher	E	29m 75
4	Shelley Revitt	E	26m 97	Rachel Bashforth	W	28m 56
	Rachel Fleary	Guest	29m 68	Leanne Fairhurst	Gue	28m 98
	Frances Noble	Guest	24m 30			

Men's Results

	80m			80m Guest Race		
1	Danny Topliss	E	9. 2	Tom Henry	E	9. 2
2	David Aguirreburalde	W	9. 3	Phil Taylor	W	9. 3
3	Dean Daniels	N	9. 3	David Hurst	W	9. 4
4	Danny Warman	E	9. 4	Ben Wilson	N	9. 5
5	John Murray	W	9. 7	Richard Buck	N	9. 7
6	Paul Moore	N	9. 7	Fabio Dalle Mulle	W	9. 8

	150m			150m Guest Race		
1	Dean Daniels	N	16. 7	Phil Taylor	W	17. 2
2	Danny Whittaker	W	16. 7	Danny Topliss	E	17. 2
3	Tom Henry	E	17. 2	Danny Warman	E	17. 4
4	John Bownes	N	17. 3	Carl Dickinson	W	17. 5
5	David Hurst	W	17. 6	Richard Buck	E	17. 8
6	Stephen Gregg	E	18. 1	John Murray	W	17. 8
7				Des Bowden	W	18. 2

	300m			110m H		
1	Richard Buck	E	35. 4	Jordan Fleary	W	15. 5
2	Craig Glanville	N	36. 1	Danny Pope	N	16. 1
3	Chris Cambell	N	36. 3			
4	Elliot O'Neill	W	36. 6			
5	Lee Barnes	W	38. 0			
6	Jack Hickson	E	38. 3			

	300m H			1500m S / Chase		
1	Kieron Flannery	N	41. 2	Lee Loucas	E	5m 02.5
2	Richard Hepson	E	41. 7	Mark Hardman	E	5m 11.5
3	Ben Ambler	E	42. 7			
	Danny Pope	DQ				

	1,000m			3, 000m		
1	Kieron Flannery	N	2m 36.5	Sam Clegg	E	9m 36. 7
2	Andre de Pavre	E	2m 36.9			
3	Michael Sawrey	W	2m 37.1			
4	Jason Maxfield	E	2m 43.0			
5	Aran Howard	E	2m 44.6			

Men's results [contd]

4 x 100m Relay

1	West	43. 5
2	North	43. 6
3	East	44. 0
4	West 2	44. 2
5	West 3	45. 8
	North 2 DQ	

Long

1	Chris Kirk	E	6m 85
2	Andrew Staniland	E	6m 18
3	John Stacey	N	5m 92
4	Adam Chandley	W	5m 81
5	Paul Record	W	5m 38

Triple

Adam Chandley	W	13m 07
Mitch Rhodes	E	12m 57
Chris Waugh	N	12m 36
Daniel Longrove	E	12m 07

High

1	John Stacey	N	1m 85
2	Graham Lumsden	W	1m 80
3	Wayne Taylor	E	1m 75
4	Danny Pope	N	1m 65

Pole Vault

Laurence Steele	W	4m 00
Richard Ettenfield	E	3m 20
Gareth Lapsins	W	2m 70
Max Eaves	Guest	2m 70

Shot

1	Will Lowndes	W	15m 10
2	Craig Sturrock	N	14m 82
3	Rob Hendry	E	12m 84
4	Mike Bomba	W	12m 63
5	Richard Ettenfield	E	11m 72
6			

Discus

Les Richards	N	44m 23
Will Lowndes	W	41m 91
Lewis Williamson	E	38m 84
Gavin Hill	N	38m 25
Mike Bomba	W	37m 88
Carl Fitzgerald	E	37m 28
Andrew Staniland	G	39m 95

Javelin

1	Andrew Ormesher	W	54m 52
2	Sam Allen	E	49m 72
3	Paul McKown	W	48m 22
4	Andy Allsopp	E	38m 38
	Andrew Staniland	Guest	48m 96
	Rob Henry	Guest	40m 95
	Sam Beighton	Guest	42m 18

Hammer

Matt Lindley	E	60m 46
Alex Smith	E	58m 5
Will Lowndes	W	47m 07
Mike Bomba	W	46m 46

TEAM RESULTS

1st	East	238 pts
2nd	West	204 pts
3rd	North	144 pts