

U23 Inter Regional Match (Cleveland Cup)**T01A U23 Men 400m H** m/s

1	Dan Bray	South	53.5
2	Andrew Hopkinson	North	54.7
3	Neil Burnside	Scotland	54.8

T02A U23 Women 400m H m/s

1	Anwer Kes	Wales	59.70
2	Nicola Martell	South	62.92
3	Nisha Desai	North	63.40
4	Emma Peters	Midlands	64.05
5	Catrina Pennett	Scotland	66.01

T03A U23 Women 800m m/s

1	Elizabeth Brathwaite	South	2:13.68
2	Eleanor Sherrard-S	Wales	2:14.59
3	Claire Robson	North	2:15.75
4	Lynsey Friel	Northern Ireland	2:16.21
5	Claire Wilson	Scotland	2:18.98

T04A U23 Men 800m m/s

1	Ian Munro	Scotland	1:55.54
2	Chris Reynolds	South	1:55.68
3	Gary Davenport	Midlands	1:55.92
4	Stephen Davis	Wales	1:56.22
5	Steve Evison	North	2:01.13

T05A U23 Women 100m -4.2m/s

1	Gemma Bennett	South	12.44
2	Katherine Jones	Midlands	12.46
3	Sara Whigham	Scotland	12.84
4	Bernice Wilson	North	12.90
5	Emma Plow	Wales	13.42

T06A U23 Men 100m -2.8m/s

1	Dan Cossins	Midlands	11.12
2	Adebowale Ademuy	Wales	11.23
3	Talla Gaye	North	11.26
4	Steven Park	Scotland	11.37
5	Mark Holloway	South	11.50

T08A U23 Women 3000m S/c m/s

1	Shavaun Henny	South	7:28.69
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T09A U23 Women 400m m/s

1	Kathryn Evans	Scotland	55.51
2	Emma Kemp	South	55.76
3	Nisha Desai	North	56.69
4	Kelly Massey	Midlands	57.58
5	Rebecca Slaymaker	Wales	59.53

T10A U23 Men 400m m/s

1	Grant Burnett	Scotland	48.50
2	Phil Taylor	North	48.96
3	Paul Wright	Midlands	49.85
4	Johnathon Williams	Wales	50.59

T12A U23 Women 1500m m/s

1	Freya Murray	Scotland	4:19.34
2	Faye Fullerton	South	4:20.76
3	Ellie Stevens	North	4:29.08
4	Laura Kenney	Midlands	4:32.40
5	Eleanor Sherrard-S	Wales	4:32.44

T13A U23 Men 1500m m/s

1	Richard Weir	North	3:51.05
2	Stephen Davies	Wales	3:51.40
3	Dominic McAllister	Northern Ireland	3:54.53

T14A U23 Women 3000m m/s

1	Alexa Joel	South	9:52.14
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T15A U23 Women 100mH -1.3m/s

1	Jemma Bennett	South	14.13
2	Catrina Pennett	Scotland	14.28
3	Catherine Crawford	Northern Ireland	14.51
4	Rebecca Slaymaker	Wales	16.44

T16A U23 Men 110m H -2.3m/s

1	Will Sharman	Midlands	14.78
2	Tom Carey	South	15.21
3	Franklyn Opara	North	15.17
4	David Collard	Scotland	16.11
5	Robert Baker-Davies	Wales	16.41

T17A U23 Women 200m -1.8m/s

1	Katherine Jones	Midlands	24.55
2	Sara Whigham	Scotland	24.65
3	Bernice Wilson	North	25.28
4	Emma Kemp	South	25.59
5	Emma Plow	Wales	26.47

T18A U23 Men 200m -1.3m/s

1	Dan Cossins	Midlands	21.84
2	Pato Bangura	South	21.90
3	Yusupha Bojang	North	22.32
4	Adebowale Ademuy	Wales	22.37
5	Jamie Coull	Scotland	22.88

T19A U23 Men 3000m Walk m/s

1	Glen Blythman	North	15:08.81
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T19A U23 Women 3000m Walk m/s

1	Johanna Jackson	North	13:37.85
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T20A U23 Men 3000m S/c m/s

1	Dean Lacy	South	9:25.59
2	Peter Kellie	Wales	9:25.67

T21A U23 Women 4 x 100m m/s

1	Jemma Bennett/Joh	South	46.47
2	Melinda Cooksey/An	Midlands	46.62
3	S Whigham/C Roon	Scotland	46.84
4	Katie Flower/Zara H	North	48.05
5	Catherine Crawford/	Northern Ireland	48.95
6	Jessica Tucker/Heat	Wales	DQ

T22A U23 Men 4 x 100m m/s

1	Harry Aikines-Arkee	South	40.87
2	S Park/J Coull/C Se	Scotland	41.67
3	Yusupha Bojang/Tall	North	42.25
4	Aaron Aplin/Dan Co	Midlands	42.82

T23A U23 Men 3000m m/s

1	Ryan McLoud	North	8:22.45
2	John Newsom	Scotland	8:31.85
3	Chris Powner	Midlands	8:35.00
4	Lewis Cadman	South	8:42.03
5	Luke Northall	Wales	9:01.25

T24A U23 Women 4 x 400m**m/s**

1	Marika Reed/Catheri	South	3:45.18
2	K Evans/E Cloggie/	Scotland	3:48.36
3	Danielle Price/Becky	Wales	3:54.55

T25A U23 Men 4 x 400m**m/s**

1	Gary Davenport/Rich	Midlands	3:14.30
2	John Williams/Steph	Wales	3:15.25
3	K Robertson/G Burn	Scotland	3:15.94
4	Tom Carey/Andy Wh	South	3:19.13
5	Thomas Grantham/P	North	3:21.99

U20 Inter Regional Match (Derby Challenge)**T01B U20 Men 400m H** **m/s**

1	Iain McDonald	Midlands	54.0
2		South	54.5
3	Darren Lewis	Wales	54.6
4	Thomas Grantham	North	55.7
5	James Findlay	Scotland	55.9

T02B U20 Women 400m H **m/s**

1	Eilidh Child	Scotland	60.82
2	Marika Reed	South	61.30
3	Anna Smith	Wales	65.65
4	Sian Davies	Midlands	66.80

T03B U20 Women 800m **m/s**

1	Morag McLarty	Scotland	2:06.31
2	Anna Simmonds	Midlands	2:09.44
3	Donna Riding	North	2:09.66
4	Ellis Childs	South	2:11.24
5	Lyndsey Monteith	Northern Ireland	2:14.44
6	Bethany Strange	Wales	2:18.59

T04B U20 Men 800m **m/s**

1	Richard Hill	Midlands	1:49.75
2	Mark Mitchell	Scotland	1:53.10
3	Andrew Teate	North	1:53.79
4	Steven Morrow	Northern Ireland	1:57.57

T05B U20 Women 100m **-3.5m/s**

1	Joscelyn Hopeson	South	12.49
2	Amy Harris	Midlands	12.50
3	Louise Bloor	North	12.54
4	Louise Dickson	Scotland	12.84
5	Kathryn Carson	Northern Ireland	12.90
6	Jessica Tucker	Wales	12.97

T06B U20 Men 100m **-2.3m/s**

1	Harry Aikines Areety	South	10.91
2	Somto Eruchie	Midlands	10.94
3	Fabian Colleymore	Wales	11.15
4	Yusupha Bojang	North	11.18
5	Colin Severin	Scotland	11.24

T08B U20 Women 3000m S/c **m/s**

1	Becky Ellis	North	6:54.31
2	Carolyn Boosey	South	7:07.27

T09B U20 Women 400m **m/s**

1	Katie Flower	North	56.43
2	Rhianna Parker-Sim	Midlands	57.39
3	Emma Cloggie	Scotland	57.67
4	Danielle Price	Wales	58.54
5	Marika Reed	South	59.83

T10B U20 Men 400m **m/s**

1	David Greene	Wales	47.56
2	Kris Robertson	Scotland	48.56
3	Grant Baker	Midlands	48.62
4	Michael Morgan	Northern Ireland	48.82

T12B U20 Women 1500m **m/s**

1	Emma Jackson	Midlands	4:53.52
2	Emma Loveland	Wales	4:56.06

T13B U20 Men 1500m **m/s**

1	Andy Whetstone	South	3:53.08
2	Ben Green	North	3:53.26
3	Ross Toole	Scotland	3:55.30
4	James Mills	Wales	4:07.33

T14B U20 Women 3000m **m/s**

1	Joanne Maddick	North	10:26.40
2	Nicola Bamford	Midlands	10:28.32
3	Charlotte Forbes	Scotland	10:34.23
4	Jessica Trowbridge	South	10:35.45
5	Caryl Jones	Wales	11:21.10

T15B U20 Women 100mH **-0.2m/s**

1	Heather Jones	Wales	13.98
2	Nicola Robinson	Midlands	14.04
3	Catherine Holdsworth	South	14.39
4	Zara Hohn	North	14.62

T16B U20 Men 110m H **-3.6m/s**

1	Darren Lewis	Wales	15.56
2	Charlie Kavanagh	North	15.58
3	Neale Kelly	Scotland	16.69

T17B U20 Women 200m **-1.9m/s**

1	Melinda Cooksey	Midlands	25.16
2	Sabina Astarita	Scotland	25.55
3	Meldrice Stephenso	Wales	25.72
4	Johnelle Gibbons	South	25.92
5	Hayley Gadsby	North	25.97
6	Leigh Whiteside	Northern Ireland	26.73

T18B U20 Men 200m **-1.1m/s**

1	Rikki Fifton	South	21.77
2	Carl Dickinson	North	22.18
3	Fabian Colleymore	Wales	22.45
4	Aaron Aplin	Midlands	22.83
5	Steven Charters	Scotland	23.77

T19B U20 Women 3000m Walk **m/s**

1	Sarah Foster	South	17:17.71
2	Rachel Woolley	Midlands	18:12.71

T20B U20 Men 3000m S/c **m/s**

1	James Bailey	North	9:20.62
2	Anthony Wilson	South	9:33.66
3	Gavin Walters	Midlands	9:48.58
4	Stephen Lisgo	Scotland	9:51.71

T23B U20 Men 3000m **m/s**

1	Connor McNulty	Scotland	8:43.82
2	Joshua Lilly	Midlands	8:43.90
3	Paul Pollock	Northern Ireland	8:54.07
4	Alan Humphries	Wales	9:10.76
5	Alex Ogorman	North	9:17.43

U23 Inter Regional Match (Cleveland Cup)**F01A U23 Women Hammer**

1	Laura Douglas	Wales	57.76
2	Susan McKelvie	Scotland	53.89
3	Anna Howard	South	43.45
4	Lisa Shippen	North	42.79
5	Jenna Lander	Midlands	36.15

F02A U23 Men Discus

1	Leslie Richards	North	48.97
2	Sam Westlake-Cann	South	43.10
3	Edward Dunford	Midlands	42.81
4	Jeremy Harper	Northern Ireland	41.40
5	Craig Fleming	Scotland	39.15
6	Gareth Bull	Wales	38.20

F03A U23 Men Triple Jump

1	Alisdair Strange	Scotland	15.18	+1.6
2	Christian Campbell	South	14.78	+1.5
3	Graham Jackson	North	14.50	

F04A U23 Women Pole Vault

1	Kate Dennison	Midlands	4.00	
2	Kirsty Maguire	Scotland	4.00	NR
3	Clare Neve	North	3.50	
4	Jemma Dowsett	South	3.00	

F05A U23 Men Hammer

1	Roger Bate	North	54.55
2	Tom Bivins	Midlands	45.15
3	Sam Westlake-Cann	South	35.56
4	Gareth Bull	Wales	22.15

F06A U23 Women Discus

1	Clair Smithson	South	49.30
2	Laura Douglas	Wales	33.77
3	Lisa Kenney	North	33.22
4	Jennifer Wilkie	Scotland	28.42

F07A U23 Women Triple Jump

1	Katherine Streatfield	Scotland	12.63	+4.3
2	Sara Barry	Midlands	12.09	+3.1
3	Diana Pugh	Wales	11.71	+2.6
4	Kim Goodall	North	11.19	+1.7

F08A U23 Men High Jump

1	Adam Scarr	South	2.18
2	Matt Roberts	Midlands	2.10
3	Adam Gallie	North	1.95
4	Chukk En-Snell	Wales	1.90

F09A U23 Men Pole Vault

1	Paul Walker	Wales	4.90
2	Steve Carpenter	South	4.60
3	Adan Turvey	Midlands	4.00

F10A U23 Women Javelin

1	Laura Kerr	Northern Ireland	46.31
2	Becky Bartlett	Midlands	45.20
3	Jo Chapman	South	43.06
4	Sara Siggery	Wales	37.83
5	Colette Doran	North	33.90
6	Jennifer Wilkie	Scotland	31.74

F11A U23 Men Long Jump

1	Suote Nyananyo	North	6.90	+0.3
2	Steve Small	South	6.68	-0.7
3	Alisdair Strange	Scotland	6.66	-1.8
4	Richardo Childs	Wales	6.35	-1.5

F12A U23 Women Shot

1	Rebecca Peake	North	14.95
2	Paula Hendrick	Midlands	13.42
3	Clair Smithson	South	12.23
4	Jennifer Wilkie	Scotland	11.76
5		Wales	11.25

F13A U23 Women High Jump

1	Rebecca Jones	Wales	1.80
2	Katya Lannon	North	1.65

F14A U23 Men Shot

1	Sam Westlake-Cann	South	16.37
2	Mark Allen	Midlands	14.83
3	Craig Sturrock	North	14.82
4	Craig Fleming	Scotland	12.17
5	Gareth Bull	Wales	9.85

F15A U23 Women Long Jump

1	Emily Parker	South	5.88	+0.9
2	Elayne Henderson	Scotland	5.84	-1.5
3	Amy Woodman	Midlands	5.54	+1.9
4	Lara Richards	Wales	5.52	-0.3
5	Kim Goodall	North	5.50	-0.1
6	Mandy Gault	Northern Ireland	5.25	-0.2

F16A U23 Men Javelin

1	Allandre Johnson	South	59.57
2	Michael McConkey	Northern Ireland	58.08
3	Stuart Millar	Scotland	55.07
4	James Turner	Midlands	53.77
5	Kevin Sempers	North	51.55

U20 Inter Regional Match (Derby Challenge)**F01B U20 Women Hammer**

1	Laura Chalmers	Scotland	49.71
2	Sam Hynes	South	49.41
3	Rhiannon McNally	Northern Ireland	45.10
4	Rachel Gair	Midlands	44.33
5	Beth Lishman	North	41.14
6	Sally Hines	Wales	36.89

F02B U20 Men Discus

1	Roger Bate	North	43.41
2	Angus McInroy	Scotland	42.16
3	Gregg Nixon	Midlands	38.82
4	Ryan Spencer-Jones	Wales	32.67

F03B U20 Men Triple Jump

1	Jude Beimers	Scotland	14.87	+3.8
2	James Townsend	Midlands	14.78	+1.9
3	Graeme Matthews	North	14.60	+1.8
4	Wynne Robens	Wales	13.84	+3.6

F04B U20 Women Pole Vault

1	Rachel Gibbons	South	3.80
2	Kim Skinner	Scotland	3.40
3	Lyndsey Maund	Wales	3.40
4	Carrin Myers	Midlands	2.90
5	Julia Witrylak	North	2.80

F05B U20 Men Hammer

1	Matthew Lambley	North	53.59
2	Chris Berry	Midlands	46.35
3	Mark Day	Scotland	45.74
4	Richard Lockhart	Northern Ireland	44.89

F06B U20 Women Discus

1	Kirsty Law	Scotland	44.41
2	Jenny Scott	Midlands	40.09
3	Melanie Harrison	South	38.81
4	Lianne Tucker	North	36.19
5	Claire Williams	Wales	32.97

F07B U20 Women Triple Jump

1	Yasmine Regis	South	12.33	+3.0
2	Noni Mordi	Scotland	12.21	+1.5
3	Sally Peake	Wales	11.96	+2.6
4	Anna Kelly	Midlands	11.84	+3.9
5	Fiona Drysdale	North	11.30	+2.7

F08B U20 Men High Jump

1	Andrew Kinnear	Scotland	2.00
2	Jamie Thomas	Midlands	2.00
2	Caolan Flanagan	Northern Ireland	2.00
4	Mark Crowley	South	2.00
5	David Etheridge	North	1.95
6	Michael Williams	Wales	1.85

F09B U20 Men Pole Vault

1	Steve Lewis	Midlands	5.30
2	Ross O'Connell	Wales	4.20
3	Matt Dorrian	Scotland	4.20
4	Alistair Patterson	South	4.00

F10B U20 Women Javelin

1	Lidnne Clarke	Wales	46.08
2	Louise Matthews	South	42.93
3	Laura Whittingham	North	41.82
4	Jo Blair	Midlands	40.90
5	Emma Gray	Scotland	37.20

F11B U20 Men Long Jump

1	Ryan James	Midlands	7.43	+1.5
2	Matthew Hulyer	Wales	7.23	+0.7
3	Chris Kirk	North	7.13	+2.8
5	John Carr	Scotland	6.88	+2.6
6	Mark Holloway	South	6.81	-0.4

F12B U20 Women Shot

1	Sally Hinds	Wales	12.96
2	Laura Gomery	Midlands	11.21
3	Melanie Harrison	South	10.89
4	Lianne Tucker	North	10.74
5	Stacy Wilson	Scotland	10.18
6	Rhiannon McNally	Northern Ireland	10.15

F13B U20 Women High Jump

1	Jessica Leach	Midlands	1.80
2	Jayne Nisbet	Scotland	1.70
3	Kay Humberstone	North	1.65

F14B U20 Men Shot

1	Jamie Williamson	North	16.21
2	Angus McInroy	Scotland	13.99
3	Edward Dunford	Midlands	13.80
4	Ryan Spencer-Jones	Wales	12.26
5	Richard Lockhart	Northern Ireland	11.33

F15B U20 Women Long Jump

1	Catherine Holdswort	South	5.80	+2.3
2	Ellie Darby	Midlands	5.75	-0.9
3	Louise Bloor	North	5.72	+1.4
4	Nike Osifodunrin	Scotland	5.65	+0.8
5	Vicky Lloyd	Wales	5.14	+1.4

F16B U20 Men Javelin

1	James Campbell	Scotland	64.99
2	Ben Fish	North	58.08
3	Rob Eggleton	Midlands	55.12
4	Thomas Rees	Wales	47.56

Guest and Championship Events

Mens Discus

1	Jamie Williamson	47.02
2	Craig Sturrock	40.51

Womens Hammer

1	Stacey Wilson	40.72
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Mens 100m

1	Andrew Watkins	11.18
2	Ben Stramkowski	11.23
3	Nicki Mesney	11.62
4	Iain MacEwen	11.66
5	Iain Hunt	11.93

Womens 100m

1	Claire Rooney	12.78
2	Melanie Stephenson	12.98
3	Nicola Gossman	13.11
4	Donna Shorthouse	13.70

NoEAA 2000m S/C Championships

1	Claire Entwistle	6:36.89
2	Becky Ellis	6:54.31
3	Claire McCracken	6:55.12
4	Sian Pritchard	6:55.23

Womens 400m

1	Bethan Strange	60.33
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Mens 400m

1	Allan Low	49.60
2	Neil Gray	49.72
3	Neil Burnside	50.66
4	Aaron Aplin	52.27

Womens Pole Vault

1	Jennifer Graham	3.90
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Womens 1500m

1	Hayley Oven	4:19.10
2	Natalie Lewis	4:25.60

Womens Triple Jump

1	Becky White	13.17	+2.5
2	Ruth Irvin	11.48	+4.2
3	Becky Caine	9.92	+4.0

Womens High Jump

1	Natalie Clark	1.70
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Mens 3000m Walk

1	Dwayne Butterly	14:28.73
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Mens Pole Vault

1	Ashley Swaine	5.10
2	Allen Richardson	4.80

Womens Long Jump

1	Amy Harris	5.86
2	Becky White	5.77
3	Hazel Hall	5.73

Points Standing

Under 23 Home International Track & Field Match

14th August 2005
Derby

U23 Inter Regional Match (Cleveland Cup)

Points Standing on Completion of 40 Events

1	South	185
2	North	149
3	Scotland	130
4	Midlands	123
5	Wales	111
6	Northern Ireland	29

U20 Inter Regional Match (Derby Challenge)

Points Standing on Completion of 35 Events

1	Midlands	157
2	Scotland	141
3	North	128
4	South	116
5	Wales	109
6	Northern Ireland	30