

1 York Acorn Running Club	00:29:29	10 Liverpool Harriers & AC	00:31:47	19 East Cheshire Harriers & Tames	00:33:09
Ben Lewis 09:40		Thomas Rogerson 10:29		George Lewis 10:32	
Robbie Brown 10:03		Christian Wood 10:44		Patrick O'Brien 11:11	
Josh Schofield 09:46		Ryan Doubtfire 10:34		Dillon Cooper 11:26	
2 Warrington AC	00:30:17	11 Holmfirth Harriers AC	00:31:49	20 Wirral AC	00:33:13
Daniel Evanes 09:29		Aaron Kettlewell 10:30		Michael Smith 10:37	
Leighton Sharman 10:34		Andrew Farquhar 10:55		Alex McBain 11:06	
Robert Dykes 10:14		Seth Waterman 10:24		Callum Seymour 11:30	
3 Preston Harriers	00:30:19	12 Vale Royal AC	00:32:01	21 Hallamshire Harriers Sheffield	00:33:52
Chris Durney 09:35		William Parsons 10:25		Thomas Yarrow 11:29	
A Moffatt 10:42		William Nowell 11:10		Thomas Slack 11:36	
Fabrice Kisela 10:02		Matt Rowlinson 10:26		Joseph Hutchesson 10:47	
4 Rotherham Harriers & AC	00:30:55	13 Morpeth Harriers & AC	00:32:07	22 St Helens Sutton AC	00:34:01
Devon Stead 10:16		Jarod Lewis 10:50		James Lee 10:46	
Kane Smith 10:38		Jacob Hopkins 11:04		Adam Woosey 10:53	
Ryan Beale 10:01		Ryan Green 10:13		Joe Hill 12:22	
5 City Of Sheffield AC	00:31:12	14 Leigh Harriers & AC 'B'	00:32:16	23 Holmfirth Harriers AC 'B'	00:34:12
Jonathon Shields 10:02		James Wardle 10:28		George Green 11:21	
Oliver Dane 10:32		Callum McCormick 10:56		Isaac Shepherd 11:25	
Evan Webb 10:38		Sam Wardle 10:52		Lewis Bartholomew 11:26	
6 Gateshead Harriers & AC	00:31:14	15 Sale Harriers Manchester	00:32:39	24 Sale Harriers Manchester 'B'	00:34:27
Markhim Lonsdale 09:55		Adam Roden 10:03		Michael Quin 11:45	
Thomas Mount 11:16		Saeed Absiyeh 11:04		Dylan Burchill 11:32	
Joe Armstrong 10:03		Andre Yiasoumi 11:32		Jordan Bezzina 11:10	
7 Wakefield District H & AC	00:31:34	16 West Cheshire AC	00:32:48	25 Liverpool Harriers & AC 'B'	00:34:43
Edward Dunbavin 10:42		Zack Holland 10:22		Sean Keyes 11:25	
George Heppinstall 10:53		Cameron Weaver 10:36		Elliot Colman 11:14	
Ben Read 09:59		Oliver Robinson 11:50		C Williams 12:04	
8 Kingston Upon Hull AC	00:31:44	17 Preston Harriers 'B'	00:32:52	26 Halifax Harriers & AC	00:35:25
Jonny Beharrel 10:23		Robert Bryning 10:55		Emerson James 12:15	
Jack Brothwell 10:51		Ethan Darr 11:09		Thomas Hinchliff 10:56	
Baldvin Magnusson 10:30		Paul Blezard 10:48		Charlie Birro 12:14	
9 Stockport Harriers & AC	00:31:44	18 Leeds City AC	00:32:54	27 Leigh Harriers & AC	00:37:23
Shay Ward 10:23		Billy Dawson 10:41		Domenic Howarth 11:35	
Jay Wood 10:34		Alexander Booth 11:35		Jorden Smith 12:06	
Jay Hornby 10:47		Dominic Peterson 10:38		Ben Aspden 13:42	

INCOMPLETE TEAMS

Derby AC	00:21:28	Vale Royal AC 'B'	00:10:18	East Cheshire Harriers & Tames 'B'	00:12:40
Hugo Milner 09:35		Jonathan Owen 10:18		Ramel Mattis 12:40	
Thomas O'Donoghue 11:53		Kingston Upon Hull AC 'B'	00:11:54		
Warrington AC 'B'	00:23:37	Connor Bingham 11:54			
Lewis Poole 10:54		Halifax Harriers & AC 'B'	00:12:34		
Fraser Pringle 12:43		Benjamin Pomroy 12:34			
Harrogate Harriers & AC	00:23:53				
Owen Martin 11:49					
Edward Burgess 12:04					

Stage 1

1	00:09:29	Daniel Evanes	Warrington AC	18	00:10:37	Michael Smith	Wirral AC
2	00:09:35	Hugo Milner	Derby AC	19	00:10:41	Billy Dawson	Leeds City AC
3	00:09:35	Chris Durney	Preston Harriers	20	00:10:42	Edward Dunbavin	Wakefield District H & AC
4	00:09:40	Ben Lewis	York Acorn Running Club	21	00:10:46	James Lee	St Helens Sutton AC
5	00:09:55	Markhim Lonsdale	Gateshead Harriers & AC	22	00:10:50	Jarod Lewis	Morpeth Harriers & AC
6	00:10:02	Jonathon Shields	City Of Sheffield AC	23	00:10:54	Lewis Poole	Warrington AC 'B'
7	00:10:03	Adam Roden	Sale Harriers Manchester	24	00:10:55	Robert Bryning	Preston Harriers 'B'
8	00:10:16	Devon Stead	Rotherham Harriers & AC	25	00:11:21	George Green	Holmfirth Harriers AC 'B'
9	00:10:18	Jonathan Owen	Vale Royal AC 'B'	26	00:11:25	Sean Keyes	Liverpool Harriers & AC 'B'
10	00:10:22	Zack Holland	West Cheshire AC	27	00:11:29	Thomas Yarrow	Hallamshire Harriers Sheffield
11	00:10:23	Jonny Beharrel	Kingston Upon Hull AC	28	00:11:35	Domenic Howarth	Leigh Harriers & AC
12	00:10:23	Shay Ward	Stockport Harriers & AC	29	00:11:45	Michael Quin	Sale Harriers Manchester 'B'
13	00:10:25	William Parsons	Vale Royal AC	30	00:11:49	Owen Martin	Harrogate Harriers & AC
14	00:10:28	James Wardle	Leigh Harriers & AC 'B'	31	00:11:54	Connor Bingham	Kingston Upon Hull AC 'B'
15	00:10:29	Thomas Rogerson	Liverpool Harriers & AC	32	00:12:15	Emerson James	Halifax Harriers & AC
16	00:10:30	Aaron Kettlewell	Holmfirth Harriers AC	33	00:12:34	Benjamin Pomroy	Halifax Harriers & AC 'B'
17	00:10:32	George Lewis	East Cheshire Harriers & Tames	34	00:12:40	Ramel Mattis	East Cheshire Harriers & Tames 'B'

Stage 2

1	00:10:03	Robbie Brown	York Acorn Running Club	16	00:11:04	Saeed Absiyeh	Sale Harriers Manchester
2	00:10:32	Oliver Dane	City Of Sheffield AC	17	00:11:06	Alex Mcbain	Wirral AC
3	00:10:34	Jay Wood	Stockport Harriers & AC	18	00:11:09	Ethan Darr	Preston Harriers 'B'
4	00:10:34	Leighton Sharman	Warrington AC	19	00:11:10	William Nowell	Vale Royal AC
5	00:10:36	Cameron Weaver	West Cheshire AC	20	00:11:11	Patrick O'Brien	East Cheshire Harriers & Tames
6	00:10:38	Kane Smith	Rotherham Harriers & AC	21	00:11:14	Elliot Colman	Liverpool Harriers & AC 'B'
7	00:10:42	A Moffatt	Preston Harriers	22	00:11:16	Thomas Mount	Gateshead Harriers & AC
8	00:10:44	Christian Wood	Liverpool Harriers & AC	23	00:11:25	Isaac Shepherd	Holmfirth Harriers AC 'B'
9	00:10:51	Jack Brothwell	Kingston Upon Hull AC	24	00:11:32	Dylan Burchill	Sale Harriers Manchester 'B'
10	00:10:53	Adam Woosey	St Helens Sutton AC	25	00:11:35	Alexander Booth	Leeds City AC
11	00:10:53	George Heppinstall	Wakefield District H & AC	26	00:11:36	Thomas Slack	Hallamshire Harriers Sheffield
12	00:10:55	Andrew Farquhar	Holmfirth Harriers AC	27	00:11:53	Thomas O'Donoghue	Derby AC
13	00:10:56	Thomas Hinchliff	Halifax Harriers & AC	28	00:12:04	Edward Burgess	Harrogate Harriers & AC
14	00:10:56	Callum McCormick	Leigh Harriers & AC 'B'	29	00:12:06	Jorden Smith	Leigh Harriers & AC
15	00:11:04	Jacob Hopkins	Morpeth Harriers & AC	30	00:12:43	Fraser Pringle	Warrington AC 'B'

Stage 3

1	00:09:46	Josh Schofield	York Acorn Running Club	15	00:10:47	Jay Hornby	Stockport Harriers & AC
2	00:09:59	Ben Read	Wakefield District H & AC	16	00:10:48	Paul Blezard	Preston Harriers 'B'
3	00:10:01	Ryan Beale	Rotherham Harriers & AC	17	00:10:52	Sam Wardle	Leigh Harriers & AC 'B'
4	00:10:02	Fabrice Kisela	Preston Harriers	18	00:11:10	Jordan Bezzina	Sale Harriers Manchester 'B'
5	00:10:03	Joe Armstrong	Gateshead Harriers & AC	19	00:11:26	Dillon Cooper	East Cheshire Harriers & Tames
6	00:10:13	Ryan Green	Morpeth Harriers & AC	20	00:11:26	Lewis Bartholomew	Holmfirth Harriers AC 'B'
7	00:10:14	Robert Dykes	Warrington AC	21	00:11:30	Callum Seymour	Wirral AC
8	00:10:24	Seth Waterman	Holmfirth Harriers AC	22	00:11:32	Andre Yiasoumi	Sale Harriers Manchester
9	00:10:26	Matt Rowlinson	Vale Royal AC	23	00:11:50	Oliver Robinson	West Cheshire AC
10	00:10:30	Baldvin Magnusson	Kingston Upon Hull AC	24	00:12:04	C Williams	Liverpool Harriers & AC 'B'
11	00:10:34	Ryan Doubtfire	Liverpool Harriers & AC	25	00:12:14	Charlie Birro	Halifax Harriers & AC
12	00:10:38	Evan Webb	City Of Sheffield AC	26	00:12:22	Joe Hill	St Helens Sutton AC
13	00:10:38	Dominic Peterson	Leeds City AC	27	00:13:42	Ben Aspden	Leigh Harriers & AC
14	00:10:47	Joseph Hutchesson	Hallamshire Harriers Sheffield				

Pos.	Time	Name	Team	Pos.	Time	Name	Team
1	00:09:29	Daniel Evanes	Warrington AC	47	00:10:51	Jack Brothwell	Kingston Upon Hull AC
2	00:09:35	Hugo Milner	Derby AC	48	00:10:52	Sam Wardle	Leigh Harriers & AC 'B'
3	00:09:35	Chris Durney	Preston Harriers	49	00:10:53	Adam Woosey	St Helens Sutton AC
4	00:09:40	Ben Lewis	York Acorn Running Club	50	00:10:53	George Heppinstall	Wakefield District H & AC
5	00:09:46	Josh Schofield	York Acorn Running Club	51	00:10:54	Lewis Poole	Warrington AC 'B'
6	00:09:55	Markhim Lonsdale	Gateshead Harriers & AC	52	00:10:55	Andrew Farquhar	Holmfirth Harriers AC
7	00:09:59	Ben Read	Wakefield District H & AC	53	00:10:55	Robert Bryning	Preston Harriers 'B'
8	00:10:01	Ryan Beale	Rotherham Harriers & AC	54	00:10:56	Thomas Hinchliff	Halifax Harriers & AC
9	00:10:02	Jonathon Shields	City Of Sheffield AC	55	00:10:56	Callum McCormick	Leigh Harriers & AC 'B'
10	00:10:02	Fabrice Kisela	Preston Harriers	56	00:11:04	Jacob Hopkins	Morpeth Harriers & AC
11	00:10:03	Joe Armstrong	Gateshead Harriers & AC	57	00:11:04	Saeed Absiyeh	Sale Harriers Manchester
12	00:10:03	Adam Roden	Sale Harriers Manchester	58	00:11:06	Alex Mcbain	Wirral AC
13	00:10:03	Robbie Brown	York Acorn Running Club	59	00:11:09	Ethan Darr	Preston Harriers 'B'
14	00:10:13	Ryan Green	Morpeth Harriers & AC	60	00:11:10	Jordan Bezzina	Sale Harriers Manchester 'B'
15	00:10:14	Robert Dykes	Warrington AC	61	00:11:10	William Nowell	Vale Royal AC
16	00:10:16	Devon Stead	Rotherham Harriers & AC	62	00:11:11	Patrick O'Brien	East Cheshire Harriers & Tames
17	00:10:18	Jonathan Owen	Vale Royal AC 'B'	63	00:11:14	Elliot Colman	Liverpool Harriers & AC 'B'
18	00:10:22	Zack Holland	West Cheshire AC	64	00:11:16	Thomas Mount	Gateshead Harriers & AC
19	00:10:23	Jonny Beharrel	Kingston Upon Hull AC	65	00:11:21	George Green	Holmfirth Harriers AC 'B'
20	00:10:23	Shay Ward	Stockport Harriers & AC	66	00:11:25	Isaac Shepherd	Holmfirth Harriers AC 'B'
21	00:10:24	Seth Waterman	Holmfirth Harriers AC	67	00:11:25	Sean Keyes	Liverpool Harriers & AC 'B'
22	00:10:25	William Parsons	Vale Royal AC	68	00:11:26	Dillon Cooper	East Cheshire Harriers & Tames
23	00:10:26	Matt Rowlinson	Vale Royal AC	69	00:11:26	Lewis Bartholomew	Holmfirth Harriers AC 'B'
24	00:10:28	James Wardle	Leigh Harriers & AC 'B'	70	00:11:29	Thomas Yarrow	Hallamshire Harriers Sheffield
25	00:10:29	Thomas Rogerson	Liverpool Harriers & AC	71	00:11:30	Callum Seymour	Wirral AC
26	00:10:30	Aaron Kettlewell	Holmfirth Harriers AC	72	00:11:32	Andre Yiasoumi	Sale Harriers Manchester
27	00:10:30	Baldvin Magnusson	Kingston Upon Hull AC	73	00:11:32	Dylan Burchill	Sale Harriers Manchester 'B'
28	00:10:32	Oliver Dane	City Of Sheffield AC	74	00:11:35	Alexander Booth	Leeds City AC
29	00:10:32	George Lewis	East Cheshire Harriers & Tames	75	00:11:35	Domenic Howarth	Leigh Harriers & AC
30	00:10:34	Ryan Doubtfire	Liverpool Harriers & AC	76	00:11:36	Thomas Slack	Hallamshire Harriers Sheffield
31	00:10:34	Jay Wood	Stockport Harriers & AC	77	00:11:45	Michael Quin	Sale Harriers Manchester 'B'
32	00:10:34	Leighton Sharman	Warrington AC	78	00:11:49	Owen Martin	Harrogate Harriers & AC
33	00:10:36	Cameron Weaver	West Cheshire AC	79	00:11:50	Oliver Robinson	West Cheshire AC
34	00:10:37	Michael Smith	Wirral AC	80	00:11:53	Thomas O'Donoghue	Derby AC
35	00:10:38	Evan Webb	City Of Sheffield AC	81	00:11:54	Connor Bingham	Kingston Upon Hull AC 'B'
36	00:10:38	Dominic Peterson	Leeds City AC	82	00:12:04	Edward Burgess	Harrogate Harriers & AC
37	00:10:38	Kane Smith	Rotherham Harriers & AC	83	00:12:04	C Williams	Liverpool Harriers & AC 'B'
38	00:10:41	Billy Dawson	Leeds City AC	84	00:12:06	Jorden Smith	Leigh Harriers & AC
39	00:10:42	A Moffatt	Preston Harriers	85	00:12:14	Charlie Birro	Halifax Harriers & AC
40	00:10:42	Edward Dunbavin	Wakefield District H & AC	86	00:12:15	Emerson James	Halifax Harriers & AC
41	00:10:44	Christian Wood	Liverpool Harriers & AC	87	00:12:22	Joe Hill	St Helens Sutton AC
42	00:10:46	James Lee	St Helens Sutton AC	88	00:12:34	Benjamin Pomroy	Halifax Harriers & AC 'B'
43	00:10:47	Joseph Hutchesson	Hallamshire Harriers Sheffield	89	00:12:40	Ramel Mattis	East Cheshire Harriers & Tames 'B'
44	00:10:47	Jay Hornby	Stockport Harriers & AC	90	00:12:43	Fraser Pringle	Warrington AC 'B'
45	00:10:48	Paul Blezard	Preston Harriers 'B'	91	00:13:42	Ben Aspden	Leigh Harriers & AC
46	00:10:50	Jarod Lewis	Morpeth Harriers & AC				