The last time the winning team of this champoinshipwas not from the North East was in 2005 at Blackpool. So in front of the leading athletics journalist in the Newcastle area. N.A. President Bill McGurik, have we seen the balance of power start to move south?

As with the men's race, it was a Stockport vest that was first back on leg 1. Jessica Coulson ran the 2nd fastest time of the day, 12.18 followed by Mary Wilkinson Bingley with Jess Lonsdale Kingston upon Hull AC in 3rd in 5th fastest time of the day.

Leg 3 saw the lead change hands for the first time with the black kit of Rotherham finishing some 28 seconds ahead of Bingley, with Liverpool also moving up 1 place to 3rd, and Salford's Bev Jenkins in 4 th.

The last leg saw the fastest time of the race and almost new leader, as Leigh put Lauren Howarth on last leg..

She flew round in 12.00 minutes, pulled back some 50 seconds on Rotherham's experienced Jenny Blizzard but just ran out of track as Rotherham won by some 10 seconds from Leigh, with Liverpool Harriers retaining that final medal position. Stockport were 4th, and Salford 5th,

Results

1st Rotherham00:52:202nd Leigh Harriers00:52:303rd LiverpoolHarriers00:53:004th Stockport5th Salford

Fastest time Lauren Howarth 12:00 Leigh Harriers Jessica Coulson 12:18 Stockport Harriers

Report Ken Smith Photo Eileen Ingham



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