

**Division 3WC Match 1 - Southport**

|                              |   |                 |                       | Perf    | Record | Wind | AW                                  | 5 May 2018                   |    |                   |                       |         |
|------------------------------|---|-----------------|-----------------------|---------|--------|------|-------------------------------------|------------------------------|----|-------------------|-----------------------|---------|
|                              |   |                 |                       | Perf    | Record | Wind | AW                                  |                              |    |                   |                       |         |
| <b>Men's 100m A</b>          |   |                 |                       | Wind=   |        |      |                                     | <b>Men's 100m B</b>          |    |                   |                       |         |
| 1                            | 6 | Harry Flanagan  | Southport Waterloo AC | 11.2    |        |      | <input checked="" type="checkbox"/> | 1                            | 55 | Louie Doran       | Seaton AC             | 11.6    |
| 2                            | 1 | Oliver Dustin   | Border Harriers & AC  | 11.4    |        |      | <input checked="" type="checkbox"/> | 2                            | 11 | Tim Ward          | Border Harriers & AC  | 11.8    |
| 3                            | 5 | Reece Stalker   | Seaton AC             | 11.5    |        |      | <input checked="" type="checkbox"/> | 3                            | 44 | James Blackburn   | Pendle AC             | 11.9    |
| 4                            | 3 | James Barlow    | Kendal AC             | 11.7    |        |      |                                     | 4                            | 66 | Jack O'Niell      | Southport Waterloo AC | 12.3    |
| 5                            | 4 | Daemon Metcalfe | Pendle AC             | 12.0    |        |      |                                     | 5                            | 33 | Tom Matthews      | Kendal AC             | 12.8    |
| 6                            | 2 | Josh Waddington | Burnley AC            | 12.4    |        |      |                                     | 6                            |    |                   |                       |         |
| 7                            |   |                 |                       |         |        |      |                                     | 7                            |    |                   |                       |         |
| 8                            |   |                 |                       |         |        |      |                                     | 8                            |    |                   |                       |         |
| <b>Men's 200m A</b>          |   |                 |                       | Wind=   |        |      |                                     | <b>Men's 200m B</b>          |    |                   |                       |         |
| 1                            | 6 | Harry Flanagan  | Southport Waterloo AC | 22.2    |        |      | <input checked="" type="checkbox"/> | 1                            | 55 | Louie Doran       | Seaton AC             | 24.0    |
| 2                            | 5 | Reece Stalker   | Seaton AC             | 22.3    |        |      | <input checked="" type="checkbox"/> | 2                            | 11 | Tim Ward          | Border Harriers & AC  | 24.2    |
| 3                            | 1 | Oliver Dustin   | Border Harriers & AC  | 22.9    |        |      | <input checked="" type="checkbox"/> | 3                            | 22 | Josh Waddington   | Burnley AC            | 24.8    |
| 4                            | 3 | James Barlow    | Kendal AC             | 24.3    |        |      |                                     | 4                            | 66 | Jack O'Niell      | Southport Waterloo AC | 25.1    |
| 5                            | 2 | Reece Lawrence  | Burnley AC            | 26.0    |        |      |                                     | 5                            | 33 | Tom Matthews      | Kendal AC             | 25.7    |
| 6                            | 4 | Leeroy Golding  | Pendle AC             | 26.3    |        |      |                                     | 6                            | 44 | Harvey Van Geffen | Pendle AC             | 26.8    |
| 7                            |   |                 |                       |         |        |      |                                     | 7                            |    |                   |                       |         |
| 8                            |   |                 |                       |         |        |      |                                     | 8                            |    |                   |                       |         |
| <b>Men's 400m A</b>          |   |                 |                       |         |        |      |                                     | <b>Men's 400m B</b>          |    |                   |                       |         |
| 1                            | 1 | Oliver Dustin   | Border Harriers & AC  | 49.9    |        |      | <input checked="" type="checkbox"/> | 1                            | 11 | Scott Evans       | Border Harriers & AC  | 55.8    |
| 2                            | 6 | Graham Boreham  | Southport Waterloo AC | 55.9    |        |      |                                     | 2                            | 66 | Ethan Harrison    | Southport Waterloo AC | 56.7    |
| 3                            | 2 | Reece Lawrence  | Burnley AC            | 56.9    |        |      |                                     | 3                            | 33 | Josh Roelants     | Kendal AC             | 58.4    |
| 4                            | 3 | Quent Gratrix   | Kendal AC             | 57.2    |        |      |                                     | 4                            | 22 | Steve Goodwill    | Burnley AC            | 59.9    |
| 5                            | 5 | Brad King       | Seaton AC             | 58.0    |        |      |                                     | 5                            |    |                   |                       |         |
| 6                            | 4 | Leeroy Golding  | Pendle AC             | 60.9    |        |      |                                     | 6                            |    |                   |                       |         |
| 7                            |   |                 |                       |         |        |      |                                     | 7                            |    |                   |                       |         |
| 8                            |   |                 |                       |         |        |      |                                     | 8                            |    |                   |                       |         |
| <b>Men's 800m A</b>          |   |                 |                       |         |        |      |                                     | <b>Men's 800m B</b>          |    |                   |                       |         |
| 1                            | 2 | Danny Collinge  | Burnley AC            | 02:04.5 |        |      |                                     | 1                            | 66 | Jimmy Alderson    | Southport Waterloo AC | 02:14.3 |
| 2                            | 3 | Quent Gratrix   | Kendal AC             | 02:05.0 |        |      |                                     | 2                            | 33 | Jacob Smith       | Kendal AC             | 02:16.0 |
| 3                            | 1 | Kieran Reynolds | Border Harriers & AC  | 02:07.2 |        |      |                                     | 3                            | 55 | Edward Wake       | Seaton AC             | 02:17.2 |
| 4                            | 5 | Brad King       | Seaton AC             | 02:08.6 |        |      |                                     | 4                            | 11 | Mitch Liddel      | Border Harriers & AC  | 02:20.6 |
| 5                            | 6 | Graham Boreham  | Southport Waterloo AC | 02:09.9 |        |      |                                     | 5                            | 22 | Calum Holmes      | Burnley AC            | 02:26.8 |
| 6                            |   |                 |                       |         |        |      |                                     | 6                            |    |                   |                       |         |
| 7                            |   |                 |                       |         |        |      |                                     | 7                            |    |                   |                       |         |
| 8                            |   |                 |                       |         |        |      |                                     | 8                            |    |                   |                       |         |
| <b>Men's 1500m A</b>         |   |                 |                       |         |        |      |                                     | <b>Men's 1500m B</b>         |    |                   |                       |         |
| 1                            | 3 | Luke Bowen      | Kendal AC             | 04:27.9 |        |      |                                     | 1                            | 11 | Mitch Liddel      | Border Harriers & AC  | 04:45.0 |
| 2                            | 1 | Kieran Reynolds | Border Harriers & AC  | 04:31.8 |        |      |                                     | 2                            | 22 | Calum Holmes      | Burnley AC            | 04:58.0 |
| 3                            | 2 | Lee Athersmith  | Burnley AC            | 04:34.1 |        |      |                                     | 3                            | 33 | Stuart McGurk     | Kendal AC             | 05:33.6 |
| 4                            | 6 | Jimmy Alderson  | Southport Waterloo AC | 06:05.0 |        |      |                                     | 4                            |    |                   |                       |         |
| 5                            |   |                 |                       |         |        |      |                                     | 5                            |    |                   |                       |         |
| 6                            |   |                 |                       |         |        |      |                                     | 6                            |    |                   |                       |         |
| 7                            |   |                 |                       |         |        |      |                                     | 7                            |    |                   |                       |         |
| 8                            |   |                 |                       |         |        |      |                                     | 8                            |    |                   |                       |         |
| <b>Men's 3000m S/Chase A</b> |   |                 |                       |         |        |      |                                     | <b>Men's 3000m S/Chase B</b> |    |                   |                       |         |
| 1                            | 2 | Lee Athersmith  | Burnley AC            | 10:21.8 |        |      | <input checked="" type="checkbox"/> | 1                            | 22 | Chris Smale       | Burnley AC            | 11:56.6 |
| 2                            | 6 | David Gough     | Southport Waterloo AC | 12:40.6 |        |      |                                     | 2                            |    |                   |                       |         |
| 3                            | 3 | Shane King      | Kendal AC             | 15:38.4 |        |      |                                     | 3                            |    |                   |                       |         |
| 4                            |   |                 |                       |         |        |      |                                     | 4                            |    |                   |                       |         |
| 5                            |   |                 |                       |         |        |      |                                     | 5                            |    |                   |                       |         |
| 6                            |   |                 |                       |         |        |      |                                     | 6                            |    |                   |                       |         |
| 7                            |   |                 |                       |         |        |      |                                     | 7                            |    |                   |                       |         |
| 8                            |   |                 |                       |         |        |      |                                     | 8                            |    |                   |                       |         |

**Division 3WC Match 1 - Southport**

Perf Record Wind AW

5 May 2018

Perf Wind AW

**Men's 5000m A**

|   |    |                  |                       |         |  |  |  |                                     |
|---|----|------------------|-----------------------|---------|--|--|--|-------------------------------------|
| 1 | 3  | Alasdair Russell | Kendal AC             | 15:45.7 |  |  |  | <input checked="" type="checkbox"/> |
| 2 | 6  | David Hamilton   | Southport Waterloo AC | 17:34.0 |  |  |  |                                     |
| 3 | 22 | Calum Holmes     | Burnley AC            | 18:00.8 |  |  |  |                                     |
| 4 | 11 | Steven Berry     | Border Harriers & AC  | 22:24.5 |  |  |  |                                     |
| 5 |    |                  |                       |         |  |  |  |                                     |
| 6 |    |                  |                       |         |  |  |  |                                     |
| 7 |    |                  |                       |         |  |  |  |                                     |
| 8 |    |                  |                       |         |  |  |  |                                     |

**Men's 5000m B**

|   |    |               |           |         |  |  |  |  |
|---|----|---------------|-----------|---------|--|--|--|--|
| 1 | 33 | Stuart McGurk | Kendal AC | 20:49.1 |  |  |  |  |
| 2 |    |               |           |         |  |  |  |  |
| 3 |    |               |           |         |  |  |  |  |
| 4 |    |               |           |         |  |  |  |  |
| 5 |    |               |           |         |  |  |  |  |
| 6 |    |               |           |         |  |  |  |  |
| 7 |    |               |           |         |  |  |  |  |
| 8 |    |               |           |         |  |  |  |  |

**Men's 400m Hurdles A**

|   |   |                |                       |      |  |  |  |  |
|---|---|----------------|-----------------------|------|--|--|--|--|
| 1 | 5 | Chris Williams | Seaton AC             | 67.5 |  |  |  |  |
| 2 | 6 | Jimmy Alderson | Southport Waterloo AC | 71.0 |  |  |  |  |
| 3 | 2 | John Linaker   | Burnley AC            | 74.3 |  |  |  |  |
| 4 | 3 | Shane King     | Kendal AC             | 81.0 |  |  |  |  |
| 5 |   |                |                       |      |  |  |  |  |
| 6 |   |                |                       |      |  |  |  |  |
| 7 |   |                |                       |      |  |  |  |  |
| 8 |   |                |                       |      |  |  |  |  |

**Men's 400m Hurdles B**

|   |    |                  |            |      |  |  |  |  |
|---|----|------------------|------------|------|--|--|--|--|
| 1 | 22 | Michael Williams | Burnley AC | 73.1 |  |  |  |  |
| 2 |    |                  |            |      |  |  |  |  |
| 3 |    |                  |            |      |  |  |  |  |
| 4 |    |                  |            |      |  |  |  |  |
| 5 |    |                  |            |      |  |  |  |  |
| 6 |    |                  |            |      |  |  |  |  |
| 7 |    |                  |            |      |  |  |  |  |
| 8 |    |                  |            |      |  |  |  |  |

**Men's 110m Hurdles A**

|   |   |                 |           |      |       |  |  |  |
|---|---|-----------------|-----------|------|-------|--|--|--|
| 1 | 5 | Chris Williams  | Seaton AC | 18.5 | Wind= |  |  |  |
| 2 | 4 | James Blackburn | Pendle AC | 19.5 |       |  |  |  |
| 3 |   |                 |           |      |       |  |  |  |
| 4 |   |                 |           |      |       |  |  |  |
| 5 |   |                 |           |      |       |  |  |  |
| 6 |   |                 |           |      |       |  |  |  |
| 7 |   |                 |           |      |       |  |  |  |
| 8 |   |                 |           |      |       |  |  |  |

**Men's 110m Hurdles B**

|   |  |  |  |  |       |  |  |  |
|---|--|--|--|--|-------|--|--|--|
| 1 |  |  |  |  | Wind= |  |  |  |
| 2 |  |  |  |  |       |  |  |  |
| 3 |  |  |  |  |       |  |  |  |
| 4 |  |  |  |  |       |  |  |  |
| 5 |  |  |  |  |       |  |  |  |
| 6 |  |  |  |  |       |  |  |  |
| 7 |  |  |  |  |       |  |  |  |
| 8 |  |  |  |  |       |  |  |  |

**Men's Hammer A**

|   |    |                  |                       |       |  |  |  |                                     |
|---|----|------------------|-----------------------|-------|--|--|--|-------------------------------------|
| 1 | 6  | Liam Harris      | Southport Waterloo AC | 40.30 |  |  |  | <input checked="" type="checkbox"/> |
| 2 | 1  | Christopher Jack | Border Harriers & AC  | 38.39 |  |  |  | <input checked="" type="checkbox"/> |
| 3 | 4  | Alan Plumb       | Pendle AC             | 36.10 |  |  |  | <input checked="" type="checkbox"/> |
| 4 | 5  | Joe Moore        | Seaton AC             | 34.19 |  |  |  | <input checked="" type="checkbox"/> |
| 5 | 2  | John Edwards     | Burnley AC            | 30.64 |  |  |  | <input checked="" type="checkbox"/> |
| 6 | 33 | Dom Musetti      | Kendal AC             | 21.47 |  |  |  | <input type="checkbox"/>            |
| 7 |    |                  |                       |       |  |  |  | <input type="checkbox"/>            |
| 8 |    |                  |                       |       |  |  |  | <input type="checkbox"/>            |

**Men's Hammer B**

|   |    |                     |                       |       |  |  |  |                                     |
|---|----|---------------------|-----------------------|-------|--|--|--|-------------------------------------|
| 1 | 44 | Andrew Higginbottom | Pendle AC             | 36.08 |  |  |  | <input checked="" type="checkbox"/> |
| 2 | 66 | Lee Coupland        | Southport Waterloo AC | 20.78 |  |  |  | <input type="checkbox"/>            |
| 3 | 3  | Andrew Rigg         | Kendal AC             | 20.72 |  |  |  | <input type="checkbox"/>            |
| 4 | 22 | Steve Goodwill      | Burnley AC            | 20.40 |  |  |  | <input type="checkbox"/>            |
| 5 | 55 | Kastytis Srouga     | Seaton AC             | 16.83 |  |  |  | <input type="checkbox"/>            |
| 6 | 11 | Kieran Reynolds     | Border Harriers & AC  | 14.24 |  |  |  | <input type="checkbox"/>            |
| 7 |    |                     |                       |       |  |  |  | <input type="checkbox"/>            |
| 8 |    |                     |                       |       |  |  |  | <input type="checkbox"/>            |

**Men's Discus A**

|   |    |                  |                       |       |  |  |  |                                     |
|---|----|------------------|-----------------------|-------|--|--|--|-------------------------------------|
| 1 | 66 | Nathan Byrne     | Southport Waterloo AC | 38.30 |  |  |  | <input checked="" type="checkbox"/> |
| 2 | 4  | Alan Plumb       | Pendle AC             | 30.74 |  |  |  | <input checked="" type="checkbox"/> |
| 3 | 55 | Joe Moore        | Seaton AC             | 30.71 |  |  |  | <input checked="" type="checkbox"/> |
| 4 | 1  | Christopher Jack | Border Harriers & AC  | 29.12 |  |  |  | <input checked="" type="checkbox"/> |
| 5 | 3  | Dom Musetti      | Kendal AC             | 26.65 |  |  |  | <input type="checkbox"/>            |
| 6 | 22 | Steve Goodwill   | Burnley AC            | 23.76 |  |  |  | <input type="checkbox"/>            |
| 7 |    |                  |                       |       |  |  |  | <input type="checkbox"/>            |
| 8 |    |                  |                       |       |  |  |  | <input type="checkbox"/>            |

**Men's Discus B**

|   |    |                |                       |       |  |  |  |                                     |
|---|----|----------------|-----------------------|-------|--|--|--|-------------------------------------|
| 1 | 5  | Chris Williams | Seaton AC             | 28.45 |  |  |  | <input checked="" type="checkbox"/> |
| 2 | 6  | Liam Harris    | Southport Waterloo AC | 27.31 |  |  |  | <input type="checkbox"/>            |
| 3 | 44 | Leeroy Golding | Pendle AC             | 27.19 |  |  |  | <input type="checkbox"/>            |
| 4 | 33 | Andrew Rigg    | Kendal AC             | 21.26 |  |  |  | <input type="checkbox"/>            |
| 5 | 2  | John Linaker   | Burnley AC            | 20.13 |  |  |  | <input type="checkbox"/>            |
| 6 | 11 | Peter Campbell | Border Harriers & AC  | 14.07 |  |  |  | <input type="checkbox"/>            |
| 7 |    |                |                       |       |  |  |  | <input type="checkbox"/>            |
| 8 |    |                |                       |       |  |  |  | <input type="checkbox"/>            |

**Men's Javelin A**

|   |    |                     |                       |       |  |  |  |                                     |
|---|----|---------------------|-----------------------|-------|--|--|--|-------------------------------------|
| 1 | 2  | Alex Minozzi        | Burnley AC            | 46.24 |  |  |  | <input checked="" type="checkbox"/> |
| 2 | 5  | Chris Williams      | Seaton AC             | 44.79 |  |  |  | <input checked="" type="checkbox"/> |
| 3 | 3  | Andrew Rigg         | Kendal AC             | 37.83 |  |  |  | <input checked="" type="checkbox"/> |
| 4 | 44 | Andrew Higginbottom | Pendle AC             | 33.90 |  |  |  | <input type="checkbox"/>            |
| 5 | 6  | Daniel Byrne        | Southport Waterloo AC | 32.18 |  |  |  | <input type="checkbox"/>            |
| 6 | 1  | Christopher Jack    | Border Harriers & AC  | 17.08 |  |  |  | <input type="checkbox"/>            |
| 7 |    |                     |                       |       |  |  |  | <input type="checkbox"/>            |
| 8 |    |                     |                       |       |  |  |  | <input type="checkbox"/>            |

**Men's Javelin B**

|   |    |              |                       |       |  |  |  |                                     |
|---|----|--------------|-----------------------|-------|--|--|--|-------------------------------------|
| 1 | 55 | David Seeds  | Seaton AC             | 39.67 |  |  |  | <input checked="" type="checkbox"/> |
| 2 | 4  | Alan Plumb   | Pendle AC             | 31.92 |  |  |  | <input type="checkbox"/>            |
| 3 | 22 | John Linaker | Burnley AC            | 26.15 |  |  |  | <input type="checkbox"/>            |
| 4 | 66 | Nathan Byrne | Southport Waterloo AC | 25.88 |  |  |  | <input type="checkbox"/>            |
| 5 |    |              |                       |       |  |  |  | <input type="checkbox"/>            |
| 6 |    |              |                       |       |  |  |  | <input type="checkbox"/>            |
| 7 |    |              |                       |       |  |  |  | <input type="checkbox"/>            |
| 8 |    |              |                       |       |  |  |  | <input type="checkbox"/>            |

**Division 3WC Match 1 - Southport**

|                          |      |                  |                       | 5 May 2018               |                                     |      |      |                     |                       |      |                          |
|--------------------------|------|------------------|-----------------------|--------------------------|-------------------------------------|------|------|---------------------|-----------------------|------|--------------------------|
|                          | Perf | Record           | Wind                  | AW                       |                                     | Perf | Wind | AW                  |                       |      |                          |
| <b>Men's Shot Putt A</b> |      |                  |                       | <b>Men's Shot Putt B</b> |                                     |      |      |                     |                       |      |                          |
| 1                        | 5    | Joe Moore        | Seaton AC             | 11.15                    | <input checked="" type="checkbox"/> | 1    | 66   | Nathan Byrne        | Southport Waterloo AC | 9.89 | <input type="checkbox"/> |
| 2                        | 4    | Alan Plumb       | Pendle AC             | 11.02                    | <input checked="" type="checkbox"/> | 2    | 44   | Andrew Higginbottom | Pendle AC             | 9.15 | <input type="checkbox"/> |
| 3                        | 3    | Dom Musetti      | Kendal AC             | 10.72                    | <input checked="" type="checkbox"/> | 3    | 55   | Kastytis Srouga     | Seaton AC             | 9.02 | <input type="checkbox"/> |
| 4                        | 6    | Liam Harris      | Southport Waterloo AC | 10.15                    | <input checked="" type="checkbox"/> | 4    | 33   | Andrew Rigg         | Kendal AC             | 8.76 | <input type="checkbox"/> |
| 5                        | 1    | Christopher Jack | Border Harriers & AC  | 7.59                     | <input type="checkbox"/>            | 5    | 11   | Peter Campbell      | Border Harriers & AC  | 5.85 | <input type="checkbox"/> |
| 6                        |      |                  |                       |                          | <input type="checkbox"/>            | 6    |      |                     |                       |      | <input type="checkbox"/> |
| 7                        |      |                  |                       |                          | <input type="checkbox"/>            | 7    |      |                     |                       |      | <input type="checkbox"/> |
| 8                        |      |                  |                       |                          | <input type="checkbox"/>            | 8    |      |                     |                       |      | <input type="checkbox"/> |

|                          |      |                 |                       | 5 May 2018               |                                     |      |      |                 |                       |      |                          |
|--------------------------|------|-----------------|-----------------------|--------------------------|-------------------------------------|------|------|-----------------|-----------------------|------|--------------------------|
|                          | Perf | Record          | Wind                  | AW                       |                                     | Perf | Wind | AW              |                       |      |                          |
| <b>Men's Long Jump A</b> |      |                 |                       | <b>Men's Long Jump B</b> |                                     |      |      |                 |                       |      |                          |
| 1                        | 3    | Matthew Fleming | Kendal AC             | 6.31                     | <input checked="" type="checkbox"/> | 1    | 44   | Daemon Metcalfe | Pendle AC             | 5.66 | <input type="checkbox"/> |
| 2                        | 4    | James Blackburn | Pendle AC             | 6.25                     | <input checked="" type="checkbox"/> | 2    | 33   | James Barlow    | Kendal AC             | 5.63 | <input type="checkbox"/> |
| 3                        | 5    | Chris Williams  | Seaton AC             | 5.76                     | <input type="checkbox"/>            | 3    | 2    | Josh Waddington | Burnley AC            | 4.95 | <input type="checkbox"/> |
| 4                        | 22   | Steve Goodwill  | Burnley AC            | 5.19                     | <input type="checkbox"/>            | 4    | 55   | Sam Marcano     | Seaton AC             | 4.81 | <input type="checkbox"/> |
| 5                        | 1    | Scott Evans     | Border Harriers & AC  | 5.17                     | <input type="checkbox"/>            | 5    | 6    | David Gough     | Southport Waterloo AC | 4.30 | <input type="checkbox"/> |
| 6                        | 66   | Darion Moore    | Southport Waterloo AC | 4.48                     | <input type="checkbox"/>            | 6    | 11   | Peter Campbell  | Border Harriers & AC  | 3.09 | <input type="checkbox"/> |
| 7                        |      |                 |                       |                          | <input type="checkbox"/>            | 7    |      |                 |                       |      | <input type="checkbox"/> |
| 8                        |      |                 |                       |                          | <input type="checkbox"/>            | 8    |      |                 |                       |      | <input type="checkbox"/> |

|                            |      |                 |                       | 5 May 2018                 |                                     |      |      |             |                       |      |                          |
|----------------------------|------|-----------------|-----------------------|----------------------------|-------------------------------------|------|------|-------------|-----------------------|------|--------------------------|
|                            | Perf | Record          | Wind                  | AW                         |                                     | Perf | Wind | AW          |                       |      |                          |
| <b>Men's Triple Jump A</b> |      |                 |                       | <b>Men's Triple Jump B</b> |                                     |      |      |             |                       |      |                          |
| 1                          | 4    | James Blackburn | Pendle AC             | 12.46                      | <input checked="" type="checkbox"/> | 1    | 3    | Shane King  | Kendal AC             | 9.95 | <input type="checkbox"/> |
| 2                          | 5    | Chris Williams  | Seaton AC             | 11.69                      | <input type="checkbox"/>            | 2    | 55   | Sam Marcano | Seaton AC             | 9.80 | <input type="checkbox"/> |
| 3                          | 6    | Jimmy Alderson  | Southport Waterloo AC | 10.57                      | <input type="checkbox"/>            | 3    | 66   | David Gough | Southport Waterloo AC | 8.35 | <input type="checkbox"/> |
| 4                          | 33   | Jacob Smith     | Kendal AC             | 10.31                      | <input type="checkbox"/>            | 4    |      |             |                       |      | <input type="checkbox"/> |
| 5                          | 2    | Steve Goodwill  | Burnley AC            | 10.20                      | <input type="checkbox"/>            | 5    |      |             |                       |      | <input type="checkbox"/> |
| 6                          |      |                 |                       |                            | <input type="checkbox"/>            | 6    |      |             |                       |      | <input type="checkbox"/> |
| 7                          |      |                 |                       |                            | <input type="checkbox"/>            | 7    |      |             |                       |      | <input type="checkbox"/> |
| 8                          |      |                 |                       |                            | <input type="checkbox"/>            | 8    |      |             |                       |      | <input type="checkbox"/> |

|                          |      |                 |                      | 5 May 2018               |                                     |      |      |                 |            |      |                          |
|--------------------------|------|-----------------|----------------------|--------------------------|-------------------------------------|------|------|-----------------|------------|------|--------------------------|
|                          | Perf | Record          | Wind                 | AW                       |                                     | Perf | Wind | AW              |            |      |                          |
| <b>Men's High Jump A</b> |      |                 |                      | <b>Men's High Jump B</b> |                                     |      |      |                 |            |      |                          |
| 1                        | 5    | Chris Williams  | Seaton AC            | 1.75                     | <input checked="" type="checkbox"/> | 1    | 22   | Danny Collinge  | Burnley AC | 1.55 | <input type="checkbox"/> |
| 2                        | 44   | James Blackburn | Pendle AC            | 1.70                     | <input type="checkbox"/>            | 2    | 3    | Shane King      | Kendal AC  | 1.50 | <input type="checkbox"/> |
| 3                        | 2    | Alex Minozzi    | Burnley AC           | 1.60                     | <input type="checkbox"/>            | 3=   | 55   | Louie Doran     | Seaton AC  | 1.40 | <input type="checkbox"/> |
| 4                        | 33   | Josh Roelants   | Kendal AC            | 1.60                     | <input type="checkbox"/>            | 3=   | 4    | Daemon Metcalfe | Pendle AC  | 1.40 | <input type="checkbox"/> |
| 5                        | 1    | Scott Evans     | Border Harriers & AC | 1.50                     | <input type="checkbox"/>            |      |      |                 |            |      |                          |

**Men's Pole Vault A**  
1 96 No Competitors Entered

**Men's Pole Vault B**

|                           |      |                       |                 | 5 May 2018                |                   |                 |      |    |
|---------------------------|------|-----------------------|-----------------|---------------------------|-------------------|-----------------|------|----|
|                           | Perf | Record                | Wind            | AW                        |                   | Perf            | Wind | AW |
| <b>Men's 4x100m Relay</b> |      |                       |                 | <b>Men's 4x100m Relay</b> |                   |                 |      |    |
| 1                         | 6    | Southport Waterloo AC | Harry Flanagan  | Luke Suarez               | Jack O'Niell      | Darion Moore    | 45.6 |    |
| 2                         | 5    | Seaton AC             | Louie Doran     | Sam Marcano               | Reece Stalker     | Brad King       | 47.6 |    |
| 3                         | 1    | Border Harriers & AC  | Oliver Dustin   | Tim Ward                  | Kieran Reynolds   | Scott Evans     | 48.3 |    |
| 4                         | 4    | Pendle AC             | Daemon Metcalfe | Leeroy Golding            | Harvey Van Geffen | James Blackburn | 49.2 |    |
| 5                         | 2    | Burnley AC            | Danny Collinge  | Reece Lawrence            | Steve Goodwill    | Josh Waddington | 49.9 |    |
| 6                         | 3    | Kendal AC             | Josh Roelants   | James Barlow              | Tom Matthews      | Quent Gratix    | 50.2 |    |
| 7                         |      |                       |                 |                           |                   |                 |      |    |
| 8                         |      |                       |                 |                           |                   |                 |      |    |



**Northern T & F League**

Division 3WC Match 1 - Southport

Perf Record Wind AW 5 May 2018 Perf Wind AW

**Men's 4x400m Relay**

|   |   |                       |                 |                  |                |                 |         |
|---|---|-----------------------|-----------------|------------------|----------------|-----------------|---------|
| 1 | 2 | Burnley AC            | Danny Collinge  | Michael Williams | Steve Goodwill | Reece Lawrence  | 03:50.0 |
| 2 | 6 | Southport Waterloo AC | Ethan Harrison  | Jimmy Alderson   | Graham Boreham | Darion Moore    | 03:50.3 |
| 3 | 3 | Kendal AC             | Josh Roelants   | Quent Gratrix    | Jacob Smith    | Luke Bowen      | 03:58.4 |
| 4 | 4 | Pendle AC             | James Blackburn | Daemon Metcalfe  | Leeroy Golding | John Van Geffen | 04:19.6 |
| 5 |   |                       |                 |                  |                |                 |         |
| 6 |   |                       |                 |                  |                |                 |         |
| 7 |   |                       |                 |                  |                |                 |         |
| 8 |   |                       |                 |                  |                |                 |         |

**MATCH RESULT**

League Points

Match

|   |         |   |       |
|---|---------|---|-------|
| 1 | S'port  | 6 | 336.0 |
| 2 | Kendal  | 5 | 333.0 |
| 3 | Seaton  | 4 | 308.5 |
| 4 | Burnley | 3 | 267.0 |
| 5 | Border  | 2 | 237.0 |
| 6 | Pendle  | 1 | 217.5 |
| 7 |         |   |       |
| 8 |         |   |       |

**STANDINGS**

League Points

Match

|   |         |      |       |
|---|---------|------|-------|
| 1 | S'port  | 6    | 336.0 |
| 2 | Kendal  | 5    | 333.0 |
| 3 | Seaton  | 4    | 308.5 |
| 4 | Burnley | 3    | 267.0 |
| 5 | Border  | 2    | 237.0 |
| 6 | Pendle  | 1    | 217.5 |
| 7 |         |      |       |
| 8 | #N/A    | #N/A | #N/A  |

**Men's 100m Non Scoring**

Wind=

|   |     |                   |                      |      |
|---|-----|-------------------|----------------------|------|
| 1 | 301 | Darion Moore      | Southport & Waterloo | 12.3 |
| 2 | 302 | Ethan Harrison    | Southport & Waterloo | 12.3 |
| 3 | 303 | Harvey Van Eeffen | Pendle               | 12.9 |
| 4 |     |                   |                      |      |
| 5 |     |                   |                      |      |
| 6 |     |                   |                      |      |
| 7 |     |                   |                      |      |
| 8 |     |                   |                      |      |

**Men's 100m Non Scoring**

Wind=

|   |  |  |  |  |
|---|--|--|--|--|
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |
| 5 |  |  |  |  |
| 6 |  |  |  |  |
| 7 |  |  |  |  |
| 8 |  |  |  |  |

Division 3WC Match 1 - Southport

|                        |    |                        |                       | Record  | Wind | AW                                  | 5 May 2018             |    |                  |                       |         |
|------------------------|----|------------------------|-----------------------|---------|------|-------------------------------------|------------------------|----|------------------|-----------------------|---------|
|                        |    |                        |                       | Perf    |      |                                     |                        |    |                  |                       |         |
|                        |    |                        |                       | Wind=   |      |                                     |                        |    |                  |                       |         |
| <b>Women's 100m A</b>  |    |                        |                       |         |      |                                     | <b>Women's 100m B</b>  |    |                  |                       |         |
| 1                      | 6  | Stephanie Robertson    | Southport Waterloo AC | 13.0    |      | <input checked="" type="checkbox"/> | 1                      | 55 | Lauren Parr      | Seaton AC             | 13.5    |
| 2                      | 4  | Anita Saunders         | Pendle AC             | 13.3    |      |                                     | 2                      | 44 | Ella Atkins      | Pendle AC             | 13.7    |
| 3                      | 5  | Becky Seeds            | Seaton AC             | 13.5    |      |                                     | 3                      | 66 | Amy Bloxsome     | Southport Waterloo AC | 14.8    |
| 4                      | 3  | Chelsea Penny          | Kendal AC             | 13.7    |      |                                     | 4                      | 22 | Tilly Hanson     | Burnley AC            | 16.2    |
| 5                      | 2  | Amber Smith            | Burnley AC            | 14.2    |      |                                     | 5                      | 33 | Lisa Screen      | Kendal AC             | 17.3    |
| 6                      |    |                        |                       |         |      |                                     | 6                      |    |                  |                       |         |
| 7                      |    |                        |                       |         |      |                                     | 7                      |    |                  |                       |         |
| 8                      |    |                        |                       |         |      |                                     | 8                      |    |                  |                       |         |
| <b>Women's 200m A</b>  |    |                        |                       |         |      |                                     | <b>Women's 200m B</b>  |    |                  |                       |         |
| 1                      | 5  | Tania Wilson           | Seaton AC             | 27.3    |      |                                     | 1                      | 55 | Lauren Parr      | Seaton AC             | 27.5    |
| 2                      | 4  | Anita Saunders         | Pendle AC             | 27.7    |      |                                     | 2                      | 44 | Ella Atkins      | Pendle AC             | 27.7    |
| 3                      | 3  | Chelsea Penny          | Kendal AC             | 29.0    |      |                                     | 3                      | 22 | Tilly Hanson     | Burnley AC            | 32.6    |
| 4                      | 6  | Amy Bloxsome           | Southport Waterloo AC | 31.2    |      |                                     | 4                      | 66 | Joanne McDougall | Southport Waterloo AC | 32.9    |
| 5                      | 2  | Helen Goodwill         | Burnley AC            | 32.7    |      |                                     | 5                      | 33 | Paula Bowen      | Kendal AC             | 34.0    |
| 6                      | 1  | Charlotte Hetherington | Border Harriers & AC  | 33.9    |      |                                     | 6                      | 11 | Teressa Medley   | Border Harriers & AC  | 40.0    |
| 7                      |    |                        |                       |         |      |                                     | 7                      |    |                  |                       |         |
| 8                      |    |                        |                       |         |      |                                     | 8                      |    |                  |                       |         |
| <b>Women's 400m A</b>  |    |                        |                       |         |      |                                     | <b>Women's 400m B</b>  |    |                  |                       |         |
| 1                      | 1  | Annie Bell             | Border Harriers & AC  | 60.9    |      | <input checked="" type="checkbox"/> | 1                      | 33 | Lisa Screen      | Kendal AC             | 89.9    |
| 2                      | 6  | Milly Smith            | Southport Waterloo AC | 77.0    |      |                                     | 2                      | 66 | Sarah Pickerill  | Southport Waterloo AC | 92.8    |
| 3                      | 3  | Paula Bowen            | Kendal AC             | 79.2    |      |                                     | 3                      |    |                  |                       |         |
| 4                      | 2  | Helen Goodwill         | Burnley AC            | 122.1   |      |                                     | 4                      |    |                  |                       |         |
| 5                      |    |                        |                       |         |      |                                     | 5                      |    |                  |                       |         |
| 6                      |    |                        |                       |         |      |                                     | 6                      |    |                  |                       |         |
| 7                      |    |                        |                       |         |      |                                     | 7                      |    |                  |                       |         |
| 8                      |    |                        |                       |         |      |                                     | 8                      |    |                  |                       |         |
| <b>Women's 800m A</b>  |    |                        |                       |         |      |                                     | <b>Women's 800m B</b>  |    |                  |                       |         |
| 1                      | 1  | Annie Bell             | Border Harriers & AC  | 02:24.7 |      | <input checked="" type="checkbox"/> | 1                      | 11 | Teressa Medley   | Border Harriers & AC  | 02:55.7 |
| 2                      | 3  | Jackie Nowell          | Kendal AC             | 03:01.0 |      |                                     | 2                      | 33 | Carolyn Kevan    | Kendal AC             | 03:05.8 |
| 3                      | 6  | Katy Coupland          | Southport Waterloo AC | 03:52.7 |      |                                     | 3                      |    |                  |                       |         |
| 4                      |    |                        |                       |         |      |                                     | 4                      |    |                  |                       |         |
| 5                      |    |                        |                       |         |      |                                     | 5                      |    |                  |                       |         |
| 6                      |    |                        |                       |         |      |                                     | 6                      |    |                  |                       |         |
| 7                      |    |                        |                       |         |      |                                     | 7                      |    |                  |                       |         |
| 8                      |    |                        |                       |         |      |                                     | 8                      |    |                  |                       |         |
| <b>Women's 1500m A</b> |    |                        |                       |         |      |                                     | <b>Women's 1500m B</b> |    |                  |                       |         |
| 1                      | 2  | Laura Hesketh          | Burnley AC            | 04:51.3 |      | <input checked="" type="checkbox"/> | 1                      | 3  | Jackie Nowell    | Kendal AC             | 06:26.6 |
| 2                      | 6  | Freya Walsh            | Southport Waterloo AC | 05:43.5 |      |                                     | 2                      |    |                  |                       |         |
| 3                      | 1  | Teressa Medley         | Border Harriers & AC  | 06:07.2 |      |                                     | 3                      |    |                  |                       |         |
| 4                      | 33 | Carolyn Kevan          | Kendal AC             | 06:19.2 |      |                                     | 4                      |    |                  |                       |         |
| 5                      |    |                        |                       |         |      |                                     | 5                      |    |                  |                       |         |
| 6                      |    |                        |                       |         |      |                                     | 6                      |    |                  |                       |         |
| 7                      |    |                        |                       |         |      |                                     | 7                      |    |                  |                       |         |
| 8                      |    |                        |                       |         |      |                                     | 8                      |    |                  |                       |         |
| <b>Women's 3000m A</b> |    |                        |                       |         |      |                                     | <b>Women's 3000m B</b> |    |                  |                       |         |
| 1                      | 2  | Laura Hesketh          | Burnley AC            | 10:18.4 |      | <input checked="" type="checkbox"/> | 1                      | 3  | Jackie Nowell    | Kendal AC             | 13:33.4 |
| 2                      | 1  | Teressa Medley         | Border Harriers & AC  | 12:32.4 |      |                                     | 2                      |    |                  |                       |         |
| 3                      | 33 | Carolyn Kevan          | Kendal AC             | 13:20.4 |      |                                     | 3                      |    |                  |                       |         |
| 4                      |    |                        |                       |         |      |                                     | 4                      |    |                  |                       |         |
| 5                      |    |                        |                       |         |      |                                     | 5                      |    |                  |                       |         |
| 6                      |    |                        |                       |         |      |                                     | 6                      |    |                  |                       |         |
| 7                      |    |                        |                       |         |      |                                     | 7                      |    |                  |                       |         |
| 8                      |    |                        |                       |         |      |                                     | 8                      |    |                  |                       |         |

Division 3WC Match 1 - Southport

**Women's 400m Hurdles A**

|   | Perf | Record        | Wind                  | AW    |
|---|------|---------------|-----------------------|-------|
| 1 | 5    | Tania Wilson  | Seaton AC             | 76.0  |
| 2 | 3    | Amy Wood      | Kendal AC             | 84.1  |
| 3 | 6    | Katy Coupland | Southport Waterloo AC | 121.3 |
| 4 |      |               |                       |       |
| 5 |      |               |                       |       |
| 6 |      |               |                       |       |
| 7 |      |               |                       |       |
| 8 |      |               |                       |       |

5 May 2018

**Women's 400m Hurdles B**

|   | Perf | Record      | Wind                  | AW   |
|---|------|-------------|-----------------------|------|
| 1 | 66   | Milly Smith | Southport Waterloo AC | 83.8 |
| 2 |      |             |                       |      |
| 3 |      |             |                       |      |
| 4 |      |             |                       |      |
| 5 |      |             |                       |      |
| 6 |      |             |                       |      |
| 7 |      |             |                       |      |
| 8 |      |             |                       |      |

**Women's 100m Hurdles A**

|   | Perf | Record                 | Wind  | AW |
|---|------|------------------------|-------|----|
| 1 | 96   | No Competitors Entered | Wind= |    |
| 2 |      |                        |       |    |
| 3 |      |                        |       |    |
| 4 |      |                        |       |    |
| 5 |      |                        |       |    |
| 6 |      |                        |       |    |
| 7 |      |                        |       |    |
| 8 |      |                        |       |    |

**Women's 100m Hurdles B**

|   | Perf | Record | Wind  | AW |
|---|------|--------|-------|----|
| 1 |      |        | Wind= |    |
| 2 |      |        |       |    |
| 3 |      |        |       |    |
| 4 |      |        |       |    |
| 5 |      |        |       |    |
| 6 |      |        |       |    |
| 7 |      |        |       |    |
| 8 |      |        |       |    |

**Women's Hammer A**

|   | Perf | Record           | Wind                  | AW    |
|---|------|------------------|-----------------------|-------|
| 1 | 2    | Ava Leigh        | Burnley AC            | 40.29 |
| 2 | 5    | Karen Turner     | Seaton AC             | 22.83 |
| 3 | 66   | Megan Howarth    | Southport Waterloo AC | 21.00 |
| 4 | 4    | Lynn Baker       | Pendle AC             | 19.62 |
| 5 | 1    | Abigail Thompson | Border Harriers & AC  | 16.99 |
| 6 | 33   | Lisa Screen      | Kendal AC             | 15.45 |
| 7 |      |                  |                       |       |
| 8 |      |                  |                       |       |

**Women's Hammer B**

|   | Perf | Record         | Wind                  | AW    |
|---|------|----------------|-----------------------|-------|
| 1 | 22   | Helen Goodwill | Burnley AC            | 23.31 |
| 2 | 6    | Katy Coupland  | Southport Waterloo AC | 18.98 |
| 3 | 3    | Lisa Norton    | Kendal AC             | 14.92 |
| 4 |      |                |                       |       |
| 5 |      |                |                       |       |
| 6 |      |                |                       |       |
| 7 |      |                |                       |       |
| 8 |      |                |                       |       |

**Women's Discus A**

|   | Perf | Record           | Wind                  | AW    |
|---|------|------------------|-----------------------|-------|
| 1 | 1    | Abigail Thompson | Border Harriers & AC  | 34.65 |
| 2 | 6    | Katy Coupland    | Southport Waterloo AC | 26.28 |
| 3 | 2    | Helen Goodwill   | Burnley AC            | 21.76 |
| 4 | 4    | Lynn Baker       | Pendle AC             | 18.93 |
| 5 | 55   | Tania Wilson     | Seaton AC             | 17.93 |
| 6 | 33   | Lisa Screen      | Kendal AC             | 16.58 |
| 7 |      |                  |                       |       |
| 8 |      |                  |                       |       |

**Women's Discus B**

|   | Perf | Record          | Wind                  | AW    |
|---|------|-----------------|-----------------------|-------|
| 1 | 22   | Lydia Stanfield | Burnley AC            | 20.58 |
| 2 | 66   | Sarah Pickerill | Southport Waterloo AC | 13.07 |
| 3 | 5    | Karen Turner    | Seaton AC             | 13.00 |
| 4 | 3    | Lisa Norton     | Kendal AC             | 11.60 |
| 5 |      |                 |                       |       |
| 6 |      |                 |                       |       |
| 7 |      |                 |                       |       |
| 8 |      |                 |                       |       |

**Women's Javelin A**

|   | Perf | Record           | Wind                  | AW    |
|---|------|------------------|-----------------------|-------|
| 1 | 6    | Megan Howarth    | Southport Waterloo AC | 29.66 |
| 2 | 55   | Lily Joyce       | Seaton AC             | 28.77 |
| 3 | 2    | Lydia Stanfield  | Burnley AC            | 28.27 |
| 4 | 1    | Abigail Thompson | Border Harriers & AC  | 21.12 |
| 5 | 3    | Lisa Norton      | Kendal AC             | 18.68 |
| 6 | 4    | Lynn Baker       | Pendle AC             | 13.42 |
| 7 |      |                  |                       |       |
| 8 |      |                  |                       |       |

**Women's Javelin B**

|   | Perf | Record           | Wind                  | AW    |
|---|------|------------------|-----------------------|-------|
| 1 | 5    | Caitlin Thompson | Seaton AC             | 25.98 |
| 2 | 66   | Eve McMahon      | Southport Waterloo AC | 25.84 |
| 3 | 44   | Anita Saunders   | Pendle AC             | 12.25 |
| 4 | 33   | Samaria Hicks    | Kendal AC             | 11.97 |
| 5 | 22   | Ava Leigh        | Burnley AC            | 10.39 |
| 6 |      |                  |                       |       |
| 7 |      |                  |                       |       |
| 8 |      |                  |                       |       |

**Women's Shot Putt A**

|   | Perf | Record           | Wind                  | AW   |
|---|------|------------------|-----------------------|------|
| 1 | 5    | Tania Wilson     | Seaton AC             | 9.22 |
| 2 | 2    | Ava Leigh        | Burnley AC            | 8.85 |
| 3 | 1    | Abigail Thompson | Border Harriers & AC  | 8.43 |
| 4 | 6    | Katy Coupland    | Southport Waterloo AC | 7.33 |
| 5 | 44   | Anita Saunders   | Pendle AC             | 6.88 |
| 6 | 3    | Samaria Hicks    | Kendal AC             | 5.51 |
| 7 |      |                  |                       |      |
| 8 |      |                  |                       |      |

**Women's Shot Putt B**

|   | Perf | Record                 | Wind                  | AW   |
|---|------|------------------------|-----------------------|------|
| 1 | 66   | Eve McMahon            | Southport Waterloo AC | 6.35 |
| 2 | 4    | Lynn Baker             | Pendle AC             | 6.09 |
| 3 | 22   | Helen Goodwill         | Burnley AC            | 6.05 |
| 4 | 55   | Amanda Wilson          | Seaton AC             | 5.14 |
| 5 | 33   | Lisa Norton            | Kendal AC             | 5.06 |
| 6 | 11   | Charlotte Hetherington | Border Harriers & AC  | 3.84 |
| 7 |      |                        |                       |      |
| 8 |      |                        |                       |      |

**Division 3WC Match 1 - Southport**

|                                   |    |                        |                       | Perf | Record | Wind | AW | 5 May 2018 |      |                |                       |      |   |
|-----------------------------------|----|------------------------|-----------------------|------|--------|------|----|------------|------|----------------|-----------------------|------|---|
|                                   |    |                        |                       | Perf | Record | Wind | AW | Perf       | Wind | AW             |                       |      |   |
| <b><u>Women's Long Jump A</u></b> |    |                        |                       |      |        |      |    |            |      |                |                       |      |   |
| 1                                 | 5  | Lauren Parr            | Seaton AC             | 4.91 |        |      | ☑  | 1          | 55   | Becky Seeds    | Seaton AC             | 4.85 | ☑ |
| 2                                 | 3  | Amy Wood               | Kendal AC             | 4.21 |        | ☺    |    | 2          | 44   | Anita Saunders | Pendle AC             | 3.75 | ☺ |
| 3                                 | 4  | Ella Atkins            | Pendle AC             | 4.05 |        | ☺    |    | 3          | 22   | Helen Goodwill | Burnley AC            | 3.40 | ☺ |
| 4                                 | 66 | Milly Smith            | Southport Waterloo AC | 3.89 |        | ☺    |    | 4          | 6    | Katy Coupland  | Southport Waterloo AC | 3.22 | ☺ |
| 5                                 | 2  | Amber Smith            | Burnley AC            | 3.77 |        | ☺    |    | 5          | 33   | Lisa Screen    | Kendal AC             | 3.08 | ☺ |
| 6                                 | 1  | Charlotte Hetherington | Border Harriers & AC  | 3.57 |        | ☺    |    | 6          |      |                |                       |      | ☺ |
| 7                                 |    |                        |                       |      |        | ☺    |    | 7          |      |                |                       |      | ☺ |
| 8                                 |    |                        |                       |      |        | ☺    |    | 8          |      |                |                       |      | ☺ |

|                                     |    |             |                      |       |  |   |   |   |    |                        |                      |      |   |
|-------------------------------------|----|-------------|----------------------|-------|--|---|---|---|----|------------------------|----------------------|------|---|
| <b><u>Women's Triple Jump A</u></b> |    |             |                      |       |  |   |   |   |    |                        |                      |      |   |
| 1                                   | 5  | Lauren Parr | Seaton AC            | 10.18 |  |   | ☑ | 1 | 55 | Becky Seeds            | Seaton AC            | 9.33 | ☺ |
| 2                                   | 11 | Annie Bell  | Border Harriers & AC | 9.23  |  | ☺ |   | 2 | 1  | Charlotte Hetherington | Border Harriers & AC | 8.95 | ☺ |
| 3                                   | 3  | Amy Wood    | Kendal AC            | 9.00  |  | ☺ |   | 3 | 33 | Lisa Screen            | Kendal AC            | 7.02 | ☺ |
| 4                                   |    |             |                      |       |  | ☺ |   | 4 |    |                        |                      |      | ☺ |
| 5                                   |    |             |                      |       |  | ☺ |   | 5 |    |                        |                      |      | ☺ |
| 6                                   |    |             |                      |       |  | ☺ |   | 6 |    |                        |                      |      | ☺ |
| 7                                   |    |             |                      |       |  | ☺ |   | 7 |    |                        |                      |      | ☺ |
| 8                                   |    |             |                      |       |  | ☺ |   | 8 |    |                        |                      |      | ☺ |

|                                   |   |              |                       |      |  |   |  |   |    |               |           |      |   |
|-----------------------------------|---|--------------|-----------------------|------|--|---|--|---|----|---------------|-----------|------|---|
| <b><u>Women's High Jump A</u></b> |   |              |                       |      |  |   |  |   |    |               |           |      |   |
| 1                                 | 5 | Tania Wilson | Seaton AC             | 1.35 |  | ☺ |  | 1 | 55 | Becky Seeds   | Seaton AC | 1.20 | ☺ |
| 2                                 | 3 | Amy Wood     | Kendal AC             | 1.30 |  | ☺ |  | 2 | 33 | Chelsea Penny | Kendal AC | 1.10 | ☺ |
| 3                                 | 6 | Milly Smith  | Southport Waterloo AC | 1.30 |  | ☺ |  |   |    |               |           |      |   |

|                                    |    |                        |  |  |  |  |  |  |  |  |  |
|------------------------------------|----|------------------------|--|--|--|--|--|--|--|--|--|
| <b><u>Women's Pole Vault A</u></b> |    |                        |  |  |  |  |  |  |  |  |  |
| 1                                  | 96 | No Competitors Entered |  |  |  |  |  |  |  |  |  |

|                                    |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------------|--|--|--|--|--|--|--|--|--|--|--|
| <b><u>Women's Pole Vault B</u></b> |  |  |  |  |  |  |  |  |  |  |  |
| No Competitors Entered             |  |  |  |  |  |  |  |  |  |  |  |

|                                    |   |                       |                        |              |                  |                     |      |  |  |  |  |
|------------------------------------|---|-----------------------|------------------------|--------------|------------------|---------------------|------|--|--|--|--|
| <b><u>Women's 4x100m Relay</u></b> |   |                       |                        |              |                  |                     |      |  |  |  |  |
| 1                                  | 6 | Southport Waterloo AC | Milly Smith            | Amy Bloxsome | Joanne McDougall | Stephanie Robertson | 56.0 |  |  |  |  |
| 2                                  | 2 | Burnley AC            | Amber Smith            | Ava Leigh    | Tilly Hanson     | Helen Goodwill      | 59.4 |  |  |  |  |
| 3                                  | 5 | Seaton AC             | Tania Wilson           | Lauren Parr  | Becky Seeds      | Caitlin Thompson    | 60.9 |  |  |  |  |
| 4                                  | 1 | Border Harriers & AC  | Charlotte Hetherington | Annie Bell   | Teressa Medley   | Abigail Thompson    | 64.3 |  |  |  |  |
| 5                                  | 3 | Kendal AC             | Amy Wood               | Lisa Screen  | Samaria Hicks    | Chelsea Penny       | 64.4 |  |  |  |  |
| 6                                  |   |                       |                        |              |                  |                     |      |  |  |  |  |
| 7                                  |   |                       |                        |              |                  |                     |      |  |  |  |  |
| 8                                  |   |                       |                        |              |                  |                     |      |  |  |  |  |

|                                    |   |                       |             |                  |                 |               |         |  |  |  |  |
|------------------------------------|---|-----------------------|-------------|------------------|-----------------|---------------|---------|--|--|--|--|
| <b><u>Women's 4x400m Relay</u></b> |   |                       |             |                  |                 |               |         |  |  |  |  |
| 1                                  | 6 | Southport Waterloo AC | Milly Smith | Joanne McDougall | Sarah Pickerill | Freya Walsh   | 05:31.2 |  |  |  |  |
| 2                                  | 3 | Kendal AC             | Paula Bowen | Lisa Norton      | Jackie Nowell   | Carolyn Kevan | 05:45.0 |  |  |  |  |
| 3                                  |   |                       |             |                  |                 |               |         |  |  |  |  |
| 4                                  |   |                       |             |                  |                 |               |         |  |  |  |  |
| 5                                  |   |                       |             |                  |                 |               |         |  |  |  |  |
| 6                                  |   |                       |             |                  |                 |               |         |  |  |  |  |
| 7                                  |   |                       |             |                  |                 |               |         |  |  |  |  |
| 8                                  |   |                       |             |                  |                 |               |         |  |  |  |  |



# Northern T&F League

Division 3WC Match 1 - Southport

**Women's 100m Non Scoring**

|   |     |                  | Wind= | Perf | Record | Wind | AW |
|---|-----|------------------|-------|------|--------|------|----|
| 1 | 305 | Joanne Mcdougall |       | 15.2 |        |      |    |
| 2 | 304 | Sarah Pickerill  |       | 17.1 |        |      |    |
| 3 |     |                  |       |      |        |      |    |
| 4 |     |                  |       |      |        |      |    |
| 5 |     |                  |       |      |        |      |    |
| 6 |     |                  |       |      |        |      |    |
| 7 |     |                  |       |      |        |      |    |
| 8 |     |                  |       |      |        |      |    |

5 May 2018

**Women's 100m Non Scoring**

|   |  |  | Wind= | Perf | Record | Wind | AW |
|---|--|--|-------|------|--------|------|----|
| 1 |  |  |       |      |        |      |    |
| 2 |  |  |       |      |        |      |    |
| 3 |  |  |       |      |        |      |    |
| 4 |  |  |       |      |        |      |    |
| 5 |  |  |       |      |        |      |    |
| 6 |  |  |       |      |        |      |    |
| 7 |  |  |       |      |        |      |    |
| 8 |  |  |       |      |        |      |    |



| Events              | Border | Burnley | Kendal | Pendle | Seaton | S'port |    |      |    | UNUSED | TOTAL |    |    |     |     |     |     |
|---------------------|--------|---------|--------|--------|--------|--------|----|------|----|--------|-------|----|----|-----|-----|-----|-----|
| Men's 100m          | 7      | 5       | 3      | 5      | 2      | 4      | 4  | 6    | 7  | 9      | 3     | 1  | 34 | 22  |     |     |     |
| Men's 200m          | 6      | 5       | 4      | 4      | 5      | 2      | 3  | 1    | 7  | 7      | 9     | 3  |    | 34  | 22  |     |     |
| Men's 400m          | 9      | 7       | 6      | 3      | 5      | 4      | 3  |      | 4  | 7      | 5     |    | 3  | 34  | 22  |     |     |
| Men's 800m          | 6      | 3       | 9      | 2      | 7      | 5      |    |      | 5  | 4      | 4     | 7  | 3  | 1   | 34  | 22  |     |
| Men's 1500m         | 7      | 7       | 6      | 5      | 9      | 4      |    |      |    |        | 5     |    | 7  | 6   | 34  | 22  |     |
| Men's 3000m S/Chase |        |         | 9      | 7      | 6      |        |    |      |    |        | 7     |    | 12 | 15  | 34  | 22  |     |
| Men's 5000m         | 5      |         | 6      |        | 9      | 7      |    |      |    |        | 7     |    | 7  | 15  | 34  | 22  |     |
| Men's 400m Hurdles  |        |         | 6      | 7      | 5      |        |    |      | 9  |        | 7     |    | 7  | 15  | 34  | 22  |     |
| Men's 110m Hurdles  |        |         |        |        |        |        | 7  |      | 9  |        |       |    | 18 | 22  | 34  | 22  |     |
| Men's Hammer        | 7      | 1       | 4      | 3      | 3      | 4      | 6  | 7    | 5  | 2      | 9     | 5  |    |     | 34  | 22  |     |
| Men's Discus        | 5      | 1       | 3      | 2      | 4      | 3      | 7  | 4    | 6  | 7      | 9     | 5  |    |     | 34  | 22  |     |
| Men's Javelin       | 3      |         | 9      | 4      | 6      |        | 5  | 5    | 7  | 7      | 4     | 3  |    | 3   | 34  | 22  |     |
| Men's Shot Putt     | 4      | 2       |        |        | 6      | 3      | 7  | 5    | 9  | 4      | 5     | 7  | 3  | 1   | 34  | 22  |     |
| Men's Long Jump     | 4      | 1       | 5      | 4      | 9      | 5      | 7  | 7    | 6  | 3      | 3     | 2  |    |     | 34  | 22  |     |
| Men's Triple Jump   |        |         | 4      |        | 5      | 7      | 9  |      | 7  | 5      | 6     | 4  | 3  | 6   | 34  | 22  |     |
| Men's High Jump     | 4      |         | 6      | 7      | 5      | 5      | 7  | 3.5  | 9  | 3.5    |       |    | 3  | 3   | 34  | 22  |     |
| Men's Pole Vault    |        |         |        |        |        |        |    |      |    |        |       |    | 34 | 22  | 34  | 22  |     |
| Men's 4x100m Relay  | 6      |         | 4      |        | 3      |        | 5  |      | 7  |        | 9     |    |    | 22  | 34  | 22  |     |
| Men's 4x400m Relay  |        |         | 9      |        | 6      |        | 5  |      |    |        | 7     |    | 7  | 22  | 34  | 22  |     |
|                     | 73     | 32      | 93     | 48     | 98     | 51     | 75 | 36.5 | 96 | 49.5   | 107   | 44 |    | 104 | 157 | 646 | 418 |

|                       |    |    |    |    |    |    |    |    |    |    |    |    |  |     |     |     |     |    |
|-----------------------|----|----|----|----|----|----|----|----|----|----|----|----|--|-----|-----|-----|-----|----|
| Women's 100m          |    |    | 4  | 3  | 5  | 2  | 7  | 5  | 6  | 7  | 9  | 4  |  |     | 3   | 1   | 34  | 22 |
| Women's 200m          | 3  | 1  | 4  | 4  | 6  | 2  | 7  | 5  | 9  | 7  | 5  | 3  |  |     |     |     | 34  | 22 |
| Women's 400m          | 9  |    | 5  |    | 6  | 7  |    |    |    |    | 7  | 5  |  | 7   | 10  | 34  | 22  |    |
| Women's 800m          | 9  | 7  |    |    | 7  | 5  |    |    |    |    | 6  |    |  | 12  | 10  | 34  | 22  |    |
| Women's 1500m         | 6  |    | 9  |    | 5  | 7  |    |    |    |    | 7  |    |  | 7   | 15  | 34  | 22  |    |
| Women's 1500m S/Chase |    |    |    |    |    |    |    |    |    |    |    |    |  |     |     |     |     |    |
| Women's 3000m         | 7  |    | 9  |    | 6  | 7  |    |    |    |    |    |    |  | 12  | 15  | 34  | 22  |    |
| Women's 400m Hurdles  |    |    |    |    | 7  |    |    |    | 9  |    | 6  | 7  |  | 12  | 15  | 34  | 22  |    |
| Women's 100m Hurdles  |    |    |    |    |    |    |    |    |    |    |    |    |  | 34  | 22  | 34  | 22  |    |
| Women's Hammer        | 4  |    | 9  | 7  | 3  | 4  | 5  |    | 7  |    | 6  | 5  |  | 6   | 34  | 22  | 22  |    |
| Women's Discus        | 9  |    | 6  | 7  | 3  | 3  | 5  |    | 4  | 4  | 7  | 5  |  | 3   | 34  | 22  | 22  |    |
| Women's Javelin       | 5  |    | 6  | 2  | 4  | 3  | 3  | 4  | 7  | 7  | 9  | 5  |  | 1   | 34  | 22  | 22  |    |
| Women's Shot Putt     | 6  | 1  | 7  | 4  | 3  | 2  | 4  | 5  | 9  | 3  | 5  | 7  |  |     | 34  | 22  | 22  |    |
| Women's Long Jump     | 3  |    | 4  | 4  | 7  | 2  | 6  | 5  | 9  | 7  | 5  | 3  |  | 1   | 34  | 22  | 22  |    |
| Women's Triple Jump   | 7  | 5  |    |    | 6  | 4  |    |    | 9  | 7  |    |    |  | 12  | 6   | 34  | 22  |    |
| Women's High Jump     |    |    |    |    | 7  | 5  |    |    | 9  | 7  | 6  |    |  | 12  | 10  | 34  | 22  |    |
| Women's Pole Vault    |    |    |    |    |    |    |    |    |    |    |    |    |  | 34  | 22  | 34  | 22  |    |
| Women's 4x100m Relay  | 5  |    | 7  |    | 4  |    |    |    | 6  |    | 9  |    |  | 3   | 22  | 34  | 22  |    |
| Women's 4x400m Relay  |    |    |    |    | 7  |    |    |    |    |    | 9  |    |  | 18  | 22  | 34  | 22  |    |
|                       | 73 | 14 | 70 | 31 | 86 | 53 | 37 | 24 | 84 | 49 | 96 | 44 |  | 166 | 181 | 612 | 396 |    |

| Match Summary    | Border | Burnley | Kendal | Pendle | Seaton | S'port |   |   |  | UNUSED | TOTAL  |
|------------------|--------|---------|--------|--------|--------|--------|---|---|--|--------|--------|
| Teams            | 192.0  | 242.0   | 288.0  | 172.5  | 278.5  | 291.0  |   |   |  | 608.0  | 2072.0 |
| Officials Points | 45.0   | 25.0    | 45.0   | 45.0   | 30.0   | 45.0   |   |   |  | 235.0  | 470.0  |
| Total            | 237.0  | 267.0   | 333.0  | 217.5  | 308.5  | 336.0  |   |   |  | 843.0  | 2542.0 |
| Match Position   | 5      | 4       | 2      | 6      | 3      | 1      | 7 | 7 |  |        |        |
| League Points    | 2      | 3       | 5      | 1      | 4      | 6      |   |   |  |        |        |

| Standings        | Border | Burnley | Kendal | Pendle | Seaton | S'port |   |   |  |
|------------------|--------|---------|--------|--------|--------|--------|---|---|--|
| League Points    | 2.0    | 3.0     | 5.0    | 1.0    | 4.0    | 6.0    |   |   |  |
| Match Points     | 237.0  | 267.0   | 333.0  | 217.5  | 308.5  | 336.0  |   |   |  |
| League Positions | 5      | 4       | 2      | 6      | 3      | 1      | 7 | 7 |  |