

Northern Athletics Teams: Sefton Park 25th November

Thanks to the athletes for again supporting the North. Sefton Park was the wettest I had ever seen it, and the course was water logged and very muddy.

The standard of the juniorsenior races was again very high, but Northern athletes performed well on the day, and we finally managed to get a senior inter area team competition against the Midlands off the ground. (Midlands had only one junior man and no junior women selected)

The North selected teams and performances were:-

Junior Women

Harriet Knowles-Jones	Warrington AC	1st 15.01
Francesca Brint	Sale Harriers Manchester	17th 16.25
Philippa Stone	Middlesbrough AC	19th 16.26
Katie Lowery	Warrington AC	21st 16.28
Sophie Tarver	Loughborough Students AC	25th 16.34
Imani Wilson	Hallamshire Harriers Sheffield AC	52nd 17.45

Junior Men

Joshua Schofield	City of York	12th 21.45
Joshua Cowperthwaite	Middlesbrough	15th 21.50
Alfie Manthorpe	City of Sheffield and Dearne AC	18th 21.57
Nathan Dunn	Preston Harriers	37th 22.36
Mac O'Malley	Trafford AC	Not in results—lost timing chip approx 22:50
Angus McMillan		DNS due to injury

Senior Women

Elle Vernon	Stockport Harriers & AC	4th 28.24
Abbie Donnelly	Lincoln Wellington AC (U23)	27th 29.33 (7th U23)
Claire Duck	Leeds City AC	28th 29.39
Catrina Thomas	Trafford AC	41st 30.02
Georgia Malir	Leeds City AC (U23)	48th 30.22 (12th U23)
Megan Davies	Sale Harriers Manchester (U23)	DNS

Senior men

Jack Martin	Stockport Harriers & AC	10th 31.04
Patrick Dever	Preston Harriers (U23)	12th 31.15 2nd U23
Joe Steward	East Cheshire Harriers & Tameside AC (U23)	21st 31.41 6th U23
Jack Morris	Stockport Harriers & AC	30th 32.00
Harry Powell	Kingston upon Hull AC (U23)	81st 33.26
Peter Huck	Barrow & Furness Striders AC	DNF

Senior Inter Area match results

Senior Men (4 to score)

North 11 Midlands 25
10 31:10 Jack Martin N
12 31:15 Patrick Dever N
21 31:41 Joe Steward N
23 31:47 Graham Rush M
30 32:00 Jack Morris N
45 32:35 Jack Gray M
54 32:48 Shaun Evans M
58 32:52 Jack Millar M
81 33:26 Harry Powell N
102 34:02 Peter Brookes M

Senior ladies (4 to score)

North 14 Midlands 27
3 28.16 Gemma Steel - Charnwood M
4 28.24 Elle Vernon Stockport Harriers & AC N
27 29.33 Abbie Donnelly Lincoln Wellington AC N
28 29.39 Claire Duck Leeds City AC N
41 30.02 Catrina Thomas Trafford AC N
48 30.22 Georgia Malir Leeds City AC N
68 31.07 Molly Browne – BRAT M
85 31.51 Lucy Holt - Notts AC M
87 31.56 Sarah Johnson - Thames Hare & Hounds M

Kate Holt - City of Stoke M DNS

Jane Potter - Charnwood M DNS

Congratulations to all those Northern athletes who were selected for the GB team for the Euro Cross Championships in Samorin

Steve Gaines

