

PRE MATCH UPDATING

Use these screens to set up the program in advance

The screenshot shows the 'UKWL Non-Phot Finish Match 2' Excel spreadsheet. The interface includes a ribbon with tabs like File, Home, Insert, Page Layout, Formulas, Data, Review, View, Developer, Add-Ins, and Account. The main area is divided into several sections:

- UK Womens League**: A section on the left for declarations, including a list of teams (Bedford & County, City of Portsmouth, Crawley AC, Harrow AC, Havering M Brook, Home Hill H, Herts Phoenix, Milton Keynes) and a section for 'IN CASE OF EMERGENCY' with a contact number.
- Division 3 Match 2**: A central section for start lists, field cards, and results. It includes a table for 'EVENTS' with columns for Event, Start Lists, Field Cards, View, Process Results, Prints, and View. The table lists various events like 100m, 200m, 400m, 800m, 1500m, 2000m S/Chase, 3000m, 400m Hurdles, 100m Hurdles, Hammer, Discus, Javelin, Shot, Long Jump, Triple Jump, High Jump, Pole Vault, 4x 100m Relay, 4x 400m Relay, and ALL.
- 30 June 2012**: A section on the right for 'POINTS AT A GLANCE' and 'EVENTS'.
- Match Day Data**: A section at the bottom for updating scores and lane draws.

Click on "Match Day data" to amend teams, dates and venues

Change names accordingly

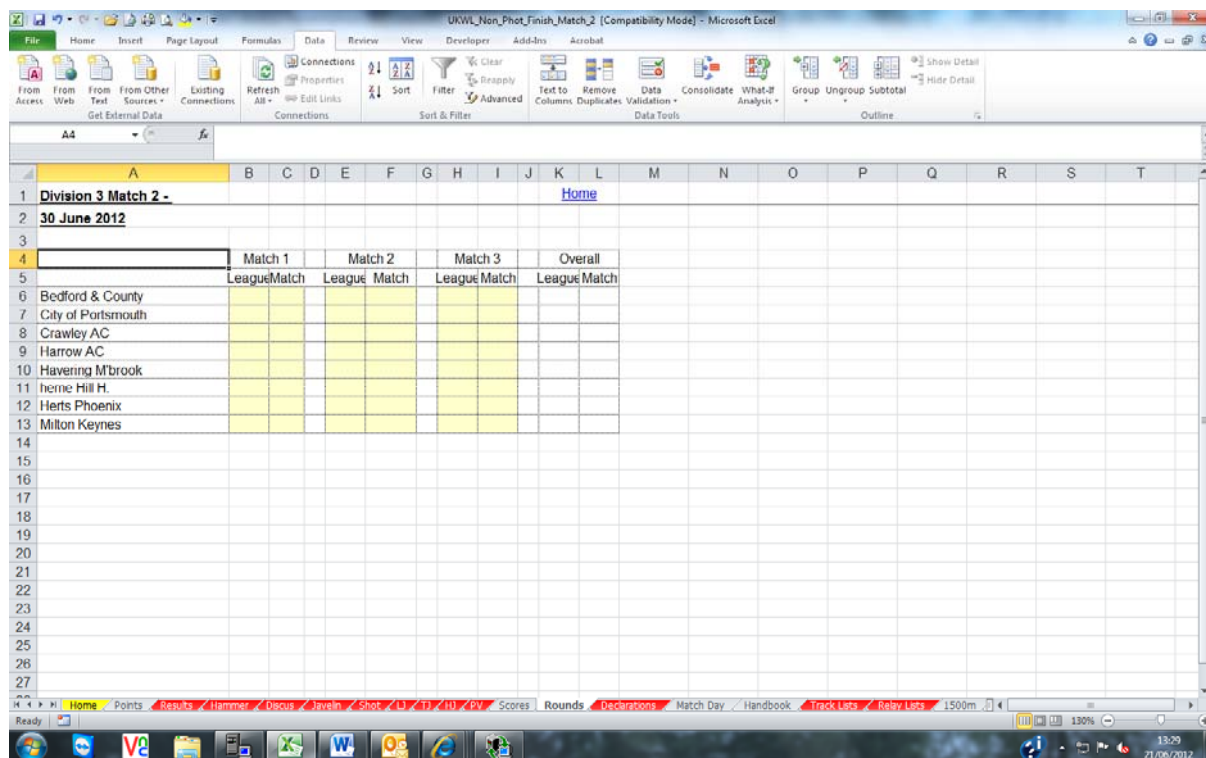
The screenshot shows the 'Match Day' tab of the 'UKWL Non-Phot Finish Match 2' Excel spreadsheet. The main area contains a table for team details and a scoring table.

Number	Competing Clubs	Abbr. Name	LEAGUE	DATE	DIVISION	ROUND	VENUE
1	Bedford & County	Bedford	UK Womens League	Saturday, June 30 2012	Division 3	Match 2	
2	City of Portsmouth	CoP					
3	Crawley AC	Crawley					
4	Harrow AC	Harrow					
5	Havering M Brook	Havering					
6	Home Hill H	Home Hill					
7	Herts Phoenix	Herts P					
8	Milton Keynes	MMK					

Position	Match Points		League
	A String	B String	
1st	9	9	8
2nd	7	7	7
3rd	6	6	6
4th	5	5	5
5th	4	4	4
6th	3	3	3
7th	2	2	2
8th	1	1	1

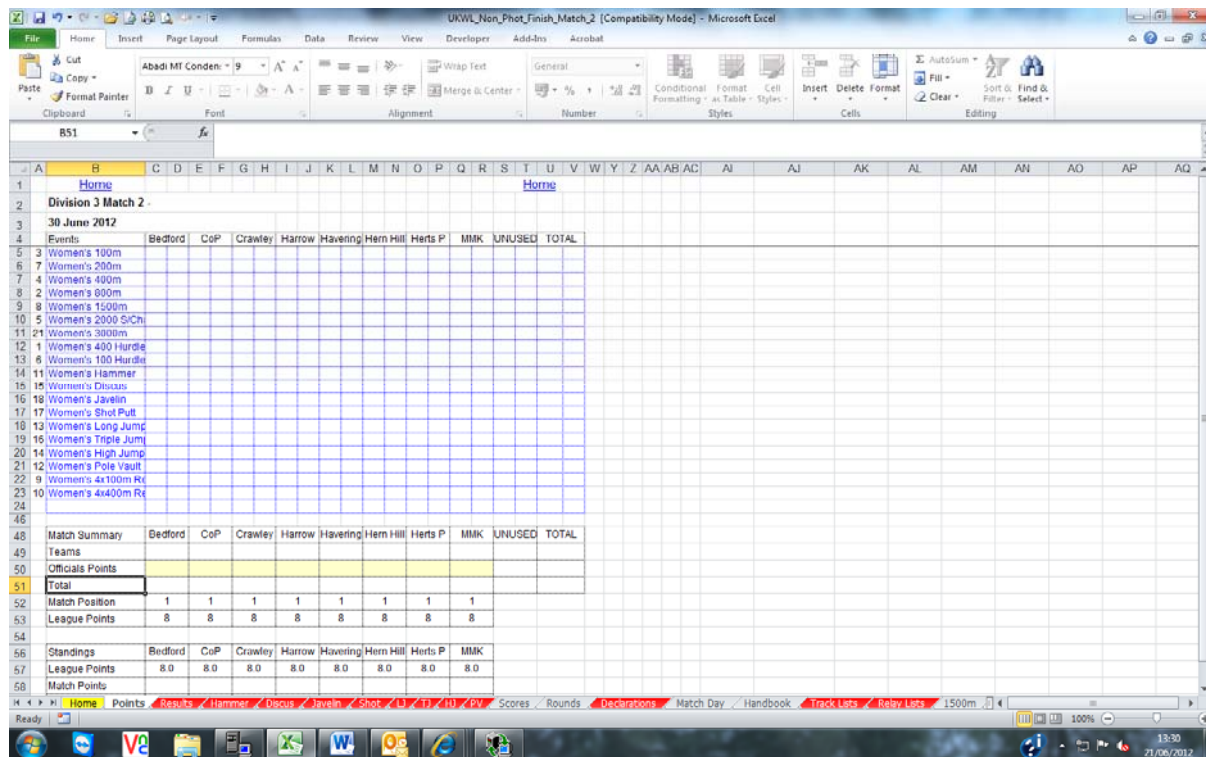
Click on “Click to enter Points from each round”

Here you enter the previous points from previous rounds



Click on “To update scores for officials”

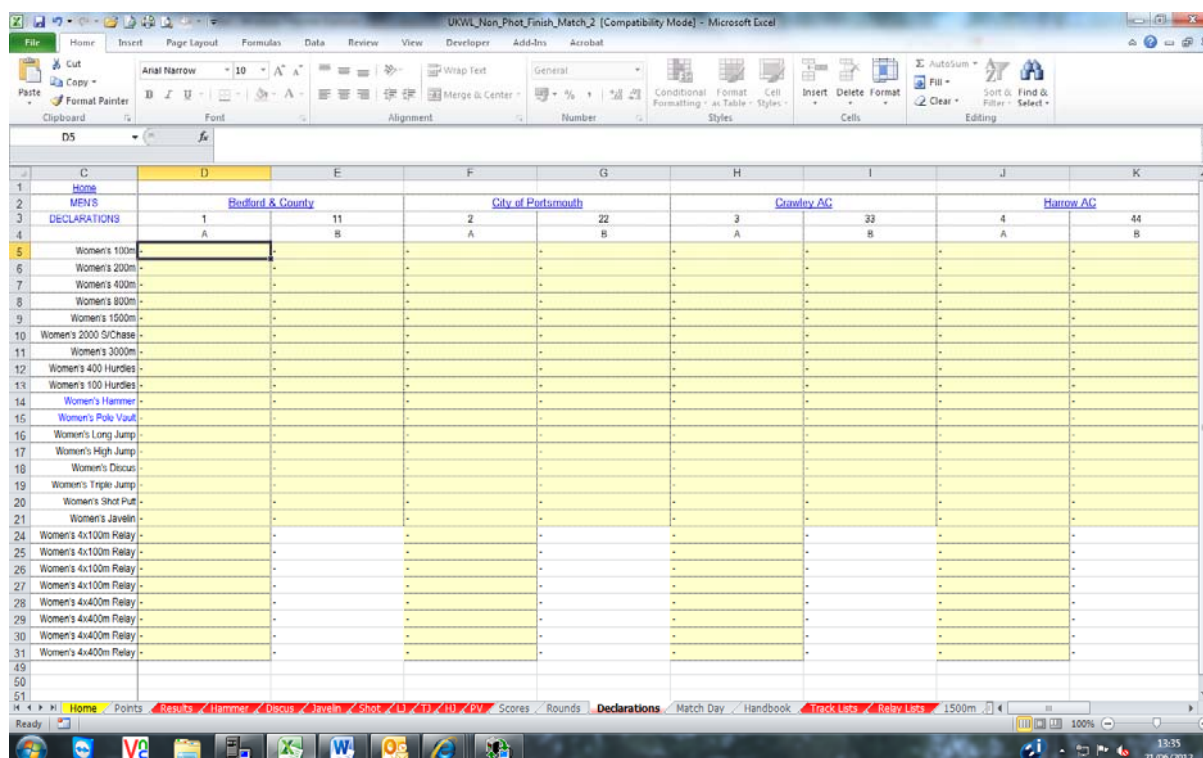
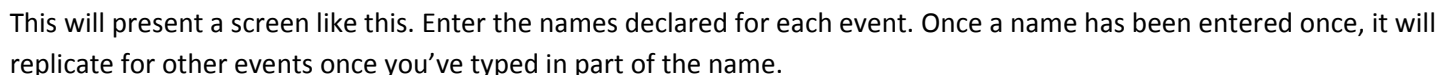
This is where you enter the official's points for each club



This screen, which is pre-set is where you would amend any details of lane draws, etc. It has already been set.

[illegible]

To enter a team's declaration or to make changes simply click on the appropriate team name.



PRINTING FIELD CARDS / START LISTS

If you wish to print field cards or start lists, simply click on the appropriate event under “Start Lists Field Cards” column.

If you want 2 copies, click it twice.

UK Womens League

DECLARATIONS
Select from the list below the club whose athletes you wish to DECLARE or AMEND

Teams

EVENT	Start Lists	Field Cards	View	Process	Results	Prints	View
400m	400	V	X	400	V		
800m	800	V	X	800	V		
1500m	150	V	X	150	V		
2000m K/Chase	350	V	X	350	V		
3000m	500	V	X	500	V		
400m Hurdles	4H	V	X	4H	V		
1000m Hurdles	1H	V	X	1H	V		
Hammer	Ham	V	X	Ham	V		
Discus	Dis	V	X	Dis	V		
Javelin	Jav	V	X	Jav	V		
Shot	Sho	V	X	Sho	V		
Long Jump	LJ	V	X	LJ	V		
Triple Jump	TJ	V	X	TJ	V		
High Jump	HJ	V	X	HJ	V		
Pole Vault	PV	V	X	PV	V		
4x 100m Relay	4x1	V	X	4x1	V		
4x 400m Relay	4x4	V	X	4x4	V		
ALL	ALL			ALL			

30 June 2012

POINTS AT A GLANCE
Click coloured box below to see Clubs in descending order of points

EVENTS
Scored
Events Left
19

Match Day

Handbook

Track Lists

Relay Lists

1500m

Ready

Home

Points

Results

Homeless

Discus

Javelin

Shot

LJ

HJ

PV

Scores

Rounds

Declarations

Match Day

Handbook

Track Lists

Relay Lists

1500m

21/06/2012

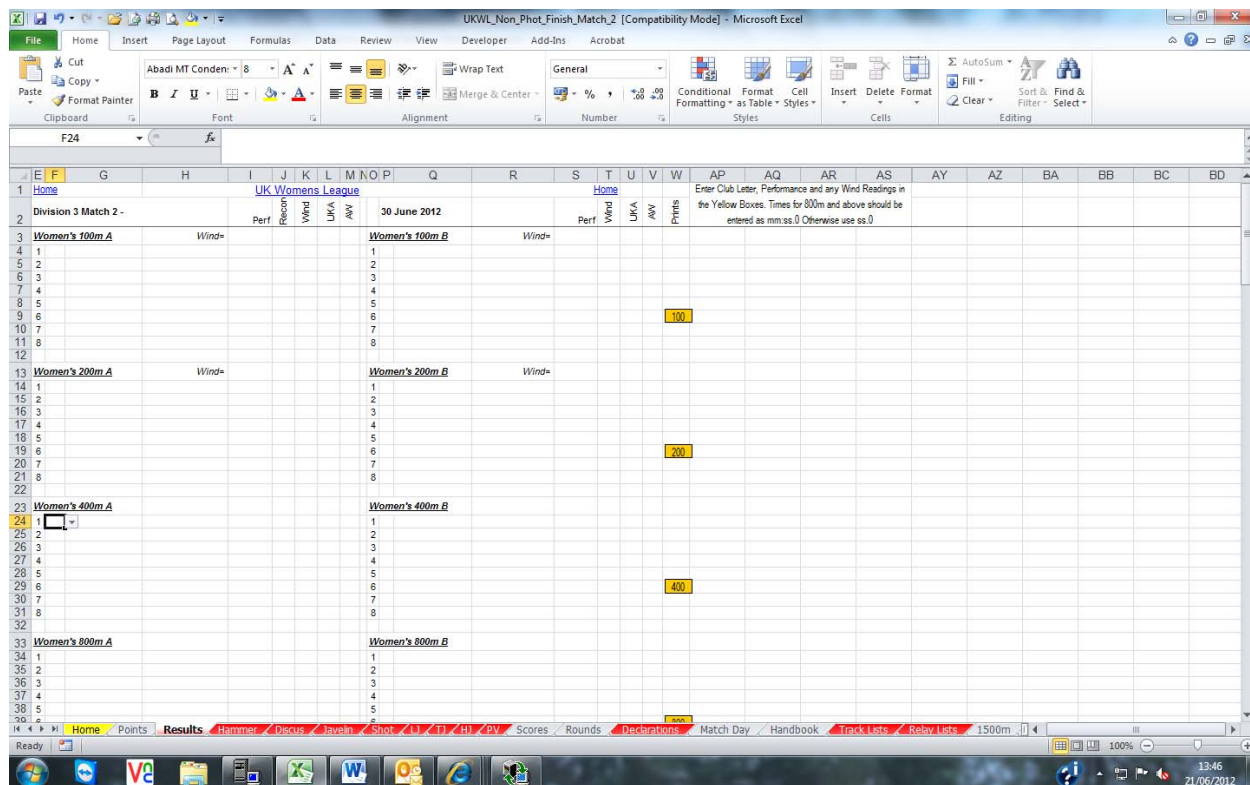
13:45

ENTERING RESULTS

For all results, simply click on the event under column headed “Process results”

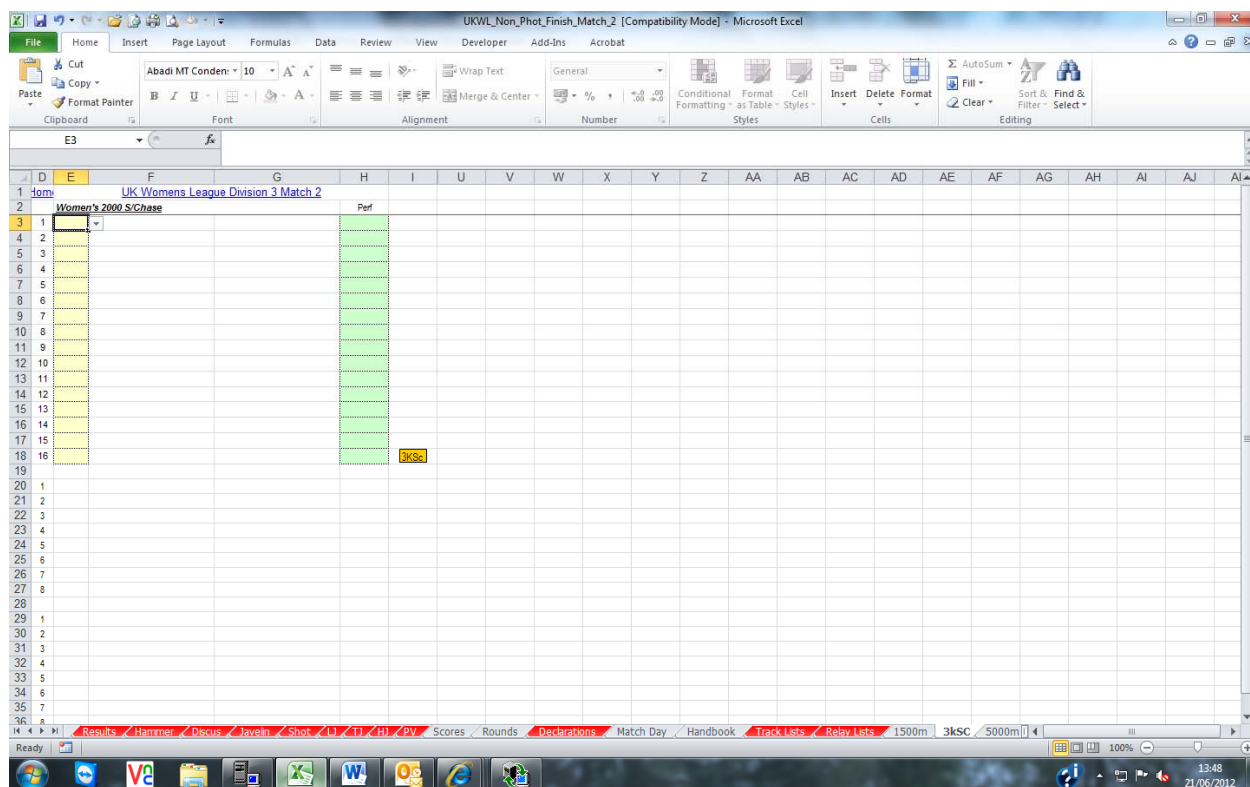
Track events and relays, except for 1500m, 3000m and steeplechase will take you the screen below

Enter the club number and the time. For 800m and above times enter the time in the format mm:ss.0



For 1500m and above the screen displayed is as below.

Enter numbers and times again. Note that the A's and B's will be calculated for you.



These fall into two types, Distance and Height.

This is the screen as it initially appears, albeit with names if the declarations have been entered

You can simply enter into the “first trial” column the athletes best performance. The best performance will be automatically completed and the A’s and B’s worked out at the bottom.

If two athletes had the same performance of 45.12 say, make the athlete's whose next best performance is the best 45.121.

UKWL_Non_Photo_Finish_Match_2 [Compatibility Mode] - Microsoft Excel

File Home Insert Page Layout Formulas Data Review View Developer Add-Ins Acrobat

Abadi MT Condens: 9 Font

Clipboard Cut Copy Format Painter

Wrap Text

General

Conditional Formatting

Format as Table

Cell Styles

Insert

Delete

Format

Cells

AutoSum

Fill

Clear

Sort & Filter

Find & Select

Editing

I22

E F G H I J K L M N O P Q R S T U V W X Y Z AA AB AC AD AG AH AI AJ AK AL

1 W2 UK Womens League

2 **UK ATHLETICS: DISTANCE CARD**

3 MEETING Division 3 Match 2 VENUE DATE 30 June 2012

4 EVENT Women's Hammer TIME 12:00 RECORD 67.94m Lorraine Shaw, Sale Harriers, 67.94m

Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A B
1	1	-	Bedford & County	45.12			45.12	3				45.12	3	A 3
2	8	-	Milton Keynes	37.16			37.16	4				37.16	4	A 4
3	5	-	Havering Mbrook	55.21			55.21	1				55.21	1	A 1
4	4	-	Harrow AC	11.25			11.25	12				11.25	12	B 5
5	6	-	herne Hill H	45.21			45.21	2				45.21	2	A 2
6	3	-	Crawley AC	11.99			11.99	11				11.99	11	A 7
7	7	-	Herts Phoenix	16.00			16.00	8				16.00	8	A 6
8	2	-	City of Portsmouth											
9	11	-	Bedford & County	14.75			14.75	9				14.75	9	B 3
10	88	-	Milton Keynes	23.56			23.56	7				23.56	7	B 2
11	55	-	Havering Mbrook	28.12			28.12	6				28.12	6	B 1
12	44	-	Harrow AC	31.58			31.58	5				31.58	5	A 5
13	66	-	herne Hill H	14.29			14.29	10				14.29	10	B 4
14	33	-	Crawley AC	6.78			6.78	13				6.78	13	B 6
15	77	-	Herts Phoenix	5.10			5.10	14				5.10	14	B 7
16	22	-	City of Portsmouth											

Ham

"A" STRING RESULT						"B" STRING RESULT						JUDGES' SIGNATURES	
Posn	No	NAME	CLUB	DISTANCE	Posn	No	NAME	CLUB	DISTANCE				
1	5	-	Havering Mbrook	55.21	1	55	-	Havering Mbrook	28.12				
2	6	-	herne Hill H	45.21	2	88	-	Milton Keynes	23.56				
3	1	-	Bedford & County	45.12	3	11	-	Bedford & County	14.75				
4	8	-	Milton Keynes	37.16	4	66	-	herne Hill H	14.29				

Results Hammer Discus Javelin Shot (L) (T) (H) (PV) Scores Rounds Declarations Match Day Handbooks Track Lists Relay Lists 1500m 3kSC 5000m

Ready 13:50 31.05.2012

You can if you wish, enter the whole series in each trial. This has the added effect of checking the officials have done their job correctly, although this can be time consuming. You will see on the Triple and Long Jump cards fields for the wind speeds. These are purely for clubs own interest if you were to print these off. It's best to ignore the wind speeds on the cards. When you enter TJ or LJ cards you will then need to go to results tab for the LJ/TJ and manually enter in the wind speeds. If the LJ was entered as such,

Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B
1	4	-	Harrow AC	6.15			6.15	1				6.15	1	A 1
2	2	-	City of Portsmouth	5.84			5.84	4				5.84	4	A 3
3	8	-	Milton Keynes	5.45			5.45	6				5.45	6	A 5
4	6	-	herne Hill H.	5.63			5.63	5				5.63	5	A 4
5	3	-	Crawley AC	1.00			1.00	16				1.00	16	B 8
6	7	-	Herts Phoenix	2.50			2.50	15				2.50	15	B 7
7	5	-	Havering M'brook	3.50			3.50	14				3.50	14	B 6
8	1	-	Bedford & County	4.54			4.54	11				4.54	11	B 3
9	44	-	Harrow AC	6.12			6.12	2				6.12	2	B 1
10	22	-	City of Portsmouth	5.13			5.13	7				5.13	7	B 2
11	88	-	Milton Keynes	4.40			4.40	12				4.40	12	B 4
12	66	-	herne Hill H.	3.98			3.98	13				3.98	13	B 5
13	33	-	Crawley AC	6.01			6.01	3				6.01	3	A 2
14	77	-	Herts Phoenix	5.11			5.11	8				5.11	8	A 6
15	55	-	Havering M'brook	4.98			4.98	9				4.98	9	A 7
16	11	-	Bedford & County	4.97			4.97	10				4.97	10	A 8

You need to add in the wind speeds

Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B
1	4	-	Harrow AC	6.15			6.15	1				6.15	1	A 1
2	2	-	City of Portsmouth	5.84			5.84	4				5.84	4	A 3
3	8	-	Milton Keynes	5.45			5.45	6				5.45	6	A 5
4	6	-	herne Hill H.	5.63			5.63	5				5.63	5	A 4
5	3	-	Crawley AC	1.00			1.00	16				1.00	16	B 8
6	7	-	Herts Phoenix	2.50			2.50	15				2.50	15	B 7
7	5	-	Havering M'brook	3.50			3.50	14				3.50	14	B 6
8	1	-	Bedford & County	4.54			4.54	11				4.54	11	B 3
9	44	-	Harrow AC	6.12			6.12	2				6.12	2	B 1
10	22	-	City of Portsmouth	5.13			5.13	7				5.13	7	B 2
11	88	-	Milton Keynes	4.40			4.40	12				4.40	12	B 4
12	66	-	herne Hill H.	3.98			3.98	13				3.98	13	B 5
13	33	-	Crawley AC	6.01			6.01	3				6.01	3	A 2
14	77	-	Herts Phoenix	5.11			5.11	8				5.11	8	A 6
15	55	-	Havering M'brook	4.98			4.98	9				4.98	9	A 7
16	11	-	Bedford & County	4.97			4.97	10				4.97	10	A 8

HEIGHT CARDS

First of all enter the final height cleared

UKWLN_Non_Phot_Finish_Match_2 [Compatibility Mode] - Microsoft Excel

Home Insert Page Layout Formulas Data Review View Developer Add-Ins Acrobat

Clipboard Font Alignment Number Styles Cells Editing

UK ATHLETICS: HEIGHT CARD

MEETING Division 3 Match 2 VENUE DATE 30 June 2012

EVENT Women's High Jump TIME 13.30 League Record 1.91m Debbi Mart, Bromley, 1.91m

Order	No	NAME	CLUB	HEIGHT	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	Best of All	Height	Position	A or B	Tie
1	1	Bedford & County		1.50																					
2	3	Crawley AC		1.53																					
3	5	Havering Mbrook		1.56																					
4	2	City of Portsmouth		1.75																					
5	4	Harrow AC		1.72																					
6	6	Hemel Hill H.		1.25																					
7	8	Milton Keynes		1.30																					
8	7	Herts Phoenix		1.25																					
9	11	Bedford & County		1.56																					
10	33	Crawley AC		1.40																					
11	55	Havering Mbrook		1.35																					
12	22	City of Portsmouth		1.91																					
13	44	Harrow AC		1.56																					
14	66	Hemel Hill H.		1.25																					
15	88	Milton Keynes		1.25																					
16	77	Herts Phoenix		1.25																					

"A" STRING RESULT "B" STRING RESULT JUDGES SIGNATURES

Post No. NAME CLUB HEIGHT Post No. NAME CLUB HEIGHT

Results Hammer Discus Javelin Shot HJ PV Scores Rounds Declarations Match Day Handbook Track Lists Relay Lists 1500m 3kSC 5000m

Ready Scroll Lock 14:01 21/06/2012

Then enter in the position the athlete finished in the competition. If the officials complete the card with the order 1 to 16, simply use this.

UKWLN_Non_Phot_Finish_Match_2 [Compatibility Mode] - Microsoft Excel

Home Insert Page Layout Formulas Data Review View Developer Add-Ins Acrobat

Clipboard Font Alignment Number Styles Cells Editing

UK ATHLETICS: HEIGHT CARD

MEETING Division 3 Match 2 VENUE DATE 30 June 2012

EVENT Women's High Jump TIME 13.30 League Record 1.91m Debbi Mart, Bromley, 1.91m

Order	No	NAME	CLUB	HEIGHT	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	Best of All	Height	Position	A or B	Tie
1	1	Bedford & County		1.50																					
2	3	Crawley AC		1.53																					
3	5	Havering Mbrook		1.56																					
4	2	City of Portsmouth		1.75																					
5	4	Harrow AC		1.72																					
6	6	Hemel Hill H.		1.25																					
7	8	Milton Keynes		1.30																					
8	7	Herts Phoenix		1.25																					
9	11	Bedford & County		1.56																					
10	33	Crawley AC		1.40																					
11	55	Havering Mbrook		1.35																					
12	22	City of Portsmouth		1.91																					
13	44	Harrow AC		1.56																					
14	66	Hemel Hill H.		1.25																					
15	88	Milton Keynes		1.25																					
16	77	Herts Phoenix		1.25																					

"A" STRING RESULT "B" STRING RESULT JUDGES SIGNATURES

Post No. NAME CLUB HEIGHT Post No. NAME CLUB HEIGHT

Results Hammer Discus Javelin Shot HJ PV Scores Rounds Declarations Match Day Handbook Track Lists Relay Lists 1500m 3kSC 5000m

Ready Scroll Lock 14:03 21/06/2012

As you can see from this example we have several ties and gaps in the results at the bottom. To indicate ties, you need to add to the column tie, the sequence 1,2 for 2 tied, 1,2 & 3 for 3 tied, etc

UKWL_Non_Phot_Finish_Match_2 [Compatibility Mode] - Microsoft Excel

Order	No	NAME	CLUB	1.25	1.56	Best of 3	1st Place	2nd Place	3rd Place	A or B	Tie
1	1	Bedford & County				1.50	8	B	3		
2	3	Crawley AC				1.53	7	A	5		
3	5	Havering Mbrook				1.56	4	A	3		1
4	2	City of Portsmouth				1.75	2	B	1		
5	4	Harrow AC				1.72	3	A	2		
6	6	Herne Hill H.				1.25	12	A	7		1
7	8	Milton Keynes				1.30	11	A	6		
8	7	Herne Phoenix				1.25	12	A	7		2
9	11	Bedford & County				1.56	4	A	3		2
10	33	Crawley AC				1.40	9	B	4		
11	55	Havering Mbrook				1.35	10	B	5		
12	22	City of Portsmouth				1.91	1	A	1		
13	44	Harrow AC				1.56	6	B	2		
14	66	Herne Hill H.				1.25	14	B	6		1
15	88	Milton Keynes				1.25	14	B	6		2
16	77	Herne Phoenix				1.25	14	B	6		3

"A" STRING RESULT				"B" STRING RESULT				JUDGES SIGNATURES	
Post	No	NAME	CLUB	Post	No	NAME	CLUB	HEIGHT	
1	22	City of Portsmouth	1.91	1	2	City of Portsmouth	1.75		
2	4	Harrow AC	1.72	2	44	Harrow AC	1.56		
3	5	Havering Mbrook	1.56	3	1	Bedford & County	1.50		
4	11	Bedford & County	1.56	4	33	Crawley AC	1.40		
5	3	Crawley AC	1.53	5	55	Havering Mbrook	1.35		
6	8	Milton Keynes	1.30	6	66	Herne Hill H.	1.25		
7	6	Herne Hill H.	1.25	6	88	Milton Keynes	1.25		

Results / Hammer / Discus / Javelin / Shot / **LJ** / TT / HJ / PV / Scores / Rounds / Declarations / Match Day / Handbook / Track Lists / Relay Lists / 1500m / 3kSC / 5000m

What happens if an event is cancelled or there are no competitors?

Entering 96 to 99 (on a track result will place the correct description in the event and count the event as completed. For field height cards enter 96 to 99 as the best height achieved in cell AG7 and position = 1

- 96 = No Competitors
- 97 = Opening Height Not Cleared
- 98 = No Valid Performance
- 99 = Event Cancelled

MATCH 2 BIC RESULTS [Read-Only] - Microsoft Excel

Order	No	NAME	CLUB	1.70	1.80	1.90	2.00	2.10	Best of 3	1st Place	2nd Place	3rd Place	A or B	Tie
1	3	CLEETHORPE & DISTRICT							96.00	1	A	1		
2	33	CLEETHORPE & DISTRICT												
3	2	BINGLEY HARRIERS & AC												
4	33	BINGLEY HARRIERS & AC												
5	6	SCUNTHORPE & DISTRICT												
6	88	SCUNTHORPE & DISTRICT												
7	4	HALLAMSHIRE HARRIERS												
8	44	HALLAMSHIRE HARRIERS												
9	5	NEWARK AC												
10	33	NEWARK AC												
11	1	SPAINLEY AC												
12	11	SPAINLEY AC												

"A" STRING RESULT				"B" STRING RESULT				JUDGES SIGNATURES	
Post	No	NAME	CLUB	Post	No	NAME	CLUB	HEIGHT	
1	96	CLEETHORPE & DISTRICT							

HP Support Assistant
A tune-up will start in 3 minutes.
Start now
Remind me in 1 hour
Cancel

This shows the result as below



This will drop the 96 to 99 numbers down to the bottom and then across to the results page see below

Any issues on the day you can telephone me on 07920 056324

Any issues on the day you can telephone me on 07920 056324