

## Road Running Report 10 April 2013

### **Inter Area Match: Alsager 5, Sunday 3 February 2013**

The conditions were cold, drizzly but calm for the race, and there was a good field. The North women's team was 2nd behind the Midlands with everyone running a PB. The North men were also second despite only fielding four competitors. The clash with the Birmingham Indoors, BUCS and Dewsbury 10K had a negative impact on selection. The event was well organised, friendly and accommodating as usual. The team managers were Andrew Rodgers and Kirsten Scobie.

#### Women:

- 1 G Steele 26.36 Midland
- 2 J Potter 26.36 Midland
- 3 K Wootton 26.52
- 5 A Crook 28.23 PB North
- 6 M Barrett 28.35 PB North
- 8 M Bamford 28.59 PB North
- 14 P Taylor 29.26 PB North

#### Men:

- 1 M Hynes 23.57
- 2 B Fish 23.58 PB North
- 3 P Martin 24.01
- 8 M Barnes 24.28 North
- 11 A Ford 24.38 North
- 16 B Riddell 25.12 PB North

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[Abbey Dash Race Report Nov 18th 2012.](#)

**Manchester BUPA 10k** May 26th (North)

**Midlands fixture TBC**, may be Alsager 5 early Feb 2013.

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### **ace Reports from 2012**

**BUPA Great Manchester Run 20<sup>th</sup> May 2012.**

**Another successful outing for our Northern athletes at the Great Manchester BUPA 10k, (May 20th 2012)**

**Both the men's and women's teams held off close competition from Wales in the women's race and the Midlands in the men's.**

**Individual performance of note; the ever young Haile Gebrselassie recorded the fastest 10,000m time in the world this year to win his fifth Great Manchester Run.**

**The Ethiopian, 39, clocked 27 minutes and 29 seconds to beat compatriots Tsegae Kebede and Ayele Abshero, and secure a fourth win in a row.**

**Closer to home in the women's race Gemma Steel (midlands) in 9th in 33:42 lead home strong Northern performances from 12th Rachel Bamford 35.20 and Felicity Milton 13th in 35.33.**

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In the men's race Matt Clowes (midlands) 15th in 29.48 followed by Andy Ward 21st in 30.16, and Gareth Raven 23rd 30.23 both North.

A big thank you to Ann Griffiths who team managed for the ladies and to Kirsten Scobie for endeavouring to pull together a strong women's field. Thanks also to Pete Riley of NOVA for the invite and support to Northern Athletics.

### Inter Area Women's Results

Team result from full race

1<sup>st</sup> **North** 12, 13, 17 = 42

2<sup>nd</sup> **Wales** 18, 19, 20 = 57

3<sup>rd</sup> **Midlands** 9, 32, 36 = 77

4<sup>th</sup> **Combined Services** 14, 29, 38 = 81

Team result as per inter area

1<sup>st</sup> **North** 2, 3, 5, = 10

2<sup>nd</sup> **Wales** 6, 7, 8 = 21

3<sup>rd</sup> **Midland** 1, 12, 13 = 26

4<sup>th</sup> **Combined Services** 4, 10, 15 = 29

### Inter Area Men's Results

1<sup>st</sup> **North** 21, 23, 31, 38 = 113

2<sup>nd</sup> **Midlands** 15, 22, 39, 40 = 116

3<sup>rd</sup> **Wales** 24, 26, 34, 35 = 119

4<sup>th</sup> **Combined Service** 52, 53, 58, 61 = 124

1<sup>st</sup> **North** 2, 4, 6, 9 = 21

2<sup>nd</sup> **Midlands** 1, 3, 10, 11 = 25

3<sup>rd</sup> **Wales** 5, 6, 7, 8 = 26

4<sup>th</sup> **Combined Service** 14, 15, 16, 17 = 62

Rob Cameron

Men's Team Manager

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### Race Report Alsager 5 Sunday 5th Feb 2012.

On a cold snowy February morning which saw the race possibly being cancelled due to heavily iced roads, but race organiser Ken Rushton kept faith with the weather forecast and a late thaw saw the Northern women stormed to a victory with Elle Baker, Sonia Samuels and Kate Avery taking 1, 2, 3 with Marie Barrett bringing the team home in 6th place.

The results below

1	Elle Baker	Stockport Harriers	26:58
2	Sonia Samuels	Sale Harriers Manchester	27:34
3	Kate Avery	Shildon AC	27:56

**6 Maria Barrett Liverpool Harriers 29:05**

**Race Report Fleet Half Marathon 25th March 2012.**

**The Inter-area race has been blessed with the addition of the Combined Services, who hosted their first road fixture at Fleet. With the absence of the South, the Combined Services have allowed us to maintain a health field.**

**However due to the approach of the London Marathon and the late addition of the Wilmslow Half Marathon (Inc England Champs) to the race calendar on the same day, many of the areas found sending women's team to this fixture a challenge. The Welsh could only send one representative due to their club relays being scheduled for the same day.**

**With several withdrawals from the Northern women's team and the difficulty in attracting our top female athletes due fixture congested highlighted above, we eventually saw two representatives take the trip south to Fleet. But events continued to conspire against us and eventually due to ill health Jenny Clague had to withdraw on the day, leaving Sarah Harris (Long Eaton) to come home in 2nd place in a time of 81.14.**

**Kirsten Scobie  
Northern Women's Road TM  
April 2012.**

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