

Inter-Club Cup Final - Dorothy Hyman Stadium, Cudworth

				Perf	Record	Wind	AW	28 August 2005							
				Perf	Record	Wind	AW								
Men's 100m				<i>Wind=</i>				Men's 200m				<i>Wind= -4.5 m/s</i>			
1	8	Tala Gaye	Sale Harriers Manchester	11.34		-2.0		1	8	Eusapha Bojang	Sale Harriers Manchester	22.76			<input checked="" type="checkbox"/>
2	7	Stephen Blagdon	Lincoln Wellington	11.45				2	1	Danny Barrow	Barrow & Furness Striders	23.73			
3	1	Danny Barrow	Barrow & Furness Striders	11.53				3	3	Lee Barnes	Blackpool & Fylde	23.85			
4	4	Ben Geddis	Gateshead Harriers	11.60				4	4	Mark Suggitt	Gateshead Harriers	24.22			
5	2	Jerome Duxbury	Blackburn Harriers	11.64				5	6	Matt Hudson	Leeds City AC	24.50			
6	3	Lee Barnes	Blackpool & Fylde	11.70				6	7	Tom Duffield	Lincoln Wellington	24.62			
7	5	Ben Julien	Holmfirth Harriers	11.84				7	5	Ben Julien	Holmfirth Harriers	24.93			
8	6	Umar Hameed	Leeds City AC	11.99				8	2	Phil Vickers	Blackburn Harriers	25.34			
Men's 400m								Men's 800m							
1	4	Craig Clanville	Gateshead Harriers	50.58			<input checked="" type="checkbox"/>	1	5	Mark Buckingham	Holmfirth Harriers	01:58.25			<input checked="" type="checkbox"/>
2	2	Ben Fox	Blackburn Harriers	50.72			<input checked="" type="checkbox"/>	2	6	Richard Plummer	Leeds City AC	01:59.12			<input checked="" type="checkbox"/>
3	8	Adam Bellis	Sale Harriers Manchester	51.10				3	8	Bobby Whittaker	Sale Harriers Manchester	01:59.90			<input checked="" type="checkbox"/>
4	5	Mark Buckingham	Holmfirth Harriers	51.42				4	4	James Hogg	Gateshead Harriers	02:00.37			
5	7	Stephen Blagdon	Lincoln Wellington	52.41				5	7	Simon O'Leary	Lincoln Wellington	02:01.80			
6	3	Ted Romney	Blackpool & Fylde	53.06				6	2	Phil Hall	Blackburn Harriers	02:02.07			
7	1	Tom Lewis	Barrow & Furness Striders	53.70				7	1	Tom Lewis	Barrow & Furness Striders	02:02.15			
8	6	Richard Plummer	Leeds City AC	54.98				8	3	Robert Pilkington	Blackpool & Fylde	02:08.99			
Men's 1500m								Men's 5000m							
1	7	Matt Bowser	Lincoln Wellington	03:54.45			<input checked="" type="checkbox"/>	1	8	Stefan North	Sale Harriers Manchester	15:19.95			<input checked="" type="checkbox"/>
2	5	Mark Buckingham	Holmfirth Harriers	03:58.31			<input checked="" type="checkbox"/>	2	5	Matthew Pierson	Holmfirth Harriers	16:12.68			<input checked="" type="checkbox"/>
3	8	James Bailey	Sale Harriers Manchester	03:59.33			<input checked="" type="checkbox"/>	3	2	Scott Monk	Blackburn Harriers	16:18.59			<input checked="" type="checkbox"/>
4	6	Kevin Ritchie	Leeds City AC	04:03.78			<input checked="" type="checkbox"/>	4	7	Will Strangeway	Lincoln Wellington	16:39.46			
5	4	Marc Elliot	Gateshead Harriers	04:07.34			<input checked="" type="checkbox"/>	5	6	Trevor Wilks	Leeds City AC	16:51.90			
6	2	Liam Barton	Blackburn Harriers	04:08.29				6	3	James Unsworth	Blackpool & Fylde	17:35.64			
7	3	Robert Pilkington	Blackpool & Fylde	04:34.63				7	1	Peter Savage	Barrow & Furness Striders	18:39.27			
8	1	David Hook	Barrow & Furness Striders	4:45.73				8							
Men's 10000m								Men's 110m Hurdles				<i>Wind= -3.1</i>			
1	2	Ben Fish	Blackburn Harriers	30:49.11				1	8	Franklin Opara	Sale Harriers Manchester	15.56			<input checked="" type="checkbox"/>
2	5	David Watson	Holmfirth Harriers	31:37.71				2	4	John Stacey	Gateshead Harriers	17.22			
3	8	Paul Green	Sale Harriers Manchester	32:57.75				3	6	Matt Hudson	Leeds City AC	17.61			
4	6	Phil Townsend	Leeds City AC	34:38.04				4	5	Richard Walsh	Holmfirth Harriers	17.88			
5	7	Dean Houlden	Lincoln Wellington	37:26.45				5	2	Paul Whittle	Blackburn Harriers	18.01			
6								6							
7								7							
8								8							
Men's 400m Hurdles								Men's 3000m S/Chase							
1	8	Andrew Hopkinson	Sale Harriers Manchester	55.22			<input checked="" type="checkbox"/>	1	6	Russ England	Leeds City AC	09:50.69			<input checked="" type="checkbox"/>
2	4	Craig Clanville	Gateshead Harriers	58.79				2	8	Robert Flannery	Sale Harriers Manchester	09:59.28			<input checked="" type="checkbox"/>
3	2	Liam Barton	Blackburn Harriers	59.42				3	2	Tom Cornthwaite	Blackburn Harriers	10:01.08			
4	5	Robert Spencer	Holmfirth Harriers	62.10				4	5	Robert Spencer	Holmfirth Harriers	10:33.16			
5	6	Matt Hudson	Leeds City AC	64.14				5	3	Eddie Broome	Blackpool & Fylde	10:50.58			
6	3	Chris Bellan	Blackpool & Fylde	64.16				6							
7	1	Peter Savage	Barrow & Furness Striders	73.22				7							
8								8							
Men's Hammer								Men's Discus							
1	6	Mark Gulliver	Leeds City AC	50.78			<input checked="" type="checkbox"/>	1	6	Matt Allison	Leeds City AC	40.93			<input checked="" type="checkbox"/>
2	4	David Maggs	Gateshead Harriers	37.56				2	1	Martin Wilson	Barrow & Furness Striders	37.74			<input checked="" type="checkbox"/>
3	1	Martin Wilson	Barrow & Furness Striders	29.15				3	8	Gerald Plunkett	Sale Harriers Manchester	37.12			<input checked="" type="checkbox"/>
4	8	Gerald Plunkett	Sale Harriers Manchester	27.44				4	5	Duncan Swanepoel	Holmfirth Harriers	34.76			
5	2	Adam Lovick	Blackburn Harriers	26.48				5	4	David Maggs	Gateshead Harriers	29.17			
6	3	Shane Ellershaw	Blackpool & Fylde	26.38				6	7	Matt Bowser	Lincoln Wellington	24.50			
7	5	Duncan Swanepoel	Holmfirth Harriers	23.30				7	2	Adam Lovick	Blackburn Harriers	24.30			
8	7	Dean Houlden	Lincoln Wellington	18.05				8	3	Shane Ellershaw	Blackpool & Fylde	21.83			

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Men's Shot Putt

	Perf	Record	Wind	AW				
1	8	Gerald Plunkett	Sale Harriers Manchester	13.34				<input checked="" type="checkbox"/>
2	1	Martin Wilson	Barrow & Furness Striders	12.06				
3	6	Mark Gulliver	Leeds City AC	11.83				
4	5	Duncan Swanepoel	Holmfirth Harriers	11.48				
5	2	Jerome Duxbury	Blackburn Harriers	10.73				
6	3	Dave Myerscough	Blackpool & Fylde	10.70				
7	4	John Stacey	Gateshead Harriers	10.67				
8	7	Jim Slater	Lincoln Wellington	8.31				

Men's Javelin

	Perf	Record	Wind	AW				
1	6	Matt Allison	Leeds City AC	60.52	b			<input checked="" type="checkbox"/>
2	8	Gerald Plunkett	Sale Harriers Manchester	59.43				<input checked="" type="checkbox"/>
3	4	Ian Burns	Gateshead Harriers	56.45				<input checked="" type="checkbox"/>
4	2	Claude Peter-Thomas	Blackburn Harriers	38.58				
5	7	Steve Swarby	Lincoln Wellington	34.78				
6	1	Scott Walker	Barrow & Furness Striders	32.62				
7	5	David Watson	Holmfirth Harriers	29.07				
8								

Men's Long Jump

1	8	Naveen Setty	Sale Harriers Manchester	6.42				
2	2	Jerome Duxbury	Blackburn Harriers	5.93				
3	4	Chris Jefferson	Gateshead Harriers	5.92				
4	1	Scott Walker	Barrow & Furness Striders	5.92				
5	3	Max Eaves	Blackpool & Fylde	5.84				
6	7	Steve Swarby	Lincoln Wellington	5.73				
7	5	Ben Julien	Holmfirth Harriers	5.67				
8								

Men's Triple Jump

1	6	Jacob Brown	Leeds City AC	14.36				<input checked="" type="checkbox"/>
2	2	Ben Fox	Blackburn Harriers	13.00				<input checked="" type="checkbox"/>
3	8	Naveen Setty	Sale Harriers Manchester	12.48				
4	1	Scott Walker	Barrow & Furness Striders	11.86				
5	5	Richard Walsh	Holmfirth Harriers	11.63				
6	7	Steve Swarby	Lincoln Wellington	10.91				
7								
8								

Men's High Jump

1==	6	Matt Hudson	Leeds City AC	1.80				
1==	4	John Stacey	Gateshead Harriers	1.80				
1==	8	Franklin Opara	Sale Harriers Manchester	1.80				
4	3	Max Eaves	Blackpool & Fylde	1.70				
5	2	Claude Peter-Thomas	Blackburn Harriers	1.70				
6	5	Mark Buckingham	Holmfirth Harriers	1.70				
7	1	Scott Walker	Barrow & Furness Striders	1.60				
8	7	Simon O'Leary	Lincoln Wellington	1.50				

Men's Pole Vault

1	4	Chris Boundy	Gateshead Harriers	4.00				<input checked="" type="checkbox"/>
2	8	Matt Cullen	Sale Harriers Manchester	3.80				<input checked="" type="checkbox"/>
3	3	Laurence Steele	Blackpool & Fylde	3.30				
4	6	James Sleigh	Leeds City AC	3.10				
5	2	Claude Peter-Thomas	Blackburn Harriers	2.90				
6	1	Scott Walker	Barrow & Furness Striders	2.50				

Men's 4x100m Relay

1	8	Sale Harriers Manchester	Eusapha Bojang	Tala Gaye	Dean Hardman	Adam Bellis	43.36	<input checked="" type="checkbox"/>
2	4	Gateshead Harriers	Ben Geddis	Ashley Noble	Marc Elliot	Chris Jefferson	43.73	<input checked="" type="checkbox"/>
3	3	Blackpool & Fylde	Chris Bellan	Lee Barnes	Dominic Arnold	Max Eaves	45.50	
4	5	Holmfirth Harriers	Ben Julien	Ian Whiteleg	William McFadzean	Mark Buckingham	47.65	
5	7	Lincoln Wellington	Steve Swarby	Jim Slater	Tom Duffield	Stephen Blagdon	48.15	
6	1	Barrow & Furness Striders	Danny Barrow	Tom Lewis	David Hook	Peter Savage	50.10	
7								
8								

Men's 4x400m Relay

1	8	Sale Harriers Manchester	Adam Bellis	Andrew Hopkinson	Bobby Whittaker	Dean Hardman	03:28.43
2	7	Lincoln Wellington	Tom Duffield	Graham Wright	Simon O'Leary	Stephen Blagdon	03:29.52
3	4	Gateshead Harriers	James Hogg	Marc Elliot	John Stacey	Craig Clanville	03:29.77
4	5	Holmfirth Harriers	Mark Buckingham	Robert Spencer	William McFadzean	Matthew Pierson	03:35.38
5	2	Blackburn Harriers	Ben Fox	Liam Barton	Ben Fish	Phil Vickers	03:38.21
6	1	Barrow & Furness Striders	Danny Barrow	Tom Lewis	Martin Wilson	David Hook	03:54.35
7							
8							

MATCH POINTS

1	Sale H	260.0	5	Blackpool & F	142.5
2	Leeds	187.0	6	Gateshead H	141.5
3	Blackburn	161.0	7	Holmfirth	135.0
4	Barrow & F	153.0	8	Lincoln W	131.0

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				Perf	Record	Wind	AW	28 August 2005				Perf	Record	Wind	AW	
Women's 100m						Wind=			Women's 200m						Wind=	
						-3.3									-3.9	
1	8	Jenny Igbokwe	Sale Harriers Manchester	12.67			<input checked="" type="checkbox"/>	1	6	Sheryl Punter	Leeds City AC	27.91				
2	6	Naana Adusei	Leeds City AC	13.16				2	4	Carly Jones	Gateshead Harriers	28.03				
3	1	Stephanie Johnson	Barrow & Furness Striders	13.25				3	7	Lydia Chamberlain	Lincoln Wellington	28.08				
4	3	Rochelle Hearsum	Blackpool & Fylde	13.28				4	1	Stephanie Johnson	Barrow & Furness Striders	28.11				
5	2	Sarah Haworth	Blackburn Harriers	13.37				5	8	Danielle Parkinson	Sale Harriers Manchester	28.38				
6	4	Carly Jones	Gateshead Harriers	13.44				6	3	Leigh Newton	Blackpool & Fylde	28.82				
7	7	Nina Swarby	Lincoln Wellington	14.01				7	2	Christina Carr	Blackburn Harriers	29.51				
8	5	Harriet Roberts	Holmfirth Harriers	14.25				8	5	Zoe Storr	Holmfirth Harriers	29.99				
Women's 400m								Women's 800m								
1	4	Vicky Carmichael	Gateshead Harriers	57.37			<input checked="" type="checkbox"/>	1	8	Jenna Hill	Sale Harriers Manchester	02:19.76				<input checked="" type="checkbox"/>
2	3	Leigh Newton	Blackpool & Fylde	59.63			<input checked="" type="checkbox"/>	2	1	Rachel Thompson	Barrow & Furness Striders	02:24.99				<input checked="" type="checkbox"/>
3	1	Lara Smith	Barrow & Furness Striders	61.48			<input checked="" type="checkbox"/>	3	3	Stacey Bligh	Blackpool & Fylde	02:25.62				
4	8	Kath Welham	Sale Harriers Manchester	62.60				4	2	Rachel Wood	Blackburn Harriers	02:28.32				
5	5	Zoe Storr	Holmfirth Harriers	64.64				5	5	Claire Leaver	Holmfirth Harriers	02:31.25				
6	2	Rachel Wood	Blackburn Harriers	65.78				6	7	Sarah Coates	Lincoln Wellington	02:32.75				
7	6	Lauren Innes	Leeds City AC	69.78				7	6	Fay Lebeter	Leeds City AC	02:34.35				
8	7	Kathleen Warhurst	Lincoln Wellington	74.77				8								
Women's 1500m								Women's 3000m								
1	8	Emma Heighway	Sale Harriers Manchester	04:51.77			<input checked="" type="checkbox"/>	1	3	Gemma Titterington	Blackpool & Fylde	10:32.82				<input checked="" type="checkbox"/>
2	3	Gemma Titterington	Blackpool & Fylde	04:57.19			<input checked="" type="checkbox"/>	2	6	Rachel Woodnutt	Leeds City AC	11:04.02				
3	5	Claire Leaver	Holmfirth Harriers	05:05.44				3	8	Erin Lafferty	Sale Harriers Manchester	11:23.41				
4	7	Sarah Kimpton	Lincoln Wellington	05:18.26				4	5	Jean Shotter	Holmfirth Harriers	11:32.04				
5	1	Katie Savage	Barrow & Furness Striders	05:27.77				5	7	Cath Foley	Lincoln Wellington	11:32.41				
6	2	Katie Morris	Blackburn Harriers	05:30.44				6	1	Lou Lyness	Barrow & Furness Striders	11:34.92				
7								7	2	Jackie Taylor	Blackburn Harriers	12:34.00				
8								8								
Women's 400m Hurdles								Women's 100m Hurdles						Wind=		
														-2.0		
1	1	Lara Smith	Barrow & Furness Striders	65.63			<input checked="" type="checkbox"/>	1	7	Lydia Chamberlain	Lincoln Wellington	15.76				<input checked="" type="checkbox"/>
2	8	Kath Welham	Sale Harriers Manchester	68.68			<input checked="" type="checkbox"/>	2	2	Sarah Haworth	Blackburn Harriers	16.33				<input checked="" type="checkbox"/>
3	2	Christina Carr	Blackburn Harriers	70.89				3	6	Kirsty Parr	Leeds City AC	16.99				
4	6	Ashley Little	Leeds City AC	72.23				4	8	Nicola Cahill	Sale Harriers Manchester	17.11				
5	7	Nina Swarby	Lincoln Wellington	75.61				5	1	Lara Smith	Barrow & Furness Striders	17.78				
6	5	Zoe Storr	Holmfirth Harriers	75.78				6	5	Harriet Roberts	Holmfirth Harriers	18.23				
7								7	3	Karly Baguley	Blackpool & Fylde	18.71				
8								8								
Women's Hammer								Women's Discus								
1	8	Chiara Collins	Sale Harriers Manchester	30.73			<input checked="" type="checkbox"/>	1	2	Sarah Hepton	Blackburn Harriers	42.34			p	<input checked="" type="checkbox"/>
2	3	Rachel Bashforth	Blackpool & Fylde	29.74				2	8	Donna Williams	Sale Harriers Manchester	38.92				<input checked="" type="checkbox"/>
3	1	Lynne Walker	Barrow & Furness Striders	27.04				3	4	Ashleigh Maddison	Gateshead Harriers	31.73				<input checked="" type="checkbox"/>
4	2	Sarah Hepton	Blackburn Harriers	21.19				4	6	Alice Simpson	Leeds City AC	31.37				<input checked="" type="checkbox"/>
5	7	Haley Fox	Lincoln Wellington	19.64				5	3	Rachel Bashforth	Blackpool & Fylde	27.27				
6	6	Ros Evenden	Leeds City AC	18.41				6	5	Katie Zientek	Holmfirth Harriers	23.39				
7	5	Adrienne Dewhirst	Holmfirth Harriers	16.28				7	1	Lynne Walker	Barrow & Furness Striders	21.77				
8	4	Ashleigh Maddison	Gateshead Harriers	16.08				8	7	Nina Swarby	Lincoln Wellington	13.75				
Women's Shot Put								Women's Javelin								
1	8	Donna Williams	Sale Harriers Manchester	11.20			<input checked="" type="checkbox"/>	1	8	Rebecca Richardson	Sale Harriers Manchester	30.83				<input checked="" type="checkbox"/>
2	6	Kirsty Parr	Leeds City AC	10.08			<input checked="" type="checkbox"/>	2	6	Kirsty Parr	Leeds City AC	29.55				
3	3	Rachel Bashforth	Blackpool & Fylde	9.98				3	3	Karly Baguley	Blackpool & Fylde	29.42				
4	2	Sarah Hepton	Blackburn Harriers	9.87				4	2	Sarah Hepton	Blackburn Harriers	28.23				
5	1	Lynne Walker	Barrow & Furness Striders	8.15				5	5	Katie Zientek	Holmfirth Harriers	22.27				
6	5	Katie Zientek	Holmfirth Harriers	6.97				6	1	Dawn Walker	Barrow & Furness Striders	21.56				
7	4	Ashleigh Maddison	Gateshead Harriers	6.94				7	4	Becky Taylor	Gateshead Harriers	16.35				
8	7	Kathleen Warhurst	Lincoln Wellington	5.21				8	7	Sarah Kimpton	Lincoln Wellington	15.36				

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Women's Long Jump

	Perf	Record	Wind	AW	
1	8	Danielle Parkinson	Sale Harriers Manchester	5.37	<input checked="" type="checkbox"/>
2	7	Lydia Chamberlain	Lincoln Wellington	5.26	<input checked="" type="checkbox"/>
3	6	Kirsty Parr	Leeds City AC	5.25	<input checked="" type="checkbox"/>
4	2	Sarah Haworth	Blackburn Harriers	5.09	<input checked="" type="checkbox"/>
5	1	Dawn Walker	Barrow & Furness Striders	4.81	
6	5	Jessica Sunderland	Holmfirth Harriers	4.36	
7	4	Rachel Forrest	Gateshead Harriers	4.16	
8	3	Shayla Johnston	Blackpool & Fylde	4.02	

Women's Triple Jump

	Perf	Record	Wind	AW	
1	6	Leah Simmons	Leeds City AC	10.77	<input checked="" type="checkbox"/>
2	8	Danielle Parkinson	Sale Harriers Manchester	10.50	<input checked="" type="checkbox"/>
3	2	Sarah Haworth	Blackburn Harriers	10.36	<input checked="" type="checkbox"/>
4	1	Dawn Walker	Barrow & Furness Striders	10.00	<input checked="" type="checkbox"/>
5	5	Jessica Sunderland	Holmfirth Harriers	9.58	
6	3	Rochelle Hearsum	Blackpool & Fylde	9.01	
7	4	Emma Lawton	Gateshead Harriers	8.97	
8					

Women's High Jump

	Perf	Record	Wind	AW	
1	6	Jennifer Lumley	Leeds City AC	1.63	<input checked="" type="checkbox"/>
2	7	Lydia Chamberlain	Lincoln Wellington	1.60	<input checked="" type="checkbox"/>
3	8	Sam Maloney	Sale Harriers Manchester	1.55	<input checked="" type="checkbox"/>
4	1	Dawn Walker	Barrow & Furness Striders	1.40	
5=	4	Rachel Forrest	Gateshead Harriers	1.30	
5=	3	Rochelle Hearsum	Blackpool & Fylde	1.30	
7	5	Jessica Sunderland	Holmfirth Harriers	1.30	

Women's Pole Vault

	Perf	Record	Wind	AW	
1	3	Julia Vitrylak	Blackpool & Fylde	2.80	<input checked="" type="checkbox"/>
2	7	Haley Fox	Lincoln Wellington	2.40	<input checked="" type="checkbox"/>
3	4	Vicky Holmes	Gateshead Harriers	2.40	<input checked="" type="checkbox"/>
4	1	Dawn Walker	Barrow & Furness Striders	1.90	
5	6	Ashley Little	Leeds City AC	1.70	

Women's 4x100m Relay

	Perf	Record	Wind	AW				
1	8	Sale Harriers Manchester	Joanna Birch Kirsty Parr Rochelle Hearsum Becky Taylor	Jenny Igbokwe Jennifer Lumley Rochelle Hearsum Carly Jones	Danielle Parkinson Naana Adusei Karly Baguley Rachel Forrest	Nicola Cahill Sheryl Punter Shayla Johnston Vicky Carmichael	50.20	<input checked="" type="checkbox"/>
2	6	Leeds City AC					51.41	<input checked="" type="checkbox"/>
3	3	Blackpool & Fylde	Leigh Newton				51.58	<input checked="" type="checkbox"/>
4	4	Gateshead Harriers					52.83	
5	1	Barrow & Furness Striders	Stephanie Johnson	Lara Smith	Rachel Thompson	Katie Savage	54.64	
6	7	Lincoln Wellington	Sarah Coates	Nina Swarby	Cath Foley	Lydia Chamberlain	54.94	
7	2	Blackburn Harriers	Sarah Hepton	Sarah Haworth	Christina Carr	Katie Morris	56.36	
8	5	Holmfirth Harriers	Zoe Storr	Harriet Roberts	Katie Zientek	Jessica Sunderland	58.05	

Women's 4x400m Relay

	Perf	Record	Wind	AW				
1	8	Sale Harriers Manchester	Joanna Birch Leigh Newton Stephanie Johnson Kathleen Warhurst	Kath Welham Shayla Johnston Lara Smith Nina Swarby	Danielle Parkinson Stacey Bligh Rachel Thompson Sarah Kimpton	Jenna Hill Karly Baguley Katie Savage Sarah Coates	04:12.91	<input checked="" type="checkbox"/>
2	3	Blackpool & Fylde					04:19.04	
3	1	Barrow & Furness Striders					04:19.33	
4	7	Lincoln Wellington					04:40.52	
5	2	Blackburn Harriers	Katie Morris	Jackie Taylor	Rachel Wood	Christina Carr	04:44.83	
6								
7								
8								