



Division 1 Match 1 - Sports City, Manchester

1 May 2005

				Records	Wind	Athletics W					Wind	Athletics W
				Perf							Perf	
Men's 100m A				Wind= +2.3 m/s			Men's 100m B				Wind= +3.4 ms	
1	6	Daniel Money	Sale Harriers Manchester	10.8	<input checked="" type="checkbox"/>		1	66	Talla Gaye	Sale Harriers Manchester	11.1	<input checked="" type="checkbox"/>
2	3	Ashley Noble	Gateshead Harriers	11.1	<input checked="" type="checkbox"/>		2	77	Richard Higson-Blyth	Wakefield H	11.3	<input checked="" type="checkbox"/>
3	7	John Uridge	Wakefield H	11.2	<input checked="" type="checkbox"/>		3	11	Lee Barnes	Blackpool & Fylde AC	11.3	<input checked="" type="checkbox"/>
4	4	Jacob Brown	Leeds City AC	11.3	<input checked="" type="checkbox"/>		4	44	Umar Hameed	Leeds City AC	11.6	
5	2	Shane King	Bolton Utd Harriers	11.4			5	33	Marc Suggitt	Gateshead Harriers	11.6	
6	1	Wayne Ellwood	Blackpool & Fylde AC	11.5			6	22	Omar Miah	Bolton Utd Harriers	11.9	
7	5	Glynn Burgess	Rotherham Harriers	12.1			7	55	Lee Harwood	Rotherham Harriers	12.5	
Men's 200m A				Wind= +4.2 m/s			Men's 200m B				Wind= +2.3 m/s	
1	6	Daniel Money	Sale Harriers Manchester	21.6	<input checked="" type="checkbox"/>		1	66	Yusupha Bojan	Sale Harriers Manchester	22.0	<input checked="" type="checkbox"/>
2	3	Liam Collins	Gateshead Harriers	21.9	<input checked="" type="checkbox"/>		2	11	Lee Barnes	Blackpool & Fylde AC	22.9	<input checked="" type="checkbox"/>
3	7	John Uridge	Wakefield H	22.9	<input checked="" type="checkbox"/>		3	33	Craig Crawford Glanville	Gateshead Harriers	23.1	
4	2	Shane King	Bolton Utd Harriers	22.9	<input checked="" type="checkbox"/>		4	77	Richard Higson-Blyth	Wakefield H	23.4	
5	1	Wayne Ellwood	Blackpool & Fylde AC	23.0	<input checked="" type="checkbox"/>		5	44	Matt Hudson	Leeds City AC	23.7	
6	5	Glynn Burgess	Rotherham Harriers	24.3			6	55	Lee Harwood	Rotherham Harriers	24.5	
7	4	Ben Craddock	Leeds City AC	25.5			7	22	Omar Miah	Bolton Utd Harriers	25.1	
Men's 400m A							Men's 400m B					
1	4	Richard Strachan	Leeds City AC	48.4	<input checked="" type="checkbox"/>		1	33	Ben Walpole	Gateshead Harriers	51.0	<input checked="" type="checkbox"/>
2	1	Brent Starkie	Blackpool & Fylde AC	49.5	<input checked="" type="checkbox"/>		2	66	Adam Bellis	Sale Harriers Manchester	51.5	
3	5	Dave Scholey	Rotherham Harriers	49.6	<input checked="" type="checkbox"/>		3	77	Mark Gilmer	Wakefield H	52.3	
4	6	Andy Wilkinson	Sale Harriers Manchester	49.7	<input checked="" type="checkbox"/>		4	11	Daniel Hayes	Blackpool & Fylde AC	52.9	
5	3	Tom Patton	Gateshead Harriers	50.8	<input checked="" type="checkbox"/>		5	44	Steve O'Neill	Leeds City AC	53.3	
6	7	Lewis Tatt	Wakefield H	52.9			6	55	Martyn Boner	Rotherham Harriers	54.1	
7	2	Chris Eckersley	Bolton Utd Harriers	54.1			7	22	Richard Cornwell	Bolton Utd Harriers	54.2	
Men's 800m A							Men's 800m B					
1	1	Daniel Hayes	Blackpool & Fylde AC	01:57.1	<input checked="" type="checkbox"/>		1	44	Steve O'Neill	Leeds City AC	02:00.0	<input checked="" type="checkbox"/>
2	2	Chris Iddon	Bolton Utd Harriers	01:57.5	<input checked="" type="checkbox"/>		2	66	James Phillipson	Sale Harriers Manchester	02:00.5	
3	3	Steve Horne	Gateshead Harriers	01:57.9	<input checked="" type="checkbox"/>		3	11	Paul Johnston	Blackpool & Fylde AC	02:01.8	
4	6	Grant Cuddy	Sale Harriers Manchester	01:58.0	<input checked="" type="checkbox"/>		4	22	Chris Eckersley	Bolton Utd Harriers	02:02.6	
5	4	Ben Craddock	Leeds City AC	01:58.8	<input checked="" type="checkbox"/>		5	55	Rob Spencer	Rotherham Harriers	02:02.6	
6	7	Nathan Elliott	Wakefield H	01:59.4	<input checked="" type="checkbox"/>		6	77	Craig Heppenstall	Wakefield H	02:05.0	
7	5	Martyn Boner	Rotherham Harriers	02:02.5			7					
Men's 1500m A							Men's 1500m B					
1	1	Jonathan Prowse	Blackpool & Fylde AC	04:02.5	<input checked="" type="checkbox"/>		1	4	Mike Burrett	Leeds City AC	04:11.8	
2	3	Marc Elliott	Gateshead Harriers	04:07.6	<input checked="" type="checkbox"/>		2	22	Ian Bowles	Bolton Utd Harriers	04:15.5	
3	2	Chris Iddon	Bolton Utd Harriers	04:08.6			3	33	Jon Archer	Gateshead Harriers	04:16.2	
4	44	Russ England	Leeds City AC	04:09.0			4	11	Tom Cunningham	Blackpool & Fylde AC	04:18.9	
5	66	Nigel Malkin	Sale Harriers Manchester	04:10.4			5	77	Chris Price	Wakefield H	04:26.3	
6	7	Nathan Elliott	Wakefield H	04:11.4			6	55	Lea Johnson	Rotherham Harriers	04:55.6	
7	5	Rob Spencer	Rotherham Harriers	04:48.8			7	6	Andrew Blair	Sale Harriers Manchester	DNF	
Men's 3000m S/Chase A							Men's 3000m S/Chase B					
1	4	Martin Roscoe	Leeds City AC	09:25.5	<input checked="" type="checkbox"/>		1	44	Andy Beevers	Leeds City AC	09:31.3	<input checked="" type="checkbox"/>
2	6	Robert Flannery	Sale Harriers Manchester	09:47.7	<input checked="" type="checkbox"/>		2	22	Gary Counsell	Bolton Utd Harriers	10:21.2	
3	2	Ian Bowles	Bolton Utd Harriers	10:15.9			3	55	Steve Phillips	Rotherham Harriers	11:41.2	
4	1	Eddie Broome	Blackpool & Fylde AC	10:40.0			4	11	James Unsworth	Blackpool & Fylde AC	12:15.2	
5	5	Lea Johnson	Rotherham Harriers	11:41.2			5	66	Danny Gray	Sale Harriers Manchester	12:46.0	
6							6					
7							7					



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1 May 2005

				Records	Wind	Athletics W					Records	Wind	Athletics W
				Perf							Perf		
Men's 5000m A							Men's 5000m B						
1	4	David Webb	Leeds City AC	15:10.5		☑	1	44	Martin Hilton	Leeds City AC	15:46.7		☑
2	2	Dave Ricketts	Bolton Utd Harriers	15:15.0		☑	2	22	Andrew Parker	Bolton Utd Harriers	16:13.9		☑
3	6	Simon Mills	Sale Harriers Manchester	15:34.4		☑	3	66	Goerge Kirk	Sale Harriers Manchester	16:19.6		☑
4	5	Philip Hoole	Rotherham Harriers	16:02.5		☑	4	1	Michael Paddon	Blackpool & Fylde AC	16:32.4		
5	33	Peter Embleton	Gateshead Harriers	16:17.4		☑	5	3	Phil Branston	Gateshead Harriers	16:41.7		
6	11	Stuart Robinson	Blackpool & Fylde AC	16:27.7		☑	6	7	Tony White	Wakefield H	18:13.7		
7	77	Craig Heppenstall	Wakefield H	17:13.9			7	55	Steve Phillips	Rotherham Harriers	19:28.7		
Men's 400m Hurdles A							Men's 400m Hurdles B						
1	3	Liam Collins	Gateshead Harriers	51.9		☑	1	44	Russ England	Leeds City AC	59.9		
2	4	Matt Hudson	Leeds City AC	58.4			2	22	Chris Perrey	Bolton Utd Harriers	60.4		
3	2	Richard Cornwell	Bolton Utd Harriers	61.3			3	77	Raymond Ndengaya	Wakefield H	62.6		
4	1	James Slater	Blackpool & Fylde AC	61.9			4	66	Andrew Webster	Sale Harriers Manchester	63.9		
5	6	Darren O'Dea	Sale Harriers Manchester	62.3			5	11	Eddie Broome	Blackpool & Fylde AC	64.5		
6	5	Scott Harwood	Rotherham Harriers	62.9			6	55	Lee Kaighin	Rotherham Harriers	65.5		
7	7	John Paul Dales	Wakefield H	66.2			7						
Men's 110m Hurdles A							Men's 110m Hurdles B						
				Wind=	+2.3 m/s						Wind=	+2.5 m/s	
1	6	Franklyn Opara	Sale Harriers Manchester	15.2		☑	1	44	Andrew Staniland	Leeds City AC	16.3		
2	4	Matt Hudson	Leeds City AC	15.3		☑	2	77	Mark Smith	Wakefield H	17.1		
3	2	Colin Bailey	Bolton Utd Harriers	16.5			3	11	Eddie Broome	Blackpool & Fylde AC	20.6		
4	1	Gareth Lapsins	Blackpool & Fylde AC	17.1			4	55	Adam Booth	Rotherham Harriers	21.6		
5	7	Rob Lee	Wakefield H	17.3			5	22	Richard Harris	Bolton Utd Harriers	22.4		
6	5	Lee Kaighin	Rotherham Harriers	19.6			6						
7							7	66	Mathew Cullen	Sale Harriers Manchester	Disq		
Men's Hammer A							Men's Hammer B						
1	6	Mike Floyd	Sale Harriers Manchester	64.77		☑	1	3	David Maggs	Gateshead Harriers	36.76		
2	4	Mark Gulliver	Leeds City AC	50.97		☑	2	22	Terry Lalley	Bolton Utd Harriers	33.93		
3	2	Simon Bissell	Bolton Utd Harriers	46.73		☑	3	5	Owen Thomas	Rotherham Harriers	32.05		
4	33	Sean Hudson	Gateshead Harriers	37.34			4	1	Shane Ellershaw	Blackpool & Fylde AC	28.88		
5	11	Syd Bashforth	Blackpool & Fylde AC	33.59			5	77	Paul Sutcliffe	Wakefield H	25.35		
6	7	Richard Gayle	Wakefield H	32.56			6	66	Berrisford Edwards	Sale Harriers Manchester	14.24		
7	55	Rob Wilkinson	Rotherham Harriers	32.19			7	44	John Lunn	Leeds City AC	14.13		
Men's Discus A							Men's Discus B						
1	3	Craig Sturrock	Gateshead Harriers	39.26		☑	1	22	Terry Lalley	Bolton Utd Harriers	32.49		
2	2	Simon Bissell	Bolton Utd Harriers	38.19		☑	2	7	Darren Thomas	Wakefield H	32.06		
3	1	Grant Myerscough	Blackpool & Fylde AC	37.09		☑	3	33	David Bolam	Gateshead Harriers	31.20		
4	77	Paul Sutcliffe	Wakefield H	34.57			4	66	Berrisford Edwards	Sale Harriers Manchester	31.16		
5	6	Franklyn Opara	Sale Harriers Manchester	32.42			5	11	Dave Mysercough	Blackpool & Fylde AC	27.62		
6	55	Rob Wilkinson	Rotherham Harriers	30.51			6	5	Owen Thomas	Rotherham Harriers	27.18		
7	44	Matt Hudson	Leeds City AC	27.90			7						



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				Records	Wind	Athletics W					Records	Wind	Athletics W
				Perf							Perf		
<u>Men's Javelin A</u>							<u>Men's Javelin B</u>						
1	3	Ian Burns	Gateshead Harriers	59.82		<input checked="" type="checkbox"/>	1	77	John Bryson	Wakefield H	41.16		
2	4	Andrew Staniland	Leeds City AC	54.00		<input checked="" type="checkbox"/>	2	22	Richard Harris	Bolton Utd Harriers	35.51		
3	5	Gregg Markham	Rotherham Harriers	52.79		<input checked="" type="checkbox"/>	3	33	Sean Hudson	Gateshead Harriers	33.56		
4	6	Mathew Bruton	Sale Harriers Manchester	48.68			4	44	Gary Walker	Leeds City AC	31.62		
5	2	Colin Bailey	Bolton Utd Harriers	44.23			5	1	James Slater	Blackpool & Fylde AC	31.12		
6	7	Mark Smith	Wakefield H	41.49			6	55	Rob Wilkinson	Rotherham Harriers	30.49		
7	11	Gareth Lapsins	Blackpool & Fylde AC	31.36			7	66	Mathew Cullen	Sale Harriers Manchester	27.89		
<u>Men's Shot Putt A</u>							<u>Men's Shot Putt B</u>						
1	6	John Nicholls	Sale Harriers Manchester	15.27		<input checked="" type="checkbox"/>	1	2	Simon Bissell	Bolton Utd Harriers	11.70		
2	3	Craig Sturrock	Gateshead Harriers	14.27		<input checked="" type="checkbox"/>	2	4	Mark Gulliver	Leeds City AC	11.59		
3	1	Grant Myerscough	Blackpool & Fylde AC	13.16		<input checked="" type="checkbox"/>	3	66	Berrisford Edwards	Sale Harriers Manchester	10.67		
4	22	Richard Harris	Bolton Utd Harriers	11.83			4	11	Dave Mysercough	Blackpool & Fylde AC	9.92		
5	44	Andrew Staniland	Leeds City AC	11.66			5	77	Paul Sutcliffe	Wakefield H	9.92		
6	7	Darren Thomas	Wakefield H	10.60			6	33	Sean Hudson	Gateshead Harriers	7.95		
7	55	Rob Wilkinson	Rotherham Harriers	7.98			7						
<u>Men's Long Jump A</u>							<u>Men's Long Jump B</u>						
1	4	Andrew Staniland	Leeds City AC	7.09	0	<input checked="" type="checkbox"/>	1	44	Matt Barton	Leeds City AC	6.74	0	<input checked="" type="checkbox"/>
2	7	John Fletcher	Wakefield H	6.68	0	<input checked="" type="checkbox"/>	2	2	Shane King	Bolton Utd Harriers	6.12	0	
3	22	Colin Bailey	Bolton Utd Harriers	6.25	0		3	33	Craig Crawford Glanville	Gateshead Harriers	5.80	0	
4	3	Chris Jefferson	Gateshead Harriers	6.17	0		4	11	Max Eaves	Blackpool & Fylde AC	5.45	0	
5	5	Scott Harwood	Rotherham Harriers	6.09	0		5	55	Glynn Burgess	Rotherham Harriers	5.40	0	
6	1	Simon Wells	Blackpool & Fylde AC	5.87	0		6	6	Andrew Webster	Sale Harriers Manchester	5.28	0	
7	66	Mathew Cullen	Sale Harriers Manchester	5.42	0		7	77	Rob Lee	Wakefield H	4.67	0	
<u>Men's Triple Jump A</u>							<u>Men's Triple Jump B</u>						
1	44	Matt Barton	Leeds City AC	14.60	0	<input checked="" type="checkbox"/>	1	4	Jacob Brown	Leeds City AC	13.59	0	<input checked="" type="checkbox"/>
2	3	Chris Jefferson	Gateshead Harriers	13.17	0	<input checked="" type="checkbox"/>	2	66	Alex Doherty	Sale Harriers Manchester	11.81	0	
3	7	Rob Lee	Wakefield H	13.08	0	<input checked="" type="checkbox"/>	3	77	Shane Thomas	Wakefield H	11.61	0	
4	6	Andrew Webster	Sale Harriers Manchester	12.39	0		4	2	Brian Hall	Bolton Utd Harriers	11.50	0	
5	22	Colin Bailey	Bolton Utd Harriers	12.13	0		5	5	Tom Sharpe	Rotherham Harriers	10.26	0	
6	1	Simon Wells	Blackpool & Fylde AC	11.63	0		6	11	James Unsworth	Blackpool & Fylde AC	9.31	0	
7	55	Lee Kaighin	Rotherham Harriers	10.95	0		7						
<u>Men's High Jump A</u>							<u>Men's High Jump B</u>						
1	2	Brian Hall	Bolton Utd Harriers	2.00		<input checked="" type="checkbox"/>	1	22	Colin Bailey	Bolton Utd Harriers	1.85		
2	6	David Etheridge	Sale Harriers Manchester	1.90		<input checked="" type="checkbox"/>	2	1	James Slater	Blackpool & Fylde AC	1.80		
3	11	Gareth Lapsins	Blackpool & Fylde AC	1.90		<input checked="" type="checkbox"/>	3	77	Mark Smith	Wakefield H	1.80		
4	3	Chris Jefferson	Gateshead Harriers	1.75			4	66	Franklyn Opara	Sale Harriers Manchester	1.70		
5	5	Tom Sharpe	Rotherham Harriers	1.60			5	55	Adam Booth	Rotherham Harriers	1.60		
6	4	Umar Hameed	Leeds City AC	1.60									



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Men's Pole Vault A

	Perf	Records	Wind	Athletics W	
1	1	Gareth Lapsins	Blackpool & Fylde AC	4.20	<input checked="" type="checkbox"/>
2	66	Alex Doherty	Sale Harriers Manchester	4.10	<input checked="" type="checkbox"/>
3	3	Ross Dixon	Gateshead Harriers	3.70	<input checked="" type="checkbox"/>
4	2	Colin Bailey	Bolton Utd Harriers	3.40	
5	4	Tom Wagner	Leeds City AC	3.20	
6	7	Gary Walker	Wakefield H	3.00	
7	5	Adam Booth	Rotherham Harriers	2.10	

Men's Pole Vault B

	Perf	Records	Wind	Athletics W	
1	6	Robert Proctor	Sale Harriers Manchester	3.80	<input checked="" type="checkbox"/>
2	33	James Stacey	Gateshead Harriers	3.40	
3	77	Darren Thomas	Wakefield H	2.80	
4	44	Gary Walker	Leeds City AC	2.40	
5=	22	Shaun O'Donnell	Bolton Utd Harriers	2.10	
5=	55	Scott Harwood	Rotherham Harriers	2.10	

Men's 4x100m Relay

	Perf	Records	Wind	Athletics W	
1	6	Sale Harriers Manchester	Yusupha Bojang Adam Bellis Andy Parker Umar Hameed	43.7	<input checked="" type="checkbox"/>
2	4	Leeds City AC	Matt Barton Jacob Brown	43.9	<input checked="" type="checkbox"/>
3	3	Gateshead Harriers	Ashley Noble Ben Walpole	45.1	
4	1	Blackpool & Fylde AC	Kevin Sergeant James Slater	45.5	
5	2	Bolton Utd Harriers	Omar Miah Chris Eckersley	46.0	
6	5	Rotherham Harriers	Dave Scholey Lee Harwood	47.1	
7					

Men's 4x400m Relay

	Perf	Records	Wind	Athletics W	
1	3	Gateshead Harriers	Marc Elliott Ben Walpole	03:25.8	<input checked="" type="checkbox"/>
2	4	Leeds City AC	Ben Craddock Russ England	03:27.0	
3	6	Sale Harriers Manchester	Andy Wilkinson Andrew Blair	03:28.5	
4	2	Bolton Utd Harriers	Chris Eckersley Chris Iddon	03:31.8	
5	5	Rotherham Harriers	Glynn Burgess Martyn Boner	03:36.1	
6	7	Wakefield H	Mark Gilmer Jean Paul Dales	03:42.5	
7	1	Blackpool & Fylde AC	Paul Johnson Simon Wells	03:43.4	

MATCH RESULT	League Points	Match
1	SALE	7 499.0
2	LEEDS	6 420.0
3	W'FIELD	5 377.0
4	BOLTON	4 368.0
5	B'POOL	3 349.0
6	GATES	2 315.0
7	R'HAM	1 300.0

STANDINGS	League Points	Match
1	SALE	7 499.0
2	LEEDS	6 420.0
3	W'FIELD	5 377.0
4	BOLTON	4 368.0
5	B'POOL	3 349.0
6	GATES	2 315.0
7	R'HAM	1 300.0

Men's 100m Non Scoring

	Perf	Records	Wind	Athletics W	
1	3	Yusupha Bojang	Sale Harriers Manchester	10.8	<input checked="" type="checkbox"/>
2	5	Andy Parker	Sale Harriers Manchester	11.3	<input checked="" type="checkbox"/>
3	12	Mark Gilmer	Sale Harriers Manchester	11.6	
4	6	Steve Thorpe	Sale Harriers Manchester	11.7	
5	2	John Paul Dales	Sale Harriers Manchester	11.9	
6	1	Gareth Hepworth	Sale Harriers Manchester	12.7	
7					
8					

Men's 100m Non Scoring

	Perf	Records	Wind	Athletics W	
1	11	lewis Tatt	Sale Harriers Manchester	11.6	
2	8	Jon Moss	Sale Harriers Manchester	11.7	
3	4	Kevin Sergeant	Sale Harriers Manchester	11.9	
4	7	Mark Keller	Sale Harriers Manchester	13.3	
5					
6					
7					
8					



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			Perf	Records	Wind	Athletics W
Women's 100m A		Wind=	+2.7 m/s			
1	1	Victoria Shier	Blackpool & Fylde AC	11.9		☑
2	6	Lucy Evans	Sale Harriers Manchester	12.1		☑
3	3	Vicky Carmichael	Gateshead Harriers	12.5		☑
4	4	Narna Adusei	Leeds City AC	12.8		☑
5	7	Fiona Thomas	Wakefield H	13.0		☑
6	2	Fiona Jones	Bolton Utd Harriers	13.7		
7	5	Helen White	Rotherham Harriers	13.8		

			Perf	Records	Wind	Athletics W
Women's 100m B		Wind=	+2.9 m/s			
1	77	Amy Wilson	Wakefield H	12.7		☑
2	33	Carly Jones	Gateshead Harriers	12.8		☑
3	11	Rochelle Hearsom	Blackpool & Fylde AC	12.9		☑
4	66	Danielle Parkinson	Sale Harriers Manchester	12.9		☑
5	44	Joanne Westerman	Leeds City AC	13.3		
6	22	Rebecca O'Keeffe	Bolton Utd Harriers	13.3		
7						

			Perf	Records	Wind	Athletics W
Women's 200m A		Wind=	+3.1 m/s			
1	1	Victoria Shier	Blackpool & Fylde AC	24.3		☑
2	6	Lucy Evans	Sale Harriers Manchester	24.9		☑
3	3	Vicky Carmichael	Gateshead Harriers	25.6		☑
4	2	Sam Aspen	Bolton Utd Harriers	26.2		☑
5	4	Narna Adusei	Leeds City AC	26.6		☑
6	7	Tracy Hilton	Wakefield H	26.9		☑
7	5	Anabelle Grady	Rotherham Harriers	28.4		

			Perf	Records	Wind	Athletics W
Women's 200m B		Wind=	+4.3 m/s			
1	66	Joanna Birch	Sale Harriers Manchester	26.3		☑
2	33	Nicci Youden	Gateshead Harriers	26.5		☑
3	77	Laura Robinson	Wakefield H	26.9		☑
4	44	Joanne Westerman	Leeds City AC	27.4		
5	11	Danielle Eastwood	Blackpool & Fylde AC	27.5		
6	22	Fiona Jones	Bolton Utd Harriers	27.9		
7	55	Lindsay Clark	Rotherham Harriers	28.3		

			Perf	Records	Wind	Athletics W
Women's 400m A						
1	6	Ruth Watson	Sale Harriers Manchester	58.5		☑
2	7	Amy Wilson	Wakefield H	59.5		☑
3	2	Sam Aspen	Bolton Utd Harriers	60.3		☑
4	4	Clare Craddock	Leeds City AC	61.6		☑
5	1	Kathryn Maunders	Blackpool & Fylde AC	63.7		
6	5	Sarah Barnes	Rotherham Harriers	66.5		
7						

			Perf	Records	Wind	Athletics W
Women's 400m B						
1	77	Claire Sykes	Wakefield H	60.2		☑
2	66	Victoria Owen	Sale Harriers Manchester	62.2		
3	22	Kate Eckersley	Bolton Utd Harriers	63.0		
4	55	Laura Sanderson	Rotherham Harriers	64.2		
5	44	Lorna Young	Leeds City AC	66.3		
6	11	Shayla Johnston	Blackpool & Fylde AC	68.7		
7						

			Perf	Records	Wind	Athletics W
Women's 800m A						
1	4	Becky Townsend	Leeds City AC	02:14.2		☑
2	6	Victoria Owen	Sale Harriers Manchester	02:16.6		☑
3	1	Kathryn Maunders	Blackpool & Fylde AC	02:19.1		☑
4	5	Lyndsay Clarke	Rotherham Harriers	02:21.4		☑
5	2	Rachel Pounds	Bolton Utd Harriers	02:22.7		☑
6	7	Kelly Johnson	Wakefield H	02:24.0		☑
7	3	Helen Patton	Gateshead Harriers	02:24.4		☑

			Perf	Records	Wind	Athletics W
Women's 800m B						
1	66	Ruth Watson	Sale Harriers Manchester	02:14.8		☑
2	55	Jessica Fawcett	Rotherham Harriers	02:25.7		
3	44	Bethany Staniland	Leeds City AC	02:26.3		
4	22	Liz Holt	Bolton Utd Harriers	02:31.9		
5	11	Anastasia Bligh	Blackpool & Fylde AC	02:34.9		
6	77	Amy Ridsdale	Wakefield H	03:34.9		
7						

			Perf	Records	Wind	Athletics W
Women's 1500m A						
1	6	Donna Riding	Sale Harriers Manchester	04:38.5		☑
2	5	Jade Allen	Rotherham Harriers	04:51.1		☑
3	77	Julie O'Mara	Wakefield H	04:55.3		☑
4	44	Lorna Young	Leeds City AC	05:01.1		
5	1	Gemma Titterington	Blackpool & Fylde AC	05:03.1		
6	3	Sally Youden	Gateshead Harriers	05:05.1		
7	22	Lindsay Jones	Bolton Utd Harriers	05:38.9		

			Perf	Records	Wind	Athletics W
Women's 1500m B						
1	66	Rachel Deegan	Sale Harriers Manchester	04:48.6		☑
2	7	Helen Singleton	Wakefield H	04:58.0		☑
3	55	Leanne Waddington	Rotherham Harriers	05:01.2		
4	11	Anastasia Bligh	Blackpool & Fylde AC	05:22.8		
5	2	Bev Jenkins	Bolton Utd Harriers	06:04.3		
6						
7						



Division 1 Match 1 - Sports City, Manchester

1 May 2005

Women's 3000m A

	Perf	Records	Wind	Athletics W	
1	2	Bev Jenkins	Bolton Utd Harriers	09:59.9	<input checked="" type="checkbox"/>
2	7	Julie O'Mara	Wakefield H	10:10.9	<input checked="" type="checkbox"/>
3	55	Vicky France	Rotherham Harriers	10:33.0	<input checked="" type="checkbox"/>
4	11	Gemma Titterington	Blackpool & Fylde AC	10:34.8	<input checked="" type="checkbox"/>
5	6	Jena Hill	Sale Harriers Manchester	10:47.1	<input checked="" type="checkbox"/>
6	4	Veronique Marot	Leeds City AC	11:11.7	
7	3	Vikki Bennett	Gateshead Harriers	11:28.6	

Women's 3000m B

	Perf	Wind	Athletics W		
1	5	Natalie Grant	Rotherham Harriers	10:43.1	<input checked="" type="checkbox"/>
2	77	Sharon Marshall	Wakefield H	11:01.6	
3	22	Kate Smith	Bolton Utd Harriers	11:03.0	
4	66	Danika Puzinowski	Sale Harriers Manchester	11:03.2	
5	1	Carolyn Robbins	Blackpool & Fylde AC	11:05.3	
6	44	Fay Lebeter	Leeds City AC	13:00.3	
7					

Women's 400m Hurdles A

1	6	Laura Siddall	Sale Harriers Manchester	63.2	<input checked="" type="checkbox"/>
2	7	Tracy Hilton	Wakefield H	64.9	<input checked="" type="checkbox"/>
3	4	Kirsty Parr	Leeds City AC	70.7	
4	1	Gemma Barr	Blackpool & Fylde AC	72.0	
5	2	Ilse Hemming	Bolton Utd Harriers	89.7	
6					
7					

Women's 400m Hurdles B

1	77	Alison Hackney	Wakefield H	67.7	<input checked="" type="checkbox"/>
2	66	Victoria Utley	Sale Harriers Manchester	74.6	
3	22	Kate Smith	Bolton Utd Harriers	143.6	
4					
5					
6					
7					

Women's 100m Hurdles A

Wind= +4.6 m/s

1	6	Grace Smith	Sale Harriers Manchester	14.8	<input checked="" type="checkbox"/>
2	4	Kirsty Parr	Leeds City AC	14.8	<input checked="" type="checkbox"/>
3	3	Anastasia Dopierala	Gateshead Harriers	15.6	<input checked="" type="checkbox"/>
4	7	Alison Hackney	Wakefield H	17.6	
5	2	Ilse Hemming	Bolton Utd Harriers	22.0	
6					
7					

Women's 100m Hurdles B

Wind= +3.4 m/s

1	66	Katia Lannon	Sale Harriers Manchester	14.8	<input checked="" type="checkbox"/>
2	44	Emma Moutrik	Leeds City AC	15.5	<input checked="" type="checkbox"/>
3	77	Tracy Hilton	Wakefield H	17.7	
4					
5					
6					
7					

Women's Hammer A

1	6	Laura Douglas	Sale Harriers Manchester	59.13	LR	<input checked="" type="checkbox"/>
2	3	Lisa-Marie Shippen	Gateshead Harriers	42.30		<input checked="" type="checkbox"/>
3	5	Stacey Lebond	Rotherham Harriers	33.49		<input checked="" type="checkbox"/>
4	77	Ruth Wilsher	Wakefield H	28.25		
5	2	Alison Hall	Bolton Utd Harriers	26.15		
6	1	Amie Hearsum	Blackpool & Fylde AC	20.97		
7	4	Rosalind Evenden	Leeds City AC	12.95		

Women's Hammer B

1	66	Sarah Holt	Sale Harriers Manchester	47.07		<input checked="" type="checkbox"/>
2	33	Leah Weatheritt	Gateshead Harriers	39.23		<input checked="" type="checkbox"/>
3	55	Helen White	Rotherham Harriers	29.80		
4	22	Jemima Hall	Bolton Utd Harriers	24.58		
5	11	Sylvia Hayes	Blackpool & Fylde AC	20.43		
6	44	Joanne Westerman	Leeds City AC	3.50		
7						

Women's Discus A

1	1	Kara Nwidobie	Blackpool & Fylde AC	52.62	LR	<input checked="" type="checkbox"/>
2	6	Donna Williams	Sale Harriers Manchester	38.49		<input checked="" type="checkbox"/>
3	3	Sarah Dodd	Gateshead Harriers	34.49		<input checked="" type="checkbox"/>
4	4	Bethany Staniland	Leeds City AC	34.08		<input checked="" type="checkbox"/>
5	5	Lizzie Maher	Rotherham Harriers	32.98		<input checked="" type="checkbox"/>
6	7	Hayley Whyke	Wakefield H	32.17		<input checked="" type="checkbox"/>
7	2	Jemima Hall	Bolton Utd Harriers	27.36		

Women's Discus B

1	55	Helen White	Rotherham Harriers	27.35		
2	33	Lisa-Marie Shippen	Gateshead Harriers	27.30		
3	11	Aime Hearsum	Blackpool & Fylde AC	24.94		
4	77	Amy Ridsdale	Wakefield H	23.57		
5	22	Naomi Hall	Bolton Utd Harriers	19.38		
6	44	Rosalind Evenden	Leeds City AC	17.00		
7						



Division 1 Match 1 - Sports City, Manchester

1 May 2005

Women's Javelin A

	Perf	Records	Wind	Athletics W	
1	6	Esther Buchor	Sale Harriers Manchester	35.36	<input checked="" type="checkbox"/>
2	4	Bethany Staniland	Leeds City AC	34.20	<input checked="" type="checkbox"/>
3	3	Leah Weatheritt	Gateshead Harriers	29.36	
4	7	Jessica Falcus	Wakefield H	29.05	
5	5	Stacey Lebond	Rotherham Harriers	24.17	
6	2	Naomi Hall	Bolton Utd Harriers	23.19	
7					

Women's Javelin B

	Perf	Wind	Athletics W		
1	66	Rebecca Richardson	Sale Harriers Manchester	28.70	
2	55	Laura Booth	Rotherham Harriers	21.47	
3	77	Vikki Mills	Wakefield H	19.63	
4	22	Ilse Hemming	Bolton Utd Harriers	18.49	
5	33	Lisa-Marie Shippen	Gateshead Harriers	15.70	
6					
7					

Women's Shot Putt A

	Perf	Records	Wind	Athletics W	
1	6	Donna Williams	Sale Harriers Manchester	12.10	<input checked="" type="checkbox"/>
2	5	Laura Booth	Rotherham Harriers	11.62	<input checked="" type="checkbox"/>
3	4	Bethany Staniland	Leeds City AC	11.40	<input checked="" type="checkbox"/>
4	33	Leah Weatheritt	Gateshead Harriers	11.13	<input checked="" type="checkbox"/>
5	7	Fiona Thomas	Wakefield H	10.63	<input checked="" type="checkbox"/>
6	1	Aime Hearsum	Blackpool & Fylde AC	8.49	
7	22	Naomi Hall	Bolton Utd Harriers	7.95	

Women's Shot Putt B

	Perf	Wind	Athletics W		
1	3	Vicky Young	Gateshead Harriers	10.27	<input checked="" type="checkbox"/>
2	44	Kirsty Parr	Leeds City AC	9.39	
3	55	Lizze Maher	Rotherham Harriers	9.24	
4	77	Amy Ridsdale	Wakefield H	9.00	
5	66	Katia Lannon	Sale Harriers Manchester	8.93	
6	2	Jemima Hall	Bolton Utd Harriers	7.40	
7					

Women's Long Jump A

	Perf	Records	Wind	Athletics W	
1	66	Katia Lannon	Sale Harriers Manchester	5.43	0 <input checked="" type="checkbox"/>
2	4	Kirsty Parr	Leeds City AC	5.28	0 <input checked="" type="checkbox"/>
3	7	Jessica Wilson	Wakefield H	5.18	0 <input checked="" type="checkbox"/>
4	1	Sarah Lawrenson	Blackpool & Fylde AC	4.60	0
5	5	Anabelle Grady	Rotherham Harriers	4.57	0
6	22	Ilse Hemming	Bolton Utd Harriers	3.95	0
7					

Women's Long Jump B

	Perf	Wind	Athletics W		
1	6	Danielle Parkinson	Sale Harriers Manchester	5.16	0 <input checked="" type="checkbox"/>
2	44	Sheryl Punter	Leeds City AC	4.89	0
3	77	Lynsie Whyke	Wakefield H	4.60	0
4	55	Helen White	Rotherham Harriers	4.21	0
5	11	Danielle Eastwood	Blackpool & Fylde AC	4.00	0
6	2	Rebecca O'Keeffe	Bolton Utd Harriers	3.20	0
7					

Women's Triple Jump A

	Perf	Records	Wind	Athletics W	
1	44	Hannah Francis-Smithson	Leeds City AC	11.36	0 <input checked="" type="checkbox"/>
2	6	Joanna Birch	Sale Harriers Manchester	11.05	0 <input checked="" type="checkbox"/>
3	7	Lynsie Whyke	Wakefield H	10.51	0 <input checked="" type="checkbox"/>
4	1	Rochelle Hearsum	Blackpool & Fylde AC	8.70	0
5	55	Lizze Maher	Rotherham Harriers	8.42	0
6	2	Ilse Hemming	Bolton Utd Harriers	8.21	0
7					

Women's Triple Jump B

	Perf	Wind	Athletics W		
1	4	Melissa Karatas	Leeds City AC	9.21	0
2	66	Lindsay Johnson	Sale Harriers Manchester	8.71	0
3	77	Laura Teasdale	Wakefield H	8.67	0
4	5	Jenny Cuthbertson	Rotherham Harriers	7.70	0
5					
6					
7					

Women's High Jump A

	Perf	Records	Wind	Athletics W	
1	1	Sarah Lawrenson	Blackpool & Fylde AC	1.70	<input checked="" type="checkbox"/>
2	77	Laura Jarvis	Wakefield H	1.60	<input checked="" type="checkbox"/>
3	4	Laura Fleming	Leeds City AC	1.55	<input checked="" type="checkbox"/>
4	5	Anabelle Grady	Rotherham Harriers	1.50	
5	66	Rebecca Richardson	Sale Harriers Manchester	1.50	
6	2	Mel McCoy	Bolton Utd Harriers	1.25	

Women's High Jump B

	Perf	Wind	Athletics W		
1	7	Tiffany Lyons	Wakefield H	1.55	<input checked="" type="checkbox"/>
2	44	Hannah Francis-Smithson	Leeds City AC	1.50	
3	11	Danielle Eastwood	Blackpool & Fylde AC	1.40	
4	6	Vicky Utley	Sale Harriers Manchester	1.35	
5=	55	Lizze Maher	Rotherham Harriers	1.15	
5=	22	Rachel Pounds	Bolton Utd Harriers	1.15	



Division 1 Match 1 - Sports City, Manchester

1 May 2005

Women's Pole Vault A

	Perf	Records	Wind	Athletics W
1 6 Kimberley Smith	Sale Harriers Manchester	3.30		<input checked="" type="checkbox"/>
2 7 Caroline Nutt	Wakefield H	3.20		<input checked="" type="checkbox"/>
3 2 Mel McCoy	Bolton Utd Harriers	2.80		<input checked="" type="checkbox"/>
4 5 Jenny Cuthbertson	Rotherham Harriers	2.70		<input checked="" type="checkbox"/>
5 1 Elena Minguo	Blackpool & Fylde AC	2.30		<input checked="" type="checkbox"/>

Women's Pole Vault B

	Perf	Wind	Athletics W
1 66 Lindsay Johnson	Sale Harriers Manchester	2.50	<input checked="" type="checkbox"/>
2 77 Hayley Whyke	Wakefield H	2.20	

Women's 4x100m Relay

1 6 Sale Harriers Manchester	Katia Lannon	Joanna Birch	Danielle Parkinson	Lucy Evans	49.1	<input checked="" type="checkbox"/>
2 1 Blackpool & Fylde AC	Rochelle Hearsum	Leigh Newton	Vicky Shier	Danielle Eastwood	50.7	<input checked="" type="checkbox"/>
3 4 Leeds City AC	Narna Adusei	Hannah Francis-Smithson	Joanne Westerman	Emma Moutrie	51.0	<input checked="" type="checkbox"/>
4 7 Wakefield H	Fiona Thomas	Laura Robinson	Jessica Wilson	Amy Wilson	51.4	<input checked="" type="checkbox"/>
5 2 Bolton Utd Harriers	Sam Aspen	Fiona Jones	Rebecca O'Keeffe	Kate Eckersley	52.8	
6 5 Rotherham Harriers	Helen White	Jessica Fawcett	Laura Sanderson	Sarah Barnes	56.1	
7 3 Gateshead Harriers	Carly Jones	Nicci Youden	Vicky Wester	Vicky Carmichael	Disq	

Women's 4x400m Relay

1 6 Sale Harriers Manchester	Katia Lannon	Victoria Owen	Laura Siddall	Ruth Watson	03:58.0	<input checked="" type="checkbox"/>
2 7 Wakefield H	Claire Sykes	Kelly Johnson	Alison Hackney	Helen Singleton	04:06.3	<input checked="" type="checkbox"/>
3 3 Gateshead Harriers	Helen Patton	Sally Youden	Vicky Wester	Nicci Youden	04:09.1	<input checked="" type="checkbox"/>
4 5 Rotherham Harriers	Natalie Grant	Jade Allen	Lyndsay Clarke	Anabelle Grady	04:11.5	<input checked="" type="checkbox"/>
5 4 Leeds City AC	Fay Lebeter	Lorna Young	Claire Craddock	Bethany Staniland	04:17.9	
6 2 Bolton Utd Harriers	Sam Aspen	Liz Holt	Kate Eckersley	Fiona Jones	04:21.3	
7						

Women's 100m Non Scoring

1 13 Sara Hitherington	13.1
2	
3	
4	
5	
6	
7	
8	

Wind= + 3.5 m/s

Women's 100m Non Scoring

1	
2	
3	
4	
5	
6	
7	
8	

Wind=

Division 1 Match 1 - Sports City, Manchester

01 May 2005



Events	B'POOL		BOLTON		GATES		LEEDS		R'HAM		SALE		W'FIELD		-	UNUSED	TOTAL		
Men's 100m	4	5	5	2	8	3	6	4	3	1	10	8	7	6			43	29	
Men's 200m	5	6	6	1	8	5	3	3	4	2	10	8	7	4			43	29	
Men's 400m	8	4	3	1	5	8	10	3	7	2	6	6	4	5			43	29	
Men's 800m	10	5	8	4	7		5	8	3	3	6	6	4	2		1	43	29	
Men's 1500m	10	4	7	6	8	5	6	8	3	2	5		4	3		1	43	29	
Men's 3000m S/Chase	6	4	7	6			10	8	5	5	8	3				7	3	43	29
Men's 5000m	4	4	8	6	5	3	10	8	6	1	7	5	3	2			43	29	
Men's 400m Hurdles	6	3	7	6	10		8	8	4	2	5	4	3	5			1	43	29
Men's 110m Hurdles	6	5	7	3			8	8	4	4	10		5	6		3	3	43	29
Men's Hammer	5	4	7	6	6	8	8	1	3	5	10	2	4	3				43	29
Men's Discus	7	3	8	8	10	5	3		4	2	5	4	6	6			1	43	29
Men's Javelin	3	3	5	6	10	5	8	4	7	2	6	1	4	8				43	29
Men's Shot Putt	7	4	6	8	8	2	5	6	3		10	5	4	3			1	43	29
Men's Long Jump	4	4	7	6	6	5	10	8	5	3	3	2	8	1				43	29
Men's Triple Jump	4	2	5	4	8		10	8	3	3	6	6	7	5			1	43	29
Men's High Jump	7	6	10	8	6		4		5	3	8	4		5		3	3	43	29
Men's Pole Vault	10		6	2.5	7	6	5	4	3	2.5	8	8	4	5			1	43	29
Men's 4x100m Relay	6		5		7		8		4		10					3	29	43	29
Men's 4x400m Relay	3		6		10		8		5		7		4				29	43	29
	115	66	123	83.5	129	55	135	89	81	42.5	140	72	78	69		16	74	817	551

Women's 100m	10	5	4	2	7	6	6	3	3		8	4	5	8			1	43	29
Women's 200m	10	3	6	2	7	6	5	4	3	1	8	8	4	5				43	29
Women's 400m	5	2	7	5			6	3	4	4	10	6	8	8		3	1	43	29
Women's 800m	7	3	5	4	3		10	5	6	6	8	8	4	2			1	43	29
Women's 1500m	5	4	3	3	4		6		8	5	10	8	7	6			3	43	29
Women's 3000m S/Chase																			
Women's 3000m	6	3	10	5	3		4	2	7	8	5	4	8	6			1	43	29
Women's 400m Hurdles	6		5	5			7				10	6	8	8		7	10	43	29
Women's 100m Hurdles			5		7		8	6			10	8	6	5		7	10	43	29
Women's Hammer	4	3	5	4	8	6	3	2	7	5	10	8	6				1	43	29
Women's Discus	10	5	3	3	7	6	6	2	5	8	8		4	4			1	43	29
Women's Javelin			4	4	7	3	8		5	6	10	8	6	5		3	3	43	29
Women's Shot Putt	4		3	2	6	8	7	6	8	5	10	3	5	4			1	43	29
Women's Long Jump	6	3	4	2			8	6	5	4	10	8	7	5		3	1	43	29
Women's Triple Jump	6		4				10	8	5	4	8	6	7	5		3	6	43	29
Women's High Jump	10	5	4	2.5			7	6	6	2.5	5	4	8	8		3	1	43	29
Women's Pole Vault	5		7						6		10	8	8	6		7	15	43	29
Women's 4x100m Relay	8		5				7		4		10		6			3	29	43	29
Women's 4x400m Relay			4		7		5		6		10		8			3	29	43	29
	102	36	88	43.5	66	35	113	53	88	58.5	160	97	115	85		42	114	774	522

Match Summary	B'POOL		BOLTON		GATES		LEEDS		R'HAM		SALE		W'FIELD		-	UNUSED	TOTAL
Teams	319.0		338.0		285.0		390.0		270.0		469.0		347.0			246.0	2664.0
Officials Points	30.0		30.0		30.0		30.0		30.0		30.0		30.0			210.0	420.0
Total	349.0		368.0		315.0		420.0		300.0		499.0		377.0			456.0	3084.0
Match Position	5		4		6		2		7		1		3		8		
League Points	3		4		2		6		1		7		5				

Standings	B'POOL		BOLTON		GATES		LEEDS		R'HAM		SALE		W'FIELD		-	
League Points	3.0		4.0		2.0		6.0		1.0		7.0		5.0			
Match Points	349.0		368.0		315.0		420.0		300.0		499.0		377.0			
League Positions	5		4		6		2		7		1		3		8	

UK ATHLETICS: DISTANCE CARD

MEETING		Division 1 Match 1		VENUE		Sports City, Manchester		DATE		01 May 2005							
EVENT		Women's Hammer		TIME		12:50		RECORD		2000		L Brannan, Sale Harriers, 49.52m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B		
1	6	Laura Douglas	Sale Harriers Manchester	52.87	46.94	56.30	56.30	1	53.88	55.50	59.13	59.13	1	A	1		
2	66	Sarah Holt	Sale Harriers Manchester	41.05	46.50	NT	46.50	2	42.94	46.94	47.07	47.07	2	B		1	
3	4	Rosalind Evenden	Leeds City AC	NT	12.95	NT	12.95	12				12.95	12	A	7		
4	44	Joanne Westerman	Leeds City AC	3.50			3.50	13				3.50	13	B		6	
5	2	Alison Hall	Bolton Utd Harriers	26.15	25.95	24.34	26.15	8				26.15	8	A	5		
6	22	Jemima Hall	Bolton Utd Harriers	24.15	24.17	24.58	24.58	9				24.58	9	B		4	
7	7	Nicky Jackson	Wakefield H	NT	NT			14					14	B		7	
8	77	Ruth Wilsher	Wakefield H	28.25	27.12	NT	28.25	7				28.25	7	A	4		
9	3	Lisa-Marie Shippen	Gateshead Harriers	NT	NT	38.80	38.80	4	41.90	NT	42.30	42.30	3	A	2		
10	33	Leah Weatheritt	Gateshead Harriers	39.23	NT	15.84	39.23	3	37.58	38.22	NT	39.23	4	B		2	
11	1	Amie Hearsum	Blackpool & Fylde AC	20.97	NT	NT	20.97	10				20.97	10	A	6		
12	11	Sylvia Hayes	Blackpool & Fylde AC	16.97	20.43	18.40	20.43	11				20.43	11	B		5	
13	5	Stacey Lebond	Rotherham Harriers	33.49	NT	NT	33.49	5				33.49	5	A	3		
14	55	Helen White	Rotherham Harriers	27.09	29.80	29.54	29.80	6				29.80	6	B		3	
15	8	-	-					14					14	A	8		
16	88	-	-					14					14	B		8	

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	6	Laura Douglas	Sale Harriers Manchester	59.13	1	66	Sarah Holt	Sale Harriers Manchester	47.07		
2	3	Lisa-Marie Shippen	Gateshead Harriers	42.30	2	33	Leah Weatheritt	Gateshead Harriers	39.23		
3	5	Stacey Lebond	Rotherham Harriers	33.49	3	55	Helen White	Rotherham Harriers	29.80		
4	77	Ruth Wilsher	Wakefield H	28.25	4	22	Jemima Hall	Bolton Utd Harriers	24.58		
5	2	Alison Hall	Bolton Utd Harriers	26.15	5	11	Sylvia Hayes	Blackpool & Fylde AC	20.43		
6	1	Amie Hearsum	Blackpool & Fylde AC	20.97	6	44	Joanne Westerman	Leeds City AC	3.50	REFEREE'S SIGNATURE	
7	4	Rosalind Evenden	Leeds City AC	12.95	7		Nicky Jackson	Wakefield H			
8		-	-		8		-	-			

UK ATHLETICS: DISTANCE CARD

MEETING		Division 1 Match 1		VENUE		Sports City, Manchester		DATE		01 May 2005							
EVENT		Women's Discus		TIME		14:30		RECORD		2004		Claire Moore-Griss, Border Harriers, 49.74m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B		
1	3	Sarah Dodd	Gateshead Harriers	31.97	31.96	30.99	31.97	5	32.83	34.49	NT	34.49	3	A	3		
2	33	Lisa-Marie Shippen	Gateshead Harriers	18.73	27.30	20.03	27.30	9				27.30	9	B		2	
3	1	Kara Nwidobie	Blackpool & Fylde AC	NT	NT	50.89	50.89	1	NT	52.62	51.58	52.62	1	A	1		
4	11	Aime Hearsum	Blackpool & Fylde AC	NT	24.94	NT	24.94	10				24.94	10	B		3	
5	6	Donna Williams	Sale Harriers Manchester	38.49	37.94	37.39	38.49	2	NT	NT		38.49	2	A	2		
6	66	-	Sale Harriers Manchester					14					14	B		7	
7	5	Lizzie Maher	Rotherham Harriers	25.62	NT	31.82	31.82	6	31.66	32.98	31.50	32.98	5	A	5		
8	55	Helen White	Rotherham Harriers	NT	27.35	27.31	27.35	8				27.35	8	B		1	
9	2	Jemima Hall	Bolton Utd Harriers	27.36	26.21	NT	27.36	7				27.36	7	A	7		
10	22	Naomi Hall	Bolton Utd Harriers	15.83	NT	19.38	19.38	12				19.38	12	B		5	
11	7	Hayley Whyke	Wakefield H	28.34	NT	32.17	32.17	4	31.70	30.74	29.99	32.17	6	A	6		
12	77	Amy Ridsdale	Wakefield H	22.60	23.57	NT	23.57	11				23.57	11	B		4	
13	4	Bethany Staniland	Leeds City AC	30.64	30.12	32.26	32.26	3	NT	NT	34.08	34.08	4	A	4		
14	44	Rosalind Evenden	Leeds City AC	16.24	NT	17.00	17.00	13				17.00	13	B		6	
15	8	-	-					14					14	A	8		
16	88	-	-					14					14	B		8	

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	1	Kara Nwidobie	Blackpool & Fylde AC	52.62	1	55	Helen White	Rotherham Harriers	27.35		
2	6	Donna Williams	Sale Harriers Manchester	38.49	2	33	Lisa-Marie Shippen	Gateshead Harriers	27.30		
3	3	Sarah Dodd	Gateshead Harriers	34.49	3	11	Aime Hearsum	Blackpool & Fylde AC	24.94		
4	4	Bethany Staniland	Leeds City AC	34.08	4	77	Amy Ridsdale	Wakefield H	23.57		
5	5	Lizzie Maher	Rotherham Harriers	32.98	5	22	Naomi Hall	Bolton Utd Harriers	19.38		
6	7	Hayley Whyke	Wakefield H	32.17	6	44	Rosalind Evenden	Leeds City AC	17.00	REFEREE'S SIGNATURE	
7	2	Jemima Hall	Bolton Utd Harriers	27.36	7		-	Sale Harriers Manchester			
8		-	-		8		-	-			