

M 100m A

1 Simon Dale	MPT 11.2
2 P Thompson	DCH 11.7
3 Jack Missin	SCA 11.8
4 Tom Isles U20	RWT 11.9
5 Ben Wilson	M&C 12.0
6 Alan Readman	HOG 12.7

M 100m B

1 Scott Henderson	M&C 11.1
2 William Driver	MPT 11.2
3 Tom Bennington	RWT 11.3
4 J Lawther	DCH 11.8
5 Dan Smillie	SCA 11.8

M 200m A

1 Scott Henderson	M&C 22.4
2 Simon Dale	MPT 22.7
3 J Lawther	DCH 23.7
4 Jack Missin	SCA 24.1
5 Tom Isles U20	RWT 24.4
6 Gary Hepple	HOG 25.8

Wind +3.4 M/sec

M 200m B

1 Michael Arkle	MPT 22.9
2 Tom Bennington	RWT 23.4
3 Dan Smillie	SCA 24.4
4 Carl Garbutt	M&C 24.4
5 D Adamson	DCH 24.8
6 Alen Readman	HOG 25.4

Wind +3.9 M/sec

M 400m A

1 P Thompson	DCH 52.6
2 Jonny Young	MPT 53.9
3 Ed Halliwell	RWT 55.7
4 Paul Thurlow	M&C 58.7
5 Jonathan Sellar	SCA 59.9

M 400m B

1 S Kernohan	DCH 53.0
2 Mike Holmes	RWT 55.2
3 Ian Godwin	MPT 56.1
4 Mark Colling	SCA 62.3

M 800m A

1 Steven Pogue	M&C 2.00.6
2 Mark Brown	MPT 2.02.0
3 Richie Wilson	SCA 2.07.8
4 W Marginson	DCH 2.08.7
5 Steve Archer U20	RWT 2.32.5

M 800m B

1 Andy Wiles	M&C 2.02.3
2 Jonathan Sharp	SCA 2.04.8
3 Sean Kirtley	MPT 2.07.1
4 Mike Holmes	RWT 2.11.8
5 F Turner	DCH 2.17.6

M 1500m A

1 Mark Brown	MPT 4.21.5
2 Richard Menzies	RWT 4.23.3
3 Steven Pogue	M&C 4.27.4
4 Rickie Wilson	SCA 4.30.9
5 Stephen Nesbitt	DCH 4.40.1

M 1500m B

1 Paul White	M&C 4.28.9
2 Robert Balmbra	MPT 4.33.0
3 Paul Goble	RWT 4.34.9
4 James Kraft	SCA 4.44.5
5 F Turner	DCH 5.09.4

M 5000m A

1 Chris Sampson	MPT 15.22.8
2 Hywel Care	RWT 15.42.5
3 Rickie Wilson	SCA 15.52.7
4 Steven Pigferd	HOG 16.37.3
5 G Hunt	DCH 18.07.1

M 5000m B

1 David Swinburn	MPT 16.00.2
2 Tom Bean U20	RWT 16.30.6
3 Mark Colling	SCA 17.08.1
4 W Marginson	DCH 19.19.9

M 110mH A	Wind +3.3 M/sec	M 110mH B	Wind +3.9 M/sec
1 David Walker	MPT 17.6	1 D Adamson	DCH 21.6
2 P Coates	DCH 17.6	2 Neil Hunter	RWT 24.8
3 Ross Elliott	HOG 17.7		
4 John Gregory	RWT 18.4		
5 Rickie Wilson	SCA 25.2		
M 400mH A		M 400mH B	
1 P Coates	DCH 60.9	1 Steve Archer U20	RWT 64.4
2 David Walker	MPT 61.4	2 Ian Godwin	MPT 65.0
3 Nathan Forrest U20	RWT 64.0	3 D Adamson	DCH 73.1
4 Rickie Wilson	SCA 68.3	4 Stephen Pearson	HOG 81.4
5 Gary Hepple	HOG 68.7	5 Chris Clayton	SCA 88.1
M 3000m SC A		M 3000m SC B	
1 David Swinburn	MPT 9.55.9	1 Sean Kirtley	MPT 10.29.8
2 Paul White	M&C 10.19.2	2 Chris Holmes U17	RWT 13.41.0
3 Andy Normandale	RWT 10.55.0	3 Ted Kraft	SCA 14.02.8
4 G Watson	DCH 12.07.1	4 L Stewart	DCH 14.23.8
5 Stephen Pearson	HOG 12.46.5		
6 Chris Clayton	SCA 12.52.7		
M Discus Throw A		M Discus Throw B	
1 Rob Russell	SCA 49.15	1 Nathan Forrest U20	RWT 32.03
2 Paul Wilson	RWT 36.92	2 Chris Wade	SCA 20.43
3 Ross Elliott	HOG 29.50	3 Steven Humphrey	HOG 19.42
4 P Coates	DCH 27.69	4 L Stewart	DCH 18.01
5 Wayne Gedge	MPT 20.73	5 David Walker	MPT 10.00
6 Paul Thurlow	M&C 12.73		
M Hammer Throw A		M Hammer Throw B	
1 Rob Russell	SCA 41.06	1 L Stewart	DCH 21.52
2 Paul Wilson	RWT 28.42	2 Chris Clayton	SCA 17.84
3 P Coates	DCH 27.67	3 Martin Rigby	RWT 17.83
4 Stephen Pearson	HOG 14.82	4 Steven Humphrey	HOG 14.81
5 Mark Bateman	MPT 6.65	5 David Walker	MPT 5.34
M High Jump A		M High Jump B	
1 Lloyd Powell	M&C 1.93	1 Neil Hunter	RWT 1.55
2 Angus Wood	MPT 1.70	2 Gary Hepple	HOG 1.50
3 Ross Elliott	HOG 1.60		
4=Steve Archer U20	RWT 1.55		
4=Ben Chapman	SCA 1.55		
6 D Adamson	DCH 1.40		
M Javelin Throw A		M Javelin Throw B	
1 Nathan Forrest U20	RWT 44.22	1 Neil Hunter	RWT 36.16
2 Rob Russell	SCA 40.66	2 Chris Wade	SCA 28.14
3 Glen Blenkinsop	M&C 36.42	3 Simon Leonard	HOG 26.14
4 Steven Humphrey	HOG 33.90	4 D Adamson	DCH 17.88
5 Angus Wood	MPT 24.44	5 Ian Godwin	MPT 3.42
6 L Stewart	DCH 18.92		

M Long Jump A

1 Angus Wood	MPT 5.65
2 Ben Chapman	SCA 5.57
3 Ross Elliott	HOG 5.51
4 D Adamson	DCH 5.45
5 Tom Isles U20	RWT 5.35

M Long Jump B

1 Keith Bennington	RWT 5.11
2 Jonathan Sellar	SCA 4.86
3 Wayne Gedge	MPT 4.85
4 Gary Hepple	HOG 4.82
5 L Stewart	DCH 4.23

M Pole Vault A

1 Glennblenkinsop	M&C 3.10
2 Gary Hepple	HOG 2.90
3 John Gregory	RWT 2.70

M Pole Vault B

1 Ross Elliott	HOG 2.70
2 Neil Hunter	RWT 2.10

M Shot Putt A

1 Rob Russell	SCA 14.50
2 Michael Arkle	MPT 10.98
3 Ross Elliott	HOG 9.60
4 Martin Rigby	RWT 9.32
5 Scott Henderson	M&C 7.92
6 L Stewart	DCH 7.89

M Shot Putt B

1 Paul Wilson	RWT 8.20
2 Wayne Gedge	MPT 8.14
3 Steven Humphrey	HOG 7.72
4 Chris Wade	SCA 7.62
5 W Marginson	DCH 7.45

M Triple Jump A

1 P Coates	DCH 12.20
2 Nathan Forrest U20	RWT 11.85
3 Angus Wood	MPT 11.60
4 Ben Chapman	SCA 10.93
5 Steven Humphrey	HOG 10.92

M Triple Jump B

1 J Lawther	DCH 12.10
2 David Walker	MPT 10.92
3 Andy Fawcett	RWT 10.64
4 Alan Readman	HOG 9.24

W 100m A

1 Rebekah Wilmshurst	DCH 12.4
2 Jessica Taylor	RWT 12.5
3 Marise Barclay	M&C 12.5
4 Philippa McGregor	MPT 12.7
5 Rachel Gibson	SCA 13.1

W 100m B

1 Lisa Goodfellow	SCA 13.0
2 Laura Rigby	RWT 13.1
3 Haley Braithwaite	M&C 13.2
4 Natalie Roe	MPT 13.8
5 Caroline Adamson	DCH 13.8

W 200m A

	Wind +3.8 M/sec
1 Jessica Taylor	RWT 25.7
2 Rebekah Wilmshurst	DCH 25.7
3 Marise Barclay	M&C 25.9
4 Alyssa	SCA 28.4
5 Natalie Roe	MPT 29.6

W 200m B

	Wind +3.0 M/sec
1 Lisa Goodfellow	SCA 27.0
2 Francis Hubbard	M&C 27.4
3 Jacqui Hodgson	DCH 27.6
4 Nina Batt	RWT 29.0
5 Josie Goodfellow	MPT 32.7

W 400m A

1 Debbie Foster	M&C 60.3
2 Hazel Le Cornu	SCA 62.1
3 Alice McCabe	RWT 65.4
4 Danielle Watts	MPT 65.5
5 Eleanor Pender	DCH 69.9

W 400m B

1 Sam Wade	SCA 68.0
2 Francis Hubbard	M&C 69.6
3 Nina Batt	RWT 71.4
4 Natalie Roe	MPT 73.6

W 800m A

1 Danielle Watts MPT 2.25.7
2 Emma Willets RWT 2.28.4
3 Becky Parker SCA 2.40.0
4 Nicola Coleby DCH 2.43.4

W 800m B

1 Katie Rawnsley SCA 2.34.9
2 Laura Dixon MPT 2.36.9
3 Laura Hunter RWT 2.44.8

W 1500m A

1 Emma Willets RWT 5.06.5
2 Danielle Watts MPT 5.16.5
3 Becky Parker SCA 5.41.3

W 1500m B

1 Chalotte Maxted RWT 5.10.3
2 Laura Dixon MPT 5.44.8

W 3000m A

1 Jane Mooney MPT 10.55.3
2 Dawn Gibbs RWT 11.12.9
3 Katie Rawnsley SCA 11.19.7

W 3000m B

1 Sarah Graham MPT 11.10.3
2 Julie Simpson RWT 11.27.5
3 Janet Lawrence SCA 14.15.7

W 100mH A

1 Rachel Abbs DCH 15.8
2 Jenna Wheatman SCA 18.2
3 Laura Hunter RWT 19.1
4 Haley Braithwaite M&C 20.3
5 Josie Goodfellow MPT 22.6

W 100mH B

1 Amanda Cook M&C 17.6
2 Sam Wade SCA 18.8
3 Nina Batt RWT 21.3

W 400mH A

1 Hazel Le Cornu SCA 68.5
2 Alice McCabe RWT 72.7
3 Haley Braithwaite M&C 89.2

W 400mH B

1 Sam Wade SCA 74.3
2 Nina Batt RWT 79.6

W Discus Throw A

1 Emily Gibbons RWT 24.22
2 Jenna Wheatman SCA 22.63
3 Amanda Cook M&C 15.22
4 Rebekah Wilmshurst DCH 12.75
5 Maureen Dodsworth HOG 11.72
6 Laura Dixon MPT 10.99

W Discus Throw B

1 Julie Wheatman SCA 20.32
2 Haley Braithwaite M&C 14.18
3 Fiona Crompton RWT 13.30
4 Caroline Adamson DCH 12.57
5 Katie Readman HOG 11.70
6 Danielle Watts MPT 8.14

W Hammer Throw A

1 Emily Gibbons RWT 41.03
2 Jenna Wheatman SCA 40.24
3 Josie Goodfellow MPT 16.32
4 Amanda Cook M&C 16.16
5 Katie Readman HOG 14.54

W Hammer Throw B

1 Fiona Crompton RWT 18.40
2 Julie Wheatman SCA 17.57
3 Natalie Roe MPT 12.34
4 Maureen Dodsworth HOG 8.67

W High Jump A

1 Helen Lawal	SCA 1.51
2 Rachel Abbs	DCH 1.40
3 Laura Hunter	RWT 1.40
4 Julia Straker	MPT 1.30
5 Francis Hubbard	M&C 1.10

W High Jump B

1 Hazel Le Cornu	SCA 1.48
2 Shelley Goodfellow	MPT 1.30
3 Jacqui Hodgson	DCH 1.20
4 Maria Williams	RWT 1.10

W Javelin Throw A

1 Jenna Wheatman	SCA 30.32
2 Rachel Abbs	DCH 23.30
3 Fiona Crompton	RWT 22.76
4 Marise Barclay	M&C 22.08
5 Maureen Dodsworth	HOG 14.62
6 Josie Goodfellow	MPT 14.32

W Javelin Throw B

1 Jessica Talor	RWT 20.68
2 Amanda Cook	M&C 20.36
3 Jacqui Hodgson	DCH 14.54
4 Shelley Goodfellow	MPT 14.02
5 Katie Readman	HOG 12.10
6 Helen Lawal	SCA 9.76

W Long Jump A

1 Julia Straker	MPT 5.25
2 Rachel Gibson	SCA 5.22
3 Charlotte Maxted	RWT 4.62
4 Emma Payne	M&C 4.39
5 Katie Readman	HOG 4.24
6 Catherine Tighe	DCH 4.22

W Long Jump B

1 Sam Wade	SCA 4.97
2 Kayleigh Stoker	MPT 4.42
3 Maureen Dodsworth	HOG 3.12
4 Eleanor Pender	DCH 3.02
5 Maria Williams	RWT 2.90

W Pole Vault A

No competitors

W Pole Vault B

No competitors

W Shot Putt A

1 Jenna Wheatman	SCA 9.38
2 Emily Gibbons	RWT 8.10
3 Rachel Abbs	DCH 7.82
4 Josie Goodfellow	MPT 7.37
5 Francis Hubbard	M&C 6.34
6 Katie Readman	HOG 5.74

W Shot Putt B

1 Fiona Crompton	RWT 7.33
2 Philippa McGregor	MPT 6.98
3 Jacqui Hodgson	DCH 6.91
4 Charlotte Todd	SCA 6.51
5 Debbie Foster	M&C 6.17
6 Maureen Dodsworth	HOG 5.43

W Triple Jump A

1 Julia Straker	MPT 11.77
2 Amanda Cook	M&C 10.25
3 Rachel Gibson	SCA 10.20
4 Laura Rigby	RWT 9.60

W Triple Jump B

1 Emma Payne	M&C 9.89
2 Helen Lawal	SCA 9.67
3 Alice McCabe	RWT 9.45
4 Shelley Goodfellow	MPT 8.48

W 4x100m Relay

1 M&C 51.5	1 Emma Payne	2 Marise Barclay
	3 Francis Hubbard	4 Haley Braithwaite
2 DCH 53.0	1 Rachel Abbs	2 Jacqui Hodgson
	3 Catherine Tighe	4 Rebekah Wilmshurst
3 MPT 53.5	1 Kayleigh Stoker	2 Philippa McGregor
	3 Julia Straker	4 Natalie Roe
4 RWT 53.7	1 Laura Rigby	2 Alice McCabe
	3 Anna Dew	4 Jessica Taylor
5 SCA 56.3	1 Jenna Wheatman	2 Lisa Goodfellow
	3 Helen Lawal	4 Rachel Gibson

W 4x400m Relay

1 M&C 4.42.9	1 Haley Braithwaite	2 Marise Barclay
	3 Amanda Cook	4 Debbie Foster
2 RWT 4.48.9	1 Laura Hunter	2 Charlotte Maxted
	3 Anna Dew	4 Dawn Gibbs
3 SCA DISQ		
4 MPT DISQ		

M 4x100m Relay

1 MPT 45.9	1 Simon Dale	2 William Driver
	3 Michael Arkle	4 David Walker
2 DCH 46.5	1 P Coates	2 P Thompson
	3 S Kernohan	4 J Lawther
3 M&C 46.6	1 Paul White	2 Carl Garbutt
	3 Glen Blenkinsop	4 Scott Henderson
4 RWT 46.9	1 Keith Bennington	2 Tom Bennington
	3 Martin Perry	4 Tom Isles U20
5 SCA 49.1	1 Jonathan Sharp	2 Ben Chapman
	3 Chris Clayton	4 Ted Kraft

M 4x400m Relay

1 M&C 3.36.8	1 Paul White	2 Carl Garbutt
	3 Steven Pogue	4 Scott Henderson
2 DCH 3.36.8	1 P Coates	2 P Thompson
	3 S Kernohan	4 D Adamson
3 RWT 3.36.9	1 Ed Halliwell	2 Richard Menzies
	3 Steve Archer U20	4 Alistair Smith
4 MPT 3.41.2	1 Jonny Young	2 Ian Godwin
	3 Mark Brown	4 Sean Kirtley
5 SCA 4.18.5	1 Jonathan Sharp	2 Dan Smillie
	3 Ben Chapman	4 Rickie Wilson

MATCH RESULT

LEAGUE STANDINGS Not Available

	Event	Lge
1 Nestle Rowntree AC	430.5	6
2 Scarborough	379.5	5
3 Morpeth Harriers & A.C.	372	4
4 Durham City	294	3
5 Middlesbrough Mandale	276	2
6 Houghton & Peterlee	178	1

Note; No competitors W Pole Vault A&B

POINTS ADDED FOR OFFICIALS

DCH Includes + 40pts,

HOG Includes + 40pts,

M&C Includes + 40pts,

MPT Includes + 40pts,

RWT Includes + 40pts,

SCA Includes + 40pts,

