

M 100m A

1 Richard Buck	RWT 11.5
2 Scott Henderson	MID 11.6
3 Chris Reynolds	DCH 11.9
4 David Walker	MPT 12.4
5 Jack Missin	SCA 12.4
6 Alan Readman	HOG 13.0

M 100m B

1 Tom Bennington	RWT 11.8
2 Adam Allinson	MID 11.9
3 Jonathan Sellar	SCA 12.2
4 Paul Donaghty	DCH 12.5
5 Lee Milburn	MPT 12.6

M 200m A

1 Richard Buck	RWT 22.9
2 Scott Henderson	MID 23.2
3 Chris Reynolds	DCH 24.1
4 Jack Missin	SCA 25.2
5 Lee Milburn	MPT 25.4

M 200m B

1 Adam Allinson	MID 24.1
2 Paul Donaghty	DCH 25.1
3 Tom Isles	RWT 25.4
4 David Walker	MPT 26.1
5 Dave Fleming	SCA 27.1

M 400m A

1 Peter Thompson	DCH 50.6
2 Will Steel	RWT 51.8
3 Jack Missin	SCA 54.6
4 Gary Baldwin	MID 55.0
5 Jonny Young	MPT 55.4
6 Alan Readman	HOG 57.5

M 400m B

1 Steve Kernohan	DCH 51.7
2 James Minter	MID 52.0
3 Jonathan Sharp	SCA 55.5
4 Tom Bennington	RWT 56.2
5 Andy Lawrence	MPT 59.2

M 800m A

1 Andrew Teate	MID 1.57.0
2 Tom Ranger	MPT 1.57.9
3 Shaun Moralee	DCH 1.59.3
4 Alistair Smith	RWT 2.01.5
5 Rickie Wilson	SCA 2.13.5

M 800m B

1 James Minter	MID 1.59.4
2 Jonny Young	MPT 2.03.8
3 Jonathan Sharp	SCA 2.05.3
4 Steve Archer	RWT 2.11.5
5 Steve Nesbitt	DCH 2.12.4

M 1500m A

1 Andy Hilton	RWT 3.56.9
2 Shaun Moralee	DCH 3.56.9
3 Andrew Teate	MID 4.07.9
4 Rickie Wilson	SCA 4.20.2
5 Marc Cochrane	MPT 4.34.7

M 1500m B

1 Andrew Wiles	MID 4.26.0
2 Paul Goble	RWT 4.28.3
3 Scott Hunter	MPT 4.44.0
4 James Kraft	SCA 4.45.9
5 Steve Nesbitt	DCH 4.53.8

M 5000m A

1 Rickie Wilson	SCA 15.39.2
2 Hywel Care	RWT 15.40.1
3 Alan Shepherd	MPT 16.17.8
4 Paul Kitson	MID 18.21.3
5 Francis Turner	DCH 18.51.0

M 5000m B

1 Andy Hilton	RWT 15.56.4
2 Andy Lawrence	MPT 16.40.2
3 Mark Colling	SCA 17.03.2
4 Gary Baldwin	MID 18.47.8

M 110mH A

1 David Walker	MPT 17.7
2 Ross Elliott	HOG 23.0
3 Rickie Wilson	SCA 25.3

M 110mH B

No competitors

M 400mH A

1 David Walker	MPT 60.0
2 Nathan Forrest	RWT 61.9
3 Gary Baldwin	MID 65.9
4 Rickie Wilson	SCA 66.9
5 David Adamson	DCH 68.5

M 400mH B

1 Dan Smillie	SCA 66.0
2 Sean Kirtley	MPT 67.3
3 Steve Archer	RWT 72.1
4 Glen Blenkinsop	MID 79.1

M 3000m SC A

1 David Swinburn	MPT 9.55.6
2 Paul White	MID 10.42.0
3 Andy Normandale	RWT 11.01.0
4 Ted Kraft	SCA 11.52.5

M 3000m SC B

1 Sean Kirtley	MPT 10.11.9
2 Andy Neesom	RWT 11.32.7
3 Andy Curtis	SCA 12.53.5

M Discus Throw A

1 Leslie Richards	MID 49.55
2 Rob Russell	SCA 47.34
3 Paul Wilson	RWT 35.19
4 Steven Appleby	MPT 33.46
5 Ross Elliott	HOG 29.23
6 Peter Coates	DCH 26.49

M Discus Throw B

1 Gavin Hill	MID 39.31
2 Neal Killan	RWT 33.34
3 David Coward	SCA 24.75
4 Steven Humphrey	HOG 19.87
5 Colin Watts	MPT 18.71
6 Peter Thompson	DCH 18.08

M Hammer Throw A

1 Rob Russell	SCA 43.53
2 Will Steel	RWT 39.78
3 Leslie Richards	MID 37.18
4 Peter Coates	DCH 29.76
5 Steven Appleby	MPT 24.95
6 Alan Readman	HOG 14.61

M Hammer Throw B

1 Gavin Hill	MID 34.63
2 Paul Wilson	RWT 33.93
3 Chris Clayton	SCA 21.47
4 Colin Watts	MPT 19.76
5 Steven Humphrey	HOG 12.83

M High Jump A

1 Richard Buck	RWT 1.91
2 Liam McDonald	MID 1.70
3 David Adamson	DCH 1.65
4 Angus Wood	MPT 1.65
5 Ross Elliott	HOG 1.60

M High Jump B

1 Steve Archer	RWT 1.50
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M Javelin Throw A

1 Andy Haywood	RWT 54.48
2 Glen Blenkinsop	MID 37.68
3 Rob Russell	SCA 37.02
4 Steven Humphrey	HOG 34.09
5 Colin Watts	MPT 33.42

M Javelin Throw B

1 Nathan Forrest	RWT 46.90
2 Chris Clayton	SCA 30.05
3 Gavin Hill	MID 29.61
4 Angus Wood	MPT 21.78

M Long Jump A

1 Adebayo Babatunde	MID 6.28
2 Angus Wood	MPT 5.82
3 Nicholas Thompson	DCH 5.63
4 Ross Elliott	HOG 5.56
5 Jonathan Sellar	SCA 5.46
6 Keith Bennington	RWT 5.39

M Long Jump B

1 Liam McDonald	MID 5.97
2 Paul Donaghty	DCH 5.47
3 Lee Milburn	MPT 5.22
4 Tom Isles	RWT 5.13
5 Alan Readman	HOG 5.05
6 Dave Fleming	SCA 5.01

M Pole Vault A

1 Glen Blenkinsop	MID 3.00
2 Neal Killan	RWT 2.60

M Pole Vault B

1 Andy Haywood	RWT 2.10
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M Shot Putt A

1 Rob Russell	SCA 14.74
2 Leslie Richards	MID 11.93
3 Neal Killan	RWT 10.23
4 Peter Thompson	DCH 9.00
5 Steven Appleby	MPT 8.90
6 Steven Humphrey	HOG 7.40

M Shot Putt B

1 Martin Rigby	RWT 9.50
2 David Coward	SCA 8.73
3 Steve Kernohan	DCH 8.30
4 Colin Watts	MPT 8.05
5 Scott Henderson	MID 8.05

M Triple Jump A

1 Adebayo Babatunde	MID 13.40
2 Nicholas Thompson	DCH 13.05
3 Angus Wood	MPT 11.29
4 Keith Bennington	RWT 11.27
5 Jonathan Sharp	SCA 10.22
6 Steven Humphrey	HOG 10.02

M Triple Jump B

1 Liam McDonald	MID 12.14
2 David Adamson	DCH 11.21
3 Nathan Forrest	RWT 10.10
4 David Walker	MPT 10.05
5 Dan Smillie	SCA 9.10

W 100m A

1 Marise Barclay	MID 12.9
2 Rebekah Wilmshurst	DCH 13.2
3 Laura Rigby	RWT 13.7
4 Rachel Gibson	SCA 13.8
5 Lori Douglass	MPT 14.1

W 100m B

1 Frances Hubbard	MID 13.5
2 Stacey Bell	RWT 13.6
3 Natalie Roe	MPT 14.1
4 Samantha Wade	SCA 14.2
5 Caroline Adamson	DCH 14.6

W 200m A

1 Marise Barclay	MID 26.3
2 Rebekah Wilmshurst	DCH 26.8
3 Amy Bird	RWT 28.2
4 Katie Watts	MPT 28.2
5 Hazel Le Cornu	SCA 28.4

W 200m B

1 Becky Hartley	RWT 28.6
2 Rachel Gibson	SCA 29.0
3 Jacqui Hodgson	DCH 29.1
4 Natalie Roe	MPT 29.9
5 Haley Braithwaite	MID 32.1

W 400m A

1 Nisha Desai	MPT 57.1
2 Seonaid Murrey	DCH 58.6
3 Hazel Le Cornu	SCA 62.6
4 Ruth McDowell	MID 63.7
5 Vicki Needham	RWT 67.0

W 400m B

1 Rebecca Shields	DCH 61.7
2 Ruth Brandon	RWT 65.5
3 Frances Hubbard	MID 66.8
4 Natalie Roe	MPT 69.7
5 Rachel Kraft	SCA 72.4

W 800m A

1 Seonaid Murrey	DCH 2.16.7
2 Kirstie Legg	MID 2.24.4
3 Katie Rawnsley	SCA 2.25.5
4 Katie Mellor	RWT 2.27.9
5 Delyth James	MPT 2.33.5

W 800m B

1 Rebecca Shields	DCH 2.21.6
2 Emma Willetts	RWT 2.31.5
3 Laura Dixon	MPT 2.36.6
4 Claire Rushton	MID 2.37.4
5 Becky Parker	SCA 2.38.5

W 1500m A

1 Avieen Fox	MPT 4.52.7
2 Katie Rawnsley	SCA 5.05.7
3 Charlotte Maxted	RWT 5.08.9
4 Claire Rushton	MID 5.33.9

W 1500m B

1 Delyth James	MPT 5.01.0
2 Emma Willetts	RWT 5.17.9
3 Becky Parker	SCA 5.39.7
4 Amanda Grant	MID 6.06.7

W 3000m A

1 Avieen Fox	MPT 10.17.2
2 Dawn Gibbs	RWT 11.34.2
3 Amanda Grant	MID 12.42.6

W 3000m B

1 Jane Mooney	MPT 11.09.9
2 Julia Simpson	RWT 11.42.9

W 100mH A

1 Rachel Abbs	DCH 17.5
2 Amanda Cook	MID 17.6
3 Nisha Desai	MPT 18.1
4 Jenna Wheatman	SCA 18.6
5 Emma March	RWT 18.7

W 100mH B

1 Alice McCabe	RWT 19.0
2 Rachel Gibson	SCA 19.4
3 Haley Braithwaite	MID 19.8
4 Emma Lachs	MPT 20.1

W 400mH A

1 Nisha Desai	MPT 65.2
2 Alice McCabe	RWT 68.8
3 Hazel Le Cornu	SCA 71.3
4 Amanda Cook	MID 72.5

W 400mH B

1 Helen Goacher	RWT 74.0
2 Samantha Wade	SCA 74.4
3 Emma Lachs	MPT 78.2
4 Haley Braithwaite	MID 86.6

W Discus Throw A

1 Jenna Wheatman	SCA 25.33
2 Hannah Conroy	MID 24.30
3 Emily Gibbons	RWT 23.28
4 Liz Page	HOG 15.52
5 Caroline Adamson	DCH 12.78
6 Laura Dixon	MPT 10.88

W Discus Throw B

1 Lizzie Sellars	MID 21.74
2 Julie Wheatman	SCA 17.38
3 Anna Dew	RWT 15.15
4 Nicola Colbey	DCH 11.14
5 Maureen Dodsworth	HOG 9.71
6 Delyth James	MPT 8.78

W Hammer Throw A

1 Jenna Wheatman	SCA 41.70
2 Vicki Anderson	RWT 33.82
3 Lizzie Sellars	MID 20.25
4 Vina Desai	MPT 17.08
5 Katie Readman	HOG 16.09

W Hammer Throw B

1 Julie Wheatman	SCA 19.68
2 Hannah Conroy	MID 17.63
3 Natalie Roe	MPT 13.79
4 Maureen Dodsworth	HOG 10.32
5 Emily Gibbons	RWT 4.03

W High Jump A

1 Hazel Le Cornu	SCA 1.46
2 Francis Laycock	RWT 1.43
3 Rachel Abbs	DCH 1.43
4 Katie Watts	MPT 1.25
5 Haley Braithwaite	MID 1.20

W High Jump B

1 Cat Wain-Hobson	RWT 1.40
2 Rachel Kraft	SCA 1.30
3=Jacqui Hodgson	DCH 1.20
3=Frances Hubbard	MID 1.20
5 Emma Lachs	MPT 1.20

W Javelin Throw A

1 Samantha Wade	SCA 29.12
2 Hannah Conroy	MID 28.55
3 Samantha Coleby	DCH 25.31
4 Francis Laycock	RWT 21.04
5 Liz Page	HOG 18.78
6 Emma Lachs	MPT 8.55

W Javelin Throw B

1 Jenna Wheatman	SCA 27.57
2 Marise Barclay	MID 22.96
3 Rcahel Abbs	DCH 20.02
4 Maureen Dodsworth	HOG 13.95
5 Maria Williams	RWT 13.64
6 Avieen Fox	MPT 6.25

W Long Jump A

1 Rachel Gibson	SCA 5.32
2 Samantha Coleby	DCH 5.21
3 Stacey Bell	RWT 4.60
4 Katie Readman	HOG 4.43
5 Katie Watts	MPT 4.11
6 Kirstie Legg	MID 3.84

W Long Jump B

1 Samantha Wade	SCA 4.67
2 Emma March	RWT 4.29
3 Lori Douglass	MPT 4.04
4 Ruth McDowell	MID 3.76
5 Liz Page	HOG 3.52

W Pole Vault A

No competitors

W Pole Vault B

No competitors

W Shot Putt A

1 Jenna Wheatman	SCA 9.13
2 Hannah Conroy	MID 8.85
3 Rchel Abbs	DCH 8.00
4 Cat Wain-Hobson	RWT 6.63
5 Katie Readman	HOG 6.01
6 Jane Mooney	MPT 5.32

W Shot Putt B

1 Samantha Wade	SCA 7.96
2 Lizzie Sellars	MID 6.97
3 Jacqui Hodgson	DCH 6.56
4 Karen Buck	RWT 6.35
5 Maureen Dodsworth	HOG 5.34
6 Laura Dixon	MPT 4.80

W Triple Jump A

1 Nisha Desai	MPT 10.61
2 Amanda Cook	MID 10.14
3 Rachel Gibson	SCA 9.99
4 Laura Rigby	RWT 9.65
5 Liz Page	HOG 7.35

W Triple Jump B

1 Lori Douglass	MPT 9.65
2 Rachel Kraft	SCA 9.27
3 Charlotte Maxted	RWT 9.21
4 Ruth McDowell	MID 8.53

W 4x100m Relay

1 RWT 51.3	1 Laura Rigby	2 Amy Bird
	3 Becky Hartley	4 Helen Goacher
2 MID 52.4	1 Amanda Cook	2 Marise Barclay
	3 Frances Hubbard	4 Haley Braithwaite
3 DCH 53.4	1 Rachel Abbs	2 Jacqui Hodgson
	3 Caroline Adamson	4 Rebekah Wilmshurst
4 SCA 53.7	1 Jenna Wheatman	2 Rachel Gibson
	3 Hazel Le Cornu	4 Samantha Wade
5 MPT 55.6	1 Natalie Roe	2 Katie Watts
	3 Lori Douglass	4 Emma Lachs

W 4x400m Relay

1 DCH 4.14.1	1 Nicola Colbey	2 Rebecca Shields
	3 Samantha Coleby	4 Seonaid Murrey
2 RWT 4.14.2	1 Emma Macalister-Hall	2 Alice McCabe
	3 Katie Mellor	4 Emma Willetts
3 MID 4.19.9	1 Frances Hubbard	2 Kirstie Legg
	3 Ruth McDowell	4 Marise Barclay
4 SCA 4.35.7	1 Hazel Le Cornu	2 Becky Parker
	3 Rachel Kraft	4 Katie Rawnsley
5 MPT 4.47.1	1 Jane Mooney	2 Delyth James
	3 Laura Dixon	4 Avieen Fox

M 4x100m Relay

1 MID 46.1	1 Paul White	2 Scott Henderson
	3 Adam Allinson	4 Andrew Teate
2 DCH 46.8	1 Nicholas Thompson	2 Paul Donaghty
	3 Chris Reynolds	4 David Adamson
3 SCA 48.7	1 Jack Missin	2 Dave Fleming
	3 Jonathan Sellar	4 Dan Smillie
4 MPT 49.7	1 David Walker	2 Lee Milburn
	3 Angus Wood	4 Jonny Young
5 RWT 54.3	1 Tom Isles	2 Keith Bennington
	3 Tom Bennington	4 Richard Buck

M 4x400m Relay

1	MID	3.31.4	1	Adam Allinson	2	Andrew Teate
			3	Scott Henderson	4	Andrew Teate
2	DCH	3.31.7	1	Chris Reynolds	2	Peter Thompson
			3	Steve Kernohan	4	Peter Coates
3	RWT	3.46.0	1	Steve Archer	2	Paul Goacher
			3	Alistair Smith	4	Will Steel
4	SCA	3.55.0	1	James Kraft	2	Jonathan Sellar
			3	Jonathan Sharp	4	Dan Smillie
5	MPT	4.16.5	1	Andy Lawrence	2	Scott Hunter
			3	Marc Cochrane	4	David Swinburn

MATCH RESULT

		Event	Lge	FINAL LEAGUE POSITIONS	
				Lge	Total Pts
1	Nestle Rowntree AC	409	6	22	1519
2	Middlesbrough Mandal	398.5	5	18	1424.5
3	Scarborough	360	4	16	1324.5
4	Morpeth Harriers & A.C.	332	3	14	1341
5	Durham City	272.5	2	10	1119.5
6	Houghton & Peterlee	115	1	4	699.5

Note(s)

No competitors Women's Pole Vault A&B although one athlete did turn up but failed on all

three attemps, No competitors in the Men's 110mH B race.

Some athletes may be in the wrong string this is due to either athletes changing

round and not informing their team Manager or the team Manager has declared the wrong

athlete on the declaration form. As results co-ordinator I do not have a crystal

ball it is up to the team Manager to make sure the declared athlete is wearing the

correct number. I apologise for any errors or miss spelt names.

DCH Includes + 30pts,
HOG Includes + 30pts,
MID Includes + 30pts,
MPT Includes + 30pts,
RWT Includes + 30pts,
SCA Includes + 30pts,

