

M 100m

1 Steve Blagdon LLW 11.5  
2 Mark Bowler BOS 11.7  
3 Nick Cartwright CHF 12.1  
4 David Shaw BNS 13.0

M 200m

1 Leon Pycock BOS 23.4  
2 Luke Edwards BNS 23.5  
3 Ben Mourbey CHF 25.0

M 400m

1 Andy Dean-Young BNS 50.9  
2 Nick Cartwright CHF 54.3

M 800m

1 Matt Bowser LLW 1.58.7  
2 Rob Love CHF 2.08.0  
3 Jason Pedley BOS 2.08.9

M 1500m

1 John McGarel BOS 4.55.3  
2 Mitchell Robinson CHF 4.58.6

M 5000m

1 Dave Brookesbank BNS 17.03.7  
2 Eddie Lee CHF 18.23.7  
3 Jason Pedley BOS 19.27.3

M 10,000m

1 Martin Sanders BNS 33.40.1

M 110mH

1 Mark Bowler BOS 15.8  
2 Ben Mourbey CHF 18.9

M 400mH

1 Simon Robinson BOS 59.4  
2 Ben Mourbey CHF 59.6  
3 Luke Edwards BNS 68.3

M 3000m SC

1 John McGarel BOS 12.33.0  
2 Jason Robinson CHF 17.09.1

M Discus Throw

1 Jake Louth BOS 44.70  
2 Scott Jones BNS 34.45  
3 Martin Hayes CHF 33.12  
4 Matt Bowser LLW 25.05

M Hammer Throw

1 Martin Hayes CHF 39.40  
2 Jim Slater LLW 22.73  
3 Karl Wright BOS 17.40

M High Jump

1 Jake Mason BOS 1.95  
2 Ben Mourbey CHF 1.90  
3 Matt Bowser LLW 1.55

M Javelin Throw

1 Jake Louth BOS 53.74  
2 Jason Robinson CHF 33.09  
3 David Shaw BNS 31.37

M Long Jump

1 Mark Bridges BOS 6.10  
2 Edward Mourbey CHF 5.79  
3 Steve Blagdon LLW 5.41  
4 David Shaw BNS 4.45

M Pole Vault

1 Edward Mourbey CHF 4.00  
2 Karl Wright BOS 2.80

M Shot Putt

1 Scott Jones BNS 12.42  
2 Martin Hayes CHF 11.53  
3 Jake Louth BOS 11.02

M Triple Jump

1 Chris Bloom BOS 12.36  
2 Edward Mourbey CHF 11.97  
3 Matt Bowser LLW 11.00

W 100m

1 Julia White BOS 12.3  
2 Amanda Shaw BNS 12.4  
3 Emma Hickey CHF 13.2  
4 Hayley Fox LLW 15.0

W 200m

1 Amanda Shaw BNS 26.0  
2 Rachel Howard CHF 26.9  
3 Lauren West BOS 29.7  
4 Kathleen Warhurst LLW 35.0

W 400m

1 Hannah Bird BNS 62.5  
2 Emma Hickey CHF 64.6  
3 Lauren West BOS 66.9  
4 Kathleen Warhurst LLW 74.2

W 800m

1 Emily Moss BOS 2.26.1  
2 Sarah Coates LLW 2.27.60  
3 Hannah Pretty CHF 2.35.5  
4 Janet Shaw BNS 3.32.50

W 1500m

1 Hannah Roy BOS 5.41.9  
2 Fran Reed CHF 5.59.6  
3 Janet Shaw BNS 7.36.0

W 3000m

1 Jenna Reed CHF 10.41.2  
2 Susie Ardron LLW 12.17.9  
3 Hannah Roy BOS 12.47.8  
4 Janet Shaw BNS 15.49.6

W 100mH

1 Lydia Chamberlin LLW 15.1  
2 Hannah Bird BNS 21.0  
3 Vicki Odlin BOS 22.2

W 400mH

1 Racheal Shaw BNS 72.6  
2 Natasha Ganecki CHF 76.5  
3 Vicki Oldin BOS 93.8

W Discus Throw

1 Rebecca Birch BNS 40.88  
2 Lesley Bryant LLW 38.84  
3 Roshelle Parkes BOS 18.85  
4 Emily Cudit CHF 12.27

W Hammer Throw

1 Tonya Robinson BOS 25.65  
2 Lesley Bryant LLW 24.03  
3 Julie Herberts BNS 18.15

W High Jump

1 Rachel Howard CHF 1.65  
2 Lydia Chamberlin LLW 1.50  
3 Vicki Odlin BOS 1.50

W Javelin Throw

1 Rachel Spackman CHF 34.74  
2 Rebecca Birch BNS 30.05  
3 Emily Richardson BOS 29.12  
4 Lesley Bryant LLW 22.39

W Long Jump

1 Lydia Chamberlin LLW 5.25  
2 Rachel Howard CHF 4.97  
3 Emily Moss BOS 4.59  
4 Racheal Shaw BNS 3.26

W Pole Vault

1 Hayley Fox LLW 2.50  
2 Emily Cudit CHF 2.00

W Shot Putt

1 Rebecca Birch BNS 11.29  
2 Lesley Bryant LLW 10.12  
3 Rachel Spackman CHF 8.39  
4 Tonya Robinson BOS 7.84

W Triple Jump

1 Emily Moss BOS 10.81  
2 Natasha Ganecki CHF 9.07  
3 Hayley Fox LLW 8.57

W 4x100m Relay

1 BNS 51.1 1 Racheal Shaw 2 Hannah Bird  
3 Rebecca Birch 4 Amanda Shaw  
2 CHF 54.0 1 Natasha Ganecki 2 Emma Hickey  
3 Rachel Howard 4 Hannah Pretty  
3 BOS 54.3 1 Julia White 2 Lauren West  
3 Emily Moss 4 Emily Richardson

W 4x400m Relay

1 BNS 4.28.0	1 Rebecca Birch	2 Hannah Bird
	3 Racheal Shaw	4 Amanda Shaw
2 CHF 4.47.3	1 Emily Cudit	2 Emma Hickey
	3 Jenna Reed	4 Fran Reed
3 BOS 5.32.7	1 Hannah Roy	2 Vicki Odlin
	3 Roshelle Parkes	4 Lauren West

M 4x100m Relay

1 BNS 46.3	1 David Shaw	2 Luke Edwards
	3 Chris Castley	4 Andy Dean-Young
2 BOS 46.4	1 Leon Pycock	2 Mark Bridges
	3 Chris Bloom	4 Jake Mason
3 CHF 51.9	1 Nick Cartwright	2 Ben Moubey
	3 Jason Robinson	4 Mitchell Robinson

M 4x400m Relay

1 BNS 3.41.5	1 Chris Castley	2 David Shaw
	3 Luke Edwards	4 Andy Dean-Young
2 BOS 3.47.9	1 Mark Bowler	2 Simon Robinson
	3 Leon Pycock	4 Chris Bloom
3 CHF 4.06.9	1 Nick Cartwright	2 Jason Robinson
	3 Jason Robinson	4 Edward Moubey

	Points
1 Boston	123
2 Chesterfield & District	120
3 Barnsley	100
4 Lincoln Wellington	74

Note(s)

BNS Includes + 20pts,  
BOS Includes + 20pts,  
CHF Includes + 20pts,  
LLW Includes + 20pts,