

# North of England DIV 3E at Carlisle on Sat 6th May 2006

## Senior Men 100m String 1

Posn	Athlete Name	Club	Time	Grade
1	Tim Ward	Border Harriers	11.0	
2	Jak Lowdon	Tynedale Harriers	11.8	
3	Paul Donaghy	Durham City	12.0	
4	Daniel Robinson u20	North Shields Poly	12.2	
5	Chris Waugh	New Marske Harriers	12.7	

## Senior Men 100m String 2

Posn	Athlete Name	Club	Time	Grade
1	Matthew Greenwood U17	Durham City	11.7	
2	Alistaire Moore	Border Harriers	12.4	
3	Lee Stevenson	Tynedale Harriers	12.5	
4	Malcolm Maher	New Marske Harriers	12.5	
5	Alan Watt	North Shields Poly	13.6	

## Senior Men 200m String 1

Posn	Athlete Name	Club	Time	Grade
1	James Spencer U20	Border Harriers	23.6	
2	Jak Lowdon	Tynedale Harriers	24.0	
3	Daniel Robinson u20	North Shields Poly	24.8	
4	Paul Donaghy	Durham City	24.9	
5	Chris Waugh	New Marske Harriers	26.3	

## Senior Men 200m String 2

Posn	Athlete Name	Club	Time	Grade
1	Duncan Lawrence u20	Border Harriers	24.1	
2	Stephen Clifford	Durham City	24.7	
3	Kevin Watt	North Shields Poly	25.8	
4	Malcolm Maher	New Marske Harriers	37.1	

## Senior Men 400m String 1

Posn	Athlete Name	Club	Time	Grade
1	Tim Ward	Border Harriers	50.6	
2	Jak Lowdon	Tynedale Harriers	50.8	
3	Matthew Greenwood U17	Durham City	52.1	
4	Kevin Watt	North Shields Poly	56.8	
5	Andew Hart	New Marske Harriers	63.5	

## Senior Men 400m String 2

Posn	Athlete Name	Club	Time	Grade
1	Michael Dixon U20	Durham City	53.8	
2	Chris Enwright U20	Tynedale Harriers	56.2	
3	Nigel Smith u20	Border Harriers	56.4	
4	Malcolm Maher	New Marske Harriers	61.5	
5	Paul Hughes	North Shields Poly	62.9	

## Senior Men 800m String 1

Posn	Athlete Name	Club	Time	Grade
1	Jonathan Powell	Durham City	1:58.5	
2	Tommy Brannon	North Shields Poly	2:07.0	
3	Duncan Lawrence u20	Border Harriers	2:08.5	
4	Chris Enwright U20	Tynedale Harriers	2:25.0	
5	Andew Hart	New Marske Harriers	2:75.6	

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## Senior Men 800m String 2

Posn	Athlete Name	Club	Time	Grade
1	Mark Smith	Durham City	2:04.4	
2	Lee Lowden	Tynedale Harriers	2:14.9	
3	Alan Watt	North Shields Poly	2:21.9	
4	Tom Nicholson u17	Border Harriers	2:21.9	
5	Andrew Sugden	New Marske Harriers	2:40.8	

## Senior Men 1500m String 1

Posn	Athlete Name	Club	Time	Grade
1	Steven Horn	North Shields Poly	4:06.5	
2	Jonathan Powell	Durham City	4:07.3	
3	Graham Millican	Border Harriers	4:18.8	
4	Lee Lowden	Tynedale Harriers	4:53.6	
5	Stewart Hart	New Marske Harriers	6:11.4	

## Senior Men 1500m String 2

Posn	Athlete Name	Club	Time	Grade
1	Will Nicholson u17	Border Harriers	4:21.0	
2	Mark Smith	Durham City	4:34.6	
3	David Watt u17	North Shields Poly	4:45.5	
4	Chris Enwright U20	Tynedale Harriers	5:12.4	
5	Andrew Hart	New Marske Harriers	6:32.9	

## Senior Men 5000m String 1

Posn	Athlete Name	Club	Time	Grade
1	Jonathan Fletcher	Border Harriers	15:25.5	
2	Michael Crawley	Durham City	15:29.0	
3	Vaughn Hemy	North Shields Poly	17:53.6	
4	Hugh Bingham	Tynedale Harriers	18:30.9	
5	Anthony Page	Houghton & Peterlee	22:14.5	

## Senior Men 5000m String 2

Posn	Athlete Name	Club	Time	Grade
1	Graham Mason	Border Harriers	15:45.2	
2	Ian Richardson	North Shields Poly	18:46.6	
3	Francis Turner	Durham City	20:03.5	

## Senior Men 110mH String 1

Posn	Athlete Name	Club	Time	Grade
1	Phil Cole	New Marske Harriers	20.4	
2	Paul Baker	North Shields Poly	20.7	

## Senior Men 110mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Richard Baker	North Shields Poly	21.9	
2	Malcolm Maher	New Marske Harriers	30.3	

## Senior Men 400mH String 1

Posn	Athlete Name	Club	Time	Grade
1	Ali Watts	New Marske Harriers	64.4	
2	Paul Baker	North Shields Poly	65.7	
3	David Adamson	Durham City	67.9	
4	Kevin Williams	Border Harriers	71.8	

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## Senior Men 400mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Phil Cole	New Marske Harriers	69.3	
2	Richard Baker	North Shields Poly	72.4	

## Senior Men 3000S/C String 1

Posn	Athlete Name	Club	Time	Grade
1	Martin Frost	North Shields Poly	11:46.6	
2	A Watson	Durham City	11:59.5	
3	Ian Pipes	Border Harriers	12:14.9	
4	Ali Watts	New Marske Harriers	12:47.4	

## Senior Men 3000S/C String 2

Posn	Athlete Name	Club	Time	Grade
1	Francis Turner	Durham City	12:11.1	
2	Paul Hughes	North Shields Poly	12:14.5	
3	Andy Drummond	Border Harriers	12:27.7	

## Senior Men Long Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Chris Waugh	New Marske Harriers	6.20	
2	Kevin Williams	Border Harriers	5.98	
3	David Adamson	Durham City	5.39	
4	Matthew Burns	Tynedale Harriers	4.93	
5	Alan Readman	Houghton & Peterlee	4.83	
6	Richard Baker	North Shields Poly	4.71	

## Senior Men Long Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Paul Donaghy	Durham City	5.26	
2	Malcolm Maher	New Marske Harriers	4.80	
3	Nigel Smith u20	Border Harriers	4.58	
4	Paul Baker	North Shields Poly	4.44	
5	Chris Enwright U20	Tynedale Harriers	4.33	

## Senior Men Triple Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Chris Waugh	New Marske Harriers	12.43	
2	Kevin Williams	Border Harriers	12.22	
3	David Adamson	Durham City	11.26	
4	Richard Hunter	Tynedale Harriers	10.50	
5	Paul Baker	North Shields Poly	10.45	

## Senior Men Triple Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Richard Baker	North Shields Poly	10.01	
2	Malcolm Maher	New Marske Harriers	9.60	

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### Senior Men High Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Kevin Williams	Border Harriers	1.80	
2	Matthew Burns	Tynedale Harriers	1.70	
3	David Adamson	Durham City	1.65	
4	Ali Watts	New Marske Harriers	1.60	
5	Paul Baker	North Shields Poly	1.50	

### Senior Men High Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Duncan Lawrence u20	Border Harriers	1.60	
2	Richard Hunter	Tynedale Harriers	1.60	
3	Chris Waugh	New Marske Harriers	1.40	
4	Michael Dixon U20	Durham City	1.40	
5	Richard Baker	North Shields Poly	1.40	

### Senior Men Pole Vault String 1

Posn	Athlete Name	Club	Distance	Grade
1	Richard Hunter	Tynedale Harriers	2.50	
2	Andrew Sugden	New Marske Harriers	2.40	

### Senior Men Pole Vault String 2

Posn	Athlete Name	Club	Distance	Grade
1	Stewart Hart	New Marske Harriers	2.10	

### Senior Men Javelin String 1

Posn	Athlete Name	Club	Distance	Grade
1	Karl Wilson u20	Border Harriers	47.25	
2	Matthew Burns	Tynedale Harriers	44.31	
3	Steven Humphrey U20	Houghton & Peterlee	33.75	
4	Graham Hill	North Shields Poly	30.00	
5	Ali Watts	New Marske Harriers	29.34	
6	Jeremy Mason	Durham City	26.82	

### Senior Men Javelin String 2

Posn	Athlete Name	Club	Distance	Grade
1	Andrew Twigg u20	Border Harriers	45.10	
2	Richard Hunter	Tynedale Harriers	25.48	
3	Paul Donaghy	Durham City	24.25	
4	Ian Richardson	North Shields Poly	21.56	
5	Charlie Burke	New Marske Harriers	21.01	
6	Stephen Pearson	Houghton & Peterlee	17.29	

### Senior Men Discus String 1

Posn	Athlete Name	Club	Distance	Grade
1	Graham Hill	North Shields Poly	31.36	
2	Stewart Hart	New Marske Harriers	29.84	
3	Richard Hunter	Tynedale Harriers	28.42	
4	Steven Humphrey U20	Houghton & Peterlee	21.34	
5	Steven Kernohan	Durham City	21.06	
6	Karl Wilson u20	Border Harriers	20.64	

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## Senior Men Discus String 2

Posn	Athlete Name	Club	Distance	Grade
1	Matthew Burns	Tynedale Harriers	26.31	
2	Joe Parker	North Shields Poly	22.69	
3	Charlie Burke	New Marske Harriers	21.21	
4	Paul Donaghy	Durham City	18.66	
5	Steven Humphrey Snr	Houghton & Peterlee	16.70	
6	Nigel Smith u20	Border Harriers	14.08	

## Senior Men Hammer String 1

Posn	Athlete Name	Club	Distance	Grade
1	Andrew Hart	New Marske Harriers	23.34	
2	Richard Hunter	Tynedale Harriers	22.53	
3	Joe Parker	North Shields Poly	20.22	
4	Stephen Pearson	Houghton & Peterlee	14.52	

## Senior Men Hammer String 2

Posn	Athlete Name	Club	Distance	Grade
1	Charlie Burke	New Marske Harriers	21.79	
2	Matthew Burns	Tynedale Harriers	21.10	
3	Steven Humphrey Snr	Houghton & Peterlee	14.33	

## Senior Men Shot String 1

Posn	Athlete Name	Club	Distance	Grade
1	Richard Hunter	Tynedale Harriers	10.78	
2	Duncan Lawrence u20	Border Harriers	9.52	
3	Joe Parker	North Shields Poly	8.39	
4	Stewart Hart	New Marske Harriers	8.10	
5	Steven Kernohan	Durham City	8.08	
6	Steven Humphrey U20	Houghton & Peterlee	7.79	

## Senior Men Shot String 2

Posn	Athlete Name	Club	Distance	Grade
1	Karl Wilson u20	Border Harriers	9.02	
2	Matthew Burns	Tynedale Harriers	8.98	
3	Jeremy Mason	Durham City	7.07	
4	Martin Frost	North Shields Poly	7.07	
5	Steven Humphrey Snr	Houghton & Peterlee	6.49	
6	Andrew Sugden	New Marske Harriers	4.82	

## Senior Men 4x100m relay

Posn	Club	Time	Grade
1	Border Harriers	45.3	
2	Durham City	46.2	
3	North Shields Poly	49.4	
4	Tynedale Harriers	50.0	
5	New Marske Harriers	54.3	

## Senior Men 4x400m relay

Posn	Club	Time	Grade
1	Border Harriers	3:38.4	
2	Durham City	3:44.2	
3	Tynedale Harriers	3:49.2	
4	North Shields Poly	3:54.0	
5	New Marske Harriers	4:20.3	

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## Senior Women 100m String 1

Posn	Athlete Name	Club	Time	Grade
1	Maria Morganella	Border Harriers	12.6	
2	Rebekah Wilmshurst u17	Durham City	12.7	
3	Susan Coates	North Shields Poly	13.4	
4	Kelly Rodmell	Tynedale Harriers	13.5	
5	Olivia Cook u17	New Marske Harriers	13.7	
6	Toni Wood u17	Houghton & Peterlee	14.7	

## Senior Women 100m String 2

Posn	Athlete Name	Club	Time	Grade
1	Jacqui Hodgson	Durham City	13.4	
2	Megan Carroll u17	Border Harriers	14.5	
3	Steph White	Tynedale Harriers	14.7	
4	Cheryl Fowler	New Marske Harriers	16.7	

## Senior Women 200m String 1

Posn	Athlete Name	Club	Time	Grade
1	Rebekah Wilmshurst u17	Durham City	26.0	
2	Maria Morganella	Border Harriers	26.1	
3	Susan Coates	North Shields Poly	27.3	
4	Olivia Cook u17	New Marske Harriers	29.6	
5	Steph White	Tynedale Harriers	30.7	

## Senior Women 200m String 2

Posn	Athlete Name	Club	Time	Grade
1	Jacqui Hodgson	Durham City	27.2	
2	Paula Smith u17	Border Harriers	29.2	
3	Caitlin Pearson u20	New Marske Harriers	30.6	

## Senior Women 400m String 1

Posn	Athlete Name	Club	Time	Grade
1	Seonaid Murray	Durham City	59.4	
2	Gina Rutherford u17	North Shields Poly	61.3	
3	Caitlin Pearson u20	New Marske Harriers	66.6	
4	Steph White	Tynedale Harriers	68.3	
5	Chris Lloyd	Border Harriers	91.0	

## Senior Women 400m String 2

Posn	Athlete Name	Club	Time	Grade
1	Kelly Rodmell	Tynedale Harriers	61.2	
2	Paula Smith u17	Border Harriers	68.1	
3	Michelle Douglas	New Marske Harriers	75.9	

## Senior Women 800m String 1

Posn	Athlete Name	Club	Time	Grade
1	Seonaid Murray	Durham City	2:14.3	
2	Gina Rutherford u17	North Shields Poly	2:14.9	
3	Kelly Rodmell	Tynedale Harriers	2:17.1	
4	Vicky Curry u20	Border Harriers	2:22.1	
5	Michelle Douglas	New Marske Harriers	2:50.2	

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## Senior Women 800m String 2

Posn	Athlete Name	Club	Time	Grade
1	Samantha Coleby u17	Durham City	2:23.0	
2	Lynn Marr	Tynedale Harriers	2:46.7	
3	Chris Lloyd	Border Harriers	2:57.2	

## Senior Women 1500m String 1

Posn	Athlete Name	Club	Time	Grade
1	Steph Scott	Tynedale Harriers	5:37.2	
2	Pauline Hemy	North Shields Poly	6:31.9	

## Senior Women 1500m String 2

Posn	Athlete Name	Club	Time	Grade
1	Lynn Marr	Tynedale Harriers	5:42.0	

## Senior Women 3000m String 1

Posn	Athlete Name	Club	Time	Grade
1	Steph Scott	Tynedale Harriers	11:33.5	
2	Lisa Uren	Border Harriers	12:14.1	
3	Nicola Coleby u20	Durham City	12:58.9	
4	Pauline Hemy	North Shields Poly	13:24.9	
5	Abi Topliss	New Marske Harriers	14:22.7	

## Senior Women 3000m String 2

Posn	Athlete Name	Club	Time	Grade
1	Chris Lloyd	Border Harriers	13:47.6	

## Senior Women 100mH String 1

Posn	Athlete Name	Club	Time	Grade
1	Sara Todd	Border Harriers	15.5	
2	Liz Page	Houghton & Peterlee	23.6	

## Senior Women 100mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Sharon Beattie	Border Harriers	18.3	

## Senior Women 400mH String 1

Posn	Athlete Name	Club	Time	Grade
1	Sara Todd	Border Harriers	69.1	
2	Abi Topliss	New Marske Harriers	82.0	
3	Liz Page	Houghton & Peterlee	86.1	

## Senior Women 400mH String 2

Posn	Athlete Name	Club	Time	Grade
1	Vicky Lockhart	Border Harriers	93.7	

## Senior Women Long Jump String 1

Posn	Athlete Name	Club	Distance	Grade
1	Sharon Beattie	Border Harriers	4.81	
2	Olivia Cook u17	New Marske Harriers	4.68	
3	Steph White	Tynedale Harriers	4.50	

## Senior Women Long Jump String 2

Posn	Athlete Name	Club	Distance	Grade
1	Lindsey Wellburn u17	New Marske Harriers	3.83	

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## Senior Women Triple Jump String 1

Posn	Athlete Name	Club	DistanceGrade
1	Sharon Beattie	Border Harriers	9.28
2	Abi Topliss	New Marske Harriers	9.19
3	Steph White	Tynedale Harriers	9.01
4	Liz Page	Houghton & Peterlee	7.63

## Senior Women Triple Jump String 2

Posn	Athlete Name	Club	DistanceGrade
1	Hannah Conroy u20	New Marske Harriers	9.17
2	Sara Todd	Border Harriers	9.08

## Senior Women High Jump String 1

Posn	Athlete Name	Club	DistanceGrade
1	Samantha Coleby u17	Durham City	1.51
2	Sharon Beattie	Border Harriers	1.30
3	Liz Page	Houghton & Peterlee	1.15

## Senior Women High Jump String 2

Posn	Athlete Name	Club	DistanceGrade
1	Seonaid Murray	Durham City	1.25

## Senior Women Javelin String 1

Posn	Athlete Name	Club	DistanceGrade
1	Hannah Conroy u20	New Marske Harriers	32.39
2	Samantha Coleby u17	Durham City	25.66
3	Sara Todd	Border Harriers	20.05
4	Nikki Dodds	Houghton & Peterlee	18.49
5	Pauline Hemy	North Shields Poly	7.43

## Senior Women Javelin String 2

Posn	Athlete Name	Club	DistanceGrade
1	Jacqui Hodgson	Durham City	17.69
2	Liz Page	Houghton & Peterlee	17.46
3	Abi Topliss	New Marske Harriers	12.55

## Senior Women Discus String 1

Posn	Athlete Name	Club	DistanceGrade
1	Kelly Rodmell	Tynedale Harriers	26.96
2	Cheryl Fowler	New Marske Harriers	17.69
3	Nikki Dodds	Houghton & Peterlee	16.14

## Senior Women Discus String 2

Posn	Athlete Name	Club	DistanceGrade
1	Liz Page	Houghton & Peterlee	14.30
2	Diane Hall	New Marske Harriers	12.82

## Senior Women Hammer String 1

Posn	Athlete Name	Club	DistanceGrade
1	Rebecca Rudkin u17	Border Harriers	32.99
2	Michelle Douglas	New Marske Harriers	18.08
3	Toni Wood u17	Houghton & Peterlee	17.01



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## Senior Women Hammer String 2

Posn	Athlete Name	Club	Distance	Grade
1	Shannon Williams u17	Border Harriers	32.34	
2	Diane Hall	New Marske Harriers	15.31	
3	Nikki Dodds	Houghton & Peterlee	14.54	

## Senior Women Shot String 1

Posn	Athlete Name	Club	Distance	Grade
1	Hannah Conroy u20	New Marske Harriers	9.93	
2	Kelly Rodmell	Tynedale Harriers	9.33	
3	Shannon Williams u17	Border Harriers	7.81	
4	Susan Coates	North Shields Poly	7.58	
5	Nicola Coleby u20	Durham City	6.64	
6	Nikki Dodds	Houghton & Peterlee	6.31	

## Senior Women Shot String 2

Posn	Athlete Name	Club	Distance	Grade
1	Cheryl Fowler	New Marske Harriers	7.18	
2	Rebecca Rudkin u17	Border Harriers	5.91	
3	Toni Wood u17	Houghton & Peterlee	5.56	
4	Jacqui Hodgson	Durham City	5.41	
5	Steph White	Tynedale Harriers	5.35	

## Senior Women 4x100m relay

Posn	Club	Time	Grade
1	Durham City	51.6	
2	Border Harriers	52.6	
3	New Marske Harriers	59.6	

## Senior Women 4x400m relay

Posn	Club	Time	Grade
1	Durham City	4:17.2	
2	Border Harriers	5:07.1	
3	New Marske Harriers	5:19.8	

### Match Result

Border Harriers	379
New Marske Harriers	329½
Durham City	300½
Tynedale Harriers	264
North Shields Poly	237
Houghton & Peterlee	128

### Event points after 36 events

Border Harriers	349
New Marske Harriers	299½
Durham City	275½
Tynedale Harriers	239
North Shields Poly	217
Houghton & Peterlee	103