

M 100m A

1 Josh Cayenne	SPN 11.1
2 Luke Simpson	BNL 11.5
3 Carlo Balsamo	BRY 11.5
4 Aiden Gilmore	O&R 11.7
5 Blaine Lindor	HFH 12.1
6 Sam Henry	HFX 12.6

M 100m B

1 Darren Gayle	O&R 11.9
2 Richard Martin	SPN 12.4
3 Phil Hayton	BNL 12.7
4 Andy Mellor	BRY 12.7
5 Mathew Johnson	HFH 13.1

M 200m A

1 Paul Grattage	BRY 22.9
2 Rhys Smith	HFX 23.4
3 Aiden Gilmore	O&R 23.7
4 Luke Simpson	BNL 23.7
5 Eliot Maher	SPN 24.6
6 Blaine Lindor	HFH 25.1

M 200m B

1 Mat Brown	BRY 23.7
2 Danny Eckersley	BNL 24.5
3 Rick Mather	O&R 24.6
4 George Heath	HFX 25.0
5 Richard Martin	SPN 26.1
6 Mathew Johnson	HFH 26.8

M 400m A

1 Josh Cayenne	SPN 49.8
2 Rhys Smith	HFX 49.8
3 Rob Ingham	O&R 52.2
4 Mark Buckingham	HFH 53.2
5 Phil Hayton	BNL 53.4
6 Kevin Stout	BRY 63.4

M 400m B

1 Danny Eckersley	BNL 53.5
2 Rick Mather	O&R 54.4
3 Simon Dearden	HFX 54.9
4 Oliver Scrimshaw	HFH 55.9
5 Matt Nagy	SPN 55.9

M 800m A

1 Nicky Goodliffe	HFH 1.55.0
2 Luke Harreld	BRY 1.58.3
3 Ben Lindsay	BNL 2.01.0
4 Reece Hendley	O&R 2.02.6
5 Paul Sutcliffe	SPN 2.03.9
6 George Heath	HFX 2.06.9

M 800m B

1 Mathew Pierson	HFH 2.02.4
2 Neil Tattersall	BNL 2.04.5
3 Josh Cole	BRY 2.05.1
4 Keith McGhie	SPN 2.06.4
5 Mike Mannings	O&R 2.07.2
6 Matthew Ball	HFX 2.12.4

M 1500m A

1 Mark Buckingham	HFH 4.07.0
2 Michael Hunt	BNL 4.11.4
3 Keith McGhie	SPN 4.24.7
4 Sam Witter	O&R 4.25.4
5 Josh Cole	BRY 4.33.1
6 David Bancroft	HFX 4.46.4

M 1500m B

1 Mathew Pierson	HFH 4.07.9
2 Ben Lindsay	BNL 4.23.7
3 Mike Mannings	O&R 4.40.3
4 Graham Bickerdike	SPN 5.28.7

M 5000m A

1 Nicky Goodliffe	HFH 14.42.1
2 Neil Tattersall	BNL 17.03.3
3 Jason Westwood	HFX 17.27.2
4 Andy Mellor	BRY 17.37.8

M 5000m B

1 Dave Watson	HFH 15.32.2
2 Mark Hartley	BNL 17.09.2
3 Mark Mason	HFX 17.38.2

M 10,000m A

No competitors

M 10,000m B

No competitors

M 110mH A

1 Rob Ingham	O&R 16.8
2 Richard Walsh	HFH 16.9
3 Graham Bickerdike	SPN 17.2
4 Danny Eckersley	BNL 17.4

M 110mH B

1 Reece Hendley	O&R 20.0
2 Oliver Scrimshaw	HFH 23.5
3 Luke Simpson	BNL 23.8

M 400mH A

1 Rob Ingham	O&R 55.8
2 Danny Eckersley	BNL 56.7
3 Richard Walsh	HFH 59.7
4 Brendan Sykes	SPN 60.3
5 Kevin Stout	BRY 67.5

M 400mH B

1 Mark Buckingham	HFH 60.9
2 Michael Hunt	BNL 61.7
3 Eliot Maher	SPN 62.2
4 Danny Broderick	BRY 70.1
5 Brian Schofield	O&R 92.8

M 3000m SC A

1 Mark Hartley	BNL 10.16.8
2 Mark Dewhirst	HFH 10.41.0
3 David Bancroft	HFX 11.06.7
4 Paul Sutcliffe	SPN 11.40.5

M 3000m SC B

1 Neil Tattersall	BNL 10.36.3
2 Paul Senior	HFH 14.15.7

M Discus Throw A

1 Graham Bickerdike	SPN 35.59
2 Mike Rigby	O&R 31.62
3 Thomas Poulton-White	HFX 29.56
4 Paul Horrocks	BRY 24.86
5 Tom Jennings	HFH 24.86
6 John Edwards	BNL 20.00

M Discus Throw B

1 Colin Allen	O&R 28.58
2 Richard Martin	SPN 24.84
3 Andy Storr	HFH 23.19
4 Mark Walker	BNL 19.25
5 David Little	BRY 12.35

M Hammer Throw A

1 Richard Martin	SPN 40.33
2 Mike Rigby	O&R 37.13
3 John Edwards	BNL 34.57
4 Andy Storr	HFH 23.43
5 Paul Horrocks	BRY 17.54
6 Michael Metcalfe	HFX 12.09

M Hammer Throw B

1 Andrew Ibbitson	SPN 23.72
2 Colin Allen	O&R 22.58
3 John McFadzean	HFH 22.46
4 Mick Linaker	BNL 18.91
5 David Little	BRY 8.82

M High Jump A

1 Rob Ingham	O&R 1.75
2 Mark Buckingham	HFH 1.75
3 John Gallagher	SPN 1.65
4 Phil Hayton	BNL 1.55
5 Simon Dearden	HFX 1.45

M High Jump B

1 Oliver Scrimshaw	HFH 1.70
2 Brendan Sykes	SPN 1.60
3 Darren Gayle	O&R 1.60
4 Michael Hunt	BNL 1.45

M Javelin Throw A

1 Graham Bickerdike	SPN 46.95
2 Tom Jennings	HFH 40.22
3 Paul Horrocks	BRY 38.75
4 Steve Williams	O&R 34.88
5 Mick Linaker	BNL 29.83
6 Simon Dearden	HFX 20.19

M Javelin Throw B

1 Brendan Sykes	SPN 34.89
2 Dave Watson	HFH 32.25
3 James Colbeck	BRY 29.26
4 Mark Whittenbury	O&R 27.83
5 Nigel Weaver	BNL 27.72

M Long Jump A

1 Luke Simpson	BNL	5.84
2 Reece Hendley	O&R	5.70
3 Eliot Maher	SPN	5.55
4 Mat Brown	BRY	5.25
5 Sam Henry	HFX	4.80
6 Mark Dewhirst	HFH	4.63

M Long Jump B

1 Gary Kearns	O&R	5.40
2 John Gallagher	SPN	5.16
3 Danny Broderick	BRY	4.53
4 Mathew Johnson	HFH	4.42
5 Mick Linaker	BNL	3.80

M Pole Vault A

1 Graham Bickerdike	SPN	3.70
2 Rob Ingham	O&R	2.30
3 Carlo Balsamo	BRY	2.20

M Pole Vault B

1 Richard Martin	SPN	2.70
2 Reece Hendley	O&R	2.20

M Shot Putt A

1 Graham Bickerdike	SPN	11.76
2 Mike Rigby	O&R	10.39
3 Tom Jennings	HFH	10.22
4 Thomas Poulton-White	HFX	8.67
5 Mark Walker	BNL	8.48
6 Paul Horrocks	BRY	7.94

M Shot Putt B

1 Richard Martin	SPN	9.83
2 Andy Storr	HFH	9.18
3 Colin Allen	O&R	9.01
4 Matt Lee	BRY	7.13
5 Nigel Weaver	BNL	7.02

M Triple Jump A

1 Rob Ingham	O&R	12.71
2 Richard Walsh	HFH	12.20
3 Danny Eckersley	BNL	11.09
4 Kevin Stout	BRY	11.04
5 George Heath	HFX	10.54
6 Keith McGhie	SPN	8.98

M Triple Jump B

1 Aiden Gilmore	O&R	11.86
2 Mark Dewhirst	HFH	10.83
3 Matthew Ball	HFX	10.31
4 Mark Hartley	BNL	10.11

W 100m A

1 Emily Shaw	O&R	12.5
2 Amy Sharrad	SPN	13.5
3 Kate Walker	BNL	13.5
4 Deon Hunt	HFH	13.6
5 Katie Metcalfe	HFX	13.8
6 Lizzi Cheshire	BRY	14.4

W 100m B

1 Vicki Robinson	O&R	13.2
2 Harriet Roberts	HFH	14.1
3 Natasha McDonald	BRY	14.9
4 Clara Moore	SPN	15.2
5 Margaret Metcalfe	HFX	16.5
6 Karen Vaughan	BNL	17.1

W 200m A

1 Vicki Robinson	O&R	26.5
2 Sophie Hitchon	BNL	26.9
3 Sarah Simmons	HFH	27.2
4 Amy Sharrad	SPN	27.9
5 Holly Page	HFX	29.7
6 Natasha McDonald	BRY	30.9

W 200m B

1 Melanie Turner	O&R	27.5
2 Deon Hunt	HFH	27.7
3 Katie Metcalfe	HFX	29.8
4 Liz Clarke	BNL	30.8
5 Amanda Pearson	SPN	42.7

W 400m A

1 Sarah Simmons	HFH	59.2
2 Melanie Turner	O&R	60.4
3 Kate Walker	BNL	61.9
4 Becky Rowlands	SPN	67.8
5 Hannah Wood	HFX	74.1

W 400m B

1 Natalie Fletcher	O&R	64.0
2 Zoe Storr	HFH	66.4
3 Clara Moore	SPN	68.7
4 Faye Holden	BNL	79.5
5 Margaret Metcalfe	HFX	88.5

W 800m A

1 Katy Keeley	O&R 2.21.7
2 Claire Leaver	HFH 2.25.8
3 Becky Rowlands	SPN 2.32.1
4 Cheryl Sullivan	BRY 2.33.8
5 Sara Burns	BNL 2.38.9
6 Hannah Wood	HFX 2.45.2

W 800m B

1 Sian Stead	HFH 2.29.4
2 Jenny Warr	BNL 2.37.1
3 Jackie Carter	SPN 3.14.5

W 1500m A

1 Rosie Edwards	HFX 4.53.7
2 Claire Leaver	HFH 4.57.3
3 Anna Anderson	BNL 5.08.5
4 Cheryl Sullivan	BRY 5.29.6
5 Jackie Carter	SPN 6.17.8

W 1500m B

1 Kathy Farquhar	HFH 5.18.5
2 Sara Burns	BNL 5.46.6
3 Elizabeth Bottomley	SPN 6.52.9

W 3000m A

1 Kathy Farquhar	HFH 10.58.1
2 Julie Peters	O&R 11.34.1
3 Jenny Warr	BNL 11.42.6
4 Holly Page	HFX 12.16.2
5 Hazel Pike	SPN 14.17.4

W 3000m B

1 Sue Burns	BNL 11.48.8
2 Sian Stead	HFH 13.11.4
3 Nicola Davies	O&R 14.19.4
4 Heather Mitchell	SPN 15.04.3

W 100mH A

1 Beth Highton	BNL 19.6
2 Zoe Storr	HFH 20.6
3 Hannah Wood	HFX 22.9

W 100mH B

1 Faye Holden	BNL 22.4
2 Laura Hadfield	HFH 23.7

W 400mH A

1 Beth Highton	BNL 71.0
2 Lizzi Cheshire	BRY 74.4
3 Laura Wrench	O&R 74.7
4 Emma Szostak	HFH 77.7

W 400mH B

1 Zoe Storr	HFH 75.5
2 Faye Holden	BNL 91.2

W Discus Throw A

1 Karen Wood	BNL 32.12
2 Jenny Ibbitson	SPN 29.73
3 Amy Chapman	BRY 25.38
4 Katie Zientek	HFH 19.56
5 Katie Metcalfe	HFX 13.88

W Discus Throw B

1 Dawn Warrender	BRY 21.19
2 Amy Weaver	BNL 20.73
3 Catriona Gentleman	SPN 20.36
4 Emma Godfrey	HFH 16.00
5 Margaret Metcalfe	HFX 10.61

W Hammer Throw A

1 Sophie Highton	BNL 36.71
2 Jenny Ibbitson	SPN 36.68
3 Melanie Lee	O&R 29.05
4 Amy Chapman	BRY 19.04
5 Emma Godfrey	HFH 13.13

W Hammer Throw B

1 Catriona Gentleman	SPN 30.47
2 Karen Wood	BNL 29.86
3 Natalie Fletcher	O&R 18.49
4 Zoe Storr	HFH 11.34

W High Jump A

1 Beth Highton	BNL	1.45
2 Katy Keeley	O&R	1.45
3 Dawn Warrender	BRY	1.35
4 Jenny Ibbitson	SPN	1.30
5 Sarah Simmons	HFH	1.20

W High Jump B

1 Lizzi Cheshire	BRY	1.30
2 Faye Holden	BNL	1.15
3 Laura Hadfield	HFH	1.15

W Javelin Throw A

1 Sarah Fletcher	O&R	38.79
2 Katie Zientek	HFH	28.74
3 Holly Chapman	BRY	24.76
4 Dawn Fensom	SPN	24.40
5 Amy Weaver	BNL	22.81
6 Rosie Edwards	HFX	10.03

W Javelin Throw B

1 Amy Chapman	BRY	24.10
2 Jenny Ibbitson	SPN	23.94
3 Karen Vaughan	BNL	17.67
4 Emma Godfrey	HFH	12.38
5 Holly Page	HFX	6.00

W Long Jump A

1 Deon Hunt	HFH	4.59
2 Melanie Turner	O&R	4.54
3 Liz Clarke	BNL	4.20
4 Katie Metcalfe	HFX	4.10
5 Dawn Warrender	BRY	4.07
6 Becky Rowlands	SPN	3.93

W Long Jump B

1 Emma Szostak	HFH	4.39
2 Karen Wood	BNL	4.03
3 Clara Moore	SPN	3.54
4 Margaret Metcalfe	HFX	2.53

W Pole Vault A

1 Jenny Ibbitson	SPN	3.10
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W Pole Vault B

No competitors

W Shot Putt A

1 Amy Weaver	BNL	11.99
2 Jenny Ibbitson	SPN	8.63
3 Amy Chapman	BRY	7.73
4 Katie Zientek	HFH	6.67
5 Natalie Fletcher	O&R	6.28
6 Katie Metcalfe	HFX	5.20

W Shot Putt B

1 Karen Wood	BNL	7.54
2 Dawn Fensom	SPN	7.15
3 Emma Godfrey	HFH	6.00
4 Cheryl Sullivan	BRY	5.93
5 Margaret Metcalfe	HFX	5.16

W Triple Jump A

1 Lizzi Cheshire	BRY	9.38
2 Liz Clarke	BNL	9.30
3 Harriet Roberts	HFH	9.03
4 Sarah Hall	SPN	8.58

W Triple Jump B

1 Emma Szostak	HFH	9.00
2 Karen Wood	BNL	8.71
3 Jenny Ibbitson	SPN	7.80

W 4x100m Relay

1 O&R 52.8	1 Vicki Robinson	2 Katy Keeley
	3 Melanie Turner	4 Natalie Fletcher
2 HFH 54.6	1 Emma Szostak	2 Harriet Roberts
	3 Deon Hunt	4 Laura Hadfield
3 BNL 54.8	1 Kate Walker	2 Karen Wood
	3 Liz Clarke	4 Sophie Hitchon
4 BRY 59.6	1 Lizzi Cheshire	2 Amy Chapman
	3 Dawn Warrender	4 Natasha McDonald
5 HFX 60.4	1 Lauren Firth	2 Rosie Edwards
	3 Margaret Metcalfe	4 Katie Metcalfe
6 SPN 74.8	1 Jackie Carter	2 Amanda Pearson
	3 Hazel Pike	4 Elizabeth Bottomley

W 4x400m Relay

1 O&R 4.22.7	1 Vicki Robinson	2 Katy Keeley
	3 Melanie Turner	4 Natalie Fletcher
2 HFH 4.27.2	1 Claire Leaver	2 Zoe Storr
	3 Sarah Simmons	4 Kathy Farquhar
3 HFX 4.32.0	1 Rosie Edwards	2 Hannah Wood
	3 Holly Page	4 Katie Metcalfe
4 BNL 4.34.5	1 Beth Highton	2 Anna Anderson
	3 Sue Burns	4 Kate Walker
5 SPN 4.41.5	1 Becky Rowlands	2 Clara Moore
	3 Jackie Carter	4 Amy Sharrad

M 4x100m Relay

1 BRY 45.9	1 Carlo Balsamo	2 Paul Grattage
	3 Danny Broderick	4 Mat Brown
2 O&R 46.5	1 Rick Mather	2 Mark Whittenbury
	3 Darren Gayle	4 Aiden Gilmore
3 SPN 46.6	1 Josh Cayenne	2 Eliot Maher
	3 Graham Bickerdike	4 Richard Martin
4 HFX 48.0	1 Sam Henry	2 Rhys Smith
	3 Thomas Poulton-White	4 George Heath
5 BNL 48.2	1 Danny Eckersley	2 Phil Hayton
	3 Ben Lindsay	4 Luke Simpson
6 HFH 52.5	1 Blaine Lindor	2 Mark Dewhirst
	3 Paul Senior	4 Mathew Johnson

M 4x400m Relay

1	BNL 3.32.0	1 Phil Hayton	2 Michael Hunt
		3 Ben Lindsay	4 Danny Eckersley
2	SPN 3.33.5	1 Josh Cayenne	2 Keith McGhie
		3 Brendan Sykes	4 Matt Nagy
3	O&R 3.35.1	1 Rick Mather	2 Rob Ingham
		3 Aiden Gilmore	4 Reece Hendley
4	HFH 3.38.2	1 Mark Buckingham	2 Mathew Pierson
		3 Nicky Goodliffe	4 Oliver Scrimshaw
5	HFX 3.43.2	1 Simon Dearden	2 David Bancroft
		3 Matthew Ball	4 Rhys Smith
6	BRY 3.45.5	1 Kevin Stout	2 Josh Cole
		3 Andy Mellor	4 Paul Grattage

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS	
Event	Lge	Event	Lge	Event	Lge
1 BNL 1173.5	18	1 HFH 399	6	1 Burnley/Pendle	1564.5 23
2 HFH 1102	15	2 BNL 391	5	2 Holmfirth Harriers	1501 21
3 SPN 1067.5	12	3 SPN 348	4	3 Spenborough & District AC	1415.5 16
4 O&R 993	8	4 O&R 336	3	4 Oldham & Royton	1329 11
5 BRY 867	7	5 BRY 234	2	5 Bury	1101 9
6 HFX 651	3	6 HFX 196	1	6 Halifax	847 4

Note(s)

No competitors W Pole Vault B, No competitors M 10,000m A&B,
 BNL Includes + 30pts,
 BRY Includes + 20pts,
 HFX Includes + 30pts,
 HFH Includes + 30pts,
 O&R Includes + 20pts,
 SPN Includes + 30pts,