

M 100m A

1	Joshua Cayenne	SPN	11.1
2	Carlo Balsamo	BRY	11.2
3	Luke Simpson	BNL	11.2
4	Aiden Gilmore	O&R	11.3
5	Ben Brooks	HFH	11.4
6	Nick Hardcastle	HFX	12.3

M 100m B

1	Paul Garrity	BRY	11.4
2	Ted Lynch	BNL	11.9
3	Paul McGenity	HFH	12.0
4	Mark Wittenbury	O&R	12.1
5	Sam Henry	HFX	12.3
6	John Gierula	SPN	12.3

M 200m A

1	Joshua Cayenne	SPN	22.5
2	Carlo Balsamo	BRY	23.0
3	Aiden Gilmore	O&R	23.3
4	Luke Simpson	BNL	23.9
5	Paul McGenity	HFH	24.9
6	Rhys Smith	HFX	25.4

M 200m B

1	Paul Garrity	BRY	23.3
2	Daniel Quashie	HFH	23.7
3	Rick Mather	O&R	24.8
4	Leroy Goulding	BNL	25.8
5	John Gierula	SPN	25.8

M 400m A

1	Paul Garrity	BRY	50.7
2	Rick Mather	O&R	53.7
3	Paul Sutcliffe	SPN	54.9
4	Goerge Heath	HFX	55.2
5	John Linaker	BNL	57.8
6	Paul McGenity	HFH	59.1

M 400m B

1	Mark Buckingham	HFH	54.8
2	Kevin Stout	BRY	55.6
3	Darren Gayle	O&R	56.1
4	Eliot Maher	SPN	56.3
5	Ted Lynch	BNL	57.9
6	Adam Breaks	HFX	75.1

M 800m A

1	Luke Harreld	BRY	1.58.9
2	Michael Hunt	BNL	1.59.9
3	Paul Sutcliffe	SPN	2.00.8
4	Mathew Pierson	HFH	2.01.7
5	Simon Dearden	HFX	2.03.3
6	Mike Mannings	O&R	2.09.9

M 800m B

1	Jake Rowlands	SPN	2.03.4
2	Neil Tattarsall	BNL	2.05.2
3	George Heath	HFX	2.05.9
4	Sam Witter	O&R	2.07.3
5	Kevin Stout	BRY	2.14.8
6	Oliver Scrimshaw	HFH	2.16.8

M 1500m A

1	Mathew Pierson	HFH	4.11.6
2	Michael Hunt	BNL	4.15.3
3	Josh Cole	BRY	4.17.4
4	Jake Rowlands	SPN	4.24.1
5	Adam Breaks	HFX	4.31.1
6	Sam Witter	O&R	4.32.1

M 1500m B

1	Marc Hartley	BNL	4.16.3
2	Mathew Johnson	HFH	4.19.7
3	Scott Evans	BRY	4.24.8
4	David Lane	SPN	4.30.6
5	Simon Dearden	HFX	4.38.3
6	Mike Mannings	O&R	4.44.1

M 5000m A

1	Mark Buckingham	HFH	16.20.4
2	Neil Tattersall	BNL	16.41.2
3	Mark Mason	HFX	16.43.3
4	Darren Hoolahan	BRY	16.53.3
5	Owen Flage	O&R	17.21.7
6	Kieth McGhie	SPN	18.40.7

M 5000m B

1	Jason Westwood	HFX	17.37.7
2	Richard Smith	HFH	17.42.7
3	Mick Dransfield	SPN	18.40.7
4	John Anderson	BNL	18.56.3
5	Pete Bates	BRY	21.19.1

M 10,000m A

No competitors

M 10,000m B

No competitors

M 110mH A

1 Richard Walsh	HFH 16.6
2 Rob Ingham	O&R 17.4
3 Danny Eckersly	BNL 17.6
4 Carlo Balsamo	BRY 25.5

M 110mH B

1 Ted Lynch	BNL 21.0
2 Huw Davies	BRY 23.3
3 William McFadzean	HFH 23.8
4 Reece Hendley	O&R 25.1

M 400mH A

1 Rib Ingham	O&R 56.0
2 Danny Eckersly	BNL 56.2
3 Richard Walsh	HFH 61.1
4 Kieth McGhie	SPN 62.2
5 Jamie Bennett	BRY 62.5

M 400mH B

1 Reece Hendley	O&R 63.0
2 Eliot Maher	SPN 63.6
3 Oliver Scrimshaw	HFH 67.5
4 John Linaker	BNL 68.6
5 Danny Broderick	BRY 72.8

M 3000m SC A

1 Mark Buckingham	HFH 9.20.1
2 Neil Tattersall	BNL 10.19.5
3 Adam Breaks	HFX 10.23.4
4 Rib Ingham	O&R 10.44.2
5 Kieth McGhie	SPN 11.38.5
6 Jamie Bennett	BRY 12.10.7

M 3000m SC B

1 Marc Hartley	BNL 10.22.7
2 Mark Dewhurst	HFH 11.08.4
3 Dave Bancroft	HFX 11.27.9
4 Mick Dransfield	SPN 12.33.0
5 Kev McDermott	BRY 14.21.2

M Discus Throw A

1 Graham Bickerdike	SPN 34.57
2 Marcus Banks	HFH 32.41
3 Mike Rigby	O&R 29.21
4 Tony Balko	BNL 28.83
5 Paul Horrocks	BRY 24.76
6 Thomas Poulton-White	HFX 24.52

M Discus Throw B

1 Colin Allen	O&R 25.78
2 Richard Martin	SPN 23.68
3 Tom Jennings	HFH 23.49
4 David Brooke	HFX 19.33
5 John Edwards	BNL 18.42

M Hammer Throw A

1 Richard Martin	SPN 42.84
2 Tony Balko	BNL 31.52
3 Mike Rigby	O&R 30.77
4 David Brooke	HFX 29.58
5 John McFadzean	HFH 20.98
6 Paul Horrocks	BRY 19.35

M Hammer Throw B

1 John Edwards	BNL 28.10
2 Andrew Ibbitson	SPN 22.92
3 Colin Allen	O&R 22.66
4 Marcus Banks	HFH 16.16
5 Michael Metcalfe	HFX 10.67
6 Jamie Bennett	BRY 10.67

M High Jump A

1 Oliver Scrimshaw	HFH 1.70
2=Graham Bickerdike	SPN 1.65
2=Dan Linaker	BNL 1.65
4 Ashley Price	O&R 1.60
5 Carlo Balsamo	BRY 1.60

M High Jump B

1 Ben Brooks	HFH 1.70
2 Darren Gayle	O&R 1.60
3 Michael Hunt	BNL 1.55
4 Chris Taylor	SPN 1.50
5 Danny Broderick	BRY 1.50

M Javelin Throw A

1 Graham Bickerdike	SPN 49.32
2 Steve Williams	O&R 38.38
3 Paul Horrocks	BRY 35.67
4 Mick Linaker	BNL 33.55
5 David Brooke	HFX 23.70
6 Ashley Lucas	HFH 19.64

M Javelin Throw B

1 Paul Stocks	BRY 32.81
2 Dan Linaker	BNL 31.65
3 Mark Wittenbury	O&R 28.57
4 Andrew Ibbitson	SPN 25.47
5 Simon Dearden	HFX 23.47

M Long Jump A

1 Luke Simpson	BNL	5.87
2 Huw Davies	BRY	5.73
3 Ashley Price	O&R	5.67
4 Junior George	HFH	5.49
5 Graham Bickerdike	SPN	5.39
6 Sam Henry	HFX	5.07

M Long Jump B

1 Gary Kearns	O&R	5.16
2 Chris Taylor	SPN	5.09
3 Leroy Goulding	BNL	4.95
4 Danny Broderick	BRY	4.95
5 Paul McGenity	HFH	4.81
6 Nick Hardcastle	HFX	4.78

M Pole Vault A

1 Graham Bickerdike	SPN	3.00
2 Reece Hendley	O&R	2.30
3 Huw Davies	BRY	2.20
4 Marc Hartley	BNL	2.10

M Pole Vault B

1 Chris Taylor	SPN	2.50
2 Rob Ingham	O&R	2.20
3 Carlo Balsamo	BRY	2.10

M Shot Putt A

1 Graham Bickerdike	SPN	11.50
2 Marcus Banks	HFH	11.41
3 Mike Rigby	O&R	10.32
4 Tony Balko	BNL	10.00
5 Thomas Poulton-White	HFX	8.48
6 Paul Garrity	BRY	8.23

M Shot Putt B

1 Tom Jennings	HFH	10.10
2 Colin Allen	O&R	9.27
3 Richard Martin	SPN	9.02
4 Mark Walker	BNL	8.52
5 Paul Horrocks	BRY	7.89
6 David Brooke	HFX	7.00

M Triple Jump A

1 Richard Walsh	HFH	12.36
2 Aiden Gilmore	O&R	12.29
3 Kevin Stout	BRY	11.47
4 Danny Eckersly	BNL	10.95
5 George Heath	HFX	10.72
6 Eliot Maher	SPN	8.25

M Triple Jump B

1 Junior George	HFH	12.28
2 Leroy Goulding	BNL	10.67
3 Ashley Price	O&R	10.40
4 David Brooke	HFX	8.53

W 100m A

1 Vicki Robinson	O&R	12.7
2 Laura Henry	HFH	13.0
3 Lauren Storr	HFH	13.2
4 Kate Walker	BNL	13.4
5 Abbie Stringer	SPN	14.1
6 Lizzi Cheshire	BRY	14.3

W 100m B

1 Laura Wrench	O&R	13.2
2 Deon Hunt	HFH	13.5
3 Claire Ryan	HFX	13.6
4 Caroline Sanderson	SPN	13.8
5 Holly Chapman	BRY	15.7
6 Karen Vaughan	BNL	16.8

W 200m A

1 Vicki Robinson	O&R	26.9
2 Jade Stephenson	SPN	27.6
3 Laura Henry	HFH	28.2
4 Deon Hunt	HFH	28.5
5 Liz Clarke	BNL	30.4

W 200m B

1 Mel Turner	O&R	27.6
2 Claire Ryan	HFX	28.8
3 Abbie Stringer	SPN	29.0
4 Zoe Storr	HFH	30.5
5 Anna Anderson	BNL	33.7

W 400m A

1 Sarah Simmons	HFH	59.7
2 Amy Sharrad	SPN	61.4
3 Mel Turner	O&R	62.3
4 Rosie Edwards	HFX	62.4
5 Leanne Scott	BNL	63.9
6 Natasha McDonald	BRY	71.4

W 400m B

1 Jade Stephenson	SPN	63.3
2 Kate Walker	BNL	63.6
3 Natalie Fletcher	O&R	64.3
4 Claire Ryan	HFX	65.1
5 Emma Szostak	HFH	67.4

W 800m A

1 Danielle Walker	BNL 2.18.8
2 Rosie Edwards	HFX 2.19.6
3 Katie Keeley	O&R 2.24.1
4 Sarah Simmons	HFH 2.27.4
5 Jessica Simons	BRY 2.28.4
6 Becky Rowlands	SPN 2.30.7

W 800m B

1 Ruth McGivern	HFH 2.24.0
2 Lorna Hill	O&R 2.25.3
3 Cheryl Sullivan	BRY 2.30.5
4 Sara Burns	BNL 2.40.4
5 Emma Rawnsley	SPN 2.43.3
6 Carole Waterhouse	HFX 2.57.8

W 1500m A

1 Danielle Walker	BNL 5.01.8
2 Becky Rowlands	SPN 5.06.3
3 Calire Leaver	HFH 5.08.7
4 Jessica Simons	BRY 5.19.8
5 Holly Page	HFX 5.23.5

W 1500m B

1 Cheryl Sullivan	BRY 5.25.9
2 Katie Trickett	BNL 5.34.2
3 Carole Waterhouse	HFX 5.48.9
4 Zoe Storr	HFH 6.04.3
5 Jackie Carter	SPN 6.36.9

W 3000m A

1 Claire Leaver	HFH 10.46.0
2 Anna Anderson	BNL 11.06.3
3 Carole Waterhouse	HFX 12.12.3
4 Jackie Carter	SPN 13.46.1

W 3000m B

1 Sian Stead	HFH 11.34.0
2 Jenny Warr	BNL 11.50.9
3 Amanda Pearson	SPN 16.49.6

W 100mH A

1 Lauren Storr	HFH 16.1
2 Beth Highton	BNL 18.5
3 Laura Wrench	O&R 20.4

W 100mH B

1 Faye Holdon	BNL 22.5
2 Lynda Pearson	HFH 23.4

W 400mH A

1 Beth Highton	BNL 72.0
2 Lizzi Cheshire	BRY 74.2
3 Emma Szostak	HFH 76.6
4 Abbie Stringer	SPN 82.6

W 400mH B

1 Amy Leeming	BNL 75.1
2 Ruth McGivern	HFH 77.7
3 Emma Rawnsley	SPN 79.3

W Discus Throw A

1 Jenny Ibbitson	SPN 29.26
2 Amy Weaver	BNL 28.40
3 Katie Zientek	HFH 25.49
4 Amy Chapman	BRY 23.11
5 Sarah Fletcher	O&R 18.86
6 Holly Page	HFX 14.81

W Discus Throw B

1 Karen Wood	BNL 28.28
2 Catriona Gentleman	SPN 19.13
3 Paula Booth	O&R 17.02
4 Laura Evans	BRY 15.78
5 Charlotte Dillingham	HFH 13.65

W Hammer Throw A

1 Jenny Ibbitson	SPN 37.05
2 Mel Lee	O&R 32.47
3 Karen Wood	BNL 31.90
4 Amy Chapman	BRY 17.17
5 Lynda Pearson	HFH 13.50
6 Carole Waterhouse	HFX 10.63

W Hammer Throw B

1 Catriona Gentleman	SPN 29.33
2 Amy Weaver	BNL 26.90
3 Natalie Fletcher	O&R 16.48
4 Zoe Storr	HFH 11.25

W High Jump A

1 Beth Highton	BNL	1.43
2 Laura Evans	BRY	1.40
3 Caroline Sanderson	SPN	1.40
4 Katie Keeley	O&R	1.35
5 Sarah Griffiths	HFH	1.30

W High Jump B

1 Lizzi Cheshire	BRY	1.35
2 Jenny Ibbitson	SPN	1.30
3 Faye Holden	BNL	1.20
4 Jessica Sunderland	HFH	1.10

W Javelin Throw A

1 Sarah Fletcher	O&R	36.76
2 Alexis Walker	BNL	30.54
3 Holly Chapman	BRY	25.88
4 Dawn Fensom	SPN	24.51
5 Katie Zientek	HFH	23.73
6 Claire Ryan	HFX	11.99

W Javelin Throw B

1 Jenny Ibbitson	SPN	20.90
2 Karen Vaughan	BNL	17.99
3 Paula Booth	O&R	16.86
4 Amy Chapman	BRY	16.54
5 Charlotte Dillingham	HFH	15.20
6 Rosie Edwards	HFX	9.54

W Long Jump A

1 Laura Wrench	O&R	4.68
2 Claire Ryan	HFX	4.54
3 Deon Hunt	HFH	4.52
4 Jessica Simons	BRY	4.46
5 Liz Clarke	BNL	4.37
6 Emma Rawnsley	SPN	3.92

W Long Jump B

1 Mel Turner	O&R	4.43
2 Jessica Sunderland	HFH	4.38
3 Amy Leeming	BNL	4.11
4 Holly Page	HFX	3.90
5 Natasha McDonald	BRY	3.43
6 Debbie Rowlands	SPN	3.05

W Pole Vault A

1 Jenny Ibbitson	SPN	3.00
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W Pole Vault B

No competitors

W Shot Putt A

1 Amy Weaver	BNL	10.79
2 Jenny Ibbitson	SPN	8.57
3 Katie Zientik	HFH	7.80
4 Amy Chapman	BRY	7.50
5 Paula Booth	O&R	7.22

W Shot Putt B

1 Karen Wood	BNL	7.86
2 Dawn Fensom	SPN	7.24
3 Charlotte Dillingham	HFH	7.15
4 Natalie Fletcher	O&R	6.71
5 Cheryl Sullivan	BRY	5.89

W Triple Jump A

1 Amy Leeming	BNL	10.06
2 Jessica Sunderland	HFH	9.61
3 Laura Evans	BRY	9.53
4 Laura Henry	HFX	9.31
5 Caroline Sanderson	SPN	8.80

W Triple Jump B

1 Liz Clarke	BNL	9.53
2 Lizzi Cheshire	BRY	9.52
3 Emma Szostak	HFH	9.18
4 Jenny Ibbitson	SPN	7.68

W 4x100m Relay

1 O&R 52.4	1 Laura Wrench	2 Vicki Robinson
	3 Mel Turner	4 Natalie Fletcher
2 SPN 54.3	1 Abbie Stringer	2 Caroline Sanderson
	3 Amy Sharrad	4 Jade Stephenson
3 HFH 55.4	1 Lauren Storr	2 Jessica Sunderland
	3 Deon Hunt	4 Emma Szostak
4 HFX 55.5	1 Claire Ryan	2 Rosie Edwards
	3 Lauren Firth	4 Laura Henry
5 BNL 57.0	1 Sara Burns	2 Karen Wood
	3 Liz Clarke	4 Kate Walker
6 BRY 59.1	1 Lizzi Cheshire	2 Amy Chapman
	3 Holly Chapman	4 Natasha McDonald

W 4x400m Relay

1 O&R 4.15.9	1 Mel Turner	2 Natalie Fletcher
	3 Katie Keeley	4 Vicki Robinson
2 BNL 4.17.4	1 Beth Highton	2 Kate Walker
	3 Leanne Scott	4 Danielle Walker
3 SPN 4.19.8	1 Emma Rawnsley	2 Becky Rowlands
	3 Jade Stephenson	4 Amy Sharrad
4 HFH 4.20.7	1 Claire Leaver	2 Ruth McGivern
	3 Zoe Storr	4 Sarah Simmons
5 BRY 4.28.7	1 Laura Evans	2 Cheryl Sullivan
	3 Jessica Simons	4 Natasha McDonald
6 HFX 4.50.0	1 Rosie Edwards	2 Carole Waterhouse
	3 Claire Ryan	4 Holly Page

M 4x100m Relay

1 O&R 45.8	1 Aiden Gilmore	2 Mark Wittenbury
	3 Rick Mather	4 David Hurst
2 BRY 46.1	1 Kevin Stout	2 Paul Garrity
	3 Danny Broderick	4 Carlo Balsamo
3 SPN 47.7	1 Richard Martin	2 Joshua Cayenne
	3 John Gierula	4 Eliot Maher
4 BNL 48.5	1 Danny Eckersly	2 Ted Lynch
	3 Leroy Goulding	4 Luke Simpson
5 HFH 48.7	1 Junior George	2 Paul McGenity
	3 Ben Brooks	4 Oliver Scrimshaw
6 HFX 51.8	1 George Heath	2 Sam Henry
	3 Simon Dearden	4 David Brooke

M 4x400m Relay

1 BRY 3.32.0	1 Luke Harreld	2 Kevin Stout
	3 Paul Garrity	4 Carlo Balsamo
2 O&R 3.33.6	1 Rick Mather	2 Rob Ingham
	3 Aiden Gilmore	4 Reece Hendley
3 BNL 3.37.0	1 Michael Hunt	2 John Linaker
	3 Luke Simpson	4 Danny Eckersly
4 SPN 3.38.3	1 Paul Sutcliffe	2 Jake Rowlands
	3 Joshua Cayenne	4 David Lane
5 HFX 3.46.3	1 Simon Dearden	2 Sam Henry
	3 George Heath	4 Dave Bancroft
6 HFH 3.47.9	1 Mark Buckingham	2 William McFadzean
	3 Mathew Pierson	4 Richard Smith

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS	
Event	Lge	Event	Lge	Event	Lge
1 BNL 772	12	1 BNL 401.5	6	1 Burnley/Pendle	1173.5 18
2 HFH 730	10	2 HFH 372	5	2 Holmfirth Harriers	1102 15
3 SPN 699	8	3 SPN 368.5	4	3 Spenborough & District AC	1067.5 12
4 O&R 655	5	4 O&R 338	3	4 Oldham & Royton	993 8
5 BRY 569	5	5 BRY 298	2	5 Bury	867 7
6 HFX 443	2	6 HFX 208	1	6 Halifax	651 3

Note(s)

No competitors M 10,000m A&B, No competitors W Pole Vault B,  
 BNL Includes + 25pts,  
 BRY Includes + 30pts,  
 HFX Includes + 30pts,  
 HFH Includes + 30pts,  
 O&R Includes + 20pts,  
 SPN Includes + 30pts,